

## **KUNHI-YO**



"I'm Healthy"

## Friday Family Nights

## Community Healing with Drumming, Dancing, and Creating

Feel the beat and move your feet!

**DATES: Every Friday Night** 

TIME: 5:00PM-8:00PM

LOCATION: Oneida recreation - Civic Center

2913 Artley Street

Oneida, WI 54155

Purpose: move our healing spirits!

"I'm Healthy"

The mission of the **Kunhi-yo movement** is encouraging our community members to participate in learning various Indigenous healing songs and dances, while creating your own regalia.

These evenings of family healing and learning will teach us the history and construction of various traditional regalia, and musical instruments that historically aided in healing our Indigenous communities.

The Goal: **Friday**'s starting **June 16<sup>th</sup> through August 25<sup>th</sup>** Kunhi-yo movement will be preparing interested participants into getting ready to perform at the **KUNHI-YO 2023** on August 31, 2023.

If you're not feeling good stay home! Mask will be available

For questions please contact
Jacqueline Ninham, Oneida Behavioral Health Substance Abuse Coordinator
at 920-490-3765 or jninham3@oneidanation.org

Behavioral Health Services

Yukwatuhahele ne ^skwatatyatlhahs We are excited you will join us

**Behavioral Health Services**