

COVID-19: **KNOW YOUR RISK**

Using different prevention strategies together, like staying up to date on vaccines and wearing masks - can help prevent serious illness.

STEP 1

Know your County Level

Scan the QR code with your phones camera or visit:
cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html



STEP 2

Know your Individual Risk

Low

- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms

Medium

- If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms

High

- Wear a mask indoors while in public
- Stay up to date with COVID-19 vaccines
- Get tested if you have symptoms
- Additional precautions may be needed for people at high risk for severe illness