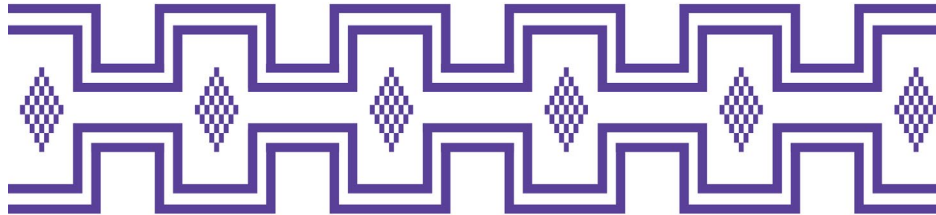


tsi' nihsunhó·ta (health) - (gee-knee-soon-hota)

ONEIDA COMPREHENSIVE HEALTH DIVISION QUARTERLY NEWSLETTER



OUR MISSION

We provide the highest quality, holistic health care to ensure the wellness for OUR Oneida Community.

OUR VISION

A progressive sustainable health system that promotes tsi'niyukwalihot^ (Our Ways).



We want to hear from you! Client Feedback Form

Your experience at the health clinic is important to us, and our team would love to hear from you!

With our new client feedback feature, you can visit the OCHD website and fill out the form to help us better understand areas of improvement while also celebrating our providers and staff. Visit [online](#) today.



TOP NEWS

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NEW PROVIDERS

A HEALTHY HISTORY



DEPARTMENT UPDATES



Honoring Years of Service at OCHD

Providing high-quality and holistic services to our community members starts with the compassion and care of our staff. Our culturally sensitive approach is made possible by individuals who are passionate about the Oneida community. Thank you to everyone who helps make a difference at OCHD, including the individuals below who are celebrating milestone anniversaries or retirements:

- Susan Higgs is retiring after 32+ years!
- Maria Danforth is retiring after 32+ years!
- Kathy Paulick is retiring after almost 27 years!



*Michelle Tipple, Susan Higgs,
Maria Danforth and Brenda Haen*



Kathy Paulick



Susan Higgs and Maria Danforth

The following individuals are celebrating 25+ years:

- | | |
|---------------------------|-----------------------|
| • Celestine Denny | • Sheri Forgette |
| • Jean Johnson | • Maria Danforth |
| • Kathleen Danforth | • Elizabeth Schwantes |
| • Connie Vandenberg | • Dave Larson |
| • Nathalie Benton | • Mary Erickson |
| • Karen Krause | • Kitty Blaser |
| • Linda Tryba | • Carrie Lindsey |
| • Cindy Metoxen | • Dawn Krines-Glatt |
| • Michelle Edwards | • Scott Lalonde |
| • Kelly Kinjerski | • Kelly Walenski |
| • Torland Cornelius-Adkin | • Michelle Tipple |



DEPARTMENT UPDATES



Plan B Policy Changes

The Community Health Department has been working on three strategic directions for the past few years to improve the patient experience with Oneida Comprehensive Health Division (OCHD). A team of employees is specifically working to incorporate trauma-informed care practices. In-person training and virtual tutorials have equipped department with necessary tools to provide these services. The team is actively reviewing policies that guide how we provide health care to the community. Through this review, the team will identify areas of improvement and make recommendations.

In 2024, the Plan B policy was reviewed, recommendations were made and approved, and the community was notified of the changes. This work greatly improved patient access to Plan B. Oneida Pharmacy Director Dennis Reckelberg reported the amount of Plan B or its generic form that has been dispensed over the last 3 years:

◆	2022	6 prescriptions
◆	2023	7 prescriptions
◆	2024	99 prescriptions

As of 2/23/25 a total of 14 prescriptions have been dispensed.

Oneida Eye Care Partners with Cherry Optical Lab

The Oneida Optical Department has recently partnered with a new lab vendor, Cherry Optical. Cherry Optical is the nation's premier independent optical laboratory with expert craftsmen, cutting-edge technology and direct access to an unmatched, diverse inventory. Through this partnership, Oneida community members will experience quicker turnaround times with ordering eyewear and have more options to choose from.

Our eye care team had the opportunity to tour the Cherry Optical facility and learn more about their impressive manufacturing capabilities. The team was also able to turn the trip into a team bonding activity, making sure to visit the Wildlife Sanctuary.



DEPARTMENT UPDATES



Tribal Dementia Care Specialist Program

What is Dementia?

Dementia is not a specific disease or diagnosis. “Dementia” is an umbrella term that describes trouble with memory, thinking, reasoning, language, planning and more. There are many types of dementia, but some of the most common include:

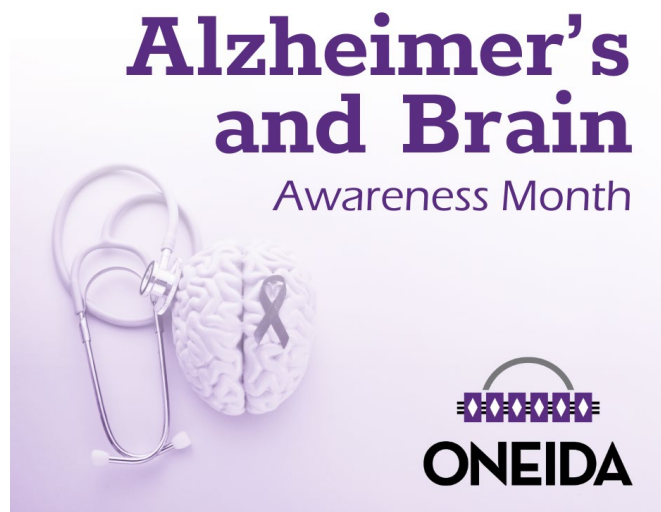
- Alzheimer’s Disease
- Vascular Dementia
- Lewy Body Dementia
- Frontotemporal Dementia

The Tribal Dementia Care Specialist (TDCS)

Program can help educate family members, problem-solve challenging situations and provide support while connecting caregivers to services. Its mission is to support people with dementia and their caregivers to ensure the highest quality of life possible while living at home. To accomplish this mission, the TDCS has three main goals:

- Provide training to increase the dementia capability of tribal departments and organizations
- Educate community members about dementia to reduce stigma
- Provide education and support to people with dementia and their caregivers so they are able to remain active and able to live in their own home

The program also offers free brain check-ups, given by the Tribal Dementia Care Specialist, Debbie Miller. These check-ups help individuals recognize any early signs of dementia and stay on top of overall brain health. Appointments can be conducted in the office or your home.



View our informational brochure [here](#) or learn more by reaching out to:

Debbie Miller
Tribal Dementia Care Specialist
920.869.4854
dmiller4@oneidnation.org

SAVE THE DATES



Oneida Youth Art Camp

Oneida Youth Art Camp is back! This summer, children ages 12 to 18 can participate in a creative and culturally-centered experience and learn from professional artists. Attendees will learn about plant pottery, tobacco pouches, video/photography and stories. They will also be able to go home with their very own art kit. Camp mentors include Leo Aguilar, Scott Hill and Nick Metoxen.

JULY 7-18
12:30-4:00

Watch social media during the month of June for registration information.

Mind Meets Culture Event

Adults, please join us! On Thursday, July 24, come and learn more about how Oneida culture and traditions can decrease risk factors for stroke by integrating traditional teachings and modern medicine.



The day will be filled with educational activities including:

- learning about the three sisters and highlighting Oneida white corn
- taking a walk to discover different medicinal plants
- exploring different cultural teachings and
- gaining insight into what strokes are and specific risk factors

Through these activities you will become aware of how different traditional teachings can help raise awareness about stroke prevention while engaging with fellow community members. Registration is required and space is limited so please contact Amanda Riesenberg, Stroke Prevention Wellness Coach, at (920) 490-3984 or ariesenb@oneidanation.org if you are interested in attending.

Safety Town

This summer, Oneida Comprehensive Health Division will be hosting its annual Safety Town event for children ages 4 to 6 on August 4 through August 8. The interactive event offers activities that teach kids what to do in different environments and situations.

Safety topics include:

- Fire and police safety
- Water safety
- Playground safety
- Road safety
- And more!



Safety Town will take place at the Oneida Nation's Cliff Webster Recreation Center on County H. Stay tuned for more details.



2025 MCI Education Series



Join us on Friday, June 20 to discover how habits, routines and strategies can enhance your life while living with Mild Cognitive Impairment (MCI). During this free quarterly support and education series, attendees

will hear from guest speakers, Gordon Giles, PhD, OTR/L, FATO, Nathaniel Chin, MD, Jennifer McAlister, BA and others about effective and practical approaches to overall brain health. The series offers science-backed strategies for living and coping with memory and thinking changes. Register to attend the program in person at one of eight locations across Wisconsin or participate from anywhere online via Zoom.

PATIENT REMINDERS



Same-Day Medical Care Improves Patient Outcomes

The introduction of same-day medical care at the Oneida Health Center has increased patients' access to care while reducing the need for referrals to urgent care. The service is both improving patient outcomes and lowering healthcare costs.

When patients experience a medical need, their first line of defense is speaking with the OCHD Nursing Team. Trained RNs perform telephone assessments for each patient, guiding them to the best health care option for their situation. Sometimes, that option requires same-day care. Since its introduction, same-day care has enabled patients to receive timely treatment without the need for costly urgent care or emergency room visits. Learn more about same-day care on our [website](#).

SAME-DAY CARE

(920) 869-2711



You should consider same-day care for conditions such as:

- Sprains or strains
- Minor burns
- Small cuts needing stitches
- Flu symptoms like sore throat, ear pain, eye discharge, vomiting or diarrhea
- Fevers without rash, abdominal pain, wheezing or shortness of breath



EDUCATIONAL OPPORTUNITIES

Oneida Comprehensive Health Division has multiple options and pathways for career exploration for students.

- ✓ Academic Partnerships
- ✓ Educational Placements
- ✓ Shadowing Opportunities
- ✓ Internships



Career Exploration at OCHD

At Oneida Comprehensive Health Division, we are honored to nurture the next generation of healthcare professionals. Our commitment lies in empowering aspiring healthcare advocates with the resources and support they need to thrive in their careers. Our work reflects the values and dedication of the Oneida Nation. We have multiple options and pathways for career exploration, including academic partnerships, educational placements, shadowing opportunities and internships. Those interested in learning more or applying can visit our [website](#).

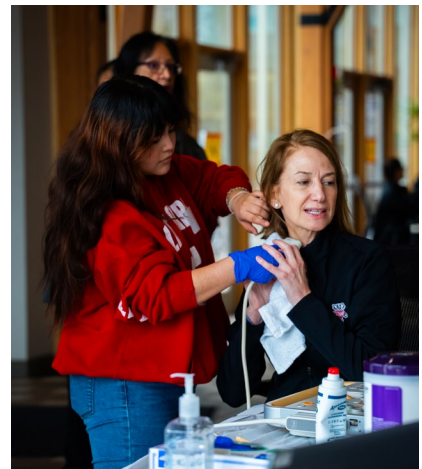
EVENT RECAP



Teen Health Career Fair 2025



In April, we hosted the 2025 OCHD Teen Health Career Fair. Local high school students had the opportunity to walk through the health center and learn about all the different career opportunities OCHD has to offer. Our wonderful staff set up 38 different stations for students to visit, ask questions and hear from experts in the field. We also invited local colleges, paramedics and EAGLE III. The event drew approximately 125 students from Oneida, West De Pere, Green Bay Southwest and Seymour High Schools. We hope the event left students feeling inspired and proud of the work our community does!



You can watch the recap video on our Facebook page [here](#).



NEW PROVIDERS



PLEASE HELP US WELCOME OUR NEW PROVIDER TO OCHD



MICHAEL S. LUNDIN, M.D.

Internal & Addiction Medicine

Dr. Lundin is a dedicated internal medicine specialist with an additional focus on addiction and preventative medicine. He strives to prioritize continuous education for patients that supports healthy lifestyle choices. His patient-centered care mindset helps community members control of their own health goals. Visit our [website](#) to learn more about Dr. Lundin.



Learn more about
Dr. Lundin

Welcome Dr. Lundin to Oneida Comprehensive Health Division!



Congrats Dr. Rosiek!

Congratulations to Dr. Tracy Rosiek for being promoted to Assistant Optical Director at OCHD! Her commitment to patient's eye health helps us better service our community every day. We are excited about this next step in her career. Way to go Dr. Rosiek!

A HEALTHY HISTORY



ONEIDA HEALER EUGENE FORD SMITH

Eugene Ford Smith was born in 1877. He attended a government day school in Oneida and a public school in Appleton before he entered the Hampton Institute. Throughout his school years, his teachers did not express much confidence in him despite Smith’s strong desire to attend medical school. He went on to attend Lawrence University and Wisconsin College of Physicians and Surgeons. He practiced in Oneida for a short period of time and established a longer-term practice in Milwaukee, Wisconsin. *(story courtesy of Oneida Nation Museum)*



MARK YOUR CALENDAR

MCI Education Series..... June 20

Oneida Youth Art Camp..... July 7-18

Mind Meets Culture..... July 24

Safety Town..... August 4-8

Kunhi-Yo..... August 29

Tribal Caregiver Conference.....Sept 16-17

*Walk with a Doc occurs on the first Wednesday of every month. View the full schedule [here](#).

*Parent Groups and Memory Cafe occur on the second Wednesday of every month

ANTICIPATED CLOSURES

Fourth of July..... July 4

You can watch for additional information regarding upcoming events and health center closures on social media and our [website](#).

