



A good mind. A good heart. A strong fire.

Health and

Wellness Expo

JANUARY 23, 2025

11:00 AM - 2:30 PM

Oneida Community Health Center

- INFORMATIONAL BOOTHS • BLOOD PRESSURE CHECKS • RECIPES
- NEW ONEIDA TRAIL GUIDES • GIVEAWAYS • AND MORE

Expert Presentations

11:00 AM Dr. Robert Dempsey

Stroke and Brain Health in the Oneida Nation

12:00 PM Dr. Christine Garstka

Power of Connection for our Mental Wellness

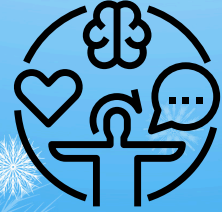
1:00 PM Stephenie Muscavitch

Health and Wellness Stored in Our History

Space is limited for presentations.

Facebook Live Stream - Oneida Comprehensive Health Division

FREE EVENT



ALL ARE WELCOME

Need more information?

Contact: Amanda 920-490-3984 or ariesenb@oneidanation.org

11/21/2024