

Beginner Tae Kwon Do not only introduces students to the Korean Martial Arts of blocks, kicks, & punches, it also teaches focus, life skills, leadership skills & discipline.

Cost: \$20.00

CLASS AVAILABLE FOR ALL AGES 6 & UP

**NEW 6-WEEK SESSION HELD ON THURSDAY'S:** 

January 4, 2024 — February 8, 2024 (5:00 PM - 5:45 PM) at Oneida Family Fitness

Registration Required. Limited spots available

Programming available to Oneida Enrolled & Descendants and Oneida Employees

CONTACT (920) 490-3730 FOR QUESTIONS

