





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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OCTOBER 2024

	1 Lunch and Learn 10am: Safe Online Shopping	2	3	4	5 Pumpkin Decorating and Chili Cook Off 1:30pm
7	8 Elder Luncheon 10am-12pm FY2025 Budget Meeting 1pm	9 *Meds unavailable 10am-11am due to Pharmacy MTG	10 Garden Workshop With Iwigara Holistic Hub 5pm	11 Produce Donation 11am-12pm and 1pm-4pm	12
14 SEOTS Advisory Board MTG 6-7pm	15 Harvest Ceremony Education 12pm-4pm	16 Tribal Elder Box Distribution 1:30pm until gone	17	18 	19
21	22 Elder Luncheon 10am-12pm	23 GTC Meeting 6pm Depart SEOTS at 2pm	24 Family Yoga With Iwigara Holistic Hub 5pm	25 Produce Donation 11am-12pm and 1pm-4pm	26 
28	29 Lunch and Learn 10am: Topic TBD	30 SEOTS Halloween Party 5-7:30pm	31 		

Pumpkin Decorating and Chili Cook Off: 1:30-4pm, more details will be shared soon in the office, on Facebook, or on the website.

Tribal Elder Produce: Excess produce and products from the Tribal Elder Food Box Program. Quantities and actual products received are unknown until the donation arrives. Please follow our Facebook page or call the office for more information.

Elder Luncheons: October 8th and 22nd. Lunch and bingo provided. Chef Arlie Doxtator will also be providing food demonstrations at 10am with contents from the Tribal Elder Boxes.

Lunch and Learns: October 1st and October 29th, 10am-11am. Lunch and presentation/education provided.

FY2025 Budget Meeting: October 8th at 1pm provided by Oneida Nation CFO, RaLinda Ninham-Lamberies. If you want information, but are unable to attend, please contact SEOTS for the materials shared with the community.

****Tentative In-Person Language Classes:** Tuesdays 5-6:30pm October 8th- November 12th. More information to come soon. You can find the most up to date information on Facebook, in our office, or on the website.

Harvest Ceremony Education: Join us for an afternoon with Oneida Cultural Heritage to learn about Harvest ceremony. There will be food, crafts, and storytelling. 12-4pm, open to all ages with an adult.

Hunger Task Force Tribal Elder Food Box: SEOTS will receive tribal elder food boxes on October 16th, available from 1:30pm until gone.

Holiday Party: Food, games, trick or treating, and costume contest provided.

Garden Workshop: 5pm with Iwigara Holistic Hub, open to all ages.

Yoga Workshop: 5pm with Iwigara Holistic Hub, open to all ages, mats provided.

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