

PLEASE NOTE THE NEW DATE
FOR MEMORY CAFE IS NOW ON
EVERY 2ND WEDNESDAY OF
THE MONTH

JANUARY MEMORY CAFE

JANUARY 8, 2025
1:30PM-3:00PM



What to expect

Memory Cafe is open to anyone with early memory loss and other dementia symptoms. The Memory Cafe is an opportunity to be social in an understanding stigma free setting. Socialization often decreases for people with dementia. Here you can remain connected and engaged.

This Month's Activity

We will be doing Sensory Bottles

What is Memory Café?

The memory café provides a fun, comfortable environment where people with memory loss can relax, engage, and enjoy company of others on the same journey. Feel free to bring a spouse, friend, family member, or significant other.



Memory Café



ONEIDA COMMUNITY
HEALTH CENTER



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