



## KUNHI-YO' "I'm Healthy" HOPE 2022

The focus was on healing and hope for the future as more than 150 people gathered at the Radisson Hotel & Conference Center for the KUNHI-YO' "I'm Healthy" HOPE 2022 event on [International Overdose Awareness Day](#).

Sponsored by [Oneida Behavioral Health's](#) Tribal Opioid Response, the goal of the event was to raise awareness of drug overdoses, reduce the stigma of drug-related deaths and acknowledge the grief felt by families and friends.

"Too often we don't talk about lost loved ones and friends who overdosed on Opioids or other drugs," said Mari Kriescher, Director of Oneida Behavioral Health. "We must work to put the stigma of drug overdoses aside, to be able to openly discuss and address the drug problems in our community."

The keynote speaker for the event was Don Coyhis who developed the [Wellbriety Movement](#), a substance abuse recovery program that taps the power of Native American culture, tradition and community in the healing process.

Coyhis brought with him the Sacred Hoop, which he says has four gifts:

- the power to forgive the unforgivable,
- the power to heal,
- the power of unity,
- and the power of hope.

The day long event also featured a resources fair, educational sessions and others discussing hope and healing, harm reduction and historical trauma healing.

To view the video of the KUNHI-YO' "I'm Healthy" HOPE 2022 event, visit the Oneida Nation Comprehensive Health Division Facebook page at <https://www.facebook.com/OneidaNation.Health/videos/1509890279447925>.