# Where to Reach Us

oneida-nsn.gov Search: Stroke Prevention Research Study

## For more Information Contact:

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# Are you Eligible?

Are you Native American?

Are you 35-55 years old?

Do you want to make an impact in your community?

If your answer is Yes..

We invite you to take part in a research study about stroke prevention and how the Native American population can reduce their stroke risk.



Root Causes of Stroke Risk Disparity in Wisconsin Native Americans

## Research Study

Support was provided by the University of Wisconsin -Madison Office of the Vice Chancellor for Research and Graduate Education

## Why Participate?



### Purpose

To identify risk factors for Stroke in the Native American population and to determine if social support interventions impact those risk factors.

### Reason

Stroke and premature dementia are two of the greatest causes of disability and death in the Native American population.



### **Best Quality**

You will be part of a project that may lead to healthier lifestyles not only for you, but for the next seven generations.

### **Benefits**

There is no cost to participate and all activities will be performed on the Oneida Reservation. You will gain knowledge and understanding of your own stroke risk factors and how to live your best life. You will not only be helping yourself but your community.

## Who Are We?



This program is a partnership between the Oneida Nation and UW-Madison Stroke Team that is supported by the Oneida Nation Business Committee, Oneida Comprehensive Health Division as well as the Department of Neurological Surgery and Department of Medicine Cardiovascular Division at UW-Madison.

### **Study Activities**

- Carotid Ultrasound
- Cognitive testing
- Health Questionnaire
- Blood Sample
- Appointment with Dr. Dempsey
- Meeting with a Wellness Coach



## What is it?

This study is being done on the Oneida Reservation and is a partnership between the Oneida Nation and University of Wisconsin-Madison.

We need 100 Native Americans who are between the the ages of 35 and 55 years old.

Your participation will be 1 year in length with everybody completing a carotid ultrasound test, health and family history, cognitive test, and a blood draw at the beginning and end of the study.

All participants will be studied and managed with standard medical care for stroke risk factors, receive education on how to modify stroke risk factors, and will be assigned to work with a certified wellness coach.

During your enrollment, you will meet with your wellness coach to discuss health and wellness topics of your choosing, which will help move you toward achieving your goals.

Participants will become knowledgeable about Oneida programs that address social support, diet, and exercise to modify stroke risk factors and stress.