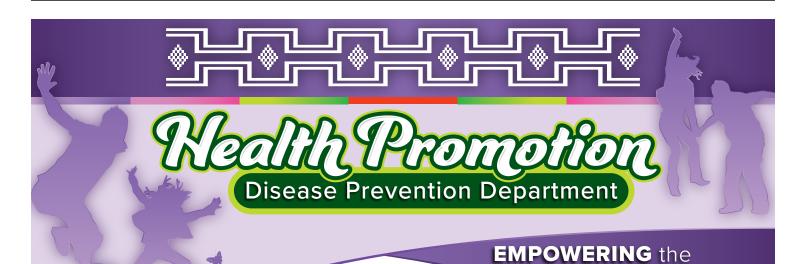
# **PUBLIC HEALTH**



Oneida Health Promotion Disease Prevention
(HPDP) is a part of the Oneida Comprehensive
Health Division in the Community Health Services
Department. HPDP offers a variety of services and
progamming aimed at helping people make healthy
lifestyle changes and achieve their wellness related goals.

Stefanie Reinke Health Promotion Manager



Hanna Leisgang Health Promotion Coordinator

Examples of our public health programs and services

**Oneida Community** 

to Achieve

**OPTIMAL** 

HEALTH.

**Wellness Coaching** 

**Diabetes Prevention Progam** 

**Stroke Prevention Research Studies** 

**Just Move It Oneida** 

Dawn Krines Glatt Health Promotion Specialist



Amanda Riesenberg Stroke Prevention Wellness Coach

Tek Skenandore Health Promotion Specialist



Maria Doxtator Alfaro Data Coordinator

Taylor Jean Health Promotion Specialist



Scan the QR Code to learn more on our website.

## **PUBLIC HEALTH**



### **PUBLIC HEALTH**



### **Stroke Prevention Studies**

Stroke Study Purpose: Identify risk factors putting Native Americans at a higher risk for stroke and learn what activities lessen these factors.

Stroke Study Reason: Stroke and premature dementia are two of the greatest causes of disability and death in the Native American population.

The Oneida Comprehensive Health Division and the University of Wisconsin-Madison Stroke team have partnered together since 2019 to decrease stroke and stroke risk factors in the Native American population through education, clinical research, and community events.

- Are you Native American?
- Are you 35-55 years old?
- · Do you want to make an impact in your community?

If you answer YES...we invite you to take part in a research study about stroke prevention and how the Native American population can reduce their stroke risk.



Amanda Riesenberg Stroke Prevention Wellness Coach 920.490.3984 ariesenb@oneidanation.org



#### **Dementia Care Services**

Along with the Stroke Prevention Studies, Oneida also provides Tribal Dementia Care Specialists who support people with dementia and their caregivers to ensure the highest quality of life possible while living at home. For those inflicted with dementia, memory screening, education, and enrichment opportunities such as the Memory Cafe are provided. Caregivers of Dementia patients are provided education, family meetings, consultations, and are connected with support groups, classes, and other programs. Scan or Click the QR Codes below to learn more.



Debra Miller Tribal Dementia Care Specialist 920.869.4854 dmiller4@oneidanation.org



#### **Stroke Facts**

Strokes are the 5th leading cause of death in the U.S.

Strokes are the leading cause of disability in the U.S.

Native Americans are at a higher risk for stroke and premature dementia than other populations.

#### **Dementia Facts**

1 in 10 people age 65 and older has Alzheimer's disease.

1 in 3 American Indians over 65 will develop Dementia, including Alzheimer's.

Dementia is not a normal part of aging, it is a brain disease.

Dementia is a group of symptoms. There are many types of Dementia, Alzheimer's being the most common.