



ONEIDA FAMILY FITNESS

BEGINNER TAE KWON DO

Join our 6-week Beginner Tae Kwon Do session
THURSDAYS (5:00pm - 5:45pm)

October 15th - November 19th

COST: \$20

Class available to ages 6 and older.

REGISTRATION REQUIRED

Limited to 9 students

Beginner Tae Kwon Do introduces students to the Korean Martial Arts of blocks, kicks & punches.

It also teaches focus, life skills, leadership & discipline.

This is a great family activity!

Questions? Contact us at (920) 490-3730