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### Committee of Correspondence working to bring power back to the GTC

**Dawn Walschinski**

Kalihwisaks  
Obstinace, Tenacity and Stubborn Old Goat; these are the names Mindimoye gave to three of six trees she was able to plant outside her residence at the Oneida Elderly Complex after a three month quest for shrubbery. The other tree names, Persistence, Perseverance and Determination, are the virtues she brings to the General Tribal Council Committee of Correspondence, a group that meets the last Wednesday of every month.

"We started gathering together about almost a year ago, and people came and

**See Page 3A**

**Correspondence**

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## Oneida soldier returns home from Iraq war

**By Steven J. Gandy**

Kalihwisaks

After 26 months, 500,000 houses and a bullet in the arm, US Army Staff Sergeant Travis Smith, an enrolled Oneida member, recently returned home from his second tour of duty in Iraq. His most recent tour was extended four months bringing the total amount of time spent in Iraq this tour to 16 months. Smith has spent a total of 26 months in Iraq between his two tours. That is four months longer than his youngest son has been alive.

Smith has three children; Summer 6, Kaiyin 3, Braden 22/months all of whom are taken care of by his wife Lori while he is away from home.

Smith is attached to the 1-24 Infantry out of Ft. Wainwright in

Alaska. He is part of the new Stryker Brigade the Army has employed in an effort to become more responsive and nimble in the crowded streets of Iraqi cities.

Strykers are new military vehicles used primarily as light armored vehicles. Smith describes the Strykers as an, "Eight-wheeled vehicle, armored on all sides. They're half way between a HMMWV (Humvee) and a tank except the Strykers are more maneuverable than a tank and have a larger capacity and more armor than a Humvee," Smith said.

The primary mission of Smith's Stryker Brigade was to patrol designated areas and find the enemy.

**See Page 6A**  
**Soldier returns**



Photo courtesy of Travis Smith

US Army Staff Sergeant Travis Smith on patrol in Iraq.

## You say you want a resolution



**By Steven J. Gandy**

Kalihwisaks

Losing weight is in the top five new year's resolutions, and with that comes the annual increase in gym memberships and member usage.

According to Ryan Engel, a Fitness Specialist at Oneida Family Fitness (OFF), the member usage increases about 15-20 % during peak new year's resolution times.

"Our increases from January through April, which is obviously probably our busiest months is anywhere between 30 - 40 members additional each day," Engel said.

Unfortunately, that increase tapers off to normal numbers by May and things go on as usual for the rest of the year. It is not uncommon for resolvers to give up only after a few weeks or months of a work out program.

"A lot of...why people drop off is they are not seeing immediate results. It didn't take you two or three months to gain that 10 or 15 pounds, it took, probably, a course of a year, little by little each month to gain that weight, so it's not going to come off as quick as it goes back on. You need to work, and the biggest thing is

**See Page 7A**  
**Resolutions**

**Kali photos/Steven J. Gandy**

The father son tandem of Jerry and Dylan Laabs show their determination to stay healthy as they exercise on the elliptical trainers at Oneida Family Fitness. Oneida Family Fitness winter hours are: Mon - Fri 5:30a-8:30p Saturday 7a - 2p Closed on Sunday

## Regional approval sends Beloit casino plan to Washington

BELOIT, Wis. (AP) – Plans of the Bad River and St. Croix Chippewa bands from northern Wisconsin to develop a casino on the state's southern border have been approved on the regional level and advance to Washington, D.C., for consideration, project spokesmen said Monday.

In the application to the Bureau of Indian Affairs, the tribes seek federal trust status which would put the land under their control for use as a gambling site outside state jurisdiction. The BIA and Wisconsin Gov. Jim Doyle would still have to give approval for the project to go forward.

Project spokesmen said in a news release that the regional approval came after a full review of the proposal and how it would meet criteria under the Indian Gaming Regulatory Act.

"One of the main purposes of the Indian Gaming Regulatory Act is for disadvantaged tribes to gain success through gaming," Bad River Chairman Eugene Bigboy said in the release. "When we were invited to Beloit we did not have a clear

**See Page 2A**

**Beloit Casino**

## Agroterrorism has a long history in America



Kali photo/Steven J. Gandy

Over 100 people attended the two day training on agroterrorism held at the Radisson Inn January 15-16. The event was sponsored by the Western Institute for Food Safety and Security.

**Submitted by John L. Breuninger**

Area Manager for Planning

What is agroterrorism? Look for the word in your dictionary, your "spell checker," thesaurus or encyclopedia....you won't find it! GOOGLE this word, utilizing the Internet, you will find 15,637 pages or 66,400 references associated with "agroterrorism."

Is this a new phenomenon? A new Internet disease or a virus? Let's look at a little history: 1) In the 1700s, as the Spanish invaded the Mexican Indian territories in what is now known as Mexico, historical accounts reference how the Indian populations were eradicated by the conquerors (Spanish Conquistadores) who

spread diseases such as smallpox among the non-immune Indian populations. 2) In 1779, the colonials sent a force led by Gen. Sullivan to attack the Iroquois homelands. The Oneida village, their church, and their colonial-style houses were burned. Sullivan's raid destroyed a huge number of crops and fruit orchards, and thousands of trees were cut down (Richards, Cara E., The Oneida People). 3) In 1863, while the War Between the States raged in the East, legendary "Indian fighter" Kit Carson led a brutal campaign against the Navajo of the Southwest, whose raiding

**See Page 7A**

**Agroterrorism**



Local

# Taking the oath of office



Kali Photo/Dawn Walschinski

Oneida Business Committee Secretary Patti Hoeft welcomes new members of the Election Board and Pow Wow Committee after administrating the oath of office on Wednesday, January 17. Taking the oath for the election board was Renee Ann Hill, Richard Moss, Lori Elm and Kitty Melchert. John Teller joined the Oneida Pow Wow Committee.

## From Page 1A/Beloit Casino

idea that the trust land approval process would move so slowly.”

The formal process dates back to a referendum vote in November 2000, when the efforts of the city to reach agreement with the tribes won 61 percent backing of Beloit voters.

“We are glad that the application was approved at the regional office, but there are still some obstacles that must be overcome,” Bigboy said. “We believe that the most difficult part of the process is behind us. As I’ve said before – we’re going to get this project built.”

St. Croix Chairman David Merrill expressed thanks for community support the project has received.

“This project will provide both the St. Croix and Bad River people with much needed economic development,” Merrill said. “We are grateful to Beloit, South Beloit and Rock County, and all the volunteers and elected representatives who continue to support the project. We are eager to move forward.”

Local and tribal officials met on Wednesday, January 10, 2007 at the Department of Interior in Washington with Director of Indian Gaming George Skibine.

“Ultimately, it’s the Secretary of Interior who makes the decision whether to accept it,” said BIA spokesman Gary Garrison. “It will be a couple of months, at least. The next step would be to send it on to the governor.”

According to a press release sent by the Ho-Chunk Nation on January 11, the southwestern Wisconsin tribe objects to the off-reservation casino plan.

“The Ho-Chunk Nation has been consistent in our support for the requirement that tribal gaming should only be conducted in areas in which an Indian tribe has a specific historical or cultural connection,” stated Ho-Chunk President George Lewis in the press release. “In this case, the only one with any connection to the land in Beloit is a non-tribal developer who’s hoping to hit the jackpot.”

Information from: Milwaukee Journal Sentinel

# Plans for change on Hwy 29

**By Dawn Walschinski**  
Kalihwisaks

Changes coming down the road for Highway 29 and County J in Brown County was the highlight of a meeting held by the Wisconsin Department of Transportation (WisDOT) Wednesday, January 29.

According to Project Manager Charles Karow, part of the plan is to lower County J under Hwy 29 and remove access to the highway from that point. County J will intersect with a frontage road that will bring vehicles to Packerland Drive to access Hwy 29.

Changes will be made at Hwy 29 and Packerland as well to separate highway traffic from local traffic. A Hwy 41/29 free-flow exchange will be built so that travelers heading east or west will drive over local traffic. Local drivers heading north into Howard or south into Green Bay will use a roundabout to either travel locally or access Hwy 29.

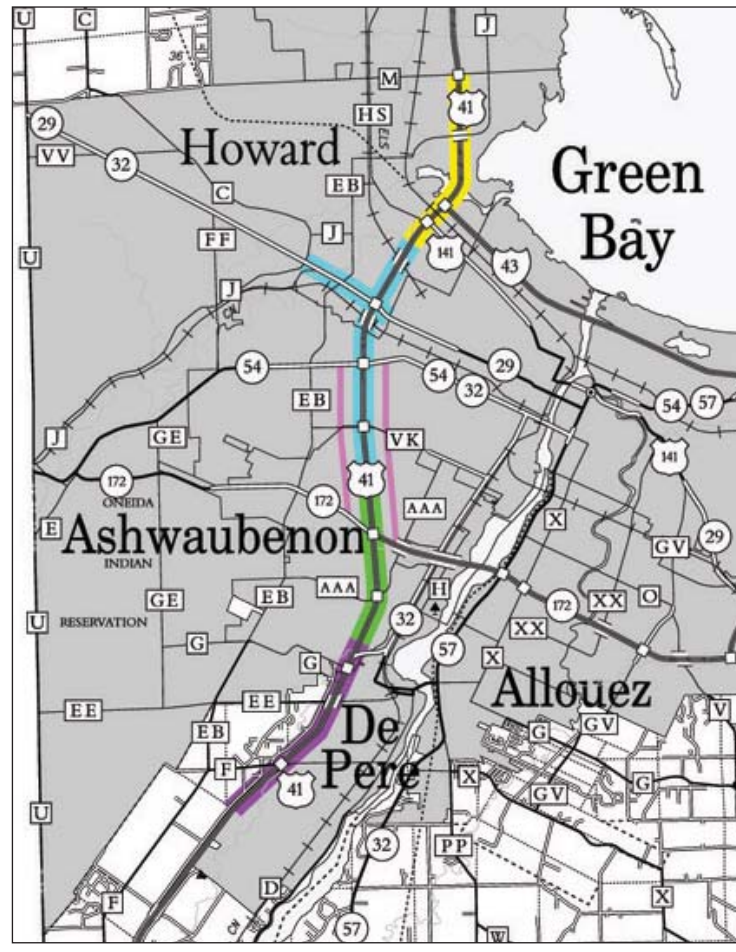
The WisDOT believes the roundabout will be safer and minimizes the amount of land needed for construction. The free-flow overpass will reduce the congestion and travel time for drivers.

Also included in the plan is a paved bike path running from Taylor Street to Pamperin Park.

“It’s not real easy to walk or bike out in the area,” said Karow.

Plans also include clearing up congestion on Taylor Street near Fleet Farm.

The \$189 million dollar expansion is part of at \$453 million project to expand Hwy 41 from four lanes to six lanes. Potentially, 28 property owners may be effected by the current plan as the WisDOT begins buying land for the expanded roadway. Construction is expected to begin in 2011.



## HONOR THE YOUTH POW WOW

February 3, 2007  
Oneida Nation Elementary School

JOIN US IN SONG AND DANCE AT THE ANNUAL ONEIDA HONOR THE YOUTH POW WOW

FREE ADMISSION  
FEAST AT 5:00 PM

GRAND ENTRIES AT 1:00 AND 7:00 PM

SIGN UP IS REQUIRED FOR DANCERS AND DRUMS.

REGISTRATION CLOSSES AT 4:45 PM

FOR FURTHER INFORMATION CALL 920 - 496 - 7897  
ASK FOR TONYA, MAUREEN OR DONNA.

## kalihwisaks

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Kalihwisaks is a member of NAJA (Native American Journalists Association) & WNA (Wisconsin Newspaper Association)



## Local



## In Loving Memory

In Loving Memory of  
**Josh Webster**  
 Who passed away 7 years ago  
 January 21, 2000

The years have come and gone  
 but the memories never  
 fade away in the  
 hearts of those  
 who love and  
 miss you.

Josh...  
 You now walk  
 this journey with  
 your grandfather...

May both your Spirits soar  
 and bring us the comfort we  
 sometimes need...

Love and Miss You!  
 Mom, Brian, Jerome, Jermaine  
 Jason, and Brian Jr.



## From Page 1/Correspondence takes on red tape

they had a number of different issues that they wanted to express," said Mindimoye.

The group has about 15 active members. Currently, they are focusing on improving communications between the Oneida government and its members, role clarification within the tribal organization, and the 2008 budget.

The group grew in part out of discontent with General Tribal Council (GTC) meetings.

"Some of the complaints about why people don't go to (GTC) meetings is there's too much bickering, there's too many personal attacks," said Mindimoye.

Another factor was frustration with the bureaucracy within the Oneida tribal departments. Mindimoye experienced the red tape first hand when she worked for the South Eastern Oneida Tribal Services (SEOTS) in Milwaukee.

"Try and get something done, ask for that, and it's so complicated and it was convoluted," she said. "By the time you do two or three of those things, you kind of lose

patience, and I think that's what kind of happened to most of our General Tribal Council. They don't go to meetings, we haven't had a quorum for a long time."

As a result, many decisions are left to the Business Committee, reducing the GTC's impact. "The people don't have the power that they should have. They don't take the power that they have, they don't use it, so they turn it over to the Business Committee," said

Mindimoye.

The Committee of Correspondence uses public meetings to spread the word about their organization.

"What we've been doing is going around to the already established meetings and telling what we're trying to do, and by golly, if some people don't come from those meetings," said Mindimoye.

Beverly DeCoteau enjoys the work the Committee of Correspondence does.

"This is kind of a nice alternative," she said. DeCoteau enjoys the "round-about way to get things accomplished."

Mindimoye cautions that patience is needed when taking on the challenges the committee has set before itself.

"You got to remember that it takes time for any change to take place," she said. "It takes a lot sometimes to be patient and to have good words and to have a good mind."

## General Tribal Council Community Meeting

**Subject: 2008 Tribal Budget Priorities and Process & Procedures**

**Date & Time: Wednesday, January 31, 2007 • 5:00PM – 7:00PM**

**Place: Oneida Police Department Community Meeting Rooms**

### AGENDA

1. GTC Structure and Membership Representation Project Update
2. 2008 Budget Priorities and Process and Procedures for Development, Design and Approval of Recommendations to GTC Budget goal for 2008 is One Billion Dollars
3. 2007 Budget status update on \$411,134,099.00
4. GTC other issues for consideration

**For more information contact:** General Tribal Council Committee of Correspondence, PO Box 365, Oneida, WI 54155

## Report: Nonwhite youth have disproportionate criminal justice

**By Scott Bauer**

Associated Press Writer

MADISON, Wis. (AP) ~ Nonwhite youth in Wisconsin are far more likely than whites to have contacts with the criminal justice system - from arrest to sentencing - a report released Friday showed.

The state data far exceeded national averages revealed in the report titled "And Justice for Some" by the National Council on Crime and Delinquency, a criminal justice research organization.

Wisconsin led the nation in some categories and was near the highest in some others, said Barry Krisberg, president of the group that issued the report.

Gov. Jim Doyle will announce his plans Monday to appoint a commission to reduce incarceration rates among nonwhites, especially blacks, said Doyle spokesman Matt Canter.

He won't find any guidance in the report. The Oakland, Calif.-based group stopped short of offering recommen-

dations for change, saying only that it is time for a nationwide effort to identify the causes and work to improve the system.

Krisberg said the report was meant to spur a discussion in communities and states across the country. It would be difficult to identify solutions that would work for all parts of the country, he said.

"This is not an issue where one size fits all works," he said. "How you solve this in

Milwaukee is different from how it works in L.A."

Krisberg said over the years three key issues have been identified: the quality of legal representation for poor kids; whether the system is using objective versus subjective decision making; and whether communities invest in programs to assist youth in the communities where they live.

**See Page 6A**  
**Youth justice**

In Loving Memory of  
**Martin Doxtator**  
 January 23, 1999

**Husband, Father, Friend...**

As a New Year is upon us,  
 we remember you as if you are  
 still here...

No amount of time can erase  
 the precious memories we  
 have of you...

You left with us a legacy of  
 Love & Family Unity;  
 which we cherish dearly...

You still are a big part of our lives  
 and every special family occasion...

We keep you in our hearts,  
 thoughts, memories and prayers....

We want you to know; how at peace we are,  
 knowing you are with the Lord....

We know we will see you again,  
 some sweet day in the future...

Oh, how we look forward to the day  
 when we are reunited in glory...

Your wife Eleanor, Marianne, Boyd (Sally),  
 Clark, Monica, Terry, Gerald (Tonya), Dean,  
 Grandchildren & Great-Grandchildren  
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## Enrollment Update

### To: All Enrolled Tribal Members

The Oneida Enrollment Department is providing the following information to help identify the services our office provides to the Tribal Membership.

**Our Department has had it's own website since May 16, 2006!** This means, most of the forms you commonly request can now be downloaded at your own convenience. Please visit us at <http://enrollment.oneidationation.org> and share with us how you like our website.

The Enrollment Department provides many services which include but is not limited to the following;

- Tribal mailings: Kalihwisaks (newspaper), Annual/Semi-Annual GTC booklets, GTC notices/mailings, Per Capita Notices/Forms, Burial Information
- Certification/verifications of Enrollment
- Proof of Per Capita Income
- Tribal Identification Cards
- Genealogical Record requests
- Enrollment / Relinquishment / Blood Increase requests

### Deadline Information:

- January 20, 2007: Last day to submit LATE

(2006 Elder) payment forms. These late Elder payments will be mailed out on January 30, 2007.

- January 31, 2007: Last day to submit New Enrollment Applications, Relinquishment or Blood Increase Requests for review and/or approval by the Trust/ Enrollment and Business Committee's.

Please contact our department if you have any questions about the receipt of your payment or any other form(s). 1-800-571-9902 or 920-869-2083

### Reminders:

- It is the responsibility of all tribal members and/or their parents/guardians to keep their address information current.
- It is recommended for persons that who may be unable to attend to their "enrollment matters" for an undetermined amount of time (such as military personnel or incarcerated persons), to assign someone as their Power of Attorney. This practice has proven to be the most effective way to keep you and your membership records/services current.

All this information and more can be located on our website. Please visit it and share with us how you like it or how we can improve it. Yawa'ko



### The Oneida Social Services Department

would like to thank everyone who donated gifts for this years Social Services Giving Tree. Because of your generous, caring and giving spirits we were able to provide Christmas gifts to over 400 Oneida children. We would like to extend a special note of gratitude to the following for their extraordinary efforts with this years Giving Tree:

- Pogi King Dessart
- Lisa Williams
- Pat Moore
- Patricia Kohlman
- Oneida Veterans
- Woodward Communications
- Radisson Hotel & Conference Center

*Have a Safe & Happy New Year!*



## Local



## BACKGROUND ON BUSINESS

### Rolling out the carpet... Cleaning Business that is

By Steve Gandy

Kalihwisaks

Dan Summers is the owner of Lone Pine Carpet Cleaning, a business that has been operating in Seymour since 2003. Don't think that he is a novice though, Summers has been in the business since 1988.

For ten years, from 1988 to 1998, Summers owned a different carpet cleaning company, but sold it in '98. During that time from 1998 through 2003 Summers worked for a local company, but soon realized that he didn't like it so much.

"I wasn't happy working for someone, I wanted to work for myself. You do it for 10 years, it's kinda hard to have to stand there and take orders from someone that's younger than you," Summers explained.

In 2003 he returned to the carpet cleaning business and opened Lone Pine. Summers not only services Seymour, but also ventures into Black Creek, Oneida and Appleton. The majority of his business is residential, although he does have a few business clients.

"I do the carpets at The Plaza Restaurant, the Seymour Fire Department and I just recently started doing the Black Creek Fire Department," Summers said. "I mainly try to stay with homes . . . the first ten years I had a lot of business clientele, but I don't want to go back into that, I like homes. It's not as demanding."

### Tour model unit at AJNH

The team developing the assisted living/Anna John Nursing Home project would like to obtain community input on the design of the Resident Unit/Apartment planned for the new facility. We are pleased to invite the Oneida community to tour the Resident Unit/Apartment Model located in the parking lot of Anna John Nursing Home.

This model is designed to demonstrate the size and features that have been included in the planning to date. Inside the Model is additional information and survey forms we hope that those who tour will complete to share your ideas with us. We also would like to thank DPW for their assistance in constructing the Model. A generator will warm up the unit for those who wish to stop in.

The unit is open Monday and Friday from 3:30pm to 5:30pm. If you have any questions, please call Anna John Nursing Home Monday - Friday and ask to speak with Craig Ninham at 920.869.2797



Kali photo/Steve Gandy

The fresh snow that blankets the top of Dan Summers carpet cleaning van won't keep him from making his appointments. Summers has over 13 years of carpet cleaning experience under his belt.

Summers got his start in the carpet cleaning business while selling Kirby vacuum cleaners in the 1980's. During his seven years with Kirby he learned everything Kirby had to offer.

"One good thing I can say about Kirby is it's good experience if you want to learn how to run a business," Summers said.

By the nature of the business at Kirby, Summers knocked on a lot of doors, and by doing so opened a lot of doors to his future success.

"I guess I found out early on that the better job you do cleaning the carpet, the more apt you are to sell the machine. So I got good at mixing chemicals and their cleaning supplies they had, and did good jobs and people liked it. I mostly sold to retired folks so they were more than apt to call me back to clean their carpets," he said.

Summers began in 1988

with equipment he got from Kirby, but soon graduated up to a commercial unit similar to what he has now. Thanks to the position he held with Kirby, Summers did not have very high start up costs when he launched his business, and therefore was able to finance his business himself.

"I didn't borrow any money for any of it, it came out of my own pocket from what I made in sales," Summers said.

Summers has made it a point to keep his prices competitive and in some case lower than his competition.

"I'm below the mainstream, ya know, like Stanley Steamer or any of the big name companies . . . I try to keep my rates at an affordable price for everybody, so that everybody can get it done, not just people who can afford it. . . the average working man and woman in their home that want their carpets cleaned," Summers explained.

government agencies.

Forest County Potawatomi plans to keep Advancia's 180 employees and its 14 locations throughout the country, said Kip Ritchie, executive of the Potawatomi Business Development Corp., the investment portion of the Forest County Potawatomi

Summers averages four to five booking per day and does all of the work himself. His main avenue of advertising is by flyers and word of mouth.

"I guess the best thing I've used are flyers. Going door to door, leaving them in gas stations, I leave my business card everywhere I go, everybody's got my card. When I leave, a home I leave four to five cards with everybody," he said.

Summers named his business Lone Pine after his Lakota name which is lone pine.

The secret to his success is really no secret at all.

"I just try to treat everyone fair and do a good job. There's no hidden costs, and I'm not gonna stick you when I get to the house with extra charges," Summers concluded.

If you would like to contact Dan Summers and Lone Pine Carpet Cleaning he can be reached at (920) 833-9205.

Community of Wisconsin.

The now tribe-owned business is eligible for federal contracts that want minority contractors, he said. The corporation would pursue more government work.

Information from:  
Milwaukee Journal Sentinel

## Wisconsin initiative spurs entrepreneurial growth

Oconomowoc, WI – an RFP (request for proposal) Wisconsin Department of Commerce Secretary Mary Burke released a new proposal on Thursday, January 11, 2007 that would reward innovative ideas tailored to the needs of specific Wisconsin companies.

The proposal, called Wisconsin Idea-Link, would replicate a successful project at UW-Whitewater in 2004 sponsored by Johnson-Diversey Company of Racine. Essentially, the company offered cash prizes for students, staff and faculty who submitted innovative product ideas to meet the company's needs.

The Wisconsin Entrepreneurs' Network (WEN), through funding from Commerce, would provide competitive grants of up to \$10,000 for evaluation and marketing costs for a maximum of 10 projects. Companies would provide additional prize money as incentive for entrepreneurs and others to develop solutions to specific challenges.

"Large companies have different hurdles," Burke said. "We want to see how we can bring these corporations into the entrepreneurial culture." Burke spoke at a WEN partner event at the Olympia Resort & Conference Center, along with David Wilson, chancellor of UW Colleges and UW-Extension, and Republican State Sen. Ted Kanavas, a key supporter of Wisconsin entrepreneurship.

Debra Malewicki, WEN interim director, said Wisconsin Idea-Link is an attempt to draw large corporations into WEN activities. "We will be asking communities to recruit a corporate partner who would put up the prize money," Malewicki said. "This gives us an opportunity to take advantage of the knowledge assets we've accumulated."

A task force will develop

*"Women and minorities are going into business at a higher rate than white males. The notion of ability to take greater control over one's destiny appears to resonate powerfully with these groups."*

– David Wilson  
Chancellor of UW Colleges

WEN is a joint venture of the Department of Commerce and UW-Extension. It is designed to help spawn new ventures and grow existing businesses by creating seamless access to entrepreneurial resources and expertise across Wisconsin.

Wilson, who has been in his job for nine months, said the university system is looking at ways to accommodate entrepreneurs.

"We are looking at modifying the curriculum of UW colleges in a way that will bring us in line with the market," Wilson told the group of about 100. "We will be calling into question . . . whether a student needs 14 weeks to complete a course. We are looking at allowing students to enter (programs) when they want to enter. We are looking at what we are teaching."

Wisconsin's demographics are shifting, he said. "That's good news for our entrepreneurial vitality," Wilson said. "Women and minorities are going into business at a higher rate than white males. The notion of ability to take greater control over one's destiny appears to resonate powerfully with these groups."

WEN has hired Kamela Goodwyn to help aspiring minority entrepreneurs in the Milwaukee area.

Contact Debra Malewicki, Interim Director, Wisconsin Entrepreneurs' Network; 608-263-7794; debra.malewicki@uwex.edu for more information.

Upcoming Events	Calendar
	<b>2007</b>
	<b>February</b>
	<b>13th Annual All Indian Bowling Tournament</b>
<b>WHEN:</b>	February 23-25
<b>TIME:</b>	Various
<b>PLACE:</b>	Lakeshore Bowling Lanes, Shawano, WI
	Five person team event with \$100 team fee. There is an optional \$5 individual Hi-game/Hi-series. 100% payout. Contact Lakeshore Lanes 715-526-9300 to register.
	<b>March</b>
	<b>Oneida Community Band</b>
<b>WHEN:</b>	Wednesdays in March
<b>TIME:</b>	6:30 – 8:00PM
<b>PLACE:</b>	Oneida Nation Elementary School (Door 4)
	Roger Ronowski is conducting. For more information or if you need an instrument, contact Beth @ 490-3833.
	<b>Ongoing</b>
	<b>Women Reaching Women Support Group</b>
<b>WHEN:</b>	Every Thursday
<b>WHERE:</b>	Three Sister's Community Center, 790 Oneste Lane (off Mason St.) Three Sisters Housing Site
<b>TIME:</b>	12:30–2:30 PM
	Please come and join us. We'll support each other. All women are invited. Free transportation, lunch, and child care provided. YMCA Swimming, Women's Closet. Hope to see you there! FMI, please contact: Isabel Parker at 498-3340 or Georgia Burr at 592-8682.
	Please call the <i>kalihwisaks</i> office at (920) 869-4280, 4279 or 4277 to include events in this section. <i>Any future announcements must have a contact phone # that can be published to be included in this section.</i>

It's almost time for

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# Legislative Review



**Vice-Chairwoman**  
*Kathy Hughes*

## Vice-Chairwoman's Corner...

hopeful that his priorities for the first 100 days includes settlement of the New York Land Claim. The terms of an agreement previously presented to the General Tribal Council remains in the hands of the Governor of New York and the Legislator.

In addition, we submitted a fee to trust application for one of the properties the Tribe holds the title to in Madison County, New York. This application is being dealt with by the Minneapolis Area Office.

The Assisted Living Project also remains on an active development phase. The budget for this project has reached \$48.4 million with an anticipated 18 to 24 month construction time. Of concern is the new direction that care for the elderly is going on a national level.

Because of my interaction with the Center for Medicare/Medicaid Services, I have been privy to the discussions surrounding the promotion for Home Based Care for the Elderly and Disabled. CMS is moving in this direction because of the cost savings and the desire of individuals to remain in a home environment as long as possible. While we continue our efforts for the Assisted Living Facility, I believe we must also take a serious look at what is really going to be needed for the growing elder population of Oneidas and the most cost effective way to meet that need. I am sure a thorough review will be completed before the decision is put in place to address the

need.

On February 3, 2007, a General Tribal Council meeting is being called for by Chairman Gerald Danforth to discuss an action taken by the Business Committee relating to a case before the Oneida Appeals Commission. This was an extremely difficult decision to make and in no way is intended to minimize the authority of the Commission. We believe it is important to fully understand why the Committee took the action it did and the best way to get the information before the membership is by calling for the GTC meeting. Your participation is encouraged. Whether you come to ask questions or to just listen, your presence is needed.

Our relationship with the Village of Hobart continues to be a challenge. As you can see from reading the Green Bay Press Gazette, lawsuits seem to be the path to follow. Unfortunately this can be time consuming and costly. Despite the negatives, however, this is the one path where we know the answer will have to be final for all parties. For Oneida that means a U.S. Supreme Court Decision. Because this will take years, we will continue our attempts to meet with the Village Board on issues to try to reach a resolve that will work for all of us.

It is the start of a new year, and because I received the end of the year report from the Enrollment Dept. this

morning, I thought I would share some of the interesting information included in that report. Tribal Enrollment is now at 15,801. This is a very modest growth but at least it is still growing. The on-reservation population is at 3,642. The total population between Brown and Outagamie Counties is 6,303. Milwaukee is populated with 1,987 enrolled Oneidas and there are 5,528 who live out side of the State of Wisconsin. As you can see, we have a significant population with a diverse set of needs. The challenge is trying to meet those needs with the revenue available. Your comments are much appreciated to help guide us through meeting these challenges.

## Letters...

### Kudos to Oneida Higher Education program

*Dear Oneida Higher Education Office,*

Because of Oneida's generous higher education program, I have had opportunities and experiences beyond anything I ever expected.

I graduated from Stephenson High School in Stephenson, Michigan in 1997, and in the fall of that year I entered the Virginia Military Institute (VMI) in Lexington, Virginia. I was a member of the first co-educational class and first woman's athletic teams at VMI, earning varsity letters in NCAA Division I track and cross country. While at VMI, I was co-editor of the school's literary magazine, opinion editor of the student newspaper and was able to study abroad far a summer at St. Anne's

College, University of Oxford, England. I won awards for poetry and writing, and completed a semester-long internship at a battered women's shelter. I earned Academic Distinction and also completed four years of Army ROTC training. In 2003, I became the first Native American woman to graduate from VMI.

After graduating from VMI, I entered law school at the University of Michigan where I was active in the Native American Law Students' Association (NALSA). I competed in the National NALSA Moot Court Competition in Los Angeles, and I also helped to bring the Supreme Court of the Navajo Nation to Michigan to hold a public court session. I volunteered with the Food Stamps Advocacy Project, helping homeless and low-income people to apply for and receive food stamps, social security disability, and other governmental assistance. In 2004, I was chosen as a Morris K. Udall scholar and completed an internship in the Department of the Interior in Washington D.C. In the summer of 2005, I worked within the Public Defenders Office in Washtenaw County, Michigan, and graduated from the University of Michigan Law School in 2006. At graduation, I was honored for highest grade in Transitional Law, and also by the Ogichidaa Award Foundation for my participation in NALSA.

I have recently relocated to Albuquerque, New Mexico, and am employed with the Indian Law firm of Stetson Law Offices, P.C. I plan for my experiences to form the basis of a long career working for the benefit of Native American people. The Oneida Higher Education program has been a blessing and a gift. I warmly thank you, and all of the members of the Oneida Nation, and promise to pass on the blessings and gifts I have received.

*Sincerely,*  
*Gussie Ann Lord*  
*Turtle Clan*

### In favor of Per Capita increase

*Dear Oneida people,*

We have to pay attention to what's been going on. People that work for this tribe get \$0-10,000.00 and more in bonuses a year, wow! Plus big wages. I didn't believe it, some people get too much \$.

Have you seen some of these people's houses, 2 & 3 cars, trucks, boats – it's hard to believe. And they cry every time we want more per-capita.

They say we don't have it in the budget! Well; shoot an arrow in that budget. It's time we the people of Onieda get some of these monies that get thrown around, how about a nice big per-capita check! Like a \$10,000.00 up front payment and \$1,500.00 a year (for) four - five years.

It's time we the people get some. Why should the high and mighty get it all? I know bad investments; we got to do this we got to that, bull! What we got to do is fork some of these profits to us the people. I'm not saying some don't

work hard but a lot don't! Not for that kind of money! And as far as these programs that help us out on the lower end of the work force. Have you asked for help? I have and what you get ain't much and you got to fight to get it!

I think some of these programs need to be looked at! And let's see whose getting these monies (friends, cousins...etc.) I'd bet we would find something there. But nothing will be done, it will stay the same.

The high and mighty and family get – and we get the horn! Kicked and pushed to the side of the path they choose to travel!

Vote, vote on what? They don't let nothing pass unless it's their way. I'm sure the whiner's will jump all over me, that's all right.

I understand, and I think a lot of us understand!!!! It's time we the people of Oneida get some of the profits, don't you?

*Tim Denny*  
*#1472*

## Special Business Committee Meeting

**Due to a lack of a quorum on January 1, 2007 regarding the GTC Annual Meeting, the following Special Business Committee meeting has been scheduled:**

- **February 14, 2007**
- **GTC Annual Meeting**
- **3:00 P.M.**
- **Business Committee Conference Room**

## Oneida Community Band

***Come Blow your Horn***

*each Wednesday night in March,*

*Roger Ronowski, conducting*

***Dates, Time and Location:***

*March 7, 14, 21, and 28*

*from 6:30pm—8:00pm*

*at the Oneida Nation Elementary School*

***For More Information or If You Need an Instrument:***

*Beth Bashara at 490-3833*  
*Ben Jahn at 544-4559*  
*Or*  
*Loretta Metoxen at 496-5393*

***See you Wednesday, March 7!***

***Next Regular Business Committee Meeting...***

**Wednesday • January 31, 2007 • 9:00 A.M.**  
**Business Committee Conference Room**  
**Norbert Hill Center • 2nd Floor**



## kalihwisaks

*Letters To The Editor Policy*

Letters must be limited to 500 words. All letters are subject to editing and must have your signature, address and phone number for confirmation. Confirmation of letters will be needed before publication. kalihwisaks has the right to refuse publication of submitted letters.

Effective January 1, 2001 per Kalihwisaks Policies & Procedures, Section I (c)(4), "Individuals will not be allowed to submit more than eight (8) letters per year regardless of topics." For more information on Kalihwisaks Policies & Procedures, please contact (920) 869-4277.

Guest articles and editorials that appear in the *kalihwisaks* are not necessarily the views or opinions of the Kalihwisaks' staff, Editorial Board or the Oneida Nation of Wisconsin.

Although Kalihwisaks requires a final signed submission from our readers who write in, you can e-mail us now – and send the hard copy through the mail – to ensure we get your submission in time for the deadline day. E-mail your letters to:

**Dawn Walschinski – dwalschi@oneidanation.org**  
*If you have any questions, please feel free to call (920) 869-4277.*



State

# From Page 1A/Soldier returns

“The primary mission was to flush insurgents out, try to stop the sectarian violence, try to stop the death squads that were doing the Sunni Shiite killings,” Smith said. “Our brigade searched and cleared 500,000 houses while we were there.”

Smith will hit his five-year mark in August of this year and will then have only four years left on his contract. Smith re-enlisted while he was in Iraq and will be stationed at Ft. Wainwright for at least two years before he will be eligible for deployment again. He is due to be discharged in 2011.

The average day in Iraq, according to Smith, consisted of one or two patrols, which could last three to four hours, per day. In between patrols there were meals, showers, personal time and sleep.

The patrols are where most of the danger to US soldiers comes from.

“We’d go on patrol, presence patrols, we’d do checkpoints, TCP’s (traffic control points), and try to catch weapons smugglers,” Smith said.

Information gathering was also on the list of duties the patrols had to complete. Unfortunately not all the Iraqis are willing to talk to American soldiers.

“Iraqis are told by the insurgents that if you work with [Americans] we’re going to kill you,” Smith said. “But once we gain the trust of the people they do give us information on, say, someone new

in the neighborhood or something like that, it’s all about gaining their trust.”

While on patrols, Smith’s biggest concern was not for himself but for the members of his unit.

“My main concern was not getting myself home, but getting them back to the patrol, making sure they had equipment ready and stuff like that,” Smith said. “Weapons wise, our biggest threat was IED’s (improvised explosive devices). You know it’s going to happen, you just don’t know where and when and how, so the biggest threat is not really when is an IED going to go off, because it is, the biggest threat is reacting to it, because if an IED goes off you’re now in the kill zone so you want to get out of there efficiently.”

While returning from a patrol in Iraq, S.SGT. Smith was shot in the left arm by a sniper. He was taken to the hospital and treated. The sniper was never found. He

described that moment as one of his all-time low points while in Iraq.

According to Smith, the soldiers in Iraq are doing a good job and the morale is holding, but it may not be that way forever.

“I think as the years go on there’s going to be more and more troops that are going to be negative toward the war...I’ll say the war in Iraq, I’m not going to really say Afghanistan, but I’ll say in

Iraq as time goes on there’s going to be more and more troops who are going to be against it, they’re in a job, that’s their job, I mean they’ll do it, but they won’t like it,” Smith said.

Smith was eager and determined to say thank you to all those who have supported his efforts and the efforts of others.

“I want to thank my family and my friends and the community for all the support that they give, and not just to myself, but to other Native veterans,” Smith concluded.

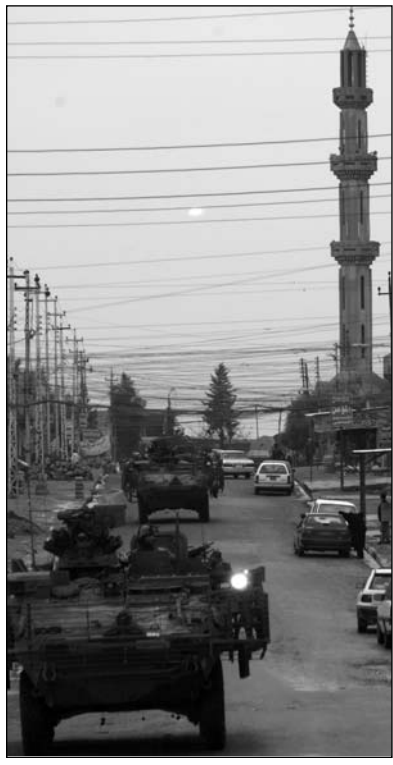


Photo courtesy of Travis Smith  
Strykers in Mosul Iraq

# Missing veterans sought by museum

By Steven J. Gandy

Kalihwisaks

Calling all veterans! The Oneida Museum needs the help of all Oneida veterans, families and decedents of veterans to update the Warrior Wall at the Oneida Museum.

The Warrior Wall is an exhibit at the museum that is constantly changing due the number of veterans that are added to the wall every year.

It’s not just new veterans the museum is adding , but also veterans from wars as long ago as the Civil and Revolutionary wars.

The wall currently has about 500 names on it, and according to Museum Coordinator Rita Laura, the museum has a couple hundred more names to add to the exhibit.

The goal is to have a complete and accurate Warriors Wall for all museum visitors to see.

“We wanted to highlight and acknowledge those tribal



Kali Photo/Steven J. Gandy

The Oneida Nation Warrior Wall is on display at the Oneida Nation Museum.

member that have served in the armed forces, so we started a list,” Lara said. “We consulted the Veterans Department here and asked for a list of tribal members that they had, we soon found out that there were a lot more tribal members that weren’t on the veterans list.”

The effort to gain more names for the Warrior Wall has made a huge impact on

the display.

“We’ve been updating it, I think the list has more than quadrupled since we started,” Lara said. “We have tribal members that come out to verify that they have individuals...on the list.”

If you have information on a veteran that is not on the Warriors Wall at the Oneida Museum please call the museum at (920) 869-2768.

# From Page 3A/Youth Justice

Between 2002 and 2004, nationally blacks were 16 percent of those under age 18 but accounted for 28 percent of juvenile arrests, the report showed. They became even more over-represented farther along in the process, the report said.

Blacks represented 30 percent of referrals to juvenile court, 37 percent of the detained population and 58 percent of youth admitted to adult prisons, according to the report.

Nationwide, blacks, Latinos, American Indians and Asians were placed in residential custody 3.1 times

that of whites, the report showed.

In Wisconsin the rate was 10.3 times, the highest in the country.

Wisconsin also led the nation for the rate of blacks under 18 sent to adult prisons.

The report showed that the rate of black young people in Wisconsin sent to adult prison was 154 per 100,000, which compared to the national average of 44.1 per 100,000. The next highest state was Oregon at 142.6 per 100,000.

Wisconsin also had the highest rate of Latino youth sent to adult prison at 50.8 per 100,000, far ahead of the

national average of 7.4. The next highest behind Wisconsin was North Carolina at 33.1 per 100,000.

The findings also showed that nationwide black young people were held in detention at 4.5 times the rate of whites and Latinos were detained 2.3 times the rate of whites.

In Wisconsin the disparity was even higher. Blacks were detained 18.4 times that of whites, behind only South Dakota (47 times) and North Dakota (21.2 times). Latinos in Wisconsin were 3.9 times more likely to be in detention, tying it with Utah for 12th highest in the country.

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# Oneida Elderly Services News

Submitted by **Claudia Skenandore**  
Oneida Elderly Services

Oneida Elderly Services is located at 2907 S Overland Road across from the Oneida Health Center. Our phone numbers are 920-869-2448 or 1-800-867-1551. Please also check out the Elderly Services page at [www.Oneidanation.org](http://www.Oneidanation.org)

• Elderly Services Gift Shop has some new items - come check us out. Christmas items have been taken out and we now have some Leanin Tree products like cards, magnets and air fresheners.

Barb Skenandore is an elder on staff and available Monday through Friday from 8:00 a.m. - noon. Feel free to call 869-2448 for more information.

• Congratulations to Florence Petri, Elderly Services Director. Florence received a plaque for appreciation of her hard work and dedication to the Aging Network Modernization project. Her input and insights on the Leadership Council have been very valuable. This was given by Donna McDowell, Director, Bureau of Aging and Disability Resources on 11/2/06.

• Thank you to Joyce Johnson, Elderly Services Elder Abuse Prevention Coordinator. Joyce received and used the Hope Grant to create new posters, flyers and brochures to promote the awareness and prevention

of elder abuse. Look for these items at the Oneida Health Center, Oneida Senior Center and possibly other sites in our community. Also, look for Joyce and give her a big thanks for a wonderful job.

• FIA welcomes new elders: FIA is an acronym for Faith in Action and is a program that utilizes volunteers to help people in need with such things as transportation, visitation, light housekeeping, respite and also welcomes new elders to our community. If you know of an elder moving into our community - please give Glory LaFlex a call at the above phone numbers or email [glaflex@oneidanation.org](mailto:glaflex@oneidanation.org). Glory is our Oneida FIA Coordinator and will give them a welcome basket which includes information about the community and includes a free pass to our Elders Meal site on Riverside. When they turn this pass in at the meal site they will get that meal free and also receive a special introduction and welcome from the elders present on that day.

Oneida elderly services mission: the elderly services program of the oneida nation of wisconsin is to assist our elders in maintaining an independent, healthy, productive, and quality lifestyle. To accomplish our mission, our services are rendered through love, caring, and respect for the individual by the services we provide.

## New treatments available to help quit smoking

By **Steven J. Gandy**

Kalihwisaks

Along with the new year comes a whole slew of new year's resolutions. Among the most common resolutions is quitting smoking. Although the success rate for quitting smoking is low, it does increase with support programs, nicotine replacement therapy and prescription drugs.

Today's smoker who tries to quit cold turkey has about a 5% success rate according to a report from the Wisconsin Tobacco Quit Line. However those chances can improve two to three fold if you take advantage of programs offered for smoking cessation, according to Al Pristelski, a Certified Alcohol and Drug Counselor for the Oneida Behavioral Health Services.

There are now two main schools of thought when it comes to quitting smoking. The first and most well known is nicotine replacement therapy coupled with

support programs and possibly a prescribed drug called Zyban. This system work by weaning a smoker off of nicotine over a period of 18-20 weeks. In general, a smoker picks a quit date, and on that date a nicotine patch/gum/lozenge is used to substitute for cigarettes. Over the course of the treatment the amount of nicotine in the substitute is stepped down until the recipient no longer requires any substitute at all.

This treatment is also often coupled with the used of the prescription drug Zyban. It is designed to help curb the effects of nicotine withdrawal and is classified as an antidepressant according to WebMD.com.

Also, Pristelski emphasizes the benefits of a support group or network.

"Peoples' motivation kinda peaks, but then as soon as it peaks, it pretty much drops off quick too. Research has shown that the most effectiveness is through using the products, maybe adding the

Zyban but also adding the group support," he said.

The second school of thought is a drug recently approved by the FDA for smoking cessation. Chantix is the brand name of a drug designed to help smokers by blocking the nicotine receptors in the brain and thereby eliminating the positive reinforcement smoking a cigarette creates. It also will help curb the effects of nicotine withdrawal. Chantix is designed to be taken for 12 weeks and can be prescribed by a physician.

According to a recent study done by the University of Wisconsin, almost 50% of those who took the prescription Chantix quit smoking.

There are all sorts of reasons to quit smoking, from health issues to not wanting your clothes to smell like smoke anymore. Whatever your reason is, there's a few things to remember when it comes to quitting.

"Quitting smoking is very difficult. It's been equated

with, on the same level as a heroin junky quitting heroin," Pristelski said.

He also recommends, "Changing behavior, getting out of certain daily routines and habits. Somebody that has the morning cup of coffee sits at the table smoking one or two cigarettes, they need to do something different, some kind of behavioral change."

Tobacco is the leading cause of death among Americans. It takes more lives annually than alcohol, homicide, suicide, car accidents, fires, cocaine, crack and AIDS combined.

Resolving to quit smoking this years is the first step toward a healthier lifestyle.

"Typically it takes smokers more than one attempt to quit, however, it's the single best health decision in their lives," Pristelski concludes.

For more information of quitting smoking you can call Oneida Behavioral Health at (920)490-3790. You can also reach the Wisconsin Tobacco Quit Line at 800-QUIT-NOW.

## From Page 1A/ Resolutions

staying with it," Engel said. "It's not going to get any better if you stop."

According to Engel, it takes about 8-12 weeks to see results from a work out program.

"If you can leave, say one hour out of your day two to three days a week, usually ideal three days a week, you're going to see some good results within that 8-12 weeks as long as your consistent," he said.

Oneida Family Fitness offers a variety of services to new members who have the drive and motivation to lose the weight they set out to lose on January first.

"We...offer complimentary fitness assessments...to see where there fitness level is at..., we go over their goals with them...and set them up on a program," Engel said.

All members can benefit from the knowledgeable staff at OFF year round.

"We have trained staff that are always available, open to close, Monday through Saturday, to assist you in what ever goals you may have. Whether it be that five pounds you gained over the holidays or you're looking to just maintain, I mean, we're here to help," Engel explained.

## From Page 1A/Agroterrorism

parties were seen as a threat by the United States government. One Navajo stronghold was Canyon de Chelly (pronounced "d'SHAY") a colorful canyon near present-day Chinle, Arizona. Beginning in 1864, Carson, with the eager assistance for the Navajo's traditional enemies, marched into the beautiful, steep walled canyon to destroy cornfields, hogans and orchards. Without food or shelter, the Navajo surrendered and thousands of them were forced to march 300 miles eastward across New Mexico to a parched reservation where they were held as prisoners of war (Navajo History from the Canyon de Chelly National Monument-Arizona).

Although both the Mexican Indian and American Indian historical references do not refer to these acts as agroterrorism, they truly fit the following definition: Agroterrorism is the intentional criminal act perpetrated on some segment of the agricultural industry and/or the food system intended to inflict harm (public health crisis or economic disruption) and to achieve the objectives of the terrorist.

Peter Chalk, a RAND Corporation Researcher, further defines agroterrorism as the deliberate introduction of a disease agent, either against livestock or into the food chain, to undermine socioeconomic stability and/or generate fear.

Since the 9/11 terrorists attacks on the Twin Towers, in New York City, potential vulnerabilities in the nation's critical infrastructure have come under increasing scrutiny. However, compared with the attention focused on such vital "nodes" as transportation and telecommunications, relatively little consideration has been paid to threats to the agricultural and food industries.

Agroterrorism is one of several categories of potential terrorist attacks, and these devastating attacks have been going on for thousands of years. Other categories may be directed against human populations to cause illness and death using chemical agents, biological weapons, explosives (car bombs, fuel-laden planes or suicidal body-explosives) and nuclear weapons. Or, using a variety of weapons, terrorists may tar-

get vital infrastructural elements such as transportation, electrical power and communications centers. Many of these same weapons can be used against the food system to accomplish terrorists' objectives. Terrorists can attack different targets simultaneously in an attempt to exhaust our response and recovery capabilities. Nearly every terrorist attack, regardless of the target, and natural disaster (example Katrina and other hurricanes) will be accompanied by water and food systems' disruptions ranging from shortages to harmful contaminations. Sometimes natural disasters can have unexpected effects such as transporting and spreading foreign human, animal or plant diseases (e.g. high winds of hurricanes carrying disease contaminated debris). To be prepared, local communities must increase their awareness of the potential for agroterrorism attacks and their potential consequences.

Because the State of Wisconsin and the Oneida Nation are major contributors within the agricultural areas, this article on agroterrorism and the up-coming training sessions which are scheduled in mid-January at Oneida, became an item of interest. Although this article was written prior to a scheduled Two Days of Argoterrorism Preparedness Training, which took place on January 15 and 16, 2007 at the Oneida Radisson Hotel and Conference Center, the intent of this article is to share this highly important information with our People.

At the time of writing this article, there were 125 participants registered for the two-day training sessions, and the training is expected to attract approximately 150 federal, state, county, local government public health agencies, agricultural managers and staff, Wisconsin tribal representatives, farmers, medical staff, emergency and rescue personnel, transportation, police, food processors and distribution businesses and veterinarians.

The training sessions were presented by the Western Institute for Food, Safety and Security (WIFSS) in conjunction with the U.S. Department of Homeland Security, the University of California,

Davis and the Oneida Nation of Wisconsin. Presenters were Mr. Mike Sampson of the University of California, Davis and Mr. Gene Field of the Illinois Department of Agriculture. Coordination of the training sessions were supported by the Oneida Department of Emergency Preparedness, Mr. Marty Antone, the Oneida Planning Department staff and the Oneida Community Integrated Food Systems coordinator, Mr. Bill VerVoort.

The curriculum of the two training sessions are as follows:

### Understanding the dangers of agroterrorism

- Potential impacts of agroterrorism; recognition of response and recovery resources
- Response & coordination strategies for local, state, federal and private entities
- Identification of individual roles within the local response team
- Principles of preparedness for agroterrorism and food system disasters
- Intelligence gathering networks and evaluation risks
- Weapons of Mass Destruction and methods of dissemination
- Hardening targets and enhancing surveillance response teams
- State and federal agencies' roles, reporting responsibilities and communication
- Principles of biosecurity for agriculture and food systems


Based upon the outcome of these first two training sessions, the Oneida Nation may be willing to continue the educational and planning processes regarding much more in-depth training opportunities regarding agroterrorism. Several additional courses have been established and hopefully continuous funding will be made available by the U.S. Department of Homeland Security.

The writer of this article finds it rather ironic that our First Nation's People who, over many years of our histories, have actually been victims of agroterrorism, and now, five centuries later, are being trained in the awareness, preparedness, response and recovery from agroterrorism!




Photo Courtesy of Claudia Skenandore

Oneida Elderly Services at 2907 S. Overland Road.

**Circle B Bison Ranch**  
14520 Pioneer Rd. • Newton, Wisconsin 53063



**Robert Burrows, Owner**  
**BBMetals@tds.net**

**Bobbie (Skenadore) Kreuser, Sales**  
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# Family Fitness Highlights

**Oneida Family Fitness Hours:**  
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For more information call 490-3730

## Oneida Family Fitness Employee Tahkwatek Skenandore

### Special to Kalihwisaks

Oneida Family Fitness  
Hi, my name is Tahkwatek Skenandore also known as Tek. Sports and fitness have been a big part of my life. I now have the opportunity to help others make fitness a part of their lives. I am excited and honored to be part of such a talented team here at Oneida family Fitness. I have been a member at the Oneida Family Fitness since I was 13, and the experiences that I've had here were always enjoyable. Having the chance to be a member first and now having the opportunity to work here has made me see how valuable Oneida Family Fitness is to the community.



and backgrounds. Also, in my spare time for the last three years I have been coaching the Oneida Boys High School Team. My first year coaching I was the Junior Varsity Coach and then for the last two years I have been the Varsity Assistant Coach. Coaching is something I enjoy, hopefully I can take some of the knowledge I've learned playing and coaching

basketball and pass it on here at Oneida Family Fitness. I hope to learn a lot of fitness related knowledge here at the center. I hope with the knowledge that is gained, I can use it to benefit the Oneida Family Fitness Center in many ways. I want to thank everyone for the opportunity to be part of this excellent staff.

## Understanding Cholesterol

### By Jason Manders

Oneida Family Fitness  
In the pursuit of living a healthy lifestyle, people are constantly being bombarded with nutritional information that is difficult to understand. By simply understanding what cholesterol is and its affects on the body, people can make better food choice.

#### What is cholesterol?

Cholesterol is a waxy substance found among the

lipids(fat) in the blood stream. Cholesterol is used to form cell membranes and hormones. Too much cholesterol can build up on the inside walls of the arteries. Over time, the build-up causes hardening of the arteries which become narrow and don't allow for steady blood flow to the heart.

#### What is HDL?

HDL or high density lipid proteins keep cholesterol liquid and moves it through the body not allowing cholesterol to attach to arteries.

#### What is LDL?

LDL is a transport cholesterol to arteries and increases levels associated with stroke and heart attack.

#### Where is cholesterol found?

Cholesterol is found in saturated fat foods such as fish, poultry, beef, pork and egg yolks.

#### DID YOU KNOW?

- The liver produces and carries varying amounts of cholesterol (usually 1000

milligrams) a day.

- Foods from plants (fruits, veggies, grains, nuts, and seeds) don't contain cholesterol
- The average male take in 337 milligrams of cholesterol
- The average women take in 217 milligrams of cholesterol
- American Heart Association recommends lowering daily cholesterol to 300 milligrams.
- Smoking lowers healthy cholesterol.

## Preventing Shin Splints

### By Jason Manders

Oneida Family Fitness

When it comes to exercise related injuries, most people will at some point complain of shin splints. Unfortunately, sufferers of shin splints don't take the proper precautions that will help prevent the discomfort and put enjoyment back into exercise.

#### What causes shin splints?

Shin splints are caused by an imbalance between the muscles at lift the foot and those that pull it down.

Shin splints happen when individuals start a walking program, start to walk faster or change their shoe style. Whether starting a walking program or advancing speed, walkers increase their stride to get faster. Increasing strides can lead to shin splints. While stepping forward and extending with the lead leg (further to increase strides), steps become clumsy and off balance. Walkers should also be aware of the condition of their shoes. A shoe's cushion is exhausted every 500 miles. This is often before the soles or uppers show wear.

#### How can I prevent shin splints?

Shin splints can be prevented by strengthening exercises. Two exercises that stretch the tibialis anterior are the toe raises and shin stretches.

Start by placing the balls of the feet on a raised surface.

Hold onto a wall for balance if needed. Raise up on the balls of the feet and hold for 15-30 seconds.

This is also a good stretch for the gastrocnemius (calves) Lower the heel so the toes are pointed toward the shins to stretch the tibialis

#### It's gotta be the shoes?

Shoe selection is crucial when preventing shin splints. First, choose a shoe that is made for walking. Too many times people purchase footwear that looks cute or is the latest best-seller. A good walking shoe should have little or no lift in the heel. Second, you should be able to twist and bend shoes freely. If the shoe has no bend, this restricts the natural movement of the foot.

### Oneida Family Fitness Extra...

## Party Rentals Available

### By Nicole Cooley

lifeguard

Want to throw a party, but don't have the room? Let the friendly staff at the Fitness Center help with making your next big bash a success. Available for rent are the Pool, the Gymnasium, the Family Activity Room, and a Party Room.

#### RATES: Pool/Aquatics Area, Gymnasium

#### and Family Activity Room

\$50.00 per hour for Fitness Center Members

\$65.00 per hour for Non-Members

#### Party Room

\$25.00 per hour for Fitness Center Members

\$40.00 per hour for Non-Members

If you schedule a two hour party in any of these rooms, you will receive a free hour rental of a party room in addition to your rental. One month advance and full payment is all that is required to secure a room for your party.

Please note that all rules pertaining to usage of these rooms still apply. Contact Teresa Holschuh-Sieja at 490-3730 to reserve your room today!

## Heart Healthy Day

### By Lori Bembnister

Fitness Specialist

Join us at Oneida Family Fitness for our annual **Heart Healthy Day** held on Saturday, February 17 from 9:00AM - 1:00PM.

Have you wanted to try some of our group fitness class but they don't fit into your schedule? Come and join us for our aerobic jam session to try a variety of classes. While you are participating in

our aerobic jam, your kids can participate in a variety of youth activities.

Bring a guest along to take a tour of the fitness center and see what great programs we offer. After your hard workout, come and join us for a heart healthy snack. Keep your eyes posted around the fitness center for more details about our **Heart Healthy Day!**

**Youth activities for ages 3-11 years old**

**Aerobic Jam for ages 12 and up**

### Oneida Family Fitness Staff

Michelle Mielke.....	Fitness Center Director
Ryan Waterstreet.....	Assitant Director
Lori Bembnister.....	Fitness Specialist Lead
Ryan Engel.....	Fitness Specialist Lead
Eric Frantz.....	Fitness Specialist
Tina Jacobsen.....	Fitness Specialist
Jason Manders.....	Fitness Specialist
Stefanie Richter.....	Fitness Specialist
Kevin Schoenebeck.....	Martial Arts Coordinator
Adam Brown.....	Martial Arts Instructor
Maureen Cisler.....	Administrative Assistant
Martina Frechette.....	Administrative Assistant
Teresa Holschuh-Sieja.....	Aquatics Trainer/Supervisor
Nicole Cooley.....	Lifeguard
Orrie Kreuscher.....	Lifeguard
Teresa Roth.....	Lifeguard
Jessica Mettler.....	Lifeguard

The Oneida Family Fitness (OFF) staff is here to serve you! If you haven't been to the Fitness Center lately, please stop in and get acquainted with the staff! The office is located at: 2640 West Point • Green Bay, WI Phone: (920) 490-3730. Look for O.F.F. **high-lights** once a month in the Kali.

## Fitness Members for the month of January 2007

Gwen has been a member of Oneida Family Fitness for about eighteen months. She originally



Gwen Ebeling

began an exercise program to feel better about herself and gain energy. One obstacle that Gwen had to overcome is motivating herself to initially begin an exercise program. However, she has worked past this obstacle because she knows that she feels better after exercising and will improve her energy level.

Gwen's exercise program consists of cardiovascular exercise about three days per week. She also participates in Kickboxing and Bootcamp each week. This program has helped to increase her level of energy and improve her sense of well-being.

Gwen exercises at Oneida Family Fitness because she enjoys the group exercise classes and the staff is very supportive. Besides coming to Oneida Family Fitness, Gwen teaches 6th grade at Denmark Middle School, reads, and spends time with her friends and family.

Last of all, Gwen's advice for changing your lifestyle habits is this: "Making fitness and healthy habits a regular routine will help you feel more energized and motivated to continue!"

Congratulations to Gwen for your hard work and dedication!

Keep up the good work!

John has been a member of Oneida Family Fitness since 1997. John originally



John Powless III

started a fitness program so he could improve his endurance and level of fitness, and improve on his time in the Bellin Run. One of his current obstacles to staying healthy is waking up at 5am to exercise on the exercise equipment that he likes. He also tries to prioritize his schedule to work around exercise times. However, John's continual effort to be a good example for his family helps motivate him to stay healthy.

John's exercise program includes a variety of cardiovascular exercise, some weight lifting, occasional group fitness classes, and playing basketball. His exercise program has helped him increase his energy and endurance.

John enjoys exercising at Oneida Family Fitness because of the early hours of operation and the knowledgeable staff. Besides going to Oneida Family Fitness, John enjoys hiking, traveling, and spending time with his family.

Finally, John's advice for changing your lifestyle habits is this: "Work out with a friend. Place work out time as a high priority. Also, seek advice from Oneida Family Fitness staff on nutrition, weight loss and personal trainer opportunities!"

Congratulations to John for your hard work and dedication! Keep up the good work!

## READING NUTRITION LABELS

ONEIDA FAMILY FITNESS IS PROUD TO PRESENT  
NUTRITION EDUCATION. JOIN US AS WE TEACH  
THE BASICS IN READING NUTRITION LABELS.

**PLACE:** OFF EDUCATION ROOM

**COST:** FREE!

**DATE:** JANUARY 29, 2007

**TIME:** 12PM - 1PM OR 5PM - 6PM

BRING A FRIEND AND ENJOY A HEALTHY SNACK.

PRESENTED BY: TINA JACOBSEN, DIETETIC INTERN



## High School students solo social dance



Kali photo/Steven J. Gandy

Students from the Ohuntysa-kékha Kanunya'shúha Class at the Oneida Nation High School hosted a community social dance Friday night, January 12 at the Parish Hall. Above, the young singers and dancers are performing the Friendship Dance. A second social dance is scheduled for Friday, January 19 at 6:00pm at the Oneida Longhouse on Reformatory Road.

## Volunteers needed for Arti Gras

Arti Gras, a wintertime version of Art street, is a project of Arts Events Incorporated, a subsidiary corporation of newARTS ( the Northeastern Wisconsin Arts Council) whose mission is to promote and further the arts in the greater Green Bay area. A portion of the proceeds from the event benefit area high school and college visual and performing arts students through the newARTS scholarship program.

It is the unselfish dedication of volunteers that makes Arti Gras a great success year after year. Without the help of volunteers the event would not be possible.

Arti Gras will be held at Shopko Hall on Saturday, February 3rd from 10:00 am until 5:00 pm; and Sunday,

February 4th from 10:00 am until 4:00 pm. Volunteers are asked to work a four (4) hour shift.

Volunteers are needed for the Children's Art Area and Artist Relief. The Children's Art Area features art activities including face painting, mask making, drawing, helium balloons and more. Volunteers are also needed to assist children with these creative hands-on activities. Volunteers are also needed to relieve exhibiting artists.

Arti Gras is a designated project approved by the Green Bay Public Schools for service learning. Please contact Arts Events, Inc. if you wish to volunteer at (920) 435-5220 or email info@art-sevencsinc.com.

## Did you know... 2007 marks the 40th Anniversary of the first Miss Oneida?

It's never too early to start planning for the Miss Oneida & Jr. Miss Oneida Pageant... It will be here before you know it!!

We are looking for ambitious and positive young ladies who want to represent the Oneida Nation & have fun while doing it.

**MISS ONEIDA: ages 18 – 25 ~~~~~ JR MISS ONEIDA: ages 13 – 17**

### All participants must:

1. Be single w/No children (never been married)
2. Be an enrolled Oneida or in process of
3. Have no previous or pending misdemeanor or felony convictions
4. Possess knowledge and understanding of the Oneida culture and history

If you have any questions or need ideas call any one of the members of the Miss Oneida Committee:

Tana Aguirre...**869-4239**  
Heidi King...**869-1580**  
Racquel Hill...**869-4388**  
Kalene White...**429-3263**  
Jennifer Hill...**869-4070**

**Fantastic Prizes for Miss & Jr. Miss Oneida 2007-2008!!**



## Flap Jack Flippin' Larry is back!

**Saturday • March 24th, 2007**

**8:00 a.m. – 11:00 a.m.**

**at the Parish Hall**

(Across from the Holy Apostles Church, Freedom Road)

**Fun for the whole family!**

- Raffles • Beanies • Bake Sale
- Krispy Kreme Cards

**All the Pancakes you can eat!**

(Includes porkies & beverage)

**\$6.00 per person**

**\$5.00 Seniors**

Children 2 & under **FREE**

March of Dimes - Team Oneida Fund Raiser



## Open House

The NEW Salt Pork Avenue...



## All of the community is welcome...

Friday • February 2, 2007 from 2:00 - 5:30 P.M.

Saturday • February 3, 2007 from 10:00A.M. - 2:00 p.m.

Next to the Cultural Heritage Department

Light Refreshments will be served

The purpose of the Open House is to get community participation to decide how these log homes will best be used.

1992 marked the beginning of an exciting project that would take more than 15 years to complete - the recreation of Salt Pork Avenue. According to Tribal Historian, Loretta V. Metoxen, the Jacob Shenandoah property was sold to E. P. Boland who took five acres and built a series of small house which became rental units. That was the first Salt Pork Avenue. Many of the older members of the Oneida community will remember the block-long Salt Pork Avenue in Oneida so named because, in the old days, on any given day, you could smell the salt pork cooking as you walked down the street. In the mid 1960's, the Hobart Town Board renamed Salt Pork Avenue as Shenandoah Drive, but the years have passed by and Salt Pork Avenue has not been forgotten, especially not by the Oneida Cultural Heritage Department. Five of those original homes have been reconstructed and are now ready for viewing and community input.

## Caretakers

### Corner

Submitted by  
**Maggie Fermanich**

Department Of Land Management

Registration is now open for Real Property Law Classes on Thursday afternoons starting on February 1, 2007. You may call Maggie Fermanich, Division of Land Management Office, 869-1690 X1800 or stop in at the office between 8:00am-4:30pm, 470 Airport Drive for a registration form. The cost is \$100 for a 45 hour class schedule, and your program may pay for this if you work for the Tribe.

The instructors are Attorney Rebecca Webster and Real Estate Services Area Manager Mary Jo Nash. The classes started in 1996 to train all of the Land Management staff on the basics of tribal law. After the first course, staff from other tribal programs and boards have found the discussion and information helpful in their positions also. Participants have attended from the community, Casino, Appeals Commission, Compliance Division, Business Development Unit, Tribal School, Land Commission, GIS, Environmental Department

**See Page 8B  
Property Class**

The location of the log home reconstruction project is just to the north of Highway 54, between Hillcrest Drive (Highway FF) and Pleasant Lane. Access to the homes is by Pleasant Lane to Kahonk Road.

FMI, contact Judy Jourdan at: jjourda1@oneidanation.org.



# T<sup>h</sup>underhawk

## Computer-Based Learning Works, Sometimes

By Brett Metoxen

ONHS Junior

“Welcome to Wisconsin Virtual School.”

That’s the screen that greets me about three times a day at school and, sometimes, when I work on it at home or at the Oneida Library.

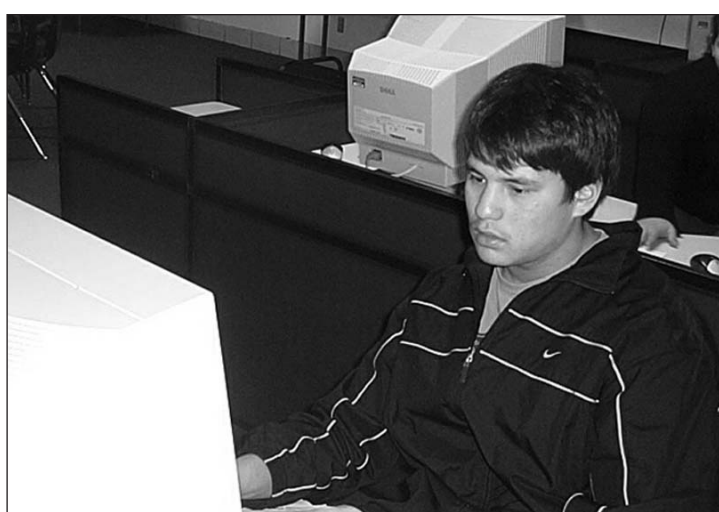
It’s a computer-based, internet learning center. You read material in math and then do exercises and quizzes.

You can also chat with other people working on the program.

Good things about the program are that real-live teachers can help you.

It is also self-paced. You have five months to complete the program and you can do it at your own speed.

You can also listen to music on the computer while you work.



THT Photo

ONHS student Brett Metoxen does much of his school day online. He says that there are "pros and cons" to this program. THT staff photo.

One downside is something every halfway clever student quickly realizes – how does the computer know that the person inputting info is actually the student who should be? It could be any-

one, even your smarter, older sister.

Another negative is that this gets lonely. You don’t have the socialization that is a normal part of your school experience.

## Iroquois Music Class visit Madison

by Debbie Santiago

ONHS Junior

On Tuesday, January 9, the **Ohuntsya kekha Kanunya?shuha** class went to sing in Madison in front of 600 people including Wisconsin Governor Jim Doyle.

The event was Doyle’s Inauguration for his second term as governor.

The students dressed in traditional Oneida regalia.

The students that went were Debbie Santiago, LuAnne, RaeAnne Funmaker, Amanda Skenandore, Joe Christjohn, Daniel Gutierrez, Gavin Hill, Lakwaho McLester, Yasiman Metoxen, and Yako Daniels.

They were supervised by Kalana Brooks teacher and group leader. Kalana said she was “very proud of how the students conducted themselves.”

Speaking from personal experience, it was a good experience to sing in front of so many people, especially an important government official like Doyle.

Of the trip, principal Bob Ganka said, “I would like to express my thanks for a job well done to those students and teachers who represented our school community in such a positive manner at Governor Doyle’s inauguration breakfast in Madison.”

## ONHS wrestler takes third

THT Photo/Randall Danforth

ONHS Junior Michael Stevens, at right, placed third overall in a wrestling tournament at Wittenberg on Saturday, January 13. Junior Sean Metoxen also earned a medal at the tournament. More wrestling news next THT.



## ONHS Boys Basketball Team Gets First Win

By Nick Cantu

ONHS Junior

The Boys Basketball team isn’t doing so well this year. The season is looking a lot like last season and the team has fought to stay upbeat.

But the boy’s did manage their first win against Sevastapol on January 5.

Speaking as a team member, it was a big lift for all of us.

It was a close game all the way to the end.

We came out from the locker room thinking, “We can take them.”

We trailed just about the whole game until the last three minutes when we pulled ahead.

Coaches Scott Murray and Hudson Denny got on us about boxing out the other team and getting the

rebounds. That’s what we have mainly practiced and it paid off that night.

This win was about having five guys play together and that’s what we did. As a team, we showed Sevastapol who wanted the win more.

The leading scorer was Darrell Skenandore with 22 points. I added 18 points, including four 3-pointers.

Gavin Hill had 9 points in his first game back. It’s good to have him back in the lineup because we’ve needed a good post player and he is “the man.”

The T-Hawks had an 8-point lead with 10 seconds left, but Sevastapol hit a 3-pointer to bring it within 5. But time ran out on them, giving us our first win, 67-62.

Coach Murray was happy to get a win.

## ONHS Stock Market Team–It’s Not Real Money!

By Darrell Skenandore

ONHS senior

ONHS math teacher, Mike Hanke, started a stock market team with several of his students. They participated in a state-wide competition amongst high school students from October 9 through December 15.

Stock market teams get some advice on what to do with their money from their advisors, like Hanke. Then they invest and reinvest money to see who can generate the biggest amount during the time period.

Teams register online at [www.wisconsinsms.com](http://www.wisconsinsms.com). Basically, it’s an eight-week long internet game. Each team begins with \$100,000. The are able to borrow that same amount, but they have to pay back that \$100,000 at the end.

ONHS had two different teams–boys and girls. The girls team consisted of Shakira Stevens, Crystal Metoxen, Debbie Santiago, Amanda Skenandore and Luanne Funmaker. The girls didn’t do quite as well as the guys, placing 84th of the state teams. The boys team, which consisted of John Christjohn, Gavin Hill, Joe Christjohn, Freddie Hernandez, Clifford Summers and Darrell Skenandore, ended up in 8th place in our area and 43rd statewide.

The boys made a total profit of \$29, 939.22. Their top stocks were MEH (Midwest Express Airline) and AEZ (American Oil and Gas).

Thinking back on the experience, ONHS senior Freddie Hernandez said, “That [the stock market game] was tight [great]!”

## ONHS Students Engaged in Cedar Swamp Study

By Crystal Metoxen

ONHS Senior

Becky Nutt’s Environmental Science and Biology students are involved in the study of area cedar swamps.

As a part of the study, ONHS students set up three deer “exclosures” or study plots with the help from the Oneida Environmental Department’s Tony Kuchma, Wetland Program Coordinator, and Bill Koonz, Environmental Specialist.

Deer “exclosures” are made to keep deer out so the students can see what kinds of plants grow there without the influence from the foraging.

The students involved in this project are Michael Stevens, Paul Gutierrez, Shaina Powless, Russell Powless, Andrew Sitting Bear, Louis Guerra, Kyle White, Cameron Stevens, Kyle Dunlap, Brian Denny, Jason Denny, Marqita Tebeau, and Eldon Powless.

The exclosures were set up at K?niwathahyunisla. Yothaha? a.k.a. “Coyote Run.” This property is on tribal land near the old conservation headquarters and the longhouse. Many tribal members use the land for hunting.

Why are the students doing this project? They are doing this to help stop the disap-

pearance of the northern white cedar. Northern white cedar is a significant member of the forest community and has cultural and economic importance. The major suspect in the disappearance of the new seedlings are white-tail deer.

In Wisconsin and across the United States studies are being conducted. Studies show that they’re few, if any, new trees growing.

Nutt and her students weighed in on the project:

THT: What made you decide to do the cedar swamp study?

Becky Nutt: The idea came from Tony Kuchma. After we read about what was happening, we thought it would be a good project.

THT: Why is the northern white cedar a significant member of the forest community?

Becky Nutt: It is used culturally as a medicine and chemically for posts, etc.

THT: How are you involved in this project?

Becky Nutt: Providing background information to students and setting up the fields trips.

THT: What did you learn from this experience?

Paul Gutierrez: That deer can mess up the trees and plants that they eat.

Shaina Powless: Animals can do things that can change the environment.

Marqita Tebeau: Deer are eating the cedar sapling, so they don’t have a chance to grow.

THT: How do you think you will benefit from this?

Paul Gutierrez: How to defeat the deer from messing up things for the environment.

Shaina Powless: To help prevent thing from happening.

Marqita Tebeau: I think we will help more cedar trees to grow.

Upcoming activities for the environmental science and biology classes include conducting maple browse surveys in the surrounding woods. These surveys will help them calculate how many deer use that particular woods. They will also be surveying the study plots and the surrounding areas to identify what plants are currently present. They will start preparing signs for the exclosures to let people know about this project. This project will be continued for the next several years.

For any additional information please call Tony Kuchma at (920)-496-5346 or Becky Nutt at (920)-869-4053.

## Oneida Lake Project Moves Ahead

By Shakira Stevens

ONHS senior

Do you want a place that you can fish and actually eat the fish you catch? Or do you want a place to swim where you are not at risk for PCP contamination?

Well, your wishes are about to come true!

The “Lake Project” or Oneida Fishery Restoration project is building a lake.

The lake is going to be near County U and Crook Road.

The lake will be near thirty or forty acres long or approximately the size of eight “DeCaster pools.”

At its deepest point, the lake will be twenty feet.

The lake will be someplace where the community can go

## Smokey Town CD

By Russell Powless

ONHS Senior

People pay too much attention to nationally-famous celebrities. It’s time to give a shout out to a local Native American drum group.

The Smokeytown Singers “Live at Oneida 2006” CD was recorded right behind our high school on the powwow grounds of Norbert Hill Center.

According to one review on the web, it contains, seventeen songs of “hard and heavy singing from the Smokeytown Singers including their female back-up.” The group consists of many members who are familiar faces in the Oneida and Menominee communities.

Groups that appear locally need to be promoted more. We need to guarantee their success, and more advertising certainly would help.

and enjoy themselves in a safe place. The reason that the lake project is underway is so that Oneida can get back it’s tradition of fishing.

According to science teacher Becky Nutt, ONHS students have been involved in this project in a couple of ways. First, they’ve toured the site to get a

feel for where the lake will be and some of the environmental issues that are involved in a project like this. Also, Betsy Galbraith of Oneida’s Environmental Department has made a couple of presentations to Nutt’s science classes to get their input as this project moves forward.



## Students Going To Mid-Winter Ceremonies – A Good Idea!

By Martin D. Stevens, Jr.

ONHS Sophomore

This school year some of the ONHS students will be attending the Mid-Winter Ceremonies as an official part of their schooling. This won’t be with their parents like in year’s past, but a bus full of students from the school.

This should be an exciting experience for everybody as the students who never got to go will now get a first-hand experience.

Now what the students have been taught in school all these years will be put into action.

According to Oneida Language and Culture teacher Sonny Hill, the last time they let students from the school to go in a big group was a few years ago and they didn’t go after that cause of their behavior.

Not only will this be a big thing for the students, but also for some of the parents because they get to come with their children if they want to. So they, too, get to be part of this history in the making.

If you want to go to the ceremonies, they start January 14 and run to January 28.

You might want to bring something to sit on, a dish to pass and your own utensils. That is there is at this point from here at ONHS.



# Education

## Students at Pioneer learn to pow-wow dance



Kali photo/Steven J. Gandy

Dancers from Oneida and other tribes joined to bring some culture and entertainment to the students at Pioneer elementary school. Students and teachers watch as a Traditional dancer performs. They were later invited to dance with the performers.

## “Youth Caring for Youth” through mentorship

**Submitted by**  
YES

It is amazing how the holidays will bring out the best in everyone. A mentorship project is no exception to the rules! On November 29, 2006, the Oneida YES Mentorship Project sponsored a fund raiser to assist with the Oneida Social Services Department's "Care to Share to Tree." The fund raiser proceeds were used to purchase gifts for seven children who's names were selected from the "Care to Share Tree." Three girls, ages 4, 5, and 6, received Bratz Dolls. One girl, age 9, received a Walkman and Cheetah Girls CD. One young man, age 4, received two DVD's "Over the Hedge" and "Black

Beauty," another young man, age 6, received action figurines. One adolescent male, age 17, received a man's plaid quilted shirt. We were also able to purchase items for the West De Pere YES Culture Club's seven adopted families. These children received thirteen boy's hat and glove sets and one girl's hat and glove set for the families.

A special thank you goes out to the seven Oneida YES youth who are participants of the YES Mentorship Project. These youth wrapped the gifts and personalized a card with their initials and grade level.

On behalf of the Oneida YES Mentorship Project, the YES Mentorship Coordinator and the YES Staff we would



Photo courtesy of Cheryl Warrington

Students in the YES program helped wrap gifts.

like to say "Thank You" to the Oneida Community members who came and had lunch at the fundraiser, to the individuals who donated food, cash gifts, made cakes, and to those who donated there time

(YES Mentors and YES Staff). Because of your generosity, six children, one young adult, thirteen young boys and one girl, received a gift for the holidays! Yaw^ko and Hoyan!

## New High School meeting invitation

**Submitted by Leanne Doxtater**  
Project Planner

In December of 2005, the Oneida Nation High School Students met with the Business Committee to ask questions and discuss issues pertinent to the Students. From this meeting came the voiced desire of the students for a new high school. After some preliminary discussions as to how to maximize the benefit of a new high school, it was suggested we combine a family style recreation center. This would allow the possible sharing of weight rooms, locker areas, a swimming pool, and other recreation/fitness areas. Permission to proceed with this concept, came from the Oneida Nation School Board. Another meeting was held in

March of 2006 with the O.N.H.S students and Engineering/Planning Departments. Later in the day the meeting was opened to the community. From this meeting came the general concept of a high school and the Family Fitness Center. It was an exciting time and there was much support voiced at the meeting.

Since the meeting, money was allocated for a feasibility study. Requests for proposals were sent out to various firms asking for their credentials and experience in the programming of a high school and recreation centers. Hoffman, a firm from the Appleton area, was awarded the contract. The study is intended to help clarify the vision of the facility, and determine the feasibility

of the project. We will have an idea as to the size, the amount of land needed, and estimated project costs. As part of the feasibility study, Hoffman surveyed ONHS Students as well as high students from the surrounding school districts, and community members. The results of this survey will be ready to present on Thursday January 25, 2007.

We would like all who are interested to attend this meeting which will be held on Thursday evening January 25, 2007 at the Radisson Inn in the Great Lakes Complex. A light supper will be served and the meeting will begin at 6:00 pm and conclude around 8:30.

We hope to see many of you there. Thank you for time and interest.

## COMMUNITY MEETING NOTIFICATION

**PURPOSE:** To present survey results regarding a new high school and family recreation center.

**WHEN:** THURSDAY JANUARY 25, 2007

**WHERE:** THE RADISSON INN, GREAT LAKES COMPLEX

**TIME:** 6:00 PM TO 8:30 PM

We invite all who are interested in the development of a new high school and family recreation center to come to this meeting. We will present the results of a survey given to the Oneida Nation High School Students and also students from surrounding school districts. We will also be presenting results from a survey given to the members of the Oneida Family Fitness Center in Green Bay. There will be an opportunity to ask questions and to discuss the project. It is our intent to gather more information so that we can further refine the direction of the project. Refreshments and snacks will be provided.

*Any questions, please contact Troy Parr, Project Manager at 869-4529, or Leanne Doxtater, Project Planner at 869-4534.*

## Scholarship Opportunities

### WIEA Indian Education Association

**Scholarship Amount:** \$1,000 (\$500.00 a semester)

Four scholarships will be awarded, one in each category:

1. New or continuing student attending a vocational/ technical/ tribal college.
2. Entering freshman at a four-year college.
3. Undergraduate at a four-year college (second semester freshman, sophomore, junior or senior)
4. Graduate or Ph. D. student.

**Requirements:** Must be a Wisconsin resident and proof of Tribal Enrollment

Application Procedures:

1. Completed Application form.
2. Copy of current or most recent school transcript. GED/HSED students are eligible only as continuing undergraduate or continuing technical college students.
3. Two sealed letters of recommendation, one from a teacher, employer or other professional familiar with your academic potential.
4. A one-page typed only personal essay focusing on how you will apply your education.

**Application Deadline: March 16, 2007..Faxes will not be accepted!!** Only Complete applications will be reviewed and are based on a points system,

Letter of recommendation-10 points

Personal Essay- 25 points

GPA-2.5-2.99 5 -pts. / 3.0-3.49 -10 points / 3.5-4.0-15 pts.

Recipients will be announced at the Annual W.I.E.A Conference. Students Can Only Receive the Scholarship Award One Time!

For an application an contact: **Virginia Nuske, Scholarship Coordinator-WIEA, P.O. Box 910, Keshena, WI 54135, 715-799-5110**

You may also contact the Oneida Higher Education office for an application.

## Students of Promise Scholarship

Bacone College is proud to announce a new scholarship opportunity for Native Americans. Students of Promise is a scholarship program for Native American students which was announced at the November meeting of the Bacone College Board of Trustees. The scholarship includes a 35% of tuition, room and board to any Native American student new to Bacone College, i.e., freshman, transfer, etc.

Students considered for the scholarship shall indicate their tribal affiliation on their

application for admission and provide proof of enrollment from their tribe, i.e., CDIB card, letter from tribal membership or enrollment office, etc. Scholarship is open to federally recognized and non-recognized tribes.

Native Students receiving this scholarship will be residential students at Bacone College campus located in Muskogee, OK.

Contact Kyle Taylor, Director Native Concerns Native Recruitment at **918-781-7270, taylork@bacone.edu** for more information.

## McKinney wins scholarship

**Submitted by Tina R Pospychala**

Assistant Director, Oneida Elderly Services

Congratulation to Delilah McKinney for winning the Roberta Kinzhuma Memorial

Scholarship Award. Delilah will be presented with a check in the amount of \$300.00 at AMVET's Community Awards Banquet on January 18, 2007.

## UW-Madison Dean's List

The University of Wisconsin-Madison has recognized Kyle Gary Cornelius, Oneida, WI.

Cornelius, a student at the College of Engineering, was named to the Dean's List for the fall semester of the 2006-2007 academic year.

Students who achieve at a high level academically are recognized by the dean at the

close of each semester. To be eligible for the Dean's List, students must complete a minimum of 12 graded degree credits in that semester. Schools or colleges typically require students to rank in the top 10 percent of their class or achieve a grade point average of 3.75 or higher in order to receive this honor.



**22<sup>nd</sup> ANNUAL ONEIDA NATION SCHOOL SYSTEM SCIENCE FAIR**  
**Grades FACE - Grade 4**

**Schedule of Events**  
**February 28, 2007**

**Public Viewing**

Small Gym.....3:00 P.M.- 6:00P.M.

**Special Awards Presentation**  
**March 1, 2007**

Small Gym.....2:15 P.M.



For more information you may Contact the Iron Workers Joint Apprenticeship and Training Committee- Local Eight at **414-476-9372** or you can stop at the Oneida Indian Preference Office Ridgeview Plaza 3759 West Mason Street Suite 7 and pick up additional information.



# Study of nearly 2,000 Veterans: War trauma may lead to future heart disease

**By Carla K. Johnson**  
Associated Press Writer

CHICAGO (AP) — A groundbreaking study of 1,946 male veterans of World War II and Korea suggests that vets with symptoms of post-traumatic stress disorder are at greater risk of heart attacks as they age.

The new study is the first to document a link between PTSD symptoms and future heart disease, and joins existing evidence that vets with PTSD also have more autoimmune diseases such as arthritis and psoriasis.

A second study, funded by the Army, found that soldiers returning from combat in Iraq with post-traumatic stress disorder reported worse physical health, more doctor visits and more missed workdays. The Army study is based on a survey of 2,863 soldiers one year after combat.

“The burden of war may be even greater than people think,” said the first study’s lead author, Laura Kubzansky of the Harvard School of Public Health, who studies anxiety, depression and anger as risk factors for heart disease. Her work, with colleagues from Harvard and Boston University, appears in Monday’s Archives of General Psychiatry.

Their study was funded by the National Institutes of Health and the Department of Veterans Affairs. The Army study appears in Monday’s American Journal of Psychiatry.

The possible link with heart disease did not surprise one Iraq veteran diagnosed with PTSD.

“It didn’t take a rocket scientist to figure out,” said John Oliveira of New Bedford, Massachusetts, a former Navy public affairs officer and veteran of Iraq and Afghanistan. “It should also be a wake-up call that the cost to treat those of us suffering from PTSD could dramatically increase as we age.”

Medical authorities first accepted post-traumatic stress disorder as a psychiatric condition in 1980 at the urging of Vietnam veterans.

In PTSD, the body’s normal hormonal response to stress becomes trigger-happy, scientists believe. Long after traumatic events, people remain edgy, fearful and prone to nightmares and flashbacks. The continual release of adrenaline prompted by these symptoms may wear down the cardiovascular system, Kubzansky said.

“It’s not enough to simply

welcome them home and do some immediate evaluation or help with reintegration,” she said. “They need to be tracked and watched carefully.”

The Harvard and Boston University researchers analyzed data from the Veterans Administration Normative Aging Study, a long-term research project tracking Boston-area vets.

They looked at health records of men who completed either a 46-item questionnaire measuring PTSD symptoms in 1986, or a different 35-item PTSD assessment in 1990. Both questionnaires are recognized tools for diagnosing PTSD and ask about symptoms such as sleep problems, nightmares, numbness, a heightened sense of being on guard and intrusive memories of traumatic events.

Over the 10 to 15 years after completing the questionnaires, the vets with more PTSD symptoms were more likely to have heart attacks. For each level increase in symptoms on the 1990 assessment, the risk of heart attack or chest pain rose 18 percent — even after the researchers took into account known heart disease risk factors such as smoking, alcohol use and high blood pressure.

Although the men had different levels of PTSD symptoms, very few had enough symptoms for a true diagnosis, Kubzansky said. The study needs to be repeated to see if the findings hold true for PTSD-diagnosed veterans, and for women, she said.

The data also did not track how frequently the men exercised, so researchers could not tell if the men with PTSD symptoms were getting more or less exercise than other veterans.

Dr. Gary J. Kennedy, director of geriatric psychiatry at Montefiore Medical Center, called the study “impressive.” He said one symptom of PTSD is avoiding activity, which could account for some of the effect on the heart.

Kennedy, who was not involved in the study, said treatment options for PTSD include drugs, talk therapy and behavioral changes such as getting more exercise and taking action to solve small problems in life rather than shutting down emotionally.

“We’ve got a whole generation of veterans coming back (from Iraq and Afghanistan) and their health needs are just going to be tremendous,” Kennedy said

## Active CIP Projects – Communication Plans

Submitted by Engineering Department  
(Part 1 of 2)

The Project information will be communicated to the community and staff as follows:

- a. Weekly status reports - Monday 8:30 AM at LBDC conference room (Project Manager)
- b. Community Meetings - *(as noted below)* (Project Manager)
- c. Quarterly reports in: (Senior Tribal Architect)
  - DRUMS
  - Gaming Gazette (will note which edition of Kalihwisaks report is published in)
  - To Directors and Supervisors via e-mail
  - Kalihwisaks
  - On Oneida Intranet under Reference Directory, Internal Resources
  - On Oneida Website under Oneida Nation News
- d. Ground breaking and dedication ceremonies scheduled with the events coordinator (Project Manager / Business Unit Manager)
- e. Periodic articles in the Kalihwisaks based upon the specific needs of the project. (Project Manager)
- f. Periodic updates at the Business Unit Informational Meetings (Senior Tribal Architect)

All CIP Projects will be developed employing a process of development consisting of four (4) distinct phases, as noted below:

Project Phases:	Phase Titles:	Phase Description:	% of Project:
CIP - 1	CIP Package assembly phase	The Project Team assembles the specific project information into a package for approval of project.	0 to 25%
CIP - 2	Project Approval phase	The CIP Package is routed to review entities for comment and finally presented to OBC for approval.	26 to 35%
CIP - 3	Design phase	The Architect designs building and prepares documents defining the scope of work for contractors to bid on.	36 to 65%
CIP - 4	Construction phase	The project is bid and constructed.	66 to 100%

Project No.	CIP Request Date	Project Title	Project Manager	Current Project Phase	% of Project completed	Total Project Budget	Scheduled Completion
94-005	8/26/94	Oneida Cultural Center	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP - 3	42%	To be determined	To be determined by capital campaign
The facility will provide cultural and history services by establishing a centralized, holistic, research, exhibition, learning, and teaching facility with a non-institutionalized atmosphere, for the use of the Oneida Nation and will become a major tourism attraction for Northeast Wisconsin serving the local, national, and international public.							
Community Meetings:		The project has had four community meetings and will have additional when in the design phase.					
97-001	10/29/96	Oneida Nation Judicial Center	Dan Skenandore 920-869-4550 dskenan1@oneidanation.org	CIP - 1	5%	To be determined	Project on hold, pending creation of judicial system.
The facility will provide appropriate court rooms, law library, offices, and support spaces for the Appeals Commission to carry out their mission within the Oneida Judicial System, which protects the self governance and sovereignty of the Oneida Nation.							
Community Meetings:		To be determined. Communication plan will be included in CIP Package when developed.					
98-005	FY98	Assisted Living Facility & New Anna John Nursing Home	Dan Skenandore 920-869-4550 dskenan1@oneidanation.org	CIP - 2	35%	\$48,424,000 Estimated	Estimated Substantial Completion: May 2009
The facility will provide another option in the continuum of care for tribal members. Assisted Living facilities offer a homelike atmosphere with trained professionals who are available to help residents with their daily routines. Nursing homes offer 24-hour a day care for those who can no longer live independently and/or may need specialized care for severe illness or injuries. The proposed facility will also include the congregate meals program which will share kitchen and dining space with the other programs in the building.							
Community Meetings:		One Community meeting was held on Dec. 15, 2005. Additional meetings to be determined.					

21-009	FY01	Wastewater Treatment Facility	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP - 4	99%	\$7,159,000	Substantial Completion: Nov. 2006
The project will create a wastewater treatment facility in central Oneida which will allow us to determine our own sewer service area boundaries (sovereignty), assist in reducing land acquisition costs, maintain affordable sewer utility rates, and will recharge water resources of the reservation.							
Community Meetings:		No meetings are planned.					
23-005	2/24/03	Residential Home Sites (infrastructure only)	John Bauman 920-869-4585 jbauman1@oneidanation.org	CIP - 3	38%	\$900,000	Project on hold, pending approval of comprehensive housing plan.
The project is proposed to develop home building sites on Tribal owned parcels for Tribal members to build homes on. The proposed project would be for multiple sites and be phased over a number of years. Sites will be offered to individuals on the DOLM waiting list.							
Community Meetings:		No meetings are planned.					
23-404	FY03	Main Casino Master Plan	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP-1	23%	To be determined	To be determined
The current project will define the scope and cost of expanding the overall casino/hotel site into a destination resort facility. The scope will be used in creating a CIP Package for project approval. The project will consolidate the gaming operations onto this site and maximize efficiencies.							
Community Meetings:		To be determined. Communication plan will be included in CIP Package when developed.					
04-009	2/27/04	Packerland One Stop	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP - 4	75%	\$7,796,000	Estimated Substantial Completion: April 2007
The project is proposed to include a convenience store, restaurant, and casino. The objective is to maximize profits by accommodating the needs of the emerging market of the South Packerland Drive area.							
Community Meetings:		No meetings are planned.					

04-018	5/19/04	West Mason Street Town Houses	John Bauman 920-869-4585 jbauman1@oneidanation.org	CIP -4	60%	\$1,700,000	To be determined
The project is proposed to develop between twelve and twenty, two and three bedroom town houses style units as suitable for eventual conversion to condominiums.							
Community Meetings:		No meetings are planned.					
04-022	7/23/04	Oneida Public Transit Garage	Troy Parr 920-869-4529 tparr@oneidanation.org	CIP - 3	36%	\$5,600,000	Project on hold, pending approval of long-term transit plan.
The project will create a facility to house Transit's buses and vans. It will include some support spaces. It is anticipated that the majority of the funding for this project will come from federal transportation grants.							
Community Meetings:		No meetings are planned.					
05-006	6/2/05	Buffalo Observation Shelter	Troy Parr 920-869-4529 tparr@oneidanation.org	CIP - 4	100%	\$44,000	Substantial Completion: Oct. 2006
This project will provide a buffalo observation shelter that is accessible to all persons including those with limited mobility, on a raised portion of the site and will provide a unique vantage point for visitors to observe the buffalo.							
Community Meetings:		No meetings are planned.					
05-012	3/2/05	Elder Garages & Driveways	Dan Skenandore 920-869-4550 dskenan1@oneidanation.org	CIP - 1	20%	To be determined	Project on hold, pending approval of SOP for program.
The project would add garages and paved driveways on Oneida elders property to make it safer for them to move from the vehicle to their home.							
Community Meetings:		To be determined. Communication plan will be included in CIP Package when developed.					

Questions regarding a specific project can be directed to the Engineering Department's Project Manager listed above. *The remaining projects will be published in the next issue (February 1, 2007) of the Kalihwisaks.*

**Oneida VFW Post # 7784**

***Fish Fry ~ Luncheon***

*Plan to attend on...*

**Wednesday, January 31<sup>st</sup>**

*at the*

**Parish Hall**

*Serving Lunch from...*

**1100 – 1400**

*at a cost of... \$7.00*

**Includes: Haddock, Pollack, Potato Salad, Cole Slaw, & Dessert**

**Come out and Support our VFW Post!!!**



# Good News

## New Arrivals

If you have a birth announcement, please send it to the Kalihwisaks Newspaper, PO Box 365, Oneida WI 54155 or call Yvonne Kaquatosh at (920) 869-4280 for more information. There is NO CHARGE for birth announcements. Please include baby's full (first, middle & last) name, parents (first & last), d.o.b., weight (lbs. & oz.), length, grandparents (maternal/paternal), siblings (names only). Also, if the baby was given an Indian name, please include the correct spelling and meaning. Please include phone number where you can be reached during the day!

## Danielle Kenéw Barton

Danielle Kenéw Barton was born to Forrest and Ana Barton on December 31, 2006, at 5:45 pm at home in Oneida. She weighed 9 1/2 lbs and measured 21 inches.

Danielle's grandparents are Mel and Lori Webster of Oneida and Bill and Sandy Hawken of Virginia.

Danielle's great grandparents are Bob and Julie Barton of Oneida, Rita Webster of Oneida and Daniel and Millie Osuna of Maracay, Venezuela.

Danielle has four siblings: Ayashe, Victor, Violet and Lily.

## Haley Reed

Haley Reed was born to proud parents Michelle and Billy Reed on November 14, 2006 at St. Mary's Hospital. She was 8lbs, 2oz and 20 inches at birth.

Maternal grandmother is Donna Denny

Paternal grandparents are the late Emerson and Rachel Reed.

## Summer Tall Feather Stevens-Nechipor

Summer Tall Feather Stevens-Nechipor, newborn daughter to Kim Stevens and Paul Nechipor, was born on December 15, 2006 at Swedish Covenant Hospital in Chicago, IL at 9:30 A.M.

She weighed 10lbs. 4oz. and measured 22 inches in length. The proud maternal grandparents are Herb and Beas Daniels of Crandon, WI. Paternal grandparents are the late Peter and Gloria Nechipor of Chicago. Great-grandparents are the late Clarence "Buck" and Geraldine "Geri" Stevens of Oneida. Summer has three sisters, Shaknei, Naley, and Skyler and one brother Kohlton all of Chicago.

## Two grandsons within a month for Webster family...

## James Christopher Webster

James Christopher Webster was born to proud parents Lisa Fish and Allen Webster on December 27, 2006. He weighed 8 lbs, 2 oz and was 21 inches at birth.

The grandparents are Laura Fish and Xaver Deissler, and Mary and Ken Webster.

## Happy 4<sup>th</sup> Birthday

**Jourdon**  
on January 23rd



Love, Grandma Jeannie & Papa Randy

## Happy 4<sup>th</sup> Birthday

**Naughny!**



Love, Mom, Rissa & Aaron

## Happy 30<sup>th</sup> Birthday

**Sid White**

on January 6th  
To a wonderful father, husband, son, uncle and brother!

You are so loved and appreciated!



Love and Prayers,  
Elise, Gavin, Emma,  
Mom, Deja, Fawn,  
Grandpa Warren and  
Grandma Josepha

Tune in to...  
**Kalihwiyose**  
**WPNE 89.3**

**Thursdays**  
**10:00PM to mid-**  
**night**

## Happy Birthday

To our Grandchildren  
on your "big day"  
January 27th.

**Jerome (Bear) Webster**  
9 years old

**Aaliyah House-Webster**  
6 years old



Love Gramma and Grandpa Denny

## Happy 1<sup>st</sup> Birthday

**Baby Dustin**



From Grandma &  
Grandpa and all your  
Aunties and Uncles  
We love you so much!!

Check out the  
*Kalihwisaks*  
on the Intranet!

## Happy 4<sup>th</sup> Birthday

**Mason Schmutzler**  
on January 22



Love Mommy, Daddy,  
Sawyer, your Papas &  
Gramas, Aunts, Uncles  
& Cousins  
Hugs and Kisses

## Happy 80<sup>th</sup> Birthday

**Marjorie Ruth Hill Golden**  
Born January 14, 1927



From your loving family

## Happy 2<sup>nd</sup> Birthday

on January 28

**Faith Elise Huff**



Love Mom & Dad &  
Family

## Happy 7<sup>th</sup> Birthday

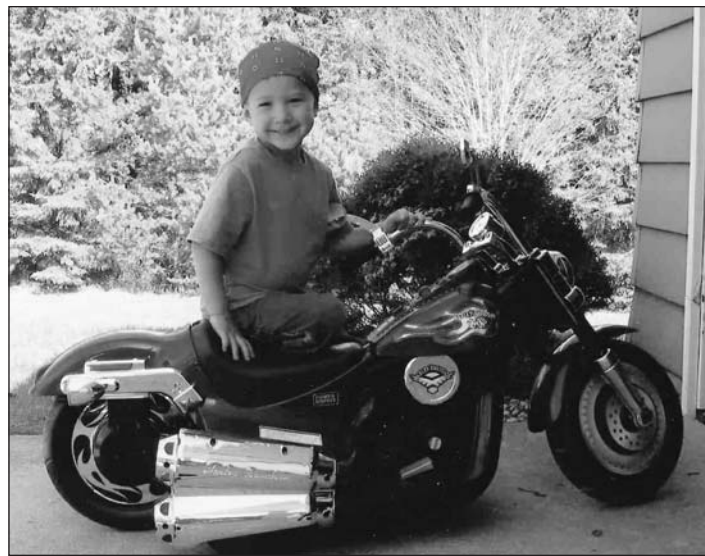
**Ethan Schuyler**  
on January 17



Love Mom, Jayda,  
Dunner, Dad,  
Grandmas, Grandpas,  
Aunts, Uncles and  
Cousins

## Happy 5<sup>th</sup> Birthday

**"Clear Water Fish Jr."**  
My little Biker Babe, on January 29



Love Always Granny, Larry & your brothers & sisters

## Happy Birthday

**Cyle**

on January 29  
Congratulations on your  
**1st place** bowling trophy  
Keep up the good work,  
Buckaroo!



Love Mom & Tiana

## Happy Birthday

**Felicia Fish**

January 28, 1998  
My little Ski Queen



Love Always Granny,  
Larry & your brothers &  
sisters

## Congratulations

**Jennifer Jordan & Alberto Castillo-Galicia**  
on their marriage  
December 31, 2006



Love, Your Families

## Happy 4<sup>th</sup> Birthday

**Grandpa Kak...**

on January 19<sup>th</sup>  
Also, Welcome to the  
'Grandparents Club!'



Love You! Your sis  
Von & Family



Have you forgotten to express your  
Love and Appreciation to that  
Special Someone in years past?

If you answered yes, we have the  
perfect solution!

**We've set aside a section in the February 1st issue that  
will be dedicated solely for Valentine messages!**

**This is your opportunity to shine and send a heartfelt  
message for that Special Someone...**

We're offering 1 & 2 column  
slots for Valentine messages  
that will be published

in color. So, start  
looking for that  
favorite color  
photo  
now!



**For the low price of \$18.00 you  
receive:**

♥ 1 color photo w/message ~ up to  
40 words in 1 Column

**For an additional \$8, you will  
receive:**

♥ 1 color photo w/message ~ up to  
40 words in 2 Columns.

• Additional fee will be imposed if the word  
count is over 40 word limit!

**Submission deadline is 4:30 P.M. on  
Wednesday • January 24, 2007**

*kalihwisaks*  
**NEXT DEADLINE**

is...**Wednesday**  
**January 24<sup>th</sup>, 2007**  
**@4:30 p.m.**  
with a  
**PUBLISH DATE**  
of...**Thursday,**  
**February 1<sup>st</sup>, 2007**

Questions, please call:  
**920-869-4277, 4279 or**  
**4280 or email us at:**  
kalihwisaks@oneidanation.org



***Oneida's  
Best  
Marketplace!!***

# THE CLASSIFIEDS

**For the Best in  
Native American  
Music  
Kalihwiyose  
WPNE 89.3  
Thursdays  
10:00PM to midnight**

**Atty. Jim Joannes**  
**435-8159**



# Environmental

## Public Health Department prepares for community emergencies

Submitted by the Office of Emergency Management

Last Fall, the Community Health Services Department conducted a table-top exercise to open the Emergency Operations Center (EOC) for the Oneida Nation. This is one of several exercises and precautions that the public health department is currently developing. In conjunction with the Oneida Nation Emergency Planning Committee (ONEPC) and the new Emergency Management Director Marty Antone, a number of precautionary measures are in place, and are still being developed.

Eric Krawczyk, Public Health Officer has been developing these plans since November of 2001. Plans for Public Health Emergency, Pandemic Flu and other public health disasters are in place. Now, the main focus is on exercising these plans and communicating them to the Oneida Community. That was the main focus of the EOC exercise this past Fall. In conjunction with the State of Wisconsin, and ten other county health departments in the Northeast Region, a scenario of Pneumonic Plague exposure was exercised. Components included: dealing with special populations, hospital/clinic overflows, conducting immunizations



Kali photo/Dawn Walschinski

Public Health Officer Eric Krawczyk, standing at left, leads members of the Emergency Operations Center in bird flu drill held last fall.

clinics, and communication breakdowns. Oneida activated their EOC at the Oneida Police Department to react and exercise what would actually occur during this type of emergency. This was the first time since Y2K that the Oneida EOC was activated. There were eleven Oneida representatives from various

departments who took part in the exercise. Each having a vital role in the decision making process of how the Oneida Community would react in this type of an emergency. Eric Krawczyk directed the exercise and stated that “even thou we have plans in place, we need to continue to exercise and clarify roles of all the

individuals who are responsible in case of any type of emergency.” “Continuing to exercise our plans and communicating to the general public is vitally important.”

With the hiring of a new Emergency Management Director and the continued work of the ONEPC, there is a foundation to be built upon.

There has been support from upper management and the community. Now its more a matter of just getting the work done and gaining continued support from all tribal programs involved. Overall, the EOC exercise was a success, as it truly educated all representatives on what is still needed to take place to be

fully prepared.

**NOTE:** The Community Health Services Department will be having a display/booth at the February 14th “Family Fun Night” at the Oneida Turtle School. The booth will focus on Family Preparedness. The event will be held from 4:00-7:00pm.

## CAPPS to honor men

**She-kú:**, We would like to alert you to an up coming event for Good Mind - Great Future community dinner on Wednesday, February 28, 2007. We are going to be asking community youth and the women brought forward last year, to bring forward names of men in the community to

whom they can go to in a time of trouble or need. Other community members can also join in the recognitions of men in the community. Names will be collected between now and February 15.

**See Page 8B**  
**Nominate men**

## Oneida Pantry Christmas Gift Baskets given to AJNH Residents

Submitted by Nori Damrow  
Director of Oneida Food Distribution Program

Name of Donor	Recipient
1. Mae Baxter	Resident of Anna John Nursing Home (AJNH)
2. Mae Baxter	Resident of AJNH
3. Mae Baxter	Resident of AJNH
4. Mae Baxter	Memorial
5. Mae Baxter	Resident of AJNH
6. Bill Ver Voort	Resident of AJNH
7. Bill Ver Voort	Resident of AJNH
8. Jeff & Grace Koehler	Resident of AJNH
9. Craig Gabriel Ninham	Resident of AJNH
10. Gregory John	Resident of AJNH
11. Doreen Hammes	Resident of AJNH
12. Eleanor Bailey	Memorial
13. Bob Ellenbecker	Resident of AJNH
14. Mary Ellen Ellenbecker	Resident of AJNH
15. Lloyd & Sharon Powless	Resident of AJNH
16. Lloyd & Sharon Powless	Resident of AJNH
17. Lloyd & Sharon Powless	Resident of AJNH
18. Byron Wagner	Resident of AJNH
19 to 27. Oneida Pantry	Nine Residents of AJNH

A big Holiday Thanks to all who supported our Fall fundraisers: Gift-A-Rama, Harvest Dinner, Holidays in the Oneida Business Park

We raised about \$5,000.00 for our Endowment, several pallets of food, and other Pantry expenses. We were able to purchase food to fill our shelves for the winter.

**HOYON to all and God Bless.**

## The breeding season has begun for birds



Kali file photo

Owls start getting ready for the breeding season around late December by claiming territory.

By Bill Koonz

Specialist - Environmental Protection

Even before the New Year some bird species were establishing breeding territories, calling, and preparing for their breeding season. Who are these early nesters? They are the owls, that’s Hoo.

You may see owls in the early morning or evening, especially on dark or foggy days. They come in various sizes and often sit on snags, along power lines or in conifer trees. Some species have adapted to humans and nest in urban centers. These include the great horned owl, one of the largest and most aggressive of North American owls and the screech owl, one of the smallest. Both species can be heard throughout the winter in rural and residential areas. Both make several types of calls, but the great horned owl (named for its ear tufts) typically has a Hoo, hoo-hoo-hoo, hoo-hoo (the first is loudest, the middle 3 or 4 are more rapid and the last two abrupt). Great horned owls do not build their nests but take over old nests made by other species such as hawks, eagles, or crows. Screech owls have a call that sounds like a horse whinny. They generally nest in tree cavities (made by squirrels or woodpeckers) and may go unnoticed by nearby residents. Both species can become aggressive toward humans when owlets are in the nest.

All owl species rely on meat for food. They do a service by reducing the numbers of area rodents but they also feed on birds and great horned owls may even take skunks and/or house cats. Most owl species hunt largely at night and can become fatalities when they feed on road-kills.

In the owl’s world as with eagles, the females rule.

They are larger than the males and have larger feet. The sex of owls and eagles can be determined by measuring the distance across the foot pad to the tip of the back claw. Female owls also determine how many eggs will be laid in a season that may begin in February in Wisconsin. Once she chooses a nest site, she sits on it constantly, relying on the male to bring her food. If he is lazy or food is scarce, there will be few eggs laid and few offspring will be produced. If he brings in ample food the female will lay a large clutch and many offspring may result. The lazy gene does not survive in the owl world.

Owls begin incubating (warming) each egg as it is laid. There may be one to three days between eggs and five or six eggs may be included in a clutch. The young hatch in sequence with the first egg laid being the first to hatch. It is best to be first in the owl world because each egg hatches a day or more after the one laid ahead of it and each owlet must fight for food. It is not uncommon for the strongest in the clutch to eat some or all of its brothers and sisters when food becomes scarce. With Bald eagles the female chicks develop more quickly than do the males and thus a higher percentage of females survive to fledge.

Young owls leave the nest long before they can fly. This is termed “limbing”. It is thought that by leaving the nest early there is less chance that the young will all be killed by a predator. Once they leave the nest they food-beg making a loud “Sheeek” sound similar to what the female makes when incubating and calling for food from her mate.

Watch for owls and other signs of spring long before the winter blasts have sub-

# HUNTER SAFETY COURSE

**Space is limited to 30 students**

Hunter Safety Class will be held **every Monday and Wednesday**, from **6:00p.m.-8:00p.m.**, beginning **February 19,2007** and ending on **March 21, 2007.**

Classes will be held at the **Oneida Police Department**  
2783 Freedom Rd, Oneida

## To REGISTER:

**Contact the Oneida Conservation Department at (920) 869-1450.**  
**Registration Deadline: February 2, 2007.**



Sports/Recreation

# Art classes in January

Submitted by Michelle McCormick

Art Specialist - Civic Center  
January has arrived and with it brings the New Art Program at the Civic Center. Classes have begun and are available for different age groups. Here are just some of the activities going on for the month of January.

**One Hit Wonders** - (Ages 7 - 12) Monday and Wednesday Nights, 5:30pm to 6:30pm. 3-D Picture Frames, Felt Puppets, Rolled Brim Hats, Foil Collages and much more.

**Multi cultural Night-** (All Ages) Tuesday Nights, 5:30pm to 6:30 pm. Australian Rainsticks, African Mask and Carribean Windsocks.

**All Things Native** - (All Ages) Thursday Nights, 5:30pm to 6:30pm. Exploring jewelry making.

*\*We are looking for local*

*native artist who would like to share their talents for this class.* If you are interested, please contact Michelle McCormick at the Civic Center.

**Art Club** - (Ages 12 and up) Monday - Wednesday Nights, 5:00 pm to 5:30pm. Working together to develop field trips to museums, art shows and different functions. Also we are planning to develop our own art exhibit.

**E&E** - (Ages 13 and up) Friday Nights, 6:30pm to 8:30 pm. This is a night set aside for teens to come watch a movie, listen to music, participate in contest, plan events, etc.

**The Real Deal** - (Ages 13 and up) Monday - Thursday Nights, 7:00pm - 8:30pm. Learning drawing techniques and developing skills. We are looking for teens who are interested in learning and developing their art skills.

Also if there are any adults who are interested in attending please call. Next month in February is Color Theory Month. All interested in learning the basics in color and painting please come join us.

Please feel free to come by and see what's happening with the new art program. If you have artistic talent and would like to share your experiences with our youth, please contact us. We would love to hear from you. We are making future plans for an art show in the spring and also we are looking for a location to paint a mural. Any information of a location for the mural would be greatly appreciated. For any comments, questions or concerns, you can email Michelle McCormick at [macrileys@yahoo.com](mailto:macrileys@yahoo.com) or call the Civic Center at 869-1088.

# Boys run over Sevastapol



Kali Photo/Steven J. Gandy

The Thunderhawk boys basketball team beat Sevastapol 66 to 59 on Friday, January 5th at home. The boys take on Coleman Tuesday January, 23 at home.

# Thunderhawk Girls fall to Bowler



Kali Photo/Steven J. Gandy

Lois Stevens (44) attempts a jump shot over the Bowler defenders in the loss suffered on Thursday, January 11th. Next home game is January 26th.

# Elders in Action - ready for some bowling

Submitted by Oneida Recreation

December was a busy and fun month for the elders and January is going to have even more exciting events to partake in. The hit of the month was the Christmas Bingo Party held on December 21st, 2005. There were games, food, presents, a ton of laughter and, of course, BINGO. One of the highlights of the day, besides all the presents, was the 86 food items that were donated to the Oneida Panty by the elders. Bingo is held every Wednesday from 1:30-3:00 for people ages 55-up.

An event that has been brought back by popular demand in January is Elder Bowling. This free bowling league will take place every other Thursday from 1:30-3:00 starting January 12th. You can come alone or bring a partner and meet us at The

Ashwaubenon Bowling Alley located at 2929 Allied Street in Green Bay. The League will run for 7 weeks, with the 7th week consisting of an awards party for all participants. Light weight ball and ramps will be available. You won't want to miss out on this league!

Another league that you don't want to miss out on that starts in January is our Card Club. Starting January 19th at the County H building we will play various card games including, but not limited to, Rummy and Euhre. Everyone is welcome whether you have played for years or just learning, we want you to participate. This league is free and a great time to sit back enjoy a drink, snack, and socialize with friends.

To sign up for any of the upcoming events or if you have any questions about the Golden Program, please contact Kim Diemer at 833-0010.

# Civic Center Learning Center

Submitted by Mandy Schneider

Oneida Recreation

The month of December in the learning center at the civic was a great one. The children earned their 500 leaves, and had their ice cream party where Nick Metoxen was rewarded with a prize of his choice for earning 55 out of the 500 leaves needed to reach our goal. YEAH NICK, GOOD JOB!!!! The children are now working on their next goal of 500 good behavior badges to win a trip to the movie theater. They are off to a banner start earning 18 of the snowballs they need to build their snowman in just two days.

Not only that, the Civic Center children are working hard at completing their Leadership and Teamwork Challenges with only two weeks left to go before the big prize is handed out. Rolly Vande Hei, Bobby Mills, and Christine Afraid of Hawk are neck in neck to win the Leadership Challenge, while the teams of Rolly Vande Hei and Raymond Danforth, Diego Metoxen and Jaycob Johnson, and Jordan Bain and DuWayne Matson are in a dead heat to win the Teamwork Challenge. GOOD LUCK TO ALL WHO ARE PARTICIPATING!

Last, but certainly not least, I would like to mention the winner of the reading corner gift certificate for the month of December, and that person would be Raymond Danforth. Even with all of the excitement of the Holidays Raymond still was able to read a total of two hours, earning himself a \$10 gift certificate to Wal-Mart, and 3 hours worth of play station time. GREAT JOB RAYMOND!

In conclusion, I would just like to mention that the learning center is open Monday thru Friday from 3:30pm to 8:30pm for homework help. Also, teens that need help with job searching, resume writing, financial aid applications, scholarship writing, college application and apartment searching is available anytime after 7pm at the Civic Center learning center. Once again I hope to see you here.

# From Page 1B/Property class offered at OCEC

and Personnel Department. So far 95 attendees have received a Land Commission Certificate for completing this annual course.

The class is small in order to facilitate discussions. A limit of 12-15 participants is usually accepted. The discussions focuses on various federal eras of Indian policy and law, and how the Oneida Tribe was specifically impacted. Besides lectures, lively sharing of information is generally received from the participants as the class moves through the traditional early years of the government, the Allotment Era, Indian Reorganization Era, and the present Self-Determination Era.

The class focuses on tribal laws and authority of different branches of the Oneida government, with an emphasis on Oneida tribal land transactions. Invited speakers from tribal programs such as the Appeals Commission,

Environmental Department, and Tribal History, enhance the discussion of how the Tribe as a whole carries on its business.

Twenty hours consists of a tour of selected reservation properties, and then continues with an in-depth discussion of how and why properties are purchased within the Oneida Reservation boundaries. The overlap between tribal law and state law is evident in the area of acquiring land. This area is also where there are frequent jurisdictional and political disputes between the Oneida Tribe and surrounding

state governments.

We invite you to think about joining us on February 1, 2007, 1:30 - 4:30 pm at the Division of Land Management Conference Room, for our first class. Hard to believe that this is right around the corner!!

Class will be in session from 1:30 - 4:30 starting February 1, 2007 thru April 26, 2007. Participants are required to make up their hours by contacting the instructor. Final exam will be May 10, 2007 at the Community Education Center.

# From Page 7B/Honor men

Each man who's name is brought forward along with those who identify him will receive a special invitation to the February dinner.

Everyone will have an opportunity to honor each man brought forward with a t-shirt. Markers will be pro-

vided for anyone who wishes to write a special message to the men.

If you have someone in mind please contact Tracy Metoxen at Oneida Social Services or email Tracy at [tmeto2@oneidanation.org](mailto:tmeto2@oneidanation.org).

ONEIDA NATION SCHOOL

PARENT COOKING CLASS

Cook, Energize & Move The Oneida Way!

COME COOK A QUICK HEALTHY MEAL AND GET ACTIVE WITH YOUR FAMILY!

JOIN US FOR :

SNACK

CHILDREN'S ACTIVITIES

PARENT COOKING

& NUTRITION LESSONS

FAMILY ACTIVITY AND

HEALTHY FAMILY DINNER

WHEN: JANUARY 25 OR FEBRUARY 8, 2007

5:00 - 7:00 PM

WHERE: TURTLE SCHOOL HOME EC ROOM

MUST PRE REGISTER AT LEAST 2 DAYS PRIOR TO CLASS

LIMIT 14 FAMILIES PER CLASS

To register call Diana Peterson @ 869-4539

Sponsored by the Oneida Living in Balance Team and the Oneida Nation School System Parent Committee. Families must have a student in the Oneida School System to participate.