

# ONEIDA FITNESS FITBALL CHALLENGE

October 8 2018– November 17, 2018

**\$20 / team**

*Prizes will be  
awarded to the*

*1st, 2nd, and 3rd place Winners!*



Each team can have up to four (4) players.



How to Score (a minimum of 20 minutes of exercise per check-in to qualify the points, only one check-in per day is scored, see rules for more info.

- ⇒ 1-4 Days you receive 1 point each day
- ⇒ 5 Days / week you receive 6 points (Touchdown)
- ⇒ Saturday you receive 3 points (Field Goal)
- ⇒ Successful Conversion you receive 2 points
- ⇒ Successful Extra Point you receive 1 point

\* Weekly Raffle Prize Drawings

(Contact O.F.F. for more info: 490-3730)

