

ONEIDA FITNESS FITBALL CHALLENGE

October 7 2019– November 16, 2019

\$20 / team

*Prizes will be
awarded to the*

1st, 2nd, and 3rd place Winners!



Each team can have up to four (4) players.



How to Score (a minimum of 20 minutes of exercise per check-in to qualify the points, only one check-in per day is scored, see rules for more info.

- ⇒ 1-4 Days you receive 1 point each day
- ⇒ 5 Days / week you receive 6 points (Touchdown)
- ⇒ Saturday you receive 3 points (Field Goal)
- ⇒ Successful Conversion you receive 2 points
- ⇒ Successful Extra Point you receive 1 point

* Weekly Raffle Prize Drawings

(Contact O.F.F. for more info: 490-3730)

