

KUNHI-YO WORKSHOP

**THE TRUTH ABOUT THE
DANGERS AND RISK OF
SYNTHETIC OPIOIDS
&
NALOXONE ADMINISTRATION
TRAINING**

**ONEIDA BEHAVIORAL HEALTH COMPREHENSIVE HEALTH
DIVISION**

Oneida Nation TOR Grant



Introduction

Instructor: Shannon Hill MS, SAC-IT
SUBSTANCE ABUSE COORIDATOR

Registration is required for
pre and posttest to test your knowledge scan QR
code for registration

What to expect

90 minutes of training

Watch 4 training videos

Test your knowledge with True or False Questions after each section

Group interaction for virtual training

Pretest to start and Posttest at the end for certification of completion please use a valid email

DISCLAIMER:

This video is for educational and training purposes only. Viewer discretion is advised. The information presented is intended for instructional use and is not an endorsement of illegal drug use. Do not attempt to replicate any procedures shown.

Handling drugs without proper authorization is illegal and dangerous to your health.

REQUIRED: REGISTRATION AND PRE-TEST YOUR KNOWLEDGE

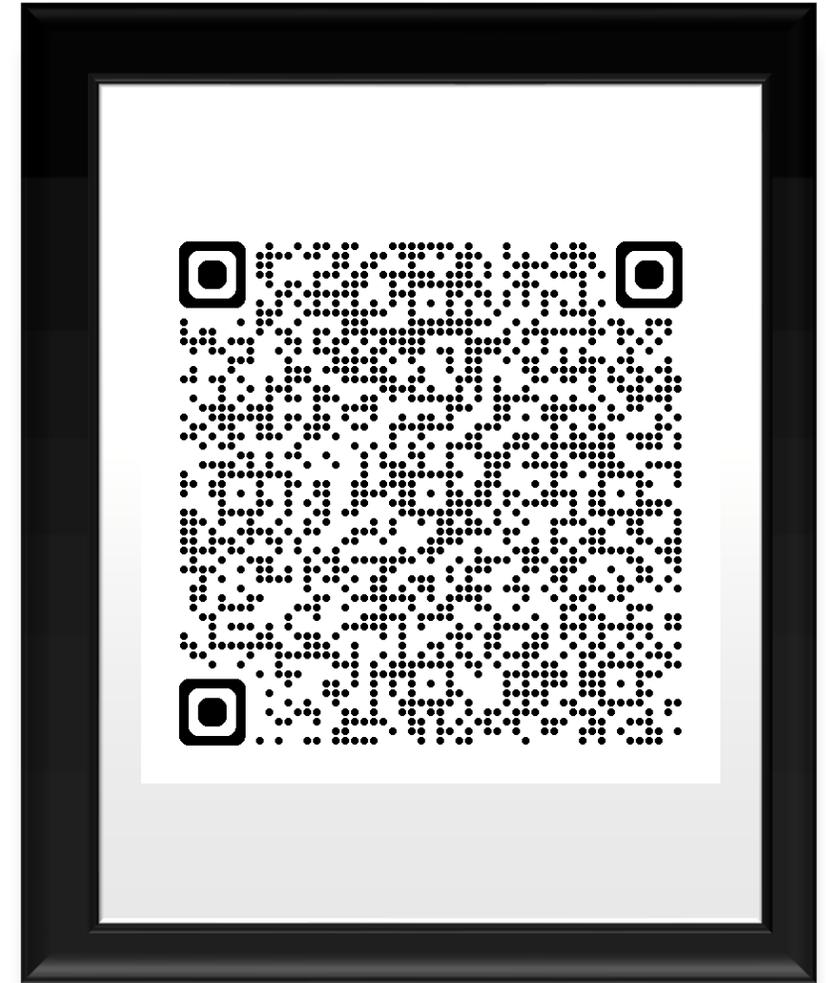
FREE INFORMATION AND NALOXONE
TRAINING

SCAN HERE TO ACCESS
INFORMATION FOR NARCAN TRAINING PRE-
TEST AND TRAINING REGISTRATION

[Click here to take the Narcan pre-test and register](#)

(CMD/CTRL + Click Link to take test in new window before returning to presentation)

« arrow back to main presentation



WHAT TO EXPECT
TRAINING OVERVIEW

HARM REDUCTION AND PREVENTION

- A. What is an opioid?
- B. Recognizing an opioid overdose
- C. Responding to an opioid overdose
- D. How to use Narcan training video and lecture
- E. Resources Oneida Behavioral Health Substance Abuse Services



SECTION A

WHAT IS AN OPIOID?



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OPIOIDS

An opioid is any drug that contains opium (or its derivative).



Opioids can be:

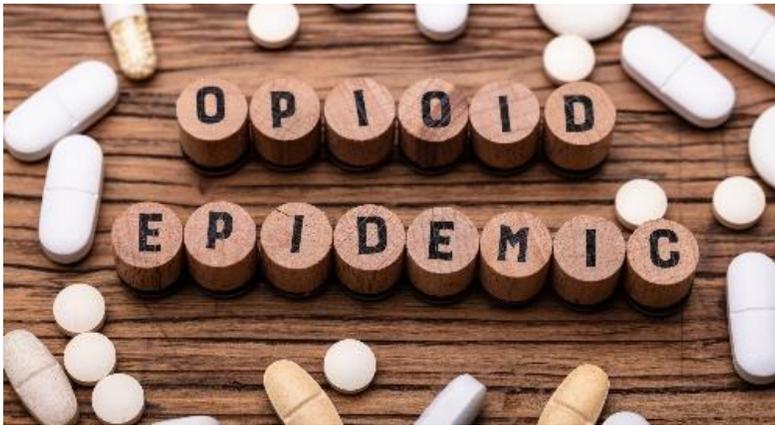
- Natural or synthetic.
- Prescription medications or illegal drugs.
- Pills, capsules, powder, dermal patches, or liquid.
- Opioids can be Swallowed, smoked, snorted, or injected.



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ABOUT OPIOIDS



- Opioids:
 - Manage pain, suppress coughs, and treat opioid use disorder (addictions).
 - Cause feelings of euphoria, contentment, and/or detachment.
 - Have effects lasting from 3 to 24 hours.
- **In excessive amounts, opioids can suppress a person's ability to breathe.**

EXAMPLES OF PRESCRIPTION OPIOIDS

Generic Name	Brand Name
Oxycodone	Oxycontin [®] , Percocet [®] , Roxicodone [®]
Oxymorphone	Opana [®]
Hydrocodone	Vicodin [®] , Lorcet [®] , Zohydro [®] , Zortab [®]
Hydromorphone	Dilaudid [®]
Morphine	
Meperidene	Demerol [®]
Codeine	Tylenol [®] 3 & 4
Buprenorphine	Suboxone [®] , Subutex [®] , Zubsolv [®]
Methadone	
Fentanyl	Duragesic [®]



SECTION A -VIDEO

WHAT IS A SYNTHETIC OPIOID?

TRAMADOL-HEROIN-OXYCODONE-FENTANYL-CARFENTANYL-XYLAZINE-NITAZENES



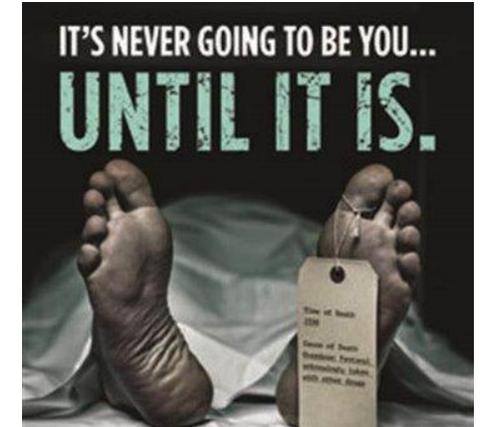
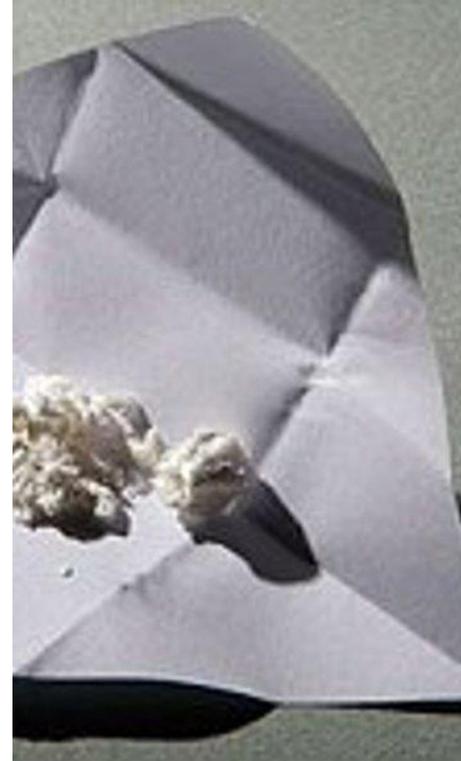
Synthetic opioids and their risks



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EXAMPLES OF ILLICIT OPIOIDS

- Heroin
- Non-pharmaceutical fentanyl (Illicitly produced, synthetic drug)
 - Pill form packaged to look like prescription medications
 - Powder form that looks similar to heroin
 - May be hundreds of times more potent than heroin
 - Fentanyl and Heroin can seep thru your skin
- **Fentanyl can be extremely deadly! One and done!**



SYNTHETIC OPIOIDS ARE LEATHAL AND DEADLY

VERY SMALL AMOUNTS CAN CAUSE AN OVERDOSE OR EVEN DEATH



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What is Xylazine

Xylazine is a common veterinary drug used for [sedation](#), [anesthesia](#), [muscle relaxation](#), and [analgesia](#) in animals such as horses, cattle, and other mammals



MORE EXAMPLES OF ILLICIT OPIOIDS

MIXED WITH MANY EVERYDAY MEDICATION OR FOOD ITEMS



LOS ANGELES SCHOOL POLICE
(213) 625-6631

Rainbow Fentanyl

**SEE SOMETHING
SAY SOMETHING**

WARNING: This is NOT Halloween candy

Parents and students need to be aware of Rainbow Fentanyl Pills and other marijuana and drug-laced edibles disguised as candy and commonly used snacks.

For emergencies, dial 911

ONE PILL CAN KILL

For more information visit www.DEA.gov/onepill

LASPD.COM



NITAZENES: ISO DOPE

THE DEADLIEST DRUG YOU'VE NEVER HEARD OF



[Nitazenes](#)



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Xylazine opioids are
dangerous
and
Nitazenes opioids
are more potent illicit
synthetic opioids
that are
deadlier than
fentanyl



PAUSE: TEST YOUR KNOWLEDGE TRUE OR FALSE

- Question 1:

- Synthetic Opioids are grown in nature?

- Question 2:

- Synthetic Opioids can cause an overdose death

True or False Response

Q 1 : **False** - Synthetic
Opioids are made in Labs

Q 2: **True** - Synthetic
Opioids are the leading
cause of overdose deaths
around the world



SECTION B



RECOGNIZING AN OPIOID OVERDOSE



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WHAT IS AN OPIOID OVERDOSE?

An opioid overdose happens when a **toxic** amount of an opioid – alone, or mixed with other drugs, and/or substances – overwhelms the body's ability to handle it.

Types of opioid overdose?

Many opioid-related overdoses result from **mixing** prescription painkillers or heroin with benzodiazepines (benzos), cocaine, and/or alcohol.

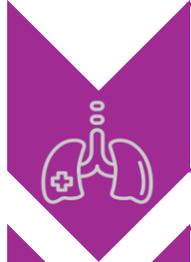


SIGNS AND SYMPTOMS OF OPIOID OVERDOSE

- Unresponsive/unconscious
- Breathing slow, shallow, or not at all
- Pulse slow or erratic
- Loud snoring or gurgling noises
- Body very limp
- Skin pale/gray, clammy
- Lips/fingertips/feet blue(ish)



OVERDOSE IMPACTS ON THE BODY



- Respiratory failure



- Lack of oxygen in the blood



- Vital organs fail (heart, brain)



- Unconsciousness, coma, death



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SECTION C



RESPONDING TO AN OPIOID OVERDOSE



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What's in your Narcan Kits

- 1 box with 2 doses of Nasal Narcan
- Expiration dates and Lot number on the bottom of box
- 1 Pair of gloves
- 1 CPR rescue barrier
- Fentanyl test strips
- Xylazine test strips



WHAT IS NALOXONE?

Naloxone is a medicine that reverses opioid overdose by restoring breathing.



RESPONDING TO AN OPIOID OVERDOSE SCARE

-  Stimulate “Shake and Wake”
-  Communicate with 911, surveillance, security
-  Air way -Swipe
-  Rescue- Narcan, CPR, recovery position
-  Evaluate
-  Medicine-Nasal spray (Narcan)
-  Evaluate

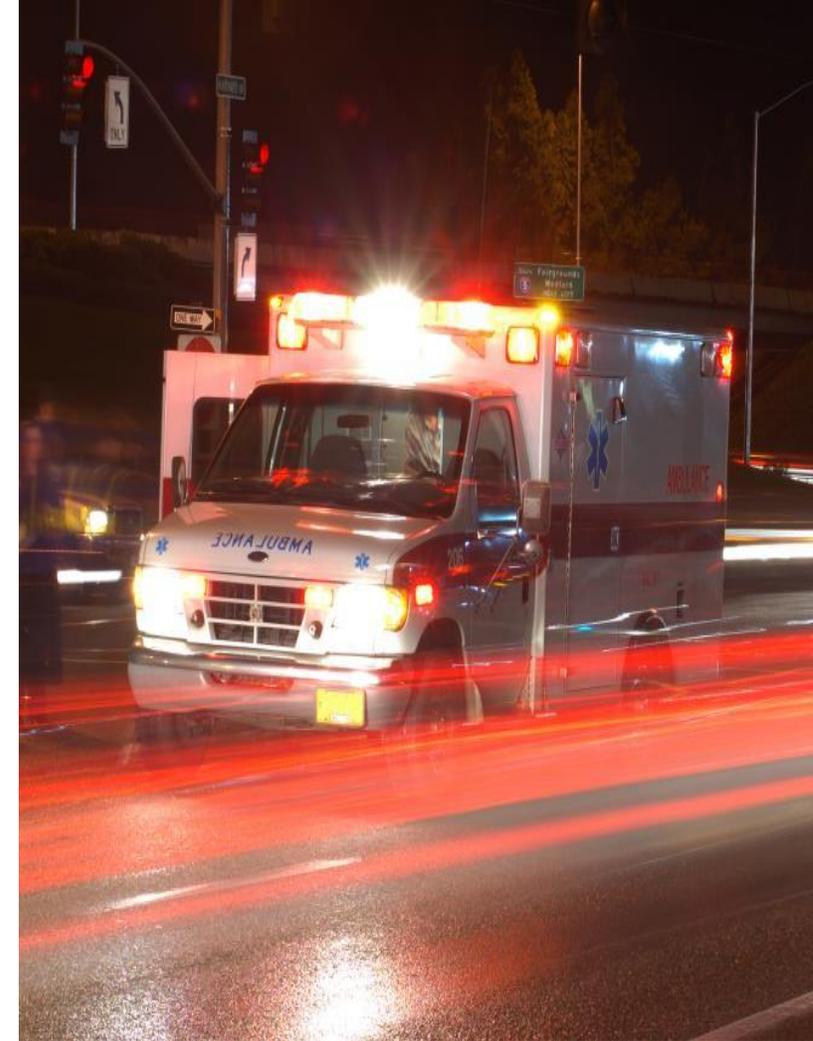


CALL 911

Get emergency medical help for someone experiencing an overdose!

Why?

- Naloxone is only temporary.
- Person may have complications or other health problems.
- It may be a non-opioid overdose situation.





CALL 911: WHAT TO SAY

Tell 911 operator:

- Where you are
- What you observed (example: person is turning blue, won't wake up)

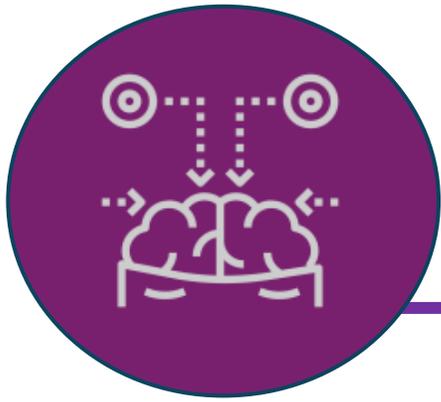
Tell emergency responder onsite:

- Drugs/substances the person used
- Naloxone administered – how much and when



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SHAKE AND WAKE

Noise (if you have gloves put them on)

Shake the person's shoulders and yell: "Are you all right? Wake Up!"

Pain

Do a sternum rub: Make a fist and rub your knuckles firmly up and down the breastbone.





NARCAN[®] NASAL SPRAY



Remove NARCAN[®] nasal spray from box. Peel back tab with circle to open.



Hold NARCAN[®] nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



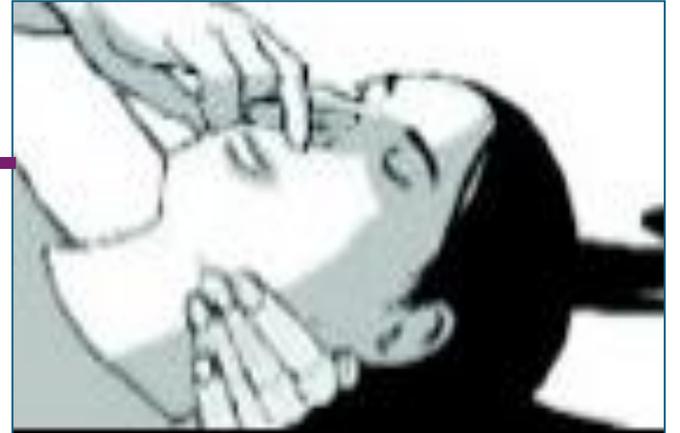
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NARCAN[®] NASAL SPRAY

1. Tilt person's head back and support person under neck.
2. Gently insert tip of nozzle into a nostril until your fingers on either side of the nozzle are against the bottom of the nose.
3. Press plunger firmly to administer.
4. Do not Prime plunger



ABOUT NALOXONE

- Delivery: intramuscular, intranasal, or intravenous
- Wears off in 30-90 minutes
- Safe for children, pregnant women, and pets
- No significant side effects
- No potential for misuse or getting high
- Only effective in reversing **opioid** overdoses
- No effect on someone who hasn't taken opioids

Important Note: Narcan (naloxone) does not work on the following drugs:

- Cocaine: As it is a stimulant and Narcan is an opioid antagonist.
- Alcohol: Narcan does not reverse alcohol overdoses.
- Cannabis: Narcan is ineffective against cannabis overdoses.
- Benzodiazepines: Narcan does not work on benzodiazepine overdoses.
- Methamphetamine: Narcan is not effective for methamphetamine overdoses.
- Xylazine: Narcan does not work on xylazine, a powerful sedative.

Narcan is specifically designed to reverse opioid overdoses and is not effective against non-opioid substances

People never know what's in the illicit drugs they take

WHAT IS NALOXONE?

Naloxone is a medicine that reverses opioid overdose by restoring breathing.



“Narcan Nasal Spray”

<https://youtu.be/WnjgrRNMfKM>



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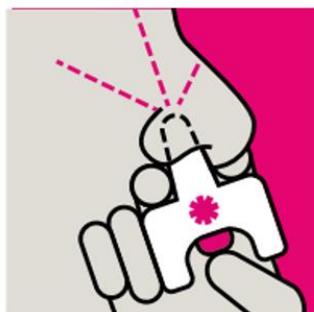


WHAT TO DO IN CASE OF A SUSPECTED OPIOID EMERGENCY



LAY

- Check for slowed breathing or unresponsiveness.
- Lay the person on their back and tilt the head up.



SPRAY

- Insert device into either nostril and press plunger firmly.



STAY

- Call 911 immediately and continue to administer doses as needed.

SCAN TO
LEARN MORE





NARCAN[®] NASAL SPRAY

4. Allow 2 to 3 minutes for the naloxone to work. Continue resuscitation as necessary.
5. If breathing is not restored after 2 or 3 minutes, give **another dose** of naloxone. Continue resuscitation as necessary.
6. **Stay** with the person and provide care as directed until medical help arrives.

PAUSE: TEST YOUR KNOWLEDGE TRUE OR FALSE

- Question 1:

- Narcan will reverse a Xylazine overdose

- Question 2:

- Snoring, pale skin, and slow breathing are signs of overdose

True or False Response

Question 1:

False - Narcan will not reverse and overdose of Xylazine
Narcan (naloxone) does not work on all drugs such as vallum or cocaine

Question 2:

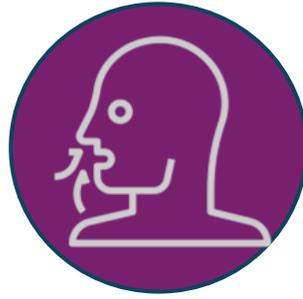
True – Overdoses cause vital body functions to shut down and these symptoms are signs of that.



CARE FOR THE PERSON

After receiving naloxone, a person may:

- Feel physically ill or vomit.
- Feel withdrawal symptoms (unpleasant but not life-threatening).
- Become agitated and upset.
- Have a seizure (this is rare).
- Overdose again.



RECOVERY POSITION



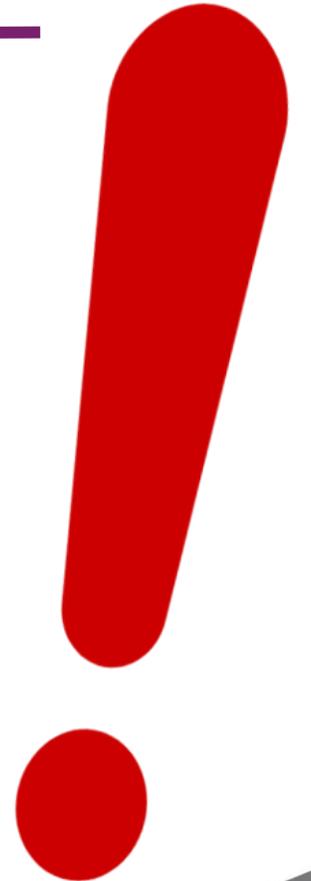
- Face and body turned to the left side
- Hand supports head
- Bent knee supports body





CARE FOR THE PERSON

- **Stay** with the person until medical help arrives.
- Put the person in the **recovery position**.
- Keep the person **calm**.
- Encourage the person **not** to take more opioids.
- If overdose happens again, give another dose of naloxone





NALOXONE STORAGE (ALL FORMS)

- Store in original package at room temperature; 60° - 80° (avoid extreme temperatures)
- Avoid exposure to light
- Keep naloxone easily accessible in case of emergency



PAUSE: TEST YOUR KNOWLEDGE TRUE OR FALSE

- Question 1:

- Narcan has an expiration date?

- Question 2:

- Its ok to prime the Narcan nasal spray before administering the Narcan?



True or False Response

- Question 1: **True**
- Narcan does has an expiration date found at the bottom of the box
 - Question 2: **False**
- Do not prime the Narcan nasal spray before administering the Narcan

WHAT'S IN YOUR KIT FENTYNYLE AND XYLAZINE TEST STRIPS

Cook County Department of Public Health

How to use a fentanyl test strip

..... What do I need?

- ✓ **1 shot glass, half-filled with water**
You can use any small container. Little ketchup cups work well! Whatever container you use, only use about a half (1/2) a shot glass of water (15mL). If you are testing a stimulant (like meth, cocaine, or MDMA) use a 1/2 shot glass of water instead.
- ✓ **fentanyl test strip**
- ✓ **very small amount of powder to test**
about the size of a match head or half a grain of rice
about this much!

..... How do I use the strip?

- 1 Put the powder in the glass of water and swirl it until it is completely dissolved. (If you want to test something that isn't a powder, crush it first.)
- 2 Hold the solid blue end of the test strip and dip the other end in the water.
- 3 Hold the strip in the water for about ten seconds. You will know it's ready because the water will be sucked up into the white part of the strip.
- 4 Take the strip out of the water and wait sixty (60) seconds.
- 5 Use a bright light to look at the strip and count how many red lines there are. Even very light red lines count!
- 6 Make sure you check the strip within ten minutes of doing the test. Throw the strip away when you are done.

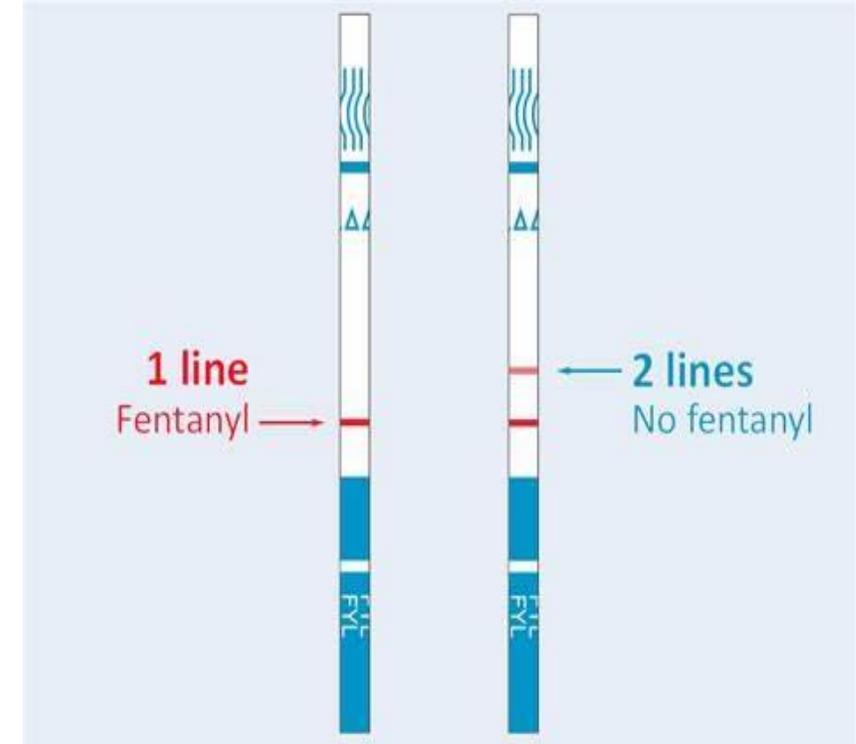
TWO (2) red lines means... **NO**, there is no fentanyl

ONE (1) red line means... **YES**, there is fentanyl

No drug is completely safe. Make sure someone is with you who can give naloxone (Narcan) or call for help if you need it.

10 minutes

If you want to know more about what's in your drugs, Chicago Recovery Alliance can help. Email drugchecking@nypositivechange.org or call 312-953-3797 for more information.



FENTANYL AND XYLAZINE TEST STRIPS



How to Use Test Strips

https://youtu.be/wgLovT_YsAg?si=BUIQtvWjpC2ZJqA0



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**WHAT IS
GOOD
SAMARITAN
LAW?**

- <https://youtu.be/Cnq21-WDQYg>
- [Good Samaritan Policy](#)



SECTION D

RESOURCES

Same Day Substance Abuse Care



No appointment needed!

Care is available on a first come, first served basis.

Monday through Friday

2640 West Point Road

8:00 - 10:30 AM
(must be present by 10:00 AM)

NARCAN available.



Call (920) 490-3790
for more information.

Here to help you on your path to recovery.



Any Questions?



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[Click here to take the Narcan post-test](#)

(CMD/CTRL + Click Link to take test in new window before returning to presentation)

- Post-test
 - After the training Scan here to access post test
 - Verify and Enter valid working email address
 - Get your certification of completion
- « arrow back to main presentation to exit



ADDITIONAL RESOURCES

Wisconsin Department of Health Services

<https://www.dhs.wisconsin.gov/opioids/index.htm>

<https://www.dhs.wisconsin.gov/opioids/naloxone-faq.htm>

<https://www.dhs.wisconsin.gov/opioids/narcan-direct.htm>

Harm Reduction Coalition

<https://harmreduction.org/?s=overdose+prevention+best+practices>

Prescribetoprevent.org

<https://prescribetoprevent.org/>

RESOURCES

- **Synthetic opioids and their risks**
- [YouTube](#)
- Wisconsin Literacy
- [Synthetic opioids and their risks \(youtube.com\)](#)
- [NARCAN® Nasal Spray 4mg Instructions for Use \(youtube.com\)](#)
- [Nitazenes: The DEADLIEST Drug You've NEVER Heard Of \(youtube.com\)](#)
- [Fentanyl Test Strip 2.0 \(youtube.com\)](#)

YAW^KO!

CONTACT



Oneida Behavioral Health
(920) 490-3790



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