

# Oneida Nation

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## BC Resolution # 05-08-24-B Proclamation May is Mental Health Matters Month

- WHEREAS,** the Oneida Nation is a federally recognized Indian government and a treaty tribe recognized by the laws of the United States of America; and
- WHEREAS,** the Oneida General Tribal Council is the governing body of the Oneida Nation; and
- WHEREAS,** the Oneida Business Committee has been delegated the authority of Article IV, Section 1, of the Oneida Tribal Constitution by the Oneida General Tribal Council; and
- WHEREAS,** half of the population will experience some type of mental health challenge over the course of a lifetime<sup>1</sup>; and
- WHEREAS,** in the United States, 19% of Indigenous American or Alaska Native individuals reported struggling with mental health challenges in 2022<sup>2</sup>; and
- WHEREAS,** college students tend to experience higher psychological distress, PTSD, and depression than the general population<sup>3</sup>; and
- WHEREAS,** mental health challenges are one of the most common health conditions, affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge<sup>4</sup>; and
- WHEREAS,** suicide now second leading cause of death among NCAA Athletes<sup>5</sup>; and
- WHEREAS,** every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and
- WHEREAS,** recovery can and does happen, and the Oneida Nation community should know that support and help is available regardless of any individual's situation; and
- WHEREAS,** creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and
- WHEREAS,** access to support and ending the stigma is of paramount importance; and

1. Centers for Disease Control and Prevention. (2018). Mental Health: Data and Publications. Retrieved from [https://www.cdc.gov/mentalhealth/data\\_publications/index.htm](https://www.cdc.gov/mentalhealth/data_publications/index.htm)
2. Mental health for native and Indigenous American students: BestColleges. BestColleges.com. (2023b, March 19). <https://www.bestcolleges.com/resources/native-indigenous-mental-health-guide/#:~:text=In%20the%20United%20States%2C%2019,access%20to%20mental%20health%20care>.
3. Mofatteh, M. (2020, December 25). Risk factors associated with stress, anxiety, and depression among university undergraduate students. AIMS public health. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7870388/#:~:text=Different%20psychological%20and%20psychiatric%20studies.2%5D%E2%80%935B4%5D>
4. Mental health myths and facts. SAMHSA. (n.d.). <https://www.samhsa.gov/mental-health/myths-and-facts>
5. Whelan, B. M., Kliethermes, S. A., Schloredt, K. A., Rao, A., Harmon, K. G., & Petek, B. J. (2024, May 1). *Suicide in National Collegiate Athletic Association Athletes: A 20-year analysis*. British Journal of Sports Medicine. <https://bjsm.bmj.com/content/58/10/531>

**NOW THEREFORE BE IT RESOLVED**, that the Oneida Business Committee does hereby commemorate May as Mental Health Matters Month in the Oneida Nation to enhance public awareness of mental health to help end the stigma.

#### **CERTIFICATION**

I, the undersigned, as Secretary of the Oneida Business Committee, hereby certify that the Oneida Business Committee is composed of 9 members of whom 5 members constitute a quorum; 8 members were present at a meeting duly called, noticed and held on the 8<sup>th</sup> day of May, 2024; that the forgoing resolution was duly adopted at such meeting by a vote of 7 members for, 0 members against, and 0 members not voting\*; and that said resolution has not been rescinded or amended in any way.

  
\_\_\_\_\_  
Lisa Liggins, Secretary  
Oneida Business Committee

\*According to the By-Laws, Article I, Section 1, the Chair votes "only in the case of a tie."