Community Resource List

Contents

Community Resource List	
Oneida Nation Resources	
Oneida Nation Program Closures and Event Cancellations	
Oneida COVID-19 Non medical e-mail and phone number	
Oneida Cultural Wellness	
Oneida Economic Support Services	2
Oneida EAP Services	2
Oneida Family Services	2
Oneida HRD Management Team Contact Information	2
Oneida Websites	2
Unemployment Application Information	3
United Way	
<u>Childcare</u>	3
Communication (Phone/Internet)	4
Domestic Violence Shelters/Services	
Economic Support / Energy Assistance	5
Elder Services	7
Food Programs/WIC Information	7
WIC Information	
Housing	
Medical Resources	
Transportation	14
AODA / Mental Health	14
Appendix I	19
Appendix II	37

Community Resource List

Oneida Nation Resources

Oneida Nation Program Closures and Event Cancellations

https://oneida-nsn.gov/blog/2020/03/16/oneida-nation-program-closures-and-event-cancellations/

Oneida COVID-19 Non medical e-mail and phone number

Email: covid-19@oneidanation.org Phone: 920-869-4481 (x4481)

Please direct clients/callers to this line and/or call the line themselves to try and track down the most

accurate information.

Oneida Cultural Wellness

Contact Latgsi Hill at (920) 496-5398 and/or Susan Reiter at (920) 496-5385

They are available by phone

Please see handout in Appendix I for more information

Oneida Economic Support Services

https://oneida-nsn.gov/resources/economic-support/

Phone: 920-490-3710

Still in full operation just not face-to-face.

Please refer to the website for a list of services and contact information

Oneida EAP Services

EAP services will continue for up to 52 weeks from the effective date of layoff/furlough.

Please see memo in Appendix I for more information

Oneida Family Services

https://oneida-nsn.gov/resources/child-family-services/

Phone: 920-490-3701

Oneida HRD Management Team Contact Information

Hotline: 920-490-3699

Email: <u>HRD_General@oneidanation.org</u> Handout in Appendix I for more information

Oneida Websites

Oneida Nation Website: http://oneida-nsn.gov/

Self Service Website: http://employee.oneidanation.org

Unemployment Application Information

Oneida Nation Unemployment COVID-19 Information

https://oneida-nsn.gov/oneida-nation-unemployment-covid-19-information/

Phone: (920) 490-3646

Email <u>rreiter@oneidanaiton.org</u> or <u>mdenny@oneidanation.org</u>. Provides information on unemployment and has a list of FAQ

Wisconsin Unemployment

WI Unemployment FAQ: https://dwd.wisconsin.gov/covid19/public/ui.htm
Where to go to complete application: https://dwd.wisconsin.gov/uiben/
Unemployment Tax Information: https://dwd.wisconsin.gov/uiben/1099.htm

Also refer to flier in Appendix I

United Way

Operation Community Cares – Brown County

https://www.occwi.org/about-occ

In an effort to consolidate scarce resources, OCC is forming partnerships with local nonprofits to support our area's most vulnerable populations and those who cannot work due to the "Safer-at-Home" order. Operation Community Cares screens and deploys volunteers who make home deliveries during this time of need, in partnership with local organizations that supply food and other basic needs items for the deliveries. These services are dependent on supply and demand. For questions about Operation Community Cares, please contact occbrownco@gmail.com

Fox Cities

https://www.unitedwayfoxcities.org/our-work/united-way-2-1-1/https://www.unitedwayfoxcities.org/covid-19/211-covid-19/

United Way 2-1-1 provides easy, simple access to health and human services, gives callers an opportunity to get or give help, and serves as a hub for community information in times of disaster. 2-1-1 is available 7-days a week, 24-hours a day and is free and confidential for callers.

Childcare

Oneida Childcare

https://oneida-nsn.gov/education/child-care/

Contacts:

Sonya Franklin: (920) 869-6864 • sfrankli@oneidanation.org Vicki Vanlaanen: (920) 869-6859 • vvanlaan@oneidanation.org

Airport Road Child Care / 2965 S. Overland Rd / Oneida

For Tier 1 & Tier 2 Oneida Essential Employees

Please refer to flier in Appendix I for more information

Greater Green Bay YMCA

Childcare Available for Essential Care Workers

Phone: 920.436.9675.

Opportunity Contact Name: Connie Bykoski

Opportunity Contact Information: connie.bykoski@greenbayymca.org

In response to the needs of the community, the YMCA School-Age childcare team will extend its Kids' Day Out, full-day licensed childcare program for children ages 5-12 to include children of all essential personnel. If interested or in need of this program, please contact the school-age child care office.

Salvation Army

www.gbkroccenter.org/covid-19-update.html

Please use the following link to see other updated COVID-19 information pertaining to The Kroc Center. Green Bay Child Care: The Kroc Center is still providing state-licensed childcare services to the children of essential workers in our community. Anyone interested in enrolling children in childcare can call 920-544-4957

Communication (Phone/Internet)

Northern American Communication (Phones)

https://www.northamericanlocal.com/lifeline

(877) 403-5173

They are a FREE Governmental Service, pending if caller is on some type of subsidized, Medicaid program. The new version offers unlimited talk, text, but no data. Meaning if someone wants to download an app, they would have to use a WiFi somewhere. 1,000 minutes = 16 and $\frac{1}{2}$ hours per MONTH

Outagamie County

Appleton School District - Technology Support

For students in the Appleton School District. If you don't have any access to the internet at home, please contact Technology Services at (920) 997-1399. They will make arrangements for you to get a mobile "hotspot."

Domestic Violence Shelters/Services

Oneida Domestic Violence Services

Oneida Social Services / Family Services https://oneida-nsn.gov/resources/child-family-services/920-490-3700

Wise Women Gathering Place

920-490-0627

Facebook@WiseWomenGP

Continuing to help participants by phone or through Facebook messenger / call or message

Christine Ann Domestic Abuse Services

920.235.5998 or 800.261.5998

http://www.christineann.net/

Christine Ann Domestic Abuse Services exists to provide safety to those in our community who are impacted by domestic abuse. We remain open 24/7 for individuals seeking safety from abuse. Please note the following safety changes our organization has set in place until further.

Golden House – Green Bay

https://www.goldenhousegb.org/

Harbor House – Appleton

Crisis Line available 24/7 at 920-832-1666 or 1-800-970-1171 https://www.harborhousewi.org/

National Hotlines

Strong Hearts - Native Helpline

https://www.strongheartshelpline.org/

1-844-762-8483

The Hotline

https://www.thehotline.org/

Economic Support / Energy Assistance

Oneida Economic Support Services

Website: www.oneida-nsn.gov/resources/selfsufficiency/economic-support

https://oneida-nsn.gov/resources/economic-support/

Phone: 920-490-3710

Please go to the website for most updated service information.

Brown County

Brown County Health & Human Services Economic Support

111 N. Jefferson Street Green Bay, WI 54305 Phone: (920) 448-6460

Email: Energy.Assistance@browncountywi.gov

Hours: Monday – Friday, 8 am – 4:30 pm

Brown County Health & Human Services Economic Support administers the Wisconsin Home Energy Assistance Program (WHEAP). WHEAP provides assistance with heating costs and non-heating electric costs. A one-time payment is available between October 1 and May 15 of each year. Most fuel types are eligible to receive assistance. Whether you use wood, propane, natural gas, electricity, or fuel oil to heat your home, energy assistance is available if you qualify. A household may qualify for crisis assistance if you have no heat, have received a disconnect notice from the heating vendor or are nearly out of bulk fuel and cannot afford to purchase more.

Catholic Charities – Green Bay

https://newcatholiccharities.org/personal-finance

Green Bay: 920-272-8234

CC offers financial services including: budget counseling, housing counseling, bankruptcy services, homebuyer education and foreclosure prevention.

Outagamie County

LEAVEN

(920) 738-9635

https://www.leavenfoxcities.org/

Provides social services for economically disadvantaged or otherwise vulnerable individuals. They qualify as an essential service during this "Safe at Home" order.

FISC

(920) 886-1000 1-800-366-8161

https://www.fisc-cccs.org/

Based at the Goodwill Community Campus, 1800 Appleton Road, Menasha, with offices in Green Bay and Oshkosh. Also available throughout Wisconsin by phone at 800-366-8161.

FISC is the Financial Information and Service Center, a program of <u>Goodwill Industries of North Central Wisconsin</u> that offers personal counseling on a variety of financial matters — credit cards, bankruptcy, budgeting, student loans and more. Our counselors can help you understand your credit score, or deal with foreclosure or delinquent mortgage.

National

Center for Veterans Issues

www.civivet.org

920-435-5495 Phone

920-435-5630 Fax

katrina.nelson@cvivet.org

They are still providing remote services including intake through temporary financial assistance and case management. To refer a client for the Center for Veterans Issues, SSVF services, please fill out the attached form (see Appendix I for form or check website). You may return the form via email to Katrina.nelson@cvi.vet.org or via fax to 920-435-5630.

This streamlined process allows us to quickly assist and screen potential clients as well as track referral sources for our reporting purposes. Please know that qualified clients must meet the following criteria:

- Must be a veteran with active duty (if they were in the Army National Guard, they must have been deployed to qualify)
- 2. Must be the HUD definition of homeless which means living in a shelter/program, staying in a hotel paid for by a program, or staying somewhere not meant for habitation (i.e. car, storage

- facility etc.) or at imminent risk of homelessness. Doubled up with friends or relatives does not count as being homeless.
- 3. Veteran's service discharge status must not be dishonorable(all vets must have their DD214 to verify this information)
- 4. Must meet income and asset requirements. Please have accurate details on work hours, wage, VA pension, Service Connect, etc.-this information will then be screen when the referral form is sent to us. Assets must be under \$5000 in value.

NOTE: All prevention clients must have two documented denials for financial assistance prior to enrolling for services.

Elder Services

Aging Disability Resource Center (ADRC) for Brown & Outagamie

https://adrcofbrowncounty.org/

https://www.outagamie.org/government/f-through-m/health-human-services/adrc

Food Programs/WIC Information

Oneida Economic Support Services-Food Programs

Website: www.oneida-nsn.gov/resources/selfsufficiency/economic-support

https://oneida-nsn.gov/resources/economic-support/

Phone: 920-490-3710

Oneida Emergency Food Pantry

Facebook page: https://www.facebook.com/OneidaFoodPantry/

(FB page updated regularly)

Can complete applications on line. Apply online at: https://www.oneida-nsn.gov/resources/food-pantry/

N7372 Water Circle Place Phone: 920-869-6165

Service hours: Tuesdays 10 a.m. – 2 p.m. and Thursdays 10 a.m. – 2p.m.

If new, there will be quick orientation/application meeting. Please bring a tribal id and proof of Income and/or income/layoff information

Oneida Elder Meal Services

https://oneida-nsn.gov/dl-file.php?file=2020/03/Elder-Mealsite-update-4-6-20.pdf

Other Elder Meal Resources:

- Brown County residents call ADRC @ (920) 448-4303 before 11 A.M. daily for meal requests. Pick up is next to the building or complete an application for home delivered meals @ https://adrcofbrowncounty.org/homebound-meals/
- Outagamie County residents call ADRC @ 1-866-739-2372 for meal pick up options. Frozen meal pick up option in Seymour @ Municipal Building or homebound elders can call 1-866-739-2372 to complete application over the phone to have meals delivered.

Oneida Food Distribution Program

N7360 Water Circle Place Phone: 920-869-1041

Service hours: Monday - Thursday 8a.m.-12p.m. and 1p.m.-4p.m. Fridays 8a.m.-12p.m.

Call for income eligibility

Apply at: www.oneida-nsn.gov/resources/food-distribution/

Oneida Nation School System

Website: https://oneida-nsn.gov/education/oneida-nation-schoolsystem/onss-covid-19-alert-info/
Free Meals being provided via ONSS are available for all children under age 18 in the household of a

ONSS student

Monday – Friday 10:15a.m. – 11:00a.m. (until Friday, April 3, 2020)

Locations: Oneida Civic Center, Oneida County H (Cliff Webster building), Norbert Hill Center, Three

Sisters Head Start building

Oneida Market - One Stop

501 Packerland Dr.
See Appendix I for listing of products
Call for more updated information

Brown County

Brown County School Districts Providing Meals

https://gbaps.org/cms/One.aspx?portalId=484795&pageId=41488282

You can find out what is being served each day by visiting and selecting one of the schools where the meals are being served. Meal sites are listed below.

Go Valley Kids

https://govalleykids.com/food-lunches-for-kids-coronavirus/

Food and lunches for kids impacted by the COVID-19 pandemic

Provides information on participating restaurants and other community resources

Has resources for Appleton, De Pere, Freedom, Green Bay, Hortonville, Kaukauna, Kimberly, Little Chute, Menasha, Neenah, and Oshkosh

Manna for Life

1545 University Ave. Green Bay, WI 54302 Phone: 920-437-3629

Drive-up for food pickup due to COVID-19

Monday Tuesday and Wednesday

For "Produce" Items Drive Up 10am to 1pm

Only need your name, address and how many in the home

No ID or paperwork needed

Thursday

For Grocery items Drive-up 10am to 1pm

Only need your name, address and how many in the home

No ID or paperwork needed

Operation Community Cares

920-615-8745

https://www.occwi.org/

https://www.occwi.org/register-for-assistance

You are able to make 3 request(s) per month. Only 3 deliveries per address per month. Your request will be reviewed by OCC staff as soon as possible.

When items are ready for delivery, we will deliver your items within 24-48 hours. If we have a trouble locating you, an OCC driver will contact you to at the phone number you provide to clarify delivery instructions.

Paul's Pantry

http://www.paulspantry.org/

http://www.paulspantry.org/media/1637/4-10-20-covid-19-coronavirus-statement.pdf

St. Mark Food Pantry

https://www.foodpantries.org/li/wi_53081_st-mark-lutheran-church-food-pantry

De Pere, WI - 54115

(920) 784-1113

Please call the food pantries to confirm that the hours have not changed. We do our best to provide full information and details, but food pantries often change their hours without notifying us. We do not want you to waste your time visiting a pantry that is not open.

Salvation Army

https://webmanager.salvationarmy.org/greenbay/the-salvation-army-of-greater-green-bays-response-to-covid-19?random=863

If you are not currently scheduled to receive pantry services but are in need of groceries and would like to sign up, please call our Social Services Office at 920-593-2379

1. Pantry Program - We have been distributing groceries outside of the Corps Community Center on the Norwood Ave/East side of the building in the afternoon, 5 days a week. Clients are still asked to set up a time for pick-up and come to the lot off of Mather and Norwood at their scheduled pantry pick-up time. Prior to COVID-19, the pantry program served an average of 57 households per week, in the month of March the average rose to 81 households per week.

The Pantry Program has also been distributing groceries on Fridays at Eisenhower School. These groceries are intended to provide families with for the weekend when the Green Bay School District lunches aren't available.

2. **Noon Lunch Program** - Served from 11:30am to 12:30pm outside of the Corps Community Center on the Union Court/West side of the building. Free to the public. Anyone in need can walk up or drive-thru and receive a meal to go. We went from serving an average of 80-100 meals per day prior to COVID-19 and have been recently serving an average of 200+ meals a day.

Outagamie County

Food Pantry List

https://www.foodpantries.org/ci/wi-appleton

Current list of Appleton food pantries.

Appleton Area School District

https://foodservice.aasd.k12.wi.us/News/food_distribution_during_school_closure

Go to website for the most current information and pick-up locations

For: AASD Families and Community Members

Free meals can be picked up at 11 AASD locations, Monday through Friday, at the times indicated. Pick-up locations will be set up so families do not need to enter the school to receive meals. All meals will be served in a "grab and go" fashion and will include milk. Meals will include a pre-packaged lunch for the current day, and prepacked breakfast for the next day.

Pick-up locations at the seven elementary schools will be in the main parking lot, please look for the white AASD food service truck.

Boys & Girls Club of the Fox Valley

https://docs.google.com/forms/d/e/1FAIpQLSdDGEuKO9DTgxal_a73AhESHIO8TZESqp1MlDjsLDdO56Fl8Q/viewform

https://www.bgclubfoxvalley.org/clubsupportduringcovid-19/

Contact: Preben at <a href="mailto:presemblesculeblesc

Go online to complete a onetime application form and for most updated information

St. Joseph Food Program

https://www.stjoesfoodprogram.org/client-services/covid-plan-clients/

1465A Opportunity Way Menasha, WI 54952 Phone: (920) 734-9461

Fax: (920) 920-734-9594

During this time of health crisis, St. Joseph Food Program will continue to serve the Fox Valley community to the best of our ability. Go to the website for updated hours of service and food pick-up instructions.

Prior to coming to the office to pick up food, call to schedule a telephone interview. An interviewer will contact you within 24 hours between the hours of 9 am - 12 pm. You can call the office at 920-734-9461 x 309 so that we can arrange for an interviewer to call you for a phone interview. You will then be entered into our system so that you can pick up food. Your active card will allow you to pick up food on a weekly basis.

WIC Information

WI WIC: https://www.dhs.wisconsin.gov/wic/index.htm

WIC via Oneida Community Health Center (please also refer to Appendix I)

525 Airport Road PO Box 365 Oneida, WI 54155

Telephone: 920-869-4837 Email: shiggs@oneidanation.org

Oneida County Health Department

100 West Keenan Street Rhinelander, WI 54501 Phone 715-369-6109 Fax: 715-369-6112

WIC Brown County NEW Community Clinic

622 Bodart St.

Green Bay, WI 54301 Telephone: 920-437-8368

Fax: 920-437-9480

Email: wic.east@newcommunityclinic.org

610 South Broadway Green Bay, WI 54303 Telephone: 920-431-0243

Fax: 920-431-0248

Email: wic.west@newcommunityclinic.org

WIC Outagamie County Department of Health and Human Services

320 South Walnut St. Appleton, WI 54911 Phone: 920-832-5109

Fax: 920-932-5110

Housing

Oneida Economic Support Services

Website: www.oneida-nsn.gov/resources/selfsufficiency/economic-support

https://oneida-nsn.gov/resources/economic-support/

Phone: 920-490-3710

Brown County

Freedom House Ministries

https://www.freedomhouseministries.org/

https://www.facebook.com/FreedomHouseGreenBay/

920-432-4646

Check website for eligibility and application process.

GoodNeighbor

https://www.goodwillncw.org/programs/community/goodneighbor/

Goodwill NCW

1800 Appleton Road

Menasha, WI 54952

The GoodNeighbor program is just one way Goodwill NCW partners with community organizations. This program provides emergency assistance — on a referral basis only — to agency clients, allowing them to select products from our retail stores.

Integrated Community Solutions

http://ics-gb.org/

NOTICE.

https://www.facebook.com/IntegratedCommunitySolutions/

ICS will assist with <u>rental payments</u>, <u>homeownership</u>, and, above all, <u>self-sufficiency</u> for eligible applicants. Within these programs, ICS links clients to educational programs, job training, community service opportunities and other resources to pursue a better, empowered lifestyle.

BEGINNING ON MONDAY APRIL 20, ICS WILL OPEN OUR OFFICES ON A LIMITED BASIS UNTIL FURTHER

- The ICS Green Bay office will be open Monday Thursday from 8:00am 4:30pm
- The ICS West Bend office will be open Wednesday Thursday from 8:00am 4:30pm (starting Wednesday, April 22nd)

As described by officials, this is ICS' effort towards a "rolling recovery".

The ICS Green Bay office lobby will be open to pick-up and drop off documents and we will have a limited number of staff working from our office ICS will still be abiding by the social distancing requirements, therefore will we not be holding any face to face client meetings nor attending any client or community based face to face meetings. The West Bend office will be abiding by the same social distancing guidelines.

NeighborWorks

https://www.nwgreenbay.org/

Phone: 920-448-3075

Email: info@nwgreenbay.org

Financial Capabilities, Foreclosure Prevention, Homebuyer Education, Pre-Purchase Counseling, Down Payment and Closing Cost Assistance, Home Equity Conversion Mortgage (HECM) Counseling Home & Life Workshops.

Salvation Army

https://webmanager.salvationarmy.org/greenbay/the-salvation-army-of-greater-green-bays-response-to-covid-19?random=863

Rent and Utility Assistance - Those in need of assistance can call 920-593-2379 to schedule an appointment with a case worker. Appointments will be conducted by phone and not in-person until further notice.

Transitional Housing - Our transitional housing team is still operating and our case workers are conducting phone appointments. If necessary, they will be conducting home visits, but calling ahead of time to make sure no one is ill. We will provide pantry to our transitional housing clients by letting them know we are making a delivery and leaving it at the door.

St. John's Homeless Shelter:

https://www.stjohnhomelessshelter.org/covid19/

St. John's Homeless Shelter | Micah Center | Wellspring 920-617-8700 ext. 109 or awood@sjehs.org Beginning Wednesday, March 18, St. John's Homeless Shelter will begin operating two 24-hour shelter sites, one at our Shelter and the other at a downtown area church, providing for the continuous care of

those vulnerable adults who would otherwise be on the streets during this health crisis. By operating two emergency shelter sites, we are able to create smaller groups of guests and promote social distancing to help mitigate the possibility of community spread of the COVID-19 virus. While there have been no cases of COVID-19 in Brown County or among our guests, we have been in communication with local health officials, and we are prepared if a guest at our shelter were to test positive for the COVID-19 virus. Lastly, in order to expand our shelter services as outlined above, we will temporarily close our daytime centers, the Micah Center and Wellspring.

Transformation House, Inc.

www.transformationhousegb.org

Green Bay, WI 920-857-9611

The facility operates 24/7, 365 days a year. New intakes can present to 430 S. Clay Street Mon-Fri 9a-4p to complete the intake process. Please visit our website and Facebook page for more information

Outagamie County

Homeless Connections

https://www.homelessshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=13749
920-734-9192
400 North Division Street
Appleton, WI 54911
Call first to allow them to assess the situation

Pillars Family Shelter

https://pillarsinc.org/ 400 N Division St, Appleton (920)734-9192

To get on the waiting list for the family shelter, please go in person to the shelter

Medical Resources

Oneida Community Health Center

525 Airport Road PO Box 365 Oneida, WI 54155

Telephone: 920-869-2711

Patients are encouraged to contact the Health Center Triage for specific requests.

Medicare

https://www.medicare.gov/coverage/telehealth

Telemedicine Care Coverage

Strue's Pharmacy

Telephone: 920-437-4750 Option for Pharmacy delivery

For those who voluntarily want to switch from OCHC to STEUS due to various reasons i.e. transportation. If they switch to STREUS they have to fill out paperwork, Have MEDICAID to have FREE delivery. They OCHC/OBH COVID-19; Community Resource List; Created on 4/10/20; Last updated on 4/21/20

can do bubble wraps, create an account to be billed once a month or pick a family member to get the bill and pay that way.

Transportation

Oneida Elder Services

Dialysis Appointments Only At This Time Contact OCHC for more information

Green Bay Transit

There are approx. 11 buses operating right now.

They are using rear door access only. Seats are marked where riders can sit. This allows for the social distancing requirements. Caution tape blocks off areas.

The Transit Commission has temporarily suspended fees at this time.

MTM transportation

https://www.mtm-inc.net/Wisconsin/

To schedule transportation: Call 866-907-1493

Non-emergency medical transportation.

MTM, Inc. arranges transportation for eligible Medicaid and BadgerCare Plus members throughout the state to their covered preventative and life-sustaining medical appointments.

To schedule transportation call at least two business days in advance, unless your trip is urgent. If you call less than two business days prior to your appointment and the trip is not urgent, we might ask you to reschedule your appointment. Members and medical facilities may also conveniently schedule transportation online. For TTY services, call 711.

AODA / Mental Health

AODA		
Resource	Contact Info	Web Address
Tsyunhehlk^	(920) 869-2718	kwisnesk@oneidanation.org
12 Step-based Video or		
Chat Meetings		www.12stepme.org
		www.12step-online.com
		www.aachats.org
		www.aa-intergroup.org/directory.php
		www.aameetingonline.com
		www.aaonlinemeeting.net
		www.onlinegroupaa.org
		www.ca-online.org/meetings

		http://www.recoveryvideomeetings.com/
		https://www.na.org/meetingsearch/text-
		results.php?country=Web&state=&city=&zip=&street=&within=5&day=
		<u>0⟨=</u>
		www.nachatroom.org
		www.navoices.com
		www.stepchat.com
		www.thedailypledge.org/online-meetings
Al-anon (National)		https://al-anon.org/al-anon-meetings/electronic-meetings/
	familyrecoveryjourn	
Family Recovery Journey	ey123@gmail.com	Facebook - Family Recovery Journey
		https://www.samhsa.gov/medication-assisted-
Med-Assisted Treatment		<u>treatment/treatment#medications-used-in-mat</u>
		https://www.fda.gov/drugs/information-drug-class/information-about-
		<u>medication-assisted-treatment-mat</u>
Narcotics		www.na-recovery.org
		https://virtual-na.org/meetings/
Recovery Realm		www.recoveryrealm.com
		http://www.12wisdomsteps.com/native_american/01_powerlessness.
Sacred Connections		<u>html</u>
	https://www.samhs	
	a.gov/about-	
SAMHSA	<u>us/contact-us</u>	samhsa.gov/coronavirus
SMARTRecovery		https://www.smartrecovery.org/community/calendar.php
Wellbriety		http://wellbriety.com/meditations/
Wellbriety - Al-anaon speaker		
tapes		http://wellbriety.com/al-anon-speaker-tapes/
Wellbriety - Circles/Meetings		https://whitebison.org/WellBriety.aspx

МН			
Resource	Contact Info	Services	Web Address
	Brown County (920) 436-8888		
	Calumet County (Appleton) Crisis Line (920)832-4646		
	Outagamie County Crisis Line (920) 832- 4646		
	Winnebago County Crisis Line (920)233- 7707 or (920)722-7707		
CRISIS LINES	WI Addiction Recovery Helpline 2-1-1		On-call crisis counselors can assist in times of mental health crisis, concern of suicidal thoughts, and linking families to resources
	·	Manage	
60.6		Anxiety &	https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-
CDC		Stress	anxiety.html
		Taking Care of Your Emotional	
CDC		Health	https://emergency.cdc.gov/coping/selfcare.asp
		Limited access,	inteps://emergency.cac.gov/coping/seneure.asp
		sessions by	
Brown County		appointment	
Health	(920) 391-6940	only	
Calumet	(020)040 4400		1
County MH	(920)849-1400		http://www.co.calumet.wi.us/index.aspx?NID=293
Catholic		Phone/Video	
Charities	(920) 272-8234)	Conferencing	
	Green Bay (920) 436- 6800 Fox Cities (920) 739-		
	4226	24/7 sexual	
Family	Oshkosh (920) 233-	assault & crisis	https://www.familyservicesnew.org/
Services	6630	hotline	
Foundations Health &		Phone/Video	
Wholeness	(920) 437-8256	Conferencing	
From	(320) 437-0230	Contenenting	
Mourning to Hope	(920) 737-2790	taking phone calls	

Green Bay VA Hopeline	(920) 431-2500) Text "HOPELINE" 741741	Phone/video conferencing for established patients 24/7 Texting support	
N.E.W. Community Clinics	(920) 437-9773	зарроге	
NAMI	(800) 950-6264	Information & Resources	https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf
National Suicide Prevention Line	1-800-273-8255 (call) text "START" to 741741	24/7 crisis counselor support, call, text or webchat	
Oneida Opioid Overdose Kit	(920) 4903790		Oneida BH has Opioid Overdose emergency kits available to offer to those in need. Please call the main number and kits can be walked out to the patient's care
Outagamie County MH	(920)832-5270		https://www.outagamie.org/government/f-through-m/health-human-services/mental-health
Rogers Behavioral Health - Appleton		Offer Rogers Connect Care, a telehealth tr eatment option for those who can benefit from PHP or IOP levels of care.	https://rogersbh.org/locations/appleton?utm_source=local&utm_medium =organic&utm_campaign=gmb
SAMHSA	1-800-985-5990 (call) or test "TalkWithUS" to 66746	Disaster Distress hotline	samhsa.gov/coronavirus
St. Elizabeth Hospital ER	Suicide Assessments for Inpatient Hospitalization 920-738-2000		Inpatient admission can be voluntary for minor children (parent and child are in agreement with admission) OR it can be mandated through a 72 hour Hold (Chapter 51 mental health admission) which can be ordered through police involvement during a crisis, County Crisis Unit involvement and recommendation, or based on circumstances of a suicide attempt.
Thedacare Reginal ER- Appleton	(920) 731-4101 / (800) 236-4101		
Thedacare Reginal ER- Neenah	(920) 729-3100 / (800) 236-3122		

Trevor Project (LGBTQ)	1-866-488-7386 or text "TREVOR" to 1-202- 304-1200	24/7 phone/text line for LGBTQ support	
		Free, confidential, 24/7 support for vets and all service	
Veterans Crisis Line	Call 1-800-273-8255 press 1 or text 838255	members & family	https://www.veteranscrisisline.net/
Willow Creek	(920) 328-1220	phone and in person assessments and treatment call ahead	
Winnebago County MH	Neenah (920)729-2750, Oshkosh (920)236- 4700		https://www.co.winnebago.wi.us/human- services/divisions/behavioral-health

Appendix I

Informational Fliers & Posts



A good mind. A good heart. A strong fire.

Oneida Websites

Oneida Nation Website: http://oneida-nsn.gov/
Self Service Website: http://employee.oneidanation.org/

Human Resource Department

HRD Main Line: (920) 490-3699 (x3699) HRD_General@oneidanation.org Skenandoah Complex – building closed to the public 909 Packerland Dr., Green Bay, WI 54303

EEO

(920) 490-3680 (x3680) rreiter@oneidanation.org mdenny@oneidanation.org

Hiring/Drivers Info

(920) 490-3640 (x3640) HRD_Jobs@oneidanation.org HRD_Vehicle_Driver_Info@oneidanation.org Gaming_Vehicle_Driver_Info@oneidanation.org

Insurance

(920) 490-3650 (x3650) HRD_Insurance@oneidanation.org

Records/HRIS

(920) 490-3670 (x3670) HRD Records@oneidanation.org

Training & Development

(920) 490-3620 (x3620) HRD_Training@oneidanation.org

Payroll

(920) 490-3515 (x3515) CentralAccounting Payroll@oneidanation.org

i i ugi ani (LAI)

COVID TEAM

Contact for non-medical related questions. Email: Covid-19@oneidanation.org Phone: (920) 869-4481 (x4481)



Other Contact Information

Risk Management (920) 490-3570 (x3570)

TIMED.

UMR

1-800-756-5224 www.umr.com

OptimumRX |

1-800-334-8134

Dental

Delta Dental – Premier & PPO 1-800-236-3712 www.deltadentalwi.com

Dental Associates Care Plus Plan 1-800-318-7007

www.dentalassociates.com

Vision

Ameritas Eye Med Access 1-800-695-2223

www.ameritasgroup.com View personal coverage info

www.evemedvisioncare.com View provider location and personal coverage info

WI Unemployment

https://dwd.wisconsin.gov.ui COVID-19

https://dwd.wisconsin.gov/covid19/ public/ui.htm

Short/Long Term Disability

Insurance The Hartford

The Hartford To file: 1-888-301-5615

Life Insurance

The Hartford Basic Life and AD&D 1-888-635-1124

Voluntary Benefits UNUM

1-800-635-5597 www.unum.com

Flexible Spending

Benefit Advantage 1-800-686-6829 www.benefitadvantage.com

Retirement/401K

Transmerica 1-800-755-5801

https://oneida.trsretire.com

To speak to a financial advisor for free financial advice contact Valley Investment Solutions at: (920) 547-3745

Need access to a computer to apply for unemployment?

- By appointment only, Monday Thursday, 8:00 am 5:30 pm
- Open to all
- Contact: Kim Wurst

Oneida Community Education Center (CEC) 2632 Packerland Driver Green Bay, WI. 54313

Phone: 920-496-5256

Email: kwurst@oneidanation.org



Need one-on-one help applying for unemployment?

- By appointment only, Monday Friday, 8:00 am 4:30 pm
- Open to all
- Contact: Sean Powless

Oneida Center for Self-Sufficiency 2632 Packerland Driver Green Bay, WI. 54313

Phone: 920-490-3789

Email: spowles2@oneidanation.org



Notice to Employees About Applying for Wisconsin Unemployment Benefits

When To Apply

- You are totally unemployed,
- You are partially unemployed (your weekly earnings are reduced), or
- You expect to be laid off within the next 13 weeks and would like to start your benefit year early.

Important: Your claim begins the week you apply. To avoid any loss of benefits, apply the <u>first</u> week you are unemployed. Do not wait until the week is over.

Have This Information Ready To Apply:

- ☐ A username and password for filing online
- □ A valid email or mobile number
- ☐ Your social security number
- Your Wisconsin driver license or identification number
- ☐ Your work history for the last 18 months:
 - Employers' business names
 - Employers' addresses (including zip code)
 - · Employers' phone numbers
 - First and last dates of work with each employer
 - Reason no longer working with each employer
- Your alien registration number, document number and expiration date, if you are not a U.S. citizen
- Form DD214 (Member 4 copy), if you served in the military in the last 18 months
- Form SF-50 or SF-8, if you are a federal civilian employee
- Name and local number of your union hall, if you are a union member

How To Apply

STEPS TO APPLY ONLINE:

- Type into the internet browser: my.unemployment.wisconsin.gov
- 2. Read & accept Terms and Conditions
- 3. Create a username and password
- Logon to access online benefit services
- 5. Complete your application

Apply Online During These Times

Sunday Monday - Friday 9:00 AM - 5:00 PM 6:00 AM - 7:00 PM

Saturday

9:00 AM - 2:30 PM

For help using online services or if you are truly unable to go online call 414-438-7713 or 608-232-0824

during business hours: Monday - Friday: 7:45 AM - 4:30 PM

You may be asked to call back on a specific day of the week

For more information about unemployment insurance, visit our website: unemployment.wisconsin.gov

STATE OF WISCONSIN

Department of Workforce Development

DWD is an equal opportunity employer and service provider. If you have a disability and need to access this information in an alternate format, or need it translated to another language, please call 414-438-7713 or 608-232-0624 or TTY 1-888-393-8914 during business hours.

Notice to Employers: All employers covered by Wisconsin's Unemployment insurance law are required to prominently display this poster where employees will easily see it (e.g., on buildtin boards, near time clocks). If employers do not have a permanent work site regularly accessed by employees, an individual copy is to be provided to each employee. For additional copies go online at: http://dwd.wi.gov/dwd/publications/ui/notice.htm or call 414-438-7705 or 608-232-0633 to request copies.

Notice to Employees: The federal Social Security Act requires that you give us your social security number. It will be used to verify your identity and determine your eligibility. If you do not provide your social security number, we cannot take your claim.

UCB-7-P (R. 05/2017)

Oneida Nation Emergency Access to Food

Emergency Food Pantry

N7372 Water Circle Place Phone: 920-869-6165

Service hours: Tuesdays 10 a.m. – 2 p.m. and Thursdays 10 a.m. – 2p.m.

Apply at: <u>www.oneida-nsn.gov/resources/food-pantry/</u>

Food Distribution Program

N7360 Water Circle Place Phone: 920-869-1041

Service hours: Monday – Thursday 8a.m.-12p.m. and 1p.m.-4p.m.

Fridays 8a.m.-12p.m.

Call for income eligibility

Apply at: <u>www.oneida-nsn.gov/resources/food-distribution/</u>

Elderly Congregate Meals and Meals on Wheels

Phone: 920-869-1551

Email: lmenches@oneidanation.org

Call or email to sign up

Delivery Only - on Mondays

Website: www.oneida-nsn.gov/elderservices/

Oneida Nation School System

- Free Meals being provided via ONSS are available for <u>all children</u> under age 18 in the household of a ONSS student
- Monday Friday 10:15a.m. 11:00a.m. (until Friday, April 3, 2020)
- Locations: Oneida Civic Center, Oneida County H (Cliff Webster building), Norbert Hill Center, Three Sisters Head Start building

Website: https://oneida-nsn.gov/education/oneida-nation-schoolsystem/onss-covid-19-alert-info/





☆ Unemployment Insurance > Claimants

Unemployment Benefits for Claimants

As a result of Governor Evers Emergency order you do not need to do a work search during the Governor's declared emergency. The Department is in the process of making the necessary updates. No action is needed on your part regarding the work search.

If you have become unemployed or partially unemployed, you may apply for unemployment benefits online. File weekly claims to receive benefit payments after requirements are met.







File Your Weekly Claim



Your Claim Information



Handbook for Claimants

Unemployment News

COVID-19 Unemployment FAQs for Claimants

- 1099-G Income Tax Statements for 2019 are Available Online
- > Credit Card/Debit Card Payment Options

Additional Programs & Services

- Job Center of Wisconsin (JCW) for work registration and other employment and training resources
- Re-Employment Services (RES) for job seekers required to look for work
- Trade Adjustment Assistance Program (TAA) for job lost due to foreign competition
- Legal Resources for appeal hearings and law change information

Filing Requirements Video





A good mind. A good heart. A strong fire.

Oneida Behavioral Health

Behavioral Health will be closed to the outside public beginning 3/20/20.

We will be available by telephone between 8-4:30 pm. If you have questions, please call 490-3790. BH Triage 490-3860

We will be providing virtual therapy groups starting week of 3/23/20. Your provider will be contacting you.

We do have Opioid Overdose emergency kits available to offer to those who need it. Please call our main number at (920) 490-3790. We can walk the kits out to the patient's car.

In Case of an Emergency please call

Brown County Crisis Center Of Family Services (920) 436-8888
Outagamie County Crisis Center (920) 832-4646
Wisconsin Addiction Recovery Helpline Call 2-1-1
National Suicide Prevention Lifeline 1-800-273-8255

WIC:

WIC is a program that helps with nutrition for:

Pregnant or breastfeeding women or postpartum women who had a baby in the last six months Infants

Children under five years old

How WIC does that:

Teaches you how to use WIC foods to improve your health

Helps you to buy some foods to stay healthy and strong

Supports breastfeeding

Shares tips on meal planning and recipes on a budget

Referrals to other health and nutrition services

WIC is available to women/children who:

Live in Wisconsin

Are pregnant, breastfeeding or had a baby in the last six months

Have an infant/children under five years old

Have a health or nutrition need

Meet income guidelines.

WIC East

wic.east@newcommunityclinic.org

920-437-8368

WIC West

wic.west@newcommunityclinic.org

920-431-0243

Our Hours:

Monday 8am -5pm

Tuesday 8am-6pm

Wednesday 8am-6:30pm

Thursday 8am-5pm

Friday 8am-12 noon

Outagamie WIC Supplemental

Address: 410 S Walnut St, Appleton, WI 54911

Phone: (920) 832-5109

Oneida Community Health Center

525 Airport Road Hobart, WI - 54155 (920) 869-4837



1545 University Avenue, Green Bay 54302 Phone: 437-3629

Drive Up for Food Pick up (due to COVID)

Monday Tuesday and Wednesday

For "Produce" Items Drive <u>Up</u> 10am to 1pm
Only need your name, address and how many in the home
No ID or paperwork needed

<u>Thursday</u>

For Grocery items Drive <u>Up</u> 10am to 1pm
Only need your name, address and how many in the home
No ID or paperwork needed

ONEIDA ELDER SERVICES MEAL DELIVERY NOTICE

Next (2) meal delivery dates will be Monday, April 20th & Monday, May 4th.

Deadline to be included for this delivery is Noon on April 14th & Noon on April 28th Time of delivery: 11:00 A.M.—1:00 P.M.

Home Delivered participants will receive a hot lunch along with 14 meals.

Congregate Meal participants will receive a hot lunch along with 9 meals.

When the cap of 250 is reached new requests will no longer be accepted.

Meals delivered to elders residing within the Oneida reservation boundaries.

PLEASE CALL (920) 869-1551 TO ADD YOUR NAME TO THE LIST

Alternative Meal Resources:

- Outagamie County residents call ADRC @ 1-866-739-2372 for meal pick up options.
 Frozen meal pick up option in Seymour @ Municipal Building or homebound elders can call 1-866-739-2372 to complete application over the phone to have meals delivered.
- Brown County residents call ADRC @ (920) 448-4303 before 11 A.M. daily for meal requests. Pick up is next to the building or complete an application for home delivered meals @ https://adrcofbrowncounty.org/homebound-meals/
- FYI: Elder Services is able to provide the following services using Social Distancing: Shopping errands, plumbing, electrical, furnace issues and ALL potential health & safety emergencies.

CALL (920) 869-2448 FOR ASSISTANCE

Need Access to a Computer to Apply for Unemployment?



Community Education Center 2632 Packerland Drive • Green Bay, WI 54313

By Appointment Only Kim Wurst • (920) 496-5256



Please use this contact information as an employee of the Oneida Nation for employment related questions and concerns. If you need further clarification, call 869-4481 or email covid-19@oneidanation.org

HRD Management Team Contact Information:

HRD Hotline: 490-3699 or email HRD_General@oneidanation.org

Name	Role	Email	Direct
			Phone #
Geraldine Danforth	HR Area Manager	gdanfor@oneidanation.org	920-562-
			5692
Wendy Alvarez	Hiring & Recruitment Director	walvarez@oneidanation.org	920-490-
			3642
Josh Cottrell	Comp & Benefits Director	jcottrel@oneidanation.org	920-490-
			3629
Matt Denny	EEO/Backgrounds/CIMS Director	mdenny@oneidanation.org	920-490-
			3647
Melinda K. Danforth	HRIS Manager	mdanfor2@oneidanation.org	920-490-
			3662
Nicolas Reynolds	Training & Development Director	nreynold@oneidanation.org	920-634-
			7384
Barb Kolitsch	Personnel Services Manager	bkolitsc@oneidanation.org	920-613-
			6101

Memorandum

TO: All Employees

FROM: Joshua C. Cottrell, Director Compensation and Benefit

Carol B. Bauman, MSW, LCSW, Oneida Nation EAP Manager

SUBJECT: EAP Services During Layoff/Furlough

DATE: April 7, 2020

Please be aware of the following details regarding Employee Assistance Program (EAP) services during layoffs/furloughs:

Employees with UMR Insurance

Employees receiving mental health/AODA services through UMR Insurance under the Gateway Incentive Program, or services through the Employee Resources Center (an external EAP) will no longer have access to those services if their insurance ends as a result of layoffs or furloughs. Employees with UMR insurance who enroll in COBRA may continue with Gateway Incentives and ERC during the layoff/furlough. Coverage for these services ends when COBRA ends.

Oneida Nation EAP Services Continue During Layoffs/Furloughs

It is important to the Oneida Nation to care for the employees' mental health through this COVID-19 pandemic. Oneida Nation EAP services will continue for up to 52 weeks from the effective date of layoff/furlough (even if employment is separated after 26 weeks). All employees of the Nation and members of their household are eligible for EAP Services.

To schedule an appointment, contact:

Carol B. Bauman, MSW (920) 490-3716 cbauman@oneidanation.org
 Crystal House, MAC (920) 490-3706 chouse2@oneidanation.org

Thank you



PLEASE CONTACT US BY TELEPHONE, TEXT, OR EMAIL MONDAY - FRIDAY 8AM-4:30PM

For an Appointment Please Call:

Annette Cornelius

Office: (920) 497-5384 Cell: (920) 655-1380

Susan Reiter

Office: (920) 496-5385 Cell: (920) 613-6245 acorneli@oneidanation.org sreiter@oneidanation.org

Latsiklanunha Hill

Office: (920) 496-5398 Cell: (920) 613-6691 Ihill 12@oneidanation.org

Cultural Wellness serves as a resource to Oneida Community by providing a holistic cultural based approach to wellness the encourages and strengthens Tsi Niyukwaliho T^- Our Ways.

Oneida Child Care Information for Families

During Oneida Nation's Public Health State of Emergency Declared on March 12, 2020

Oneida Childcare has established new family priorities on who can use the childcare facility during the COVID-19 pandemic. Only the following families can use the Oneida Childcare center:

- Tier 1
- Tier 2

Am I considered a Tier 1 or Tier 2 worker?

Tier 1 and Tier 2 workers are employees, contractors, and other staff in vital areas that keep our communities healthy and functional. Workers are grouped into two tiers, with tier one taking priority over tier two.

Tier One: employees, contractors, and other support staff working in health care (Oneida Comprehensive Health Division)

Tier Two: employees, contractors, and other staff in vital areas including but not limited to military; long term care; residential care; pharmacies; child care; child welfare; government operations; public safety and critical infrastructure such as sanitation, transportation, utilities, telecommunications; grocery and food services; supply chain operations; and other sectors as determined by the Oneida Nation as an essential employee. (Oneida Social Services, Oneida Dept. Public Works, or other Oneida Essential Employees working during the state of emergency)

I'm not a Tier 1 or 2 worker, what should I do?

If you are not deemed a Tier 1 or Tier 2 employee, please keep your child at home for the Oneida Child Care Center to prioritize the needs of Tier 1 and Tier 2 workers. Also, please know that childcare providers are being asked to prioritize children of the Tier 1 and 2 workers - that means those families may take your spot on a temporary basis at the childcare center.

When the Stay at Home order is lifted Oneida Airport Road Child Care Center will reinstate the families that were enrolled pre-COVID – 19 Public Health Emergency. Families on the waiting list will not be removed during this time.t

Airport Road Childcare Services Available

Oneida Airport Road Child Care is available to assist you. If you are identified as a Tier 1 or Tier 2 Essential Worker and need care for you child(ren) while you are working, we currently have openings. We are open Monday - Friday, 6:15am - 5:15pm, providing care for children 6 weeks to 5 years old.

An application will need to be filled out and can be found at:

http://oneida-nsn.gov/education/child-care/

If you have any questions regarding services at Airport Road Child Care, you can call or e-mail:

Airport Road Child Care

(920) 869-1645 M-F: 6:15am - 5:15pm

Sonya Franklin

(920) 869-6864 • sfrankli@oneidanation.org

Vicki Vanlaanen

(920) 869-6859 • vvanlaan@oneidanation.org



A good mind. A good heart. A strong fire.



CHILD CARE OPTIONS FOR FAMILIES

The Oneida Child Care Services Program is dedicated to protecting children and strengthening families by giving the parent(s) opportunity to quality childcare. The childcare service is available to support low income families by sharing the cost of childcare. Childcare subsidy or assistance may be available for work, employment search, training and education, teen parents in high school, counseling services, and emergencies.

Childcare is an essential community service for our families whose children may be displaced from their current childcare facility or provider these unprecedented times. The Office of Child Care (OCC) through its Child Care and Development Fund (CCDF) will be able to help many families who are finding their current childcare center being downsized or closed. The Oneida Nation Economic Support will be able to accept Emergency Relative Care applications starting the week of March 22, 2020.

- 1. All families will have to complete a CCDF application. INCOME ELIGIBILITY IS WAIVED effective 4/19/20 until State of Emergency is lifted.
- 2. Caregivers have to be the child's blood, Great grand-parent, grand parent, aunt/uncle (not great) or adult sibling that does not live in the same house hold as the children No Exceptions:
- 3. Caregivers will have to fill out a w-9 and vendor form- Me exceptional

Form W-4V

(Rev. February 2018) Department of the Treasury Internal Revenue Service

Voluntary Withholding Request

(For unemployment compensation and certain Federal Government and other payments.)
▶ Go to www.irs.gov/FormW4V for the latest information.

Instructions

Purpose of Form

If you receive any government payment shown below, you may use Form W-4V to ask the payer to withhold federal income tax.

- Unemployment compensation (including Railroad Unemployment Insurance Act (RUIA) payments).
- Social security benefits.
- Social security equivalent Tier 1 railroad retirement benefits.
- Commodity Credit Corporation loans.
- Certain crop disaster payments under the Agricultural Act of 1949 or under Title II of the Disaster Assistance Act of 1988.
- Dividends and other distributions from Alaska Native Corporations to its shareholders.

Consult your payer if you're uncertain whether your payment is eligible for voluntary withholding.

You aren't required to have federal income tax withheld from these payments. Your request is voluntary.

Note. Payers may develop their own form for you to request federal income tax withholding. If a payer gives you its own form instead of Form W-4V, use that form.

Why Should I Request Withholding?

You may find that having federal income tax withheld from the listed payments is more convenient than making quarterly estimated tax payments. However, if you have other income that isn't subject to withholding, consider making estimated tax payments. For more details, see Form 1040-ES. Estimated Tax for Individuals.

How Much Can I Have Withheld?

For unemployment compensation, the payer is permitted to withhold 10% from each payment. No other percentage or amount is allowed.

For any other government payment listed above, you may choose to have the payer withhold federal income tax of 7%, 10%, 12%, or 22% from each payment, but no other percentage or amount.

What Do I Need To Do?

Complete lines 1 through 4; check one box on line 5, 6, or 7; sign Form W-4V; and give it to the payer, not to the IRS.

Note. For withholding on social security benefits, give or send the completed Form W-4V to your local Social Security Administration office.

Line 3. If your address is outside the United States or the U.S. possessions, enter on line 3 the city, province or state, and name of the country. Follow the country's practice for entering the postal code. Don't abbreviate the country name.

Line 4. Enter the claim or identification number you use with your payer. For withholding from social security benefits, the claim number is the social security number under which a claim is filed or benefits are paid (for example, 123-45-67898 or 123-45-678986). The letter or letter/number combination suffix that follows the claim number identifies the type of benefit (for example, a wage earner, a spouse, or a widow(er)). The claim number may or may not be your own social security number. If you are unsure about what number to use, contact the Social Security Administration at 1-800-772-1213 (toll-free). For other government payments, consult your payer for the correct claim or identification number format.

Line 5. If you want federal income tax withheld from your unemployment compensation, check the box on line 5. The payer will withhold 10% from each payment.

Line 6. If you receive any of the payments listed on line 6, check the box to indicate the percentage (7%, 10%, 12%, or 22%) you want withheld from each payment.

Line 7. See How Do I Stop Withholding? below.

Sign this form. Form W-4V is not considered valid unless you sign it.

When Will My Withholding Start?

Ask your payer exactly when income tax withholding will begin. The federal income tax withholding you choose on this form will remain in effect until you change or stop it or the payments stop.

How Do I Change Withholding?

If you are getting a payment other than unemployment compensation and want to change your withholding rate, complete a new Form W-4V. Give the new form to the payer.

How Do I Stop Withholding?

If you want to stop withholding, complete a new Form W-4V. After completing lines 1 through 4, check the box on line 7, and sign and date the form; then give the new form to the payer.

			Sepa	arate here			
Form	W-4V	v	oluntary Wit	thholding Re	equest		
Departn	ebruary 2018) nent of the Treasury Revenue Service	(For unemployment co	mpensation and co			ayments.)	OMB No. 1545-0074
1	Your first name	and middle initial		Last name		2 Your so	ocial security number
3	Home address (number and street or rural	route)	City or town	State	ZIP	code
4	Claim or identifi	cation number (if any) you	use with your payer				
5	☐ I want fede	eral income tax withheld	from my unemplo	yment compensati	on at a rate of 10%	of each pay	ment.
6	my Commodity	come tax withheld from (a Credit Corporation loans, of 1988, or (e) dividends an 7% 109	(d) certain crop disas	ter payments under from Alaska Native C	the Agricultural Act of Corporations to its shar	1949 or und	er Title II of the Disaster
7	☐ I want you	to stop withholding fed	eral income tax fro	m my payment(s).			
Your	signature 🕨				Date ►		
For Pr	ivacy Act and Pa	perwork Reduction Act N	lotice, see page 2.	C	at. No. 22891V	F	orm W-4V (Rev. 2-2018)

Form W-4V (Rev. 2-2018) Page 2

Privacy Act and Paperwork Reduction Act Notice

We ask for the information on Form W-4V to carry out the Internal Revenue laws of the United States. You are required to provide this information only if you wish to have federal income tax withheld from certain payments for which withholding is not required by law. If you choose to requiest voluntary withholding of federal income tax, you're required by Internal Revenue Code sections 3402(p) and 6109 and their regulations to provide the information requested on this form. If you don't provide a completed form that is signed, the payer can't withhold federal income tax from your payment. Providing false or fraudulent information may subject you to penalties.

Routine uses of this information include giving it to the Department of Justice for civil and criminal litigation, and to cities, states, the District of Columbia, and U.S. commonwealths and possessions for use in administering their tax laws. We may also disclose this information to other countries under a tax treaty, to federal and state agencies to enforce federal non-tax criminal laws, or to federal law enforcement and intelligence agencies to combat terrorism.

You aren't required to provide the information requested on a form that is subject to the Paperwork Reduction Act unless the form displays a valid OMB control number. Books or records relating to a form or its instructions must be retained as long as their contents may become material in the administration of any Internal Revenue law. Generally, tax returns and return information are confidential, as required by Code section 6103.

The average time and expenses required to complete and file this form will vary depending on individual circumstances. For estimated averages, see the instructions for your income tax return.

If you have suggestions for making this form simpler, we would be happy to hear from you. See the instructions for your income tax return.



SUPPORTIVE SERVICES FOR VETERANS FAMILIES (SSVF) REFERRAL FORM

Veteran	Information	Date Referra	l Sent:/		
Name		Social Security Number//			
Current Address:		Length of Time There			
City	State		Zip Code		
Phone Number:	DOB:/	_/ Email:			
Single Married Separated Divorced	Number of People in 1	Family			
Does Veteran have DD 214? Yes	No Type of Dischar	rge			
Is the Veteran behind on Rent? Yes Does the Veteran rent or own home Is the Veteran Homeless? Yes No The reason for homelessness:	? What is the Has the Veteran been con	total amount the V ntinuously homeles	eteran is behin s for a year or	more? Yes No	
	Monthly Incor	ne Information			
VA Pension: \$	VA Compensation: \$	SSI: \$		SSDI: \$	
Employment: \$	Food Share: \$		Other: \$		
Total Ar	nual Income:				
	Background	Information			
AODA: Yes No Treatment		Current/Past: _			
Mental Health: Yes No Treatment		_ Current/Past: _			
Has the Veteran bee diagnosed with Has the Veteran been Arrested or In					
Probation: Yes No Parole: Ye	s No Offense:				
	Referrin	ig Source			
Name:	Signature		_ Agency:		
Phone Number:	Fax:	Email Addres	s:		
City:	State:	Date:	/		
Additional Comments					

**REQUIRED DOCUMENTATION: (Additional Items May Be Required)

*Copy of DD 214 *Photo Id * Social Security Card (Spouse & Dependents)

* Proof of All Income (Spouse & Dependents) *Proof of Food Share benefits * Eviction Notice

*Birth Certificate for Spouse & Dependents *If Living with family/friend (Written letter signed stating how long

Veteran has resided there with a contact phone number)

Center for Veterans Issues, Ltd 315 West Court Street Milwaukee, WI 53212 SSVF Phone (414) 345-4265 Fax (414) 937-2753



Beginning March 20, 2020



Beginning April 19, 2020





Beginning April 19, 2020



Beginning March 24, 2020



Beginning April 19, 2020



Beginning March 19, 2020



2597 W. Mason St. Green Bay, WI Store Hrs 5am-10pm

Beginning March 21, 2020



NOW

Oneida Market Products found at 501 Packerland Dr.

HONEY STRAWS FRESH BEEF
CORN MUSH FLOUR
KIDNEY BEANS TOP 3 TEAS
KOMBUCHA GROWLERS
FROZEN PORK SWEET GRASS
ABOLONE SMUDGE KIT
FROZEN BEEF KIDNEY BEANS
HAND SANITIZER
SAGE DEHYDRATED CORN
ALL PURPOSE FLOUR
KANÁSTOHALE FLOUR

Appendix II

Coping and MH with Hyperlinks to Handouts

PFA Handouts (seeking social support; giving social support; what you may experience; tips for relaxation; alcohol, medication, and drug use after disaster; parent tips (for all ages from toddler to teen); tips for adults after a disaster)

https://www.ptsd.va.gov/professional/treat/type/PFA/VA NCPTSD All 508.pdf

PFA: PFA for Healthcare Professionals

https://omh.ny.gov/omhweb/disaster resources/pfa/healthcare.pdf

PFA: PFA Provider Care:

https://www.ptsd.va.gov/professional/treat/type/PFA/PFA Appx CProviderCare.pdf

PFA: Survivor Current Needs Checklist (a really nice checklist that can be used when helping clients determine needs and levels of functioning)

https://www.ptsd.va.gov/professional/treat/type/PFA/PFA_Appx_DWorksheets.pdf

PFA: Trauma and PTSD: Tips for Relaxation

https://www.ptsd.va.gov/professional/treat/type/PFA/PFA Relaxation.pdf

Acceptance and Commitment Therapy (ACT) for COVID-19 Handout https://drive.google.com/file/d/117HY4z4mY5izJpR44ejuZ8rhTyoWEGEG/view

Checklist for Older Adults

https://www.cdc.gov/coronavirus/2019-ncov/downloads/checklist-retirement-communities.pdf Coping with a Disaster or Traumatic Event handout:

https://emergency.cdc.gov/coping/pdf/Coping with Disaster.pdf

COVID-19: Guidance and Advice for Older People:

https://gerocentral.org/wp-content/uploads/2020/03/Covid-19-Guidance-and-advice-forolder-people.pdf

Coloring Books for Children:

Native Wellness Institute Coloring Book: https://www.nativewellness.com/

https://www.nativewellness.com/uploads/4/6/7/8/4678037/coloring_book_single_pages.pdf The Shoes Coloring Book by Louie Gong:

https://cdn.shopify.com/s/files/1/0166/7556/files/8thGen ColoringBook Shoes 03.31.20.pdf?v =1585680676

Things to Color from Mother Earth: An Ojibwe Coloring Book:

https://www.princestrust.ca/wp-

content/uploads/2019/09/THINGS3.pdf?fbclid=IwAR1Xxm7rvMs1aGD-

xI6W9RQKFKrlsLKrBfhmsjSKxN0eU5bBrcSLFalqdGI

Definition of social distancing, isolation, and quarantine, and how to cope: https://www.apa.org/practice/programs/dmhi/research-information/social-distancing

Helping Children Cope During and After a Disaster: A Resource for Parents and Caregivers: https://www.cdc.gov/childrenindisasters/pdf/children-coping-factsheet-508.pdf

How to Cope with Sheltering in Place:

https://store.samhsa.gov/product/How-To-Cope-With-Sheltering-in-Place/SMA14-4893 file:///C:/Users/Owner/Downloads/sma14-4893.pdf

How to Cope with Stress:

https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html

How to Respond Effectively to COVID19— FACE COVID (ACT Video) https://www.youtube.com/watch?v=BmvNCdpHUYM

Keeping Your Distance to Stay Safe: Social-Distancing https://www.apa.org/practice/programs/dmhi/research-information/social-distancing

Older Adults and Disasters: How to Be Prepared and Assist Others https://www.apa.org/pi/aging/resources/older-adults-disasters.pdf

Reducing Stigma Related to COVID-19: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/reducing-stigma.html

Taking Care of Your Behavioral Health during an Infectious Disease (SAMHSA) outbreak: https://store.samhsa.gov/product/Taking-Care-of-Your-Behavioral-Health-During-an-Infectious-Disease-Outbreak/sma14-4894

Taking Care of Your Emotional Health: https://emergency.cdc.gov/coping/selfcare.asp

Talking with Children: Tips for Caregivers, Parents, and Teachers during Infections Disease Outbreaks:

file:///C:/Users/Owner/Downloads/PEP20-01-01-006-508.pdf

Tips for Disaster Responder: Preventing and Managing Stress: file:///C:/Users/Owner/Downloads/sma14-4873.pdf

Tips for Survivors: Coping with Anger after a Disaster or Other Traumatic Events (SAMHSA): https://store.samhsa.gov/product/Preventing-and-Managing-Stress/SMA14-4873 and OCHC/OBH COVID-19; Community Resource List; Created on 4/10/20; Last updated on 4/21/20

file:///C:/Users/Owner/Downloads/pep19-01-01-002 0.pdf

Tips for Teens: Coping with Anger after a Disaster or Other Traumatic Event (SAMHSA): file:///C:/Users/Owner/Downloads/pep19-01-01-002 0.pdf

Phone Apps For Managing and Reducing Stress

Managing stress is a skill that everyone needs to develop. Whether it's a daily battle or an occasional flare, the effects of stress take a toll on our productivity and, more important, our health. Fortunately, new tools can bring stress management within easy reach.

Here are some apps found for managing and reducing stress.

Psychological First Aid: (free)

Lets responders review PFA guidelines and assess their readiness to deliver PFA in the field. The app provides additional support when the responder is in the field by providing tips on different survivor groups (infant/toddler, preschool, school-age, adolescent, adult) and keeping track of survivor concerns and referral needs. Resource links are included to facilitate referrals. *PFA Mobile™* supplements other resources that trained individuals utilize before, during, and after a disaster response. This is the iOS version of the app.

PTSD Coach: (free)

PTSD Coach was designed for those who have, or may have, posttraumatic stress disorder (PTSD). This app provides you with education about PTSD, information about professional care, a self-assessment for PTSD, opportunities to find support, and tools that can help you manage the stresses of daily life with PTSD. Tools range from relaxation skills and positive self-talk to anger management and other common self-help strategies. You can customize tools based on your preferences and can integrate your own contacts, photos, and music. This app can be used by people who are in treatment as well as those who are not.

PTSD Coach was created by VA's National Center for PTSD and DoD's National Center for Telehealth & Technology.

Breath: (free)

Smartphone app with instructions and exercises in diaphragmatic breathing, a documented stress-management skill. Includes detailed information on the effects of stress on the body. OCHC/OBH COVID-19; Community Resource List; Created on 4/10/20; Last updated on 4/21/20

DBT Coach: (Dialectical Behavioral Therapy): (free)

This is a comprehensive DBT app that exists today with easy to follow visual tools. Learn and practice DBT skills using video lessons and fun animations which helps you to remember skills longer. Features over 100 videos and 200+ animations. You can also take notes on these lessons for future use.

CALM: (free)

It should come as no surprise that <u>Calm</u> is designed to help you be calm. With stunning backgrounds that you can stare at for ages, and a range of meditations, Calm provides a space for you to get away from it all, without having to go anywhere. You must create and account, has some good tools for relaxation and meditation, mental fitness, sleep, and music. Many of the tools are locked and can only be unlocked with in-app purchases.

Colorfy: (free)

The mindfulness coloring book has become digital! <u>Colorfy</u> provides flowing and relaxing shapes and patterns for you to color, allowing you time out from the hustle and bustle of everyday life. Free, but with limited number of pictures. In-app purchases available but they do not seem necessary for use. Can be a helpful distraction, similar to coloring in a book, but does not offer specific counseling skills

Headspace: (free)

"A gym membership for the mind," Headspace provides a series of guided meditation sessions and mindfulness training. A free trial is available with additional sessions available by subscription. Seems like it has useful skills, but only offers a 5 day free trial with many of the tools locked until purchased

Mindshift: (free)

Mental health issues can affect people of all ages, so it's fantastic that an app like <u>Mindshift</u> has been developed. Designed primarily for teens and young adults, Mind shift focuses on issues that cause stress and anxiety within that age group. You must create an account, but very helpful with teaching about certain symptoms, with a feeling scale and tracking tools.