

Together We Can Make A Difference! KUNHI-YO' "I'm Healthy" Conference



Submitted by Oneida Behavioral Health

Oneida Nation community members are invited to the free KUNHI-YO' "I'm Healthy" conference on Thursday, August 29, 2024 at the Oneida Hotel. The event, sponsored by Oneida Behavioral Health's Tribal Opioid Response Team, coincides with International Overdose Awareness Day.

The goal of the event is to raise awareness about drug overdoses, reduce the stigma of drug-related deaths, and acknowledge the grief felt by families and friends. This year's theme, "Together We Can" highlights the strength of coming together and standing in support of those connected to the tragedy of overdose.

"All too often we don't talk about losing family members or friends due to an overdose," said Mari Kriescher, Director of Oneida Behavioral Health. "Sometimes our grief overtakes us, and we don't want to acknowledge it. Other times we feel ashamed, or we may be angry at the person we lost because of their drug use. But talking about it is crucial to healing as well as helping to prevent others from going down the same path. This conference provides a safe space for having those discussions."

The day-long KUNHI-YO' "I'm Healthy" conference begins at 9am and will

conclude with a dinner and closing ceremony. There will be featured speakers on hope, healing, harm reduction and healing from historical trauma, overdose education, culturally centered activities, community resources and supports.

Admission to the event is free, but registration is required for meal planning purposes. Lunch and dinner will be provided for registered, in-person attendees.



Scan to learn more and register for KUNHI-YO' "I'm Healthy"

