



Oneida Behavioral Health – Generations of Healing

By Mari Kriescher, Director, [Oneida Behavioral Health](#)

At Oneida Behavioral Health (OBH), we often hear from people who wish they had come in to use our services earlier. It is all too common that people try too long to fix things on their own. Sometimes they think if they only try harder, they can work it out or they may be embarrassed to ask for help. In some cases, they don't know the full range of services we offer. One thing we know from the work we do at OBH is that a delay seeking help usually leads to a serious situation or even a crisis.

At OBH, we want Tribal members and their families to feel welcome and understand that they don't have to be in distress to seek assistance; getting help early is most often beneficial.

For those not familiar with Oneida Behavioral Health, we are a State of Wisconsin licensed program with a mission of providing the highest quality outpatient mental health and substance abuse services to ensure the future wellness of the Oneida community. The types of services we provide are wide-ranging and our mental health experts can be found throughout the community.

Locations

Our main location for services is the Ka?nikuhli.yo Family Center, but we also have staff at the health center, Anna John Resident Centered Care Community, Veterans office and Oneida schools. Our services, provided by trained and credentialed personnel, provide trauma-informed and culturally appropriate care. If you need help overnight or on the weekend, we work cooperatively with the Brown County Crisis Center for after-hours care.

Services & Programs

ATODA: If you are having issues with alcohol, tobacco or other drugs, OBH counselors can provide outpatient treatment, including individual and group therapy. There are a number of program options including:

- Same Day Substance Abuse Care
- Individual counseling
- Discovery Group – Intensive Outpatient Therapy
- After Care Therapy in the Journey Group
- Hub & Spoke – integrated recovery services

Individual Therapy. Are you facing obstacles in your journey to become healthy in mind, body and spirit? Maybe it's depression or anxiety that is holding you back. Our counselors can help you learn skills to handle difficult situations and make healthy decisions while reaching for specific goals.

Other Services

Other programs offered by Oneida Behavioral Health include:

- Suicide prevention (Safe Care Pathway)

- Children's therapists and youth social workers
- Grief counseling
- Depression awareness
- Domestic violence and sexual abuse counseling

The important thing to know is that if you are struggling with addiction or mental health issues, we can help you. Our services are confidential. Our staff is highly trained and certified. We are located right in your own community, serving tribal members and their families. Finally, our singular goal is to help you on your path to mental health and wellness.

To make an appointment, call Oneida Behavioral Health at (920) 490-3790.