NATURAL AREAS & TRAILS GUIDE

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dye-yoo-gwa-da gully-duddy

We are Going Along in Good Health





Hiking



Biking



Hunting



Fishing



Sight Seeing



Picnicing



Camping



Canoeing

General Trail Guidelines

- Trails open sunrise to sundown.
- Be aware of hunting seasons. Pg. 3
- Many trails are rough and uneven, hike at your own risk.
- Remain on the identified trails.
- Use caution as some plants are potentially harmful varieties.
- If you are gathering plants, please remember to take only what you will use.
- Use the properties with respect and be respectful to other visitors.
- Pack it in, Pack it out.
- Leave no trace.
- If you see something, say something. (referring to garbage, damage, etc.)

Using the Guide

Difficulty Level Colors

On the right edge is a colored bar that indicates the difficulty of each natural area or trail for hiking.



Green

The trail is easy to navigate and well maintained.



Yellow

The trail has moderate difficulty but well maintained. May encounter minor hills and uneven terrain.



Red

The trail is difficult. May encounter hills and uneven terrain.

QR Codes

Each trail has an accompanying QR Code. The QR Code is the coordinates to each natural area or trail. Scan with the camera on your smart phone to link to your map app for directions to the main access point of the trail.

5 Benefits to Outdoor Activities

- Exercise Your Body
- Relax Your Mind
- Improve Your Focus
- Increase Self-Esteem
- Improve Sleep

Plant Warning

SEE THREE LET IT BE

HAIRY VINE
NO FRIEND OF MINE

LONGER MIDDLE STEM, DON'T TOUCH THEM













Most individuals will get a red, itchy rash with possible hives or blisters. There is no cure for the rash and you'll have to wait for the symptoms to pass.

- Over the counter remedies:
- Calamine lotion
- Hydrocortisone creams
- Topical anesthetics, such as menthol or benzocaine
- Oral antihistamines, such as diphenhydramine (Benadryl)
- Try taking an oatmeal bath

CALL THE DOCTOR

- If the rash is on the face or genitals, spreads over a large part (30–50 percent) of the body.
- High fever (over 101°F)

CALL 911 OR GO TO EMERGENCY IMMEDIATELY

• Eyes swell shut or you have difficulty breathing.

Trail Use

during

Hunting Season





- 1. **Know when hunting season is.** There are also different seasons for bow & gun hunting.
- 2. **Wear bright colored clothing.** Orange, red & high visibility colors are ideal.
- 3. **Stay away from known blinds or stands.** Keep a distance from stands & blinds that have been previously identified for safety & respect for the hunter.
- 4. Avoid hiking at dawn & dusk in areas open to hunting. These are prime hunting times because it is when deer & other game animals are most active. It is also more dangerous because hunters may have a difficult time making out colors & shapes due to the lack of light.
- Stay with the group unless instructed to. People in numbers are less likely to be mistaken as an animal.



Hunting Schedule

Oneida Reservation

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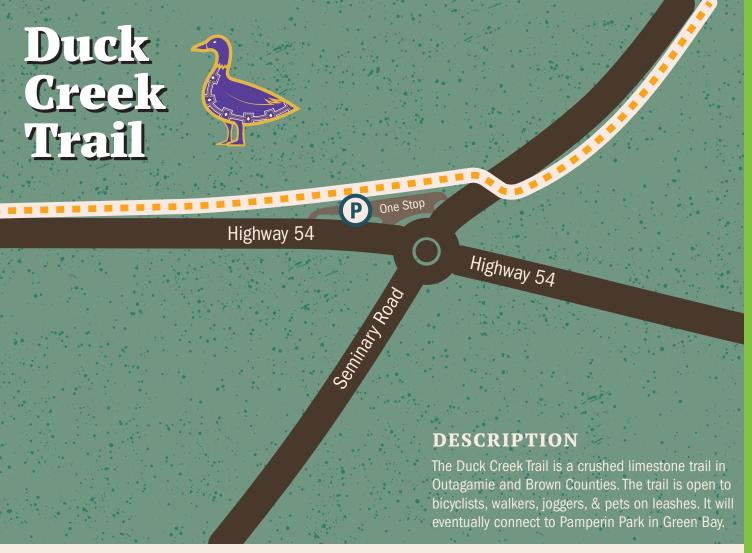
NATURAL AREAS & TRAILS

- 1. Duck Creek Trail
- 2. Ducks Gathering Trails
- 3. Elder Village Trails
- 4. Foxtails Trail
- 5. Museum Trail
- Norbert Hill Center Trails
- 7. Oneida Lake Trails
- 8. Quarry Park Trails
- 9. Silver Creek Trail
- 10. Spruce Ridge Trails
- Veterans Memorial Wall Walkway
- 12. Where the Waterbirds Nest Trail



POINTS OF INTEREST

- a. Orchard 3976 W. Mason St
- b. Tsyunhehkwa139 Riverdale Dr
- c. Buffalo Overlook 903 Vande Bruggen Ln
- d. Health Center525 Airport Dr
- e. Fitness Center 2640 W. Point Rd
- f. B&B Market N6010 Cty Rd C



7 MILES OPEN ACCESS











WHAT TO LOOK FOR

Animals

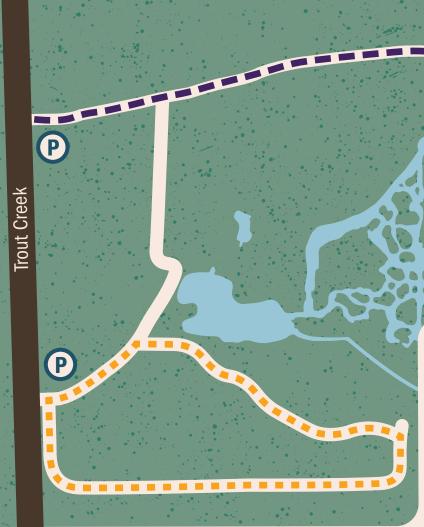
Various Ducks, Songbirds, Owls, Squirrels, Deer, Coyote, Turkey, Red-tailed Hawk, and numerous other wildlife species.

Medicinal Plants

Mullien, Blackberry, Elderberry, Wild Grape, Catnip, Milkweed, Raspberry, and Boneset.

Trees

Pine, Oak, Maple & Ash.



89 ACRES · 2 ACCESS POINTS ONEIDA COMMUNITY ACCESS













Ducks Gathering Trail

DESCRIPTION

A haven for monarch butterflies, waterfowl & other wildlife species. Restoration efforts include wetlands, pond establishment, & nesting habitats. Food plots support productive wildlife.

WHAT TO LOOK FOR

Animals

Various Ducks, Amphibians, Crayfish, Fish, Reptiles, Turkey, Red-tailed Hawk, Pheasant, Woodcock, Deer, Coyote, Black Bear, Butterflies, & Skunk.

Medicinal Plants

Common Milkweed, Evening Primrose, Goldenrod, Swamp Milkweed, & Queen Anne's Lace.

Trees

Bottom & hardwoods dominate the site, mainly Cottonwood, Willow, Elm & Silver Maple.

ANIMAL FACT

Did you know butterflies taste with their feet? It is true, butterflies have a majority of their taste receptors on their tiny tootsies!



OPEN ACCESS



Multi Options

10 min







WHAT TO LOOK FOR

Animals

Songbirds, Red-Tailed Hawk, Turkey, Deer, Squirrels, and numerous other wildlife species.

Medicinal Plants

Queen Anne's Lace, Milkweed, Goldenrod, Thistle, Dandelion, and Red Clover.



394 ACRES · 2 ACCESS POINTS ONEIDA COMMUNITY ACCESS

Water Circle Place













Foxtails Trails

DESCRIPTION

This was the first tribal designated wildlife area. Ponds are scattered across the landscape varying in size from 1/2 acre to 2 acres. Food plots are provided for wildlife & trails meander through open fields & small wooden parcels. Tree restoration has been completed to connect fragmented woods.

ANIMAL FACT

Coyotes mate for life & raise their young as a couple or within a larger pack.

WHAT TO LOOK FOR

Animals

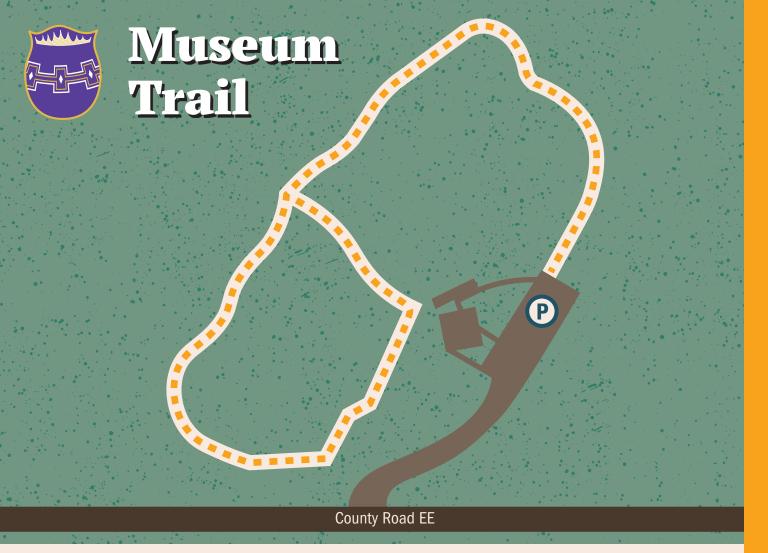
Various Ducks, Songbirds, Red-tailed Hawk, Sand Hill Crane, Black Bear, Red & Grey Fox, Pheasant, Grouse, Deer, Coyote, Turkey & numerous other wildlife species.

Medicinal Plants

Milkweed, Wild Bergamot, Queen Anne's Lace, Godenrod, River Grape, Joe Pye Weed, Raspberry, Blackberry, Wild Strawberry, & Plantain.

Trees

This area is predominantly a lowland hardwood community with tree restoration of soft and hardwood mix of Spruce, Pine, Ash, & Maple.



1 ACCESS POINT OPEN ACESS











WHAT TO LOOK FOR

Animals

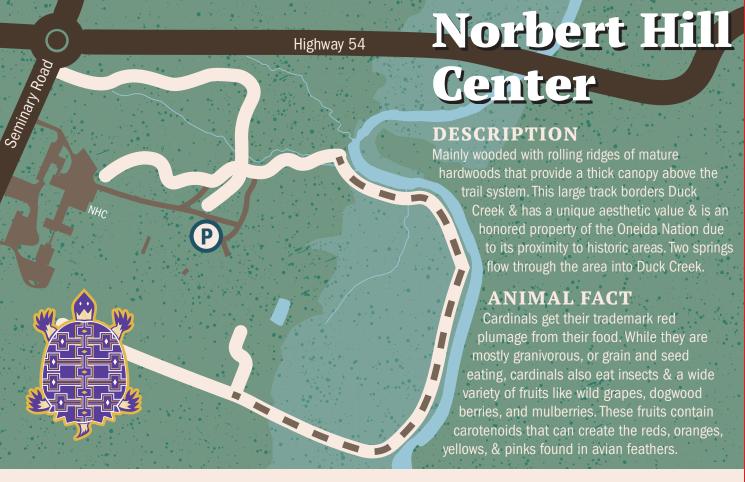
Songbirds, Owls, Turkey, Squirrels, Coyote, Redtailed Hawk, and numerous other wildlife species.

Medicinal Plants

Wild Bergamot, Wild Ginger, River Grape, Trout Lily, Bloodroot, Staghorn Sumac, Queen Anne's Lace, Red Clover, Wild Strawberry, & Wild Onion.

Trees

Cottonwood, White Pine, Maple, Hemlock, & Cedar.



78 ACRES · MULTIPLE ACCESS POINTS ONEIDA COMMUNITY ACCESS



Multiple Trails - Time Vary









WHAT TO LOOK FOR

Animals

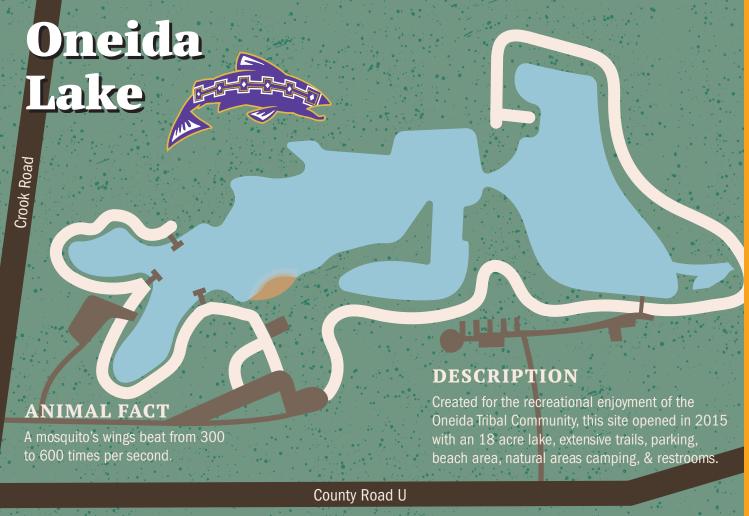
Various Ducks, Songbirds, Owls, Beaver, Otter, Grey Fox, Deer, Coyote, Turkey, & numerous other wildlife species.

Medicinal Plants

Wild Ginger, River Grape, Red Clover, Trout Lily, Bloodroot, Dandelion, Horsetail, Cardinal Flower, Rattlesnake Root, Solomon's Seal, & Jewelweed.

Trees

Upland hardwood species include Oak, Maple, Hickory, & Basswood. Lowland softwood include Cedar, White Pine, Norway, & White Spruce.



40 ACRES · 2 ACCESS POINTS · ONEIDA COMMUNITY ACCESS













WHAT TO LOOK FOR

Animals

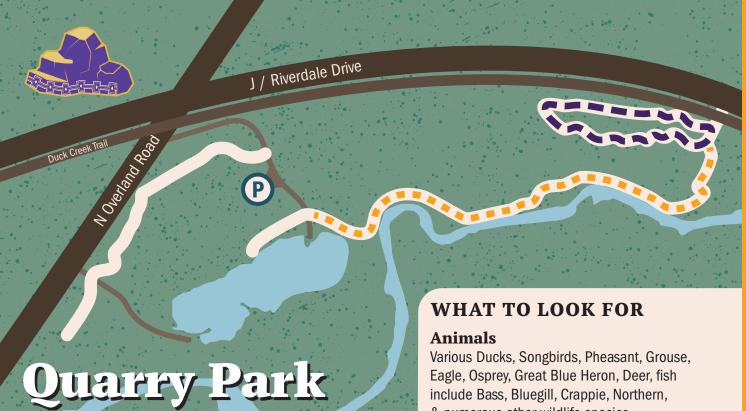
Various Waterfowl, Songbirds, Deer, Coyote, Turkey, & numerous other wildlife species.

Medicinal Plants

Milkweed, Golden Rod, Queen Anne's Lace, Chicory, Dandelion, Red Clover, Plantain, Bergamot, Staghorn Sumac, Mullien, River Grape, Joe Pye Weed, & Swamp Milkweed.

Trees

White Pine, Birch, Serviceberry, Plum, & Oak.



DESCRIPTION

Recreation opportunities include a 5 acre lake with multiple fish species & a shared border with Duck Creek. Dam Removal downstream from here has increased the seasonal fish run with a variety of fish.

163 ACRES · 3 ACCESS POINTS ONEIDA COMMUNITY ACCESS













& numerous other wildlife species.

Medicinal Plants

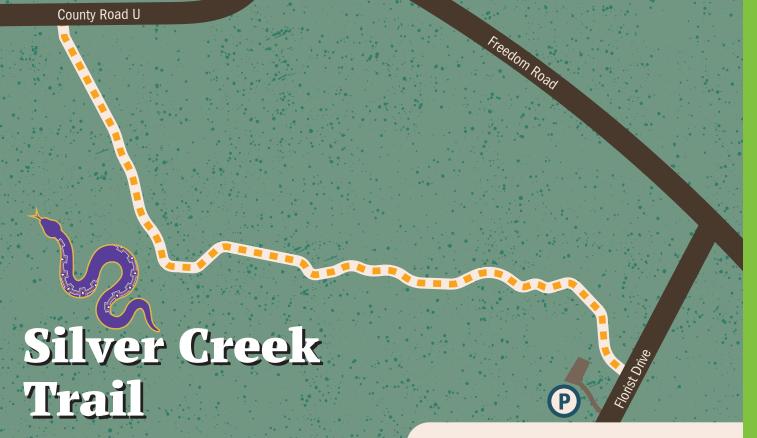
Blue Vervain, Gooseberry, Goldenrod, Great Blue Lobelia, Heal All, Horsetail, Jack in the Pulpit, Jewelweed, Lousewort, Mullein, Mayapple, Queen Anne's Lace, Raspberry, Skunk Cabbage, Spotted Joe Pye Weed, St. Johnswort, Staghorn Sumac, Strawberry, Swamp Buttercup, Swamp Milkweed, Wild Bergamot, Wild Ginger, River Grape, Wild Leek, & Wild Onion.

Trees

Upland & lowland hardwoods including Ash, Birch, Cedar, Oak, Maple, Hickory, Hemlock, & White Pine.

ANIMAL FACT

Snapping turtles have been around for so long they lived with the dinosaurs! That means they survived the mass extinction that wiped dinosaurs off the earth some 65 million years ago. Snapping turtles have existed for about 90 million years.



DESCRIPTION

Silver Creek flows through this property which features a pond & open fields. Opportunities for relaxing & wildlife viewing near Silver Creek.

36 ACRES · 2 ACCESS POINTS ONEIDA COMMUNITY ACCESS











WHAT TO LOOK FOR

Animals

Various Ducks, Songbirds, Pheasant, Grouse, Eagle, Osprey, Great Blue Heron, Deer, various fish, and numerous other wildlife species

Medicinal Plants

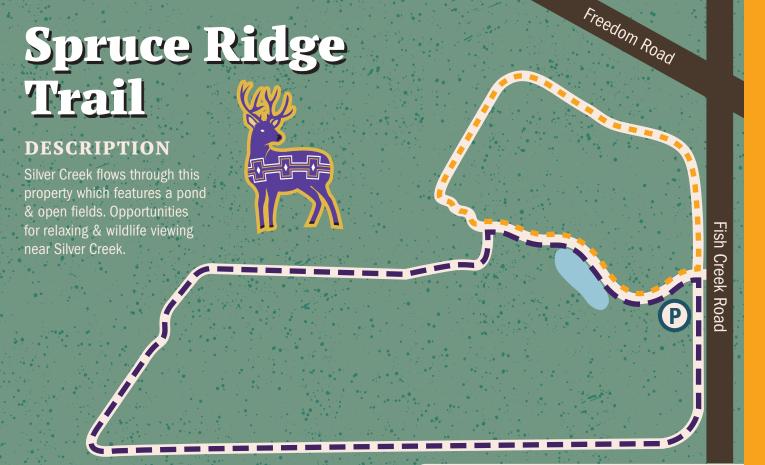
Goldenrod, Mayapple, Heal All, Mullein, Queen Anne's Lace, Joe Pye Weed, Jack in the Pulpit, Jewelweed, St. Johnswort, Strawberry, Wild Bergamot, Wild Ginger, River Grape, Horsetail, Swamp Milkweed, Red Clover, Yarrow, Black Caps, Blue Vervain, Gooseberry, & Skunk Cabbage.

Trees

Mostly lowland brush species.

ANIMAL FACT

Squirrels may pretend to bury a nut to throw off potential thieves.



36 ACRES · 1 ACCESS POINT ONEIDA COMMUNITY ACCESS













WHAT TO LOOK FOR

Animals

Various Ducks, Soundbirds, Owls, Squirrels, Deer, Coyote, Turkey, & numerous other wildlife species.

Medicinal Plants

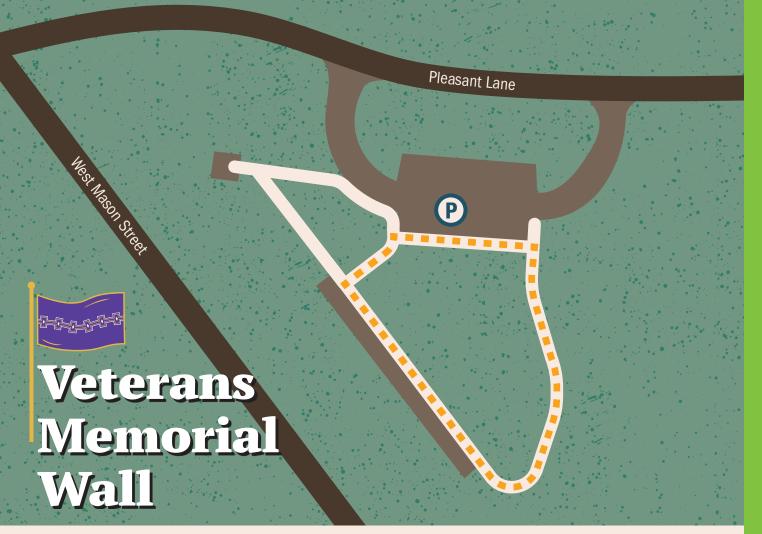
Blue Vervain, Goldenrod, Joe Pye Weed, Milkweed, Sensitive Fern, & Queen Anne's Lace.

Trees

Mostly lowland brush species.

ANIMAL FACT

Whitetail Deer have better night than day vision. Their eyes have more rods than cones, therefore they can see better at night. They have their own built in night vision googles.



1 ACCESS POINT OPEN ACCESS









WHAT TO LOOK FOR

Wall

The Oneida Veterans Wall was originally constructed in 2007. It has recently been renovated and repaired with accessible walk-ways.

Purple Heart

On May 22, 2021, the Purple Heart Monument was dedicated.

Liberty Tree

On October 9, 2021, a Liberty Tree was placed in memory of Revolutionary War Capt. James Powless by the Daughters of the American Revolution.

Where the Waterbirds Nest



This natural area features an overlook, a 55 acre shallow lake & is surrounded by grasslands, a tree reforestation, wetland restoration, & wildlife food plots.

ANIMAL FACT

Great blue herons have adapted "bib" feathers to keep them clean. Specialized feathers on their chest grow continuously & fray into a fine cleaning powder. This powder is used to help groom their entire body & clean off fish slime.



County Road U

132 ACRES · 1 ACCESS POINT ONEIDA COMMUNITY ACCESS



1 Loop **30 Min**









WHAT TO LOOK FOR

Animals

Various Ducks, Trumpeter Swan, Tundra Swan, Green Heron, Great Blue Heron, Snow Geese, Great Egret, Osprey, Eagles, and numerous other wildlife species.

Medicinal Plants

Milkweed, Goldenrod, River Grape, Blackberry, Raspberry, High Bush Cranberry, Queen Anne's Lace, Plantain, Wild Bergamot, & Red Clover

Trees

Northern hardwood mix of Ash, Maple, Oak, White Pine, & Spruce.

12 Natural Areas & Trails

Oneida Access Only.

- Blue Spruce Trail
- Duck Creek Trail
- Ducks Gathering Trail
- Elder Village Trail
- Foxtails Trail
- Museum Trail
- Norbert Hill Center Trails
- Oneida Lake
- Quarry Park Trails
- Silver Creek Trail
- Veterans Wall Walk Way (Public)
- Where the Waterbirds Nest

Special thanks to Oneida Community Health Improvement Team, Conservation, Grounds, GIS, Environmental, Cultural Heritage and Big Bear Media: Print & Tourism.