



Open to  
Native  
Americans  
7–85 years  
of age



Research Study funded by the  
American Heart Association

Scan here for Oneida Nation  
Stroke Prevention Webpage



Transforming Stroke  
Risk Factors in a High  
Risk Native American  
Population Through a  
Culturally Competent  
Nutritional Program

## Contact Us:



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\*Email is not a secure form of communication. You  
should avoid sending sensitive information via email.



**ONEIDA**

Comprehensive Health Division



School of Medicine  
and Public Health  
UNIVERSITY OF WISCONSIN-MADISON

# About Us

This program is a partnership between the Oneida Nation and the UW–Madison Stroke Team.

It is proudly supported by:

- Oneida Business Committee
- Oneida Comprehensive Health Division
- UW–Madison School of Medicine and Public Health - Department of Neurological Surgery
- UW–Madison School of Medicine and Public Health - Department of Medicine - Division of Cardiovascular Medicine



# Our Vision

To decrease Strokes and Stroke Risk Factors in Native Americans.



## Study Activities

Carotid  
Ultrasound

Physician  
Appointment

Cognitive  
Testing

Blood Sample

Health  
Questionnaire

Wellness  
Coach  
Appointment

## How You Will Benefit

- No cost to participate.
- All study activities take place on the Oneida Reservation.
- Make a positive impact on both your health and the community's.
- Learn how nutrition and healthy habits can decrease stroke risk factors.
- Receive personalized support and guidance from a Certified Wellness Coach.

## Why Participate?

This study aims to examine how diet and living environment influence individual and multi-generational outcomes in reducing stroke risk factors. We are looking for 35 families with multiple generations living in the home and 15 individuals who live alone to participate.

## What to expect

01

Your participation is 1 year in length.

02

All participants will meet with a Certified Wellness Coach throughout the program.

03

You'll take part in study activities at both the start and end of your time in the program.

04

Participants will become knowledgeable about Oneida Nutrition programs.

