

# COVID-19 Isolation Guidance

CDC guidelines (most recent update of 5/11/2023)



## DAY 0

Symptoms begin or  
a positive COVID  
test



## DAY 0-5

Stay home & away  
from others

**If you are at high risk for  
serious illness talk to your  
provider about treatment**



## DAY 6

End Isolation IF  
symptoms have  
improved and you  
are fever free for 24  
hours. Wear a mask.



## THROUGH DAY 10 Wear a mask at all times.

You may remove your  
mask earlier if you  
have TWO negative  
antigen tests 48 hours  
apart

Avoid contact with  
those who are high-  
risk for getting sick



## DAY 11 OR LATER

Isolation may end.  
If your COVID-19  
symptoms recur or  
worsen, restart your  
isolation at day 0.  
Talk to your  
provider if you have  
questions.



**ONEIDA**  
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