



# KUNHI-YO



“I’m Healthy”

## Friday Family Nights

**“The Truth About the Dangers of Drugs and Alcohol” DATES: Every Friday Night**

**TIME: 5:00 PM-8:00 PM**

**Session starts time: 6:00 pm to 6:30 pm every Friday Night**

**in the Learning Lab @ civic center**

**LOCATION: Oneida recreation - Civic Center 2913 Artley Street Oneida, WI 54155**

**Short 7–10-minute video in the series per session**

- **Dangers of Drugs- Heroin and fentanyl/ Rainbow fentanyl**
- **Dangers of Vaping**
- **Dangers of Alcohol use- Drunk Goggles**
- **Dangers of Marijuana use**
- **Dangers of Prescription drug misuse**
- **Dangers of Tobacco/nicotine use**
- **Dangers of Methamphetamine use**
- **Change stages of change**

**Free at no cost!**

**Behavioral Health Services**



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### “The Truth About the Dangers of Drugs and Alcohol”

**Purpose: Move the Healing Spirits!**

**The mission of the Kunhi-yo movement is to encourage our families to participate in learning and start the conversation with the children about the harmful effect that drugs, alcohol, and vaping has on your physical, emotional, mental health, and spiritual wellness, and how it relates to addiction.**

**KUNHI-YO is bringing awareness, prevention, and harm reduction.**

**These evenings of family healing and learning will teach us the history and construction of various traditional regalia, and musical instruments that historically aided in healing our Indigenous communities.**

**While supplies last.**

**Yukwatuhahele ne ^skwatatylhahs We are excited you will join us!**



# **KUNHI-YO 'I'M HEALTHY**

**Help move the healing spirit its free!**

**Free**

**KUNHI-YO 'I'M HEALTHY  
information folder and your choice of the**

**KUNHI-YO 'I'M HEALTHY  
new design t-shirt representing culture,  
the medicine wheel, the four directions,  
and  
4 colors to choose from.**

**Families, adults, and children are  
encouraged to participate.  
Every participant with get a folder and  
4 direction t-shirts of their choice.**

**We have Narcan distribution training available as well.**

**If you're not feeling good, please stay home! Masks will be available**