

# HARVEST HEALTH

FALL INTO

# diabetes

AWARENESS & CONTROL



## Guest Speakers:

Steve and Becky Webster from Ukwakhwa

**SATURDAY  
NOV 1<sup>ST</sup>**

**11AM  
to  
3PM**

**Thornberry  
Creek**

### TICKETS:

Tickets available in the Nutrition office at OCHC or at these locations until sold out:

OCHC Clinic Lobby:

- Wed Oct 1<sup>st</sup> 10a-1p
- Tues Oct 7<sup>th</sup> 3p-5p
- Wed Oct 8<sup>th</sup> 10a-1p
- Wed Oct 15<sup>th</sup> 10a-1p

Just Move It Oneida @ ONES:

- Sat Oct 18<sup>th</sup> 9a-11a

Flu Clinic @ ONES:

- Wed Oct 22<sup>nd</sup> 3:30p-5:30p

**SALES  
BEGIN  
Oct 1<sup>st</sup>**

**\$5  
CASH  
ONLY**

**Limited  
Ticket  
Availability**

Must be 18 or older, present, with photo ID to win. One ticket entry allowed per person.

Presented by:  
Oneida Comprehensive  
Health Division and SDPI

