

Just Move It Oneida Event Dates



2024

January 17th

New Year's Challenge
Oneida Nation
Elementary School
4-6pm



February 21st

Healthy Heart Kickstart
Oneida Nation
Elementary School
4-6pm



March 20th

Marching Toward Health
Oneida Nation
Elementary School
4-6pm



April 17th

Spring into Action
Oneida Nation
Elementary School
4-6pm



May 15th

Get Movin' May
Oneida Nation
Elementary School
4-6pm



June 12th

Kickoff to Summer Fun
Oneida Lake
4-6pm



July 17th

Summer Strong
Oneida Lake
4-6pm



August 14th

Beat the Heat
Oneida Lake
4-6pm



September 18th

Diabetes Dash
Oneida Nation
Elementary School
4-6pm



October 26th

Spooktacular Fun
Oneida Nation
Elementary School
9-11am



November 20th

Turkey Trot
Oneida Nation
Elementary School
4-6pm



December 18th

Merry Fitmas
Oneida Nation
Elementary School
4-6pm



JMIO is a campaign to promote physical activity for Oneida Community members. Events are free and open to families of all ages. Every new registrant who participates receives a free t-shirt. Just Move It Oneida is coordinated by the Oneida Comprehensive Division Health Promotion Department.

For more information or questions contact Hanna: hleisgan@oneidanation.org or 920-490-3927