

# MAY ELDER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1 (Meal Site)</b> 1) Exercise W/Crystal: 11:00am 2) Bingo 1:30pm	<b>2 (Outing day)</b> Half Price Books (1:15pm Shuttle Pickup 10 Max from Meal site)	<b>3 (Metro Market)</b> Shopping Day (9:30am Shuttle Pickup 10 Max)
<b>6 (Activity Room &amp; Outside Trail)</b> 1) Coloring: 10:30am 2) Exercise W/Crystal: 1:00pm	<b>7 (Outing Day)</b> 1) Outing at UWGB 9am pick up from Meal Site 2) 2) Memory Café Day @ The Automobile Galley 1pm to 3pm	<b>8 (Meal Site)</b> 1) Exercise W/Crystal: 11:00am 2) Walk @ Oneida Lake	<b>9 (Activity Room)</b> Day with Susan M. from Oneida Adventures	<b>10 (Walmart Mason)</b> Shopping Day (9:30am Shuttle Pickup 10 Max)
<b>13 (Activity Room &amp; AJNH Kitchen)</b> 1) Crafts: 10:00am 2) Cooking Class with Chef Arlie Doxtator: 1:00pm	<b>14</b> <b>ONCOA MEETING 1:00pm</b>	<b>15 (Meal Site)</b> 1) Exercise W/Crystal: 11:00am 2) Bingo 1:30pm	<b>16 (Meal Site)</b> Chair Volleyball: 1:30pm	<b>17 (Woodman's)</b> Shopping Day (9:30am Shuttle Pickup 10 Max)
<b>20 (Meal Site)</b> 1) Game Day: 10:30am 2) Exercise W/Crystal: 1:00pm	<b>21 (Meal Site)</b> Chair Volleyball: 1:30pm	<b>22 (Meal Site)</b> Exercise W/Crystal: 11:00am Play—1:30pm	<b>23 (Meal Site)</b> Elder Dance 1:00pm to 3:00pm	<b>24</b> <b>Closed</b>
<b>27</b> <b>CLOSED</b>	<b>28</b> <b>ONCOA MEETING 1:00pm</b>	<b>29 (Meal Site)</b> 1) Exercise W/Crystal: 11:00am 2) Bingo 1:30pm	<b>30 (Meal Site)</b> Chair Volleyball: 1:30pm	<b>31 (Meijer's)</b> Shopping Day (9:30am Shuttle Pickup 10 Max)

\*\*\*To sign-up for transit to Elder Outing Activities ONLY Please call Crystal Danforth (920-869-6831) \*\*\*

\*\*\*Activities are subject to change if necessary \*\*\* INFORMATION ABOUT EACH ACTIVITY IS LOCATED IN THE ACTIVITY BINDER FOUND AT THE MEALSITE OF AJNH\*\*\*

\*\*\*ALL ONCOA MEETINGS WILL BE HELD IN THE ELDER CONFERENCE ROOM @ Aging & Disability STARTING AT 1:00PM. OPEN TO ALL ELDERS\*\*\*