

DRUMS ACROSS ONEIDA



September



Yeyathókwas Wahní·tale? (Harvesting Moon, 9th new moon) Aug 22
Yutékhwayahé? Wahní·tale? (Storing Away Moon, 10th new moon) Sep 21

Recent discussions from ONCOA meetings

- **Commissioner Behavior Expectations** in a meeting, from our current ONCOA by-laws: Start on time. Speak in positive terms, Show respect for each other and their ideas. Listen. Turn off cell phones during meetings. The facilitator will acknowledge the right to speak. One person speaks at a time. Avoid side conversations. Stay focused.
- Discuss Community Health Nursing and Case Management, Brenda Haen. Very informative and eye-opening presentation and discussion.
- Accept Elder Law update Sponsor: Grace Elliott, Legislative Staff Attorney F.
- Discuss American Indian Elders Conference
- Discuss next steps for a Joint Meeting with OBC
- Introduction – Breanna Phillips – Tribal Aging and Disability Caregiver Prevention Supervisor
- Introduction – Carol Bogda – Tribal Aging and Disability Resource Specialist
- Discuss assisting with the Elder Abuse Conference
- Update to Strategic Plan work meeting held and needs continuation.
- FYI: Great Lakes Native American Elders Association (GLNEA) Events
 - September 2-3, 2025, Bad River, WI and December 3-4, 2025, Red Cliff, WI
- American Indian Elders Conference 1. September 29 – October 3, 2025, Durant, Oklahoma
- All events have up to 3 Commissioners attending.
- August 12 no quorum, no official meeting, however held a conversation session with elders that attended. We talked mostly about the concerns regarding the activities and meal site pages requesting elder signature. Also new CEO James Petijean asked for input on the Oneida One Stops.
- **SEPTEMBER ONCOA MEETINGS ARE Sept 12 and Sept 26. HOPE TO SEE YOU THERE!**

CONTACT INFORMATION

ONCOA phone: ~~920-770-8313~~ Amber Martinez, ONCOA Recording Secretary phone **920-869-4372.**

ONCOA Main email: oncoa@oneidanation.org

ONCOA website: <https://oneida-nsn.gov/government/boards-committees-and-commissions/elected/#Oneida-Nation-Commission-on-Aging>

Drums Main Email: drumsacrossoneida@oneidanation.org

Oneida Aging and Disability Services (OA&DS) Main and emergency phone number: 920-869-2448

Oneida Aging and Disability website: <https://oneida-nsn.gov/resources/agingdisabilityservices>

Aging and Disability **Facebook:** Oneida Aging & Disability Services

OA&DS Main email: OneidaAging_info@oneidanation.org (requests/concerns/ideas email here)


NOTICE: By popular demand we will be making changes to the DRUMS DISTRIBUTION. **As of the November DRUMS we will be sending to 65 and older vs. 55 and older.** A variety of thoughts brought us to this decision.

- Age 55 to 65 are mostly working, have computer access and/or feel confident using a computer. Having DRUMS sent to this group of people is a duplicate service. People have contacted us and stated they don't need a copy because they can find it online.
- Much of the information is sent through the Oneida Communication email. If you work for the Oneida Tribe, you will get the individual announcements, plus the DRUMS is sent through the same email.
- DRUMS is also posted on the Aging and Disability website and Facebook page.
- Some elders just do not want to admit they are old enough to get this. Completely understandable.
- Additional copies of the DRUMS are sent to the CEC (Community Education Center), Economic Support, Congregate Meal site and SEOTS. Feel free to pick one up at any time.
- Finally, it will cost savings. As of August, we have about 1500 for the 55 and older and only about 800 for the 65 and older.

What can Oneida Nation Child Support do differently than County Child Support Agencies?

1. Oneida does not charge interest on arrears. (Arrears accrued prior to case transfer are still owed).
2. Oneida does not charge an annual receipt and disbursement fee.
3. Oneida case managers have smaller caseloads than state case managers.
4. Oneida reviews child support cases every 2 years and not every 3 years as the states.
5. Oneida can offer families the option of child support including non-cash payments or in-kind support.

The Oneida Nation Child Support Agency is dedicated to providing the highest degree of customer service to ensure the financial and emotional well-being of Oneida children is met.

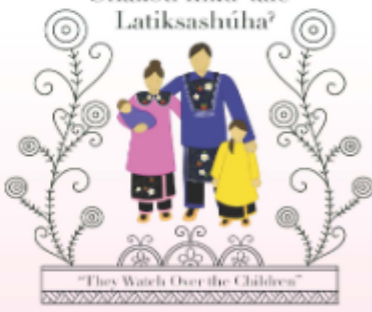


ONEIDA NATION CHILD SUPPORT AGENCY

CO-PARENTING ESSENTIALS

Strategies for Effective Co-Parenting.

Shakoti'nikú lale'
Latiksashúha?



"They Watch Over the Children"

MONTHLY SESSIONS:

2ND MONDAY 9:30AM-11:30AM
**limited child care available upon request for AM session

4TH MONDAY 3:00PM-5:00PM

VIRTUAL WORKSHOP AVAILABLE UPON REQUEST

LOCATION:
Ka'nikuhli-yó Family Center
2640 West Point Rd.,
Green Bay


REQUIREMENTS:
Need to be a participant of the Oneida Nation Child Support Agency. Please contact us if you are not sure.

HOW OFTEN DO I ATTEND?
This is not an ongoing workshop. Complete in one attendance.

OTHER INFORMATION:
You may attend with your co-parent or on your own.
Free gift & certificate upon completion.

TO REGISTER:

920-490-3700 (option 1)
kponton@oneidanation.org



Finding Moments of Joy



Tribal Caregiver Conference



Showing love & support
for the Caregivers in your life

Love is the light
Through Which we Find
Joy and Happiness

Presented By:

Wisconsin's Tribal Dementia Care Specialists

September 16-17, 2025

Guest Speakers

Panel Discussion

Raffles/Door Prizes

Vendors

REGISTRATION

OPTIONS

**VIRTUAL ATTENDANCE
AVAILABLE**



ONEIDA



We respectfully request no children at this event to ensure all parties can fully engage. Your cooperation is greatly appreciated



RCAW

Respite Care Association
of Wisconsin

www.respitecarewi.org

This event was supported by
the Respite Care Association
of Wisconsin (RCAW) through
a Group Respite Grant.

Free Onsite Respite, to enroll please contact Debra Miller @ (920)869-4854

Room Block "3rd Annual Tribal Dementia Caregiver Conference"

Link: [3rd Annual Tribal Dementia Caregiver Conference](#)

Group ID- 1267

Password- 25072957

Oneida Hotel
2020 Airport Drive
Green Bay, WI 54313

FORGET  ME NOT
FUND INC.



If you or someone you know has been impacted by dementia, this is the conference for you.



2025 Healthy Living with Mild Cognitive Impairment (MCI) Education Series

A free quarterly support and education series about brain health and living well with MCI

Cognitive Testing and Brain Imaging Explained

September 12

9:30–11:30 a.m.

Guest: Victoria Williams, PhD

Participants will learn how doctors use cognitive tests and brain scans to understand changes in memory and thinking, why these changes might be happening and how these tests can help find answers.

Register to attend the program in person at one of eight locations across Wisconsin. Or, participate from anywhere, live online via Zoom.

Free and open to all.



Register to attend in Oneida by contacting Shendola Flores at 920-869-4995.

Address:
Oneida Community
Health Center

525 Airport Drive
Hobart, WI 54155



About the Series:

Healthy Living with Mild Cognitive Impairment (MCI) offers attendees guidance and science-backed strategies for living and coping with memory and thinking changes.

Join **Nathaniel Chin, MD**, and **Jennifer McAlister, BA**, from the Wisconsin Alzheimer's Disease Research Center, and guest speakers, to learn more about Mild Cognitive Impairment (MCI). Each program will end with a Q&A session.

Questions?

Contact the Wisconsin ADRC at 608-265-0407 or adrc@medicine.wisc.edu

Presented by:



Wisconsin Alzheimer's Disease Research Center

UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH

Community Partners:



Aging and Disability Resource Center

Your Bridge to Support



ONEIDA

The ADRCs of Brown, Dane, Dodge, Grant, Green, La Crosse, and Rock counties and the Oneida Nation are committed to unbiased service and cannot endorse nor recommend any organization, product, or service.

SCAMS AND FRAUD PRESENTATION

Join us for a presentation from the Social Security Administration about preventing fraud and scams that target elderly populations!



SEPTEMBER 10TH 2025

1:30pm to 2:30pm
2907 S Overland Rd. Elder Services Conf. Room

KATHRYN SEVILLA

CLAIMS REPRESENTATIVE FROM SSA

EVENT TOPICS

- Vulnerable Adult Abuse
- What is Identity Theft
- Preventing Identity Theft
- Action Steps for Victims of Theft
- Credit Bureaus
- SSA and Fraud
- Questions/Discussions

Please contact Patricia Harms for more information:
920-869-6839 or pharms2@oneidanation.org

SCAMS AND FRAUD PRESENTATION AT AGING AND DISABILITY September 10th, 2025. Presentation by Social Security Administration

Book: "The People of the Standing Stone" By K. M. Tiro

Oneida Land Claims Commission

Book Club

Tuesday,
**Aug 12 & 26,
Sep 9 & 23,
2025
5pm-7pm**

Let's talk History, Rights, Treaties, and Oneida Land Claims

Where:
Norbert Hill Center Cafeteria

Books provided
Pick up at NHC Front Office

N7210 Seminary Rd. Oneida, WI 54155

Food and Light Refreshments

Meet the Land Claims Commission



OLCC Ofc: 920-869-4432

ONEIDA

Oneida-nsn.gov/OLCC

Culture is Prevention - Vaping Prevention

The art below was created by youth in the community



August 11, 2025 – Paige Dwork and Peggy Helm-Quest

In the 2022 Oneida Community Health Survey, 14% of respondents reported using commercial tobacco/vape products. During the OCHD 2025 Health and Wellness Expo, community input emphasized the need for education and early intervention, leveraging social media, creating support programs, and improving access to resources.

The commercial tobacco industry has a troubling history of targeting Native Americans with deceptive marketing strategies. With enticing flavors and sleek devices, vaping has become alarmingly appealing, particularly to youth and as an alternative to current smokers. However, we must take a stand against this trend, as vaping use can have severe health consequences for people of all ages. Now is the time to help protect the health and well-being of our entire community.

When it comes to your health, there's no room for compromise. Vapes contain harmful substances like propylene glycol, formaldehyde, and heavy metals that may affect respiratory function, cause cancer, and may exacerbate chronic conditions. But the dangers don't stop here, as most vapes contain nicotine—a very addictive substance with well-documented health risks. Nicotine use in elders can impact cognitive abilities, cardiovascular and respiratory function, and can worsen diabetes and osteoporosis. The CDC warns that nicotine is toxic to developing fetuses and can cause long-lasting learning, memory, attention, behavior, and other brain development problems, including dangers to youth mental health.

Let's break the cycle and support each other in making healthier choices for you and your family. If you or someone you know is struggling with commercial tobacco/vape addiction, below is a listing of some phone and texting resources to share with family, friends, and young people, as it can make a difference. Taking action is crucial—not only for your health, but also for the well-being of the next generations.

Remember, the federal law on tobacco sales is clear, and Wisconsin follows this law: it's illegal to sell commercial tobacco/vape products to anyone under the age of 21. Please do not buy, provide, or give these commercial tobacco/vape products to our youth.

For questions, please reach out to the Community Health Services Department at 920-869-4840, or check out these **Resources** below.

Smokefree TXT for Teens Text "QUIT" to 47848	Wisconsin Tobacco Quit Line Call 1-800-QUIT-NOW or Text "READY" to 34191	SAMHSA's National Helpline Call 1-800-662-HELP (4357)
American Indian QUITLINE-WIS. Call 1-888-7AI-QUIT	SmokefreeNative Text "NATIVE" to 47848	Live Vape Free 13-26 years Text "VAPEFREE" to 873373

★ 2025 ★
CELEBRATING



VETERANS

PRESENTING WITH UNITY

We invite all Veterans, and the family members of all veterans and active military in our community for a gathering in honor of their brave service.

ALL VETERANS PLEASE RSVP BY WEDNESDAY SEPT 10TH BY CALLING (920)869-6830 OR (920)869-6828

SEPT
15
2025

2980 E. SERVICE
RD, ONEIDA, WI
54155

LIGHT SNACK AND DRINKS

WILL BE SERVED!

MON
10:00
A.M.

TIME LENGTH
DEPENDS ON
NUMBER OF
ATTENDEES



May your day
be filled with
magic and may
you not be too
busy to see it.

@littlepinelearners



JUST MOVE IT ONEIDA

DIABETES DASH

Wednesday, September 17th from 4-6pm
Oneida Nation Elementary School
N7125 Seminary Rd, Oneida, WI 54155

Giveaways:

- Soup, buffalo sticks, & water.
- Surprise goodie from the Diabetes Team.

Activities:

- Walk inside or outside the school.
- Low impact exercise class at 5pm with Amanda.
- Free diabetes prevention education.

Contact Hanna for more information:
920-490-3927

hleisgan@oneidanation.org

JustMoveIt Oneida



ONEIDA

Comprehensive Health Division

08/01/25

Oneida Recovery Nest's Third Anniversary

JOIN US FOR FOOD, FELLOWSHIP, RESOURCE
TABLES AND THE MOVIE *BEN IS BACK*

MONDAY,
SEPTEMBER 22,
2025

10:00 AM TO 3:00 PM

ONEIDA RECOVERY NEST, #2
1240 PACKERLAND DRIVE
GREEN BAY, WI 54304

*PARKING CAN BE FOUND AT THE BOTTOM OF THE HILL

FOR MORE INFORMATION CONTACT THE RECOVERY NEST
AT (920) 490-3950 OR
RECOVERYCOACH@ONEIDANATION.ORG



FOOD SMARTS

TUESDAY SEPTEMBER 9, 2025 | 9:30

ONEIDA FOOD DISTRIBUTION CENTER KITCHEN

Join Uw-Extension FoodWise and Oneida Food Distribution Center for an engaging hour of discussion about eating smart and saving money. We will be making a great snack recipe!

RSVP:

Reserve your spot by contacting Tonya Laurent at tlarent@oneidanation.org or texting (920)256-0262. With your name, phone number, and the number of attendees.

7 BENEFITS OF VOLUNTEERING

1. Reduces Stress
2. Combats Depression
3. Prevents Feelings of Isolation
4. Increases Confidence
5. Gives a Sense of Purpose
6. Ignites Passion
7. Makes You Happy



SEPTEMBER Memory Café

SEPT. 10, 2025 1:30PM-3:00PM

Main Conference Room at the Oneida Health Center

Memory Café is open to anyone the with early memory loss and other dementia symptoms. Feel free to bring your spouse, friend, family member, or significant other to this fun, comfortable environment. It's a great way to socialize and connect in an understanding stigma-free setting.

Memory Café happens every 2nd Wednesday of the month.

Oct. 8, Nov. 12, Dec. 10

This month's activity is wind socks.



ONEIDA COMMUNITY
HEALTH CENTER

ONEIDA
Comprehensive Health Division

525 Airport Drive
Oneida, WI 54155
920-869-4995

Do you have any concerns or suggestions that ONCOA could help with?



Please complete this form so we can contact you and set up an appointment.

You can:

- Give this form to any ONCOA member
- Send this in an email or regular mail
- Use the QR code below.

ONCOA contact: 920-869-4372, P. O. Box 365, Oneida, WI 54155

ONCOA Main email: oncoa@oneidanation.org

Name: _____

Phone Number: _____

Email Address: _____

Concern or suggestion:

ECONOMIC SUPPORT SERVICES

Essential Services to Build
Our Community:
A Quick Guide



Child Care Services

Supports families by providing quality child care through several services, including:

- Wisconsin Shares Child Care Subsidy for childcare costs
- Child Care Developmental Fund (CCDF) for childcare costs
- The Ka'ni Kuhl'i:yo Children's Center



Community Support Fund

Supports people with urgent and unexpected needs, such as:

- Natural disaster assistance
- Critical medical bill assistance
- Medical/funeral travel reimbursement
- Shelter, security deposit, and utility assistance



Workforce Innovation & Opportunity Act (WIOA)

Supports Native individuals with barriers to employment through:

- Weekly stipends
- Transportation assistance
- Job search/application assistance
- Career planning
- Job training programs



General Assistance and WHEAP

Two programs that provide assistance to Native people and/or those on the reservation through:

- Income for rent or other shelter costs
- Utility assistance (heating, electric)
- Fixing/replacing furnaces and other necessary weatherization projects



Native Employment Works (NEW)

Supports Native individuals with work-related expenses, such as:

- Work clothing, tools, or equipment
- Auto repair and driver's license fees
- Short-term training fees
- AODA assessments
- Transportation & internet assistance



Temporary Assistance for Needy Families (TANF)

Supports Native families with dependent children through:

- Cash assistance for newborns
- Crisis payments for rent, utilities, and security deposits
- Employment services
- Summer youth programs

To get a referral, contact a CEC Staff Member. For information and applications, visit www.oneida-nsn.gov/resources/economic-support or call 920-490-3939

Up Close and Personal

Joseph Williams, Tribal Elder Benefit Specialist



What are your responsibilities within your position? I help elders understand and access benefits such as Medicare, Medicaid, Social Security, FoodShare, medical supplies, housing support, utility assistance and tribal specific benefits.

How long have you been working with elders? I have been working in the Oneida community for 20 years and have been a Tribal Elder Specialist for 2 years.

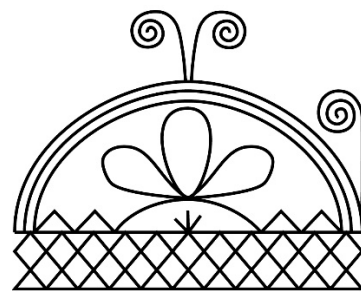
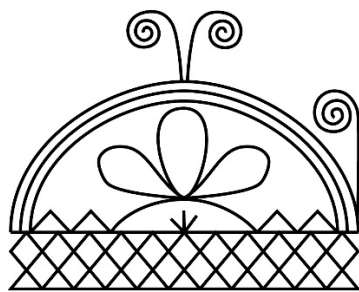
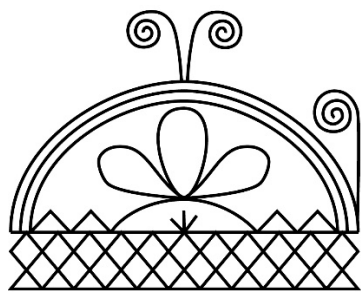
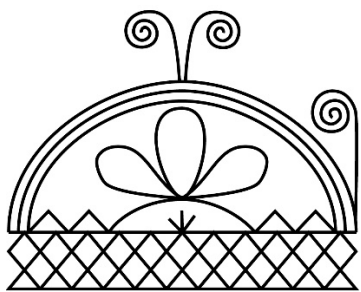
What aspects of your job do you find most fulfilling or rewarding? Supporting elder tribal members with healthcare, nutrition, financial support and housing they may not have had access to otherwise. **I feel my work directly improves their quality of life. I value the personal connections I have made with elders and their families, and I feel by helping them better understand programs and resources gives them more control over their situation.**

How does your role contribute to the overall success of the organization? By helping elders access services, **I am helping maintain the well-being of some of our most vulnerable community members. When tribal members see that elders are being cared for, it builds trust in the organization's programs and leadership.**

What motivated you to pursue this career path and what keeps you passionate about it? I am motivated by the desire to serve my community, especially our elders who have given so much to us. I have witnessed firsthand the complexity of navigating benefits, and **I wanted to be someone who could make such an overwhelming process a little easier.**

What Skills or experiences have you gained from your current Position that you find most valuable? Many elders carry a lifetime of stories—rich with wisdom, resilience, and lived experience. These stories, both joyful and painful, are deeply meaningful and deserve to be heard and honored. I believe it's a privilege to support them, and I find great value in making the process easier for them—whether it's helping with paperwork, accessing services, or simply listening. **My goal is to ensure they feel respected, understood, and empowered in every interaction.**

What are your hobbies? In my free time, I enjoy going to the gym, it keeps me active and helps me stay focused. I also unwind by playing games on my PS5, which is a fun way to relax. **Most importantly, I Value the time with my family.** Whether we're sharing a meal, watching a movie, roller skating, or kayaking, those moments mean a lot to me.





SEPTEMBER ELDER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 (Common Room A & Meal Site) 1) Coloring 10:00am 2) Chair Volleyball: 1:15pm	2 (Elder Conference Room) Human presents Learn about Technology Tuesday, September 2 at 1:30 – Tech 101	3 (Outside & Meal Site) 1) Walk out side: 10:00am 2) Bingo 1:30pm	4 (Common Room A) 2) Crafts W/ Jane Salzman 1:15pm	5 (Woodman's) (9:45am Start Shuttle Pickup 10 Max)
8 (TBD & Appleton) 1) Bird Monitoring Day: 9:00am 2) Half Book Store Afternoon 1:15pm	9 (Ashwaubenon) 1) Bowling Alley—9:30am ONCOA MEETING 1:00pm	10 (Meal Site & Conference Room) 1) Chair/walking Exercise: 10:15am 2) Speakers on Fraud and Scams 1:30pm-2:30pm	11 (Conference Room) Fall prevention awareness month Presents: Jeopardy game—1:15pm Come in and play Jeopardy	12 (Festival De Pere) (9:45am Start Shuttle Pickup 10 Max)
15 (Common Room A) 1) Activity/Game—10:00am 2) Painting with Sue M.—1:30pm	16 (Elder Conference Area & common Room A) 1) Crafts: 10:00am 2) Cooking Club: 1:30pm	17 (Outside & Meal Site) 1) Walk out side: 10:00am 2) Bingo 1:30pm	18 (Elder Conference Room) 1) Gary W/making poetry with words activity 10:30pm 2) Human presents – Protect yourself from Scams: Thursday, September 18 at 1:30	19 (Walmart De Pere) (9:45am Start Shuttle Pickup 10 Max)
22 (Milwaukee Day) Milwaukee Zoo Day 7:15am Departure Time	23 (Meal Site) Activity/Game—10:00am ONCOA MEETING 1:00pm	24 (Meal Site) 1) Chair/walking Exercise: 10:15 am 2) Bingo 1:30pm	25 (Common Room A) 1) Walk out side: 10:00am 2) Crafts W/ Jane Salzman 1:15pm	26 (Aldi's in De Pere) (9:45am Start Shuttle Pickup 10 Max)
29 (Outing Day) Good Will & Thrift Store shopping & Lunch Day 10:30am	30 (Elder Conference Room) Human presents Stay connected with Technology Tuesday, September 30th at 1:30 – Tech 101	September is FALL PREVENTION MONTH WE ALL HAVE A ROLE TO PLAY		

****Activities are subject to change if necessary * ACTIVITIES FOR ELDERS 55 & OLDER * INFORMATION ABOUT EACH ACTIVITY IS LOCATED IN THE ACTIVITY BINDER FOUND AT THE MEAL SITE OF AJNH ** ALL ONCOA MEETINGS WILL BE HELD IN THE ELDER CONFERENCE ROOM @ Aging & Disability STARTING AT 1:00PM. OPEN TO ALL ELDERS ****

****Contact Luwatlya Takenhas Crystal Danforth If you have any questions: 920-869-2448 Ext: 6831 or Cdanfo13@oneidanation.org****

September Menu 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Closed Labor Day 	2 Hot dog on bun Roasted Sweet Pot (15 gm) Hot Diced Beets (6 gm) String Cheese Pineapple tidbits (15 gm) WG Dinner Roll (10 gm)	3 Chicken Parmesan over noodles (15 gm) Seasoned Cauliflower WG Dinner Roll (10 gm) Mandarin oranges (15 gm) SF Fruit Gelatin (10 gm)	4 Homemade Chili made with Oneida Beef (10 gm) LS Ham & Cheddar on a WG bun (22 gm) Raw vegetables Crackers (8 gram) Fresh Fruit (15 gm)	5 Chicken Fajitas Green, yellow, and red peppers Garden Salad Spanish Rice (20 gm) Tortilla shell (12 gm) Fruit Cocktail (15 gm)
8 Low sodium Ham Slice Creamy Scalloped Potatoes (20 gm) Seasoned Green Beans Rye bread slice (10 gm) Applesauce (15 gm)	9 Split Pea & Ham Soup (5gm) Turkey & Swiss WG bun (22 gm) Coleslaw (3 gm) Fresh Fruit (15 gm) Crackers (8 gm)	10 Sliced Oven Roasted Beef Mashed Pot w/gravy (15 gm) Stewed Tomatoes WG Dinner Roll (10 gm) Diced Peaches (15 gm)	11 Creamy Swedish Meatballs Noodles (20 gm) Herb seasoned Broccoli Squash (15 gm) WG Dinner Roll (10 gm) SF Fruit Gelatin (10 gm)	12 Pizza- Congregate Chicken Booyah (7 gm) WG biscuit (27 gm) Chef Salad Fresh Fruit (15 gm)
15 Oneida Beef Taco WG Tortilla shell (14 gm) Lettuce, tomato, cheese Refried Beans (16 gm) Spanish Rice (12 gm) Applesauce (15 gm)	16 Homemade Meat Sauce from Oneida Beef & Bison Spaghetti noodles (15 gm) Mixed Vegetables (10 gm) Raw vegetables WG Breadstick (10 gm) Fresh Fruit (15 gm)	17 Tuna Salad (5 gm) Dinner Roll (10 gm) Cucumber Salad Diced Peaches (15 gm) SF Gelatin (15 gm)	18 Beef Stew (<i>beef tips with potatoes, vegetables, and gravy</i>) (8 gm) Mashed Potatoes (15 gm) Herb Seasoned Carrots WG Dinner Roll (10 gm) Fruit Cocktail (15 gm)	19 Fish Patty on WG bun Roasted Red Potatoes (15 gm) Seasoned Broccoli, Cauliflower, and Carrots Diced Peaches (15 gram)
22 Beef Hamburger Whole Wheat Bun (22 gm) Baked Beans (20 gm) Seasoned Brussel Sprouts Applesauce (15 gm)	23 Chicken Veg Soup (8 gm) Turkey & Cheddar cheese on Whole grain bun (22 gm) Coleslaw Fresh Fruit (15 gm) Oyster Crackers (8 gm)	24 Oven Roasted Turkey Baked Potato (15 gm) Squash (15 gm) WG Dinner Roll (10 gm) Mandarin Oranges (15 gm)	25 Stroganoff Beef Tips Mashed Potatoes (15 gm) Herb seasoned Broccoli Diced Pears (15 gm) WG Dinner Roll (10 gm)	26 Chicken Apple Walnut Salad (8 gm) WG Dinner roll (10 gm) Raw vegetables Tomato juice (8 gm) Frozen Fruit Slushie (15 gm)
29 Homemade Chicken Pot Pie chicken, mixed vegetables, diced potatoes (8 gm) WG Biscuit (27 gm) Seasoned Carrots Raw vegetables Applesauce (15 gm)	30 Homemade Meatloaf from Oneida Beef Cheesy Potatoes (15 gm) Herb Seasoned Green Beans WG Dinner Roll (10 gm) Fresh Fruit (15 gm)			

Meals are served 12:00-12:30 PM

Menus are subject to change due to availability

- Choice of low-fat milk (11 gm) or Lactose-free milk (13 gm) for each meal
 - Call Oneida Aging & Disability (920) 869- 2448
- Monday- Friday 8:00 AM- 4:00 PM to reserve your meal

Take a NOURISH Step

Information provided by www.gwaar.org/nourishstep

RECIPES & MEAL IDEAS

Creative Cooking

- Try new techniques and combinations.
- Bake fresh vegetables with olive oil, herbs, and spices instead of boiling

Grab different groceries

- Find a new fruit, vegetables, grain, protein option, or spice blend to try each time you shop.

Fudgy Date Brownies – Gluten free

Recipe provided by: [Fudgy Flourless Date Brownies - Healthy Little Vittles](#)

Ingredients

Dates, pitted	4 cups
Cacao or cocoa powder, unsweetened	1/2 cup
Nut or seed butter	1/2 cup
Water	1-2 tbsp
Vanilla extract	1 tsp
Baking soda	1/2 tsp



Instructions:

1. Preheat oven to 350 degrees F. Line an 8 X 8 pan with parchment paper or spray pan as well.
2. The dates need to be soft. If they are hard, microwave them with a little water for 3 minutes, then drain dates. If dates are soft, skip this step.
3. Add the dates and rest of ingredients to a food processor with 1 TBSP water, blend until smooth. Add another tablespoon of water if needed. The batter will be thick and sticky.
4. Smooth the batter in the pan. Bake for 20-25 minutes. Cool prior to cutting into bars.

Recipe for Oneida Corn Soup (o la) – Fan the corn in an open place before cooking to remove dust and loose materials. Place about 4 quarts of corn in a large enamel kettle (aluminum or stainless steel with blacken). Add enough water to cover the corn and heat to boiling. When water boils, add ½ cup sifted hardwood ashes or 4 tablespoons of baking soda. The water will bubble up so turn heat down slightly. Stir corn with wooden spoon. The corn will turn bright orange color. Boil for approximately 1 hour. The corn will become a light-yellow color. Remove corn from stove and drain liquid. Wash the corn immediately with cold water, rubbing to loosen the hulls. Cook corn with fresh water 4 times until the corn is tender and wells up about 3 times in size. This will take up to 5-6 hours.

While the corn is cooking – prepare about 2 pounds of kidney beans by sorting and soaking. Cut up about 3-4 pounds of pork (salt pork, side pork, pork hocks or pork roast) into small bite size pieces. Cook the meat with the beans.

After the corn is cooked, add the beans and meat and simmer for about 1 hour to mix the flavors together.

Satikuh! (sit and eat)

ATTENTION

Oneida Nation waives THC (marijuana) positive results on pre-employment drug screening for EXTERNAL APPLICANTS (new hire) employees.

Oneida Nation **DOES NOT** waive positive THC test results for INTERNAL TRANSFERS or SUSPICION TESTING!

- The Drug and Alcohol Free Workplace Policy (DAFWP) is in effect for CURRENTLY EMPLOYED (Internal) personnel.
- The DAFWP has consequences for positive drug and/or alcohol results.
- Violations of the DAFWP include mandatory removal from duty without pay, mandatory EAP referral, follow-up testing and participation in drug and/or alcohol treatment.
- Suspicion testing mandates **BOTH** drug and alcohol testing.
- SUPERVISORS: Employees tested for suspicion MUST REMAIN OFF WORK until the Mandatory Notice to Supervisor is received from Employee Health Nursing showing **BOTH** the drug and alcohol test results!
- Failure to comply with the DAFWP may lead to termination.

Labor Day celebrates Americans who labor. It is a day to appreciate the economic and societal impact of hardworking Americans and to reflect on the progress our country has made because of the American workforce. Labor Day is celebrated on the first Monday of September every year. It has been a national holiday since June 28, 1894.

Canada also observes Labor Day on the first Monday in September, while Japan celebrates "Labor Thanksgiving" on November 23.

More than 60 countries around the world celebrate a similar holiday—International Workers Day—on May 1, or May Day. The date harkens back to a general strike in Chicago that began on May 1, 1886





1. How often do you visit an Oneida One Stop?
 - ☐ Daily
 - ☐ Weekly
 - ☐ Bi-Weekly
 - ☐ Monthly
 - ☐ Less than once per month
2. When was the last time you visited an Oneida One Stop?
 - ☐ Today
 - ☐ Within the last week
 - ☐ Within the last month
 - ☐ More than a month ago
 - ☐ Never
3. During your last visit, how long did you spend in the store?
 - ☐ I did not go inside [Skip to Question 7]
 - ☐ Less than 1 minute
 - ☐ 1-5 minutes
 - ☐ 5-10 minutes
 - ☐ More than 10 minutes
4. How clean was the store during your last visit?
 - ☐ Very clean
 - ☐ Moderately clean
 - ☐ Somewhat clean
 - ☐ Not at all clean
5. Were you greeted by employees during your last visit?
 - ☐ Yes
 - ☐ No
6. Rate your interaction with store employees.
 - ☐ Best Ever
 - ☐ Very Good
 - ☐ Average
 - ☐ Below Average
7. Did you find the products you were looking for?
 - ☐ Yes
 - ☐ No, please list what you couldn't find: _____
8. Have you signed up for the Oneida One Stop loyalty app?
 - ☐ Yes
 - ☐ No
9. What can we do to improve your shopping experience?
10. Would you like a chance to win a free Pizza?

Name and Phone Number _____

This survey is from James Petijean, the new Chief Executive Officer of Retail. He would like to hear your voice.

Do you have any suggestions, comments, concerns or more. Please complete the survey and add additional comments in the space below or on a separate paper. Drop the survey off at an Oneida Stop and ask them to get it to James Petijean.

LIST from Oneida Nation website calendar

Go to Oneida Nation website, click on Connect (upper right-hand corner), drop down box appears and scroll down to Calendar. You can choose by grid, cards, or list. **Below is what the list looks like.** See other choices as well.

September 2025

Grid

Cards

List

Month

Week

Day

September

2025

- September 2, 2025 - OnAyoteʔa·ká niʔ i Standing Committee**
OnAyoteʔa·ká niʔ i Standing Committee
- September 3, 2025 - Walk with a Doc**
Walk with a Doc
- September 8, 2025 - Grandparents as Caregivers Circle and 3 other events**
Grandparents as Caregivers Circle
Oneida Land Commission Regular Meeting
Oneida Election Board Regular Meeting
Southeastern WI Oneida Tribal Services Board Regular Meeting
- September 9, 2025 - Oneida Nation Commission on Aging Regular Meeting and 2 other events**
Oneida Nation Commission on Aging Regular Meeting
Oneida Nation Arts Board Regular Meeting
Oneida Nation Veteran Affairs Committee Regular Meeting
- September 10, 2025 - Anna John Resident Centered Care Community Board Regular Meeting**
Anna John Resident Centered Care Community Board Regular Meeting
- September 15, 2025 - Oneida Community Library Board Regular Meeting and 1 other event**
Oneida Community Library Board Regular Meeting
Tentative Special GTC Meeting
- September 16, 2025 - Tribal Dementia Caregiver Conference**
Tribal Dementia Caregiver Conference
- September 17, 2025 - Tribal Dementia Caregiver Conference and 1 other event**
Tribal Dementia Caregiver Conference
JMIO Diabetes Dash
- September 22, 2025 - Oneida Land Commission Regular Meeting and 1 other event**
Oneida Land Commission Regular Meeting
Oneida Election Board Regular Meeting
- September 23, 2025 - Oneida Nation Commission on Aging Regular Meeting**
Oneida Nation Commission on Aging Regular Meeting
- September 24, 2025 - Oneida Police Commission Regular Meeting**
Oneida Police Commission Regular Meeting

You can all choose a category (drop down box appears, and many options exist or type in a specific item in the search box. See below what the category and search boxes look like.

All Categories

FILTER

SEARCH

Looking for specific events? Check out our [Advanced Search!](#)

September is Library Card Sign-Up Month! Celebrate with Oneida Community Library & Green Earth Branch Library

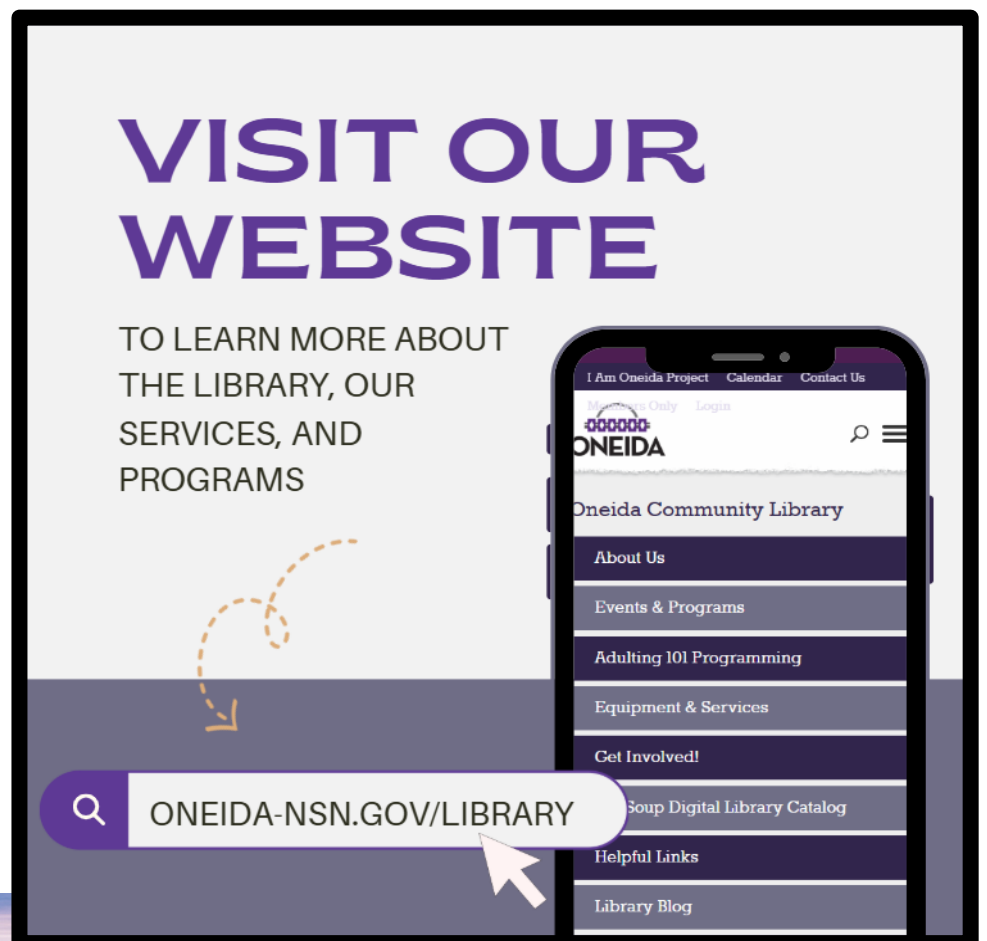
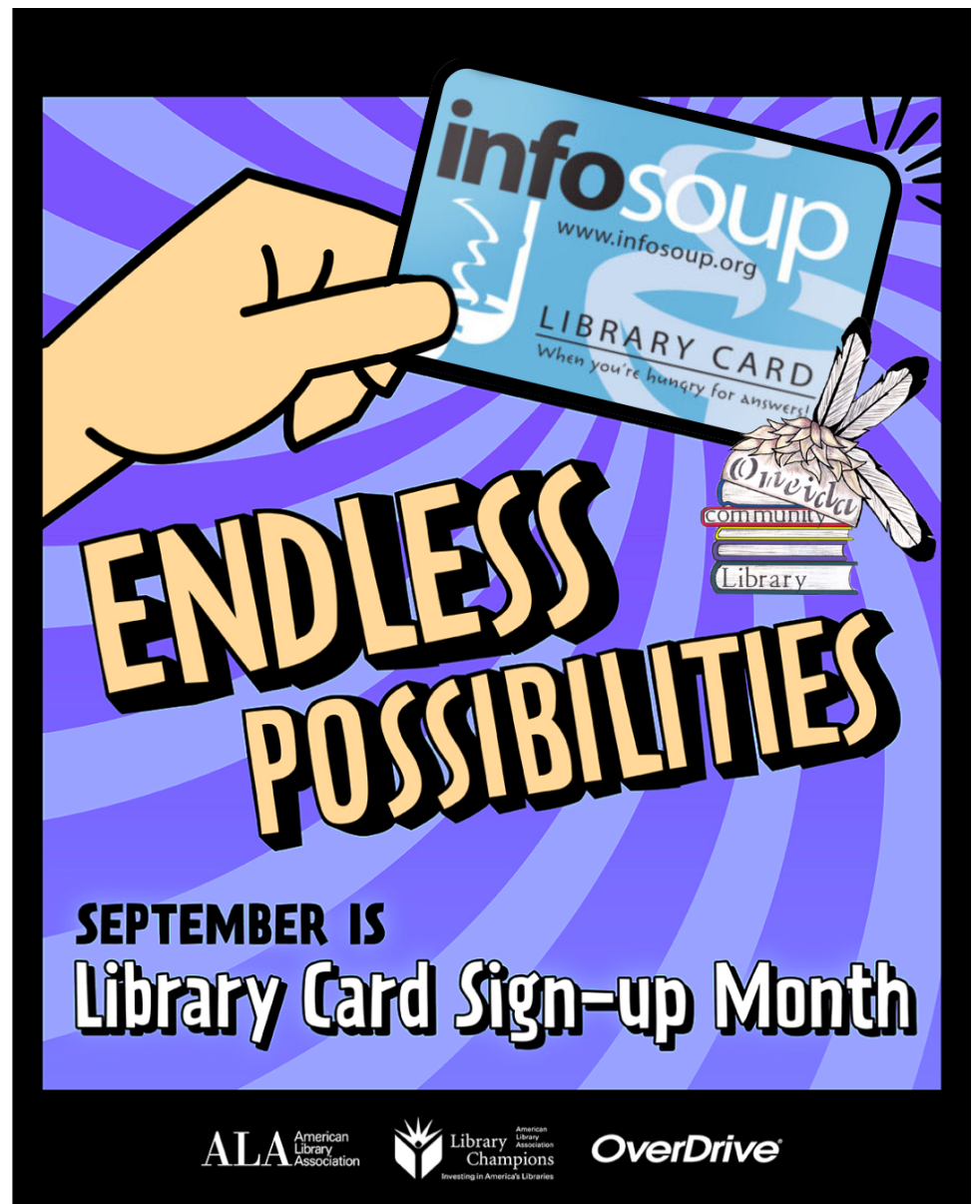
This September, we invite our elder community members to rediscover the joy, connection, and lifelong learning that a library card brings. Whether you're a longtime reader, a curious learner, or simply looking for a welcoming space to gather, your local libraries are here for you.

At the **Oneida Community Library** and **Green Earth Branch Library**, your library card opens the door to:

- **Cultural programming** rooted in Oneida language and traditions
- **Board game nights** and social gatherings for all ages
- **Digital resources** including eBooks, audiobooks, and tech help
- **Friendly staff** ready to assist with research, reading recommendations, and more

Signing up is easy! If you haven't visited in a while, now's the perfect time to stop in, say hello, and see what's new. We're proud to serve our community and honored to support our elders in staying connected, informed, and inspired.

Come in this September and sign up for your library card! It's your key to knowledge, culture, and community.





The Oneida Residential Infrastructure Program is Designed to

- Pay the cost for a home to connect to natural gas when the service is located on the roadway but is not run to the house. (Total cost may not exceed \$10,000)
 - An additional \$4,000 is available to convert residential piping to accommodate natural gas or propane tank removal.
 - Pay the cost for those relying on Oneida Community Water System, to purchase and have a water softener and/or water purification system installed. (Total cost may not exceed \$7,000)
 - Pay the cost for a home to connect to an Internet service provider when the service is located on the roadway but is not run to the house. (Total cost may not exceed \$10,000)
 - Pay the cost to buy out contracts for Internet service, propane gas service and water filtration rental contracts so that the above services can be implemented and completed.
 - Pay the cost for an electrical panel upgrade to 200 Amp service. (Total cost may not exceed \$3,500)
 - An additional \$2,000 is available to reconstruct electrical facilities by your utility provider.
 - An additional \$2,000 is available to rewire a home.
 - Pay the cost for a furnace replacement for *furnaces 15 years or older. (Total cost may not exceed \$10,000)
 - Pay the cost for installation of a *water heater tank replacement for water heaters 10 years or older. (Total cost may not exceed \$2,500)
- * Vendor must note on the quote the age of the furnace or water heater.

Eligibility

- Oneida Nation enrolled homeowners residing within Reservation boundaries.
- Comprehensive Housing rent-to-own occupant, residing in their home for one year or more.
- Maximum amount of \$20,000 per primary residence.

What To Do

- Contact vendors of choice to receive two quotes for each service requested.
- Submit a copy of the following to residential@oneidanation.org or drop off at the Skenandoah Complex (909 Packerland Dr., Green Bay WI 54303).
 - o Program Application
 - o Two Quotes
 - o Proof of Enrollment
 - o Proof of Home Ownership (Title, Lender Documents, Mortgage Statement, Rent-to-Own Loan Agreement, etc.)
- If requesting a contract buyout, work with the vendor to receive an invoice for the buyout and submit to residential@oneidanation.org or drop off a copy at the Skenandoah Complex (909 Packerland Dr., Green Bay, WI 54303).
- Allow 15 business days for the payment to be processed. All payments are processed directly to the vendor.
- Contact vendor to coordinate connection/installation.
- For natural gas service Tribal members must contact Lori Hill, 920-490-3803, to receive the application.

Please Note The Following

- This program is not designed to cover any additional costs associated with the infrastructure projects.
- This program is not designed to cover monthly or on-going costs.
- This program does not cover any reimbursements.
- The Oneida Nation cannot guarantee any workmanship conducted by vendors.
- The Oneida Nation will claim any rebates.
- The homeowner(s) agree to release from liability and hold harmless the Oneida Nation and their respective agents, employees, officers, officials from any harm, damage, consequence, and/or incomplete project that may arise out of homeowner's request and receipt of residential infrastructure funds.
- Program will end when funds are expended or December 31, 2026.

**Any questions may be directed to the Oneida Nation Call Center:
920-869-4481**

Oneida Nation Infrastructure Program Program Application

Name: _____

Date of Birth: _____

Enrollment Number: _____

Address: _____

E-Mail: _____

Phone: _____

Services Requested:

- | | |
|--|---|
| <input type="checkbox"/> Natural Gas | <input type="checkbox"/> Contract Buyout |
| <input type="checkbox"/> Residential Piping | <input type="checkbox"/> Furnace |
| <input type="checkbox"/> Water Softener/Purification | <input type="checkbox"/> Water Heater Tank |
| <input type="checkbox"/> Internet | <input type="checkbox"/> Electrical Panel Upgrade |

- o Services only cover infrastructure, not maintenance, services contract, appliance replacement, etc.

The Oneida Nation cannot guarantee any workmanship conducted by vendors.

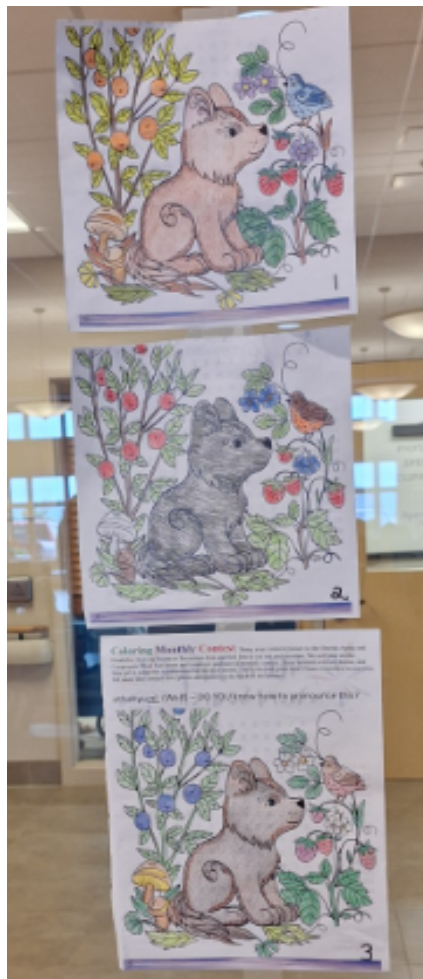
The homeowner(s) agree to release from liability and hold harmless the Oneida Nation and their respective agents, employees, officers, officials from any harm, damage, consequence, and/or incomplete project that may arise out of homeowner's request and receipt of residential infrastructure funds.

Program opens at 8:00 A.M. on August 4, 2025.

Early applications will be returned.

Applicant Signature: _____

Art Contest results for July. Below are the pictures colored and fashioned by elders. They were numbered 1 through 9. Everyone put which number they thought was the best and the results are below. Hope to see more for August.



This is a picture of the prizes offered from ONCOA members and community members (missing is the dozen biscuits donated). Thank you everyone for your participation.

WINNERS:

1ST Elmer Blair

2nd Gloria Hawk

3rd Theresa Smith

4th Patricia Beilke

5th June Jabis

We had 5 places for the 5 prizes donated. Places 1 & 2 and 4 & 5 were a tie and we had elders from the meal site draw for the final winners.

Birthday Celebration for the elders AND Staff of Aging n Disability



Elders along with Aging and Disability staff Birthday celebrations will be held every 3 months in the Aging & Disability main conference room with **Games/prizes, cake and snacks**. July, Aug & Sep was held in August. **Please send me or stop at the desk and sign up on the birthday sheet, your birthday Month and Day, (year if you choose to)? Yaw^ko! Elder Activity Specialist, Luwatiya'takenhas Crystal Danforth**

Here is the list of the elders that have birthdays in September:

Renee Clavers

Betty Willems

Cecil Skenandore

Schuyler Metoxen

Kathy Cornelius

Feel free to check the Aging and Disability website anytime for prior year DOB lists.
<https://oneida-nsn.gov/divisions/humanservices/agingdisabilityservices/DRUMS>

Heartfelt condolences and loving memories to all those who have lost a loved one.

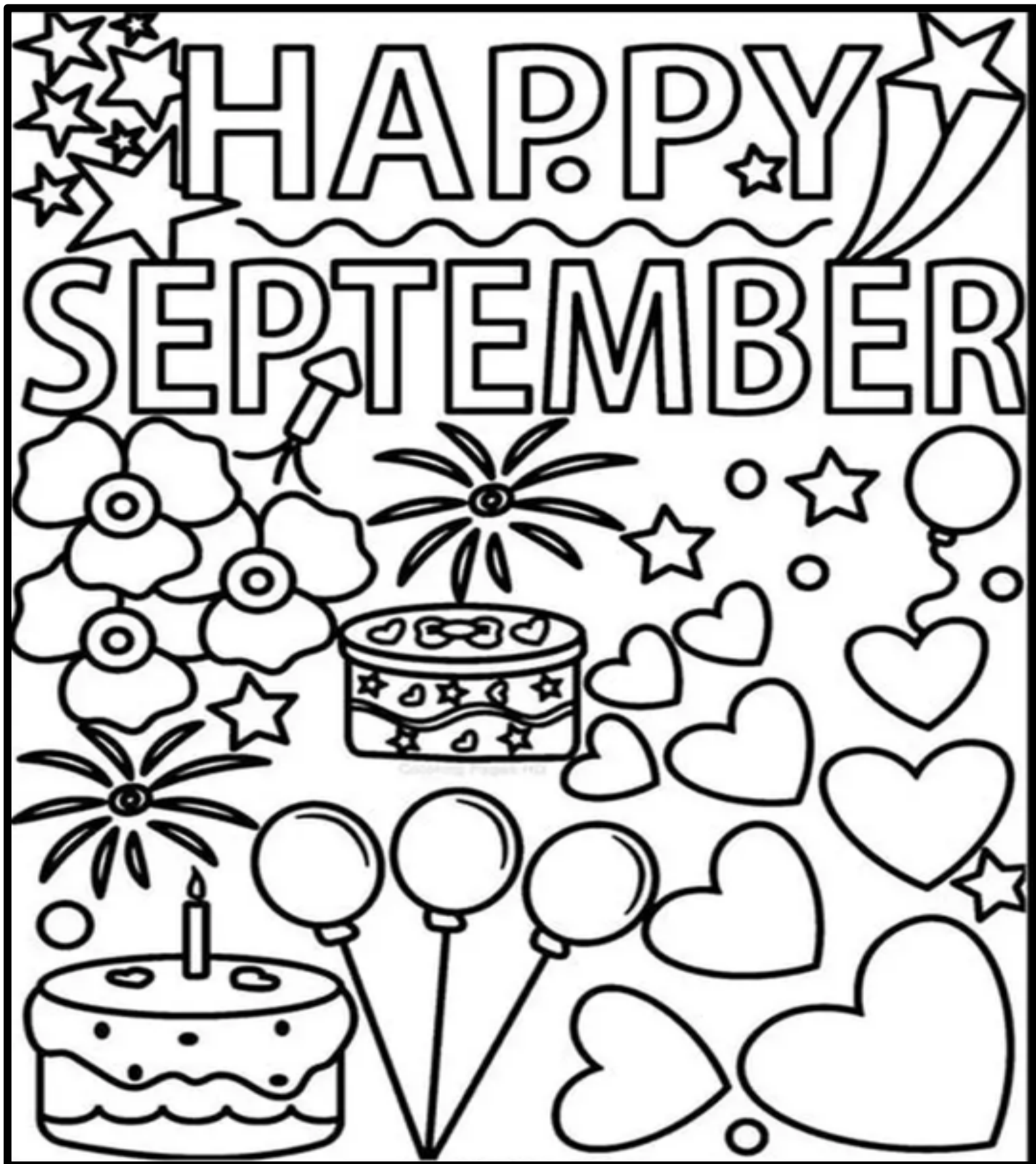


Four medicines: Tobacco, Sage, Sweetgrass, Cedar

When someone you love becomes a memory, that memory becomes a treasure.

Check out the Kalihwisaks for obituary detail at
<https://oneida.nsn.gov/resources/kalihwisaks>.

Coloring Monthly Contest: Bring your colored picture to the Oneida Aging and Disability Congregate Meal Site and feel free to cut out and decorate. Loretta Mencheski will post on the Congregate Meal Site doors, and we will have a monthly contest. Drawing is to be held on the last Wednesday of each month. Have fun and good luck! **Please remember to put your full name and contact info (phone and/or email) on the back of the picture.** Thank you all for your support and best of everything to you all.



Trying something new. Hope you like it.

SUDOKU GAME WITH ANSWER

	9	2		5		3		
	4	3		2		1		
	5		3	9			2	4
2	6	5			3	8		
4					1			3
		7	4		2			
			7	4		5		
9			2		5	6		
5	2			3				7

7	9	2	1	5	4	3	8	6
6	4	3	8	2	7	1	5	9
8	5	1	3	9	6	7	2	4
2	6	5	9	7	3	8	4	1
4	8	9	5	6	1	2	7	3
3	1	7	4	8	2	9	6	5
1	3	6	7	4	8	5	9	2
9	7	4	2	1	5	6	3	8
5	2	8	6	3	9	4	1	7

SUDOKU

6					5	7		
		2		8			9	
5		3	7				4	8
							5	
	8			9		3		
7		4	8		2		1	
2	6				3	4		
3				4				7
		1	5		6		2	

ANSWER

6	9	8	4	2	5	7	3	1
4	7	2	3	8	1	5	9	6
5	1	3	7	6	9	2	4	8
9	2	6	1	3	7	8	5	4
1	8	5	6	9	4	3	7	2
7	3	4	8	5	2	6	1	9
2	6	7	9	1	3	4	8	5
3	5	9	2	4	8	1	6	7
8	4	1	5	7	6	9	2	3