

## **More Help for Those on the Road to Recovery**

The ribbon was cut Thursday to celebrate the opening of the Oneida Recovery Nest at 1240 Packerland Drive. The Recovery Nest brings together recovery coaching and other important programs and services for those recovering from a substance use disorder.

The Recovery Nest is a place for healing, support and wisdom, according to Mari Kriescher, director of Oneida Behavioral Health. "This is a day of joy with the ribbon cutting and dedication today as these are much needed services in our community," Kriescher stated. "We want to send the message to our community that people are here to help."

The Recovery Nest currently has two recovery coaches, Patrick Danforth and Stephanie Skenandore. The role of the recovery coaches is to help connect individuals in recovery to support services to help them on their journey. "We want to work to remove the stigma of addiction," Danforth said. "As recovery coaches, our goal is to help people remove barriers to their recovery."

Oneida Nation General Manger Mark W. Powless told the gathering at the Recovery Nest that it's important to recognize that there is a problem in the community. "There's a growing amount of research about recovery coaching that is positive," he said. "With recovery coaching there are fewer relapses and less abuse. This is providing hope to our community."

In addition to recovery coaching, current Recovery Nest activities include Wellbriety meetings on Mondays, a Beading Circle Support Group on Tuesdays and Fridays and Native AA meetings on Wednesdays. Friday's schedule includes the Celebrating Families program and Fireside meetings.

For more information, contact Oneida Recovery Nest at (920) 490-3950.