

Oneida Nation School System Wellness Policy

The Oneida Nation School System is committed to the optimal development of every student. Good nutrition and regular physical activity before, during, and after the school day are strongly correlated with positive student outcomes. Oneida Nation School System believes that we need to create and support healthy learning environments throughout our schools, giving students the opportunity to achieve success. This policy outlines the ONSS approach to ensure all students practice healthy eating and physical activity behaviors throughout the school day. ONSS is committed to serving healthy meals to our students. The school meal programs aim to improve the diet and health of school children, model healthy eating patterns, and support healthy choices while accommodating cultural food preferences and special dietary needs.

To assist in the creation of a healthy school environment, ONSS shall establish a Wellness Committee that will provide an ongoing review and evaluation of the Wellness Policy. The Committee shall meet no less than 4 times during the school year to implement, assess and review and make recommendations for adjustment to the Wellness Policy. The Wellness Committee will be comprised of Teachers, Administrators, Parents and most importantly students of Clan Council from the school system.

All food and beverages sold and served outside of the school meal programs (“competitive” foods and beverages) shall, at a minimum, meet the standards established in USDA’s Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule meals served at your school or out-of-school time program meet Smart Snacks in School Nutrition Standards.

All foods offered on the school campus shall meet or exceed the USDA Smart Snacks in School nutrition standards including those provided at celebrations and parties and classroom snacks brought by staff or family members. The primary goal of nutrition education is to influence students’ lifelong eating behaviors.

Nutrition education, a component of comprehensive health education, shall be offered every year to all students of ONSS. Additionally, ONSS curriculum supports students with age and grade appropriate opportunities to engage in physical activity.

Oneida Nation School System Superintendent (or designee) shall implement and ensure compliance with the policy by leading the annual review, update, and evaluation of the policy with any specific improvement recommendations forwarded on to the School Board for updating.

School Board Approved: July 2021