

DRUMS ACROSS ONEIDA



November 2025



Luto·láts Wahní·tale? (Hunting Moon, 11th new moon) starts Oct 21

Wahsu·tés Wahní·tale? (Long Night Moon, 12th new moon) starts Nov 19

Discussions from ONCOA meetings

- **Commissioner Behavior Expectations** in a meeting, from our current ONCOA by-laws: Start on time. Speak in positive terms, Show respect for each other and their ideas. Listen. Turn off cell phones during meetings. The facilitator will acknowledge the right to speak. One person speaks at a time. Avoid side conversations. Stay focused.
- Nominations for Chair, Vice Chair and Secretary
- NICOA conference attended in Durant, Oklahoma at Choctaw Casino Resort by Chair-Winnifred Thomas, Vice Chair-Sandra Skenadore and Secretary-Claudia Skenandore.
- Follow-up with Joseph Williams, Oneida Aging and Disability (OA&D) Benefit Specialist regarding possible Wills event and requested more information on Trust accounts vs. Wills. Requested legal office to do presentation to ONCOA regarding this.
- Oneida Land Claims Commission (OLCC): Discussed creation of Commission, Goals, duties, and more. Donated a book to each ONCOA member and left some additional books for distribution to Aging & Disability and others. Invited us to their book group which is second and fourth Tues of every month at 5pm at the Norbert Hill Center. They will give you the book they are reading at the group.
- Brags and Cries form: Reminder to turn this in to our Recording Secretary at the end of each meeting. Basically, what did we like and how can we improve in our meetings.
- Senior Dining meal expectation guidelines new document reviewed and agreed upon.
- Meal Site sign up ahead of time process. This is requested and very helpful.
- Oneida Tribal Caregiver Conference report. Was held at Oneida Casino on September 18.
- **ONCOA meetings held the 2nd and 4th Tues of every month starting at 1pm. You can attend in person or via Teams. Please contact our Recording Secretary at 920-869-4372 or ONCOA@oneidanation.org for more information.**

CONTACT INFORMATION

ONCOA phone - Recording Secretary will answer the phone 920-869-4372

ONCOA Main email: oncoa@oneidanation.org

ONCOA website: <https://oneida-nsn.gov/government/boards-committees-and-commissions/elected/#Oneida-Nation-Commission-on-Aging>

Drums Main Email: drumsacrossoneida@oneidanation.org

Oneida Aging and Disability Services (OA&DS) Main and emergency phone number: 920-869-2448

Oneida Aging and Disability website: <https://oneida-nsn.gov/resources/agingdisabilityservices>

Aging and Disability **Facebook page**: Oneida Aging & Disability Services

A&DS Main email: OneidaAging_info@oneidanation.org (requests/concerns/ideas email here)



I am not sure who had this idea, but I love it. This is a display of art completed by elders from our community at your Aging & Disability Craft Activity Program. This is in the Oneida Aging & Disability atrium. Take a minute to explore the beautiful display. Each piece reflects a lot of creativity, care and hard work. Items are not for sale. If you want to go to Aging & Disability Activities, you could make things like this. Sign up book is located at the Aging & Disability Meal Site or call Aging & Disability at 920-869-2448 for more information.



GTC LEGAL RESOURCE CENTER

Our Expertise Includes:

TRAINING FOR GTC MEMBERS

- October 31, 2025
- 12:15pm - 1:30pm
- Community Education Center (CEC)
2632 S. Packerland Drive
Green Bay, WI 54313

*Any questions please contact the GTC
Legal Resource Center 920-496-5320

Announcement: COVID-A9 Vaccine Now Available

The Oneida Comprehensive Health Division now has the updated 2025-2026 COVID vaccines available.

Registered patients aged 19 and older are encouraged to call the main clinic line at 920-869-2711 to schedule an appointment.



ATTENTION CUSTOMERS

Effective January 2, 2026

SERVICES

TRIBAL ID	\$15
ELDER ID	\$5
LAND USE ID (DESCENDANTS/SPOUSES)	\$30
CERTIFICATION CARD	\$10
ENROLLMENT APPLICATION	\$30
DESCENDANT APPLICATION	\$50
DESCENDANT REISSUE	\$20
RELINQUISHMENT	\$50
FAMILY TREE	\$20
BLOOD DEGREE INCREASE*	\$40
DNA TESTING**	\$24

*Blood Degree Increases the base price is \$40, however if the blood increase affects 5 or more individuals there will be a \$20 fee associated with it.

**DNA testing base price is \$24, but there will be a \$20 processing fee as well.

Hours for issuing Tribal ID's

Monday - Friday
9:00 am to 4:00 pm



*It looks like an eternity, but it's a
short trip, enjoy life and be kind*

ukwehu.wé. food

you need in your kitchen



1

THREE SISTERS

Corn, beans, & Squash
our original Sky World foods that
make a complete protein.

2

BERRIES

Strawberries, blackberries,
blueberries, & so many more
They protect cells from damage,
help stabilize blood sugar, and are
an excellent source of brain health.

4

CUCUMBERS

Crunch into these to help
manage blood sugar.
These are also good for
gut and digestive health.

6

TOMATOES

A versatile superfood packed
with vitamins and minerals to
help lower your blood pressure.

8

YAMS

A valuable addition to your
plate, yams are filled with fiber
and powerful antioxidants.
Yams reduce inflammation
and improve blood sugar.

10

PURE RAW MAPLE SYRUP

The sweet goodness is rich in
antioxidants, has an anticancer
effect, and has lower glycemic
index than refined sugar.
Enjoy in moderation.

MEAT

Venison or Bison

Great lean protein options!
Great for immunity, brain,
and metabolic health

3

FRESH WATER FISH

Keep heart disease at bay
with this high omega-3 fatty
acid protein source. It also
works to lower cortisol.

5

MELONS

A tasty way to keep you
hydrated. Bonus—your
skin will glow!

7

WILD RICE

A great plant-based protein
source to help build muscle.
Wild rice also has 30
times more antioxidants
than white rice to help
protect against disease.

9

TREE NUTS

Wanuts, pecans, hazelnuts,
just to name a few! Many
are high in omega-3 fatty
acids, magnesium, and
phosphorus, making them
a great way to support your
brain and heart health!

11



Wisconsin Partnership Program
UNIVERSITY OF WISCONSIN
SCHOOL OF HISTORY AND PUBLIC HEALTH



MENDING THE
DISCONNECT WITH
FOOD: An Oneida Food
Sovereignty Initiative

920.869.4576 or
920.869.4577
Oneida-nsn.gov

Reconnecting to our ukwehu.wé. food relatives is a great pathway to overall health and wellness.



NOVEMBER Memory Café

NOV. 12, 2025 1:30PM-3:00PM
Main Conference Room at the Oneida Health Center

Memory Café is open to anyone the with early memory loss and other dementia symptoms. Feel free to bring your spouse, friend, family member, or significant other to this fun, comfortable environment. It's a great way to socialize and connect in an understanding stigma-free setting.



Memory Café happens every 2nd Wednesday of the month.

Dec. 10



This month's activity is turkeys.

ONEIDA COMMUNITY HEALTH CENTER **ONEIDA** Comprehensive Health Division 525 Airport Drive Oneida, WI 54155 920-869-4995

Sobriety GAME NIGHTS

LAST MONDAY OF THE MONTH FROM 5PM-8PM
1240 Packerland Dr., #2
Green Bay, WI 54304
(use W. Point Rd. entrance)

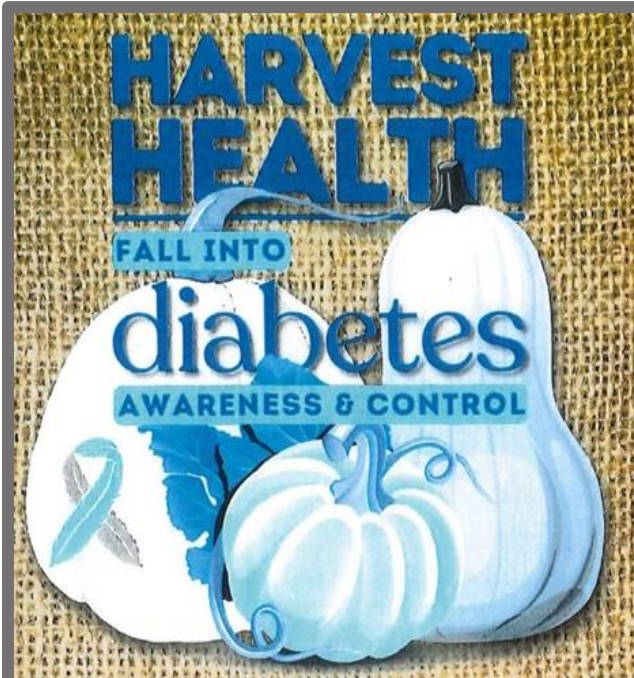
Refreshments, board games, card games, cornhole, giant Jenga and more! Enjoy sober fun and recovery support.

EVERYONE WELCOME
*parents/guardians must supervise their children

For more info call: (920) 490-3950 or email: recoverycoach@oneidanation.org

Healing

doesn't mean
the damage
never existed.
It means
the damage
no longer
controls our
lives.



Guest Speakers:
Steve and Becky Webster from Ukwakhwa

**SATURDAY
NOV 1ST**

**11AM
to
3PM**

**Thornberry
Creek**

Must be 18 or older, present, with photo ID to win. One ticket entry allowed per person.

ATTENTION:

Aging & Disability has a limited number of tickets available for elders

- First come first serve to 25 elders to sign up
- Tickets can be picked up on October 24th @ 9AM
- Please call 920-869-2448 to sign up with reception

ONEIDA FAMILY FITNESS

Class Schedule

SEPTEMBER 29, 2025—JANUARY 3, 2026

Facility Hours

Mon-Thurs 6am-7pm

Friday 6am-6pm

Saturday 7am—NOON

Monday	Tuesday	Wednesday	Thursday	Friday
	6AM GROUP PT (45-60 MIN) Spin Room & Weight Rooms (20 max)	6AM SPIN MIX (30-45 MIN) Spin Room & "Fit Pit" (20 max)		
9 AM LIVELY LOW (30 MIN) Studio A (12 max)		9AM MORNING STRENGTH (30MIN) Studio A (12 max)		9 AM FIT FOR LIFE CIRCUIT (30-45 MIN) Studio A (12 max)
NOON SPIN (45-60 MIN) Spin Room (25 max)	NOON ROCK BOTTOM (45-60 MIN) "Fit Pit" (20 max)	NOON CARDIO BOX (45-60 MIN) Spin Room & "Fit Pit" (20 max)	NOON CARDIO CORE (30-45 MIN) Cardio Room and Studio A (20 max)	NOON FINISHER (45-60 MIN) "Fit Pit" (20 max)
NOON UPPER BODY & CORE (30-45 MIN) "Fit Pit" (20 max)				
5PM GROUP PT (45-60 MIN) Spin Room & Weight Rooms (20 max)	5PM YOGA (30-45 MIN) Yoga Studio (12 max)			

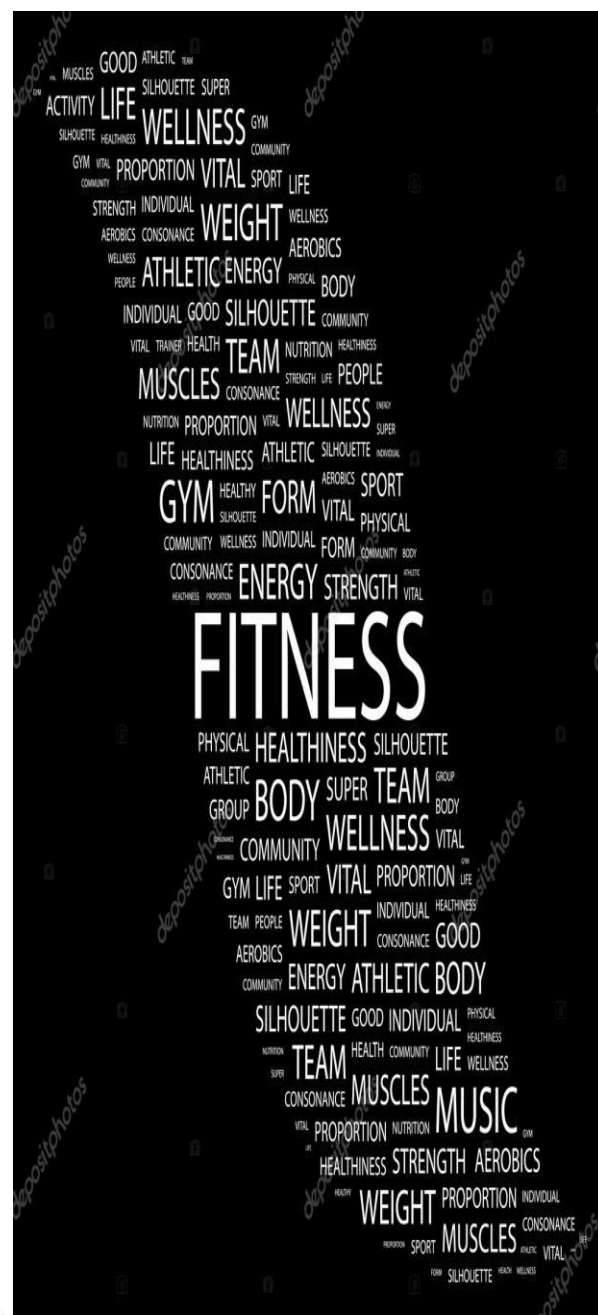
****MUST BE REGISTERED TO ATTEND GROUP FITNESS CLASSES.****



Book now

www.oneida-nsn.gov/resources/fitness OR Call 920-490-3730

***3 No Call/No Shows per month will result in revocation of future class attendance.**



**Register
TODAY!**

ToP facilitation training 2025

shared awareness • shared agreement

Technology of Participation (ToP)

- ☞ Facilitate meaningful discussions and quickly move to next steps
- ☞ Ensure your group's commitment with consensus-based decisions
- ☞ Develop attainable action plans

ToP® facilitation methods invigorate work teams in public, nonprofit, and corporate settings.

Learn participatory, consensus-based decision-making facilitation tools that hold profound respect for and include all voices in the group.

The 3-day Leadership Edition provides ample time to practice each method.

You'll be prepared to facilitate right away.

ToP Facilitation Methods Training Leadership Edition

Nov 18 - 20 2025

8am - 5pm

Presented by
Beverly Scow

Register now at bit.ly/ToP-3-Training

Look for the August course dates in Green Bay, WI

Learn more about Wise Women Gathering Place's **ToP** facilitation services and training at www.WiseWomenGP.org

Training location

Wise Women Gathering Place

1641 Commanche Ave
Events Room (Suite I)
Green Bay WI, 54313



Wise Women Gathering Place



ToP



FOR THE SERVICES CONTACT:

Oneida Aging & Disability Services, 2907 S. Overland Road,
Oneida, WI 54155, 920-869-2448 and ask for the Service Specialist.
Visit us on the Web:

<https://oneidansn.gov/resources/agingdisabilityservices/about/>

Aging & Disability Vision Statement:

To provide home and community-based programs for Elders and those with disabilities. We strive to be a role model for other aging entities.

Aging & Disability Mission Statement:

To assist our elders to maintain an independent, healthy, productive, and quality lifestyle through love, caring, and respect by the services we provide.

SERVICE REQUESTS

Calls taken for the following services:

- Minor Home Repair
- Loan Closet
- Emergency Lifeline
- Grass cutting
- Snow plowing
- Disability Endowment Funds
- Home Chore requests
- Outreach Worker Requests

*Eligibility requirements:

55 plus, with priority is given to 70 plus and/or handicapped and residing within the Oneida Reservation Boundaries.



MINOR HOME REPAIR

To provide assistance of a non-certified handyman with low-cost minor home repair to Oneida elders aged 70 and over that own and are living in their home. The provision of service is dependent upon health and safety concerns. Owners may need to provide cost of materials.

***Eligibility requirements:** 55 plus, with priority is given to 70 plus and/or handicapped and residing within the Oneida Reservation Boundaries.

DISABILITY ENDOWMENT FUND

To assist any aged disabled/handicapped/special needs individuals to alleviate gaps in current programs/services

*Eligibility requirements:

- Proof of disability from SSA or Veterans Office
- Denial letter from other area agencies for the same request
- Copy of Tribal ID
- Proof of residency (current utility bill within last 30 days)
- Estimate of service requested

LOAN CLOSET

To provide loan closet items to Oneida elders and/or spouse who cannot afford items that will assist them in maintaining a more independent lifestyle. Assistive Devices can be borrowed on a temporary basis (if available).

- Loan closet agreement and Waiver of Liability forms must be completed

***Eligibility requirements:** 55 plus Oneida enrolled and residing within Oneida Reservation boundaries.



Up Close and Personal with Aging & Disabilities Own Elder Activity Specialist:



Luwatiya'takenhas (She Helps Them) Crystal Danforth, I'm from the Turtle Clan and I come from the People of the Standing Stone.

1. **Title?** Elder Activity Specialist
2. **What are your responsibilities within your position?** I am responsible for keeping our elders active. I plan all the activities that our elders are allowed to join daily. The activities go from chair sports, crafts, physical exercise, outings, and grocery shopping weekly.
3. **How long you have been working with elders?** With this position I have been here two years, but I started volunteering with the last activity specialist when I had the time starting 2007.
4. **What aspects of your job do you find most fulfilling or rewarding?** The smiles, the joy, the excitement in the elders' eyes when they come to activities. All the laughter they spread around is so uplifting. Hearing all the stories of the time before me and what all they might have been through in their lifetime.
5. **How does your role contribute to the overall success of the organization?** My role is a major part in my eyes because if we keep the elders activate, and healthy this gives them a better chance at living an independent life. Not only are the elders socializing again, but you can also see the fire inside them burning strong.
6. **What motivated you to pursue this career path and what keeps you passionate about it?** I was raised by my gramma Clara (John) Gall, and she taught me how to listen, talk to and respect elders. Especially listening to the elders because there was always a meaning or some kind of message they passed down through their stories.

I have a gift of passion for the older group. I do what I can to help the elders stay active and independent, which gives me a feeling that I am on the right path.
7. **What Skills or experiences have you gained from your current Position that you find most valuable?** I have gained many skills since being in this position. I have gained skills in understanding, painting, crafting, marketing, planning events, and most of all I gained the skill in growing.
8. **Tell us what your hobbies are you enjoy doing?** I am a foster mom, and I am raising my nephew who is 11, I have a 10-month-old and 8-month-old Cane Corso/Huskey puppy. Most all my free time goes to them. Which I love spending time with my little family. I play on leagues darts and corn hole, I love to chill, take hikes, swim, horseback riding, traveling I really love to travel and just spend time with the people that mean the most to me.



NOVEMBER ELDER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 (E.C.R. & Half Books Store) 1) Activity/Game 9:30 am 2) Book Store Afternoon 1:15pm 10 (Outing) Thrift shopping & Lunch Day: 9:30am	4 (E.C.R.) 1) Coloring 10:30am 2) Susan Majeski: 1:30pm	5 (Meal Site) 1) Exercise: Chair Exercise/walk-10:30am 2) Bingo 1:30pm	6 (E.C.R.) 1) Crafts Day at: 10:30am & 1:15pm	7 (Woodman's) (9:45am Start Shuttle Pickup 10 Max) Bank, store, lunch, OCHC, Rummages
10 (Outing) Thrift shopping & Lunch Day: 9:30am	11 CLOSED Veterans Day	12 (Meal site & TBD) 1) Chair Exercise/walk-10:30am Memory Café day 1:00pm	13 (Meal Site) 1) 1) Activity/Game 9:30 am 2) Badminton: 1:30pm	14 (Meijer's) (9:45am Start Shuttle Pickup 10 Max) Bank, store, lunch, OCHC, Rummages World Diabetes Day
17 (Outing) Amish Store and lunch-9:30am	18 E.C.R. & Meal Site) 1) Coloring 10:30am 2) Chair Volleyball: 1:30pm	19 (Meal Site & E.C.R.) 1) Exercise: Chair Exercise/walk-10:30am 2) Susan Majeski: 1:30pm	20 (E.C.R.) 1) Gary W/making poetry with words activity 10:30am 2) Caregiver Event 1:00pm	21 (Walmart De Pere) (9:45am Start Shuttle Pickup 10 Max) Bank, store, lunch, OCHC, Rummages
24 (Outing) Outing to Sheboygan Discount Warehouse-8:45am	25 (Bay Park Square) 1) Movie Theater Day Morning -TBD ONCOA MEETING 1:00pm	26 (Meal Site) 1) Exercise: Chair Exercise/walk-10:30am 2) Bingo 1:30pm	27 CLOSED	28 CLOSED
TOUCHDOWNS TURKEY AND PIC ON MY				

****Activities are subject to change if necessary * ACTIVITIES FOR ELDERS 55 & OLDER * INFORMATION ABOUT EACH ACTIVITY IS LOCATED IN THE ACTIVITY BINDER FOUND AT THE MEAL SITE OF AJNH ** ALL ONCOA MEETINGS WILL BE HELD IN THE ELDER CONFERENCE ROOM @ Aging & Disability STARTING AT 1:00PM. OPEN TO ALL ELDERS **** ****Contact Luwatya'takenhas Crystal Danforth If you have any questions: 920-869-2448 Ext: 6831 or Cdanf013@oneidanation.org****

November Menu 2025

Meals are served 12:00-12:30 PM

Menus are subject to change due to availability

Choice of low-fat milk (11 gm) or Lactose-free milk (13 gm) for each meal

Call Oneida Aging & Disability (920) 869- 2448

Monday- Friday 8:00 AM- 4:00 PM to reserve your meal

Monday	Tuesday	Wednesday	Thursday	Friday
3 Homemade Chicken Pot Pie chicken, mixed vegetables, diced potatoes (8 gm) WG Biscuit (27 gm) Seasoned Carrots Applesauce (15 gm) Raw vegetables	4 Homemade Meatloaf from Oneida Beef & Bison Cheesy Potatoes (15 gm) Herb Seasoned Green Beans WG Dinner Roll (10 gm) Fresh Fruit (15 gm)	5 Sloppy Joes made with Oneida Beef WG Bun (22 gm) Herb Seasoned Corn (15 gm) Creamy Sliced Cucumbers SF Fruit Gelatin (10 gm)	6 Italian Sausage/ w/sauerkraut Boiled Potatoes (15 gm) Herb-spiced broccoli, cauliflower, and carrots Mandarin Oranges (15 gm) WG Dinner Roll (10 gm)	7 Fish Patty on WG Bun (22 gm) Wild Rice Pilaf (15 gm) Seasoned Peas (5 gm) Coleslaw Fruit Cocktail (15 gram)
10 Sweet BBQ Ray's Shredded Chicken (3 gm) Whole Wheat Bun (22 gm) Coleslaw Seasoned Mixed Veg (10 gm) Applesauce (15 gm)	11 Closed Veteran's Day 	12 Minestrone Soup Turkey & Swiss WG bun (22 gm) Diced Peaches (15 gm) SF Fruited Gelatin (10 gm) Crackers (8 gm)	13 Homemade Chili made with Oneida Beef (10 gm) LS Ham & Cheddar on a WG bun (22 gm) Fresh Fruit (15 gm) Crackers (8 gram)	14 Chicken Fajitas Green, yellow, and red peppers Garden Salad Black beans w/ WG rice (20 gm) Tortilla shell (12 gm) Diced Pears (15 gm)
17 Low sodium Ham Slice Creamy Scalloped Potatoes (20 gm) Seasoned Green Beans WG Dinner Roll (10 gm) Applesauce (15 gm)	18 Split Pea & Ham Soup (5gm) Ham & Swiss WG bun (22 gm) Coleslaw (3 gm) Fresh Fruit (15 gm) Crackers (8 gm)	19 Baked Pasta (20 gm) Seasoned Carrots String Cheese WG Breadstick (10 gm) SF Fruit Gelatin (10 gm) Pineapple Tibbits (15 gm)	20 Creamy Swedish Meatballs Noodles (20 gm) Herb seasoned Broccoli Cook's choice vegetable WG Dinner Roll (10 gm) Mandarin Oranges (15 gm)	21 Pizza- congregate Chicken Booyah (7 gm) WG biscuit (27 gm) Chef Salad Fruit Cocktail (15 gm)
24 Oneida Beef & Bison Taco WG Tortilla shell (14 gm) Lettuce, tomato, cheese Refried Beans (16 gm) Spanish Rice (12 gm) Applesauce (15 gm)	25 Homemade Meat Sauce from Oneida Beef Spaghetti noodles (15 gm) Mixed Vegetables (10 gm) Raw vegetables WG Breadstick (10 gm) Fresh Fruit (15 gm)	26 Oven Roasted Turkey Mashed Potatoes (15 gm) Squash (15 gm) WG Dinner Roll (10 gm) Diced Peaches (15 gm) Pumpkin Cookie (15 gm)	27 Closed Thanksgiving 	28 Closed Oneida Code Talkers Day

TAKE A NOURISING STEP – INCREASE FIBER

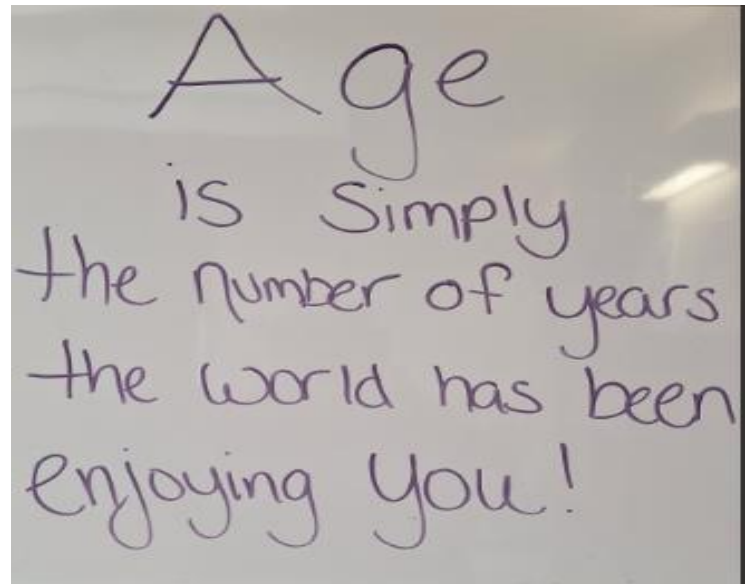
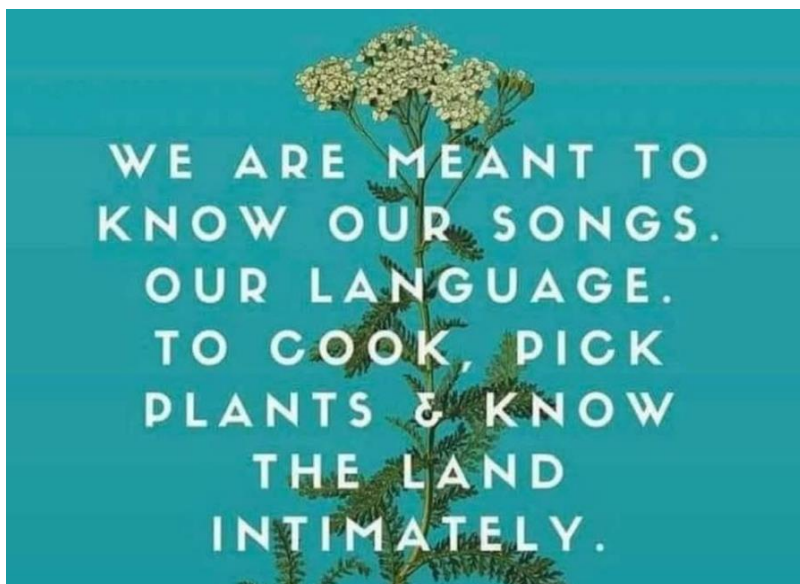
FIBER

- Key component to digestive health. It helps keep you full and regular in the bathroom
- Research indicates that high fiber intake is associated with lower risk of cardiovascular disease, Type 2 Diabetes, cancer and other chronic conditions.
- 20-30 g recommended daily
- If you currently do not take in a lot of fiber start slow. If you eat too much fiber too fast it can cause intestinal gas, cramping, diarrhea, and bloating.
- As you increase your fiber remember to increase water. Fiber can make your stool bulky but needs water to help move along the gastrointestinal tract.

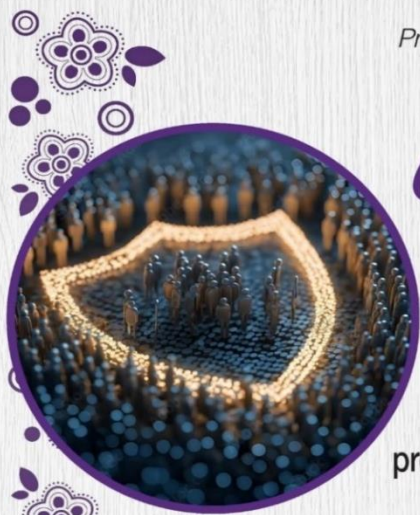


Choose Foods High in Fiber

FOODS	SERVING SIZE	AMOUNT FIBER IN GRAMS
Lentils, boiled	1 cup	18 grams
Split peas, boiled	1 cup	16 grams
Black beans, canned unsalted	1 cup	15 grams
Raspberries	1 cup	8 grams
Blackberries	1 cup	7.5 grams
Pear	Medium	6 grams
Whole wheat pasta, cooked	1 cup	5 grams
Oats, cooked	1 cup	5 grams
Broccoli	1 cup	5 grams



Presented by Mark W. Powless,
Chief Executive Officer



Community Meal & Discussion

Discuss efforts to
promote pride and protection
of our Oneida community.

Discussion Topic:
Oneida Reservation Crime Reporting

Thursday, October 9th, 2025

Norbert Hill Center Cafeteria

5:30-7:00 PM



Enter in the lower parking lot at the cafeteria door
Food provided by the Oneida Cannery

Food Smarts

Join Me for an hour of fun conversation
and laughter on how we can
incorporate healthy habits.

WHEN: Tuesday November 11, 9:30-
10:30

WHERE: Oneida Food Distribution
Kitchen

RSVP: Tonya Laurent by

Email tlaurent@oneidanation.org

Or text (920) 256-0262

With name and number of participants



Notes to myself:

1. Stop spending more money to get free shipping.
2. Your coffee is still in the microwave.
3. Don't throw the box with the directions away until it's 100% done.
4. Glasses are on top of your head.
5. Wearing headphones does not make your farts silent.
6. Just because it pops in your head doesn't mean it should come out of your mouth.
7. Don't use your phone as a flashlight to look for your phone.
8. You're never going to remember to do that thing later. Do it now.



IMPORTANT ANNOUNCEMENT

Please note, Oneida Conservation
& Land Department CANNOT
accept credit card payments until
further notice.

For more information

Call 920-869-6500



Discovery[®] Dating

*It's not just
about dating!*

A healthy decision-making & healthy
relationship skill-building curriculum

Facilitator Training

December 2-5, 2025
8am - 5pm * Final day ends at 12pm



Course fee \$895 (includes manual)

Register Today - bit.ly/DDFTreg

Training location

Wise Women Gathering Place

1641 Commanche Ave, Suite I, Green Bay, Wis. 54313

This training is for:
Service Providers, Advocates, Teachers,
Parents, Mentors... **Everyone can benefit!**

Learn more at

WiseWomenGP.org/Discovery-Dating

Learn through hands-on
training to facilitate self-
discovery and informed
decision-making skills that
build healthy relationships
in all areas of life.

Facilitate Discovery Dating
in any setting, with any
audience

Youth • Adults ♦ Elders

Prevention • Intervention

Groups ✕ Individuals

Classrooms

All learning styles & cultures

Book: "The People of the Standing Stone" By K. M. Tiro

Oneida Land Claims Commission

Book Club
Tuesday,

Oct 14, 28
Nov 11, 25
5pm-7pm

Chapter 6 / 7

Let's talk History,
Rights, Treaties,
and Oneida Land
Claims

Where:
Norbert Hill
Center Cafeteria

Books provided
Pick up at NHC
Front Office

Food and Light
Refreshments

N7210 Seminary
Rd. Oneida, WI
54155

Meet the Land
Claims
Commission



OLCC Ofc: 920-869-4432

ONEIDA

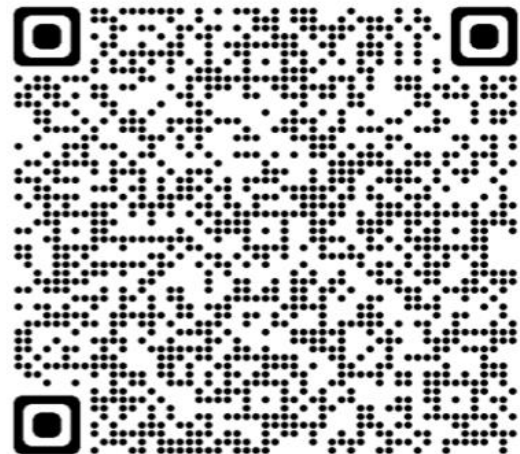
Oneida-nsn.gov/OLCC



Historical Overview

Overview of the Oneida Land Claims

by
Attny Arlinda
Locklear



AZ State University

<https://youtu.be/Z7sxP2Dg5gk>





LEADERSHIP
SUMMIT

PANELIST *Spotlight*

Tehassi Tasi Hill, serving his third term as Chairman of the Oneida Nation, joins us as part of our Opening Conversation and as a panelist for the Leadership Legacy & Succession panel. A dedicated leader committed to sovereignty, sustainability, and cultural preservation, Chairman Hill continues to guide efforts that protect the environment and strengthen Oneida language, heritage, and community for generations to come.

NOVEMBER 3, 2025

MADISON CONCOURSE HOTEL & GOVERNOR'S CLUB
REGISTER AT WWW.365LEADERSHIPSUMMIT.ORG



TEHASSI TASI HILL
Panelist

ANYONE CAN FIND
THE DIRT IN SOMEONE.
BE THE ONE WHO
FINDS THE GOLD.

tinybuddha.com

JUST MOVE IT ONEIDA

TURKEY TROT
WEDNESDAY, NOVEMBER 19TH | 4-6PM

ONEIDA NATION ELEMENTARY SCHOOL
N7125 SEMINARY RD. ONEIDA, WI 54155

WHILE SUPPLIES LAST
RECHARGEABLE FLASHLIGHTS
SOUP, SNACKS, & WATER

EXERCISE BINGO
5PM

CONTACT HANNA FOR MORE INFORMATION:
920-490-3927
HLEISGAN@ONEIDANATION.ORG
JUSTMOVEIT ONEIDA

MINDFUL AGING

Every other Monday

11:00am

Upcoming dates:
November 3 & 17

Call us to
register!



We invite the wonderful
community members aged 55
and up to join us for a new
program where we'll explore
mindfulness and aging
in today's world.

Some weekly activities include:
Meditation, Chair Yoga,
Journaling, & more. We'll have
some great insights to share
along with tasty snacks to enjoy.

Oneida Community Library
201 Elm St. Oneida, WI 54155
P: 920.869.2210



STORY- MAKING CLUB

A club for writers of all skills and kinds!

Join us in November to
discuss writing good
dialogue in a story!



November 3rd and 17th
@4:30pm
In person and virtual
(Discord)



Want to keep up
to date? Join the
Story-Making Club
Discord!



Oneida Community Library
201 Elm St, Oneida, WI 54155
920-869-2210



ONEIDA COMMUNITY LIBRARY YOGA AT THE LIBRARY With Patti Schevers

Oct. 16 and Nov. 20
@11:30am

*No experience necessary, beginners
and all abilities welcome.
No need to bring a mat.
Comfortable clothing is recommended.*

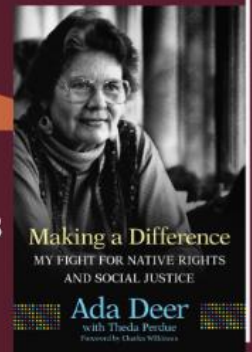


BOOK CLUB

Oneida Community Library



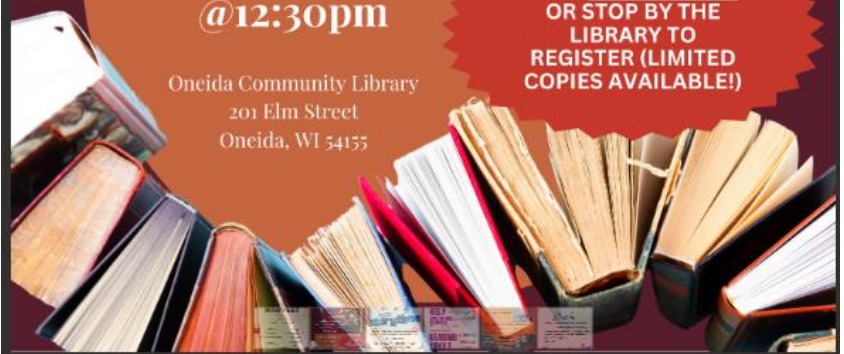
**Making a Difference:
My Fight for Native Rights
and Social Justice
by Ada Deer**



Oct. 16 and Nov. 20
@12:30pm

Oneida Community Library
201 Elm Street
Oneida, WI 54155

**CALL 920-869-2210
OR STOP BY THE
LIBRARY TO
REGISTER (LIMITED
COPIES AVAILABLE!)**



Birthday Celebration for the elders AND Staff of Aging n Disability



Elders along with Aging and Disability staff Birthday celebrations will be held every 3 months in the Aging & Disability main conference room with games/prizes, cake and snacks.

October, November, & December to be held on **November 20th, 1:00 PM to 2:00 PM, Elder Conf Room**

Please sign up on the birthday sheet (located a meal site desk), your birthday Month and Day, (year if you choose to). Yaw^ko! Elder Activity Specialist, Luwatiya'takenhas Crystal Danforth

Here is the list of the elders that have birthdays in November

Kevin Doxtator
Noreeen Smith

Pam Jordan
Rosalind Heinz

Brandie Neja
Shirley Wolf

Feel free to check the Aging and Disability website anytime for prior year DRUMS issues that include DOB lists.

<https://oneida-nsn.gov/divisions/humanservices/agingdisabilityservices/DRUMS>

Heartfelt condolences and loving memories to all those who have lost a loved one.



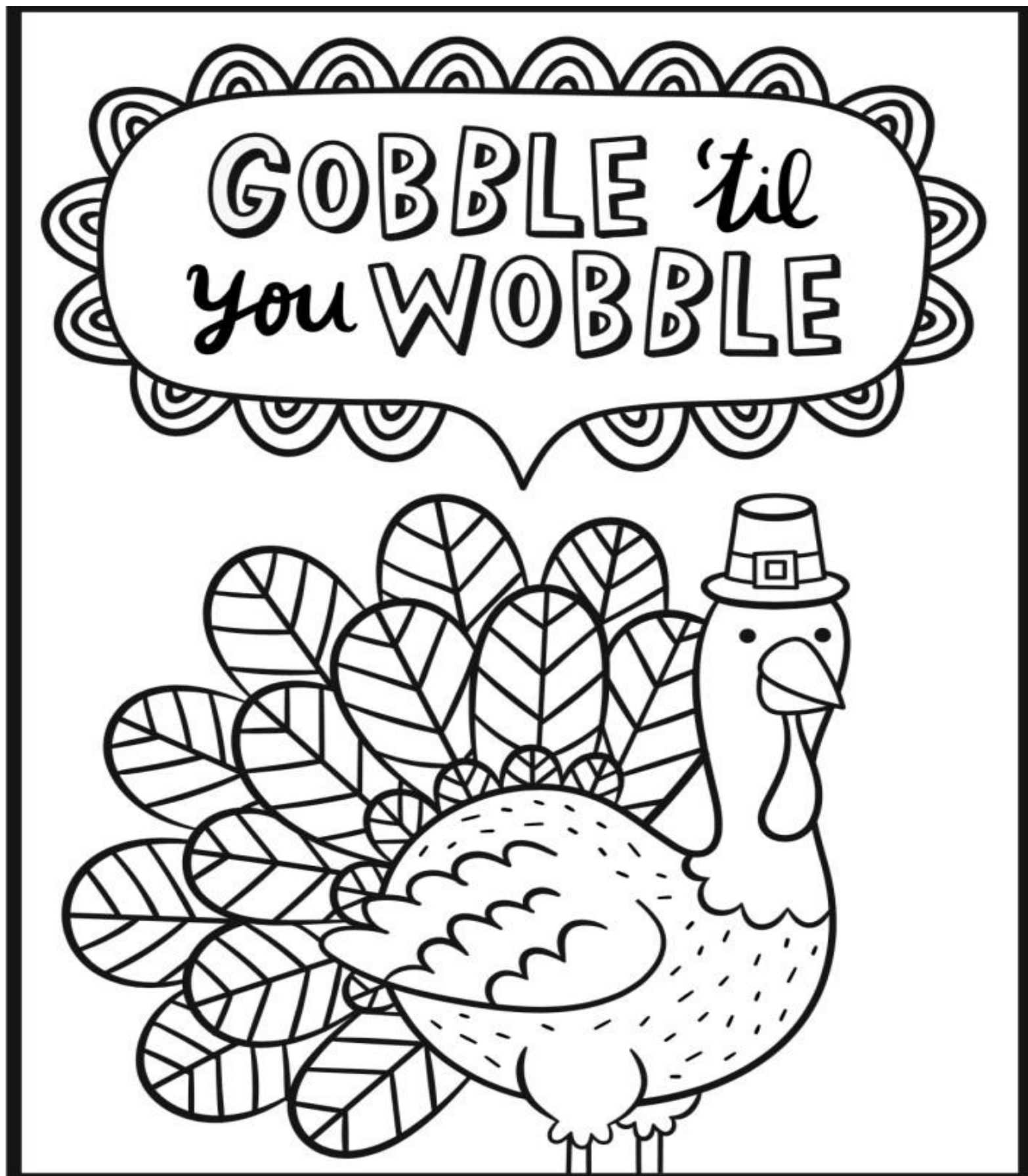
Four medicines: Tobacco, Sage, Sweetgrass, Cedar

When someone you love becomes a memory, that memory becomes a treasure.

Check out the Kalihwisaks for obituary detail at

<https://oneida.nsn.gov/resources/kalihwisaks>.

Coloring Monthly Contest: Bring your colored picture to the Oneida Aging and Disability Congregate Meal Site and feel free to cut out and decorate. Loretta Mencheski will post on the Congregate Meal Site doors, and we will have a monthly contest. Drawing is to be held on the last Wednesday of each month. Have fun and good luck! Please remember to put your full name and contact info (phone and/or email) on the back of the picture. As of DECEMBER, you will need to be present to win. Thank you all for your support and the best of everything to you all.





NOVEMBER

Word Search



Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.

AUTUMN
BLACK FRIDAY
CHRYSANTHEMUMS
CINNAMON
CORNUCOPIA
CRANBERRY
CYBER MONDAY
DAYLIGHT SAVING
ELECTION
FAMILY
FIREPLACE
FOOTBALL
FRIENDSGIVING
GRATITUDE
HARVEST
HOT CIDER
NATIVE AMERICANS

R	N	Q	S	E	O	T	A	T	O	P	D	E	H	S	A	M	M	C	H
F	C	O	S	W	E	A	T	E	R	S	W	B	P	C	H	D	R	N	E
Z	O	S	I	Y	A	D	N	O	M	R	E	B	Y	C	Y	A	S	C	N
R	R	J	C	T	S	T	U	F	F	I	N	G	K	A	N	M	A	R	M
S	N	F	Y	A	C	K	N	N	N	L	M	R	D	B	I	L	G	N	B
C	U	R	L	L	R	E	Z	T	R	X	F	I	E	R	P	T	N	M	F
O	C	B	I	Q	H	V	L	Q	X	C	R	R	G	E	O	M	I	U	R
R	O	V	M	H	F	W	E	E	R	F	R	L	R	P	D	E	V	T	I
P	P	T	A	W	T	H	L	S	K	Y	I	I	A	Y	L	I	I	U	E
I	I	L	F	D	A	X	T	C	D	P	F	Z	K	Q	M	P	G	A	N
O	A	C	H	R	Y	S	A	N	T	H	E	M	U	M	S	N	S	Z	D
R	T	D	V	R	J	L	C	B	Z	F	V	R	Y	T	G	A	K	W	S
P	N	E	G	L	B	R	M	N	N	G	O	C	E	L	Y	C	N	J	G
R	S	E	D	U	T	I	T	A	R	G	Y	O	I	D	K	E	A	M	I
T	T	F	C	L	P	V	M	W	M	N	C	E	T	N	I	P	H	M	V
S	W	E	E	T	P	O	T	A	T	O	E	S	K	B	N	C	T	X	I
D	A	Y	L	I	G	H	T	S	A	V	I	N	G	R	A	A	T	T	N
T	N	Y	A	D	S	N	A	R	E	T	E	V	G	B	U	L	M	O	G
R	T	P	U	M	P	K	I	N	P	I	E	B	T	B	K	T	L	O	H
N	A	T	I	V	E	A	M	E	R	I	C	A	N	S	T	B	V	F	N

STUFFING

SWEATERS

SWEET POTATOES

THANKSGIVING

TOPAZ

TURKEY

VETERANS DAY

PECAN PIE
PILGRIMS
POTATOES
PUMPKIN PIE
SCARVES
SCORPIO

