



Discussions at ONCOA meetings

- **FACEBOOK LIVE date for ONCOA will tentatively be in January. To be announced soon.**
- ONCOA orientation for new members
- Letter sent to elders regarding donations for meal site meals
- Nursing Home – Oneida new customers not authorized concerns
- Budget discussion with Budget Manager Melissa Alverado
- Elder Housing Pods no heat update
- Oneida Live FB discussion – who, when, what – will schedule for February
- Travel needs discussion with Terri Schultz, Central Accounting Manager
- Donations at the Oneida Meal Site – where does money go, how accountability for this
- Cash handling policy for Oneida Aging & Disability
- Coloring contest through DRUMS newsletter – 19 people and includes some men
- Bank Statements and income verification for the Major Hom Repair program
- Pow wow elder tent location, MC acknowledgements, access
- GLNAEA meetings updates and next meeting – Brain Health, Alzheimer's & Dementia topics
- Orientation checklist creation for new ONCOA members
- Smoke free elder housing update
- **ONCOA meetings held the 2nd and 4th Tues, monthly starting at 1pm. Attend in person or via Teams. Please contact our Recording Secretary at 920-869-4372 or ONCOA@oneidanation.org for updates and for instruction to log on through Teams.**
- **We are always looking to be the eyes and ears of our elder community, and we request your comments before we start on the meeting again. Hope to see you at a meeting.**

CONTACT INFORMATION

ONCOA phone: 920-869-4372 Recording Secretary will answer the phone

ONCOA Main email: oncoa@oneidanation.org

ONCOA website: <https://oneida-nsn.gov/government/boards-committees-and-commissions/elected/#Oneida-Nation-Commission-on-Aging>

Drums Main Email: drumsacrossoneida@oneidanation.org

Oneida Aging and Disability Services (OA&DS) Main and emergency phone number: 920-869-2448

Oneida Aging and Disability website: <https://oneida-nsn.gov/resources/agingdisabilityservices>

Aging and Disability **Facebook page:** Oneida Aging & Disability Services

A&DS Main email: OneidaAging_info@oneidanation.org (requests/concerns/ideas email here)

ONCOA Members & Term (Updated 09/25/2025)

Claudia Skenandore, Secretary 08/01/2023 to 07/31/2026

Sandra Skenadore, Vice-Chair 08/01/2023 to 07/31/2026

Winnifred Thomas, Chair 08/01/2023 to 07/31/2026

Cathy L. Metoxen 08/01/2024 to 07/31/2027

Neoma Orsburn 08/01/2024 to 07/31/2027

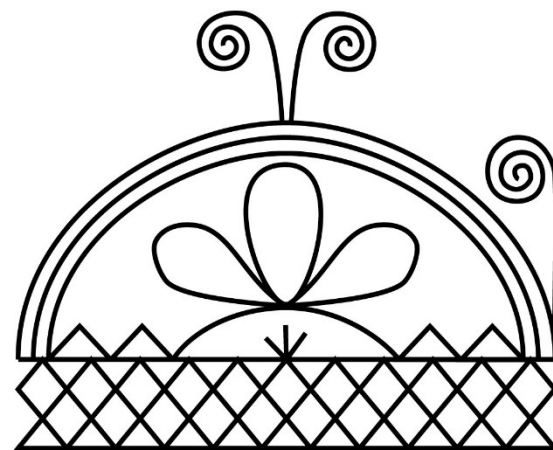
Pearl Webster 08/01/2024 to 07/31/2027

Beverly Anderson 08/01/2025 to 07/31/2028

Mary Loeffler 08/01/2025 to 07/31/2028

Joseph Torres 08/01/2025 to 07/31/2028

Jennifer Webster OBC Liaison



Are you are interested in getting the **DRUMS right to your email**, go to <https://oneida-nsn.gov/subscribe/> or use the QR code to subscribe. Below is a list of the current newsletters you can subscribe to. Next, you could contact Enrollments and ask for the paper copy to be cancelled.



Update Oneida – Communication posting

Kalihwisaks newsletter

I am Oneida Project (blood quantum)

Human Services Division newsletter

Environmental, Land and Agriculture Division newsletter

DRUMS Across Oneida Elder Newsletter (ONCOA coordinated)

Please pass the word!



FUTURE MEETINGS:

ONCOA Meetings

- December 16, 2025, 1:00 PM, Aging and Disability Services Conference Room
- January 13, 2026, 1:00 PM, Aging and Disability Services Conference Room
- January 27, 2026, 1:00 PM, Aging and Disability Services Conference Room
- February 10, 2026, 1:00 PM, Aging and Disability Services Conference Room

GTC Meetings

- Monday, January 5, 2026, 6 PM, Oneida Hotel – Annual – Tentative

Nutrition Advisory Board, Meal site (3rd Thursday every month)

- December 18, 2026, 1:00 PM

ONCOA Representatives

- Brown County Aging and Disability Resource Center – Sandra Skenadore
- Outagamie Aging and Long-Term Support Advisory Committee (ALTS) – Pearl Webster
- Oneida Alzheimer's Disease Community Advisory Board (CAB) – Beverly Anderson and Sandra Skenandore
- Nutrition Advisory Board – Mary Loeffler
- Oneida Nation Nursing Home Board and the Oneida Police Commission – Bev Anderson

TALK AND TREATS

WITH DIRECTOR JODI TESS



TALK

LEARN ABOUT OUR
DEPARTMENT AND
PROGRAMS

2ND WEDNESDAY
OF THE MONTH



TREATS

TREAT PROVIDED
OR BRING ONE TO
PASS

10:30am-
11:30am



FRIENDS

SHARE YOUR
STORY WITH ME
AND HEAR MINE

Elder Services
Conference room

2907 S. Overland Rd.

January 14th
February 11th
March 11th
April 8th
May 13th
June 10th
July 8th
August 12th
September 9th
October 14th
November 11th
December 9th



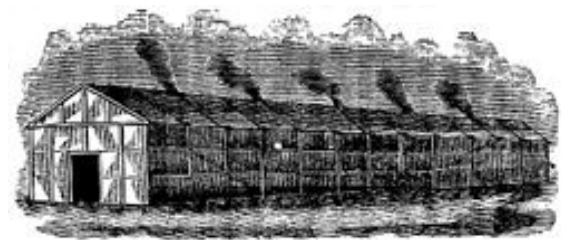
Dates for tsa'tekohsehl (Midwinter)

1/23 start@9

1/24 start@9

1/25 start@8

1/26 start after runners return with da goods for kayvtowan ☺



Long House of the Iroquois. (Bureau of Ethnology.)

The Iroquois Mid-Winter Ceremony, for continuation of all life-sustaining things is a series of rituals, observed by the six tribes of the Iroquois Confederacy, which celebrates new beginnings and serves as a spiritual new year. The ceremony does not have an official date on the calendar but rather is determined when the first new moon arrives while both the Ursa Major and Ursa Minor constellations are visible, which occurs in either February or January.

The major events of the Midwinter Ceremony consist of the Tobacco burning and prayer, the False Face Society, the Peach Stone Game, the Bear Dance, the White Dog Sacrifice, the Great Feather Dance and the Stirring of the Ashes, and a closing ceremony. These events take place over the course of ten days with no specific order but generally begin with the Stirring of the Ashes and ends with a closing ceremony.

WINTERIZE Your Home



*Your home isn't the only one that can be winterized.
Your neighbors and those most vulnerable might need your help too!*

weather.gov



Extreme Cold
Safety

Watches and
Warnings

Prepare for
Extreme Cold

During Extreme
Cold

After Extreme Cold

Protect People, Pets, Pipes, & Plants from cold weather



People

- Minimize time outdoors.
- Prepare for power outages.
- Check on elderly & other vulnerable people to make sure they're ok.



Pets

- Keep your pets warm, dry & indoors as much as possible.
- Ensure their food & water doesn't freeze.
- Limit outside time & keep them bundled up.



Pipes

- Insulate pipes if possible.
- Open up sink cabinets to expose pipes to heated air.
- Disconnect hoses & turn off water to sprinklers.



Plants

- Know their temperature thresholds.
- If possible, cover them before the cold weather sets in to help retain some heat.

weather.gov



FROM [weather.gov/safety/winter](https://www.weather.gov/safety/winter)

FREEZE WARNING: Temperatures of 32° F or colder for several hours over a widespread area during growing season. A hard freeze is when temperatures are below 28° F. Plants left outdoors may be killed.

FRONT ADVISORY: Temperatures of 33 to 36° F with clear skies and light winds over a widespread area during growing season, which would promote the development of frost. Plants left outdoors may be damaged.

EXTREME COLD WATCH is issued when dangerously cold air, with or without wind, is possible. Check forecast and be prepared in case a warning is issued.

EXTREME COLD WARNING is issued when dangerously cold air, with or without wind, is expected. Conditions could lead to frostbite or hypothermia. Limit time outside, dress in layers, and cover up exposed skin.

FROM EMERGENCY MANAGEMENT

Keep a Winter Emergency Kit in Your Vehicle

Have a vehicle emergency supply kit in the back seat of your vehicle (in case your truck jams or is frozen shut) that includes:

- Blankets or sleeping bags
- Extra hats, socks, boots and mittens
- Flashlight with extra batteries
- First Aid Kit
- Shovel, booster cables and windshield scraper
- Water and high-calorie non-perishable food (raisins, candy bars, energy protein bars)
- Multi-tool
- Sand or cat litter to use for traction
- Cellphone charger
- Ice scraper and snow brush





WINTER GATHERING POW WOW

February 14, 2026

Oneida Hotel | Three Clans Ballroom
2040 Airport Dr. Green Bay, WI 54313

*Public is Welcome
Free Admission*

Dancing, Singing & Craft Vendors

Grand Entry at 1:00 PM & 7:00 PM

Social Dancing during Dinner Break

Registration Closes: 6:00 PM

MC: John "JT" Teller | AD: Dylan Prescott

Host Drum: Smokey Town

Smoke Dance Singer: Kahutsyawan Stevens

Head Dancers: TBA

SPECIALS Smoke Dance Teen Girls & Boys (13-17) | Hand Drum (All Ages)

Luck of the Draw Women & Men (18+) | Two-Step (All Ages)

Sweetheart Special (All ages) | Singles Only Spot Dance (All ages)

Best Snagging Call War Cry vs Lulu/Lele (21+)

To reserve a hotel room at the Oneida Hotel, mention the Oneida Pow Wow Room Block when calling 920-494-7300. All craft vendors will be assigned a spot once payment is received. First come first assigned. For payment call Tonya Webster 920-362-5425 or email TWebster@OneidaNation.org. For more information contact Tonya at 920-362-5425 TWebster@OneidaNation.org or Trista at 920-496-5621 tcorneli@oneidanation.org or follow the Oneida Pow Wow Event Team on Facebook.

Winter Hiking with Oneida Adventures

Explore winter with friends, co workers and Oneida Adventures! We will meet at different locations and take in the fresh winter air. We will meet at the designated location at 12:05 and return to the starting point at 12:55. All participants MUST pre register prior to the hike. Each event is dependent on weather.

To register, email Adventure_Dept@oneidanation.org

**** Each participant will need to fill out a new assumption of risk form for 2026****

January 7 (Wednesday) He-Nis-Ra
January 14 (Wednesday) R-Course Woods
January 22 (Thursday) Little Bear
January 28 (Wednesday) Quarry Park

February 3 (Tuesday) Oneida Lake
February 12 (Thursday) Behind Elder Services
February 18 (Wednesday) Silver Creek

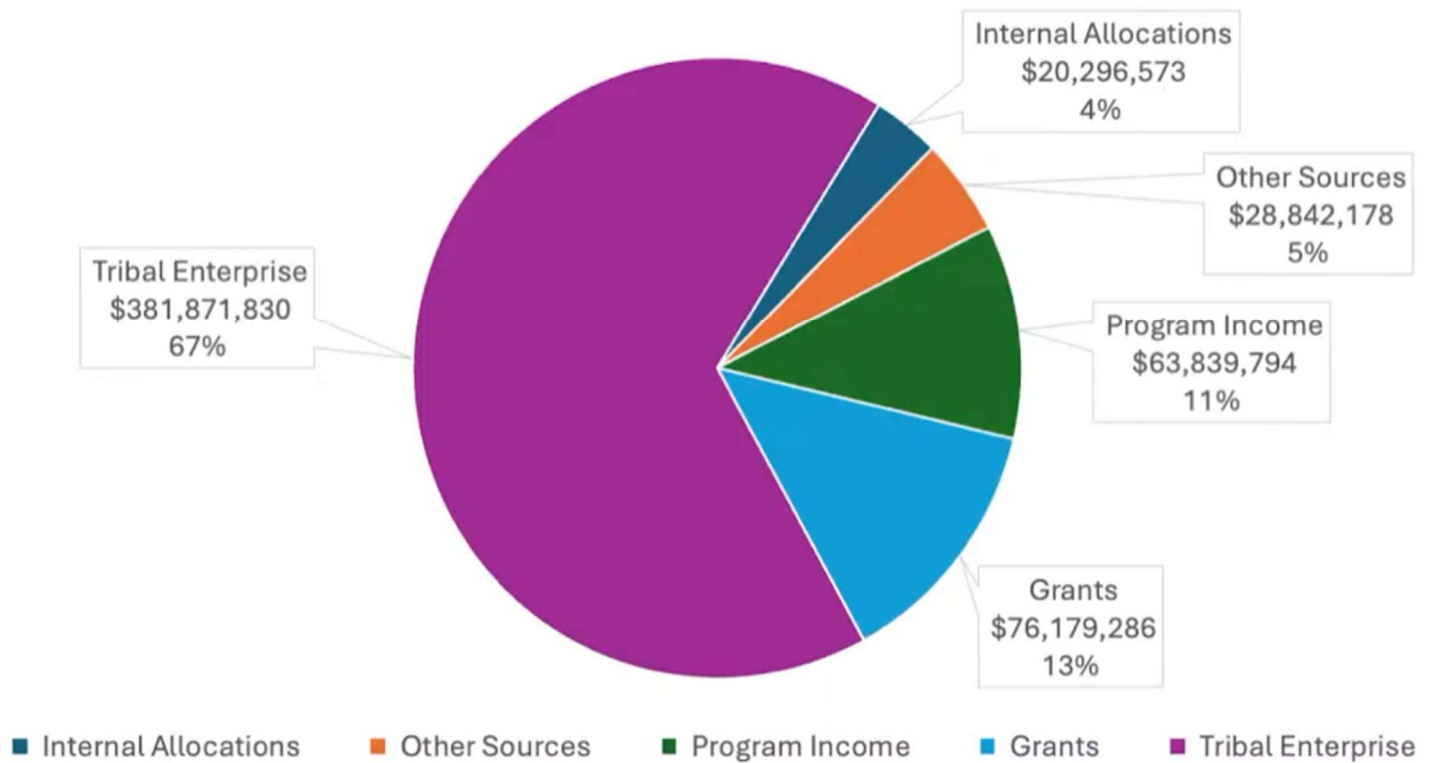


Oneida Aging & Disability Services Gift Shop OPEN 9 AM to 4 PM, Monday through Friday

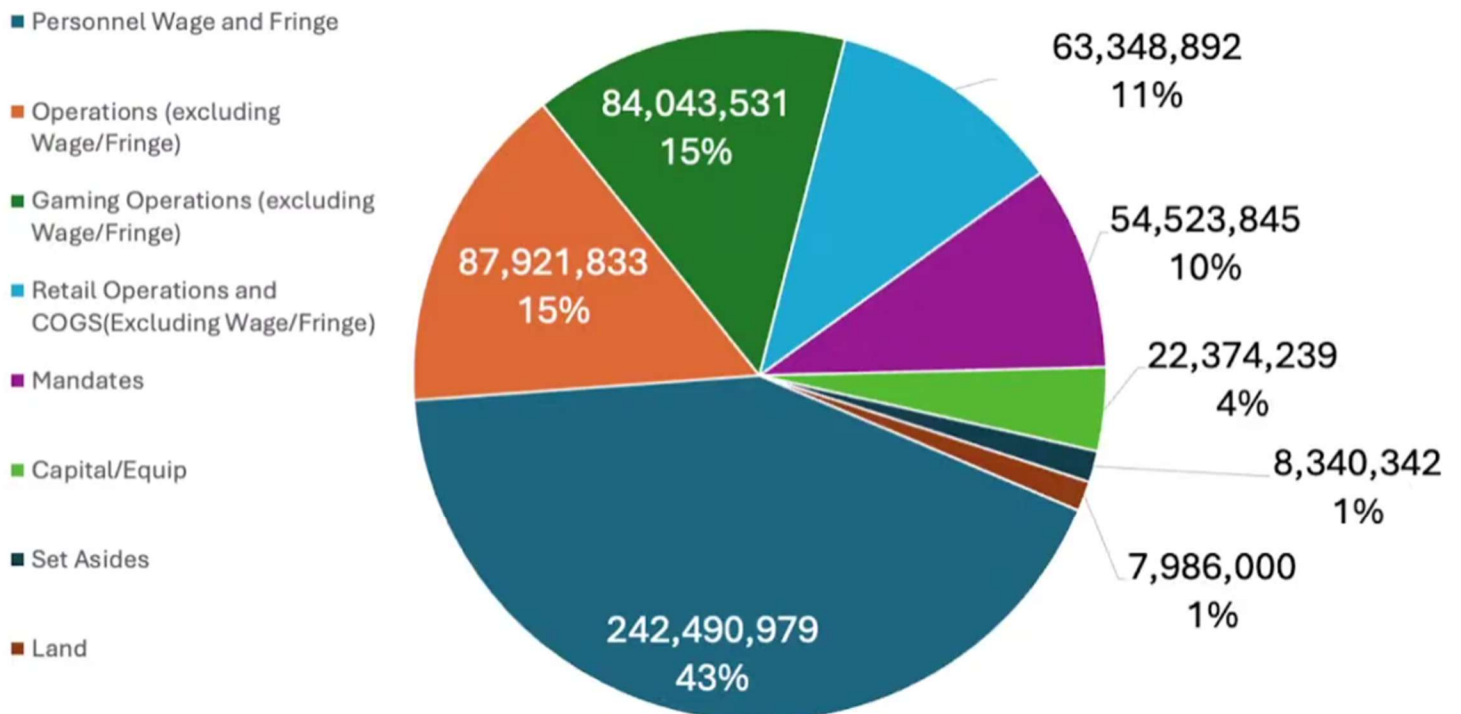


Budget information for FY2026 from the Oneida Budget Office

FY2026 Funding Sources \$571,029,661

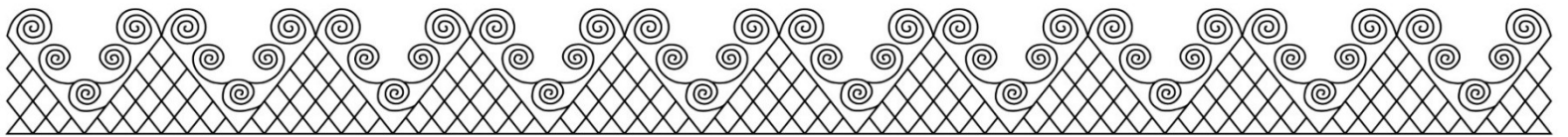


FY2026 Uses \$571,029,661



FY2026 General Welfare Payments

- All Members \$1,500 = \$22,705,320
- Members 62+ \$2,000 = \$7,335,840
- Minors 0-17 \$1,500 to Trust Funds = \$3,935,115
- Elder 65+ \$704 from Trust and Enrollment Interest
- No \$500 Food GWA (Funding source for this payment came from ARPA/TC Savings)



Oneida Water Quality Improvements Video

Produced by Halona Media,
Sponsored by Nation
Services

SCAN TO WATCH
ON YOUR PHONE



Pictures from the Water Quality Improvement video

Check out the video



Tribal Aging & Disability Resource Specialist, Carol Bogda, 2907 S. Overland Rd., Oneida, WI 54155, cbogda@oneidanation.org, Direct Line 920.869.6834, Cell 920.606.3656

SERVICES:

- **Options Counseling** provides counseling about option to meet long-term care needs.
- **Enrollment Counseling** helps to enroll in a Long-Term Care Program if they physically & financially qualify for the program
- **Information & Assistance** assists the disabled & elders with finding resource to keep them safely in their homes

HOURS: Monday through Friday, 8:00 AM to 4:30 PM



Oneida Aging & Disability (OA&D) Services Snow Plow Services



- Regular Business Hours are Monday – Friday 8:00 A.M. – 4:30 P.M.
- **Limited** weekend snow plow services for our lifeline & dialysis elders only
- Weekend snow for remaining list will be done starting Monday at 4:00 A.M.
- Please have patience as we are short staffed, our workers will get to you as soon as they can!
- We strongly encourage family members to check on their elders and help with snow removal.

Snowplow Season – OA&D encourages everyone to plan for any snowstorm and keep safe.

- Priority is current dialysis patients, disabled and those with lifeline services.
- If you are already on the snow removal list, there is no need to call and check for each snowstorm, as multiple calls may tie up the phone lines.
- Snow removal is for snow accumulation of three (3) inches or more.
- **We are short staffed** with 90* driveways on or lists. We thank you for your patience. Workers will get to you as soon as they can!
- Workers will first clear an emergency access path in & out of the driveway. Depending on how bad the weather is, they hope to return the next day to get walkways, ramps, mailboxes, as so forth.
- For workers' safety, workers will not enter roads that have not yet been plowed by their respective municipalities.
- We do not pay for snow removal for external businesses.
- Consider rescheduling any appointments if your driveway has not been cleared as we will not be taking special requests to be plowed first.

We thank you for your patience and understanding during the upcoming winter months.

We strongly encourage family members to check on their elders and to help elders with snow removal.

Aging & Disability Snow & Ice Removal Standard Operating Procedure

Last signature of approval received 4-10-14 (has also been posted on Face book)

1. PURPOSE:
 - 1.1 To ensure the safety of our elders by providing snow and ice removal for emergency vehicle access.
2. DEFINITIONS:
 - 2.1 Emergency Response System (ERS): 24/7 emergency alert device.
 - 2.2 Service Request form (SR): Point of entry for service requests.
 - 2.3 Home Repair Supervisor: Supervise Home Chore Workers.
 - 2.4 Needs Assessment: Client information forms are done annually to determine service needs.
 - 2.5 Service Specialist: The initial point of contact for all service requests.
3. ELIGIBILITY REQUIREMENTS:
 - 3.1 Priority age of 70 years or older enrolled Oneida tribal member.
 - 3.2 Elders on Emergency Response System, Lifeline.
 - 3.3 Elders aged 55 to 69 with disabilities must provide proof of disability from the Social Security and Disability Administration.
 - 3.3.1 Elders between the ages of 55 and 69 who are employed may not be eligible for services.
 - 3.3.2 Elders that have family members living with them who are capable of shoveling snow may be denied services.
 - a. Service Specialist will send a denial letter to all requesters not eligible for snow and ice removal with a reason for the denial.
 - 3.4 Must reside and provide proof of homeownership where services are being provided.
 - 3.5 Must reside within the Oneida reservation boundaries.
 - 3.6 Needs Assessment completed and up to date.
4. WORK STANDARDS:
 - 4.1 Snow removal services are available based on funding and staffing.
 - 4.2 All requests must be initiated through the Service Specialist by the customer.
 - 4.3 All requests for snow removal will be monitored for appropriateness and coordinated by the Home Repair Supervisor.
 - 4.4 Snow and ice removal services include plowing, shoveling, snow blowing, and/or salting.
 - 4.5 Home Repair Supervisor will determine the routes.
 - 4.6 Snow plowing starts with the first measurable snowfall of three (3) inches or more. Snow plowing teams will make every attempt to be out plowing as early as 4:00 a.m. at the supervisor's discretion.
 - 4.6.1 Shoveling will be suspended when the temperature reaches -25-degree wind chill.
 - 4.6.2 If the tribe closes, workers will be sent home.
 - 4.6.3 If there is ice on the driveway, we will not plow until ice is cleared. Homeowner is responsible for providing salt for driveway. Aging & Disability Services will assist with salting.
 - 4.7 If driveway has been cleared up prior to our arrival more than three (3) times, a letter will be sent notifying them that their names will be possibly removed from the snowplow list.
 - 4.8 Priority will be given to elders on Emergency Response Systems (ERS) and those on kidney

dialysis.

- 4.9 Dialysis time and days of treatment will be posted on each plow list.
- 4.10 Plow list will not exceed 40 driveways per list depending on staffing levels and this will be reviewed regularly.
- 4.11 List is updated annually to determine if more elders can be added to the plow list.
- 4.12 Emergency one-time plows will be considered in a case-by-case scenario but will not be added to the regular list.

5.0 PROCEDURE:

- 5.1 Prior to snow fall, we encourage that edge of driveways be marked with reflective poles.
- 5.2 All snow plowing teams will start at the same time and finish together, ensuring safety of all crew members. Each crew will help each other after their list is completed.
 - 5.2.1 Lists may be split up with priority lists being done first in any unforeseen circumstances, such as vehicle breakdown.
- 5.3 Workers must log the date, time in for arrival, and time out for departure, at each location.
 - 5.3.1 If driveway and walkway is cleared, log time of arrival and write “done” in time out section and obtain customer initials whenever possible.
- 5.4 Snow plowing and shoveling will consist of main driveways, ramps, handrails, and the main entrance to the home only.
 - 5.4.1 Snow will be pushed away from the house and not block any propane tanks, but within the property of the owner, wherever available.
 - 5.4.2 The day(s) following a snowfall, a path will be cleared for an emergency exit, and mailboxes will be cleared. The worker will obtain the customer’s initials.
- 5.5 In the event of heavy snowfall and a threat of several inches of snow, snow removal may start before snowfall ends by clearing a path for emergency vehicle access only.
- 5.6 Salt sidewalks and entrance ways when needed.
 - 5.6.1 Aging & Disability Services will salt for entry to the vehicle, sidewalk, and main entrance area.
- 5.7 At the end of the snow season all divots will be fixed. However, we will not provide seeding.
- 5.8 Snow Plowing list will be kept on the G:/Elder/Schedule, Lists

6.0 COMPENSATION

- 6.1 plow staff punch in for scheduled plow times determined by supervisor, outside of the normal business hours of 8:00AM to 4:30PM for plowing.
 - 6.11 Kronos will be entered manually 1 hour prior to plow punch time as RGSPC in pay code line and “on call plowing” in comment line and enter snowplow code 02356 in job line.
 - 6.12 actual plow punch time will be manually punched out at 7:59AM with “plowing hours” in comment line and enter snowplow code 02356 in job line.
 - 6.13 actual plow punch in time will be entered manually with number of hours that were used to plow before normal business hours with RGSPC in pay code line and “plowing premium pay” on comment line and enter snowplow code 02356 in job line.
 - 6.14 manually punch in at 8:00AM and enter “regular hours worked” on comment line and staff shall punch out at end of their plowing shift.

7.0 REFERENCES

- 7.1 Tribal Snow and Ice Removal Compensation SOP

JANUARY ELDER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
5 (E.C.R. & Meal Site) 1) Coloring 10:00am 2) Chair Volleyball: 1:30pm	6 (E.C.R. & Meal Site) 1) Bingocize: 10:00am 2) Painting with Sue M: 1:30pm	7 (Meal Site) 1) Exercise: Chair Exercise/ walk-10:30am 2) Bingo 1:30pm	1 CLOSED 2	
12 (E.C.R. & Meal Site) 1) Crafts Day at: 10:00am 2) Badminton: 1:30pm	13 (E.C.R. & Meal Site) Bingocize: 10:00am ONCOA MEETING 1:00pm	14 (Meal Site) 1) Exercise: Chair Exercise/ walk-10:30am Memory Café day 1:00pm	15 (E.C.R.) 1) Bingocize: 10:00am 2) Gary W/making poetry with words activity 10:30am	16 (ALDIS & Lunch) (9:45am Start Shuttle Pickup 10 Max)
19 (E.C.R.) 1) Crafts Day at: 10:00am 2) Crafts Day at: 1:15pm	20 (E.C.R. & Meal Site) 1) Bingocize: 10:00am 2) Crafts with Sue M: 1:30pm	21 (Meal Site) 1) Exercise: Chair Exercise/ walk-10:30am 2) Bingo 1:30pm	22 (Outing) 1) Thrift shopping & Lunch Day: 9:30am 2) Bingocize: 10:00am	23 (Woodman's & Lunch) (9:45am Start Shuttle Pickup 10 Max)
26 (E.C.R.) 1) Crafts Day at: 10:00am 2) Cornhole: 1:30pm	27 (Meal Site) 1) Bingocize: 10:00am ONCOA MEETING 1:00pm	28 (Meal Site) 1) Exercise: Chair Exercise/ walk-10:30am 2) Bingo 1:30pm	29 (Meal Site) National Puzzle Day 1) Bingocize: 10:00am 2) Group Puzzle day: 1:15pm	30 (Bay Park & Lunch) (9:45am Start Shuttle Pickup 10 Max)

****Activities are subject to change if necessary * ACTIVITIES FOR ELDERS 55 & OLDER * INFORMATION ABOUT EACH ACTIVITY IS LOCATED IN THE ACTIVITY BINDER FOUND AT THE MEAL SITE OF AJNH ** ALL ONCOA MEETINGS WILL BE HELD IN THE ELDER CONFERENCE ROOM @ Aging & Disability STARTING AT 1:00PM. OPEN TO ALL ELDERS ****

****Contact Luwatiya taken has Crystal Danforth If you have any questions: 920-869-2448 Ext: 6831 or Cdanfo13@oneidanation.org****

January Menu 2026

Meals are served 12:00-12:30 PM

Menus are subject to change due to availability

Choice of low-fat milk (11 gm) or Lactose-free milk (13 gm) for each meal

Call Oneida Aging & Disability (920) 869- 2448

Monday- Friday 8:00 AM- 4:00 PM to reserve your meal

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>5 Mushroom Swiss Burger Whole Wheat Bun (22 gm) Baked Beans (20 gm) Seasoned Brussel Sprouts Applesauce (15 gm)</p>	 <p>6 Chic Wild Rice Soup(15 gm) Turkey & Cheddar cheese on Whole grain bun (22 gm) Garden Salad Fresh Fruit (15 gm) Oyster Crackers (8 gm)</p>	 <p>7 Tuna Noodle Casserole (20gm) Seasoned Cauliflower, Broccoli, & carrots Diced Peaches (15 gm) WG Dinner Roll (10 gm) Raw vegetables</p>	<p>1 Closed for Holiday Hoyan</p> <p>8 Stroganoff Beef Tips WG noodles (20 gm) Herb seasoned Broccoli Diced Pears (15 gm) WG Dinner Roll (10 gm)</p>	<p>2 Fish patty (5 gm) WG bun (22 gm) Hashbrown Patty (15 gm) Seasoned Carrots Fruit Cocktail (15 gm)</p> <p>9 Creamy Potato Soup(15 g Ham & Swiss on WG bun (2 gm) SF Fruit Gelatin (10 gm) Crackers (8 gram)</p>
<p>12 Homemade Chicken Pot Pie chicken, mixed vegetables, diced potatoes (8 gm) WG Biscuit (27 gm) Seasoned Carrots Applesauce (15 gm) Raw vegetables</p>	<p>13 Homemade Meatloaf from Oneida Beef & Bison Cheesy Potatoes (15 gm) Herb Seasoned Green Beans WG Dinner Roll (10 gm) Fresh Fruit (15 gm)</p>	<p>14 Sloppy Joes made with Oneida Beef WG Bun (22 gm) Herb Seasoned Corn (15 gm) Creamy Sliced Cucumbers SF Fruit Gelatin (10 gm)</p>	<p>15 Italian Sausage/ w/sauerkraut Boiled Potatoes (15 gm) Herb-spiced broccoli, cauliflower, and carrots Mandarin Oranges (15 gm) WG Dinner Roll (10 gm)</p>	<p>16 Hamburger Veggie Soup Turkey & Provolone on WG bun (22 gm) Fruit Cocktail (15 gm) Crackers (8 gram)</p>
<p>19 Sweet BBQ Ray's Shredded Chicken (3 gm) Whole Wheat Bun (22 gm) Coleslaw Seasoned Mixed Veg (10 gm) Applesauce (15 gm)</p>	<p>20 Beef Hot Dog Roasted Sweet Pot (15 gm) Hot Diced Beets (6 gm) Pineapple Tidbits (15 gm) WG Hot dog bun (22 gm) String cheese</p>	<p>21 Chicken Alfredo Noodles (15 gm) Seasoned Broccoli WG Dinner Roll (10 gm) SF Fruited Gelatin (10 gm)</p>	<p>22 Homemade Chili made with Oneida Beef (10 gm) LS Ham & Cheddar on a WG bun (22 gm) Fresh Fruit (15 gm) Crackers (8 gram)</p>	<p>23 Chicken Fajitas Green, yellow, and red peppers Garden Salad Rice & Beans (20 gm) Tortilla shell (12 gm) Diced peaches (15 gm)</p>
<p>26 Low sodium Ham Slice Creamy Scalloped Potatoes (20 gm) Seasoned Green Beans WG Dinner Roll (10 gm) Applesauce (15 gm)</p>	<p>14 Navy Bean Soup (5gm) Turkey & Swiss WG bun (22 gm) Coleslaw (3 gm) Diced Pears (15 gm) Crackers (8 gm)</p>	<p>15 Marinated Chicken Breast Mashed Potatoes (15 gm) Seasoned Mixed Veg (10 gm) WG Dinner Roll (10 gm) Mandarin Oranges (15 gm)</p>	<p>16 Creamy Swedish Meatballs Noodles (20 gm) Seasoned Broccoli, Cauliflower, & Carrots Raw vegetables WG Dinner Roll (10 gm) SF Fruit Gelatin (10 gm)</p>	<p>30 Chicken Booyah (7 gm) WG biscuit (27 gm) Chef Salad Fresh Fruit (15 gm)</p>

Compiled by KáNi Kuhlí Yo'
(Oneida Behavioral Health Services)
2640 West Point Road, Green Bay WI 54303

SWATU'WESKWAHT (Holiday) Wellness Kit

Main: 920.490.3790
Toll Free: 1.888.490.2457
Triage: 920.490.3869
Prescription Refill Line: 920.490.3871
Brown County Crisis: 920.436.8888
Outagamie County Crisis: 920.832.4646



Oneida Comprehensive Health Division

November 24 at 1:45 PM · 🌐

🎄 The holidays are a time for joy—but they can also bring stress. Our Holiday Wellness Kit offers tips for staying healthy, managing stress, and keeping your celebrations safe. From setting realistic goals and practicing self-care to planning alcohol-free activities, these ideas help you enjoy the season without feeling overwhelmed. Check out the full guide and make this holiday your healthiest yet!

<https://oneida-nsn.gov/.../11/Holiday-Wellness-Kit-2025.pdf>

10-day Feast

The messengers said as soon as a body is buried, we are to turn and forget them, to resume life and continue. The time of mourning used to be 1 year. That length of time was too long for mourning. It was too long because people would always be mourning because someone would always pass away. During Handsome Lake's time the chiefs talked it over and asked if it would be 10 days. The Creator sanctioned that. On the ninth day, that's when they would have the feast. Skanahtshale (Hanging Kettle) also called the 10-day Feast. When a person passes on, i.e. if someone passed away today, today would be the first day. The length of mourning would be 10 days. After that feast is over, we are to continue with our lives. They also say distributing the person's belongings amongst themselves, family, and friends.

After 10 days, everyone should be of a good mind. They say if people are arguing, the person will not come around. Yah kanuhsakta thautale (He won't come to the house). The spirit of that person will only be at a distance. They won't come around the family if people are arguing.

The Fire 10-day Feast: A family's fire is scattered about (symbolically) when a family member passes away. A long time ago, all the families had fires to cook and keep warm and light. All that is needed is a small fire. It's not meant to be a big fire. All that's needed is the coals the next morning to continue the fire each day and keep it going.

The spirit has a place to come back to the fire. The loved one's spirit has a connection through the fire. They say that a person is around the fire and that everybody should be on their best behavior, no arguing, no drinking or drug use. The fire should be kept clean, meaning cigarette butts, paper products, or other trash should not be thrown into it.

Lotinikuhtakte (They are clear or open minded) Condolers, are from the other 2 clans of the family who lost someone. They help with all the arrangements and speeches from the time of death until the person who passed is put in the ground. They would also be responsible for the 10-day Feast. After the feast, the Condolers are released from that responsibility.

- Sahatytalaloke (They gather up the wood again.)
- Washakonatekakte (They put their fire back together.) Readdressing the minds of the family and the person making their way to the Creator's land.
- Wahatekakte (He made a fire.)
- Lakwatekatnshet (He's making me a fire.)
- Wahakwatekakte (He made a fire for me.)
- Takwatekakte (Make me a fire!)

The fire can go to the 9th day. After the feast is done, you can let the fire go out. On the 10th day they say, before sunrise a family member will put a spirit plate out. The plate will be all foods that were set aside for the loved one's journey. The spirit will then make their journey back to the Creator's land.

Mourning varies throughout the Lotinushyuns communities.



Blood quantum: Where did it come from—and what does it mean for us today?

The video listed explores the origins of blood quantum, a non-Native concept introduced by settlers and the federal government to measure “Indian blood.” It explains how this fraction, based on family history and old census records, became tied to tribal citizenship after the Indian Reorganization Act of 1934.

Today, blood quantum remains a deeply debated topic. Some see it as a way to protect culture and resources, while others worry about population decline and the arbitrary nature of the original calculations. Ultimately, Native nations, through their sovereignty, decide their own citizenship rules.

This conversation is part of the Onlayoteʔa·ká niʔi Project (I Am Oneida Project), which invites us to reflect on identity, enrollment, and the future of the Oneida Nation. Join the conversation about identity and enrollment—your voice matters! Learn more and be part of the Onlayoteʔa·ká niʔi Project (link in comments)

Video by [Native Governance Center](#)

https://youtu.be/9Cl0MRPi62g?si=00M6qk_IbLvWCLjX

[#IAmOneida](#) [#Onyoteaka](#) [#OneidaNation](#) [#IdentityMatters](#) [#TribalSovereignty](#)



Onlayoteʔa·ká niʔi Project



We invite all Tribal members, descendants, and community members to share their voices through in-person and online **community input sessions**.

Community Sat. Nov. 8 1:30PM – 3:30PM Oneida Casino Hotel	Community Tues. Jan 20 3PM or 6PM Oneida Casino Hotel	Descendants Sat. Feb. 28 10AM – 12PM Oneida Casino Hotel
Elders Tues. Dec. 2 12:45PM Congregate Meal Site	Community Mon. Jan. 26 6PM–8PM Virtual, <i>Microsoft Teams</i>	Community Sat. Feb. 28 1:30PM – 3:30PM Oneida Casino Hotel

These are the questions being asked for Phase 2

1. How should we define being Oneida?
2. What are possible alternatives to the current enrollment criteria?
3. What thoughts, foresights, or observations do you have about impacts to our community, families, governance and resources?
4. With the insights from Question 3, what could you support?

They are asking for your input!

JANUARY Memory Café



JAN. 14, 2026 1:30PM-3:00PM

Main Conference Room at the Oneida Health Center

Memory Café is open to anyone the with early memory loss and other dementia symptoms. Feel free to bring your spouse, friend, family member, or significant other to this fun, comfortable environment. It's a great way to socialize and connect in an understanding stigma-free setting.



**Memory Café happens every 2nd
Wednesday of the month.**

Feb. 11, Mar. 11, April 8, May 13,
June 10, July 8, Aug. 12, Sept. 9, Oct. 14
Nov.(Canceled due Veteran's Day), Dec. 9



This month's activity is a winter surprise.

**ONEIDA COMMUNITY
HEALTH CENTER**


ONEIDA
Comprehensive Health Division

525 Airport Drive
Oneida, WI 54155
920-869-4995

JUST MOVE IT ONEIDA

WEDNESDAY,
JANUARY
21st
4-6PM

2026 NEW YEAR'S Challenge

Oneida Nation Elementary School

N7125 Seminary Rd, Oneida, WI 54155

★ **PUNCH CARD IS BACK!** ★

**ATTEND AT LEAST 8 OF OUR 12 JMIO EVENTS IN 2026 TO BE
ENTERED IN THE GRAND PRIZES AT THE END OF THE YEAR.**

★ **RECEIVE THE NEW 2026 JMIO T-SHIRT.**

**SOUP, SNACKS, AND WATER
WHILE SUPPLIES LAST.**

For more information or questions contact Hanna Leisgang:

920-490-3927 hleisgan@oneidanation.org  JustMoveIt Oneida



Book: "A History of Native American Land Rights in Upstate New York" By Cindy Amrhein

Oneida
Land Claims
Commission
Book Club
Tuesday,
Dec 9 & 16,
Jan 13 & 27,
2026
5pm-7pm

Let's talk History,
Rights, Treaties,
and Oneida Land
Claims

Books provided
Pick up at NHC
Front Office

Food and Light
Refreshments

Where:
Norbert Hill
Center Cafeteria

N7210 Seminary
Rd. Oneida, WI
54155

Meet the Land
Claims
Commission



OLCC Ofc: 920-869-4432

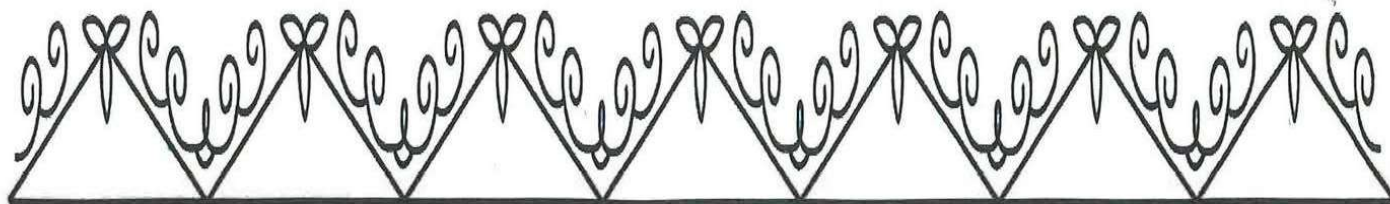


Oneida-nsn.gov/OLCC

Book Club: Contact OLCC Ofc: 920.869.4432 if you would like to get on a regular email list and/or to find out what book they are discussing. If you do not have the book, one will be provided for you when you show up at the meeting. No sign-up required. Many times, food is provided and you are also welcome to bring potluck items if you like.

The OLCC shall inform and educate the membership on the issues pertaining to Oneida Nation land claims, seek participation of the membership, and be further responsible for carrying out the following duties:

1. To bring forward concerns and suggestions of the membership regarding the Nation's land claims to the Oneida Business Committee.
2. As part of its advisory procedures, to hold public meetings and undergo outreach to provide an opportunity for the membership to voice their concerns and suggestions regarding the Nation's land claims settlement efforts and to share those concerns/suggestions with the Oneida Business Committee.
3. To study other Indian land claim settlements achieved between tribal, state, and federal governments and disseminate the information to the membership and the Oneida Business Committee.
4. To manage the budget that the Oneida Business Committee provides to the OLCC in accordance with governing laws and policies of the Nation.
5. To assist the Oneida Business Committee with any land claims arising out of natural resource issues/disputes as requested by the Oneida Business Committee.
6. To carry out all other powers and/or duties delegated to the OLCC through any laws, policies, rules and/or resolutions of the Nation.



NEED A RIDE TO ACTIVITIES?

Did you know Aging & Disability offers to pick you up and bring you home from activities?

***Pick up starting one hour before activities, return trip within an hour after.**

***Must reside within the boundaries of the Oneida Reservation.**

***Please call 24 hours ahead to schedule pick-up.**



***Please note this is for activity participation and times only.**

Contact

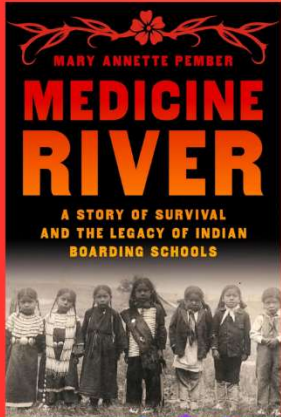
Luwatiya'takenhas Crystal Danforth

920-869-2448 Ext:6831

Cdanfo13@oneidanation.org



NO PRESSURE BOOK CLUB!



JANUARY 22
12:30PM

MEDICINE RIVER BY
MARY ANNETTE
PEMBER

CALL 920-869-2210
OR STOP BY THE
LIBRARY TO
REGISTER
(COPIES AVAILABLE
THROUGH
CHECKOUT!)

Silent Book Club

**BYOB! Bring your own book and
enjoy a quiet and peaceful spot to
read at the library.**

Thursday,
January 15
5pm



Oneida Community Library
201 Elm St Oneida, WI 54115



infosoup
www.infosoup.org



LIBRARY CARD

When you're hungry for answers!

How to get your FREE LIBRARY CARD

You may receive a temporary library card number online at infosoup.org or stop in at the Oneida Community Library or Green Earth Branch Library and provide the following:

1. A valid ID
2. Proof of address
3. If you are under the age of 18, please also bring a parent or guardian to receive your library card.

Your default PIN will be your birthday in 6 digit, **MMDDYY** format.

February 5, 1961 would be 020561.



PROGRAMMING

Shekóli (Hello)

We welcome you and your family to visit the Oneida Community Library and Green Earth Branch. Both locations have services that can support your various efforts. Check out our calendar for the latest programs. Having a library card brings about many benefits!



Upcoming
Events!



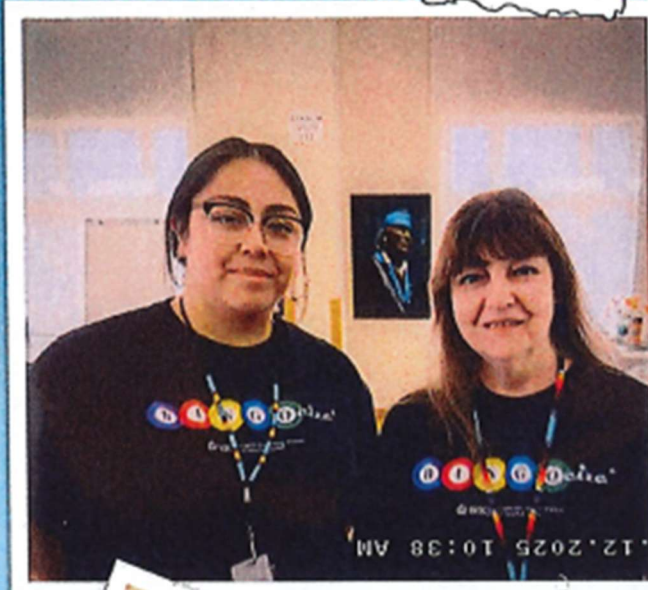
NUTRITION WORKSHOP

****Donations are
Appreciated**



**A 10-week health
promotion program that
combines the game of
bingo with inclusive
exercises for everyone!**

**Come play and meet
new people while
learning about
nutrition!**



**STARTING
January 6th, 2026
@ 10am-11am
Every Tuesday
and Thursday**



**Patricia Harms
(920)869-6839
Schuyler Metoxen
(920)869-6830**



Pharms2@oneidanation.org



**Anna John Meal site @ 2901 S
Overland Rd, Oneida. WI 54155**



Wise Youth Leaders

WISE WOMEN GATHERING PLACE

WHO CAN JOIN?

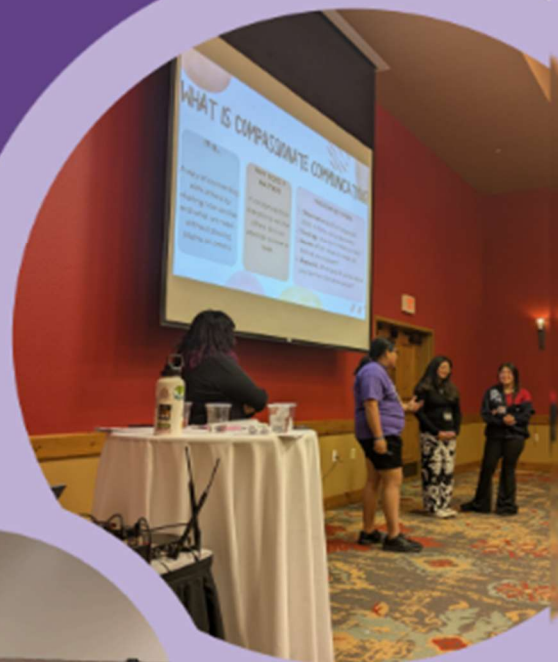
High school students and young adults up to the age of 24 in the Green Bay area.

WHAT IS WYL?

WYL focuses on boosting youths' understanding of violence, enhancing leadership skills, and deepening commitment to personal healing and community connection. Join us to develop leadership skills, build healthy relationships, and engage with a supportive network of prosocial peers.

WHEN IS IT?

First group: Tuesday, October 7, 2025, 3:30-5:30 PM. After that, Wise Youth Leaders meets every Tuesday (except holidays) through the school year.



Meals and Rides Provided!

Contact:

920-438-9322

chill@wisewomengp.org



JOIN US!



<https://bit.ly/WYL25-26>

Pass the word! Get your grandchildren, children, nieces, nephews and more involved. They have a Facebook page and here is the link to the webpage: <https://www.wisewomengp.org/programs-groups/youth-services/>

November pictures turned in for the coloring contest.



The winners were:

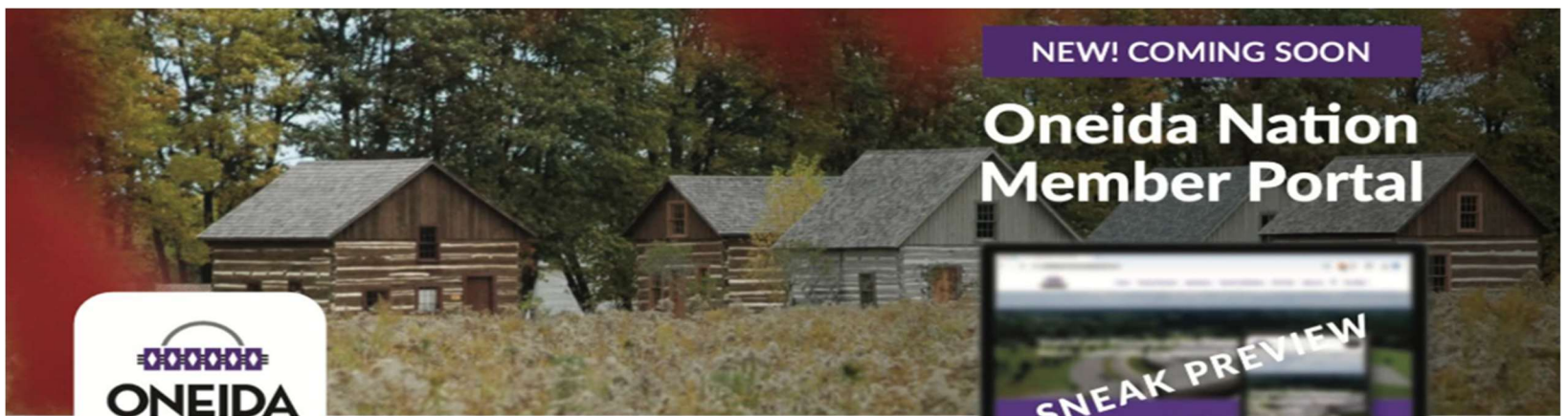
First Melanie Ellis
Second Karen Spangler
Tie for Second Hillary Hawk
Third Al Manders

Others who entered
Elmer Blair
Shirley Wolf
Jean Metoxen
Bill VanVoort
Gerald Doxtator
June Jabas

Five others did not put a name on their picture



This is amazing seeing all the creative pictures. Each month we get more. Love it.
Thank you to all those who entered and to those who donated prizes.



ANNOUNCEMENTS

Coming in 2026: Your New Member Portal

A secure, connected space with a fresh name and modern features—designed for you!

Key Updates Ahead:

- **Enrollment Updates** – New pricing details for Trust Enrollment services.
- **GWA Schedule Change** – Be sure to look out for the updated schedule.

Birthday Celebration for the elders AND Staff of Aging n Disability



Elders along with Aging and Disability staff Birthday celebrations will be held every 3 months in the Aging & Disability main conference room with games/prizes, cake and snacks.

October, November, & December to be held on **November 20th, 1:00 PM to 2:00 PM, Elder Conf Room**

Please sign up on the birthday sheet (located a meal site desk), your birthday Month and Day, (year if you choose to). Yaw^ko! Elder Activity Specialist, Luwatiya'takenhas Crystal Danforth

Here is the list of the elders that have birthdays in December

Juanita Guerra
Reynold (Tommy) Danforth
Pamela Ermenc

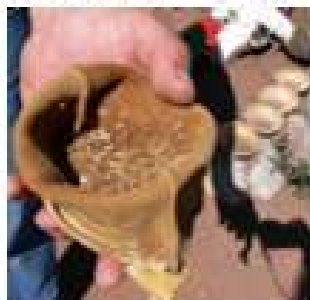
Raymond (Kenny) Skenandore
Brenda Vanden Langenberg
Robert Danforth

Brandon Cooper

Feel free to check the Aging and Disability website anytime for prior year DRUMS issues that include DOB lists.

<https://oneida-nsn.gov/divisions/humanservices/agingdisabilityservices/DRUMS>

Heartfelt condolences and loving memories to all those who have lost a loved one.



Four medicines: Tobacco, Sage, Sweetgrass, Cedar

When someone you love becomes a memory, that memory becomes a treasure.

Check out the Kalihwisaks for obituary detail at
<https://oneida.nsn.gov/resources/kalihwisaks>.

Coloring Monthly Contest: Bring your colored picture to the Oneida Aging and Disability Congregate Meal Site and feel free to cut out and decorate. Loretta Mencheski will post on the Congregate Meal Site doors, and we will have a monthly contest. Drawing is to be held on the last Wednesday of each month. Have fun and good luck! **Please remember to put your full name and contact info (phone and/or email) on the back of the picture. As of DECEMBER, you will need to be present to win.** Thank you all for your support and the best of everything to you all.

