



# Mental Health Speaker

Aging and Disability Caregiver Support Group



Dr Christine Garstka is a clinical psychologist who is from Oneida Community Health Center and will be speaking with our caregivers about over all mental health and how to cope with challenging situations.

**Aging and Disability  
Native American Family  
Caregiver Patty Harms**

Phone: 920-869-6830

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**Located at 2907 S Overland Rd.  
Elder Service Conference  
Room  
Wednesday October 16  
1:30pm to 3:30pm**