



# COVID-19 GUIDANCE

CDC has updated guidance as of 8/11/22



## Symptomatic- Guidance Not Changed

Stay home and isolate, get tested and wear a mask! If you are positive, you must isolate for 5 days and mask for an additional 5 days

## Quarantine



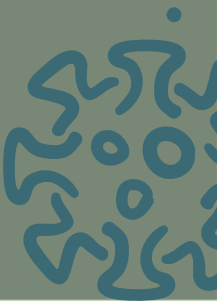
Regardless of your COVID-19 vaccine status, you no longer need to quarantine after an exposure to someone diagnosed with COVID-19 provided you DO NOT have symptoms



## Exposure



You should wear a mask for 10 days and get tested on day 5 regardless of COVID-19 vaccine status



## COVID-19 Risk

CDC continues to urge communities to know their COVID-19 Community Level where you live, work and play and the importance of taking appropriate actions to reduce exposure to COVID-19.

