

**Oneida Family Fitness**  
**Membership Guidelines**

1. Members are required to interact with others in a caring, honest, respectful and responsible manner to encourage **Kahletsyalu!sla**: the heartfelt encouragement of the best in each of us.
2. Memberships are available for individuals' ages 6 months and older. Individual and Family memberships are also available.
3. Children 10 years and older may be present in the facility without adult supervision. Please reference **Area Usage Guidelines** and **Program Schedules** for details.
4. Children 9 years and under must be accompanied by an adult. Adult must stay with child at all times.
5. Members are required to sign and adhere to the Oneida Family Fitness disciplinary policy.
6. Memberships are non-transferable. Members may not sell or loan their membership card or privileges.
7. Members must present their membership card upon entering.
8. Members are subject to a \$5.00 replacement fee for lost or misplaced membership cards.
9. Members must present their membership card to check out equipment: balls, videos, special weight-lifting equipment.
10. Disrespecting OFF Staff, Administration Staff and/or other members will not be tolerated.
11. NO SMOKING is allowed within 30 feet of the building.
12. Guests are welcomed. Guests are required to pay the appropriate guest fee and sign a waiver before using the facility. At least one form of I.D. is required for adult guests to ensure facility security. A parent, legal guardian, or immediate family member must sign a waiver if the guest is under 18 years of age.
13. Clean, appropriate fitness attire is required (Shorts, closed-toe shoes, t-shirts, sweats, socks).
14. Clean, personal hygiene is required.
15. Anyone who carelessly and/or negligently breaks or damages OFF equipment will be charged accordingly.
16. No credit will be extended toward the purchase of Oneida Family Fitness items. No refunds will be issued. Exchanges only.
17. Loitering is not allowed on Oneida Family Fitness property.
18. No skateboarding is allowed on OFF property, or in parking lot areas.
19. A courtesy telephone is available at the Reception and Service desks for local calls. Phone calls are limited to 5 minutes.
20. An elevator is available for those unable to access different levels of the facility by using the stairs. If you are able, please save the elevator for those who need it.

*\*VIOLATION OF THESE GUIDELINES IS SUBJECT TO DISCIPLINARY ACTION WHICH MAY  
RESULT IN REVOCATION OF CLUB PRIVILEGES.*

*Rev 4/6/09*