

# ONEIDA FAMILY FITNESS NEW YEARS CHALLENGE

FREE!

## JANUARY 1 – 31

\*WIN BEATS BLUETOOTH EARBUDS\*

**1 ENTRY**

Work out with us **New Years Day**  
Open 8a.m. – Noon

**1 ENTRY  
PER WEEK**

**3 check-ins in the week**  
(1 check-in per day)  
1 Entry / per week achieved

**5 ENTRIES**

Sign-up for **Weight Wars** Challenge

**5 ENTRIES**

Complete a **Fitness Assessment**  
\*Appointment required

**10 ENTRIES**

Purchase **Personal Training** Session(s)

**10 ENTRIES**

**Refer a \*NEW Member**  
\*must be a new member;  
can be new or an old member rejoining

1 WINNER WILL BE CHOSEN FROM ALL RAFFLE ENTRIES