

# DRUMS ACROSS ONEIDA



Wahsu·tés  
(December)



This is the first monthly newsletter since 2009. For a brief time, items were posted in the Kalihwisaks vs. mailout. This newsletter is being sent to Oneidas 55 and older within the Brown and Outagamie boundaries (one per household). This is also posted on the Oneida Aging and Disability Services Facebook page and about 25 copies will be sent to the SEOTS office.

**Purpose:** The purpose of ONCOA is to adhere to the Oneida Nation's Vision, Mission, Core Values and to be knowledgeable and supportive of all programs and services that place priority on the well-being of our Oneida Elders. ONCOA must exist based on State statutory requirement for the Oneida Nation to receive funds for Elder Services. Meetings are held every 2nd and 4th Tuesday of the month in the Aging and Disability Services Conference Room at 1:00 p.m.

## ONCOA Members

Winnifred Thomas, Chair, July 31, 2026  
Claudia Skenandore, Vice-Chair, July 31, 2026  
Sandra Skenadore, Secretary, July 31, 2026  
Mary Doxtator, Member, July 31, 2025  
Carole Liggins, Member, July 31, 2025  
Cathy Metoxen, Member, July 31, 2027  
Neoma Orsburn, Member, July 31, 2027  
Pearl Webster, Member, July 31, 2027  
Donald White, Member, July 31, 2025

## Blast from the Past!

**Standing left to right:**

Dellora Cornelius  
Ron McLester Sr.  
Wesley Martin Jr.  
Mike Hill  
Carol Elm  
Hugh Danforth

**Seated:**

Dorothy J. Skenandore  
Pearl McLester  
Warren Skenadore



The ONCOA Board of 2011 was instrumental in helping create this brochure for our Oneida Elders we serve at Elder Services.

## Goals for FY-2025 (Oct 2024 through Sep 2025)

- Create a Strategic Plan for the Oneida Nation Commission on Aging, Advancing On^yote?a.ka Principles.
- Socialize, learn, and seek wellness information for the elder community, promoting positive community relations.
- Assist working on the Elder Protection Law and Exercising Sovereignty.

## Recently discussed accomplishments & topics

- Creating Strategic Plan for ONCOA to ensure we have the best tools and resources in place to effectively carry out our duties and responsibilities.

- ONCOA members approved to attend the Great Lakes Native American Elders Association (GLNAEA) Conferences every three months. Elders from the 11 Tribes in Wisconsin are invited. Great Lakes Inter-Tribal Council oversees the:
  - Senior Companion and Foster Grandparent programs,
  - Tribal Elder Benefit Specialist
  - Tribal Aging and Disability Resource Specialist
  - and many other programs
- ONCOA members are invited and will attend the committee meetings that will be creating an Oneida Elder Protection Law.
- Accept the Aging and Long-Term Support Advisory Committee (ALTS) update.
- Monthly updates from our Oneida Business Committee Liaison-Jennifer Webster.
- Monthly updates from Aging and Disability Services (ADS) Manager-Elijah Metoxen.
- Office space for ONCOA in Aging and Disability Services (ADS) approved.
- DRUMS newsletter coordinated by ONCOA with ADS.
- Sean Powless, Community Education Center Manager presentation and discussion.
- SAVE THE DATE for 2025 American Indian Elders Conference beginning September 29, 2025, in Durant, Oklahoma.
- Accept the National Indian Council on Aging, Inc. update.
- Approve the request for gift donations to the Halloween event at the Meal Site on October 31, 2024, at 1:00pm
- Presenter Jodi Tess, Supervisor Elder Abuse Prevention discussion about the program.
- Discussion about smoking in elder apartments with Mark Powless, General Manager and Scott Denny, Area Manager Residential Rentals.

ONCOA Main phone: 920-770-8313 (Sandi Skenandore, Secretary)

ONCOA Main email: [oncoa@oneidanation.org](mailto:oncoa@oneidanation.org)

ONCOA Main website: <https://oneida-nsn.gov/government/boards-committees-and-commissions/elected/#Oneida-Nation-Commission-on-Aging>

Oneida Aging and Disability Services Main phone: (and emergency phone number): 920-869-2448

Oneida Aging and Disability Main website: <https://oneida-nsn.gov/resources/agingdisabilityservices>

Aging and Disability Facebook page: Oneida Aging & Disability Services

Respect your elders and the world will respect you.

Do you go and visit your elderly friends?

Do you like to make cultural items?


Would you like to teach others how to make cultural items?

Do you already do these things?

How about getting paid a small amount to do the things you are already doing.

If you would like to know more contact me at:

Theresa Rauworth  
715-588-1082  
or  
trauworth@glitc.org










Meals are served 12:00-12:30 PM

Menus are subject to change due to availability

## December Menu 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Low sodium Ham Slice Creamy Scalloped Potatoes (20 gm) Seasoned Green Beans WG Dinner Roll (10 gm) Diced Peaches (15 gm)</p>	<p>3 Navy Bean &amp; Ham (5gm) Ham &amp; Swiss WG bun (22 gm) Coleslaw (3 gm) Fresh Fruit (15 gm) Crackers (8 gm)</p>	<p>4 Stroganoff Beef Tips WG noodles (20 gm) Stewed Tomatoes WG Dinner Roll (10 gm) Applesauce (15 gm) SF Pudding (10 gm)</p>	<p>5 Creamy Swedish Meatballs Noodles (20 gm) Herb seasoned Broccoli Raw vegetables WG Dinner Roll (10 gm) SF Fruit Gelatin (10 gm)</p>	<p>6 Chicken Booyah (7 gm) WG biscuit (27 gm) Chef Salad Fresh Fruit (15 gm)</p>
<p>9 Oneida Beef &amp; Bison Taco WG Tortilla shell (14 gm) Lettuce, tomato, cheese Refried Beans (16 gm) Spanish Rice (12 gm) Diced Peaches (15 gm)</p>	<p>10 Homemade Meat Sauce from Oneida Beef Spaghetti noodles (15 gm) Mixed Vegetables (10 gm) Raw vegetables WG Breadstick (10 gm) Fresh Fruit (15 gm)</p>	<p>11 Chicken Alfredo over Noodles (20 gm) Herb-spiced broccoli, cauliflower, and carrots Pickled Beets WG Dinner Roll (10 gm) Applesauce (15 gm)</p>	<p>12 Beef Stew (<i>beef tips with potatoes, vegetables and gravy</i>) (8 gm) Mashed Potatoes (15 gm) Herb Seasoned Carrots WG Dinner Roll (10 gm) Fruit Cup (15 gm)</p>	<p>13 <b>Breakfast for Lunch</b> Egg Omelet, Sausage links Hashbrown patty (15 gm) WG Cereal (21 gm) Fresh Fruit (15 gm) Tomato juice (5 gm)</p>
<p>16 Mushroom Swiss Burger Whole Wheat Bun (22 gm) Baked Beans (20 gm) Seasoned Brussel Sprouts Applesauce (15 gm)</p>	<p>17 Homemade Beef Vegetable Soup (10 gm) Turkey &amp; Cheddar cheese on Whole grain bun (22 gm) Garden Salad Fresh Fruit (15 gm) Oyster Crackers (8 gm)</p>	<p>18 Oven Roasted Turkey Mashed Potatoes (15 gm) Squash (15 gm) WG Dinner Roll (10 gm) Mandarin Oranges (15 gm)</p>	<p>19 Christmas Meal Oven Roasted Beef Mashed potatoes gravy (15 gm) Herb seasoned Corn (15 gm) Christmas Cookie (15 gm) Fruit (15 gm) WG Dinner Roll (10 gm)</p>	<p>20 Chicken Patty- MOW WG Bun (22 gm)- MOW Hashbrown patty- MOW Pizza- congregate Garden Salad Fresh Fruit (15 gm) Vegetable juice- congregate</p>
<p>23 Homemade Chicken Pot Pie contains chicken, mixed vegetables, diced potatoes (8 gm) WG Biscuit (27 gm) Seasoned Corn (15 gm) Applesauce (15 gm)</p>	<p>24 Closed Christmas Eve</p> 	<p>25 Closed Christmas Day</p> 	<p>26 Kielbasa w/sauerkraut Boiled Potatoes (15 gm) Herb-spiced broccoli, cauliflower, and carrots Diced Peaches (15 gm) WG Dinner Roll (10 gm)</p>	<p>27 Fish Patty WG Bun (22 gm) Wild Rice Pilaf (15 gm) Herb Seasoned Peas Fresh Fruit (15 gm) Frozen Slushie (100% fruit) (15 gm)</p>
<p>30 Sweet BBQ Ray's Shredded Chicken (3 gm) Whole Wheat Bun (22 gm) Coleslaw Seasoned Mixed Veg (10 gm) Mandarin oranges (15 gm)</p>	<p>31 Beef Hot Dog WG Hot Dog Bun (20 gm) String Cheese Roasted Sweet Pot (15 gm) Hot Diced Beets (6 gm) Peaches (15 gm)</p>	<p>Closed January 1, 2025</p> 		

- Choice of low-fat milk (11 gm) or Lactose-free milk (13 gm) for each meal
- Call Oneida Aging & Disability (920) 869- 2448 Monday- Friday 8:00 AM- 4:00 PM to reserve your meal

# DECEMBER ELDER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 (Meal Site &amp; Shopping)</b> 1) Chair Exercise-10:45 am 2) Bay Park Square Mall Shopping & Lunch — 1:30pm	<b>3</b> NO Activities	<b>4 (Meal Site)</b> 1) Chair Exercise— 10:45am 2) Bingo 1:30 pm	<b>5 (Activity Room)</b> 1) Coloring— 9:30am 2) Susan M. from Oneida Adventures: 1:30pm	<b>6 (Meijer's)</b> (9:45am Start Shuttle Pickup 10 Max)
<b>9 (Activity Room)</b> Crafts Day at: 9:30am & 1:15pm	<b>10 (Activity Room)</b> Painting Day- 9:30am & 1:15pm <b>ONCOA MEETING 1:00pm</b>	<b>11 (Meal site)</b> Christmas Cookie & Boxes Decorating 1:30pm	<b>12 (Outing Day)</b> 1) Amish Store Trip 9:30am	<b>13 (Woodman's)</b> (9:45am Start Shuttle Pickup 10 Max)
<b>16 (Outing)</b> Outing to Sheboygan Discount Warehouse— 9:00am	<b>17 (Meal Site)</b> 1) Chair Exercise: 10:30am 2) Corn Hole: 1:15 pm	<b>18 (Ashwaubenon &amp; Activity Room)</b> 1) Bowling Alley—9:30am 1) Crafts— 9:30am	<b>19 (Meal Site &amp; Activity Room)</b> 1) Chair Volleyball-10:30am 2) Susan M. from Oneida Adventures: 1:30p	<b>20 (Festival De Pere)</b> (9:45am Start Shuttle Pickup 10 Max)-NO Lunch
<b>23 (Meal site)</b> Elder Christmas Party 1:30pm	<b>24</b> <b>Closed 1/2 Day for Holiday</b>	<b>25</b> <b>CHRISTMAS DAY</b>	<b>26 (Meal site)</b> 1) Badminton: 10:00 am 2) Chair Yoga: 1:30pm	<b>27 (Walmart De Pere)</b> (9:45am Start Shuttle Pickup 10 Max)
<b>30 (Meal site)</b> Game Day— Team vs Team Mind Activities 10:00am & 1:30pm	<b>31 (Meal site &amp; Bay Park Square)</b> 1) Chair Exercise 10:30am 2) Movie Theater Day Afternoon-TBD			

**\*\* Activities are subject to change if necessary \* \* ACTIVITIES FOR ELDER 55 & OLDER OPEN TO ALL ELDER \*\* \* INFORMATION ABOUT EACH ACTIVITY IS LOCATED IN THE ACTIVITY BINDER FOUND AT THE MEALSITE OF AJNH \*\* ALL ONCOA MEETINGS WILL BE HELD IN THE ELDER CONFERENCE ROOM @ Aging & Disability STARTING AT 1:00PM. \*\*Contact Luwatiya'takenhas Crystal Danforth If you have any questions: 920-869-2448 Ext: 6831 or Cdanfo13@oneidanation.org\*\***



# Family Caregiving in Oneida: The Oneida Helping Oneida Study



Photo by Dennis King, Oneida WI

The Oneida Helping Oneida Family Caregiving Study (OHO) was conducted in 2021 to learn about family caregiving in the Oneida Nation of Wisconsin. Family caregivers (also called “informal caregivers”) provide care for family or friends who need assistance. They are not professionals and are usually unpaid.

Compared to many other racial/ethnic groups, being a family caregiver for an Elder is more common in Indigenous communities. Being a

family caregiver can be very time-consuming and demanding, especially when caring for an Elder with memory loss or dementia. Using educational, support, and respite services has been shown to help by decreasing caregiver stress and improving health and quality of life for the Elder. However, the use of such services by family caregivers tends to be low.

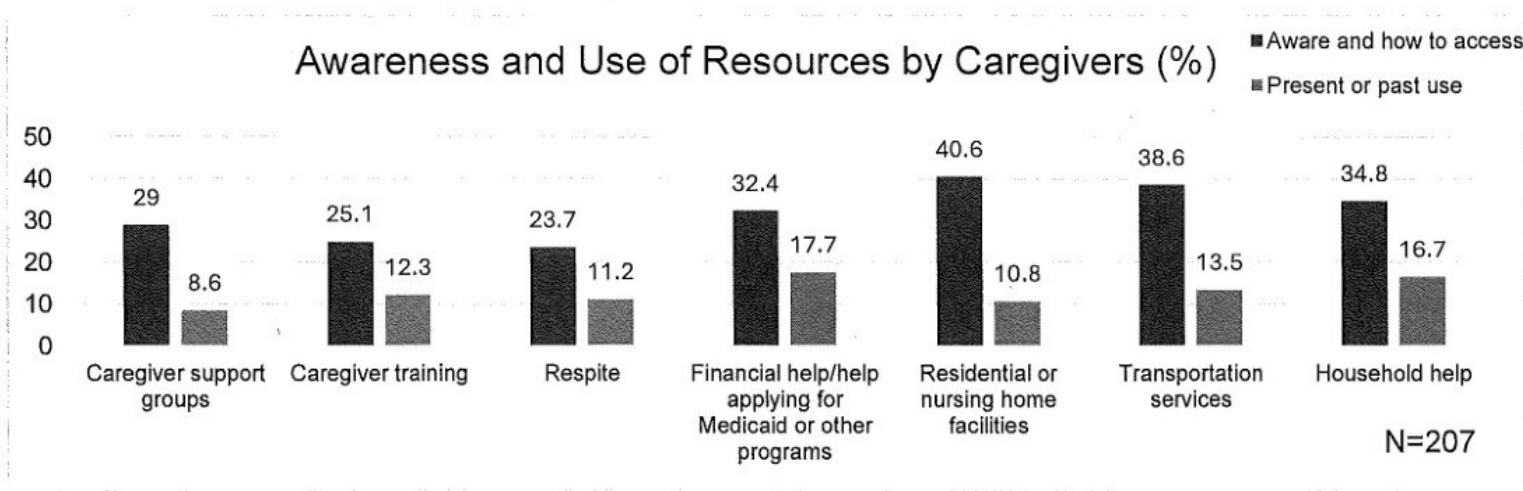
---

*“I’ve never even thought that there would be resources available...in the next few years I will step in and take over the majority of the care for my parents. I would definitely utilize resources so that I am able to do the best I can and maintain a positive healthy relationship with my parents and myself.”*

---

The OHO Study included 481 respondents from the Oneida community, 207 (43%) of whom were currently providing care to an adult family member or friend. Of the 274 respondents who were non-caregivers, 44.6% personally knew an enrolled Oneida Tribal member (and 11.2% knew a non-enrolled descendant) who was providing assistance to an Elder.

One finding of the OHO Study is below. It highlights the **awareness** of and **use** of *seven key resources* to support family in caring for a loved one:

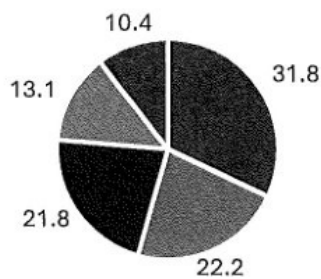


OHO Handout CG.V2(7-24)



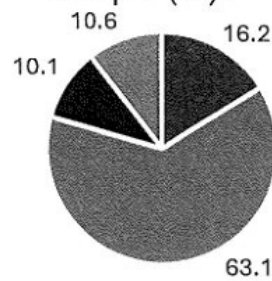
*"How many caregivers do we have here in Oneida? Some people don't consider themselves a caregiver, as they think it's their duty to help their parents...we just automatically take care of them, as that's the cultural belief. They take care of their own."*

Where our sample lives (%)



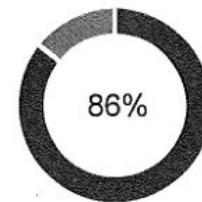
- Within reservation boundaries
- Brown or Outagamie counties
- Milwaukee, WI area
- Elsewhere in WI
- Outside of WI

Who are the Caregivers in our sample (%)?



- Spouse/Partner
- Adult child/Grandchild/Niece or nephew
- Sibling/Cousin
- Friend/neighbor/other

Caregivers caring for an Elder



Caregivers caring for someone with memory issues



Findings from the OHO Study and from previous research with Native caregivers highlight the critical importance of *increasing community awareness about helpful resources* and of *working to ensure that the services offered are aligned with a community's culture, traditions, and values*. We hope the results of this research will be helpful to the Oneida Nation of Wisconsin in making decisions about programs, policies, and outreach to the community. The 2022 National Strategy to Support Family Caregivers contains more information and expert recommendations on family caregiving in the U.S.

*"It's hard to ask for help. And when help arrives it is so appreciated."*

Quotes are from OHO survey respondents.

**Additional Resources:**

- National Indian Council on Aging, caregiving resource page: <https://www.nicoa.org/elder-resources/elder-health/native-caregiving/>
- National Resource Center on Native American Aging: <https://www.nrcnaa.org/>
- WI Aging and Disability Resource Centers: <https://www.dhs.wisconsin.gov/adrc/index.htm>

Sponsored by the Oneida Alzheimer's Disease Community Advisory Board and approved through Oneida BC resolution. The OHO Community Report is available via QR code or at <https://uwmadison.box.com/v/OHO-Report-2024>



Principal Investigator: Dr. Mary Wyman, University of Wisconsin/Madison VA Hospital  
mfwyman@wisc.edu



# HOW TO: *Scan a QR code*



1

Open camera

2

Hold device so QR code appears on screen

3

Tap notification to open link

Website: [www.oneidationation-nsn/resources/agingdisabilityservices/services/](http://www.oneidationation-nsn/resources/agingdisabilityservices/services/)

<https://oneida-nsn.gov/wp-content/uploads/2016/06/ES-Book-of-Services.pdf>

<https://oneida-nsn.gov/wp-content/uploads/2016/06/ES-Resource-Manual-2013.pdf>

## Oneida Nation



Lee McLester II Building – Elder Complex

### Elder Services

2907 S. Overland Rd.

Oneida, WI 54155

(920) 869-2448

Toll Free: 1-800-867-1551

## Oneida Nation



Lee McLester II Building—Elder Complex

### Elder Services Resource Manual



Elder Services  
2907 S. Overland Rd.  
Oneida, WI 54155  
(920) 869-2448 (24 hours)  
Toll Free: 1-800-867-1551

Oneida Meal Site  
2901 S. Overland Rd.  
Oneida, WI 54155  
(920) 869-1551  
Toll Free: 1-800-867-1551

### ELIGIBILITY

- Oneida Tribal Enrollment card
- Proof of residency (utility bill from the last 30 days)
- Proof of disability (letter from SSA, Veterans office, or medical professional)
- Denial letter(s) from other agencies for the same requests

## Oneida Disability Endowment Fund

### ONEIDA AGING & DISABILITY SERVICES

*This fund is a resource when other sources have been exhausted*

### PROJECTS FUNDED

- Car repairs
- Insurance
- Motorized wheelchair
- Tub-to-shower Conversion
- Dumpster
- Generator
- Ramp
- And more!

All requests will be answered within 10 business days

For more information:  
Christine Liggins | 920.869.2448

Maximum \$2,000 annually



## Roads, Snow Removal & Concerns



### DPW/Groundskeeping for Oneida Nation Roads

**Office**  
M-F 7am-3pm (920) 496-5970

**Emergency Contact or After Hours**  
Primary Contact Secondary Contact  
Suzanna Jordan Lloyd Ninham  
(920) 606-2216 (920) 655-9714

**Village of Hobart**  
M-F 8am-5pm (920) 869-1011  
Hobart Public Works (920) 869-3807

**City of Green Bay Public Works**  
M-F 8am-4:30pm (920) 448-3535  
After Hours & Emergency (920) 492-3735

**Outagamie County Public Works**  
M-F 7am-3pm (920) 832-5673

**Town of Oneida**  
M-Fri 8am-4pm (920) 833-2211

**Brown County Public Works**  
M-F 7:30am-4pm (920) 492-4925  
After Hours Non-Emergency (920) 492-4925

## After Hours Emergency Contact

Oneida Police Department (920) 869-2239  
Oneida Health Center (920) 869-2711

### Emergency: 911

**POWER GOES OUT CALL YOUR ELECTRIC COMPANY FIRST**  
WE Energies Power Outage 1(800) 261-5325  
WE Energies Gas Emergency 1(800) 622-4797  
WPS Power Outage 1(800) 450-7240  
WPS Gas Emergency 1(800) 450-7280

### Oneida Nation Departments Which May Be Capable of Providing Assistance

**Comprehensive Housing**  
24hr On Call (920) 869-2227

**Conservation Department**  
M-F 8am-4:30pm (920) 869-1450  
After Hours & Emergency: (920) 613-6184

**Division of Public Works**  
M-F 8am to 4:30pm (920) 869-1059  
Emergency On Call (920) 227-7389

**Aging and Disability**  
24hr On Call (920) 869-2448

**Emergency Food Pantry**  
M-Th 8am-4:30pm (920) 869-6165  
After Hours & Emergency (920) 532-3070

**Emergency Management**  
M-F 8am-4:30pm (920) 869-6650  
After Hours & Emergency (920) 366-0411

**Oneida Health Center**  
24hr On Call: (920) 869-2711  
Public Health Emergency (920) 869-4840

**Oneida Utilities**  
M-F 8am-4:30pm (920) 496-5290  
Emergency Septic Pumping (920) 613-6790  
Water and Sewer Emergency (920) 562-2911

**Transit Services:**  
M-F 5am-9pm (920) 496-5770

 The Office of  
Emergency Management

## WHO TO CONTACT In A Weather-Related Situation



**Trees Down**  
You can call conservation to see if they can help.  
You can also call the Police if any of the trees  
down create a hazard or are in the roadway.



**Power Outage**  
You can notify your provider



**Storm Damage**  
You can notify your insurance company.

## Emergency: 911

**Oneida Police Department:**  
(920) 869-2239

**National Weather Service**  
(920) 494-2363

[www.weather.com](http://www.weather.com)

## ADDITIONAL CONTACT INFORMATION

### Furnace Failure

**Economic Support**  
(920) 490-3939

The Oneida Police Department may provide a heater on the weekends until Monday, or the next business day.



Community Support will do an emergency Energy Assistance application to determine eligibility and then complete a Community Support application if they are over income.

This may include repairs and replacement. Community Support may also be able to help with funding assistance for a furnace.

### Aging & Disability Services

**Contact information**  
(920) 869-2448.

For all services that may be needed outside of normal business hours (weekends and holidays) Aging & Disability Services has an answering service and a supervisor is on call at all times.

The supervisor will take the call from answering service and get back to the client and call for the appropriate person/company to go and address the situation. This would cover Plumbing, Heating, and Electrical, for emergency situations.

Snow removal service for after-hours is for elders on the lifeline & dialysis list.

### Comprehensive Housing

**Contact information**  
(920) 869-2227

The main office number is an answering service that takes calls outside of regular business hours, including holidays.



Residents that reside in housing can call this number for emergencies after hours.

All calls are dispatched to the on-call staff.

### The Office of Emergency Management

*"To prepare the Oneida Nation in advance for any immediate or potential situation that threatens community life, property, environment and/or assets of the Oneida Nation."*

M-F 8am-4:30pm (920) 869-6650  
After Hours & Emergency (920) 366-0411

You can call Emergency Management if you have any questions about where to report the weather-related information.