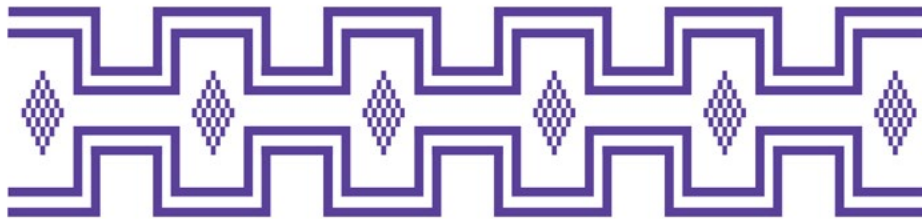


# tsi<sup>?</sup> nihsunhó·ta

*(health) - (gee-knee-soon-hota)*



ONEIDA COMPREHENSIVE HEALTH DIVISION QUARTERLY NEWSLETTER



### OUR MISSION

We provide the highest quality, holistic health care to ensure the wellness for OUR Oneida Community.

### OUR VISION

A progressive sustainable health system that promotes tsi<sup>?</sup>niyukwalihot<sup>^</sup> (Our Ways).



## TOP NEWS

DEPARTMENT UPDATES

2025 DRAFT IMPACTS

PATIENT REMINDERS

EVENT RECAP

NEW PROVIDERS

A HEALTHY HISTORY



## JOIN US!

### Learn More About Division Updates

Please consider joining us at 5:00 p.m. on May 7 at the AJRCCC Congregate Meal Site for our next OCHD Community Meeting. Meetings are scheduled each quarter to share ongoing updates and receive feedback related to the division's work on behalf of the community. We hope to see you there!

# You are INVITED

Community Meeting

# DEPT UPDATES

## Radiology Department Earns 3-Year Mammography Accreditation

The Oneida Comprehensive Health Division Radiology Department has earned a three-year term of accreditation in mammography as the result of a recent review by the American College of Radiology® (ACR). Mammography is a specific type of imaging test that uses a low-dose X-ray system to examine breasts. A mammography exam, called a mammogram, is used to aid in the early detection and diagnosis of breast diseases in women.



To receive accreditation, facilities must meet professional testing criteria relating to items such as clinical image quality and phantom image quality. The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting specific standards as part of a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field.

“We are incredibly proud of the Radiology team’s efforts to keep our community healthy. They are dedicated to providing the highest quality imaging and care.”

Deb Danforth, Division Director

Yaw^ko to all those in the Radiology Department for your passion and dedication to helping our community thrive. Just a reminder, early screening saves lives. Those looking to schedule an appointment for a mammogram can call (920) 869-271 (choose Medical).



## Tribal Self-Governance Conference

During the month of April, Oneida Comprehensive Health Division leadership joined members of the public health team at the Tribal Self-Governance Conference in Chandler, Arizona. The public health team shared their experience and outcomes and then hosted tabletop discussions relating to a 2024 Youth Art Camp which focused on the importance of Oneida culture and the sacredness of tobacco as a means to prevent vape and commercial tobacco use.

*Pictured in the photo from left to right are: Business Committee Member and Health Liason Jennifer Webster, Molly Delwiche, Peggy Helm-Quest and Nick Metoxen.*

# 2025 DRAFT IMPACTS



## Is your immunity “on the clock”?

With the 2025 Draft coming to Green Bay at the end of April, Oneida Comprehensive Health Division, Brown County and the City of De Pere are encouraging all people living in the area to review their protection against the measles virus. The event will draw thousands of visitors from across the country and world, including areas with measles outbreaks.

Measles symptoms include high fever, diarrhea, coughing, runny nose, and eye and ear infections, followed by a rash that starts on the face or hairline and spreads down the body. The disease can have serious complications, especially in young children. One in five children who contract measles will be hospitalized, and one in 20 will develop pneumonia. Amid the current outbreaks, the CDC says one child has died from measles and an adult death is under investigation.

The best way to protect yourself from the measles virus is to get the measles-mumps-rubella (MMR) vaccine, which provides about 93% protection after the first dose and 97% after the second dose. For more information about the MMR vaccine, please feel free to contact OCHD at (920) 869-2711. Help keep our community (and yourself) healthy!



## Will I be able to access the Health Center?

With the 2025 Draft being hosted in Green Bay at the end of April, Oneida Comprehensive Health Division (OCHD) is advising all patients to plan ahead as road closures and traffic pattern changes are expected throughout the month. These changes are in preparation for the event, which will take place April 24-26 and impact access to the health center and surrounding areas. To avoid disruptions to care and minimize delays, patients are encouraged to prepare in advance.

Patients using the pharmacy are encouraged to pay close attention to their medication quantity as the 2025 Draft approaches to avoid any delays in refills. To prevent delays, the pharmacy recommends that all medication refill requests be submitted by Tuesday, April 15, and that medications are picked up no later than Friday, April 18.

Individuals with appointments at the Oneida Community Health Center during the week of April 21 should allow extra travel time to navigate potential traffic delays, road closures and rerouting. Patients in the Green Bay area are urged to be mindful of high-traffic areas when planning their routes to the Oneida Community Health Center.

OCHD is committed to ensuring continued access to care during the 2025 Draft, with normal operating hours throughout the week of April 21. Please contact the health center at (920) 869-2711 with any questions or for assistance in planning your visit.

# PATIENT REMINDERS



## Join us for Just Move It Oneida

Just Move It Oneida (JMIO) is a community-wide campaign to promote physical activity for members of the Oneida Nation. The goal is to offer a free, monthly physical activity event for families and individuals of all ages.

The JMIO February event was a hit. Amanda Riesenberga taught a low impact exercise class and participants loved the new, interactive games that allowed all members to get involved. The JMIO March event got all participants on their feet. The social dance class, taught by Kanataloloks Zacarias Skenandore, was a unique way to stay active and promote healthy movement. Attendees also got to enjoy free white corn chili, fruit and water. Thank you to the 207 participants who joined us for JMIO last quarter.



Register [online](#) and join us for the next Just Move It Oneida on April 16 from 4-6 p.m. at Oneida Nation Elementary School. Every new registrant who participates receives a free T-shirt. The May JMIO event will take place on May 21 and the June event will take place on June 18.

## PATIENT PORTAL

### Sign up today!

An improved Patient Health Portal was designed to enhance convenience and empower patients to take charge of their medical and behavioral health care. This user-friendly portal offers several benefits, including:

- Easier access to medical information, lab results and immunizations
- Secure messaging with your healthcare team
- Pre-registration for appointments from your device — no need to wait in line

Getting started is simple. If you're new to the portal, you can share your email address with a Patient Account Representative, and they will create a portal account for you. To learn more about the patient portal and how to use it, visit: <https://oneida-nsn.gov/resources/health/patientportal/>.

## MEMORY CAFÉ

### Connect with community!

Join us for a Memory Café in June, held the second Wednesday of every month from 1:30 to 3:00 p.m. in the main conference room at the Health Center. This welcoming event is open to anyone experiencing early memory loss or other dementia-related symptoms.

Memory Café offers a supportive and stigma-free environment where participants can socialize, share experiences and connect with others who understand. Whether you're seeking conversation or simply a safe space to enjoy some company, Memory Café is here to provide both support and a sense of community. We hope to see you there!

Please note that the Memory Café will not take place during May due to staff training.

# PATIENT REMINDERS



## Are You Eligible for FREE Health Care Programs?

At Oneida Comprehensive Health, we understand that healthcare can sometimes require specialized services, and that's where purchased referred care (PRC) comes in. While PRC is not insurance, it is a financial resource that can assist in covering the cost of services that may not be directly available at our facility. That's why it's important to ensure that your PRC information is up-to-date every year.

PRC funds are only accessible after all alternative resources, such as insurance, have been utilized. If you are unsure whether you qualify for PRC, we can help you determine your eligibility based on federal guidelines along with a referral from your primary care provider at the health center or behavioral health.

If you don't have insurance, you only have Medicare Part A or Medicare Part A and B, you may qualify for several free programs that can help with healthcare costs, and signing up before you need them can help speed up the reimbursement process.

### There are various free Medicaid programs available to assist with healthcare needs:

**Specified Low Income Medicare Beneficiary:** Patient must have Medicare Part A & B – program pays for Medicare premiums on behalf of member, member still pays for co-pay, co-insurance and deductibles.

**Family Planning Only Services:** Covered services are contraceptives, pap tests, voluntary sterilizations and treatments for STDs.

**Wisconsin Well Woman:** Costs for breast and cervical cancer screenings including exams and mammograms, paps, pelvic exams and HPV tests in addition to Multiple Sclerosis.

**SeniorCare:** Assistance with prescription drug coverage.

**Badger Care Plus:** Typically covers most health care costs including prescription drugs.

**Qualified Medicare Beneficiary:** Patient must have Medicare Part A & B – program pays for Medicare premiums on behalf of member but also co-pays, co-insurance and deductibles.




To find out if you're eligible, our Medical Benefit Coordinators, Gary and Amy, are available Monday through Friday, from 8:00 a.m. until 4:30 p.m. in the former registration area of the clinic or by calling (920) 869-2711 and selecting option 5. They can help screen you for these programs and answer any questions you might have about these benefits.

# EVENT RECAP

## 2025 Health and Wellness Expo

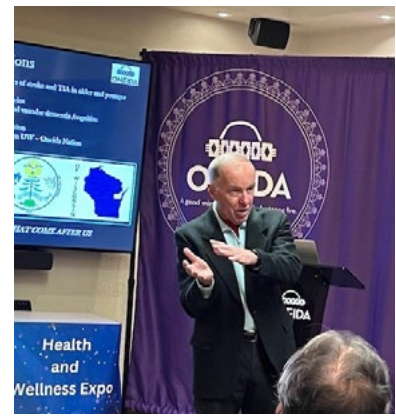
The 3rd Annual Health and Wellness Expo was nothing short of a tremendous success. The Health Promotion Disease Prevention Department hosted the event with over 300 community members and employees in attendance.

The expo featured over 25 health and wellness-related booths from across the Oneida Nation, offering a wide range of information and resources. Attendees had the opportunity to engage with various vendors and learn what services the Oneida Nation provides for their specific needs. In addition to the booths, the expo hosted three expert presentations that drew in over 90 participants:

-  Dr. Robert Dempsey discussed stroke and brain health on the Oneida Reservation.
-  Dr. Christine Garstka presented on the power of connection for mental wellness.
-  Stephenie Muscavitch shared knowledge on how health and wellness are stored in our history.

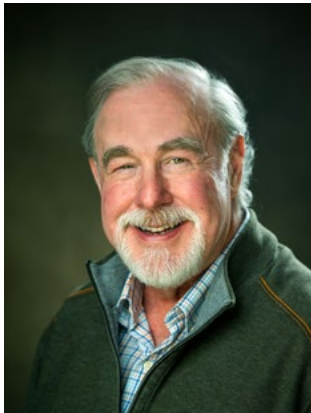
For those who were unable to attend the event, recordings of the presentations are available on the Oneida Comprehensive Health Division Facebook page. This allows community members to benefit from the valuable information shared during the expo at a time that is convenient for the viewer.

The Health Promotion Disease Prevention Department expresses their gratitude, and a big Yaw^ko, to all the community members, employees and vendors who supported the event. Plans are already underway for the 4th Annual Health and Wellness Expo, which will be held at the Oneida Community Health Center in January 2026.



# NEW PROVIDERS

PLEASE HELP US WELCOME OUR NEW PROVIDERS TO OCHD



## ROBERT J. GRZYBOWSKI, DDS General Dentist

Dr. Grzybowski, a dedicated general dentist, is passionate about providing quality and comprehensive dental service. His dedication to providing holistic care and his years of expertise make him a great addition to our dental team. Visit our [website](#) to learn more about Dr. Grzybowski.



Learn more about Dr. Grzybowski here.



## VALERIE HAY, MD Pediatrician

Dr. Hay has more than 20 years of experience as a pediatrician. Her care for her patients and the entire Oneida community supports OCHD's mission of providing high quality and personalized care. To learn more about Dr. Hay, visit our [website](#).



Learn more about Dr. Hay here.

*Their expertise will enhance patient care and access to services for the Oneida Nation. Welcome aboard!*



## Yaw<sup>^</sup>kó Dr. Moyer

**Congratulations on your retirement!**

Please help us share our deepest thanks with Dr. Robert Moyer, who has served our community for the past 21 years as an Obstetrician/Gynecologist. Dr. Moyer retired during the month of April. We thank him for the care he provided and wish him a wonderful retirement.

# A HEALTHY HISTORY



## ONEIDA HEALER NANCY CORNELIUS SKENANDORE

Born on June 13, 1861, on the Oneida Reservation in Wisconsin to Elijah and Elizabeth Jordan Cornelius, Nancy’s journey as a healer began with her education at esteemed institutions, including the Carlisle Indian School in Pennsylvania and the Hartford Training School for Nurses in Connecticut. She was among the earliest trained nurses to practice in the state. She graduated from nursing school only two years after Wisconsin’s first school of nursing was established in 1888.



Nancy began her career providing private nursing in patients’ homes while living in Connecticut. After joining the Oneida Hospital on September 5, 1899, she became a cornerstone of community health, often serving as both nurse and administrator in an era when trained medical professionals were scarce. Her role was particularly critical during times when the hospital lacked a resident physician, providing essential care and support to those in need. Nancy left the hospital in 1904, after marrying Daniel Skenandore. Her legacy highlights the vital role that women played in the preservation and advancement of Oneida health practices. (Story Courtesy of Oneida Nation Museum)

### MARK YOUR CALENDAR



OCHD Community Meeting..... May 7  
Kunhi-Yo.....August 29  
Tribal Caregiver Conference.....Sept 16-17

*\*Parent Groups and Memory Cafe occur on  
on the second Wednesday of every month*

### ANTICIPATED CLOSURES



Good Friday..... April 18  
(closing at 12 p.m.)  
Teen Health Fair..... April 29  
(closed until 12 p.m.)  
Oneida Code Talkers Day..... May 23  
Memorial Day..... May 26

*You can watch for additional information regarding upcoming events and health center closures on social media and our [website](#).*

