

Oneida Family Fitness News.....

July 2018

RECAP OF TEAM ONEIDA BELLIN RUN/WALK 2018

Congratulations to all participants who signed up and completed the Bellin Run/Walk with Team Oneida. We had a total of 141 participants that signed up to participant in the 42nd annual Bellin 10K Run.

We would also like to recognize the Top 5 Male and Female runners:



Our **Top Male Finishers** are as follows: 1. Jordan Lorenz 39:14; 2. Mike Brady 44:46; 3. Raymond Ackley 46:21; 4. Ken Neddo 46:51; 5. Ted Sutrick 47:51.

Our **Top Female Finishers** are as follows: 1. Louise Padron 53:22; 2. Hanna Leisgang 54:04; 3. Amanda Doxtator 55:24; 4. RaLinda Ninham-Lamberies 59:52; 5. Mary Burns 1:00:34.

A special thanks to the department of Oneida Community Health Center (sponsored by Oneida Special Diabetes Program for Indians) TEAM ONEIDA! Without the generosity of our sponsors, Team Oneida would not be possible.

*** MARK YOUR CALENDAR FOR NEXT YEAR'S
BELLIN RUN/WALK JUNE 8, 2019***

Summer 2018

July ~ August ~
September

July Events at a Glance

Summer Group Fitness Schedule begins	2
Independence Day; Facility CLOSED	4
O.F.F. Golf Outing registration opens	5
Fitness Camp; Ages 6-8	16-19
JMIO Summer Walk; Oneida Elementary School 4-6:30pm	18

2018 BELLIN RUN

* Update your Email Address *

Please stop by our membership desk to update your Email address to ensure you receive the most up-to-date information from Oneida Family Fitness.

Oneida Family Fitness

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Green Bay, WI 54304
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▶ LIKE US ON FACEBOOK!

Final Weigh-ins for Summer
Weight Wars is
August 6-9...don't miss out!

September Events at a Glance

Labor Day; Facility CLOSED	3
Re-open Saturday hours; 8-12:00pm	8
New Beginner TKD session begins	10
New Mighty Ninjas session begins	13
Fall Swim Lessons begin	17
Oneida Blood Drive; 8-1pm	20
JMIO Diabetes Walk; Oneida Elementary School; 9- 11:30am	29

August 2018

Mark your Calendars!.....

Oneida Family Fitness facility will be temporarily **CLOSED August 20—August 31**, to address needed facility & equipment maintenance and repairs, staff training, and fitness programming.

The facility will be closed **Mon, September 3** in observance of Labor Day; we will re-open and resume service on **Tuesday, September 4**

Information on alternate facility usage during this time will be posted at Oneida Family Fitness soon.

**Saturday hours will resume starting
Saturday, September 8!**

Join the FUN..... O.F.F. Golf Outing

Four Person Team, 18 hole scramble
Friday, August 24 (9:00 am shotgun start)
Thornberry Creek at Oneida

Cost \$75 per golfer; register by Aug 18
Includes 18 holes golf & cart, lunch, contest holes/
prizes & top team awards

August Events at a Glance

Sports & Conditioning Youth Camp; Ages 9-11; Cost \$30; Pre- registration required	6-9
Final Weigh-Ins for Summer Weight Wars Challenge	6-9
Annual Shutdown; Facility CLOSED	20- 31
JMIO Beat the Heat Walk; Oneida Lake; 4- 6:30	22
O.F.F. Annual Golf Outing; Thornberry Creek	24

September 2018



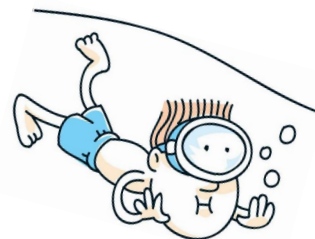
New Swim Lesson sessions will begin Monday,
Sept 17-November 5; watch for more details



New Beginner TKD Session begins; Monday,
Sept 10; Mondays for 6-weeks; 5-6pm



New Mighty Ninjas session begins; Thursday,
Sept 13; Thursdays for 6-weeks; 5-5:30pm



Watch for our 4th Quarter Customer Satisfaction Survey to be distributed
mid September; thank you in advance for your feedback!