



**ONEIDA FAMILY FITNESS...**  
*Quality Programs & Services to  
 improve your Health & Fitness!*

**SERVICES:**

- State of the Art Cardio & Strength Equipment
- Swimming Pool —Recreational
- Gymnasium— Full Court
- Indoor Track
- Special Needs Areas
- Fitness Studios
- Personal Training
- Shake & Snack Shop
- Pro Shop
- Child Care
- Locker Room
- Towel Rental
- Outdoor Ropes Course

**PROGRAMS:**

- Group Fitness Classes
- Aquatic Classes
- Martial Art Classes
- Fitness Assessments
- Wellness Profiles
- Specialty Programs
- Health Education
- Incentives
- Pro Shop
- And Much More....



# Oneida Family Fitness

*"Let us help you improve  
 your Quality of Life"*

**Oneida Family Fitness**

**2640 West Point Rd**

**Green Bay, WI 54304**

**(920) 490-3730**

<https://oneida-nsn.gov/fitness>

**Hours of Operation**

**Monday-Thursday**

**5:30 a.m.—8:00 p.m.**

**Friday**

**5:30 a.m.—7:00 p.m.**

**Saturdays (Seasonal)**

**8:00 a.m.—12:00 p.m.**



*A good mind. A good heart. A strong fire.*

## Oneida Family Fitness

Provides a State of the Art multi-purpose fitness facility designed to meet the health and fitness needs of the Oneida Tribe organization and community.



Oneida Family Fitness is committed to providing quality physical activity and preventative health education opportunities which encourage participants to achieve total well being.

Our vision is for our community to adopt and value a culture of holistic well being, with the desire to improve their health, physical fitness and quality of life.

### Membership Benefits

- ◆ Complimentary Fitness & Wellness Assessments
- ◆ Complimentary Equipment Orientation
- ◆ Free Group Fitness & Aquatic Classes
- ◆ (3) Free Personal Training Sessions (Annual Memberships only)
- ◆ Cardiovascular & Strength Equipment
- ◆ Free Child Care
- ◆ Wellness Education
- ◆ Discounted Specialty Programs
- ◆ Discounted Martial Art Programs
- ◆ Incentive Programs
- ◆ Locker Rental

### Membership Eligibility

Oneida Enrolled Members, Oneida Employees (to include spouse & children), other Tribal Affiliations, and the General Public. We offer a variety of memberships based on type and age.

### Category Types

**Individual:** Gives you access to Oneida Family Fitness programs and services.

**Family:** Extends benefits to any two adults and children ages 6 months—17 years old that live in the same household.

### Initiation Fee

- A one time fee unless your membership has expired for more than 30 days.
- Initiation fees do not apply to memberships costing under \$25.00.

**Individual: \$25.00**

**Family: \$50.00**

**Identification is required upon membership purchase.**

### Renewal Fee

All members will be provided a renewal rate. The renewal rate shall be extended to members who renew their Monthly Membership within 5 days of the original contracted period and Annual Memberships within 30 days of the original contracted period. A 30-day grace period is granted for payment of your Annual Membership. A membership that is renewed will reflect the original dates contracted at the time of membership originated.

### Methods of Payment

Membership fees can be paid by:

1. Cash, Check, VISA, Mastercard, or Discover
2. EFT Draft (Your checking or savings account is debited once per month until paid in full).

## General Public Membership Rates

(Effective October 1, 2010)

Membership Rates (Initiation fee not included in Prices listed below)			
Type	Length	Rate	Description
Individual	1 year	\$440.00	Ages 18 years - 54
Family	1 year	\$700.00	Any two adults and children ages 6 months - 17 that live in the same household
Individual Elder	1 year	\$330.00	Ages 55 +
Family Elder	1 year	\$550.00	One spouse must be Age 55 +
Individual Youth	1 year	\$165.00	Ages 6 month - 17 yrs
College Student	1 year	\$220.00	Full-time status; 25 years and under, I.D. and copy of schedule required, Including High School over 17yrs.
Individual	1 mo	\$40.00	Ages 18 yrs—54
Family	1 mo	\$60.00	Any two adults and children ages 6 months - 17 that live in the same household
Individual Elder	1 mo	\$30.00	Ages 55 +
Family Elder	1 mo	\$50.00	One spouse must be Age 55 +
Individual Youth	1 mo	\$15.00	Ages 6 month—17 yrs
College Student	1 mo	\$20.00	Full-time status; 25 years and under, I.D. and copy of schedule required, Including High School over 17yrs.

(\*Fees are subject to change)