

TRANSFORMATIONS

DBT SKILLS FOR ADDICTION RECOVERY

12 week psychoeducation group

Build skills to promote recovery and build a life worth living!



*If you are interested in participating in this group,
please talk to your primary therapist about a referral.*

MONDAYS | 9:30 - 11:30

Oneida Behavioral Health Community Room

*Individuals will be required to complete an orientation session
with Rachel, group facilitator, prior to beginning group. Monday from 8:30a to
9:00a.*

