



kalihwisaks

"She Looks for News"

November 19, 2009

Official Newspaper of the Oneida Tribe of Indians of Wisconsin

www.kalihwisaks.com

In This Issue...



Vets Powwow – 2A
The Oneida Veterans Powwow was held Saturday, November 7 at the Turtle School in Oneida. Dancers and drums around the area competed for prizes.



Denny signs for Division I – 9A
Derrick Denny from Seymour High School signed a letter of intent to play basketball at Jacksonville State University.



4 honors for Metoxen – Lifestyles
Oneida tribal historian Loretta Metoxen was honored by four different Native American groups throughout 2009 including national organizations like WEWIN and AISES

Section A
Pages 2–5A/Local
Page 6-7/VFW
Page 8/OBC Forum
Page 9A/Sports
Page 10A/National
Section B
Page 1B/Lifestyles
Page 2B/Environment
Page 3B/Education
Page 4B/Classified
Page 5B/Good News
Page 6B/THT
Page 7B/Drums
Page 8B/Stimulus
Page 9B/Health
Page 10B/OFF

Gangs beginning to make mark in community

By Nate Wisneski
Kalihwisaks
Is it possible to be losing a war that most involved don't know they're a part of? Oneida Police Department Officer Matt Ninham says there is an increase in gang activity in Oneida and the community is losing control of their neighborhoods. "Do we have a gang problem? Yes - we have a gang problem," he said, pointing to photos of graffiti on buildings throughout the community. Ninham presented on gang violence and drug activity during a community meeting on Tuesday, November 17 at the Norbert Hill Center. The meeting was held to inform the community of an

increased amount of gang activity throughout the area. "Gangs and drugs intertwine and violence follows. People get hurt and people get killed" Ninham said. "I don't want someone to get shot or stabbed. I'm telling you, we are one incident away from this happening. (OPD) deals with drugs and weapons on a nightly basis." According to Ninham, most of the gang activity flows from Canada and filters to the tribes throughout the state at powwows and other social tribal functions. There are a suspected 100 gang members in the Oneida community with more than half of them being minors. He has seen gang mem-



Kali photo/Nate Wisneski
OPD Officer Matt Ninham delivers a presentation on gang activity during a community meeting on Tuesday, November 17.

bers as young as the age of seven. Ninham identified steps to help combat gang activity but said OPD needs the community's help to keep gangs out of the area. "Our community gang is bigger than their gang. If drug dealers and gang bangers are going to come to our neighborhood, we can say no,"

• See 5A, Community Meeting

Robert Cornelius Post 7784 VFW Opens

By Steven J. Gandy
Kalihwisaks
Three score plus three years after the building of the original Veterans of Foreign Wars (VFW) post in Oneida, a new post was unveiled on Veterans Day and a ribbon cutting ceremony marked a new chapter in Post 7784's history. The ceremony was held on November 11 at the VFW post and enjoyed the presence of many tribal, local, county, state and federal officials as well as numerous veterans. A former VFW commander, George Greendeer, emceed the event. Also, two charter members that are still currently with VFW, Roy Huff and Edwin King, were scheduled to attend. The actual ribbon cutting took place at

exactly 11:11 am on 11/11/09 (Veterans day). US Representative Steve Kagen and Green Bay Mayor Jim Schmitt were among those in attendance that spoke during the event along with Oneida Tribal Chairman Richard Hill. In addition to the VFW being housed in the building, the Veterans Service Office of the Oneida Tribe will also be located under the same roof. Kerry Metoxen, Oneida Veterans Service Officer, will be moving all services

• See 2A, GTC



Kali Photos/Steven J. Gandy
VFW Post 7784 in Oneida held its Ribbon cutting ceremony on Veterans Day.

Oneida Food Pantry doors are open again

By Nate Wisneski
Kalihwisaks
After a controversial closing, the Oneida Food Pantry has re-opened with a new location after a brief six-week hiatus. The closure ended with a directive from the Oneida Business Committee (OBC) to re-open the closed pantry. The Oneida Food Pantry was closed on September 11 after a management decided a gift card system would better serve community members. The pantry's replacement system featured Festival Foods gift cards in the amount of \$40, which had no restrictions on what was being purchased. The OBC

directed the pantry reopened during a September 23 OBC meeting. The pantry is now located in Green Bay inside the Social Services building, 2640 West Point Road, and services the community Monday through Friday from 9 a.m. to 11 a.m. According to Pre Leverance, Family Support Services Director, some apprehension was expressed over the pantry's new location but the reaction has been positive. "Overall, the new location seems to be working well," she said. "New shelving was bought and food was either bought or donated (to restock the shelves)."



Submitted photo
Gary Smith, Food Pantry Coordinator, (left) and a volunteer stock the shelves of the recently re-opened Oneida Food Pantry.

The Oneida Food Pantry is designed to be supplemental to other programs to ensure clients have the necessary amount of food for a healthy lifestyle. During the pantry's first full week after re-opening 36 households were served and that number nearly doubled the second week.

• See 8A, Pantry

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Veterans Powwow held in Oneida



Kali Photos/Steven J. Gandy

The Oneida Veterans Powwow was held Saturday, November 7 at the Oneida Nation Elementary School. Dancers from around the area competed as Host Drum Eagle Singers and others performed. Grand Entry for the Powwow was at 1 pm and 7pm. Emcee for the event was Dan King and the Arena Director was Patrick Madrid.



Congratulations on your New Building!

TO ALL VETERANS...

The new VFW Post 7784 facility will house the Oneida Veterans Services Office allowing the VFW and associated veterans groups (Wisconsin Indian Veterans Association, American Veterans, and the Ladies Auxiliary Post 7784) to work conjointly in supporting programs to increase awareness of the sacrifices of America's veterans. The VFW & Oneida Veterans Service Office is committed to improving the lives of veterans by supporting/promoting volunteerism and positive youth programs in the community, and facilitating medical, rehabilitative, educational and employment services and needs for veterans and their families. These men and women have given a lot by serving their country. Their continued support and volunteerism for their country and community is beyond measure. Profits from fundraising events and renting out the facility on nights and weekends will be used to support the aforementioned programs.

The VFW mission is to "honor the dead by helping the living" through veterans' service, community service, national security and a strong national defense. This new facility is an asset to the organization and community as well as to the many charities and individuals who benefit from the VFW's and the Oneida Veterans Services Office efforts.

The success of the VFW project is due to the collective efforts of the following whom we have had the pleasure of meeting and working with during this project:

James Begay, Ted Christjohn, Chris Cornelius, Frank Cornelius, Debra Danforth, Ed Delgado, Elizabeth J. Dennison, John T. Dennison, Clifford Doxtator, Mairion Doxtator, Allen Green, George Greendeer, Marshall Groleau, Ben Hamblin, Michael Hill, Ken Hill, Dakota House, Ben Jahn, Andrew John, Myron John, Bernard Johnson, Aloysious Jourdan Sr., Butch King, Gerald Kurowski, Jason Kurowski, Doug La Violette, Wendell W. McLester, Kerry Metoxen, Loretta Metoxen, Russell Metoxen, Eldred Nicholas, Cletus Ninham 1st, Curtis Ninham, James Overman, Mark Pasowicz, Allen Pamanet, Linda Robinson, June Schuyler, Larry Schuyler, Ben J. Skenadore, Ed Skenadore Jr, Harvey Skenadore, Warren Skenadore, Rev, Earl L. Smith, Nathan Smith, Lynn Summers, Ruth Wagner, Thomas Webster, Robert Little Man Webster, Donald Wishart, Carolyn Miller, Oneida Engineering Dept., Oneida Planning Dept., Department of Land Management, MIS, GLIS, Environmental Dept., Oneida Utilities Dept., Tribal Historic Preservation Office, DPW Groundskeeping, DPW Electric, DPW Plumbing, Oneida Business Committee, Land Commission, Senior Management, Chief Financial Office, Oneida Zoning Dept., Oneida Law Office, Best Built Inc. Our apologies to anybody we may have inadvertently left off.

It has been an honor to assist you in developing this facility. It will be a visual reminder of our respect for the service and sacrifices of all veterans.

Enjoy your new building!

*Thank you
Oneida Engineering Dept.*

OBC cuts budget at Nov. 12 meeting

Employee benefits cut to balance FY2010 budget

By Nate Wisneski

Kalihwisaks

The Oneida Business Committee (OBC) held an emergency OBC meeting on Thursday, November 12 front of a packed meeting room. The meeting focused on a series of proposed resolutions that would start the process of balancing fiscal year 2010's budget, which is roughly \$6 million short of being balanced.

Present: Rick Hill-Chairman, Patti Hoeft – Secretary, Tina Danforth – Treasurer, Ed Delgado – Councilmember, Trish King – Councilmember, Brandon Stevens – Councilmember, Tehassi Hill – Councilmember
Absent: Kathy Hughes – Vice-Chairwoman, Melinda Danforth – Councilmember

Capped Personal and Vacation Time

The first resolution heard by the OBC was a long talked about measure to limit the tribe's estimated \$7 million liability in regards to banked personal and vacation time. The resolution called for a cap of 280 banked hours between personal and vacation time. It stated the employee would be notified when they reached 200 hours and it's expected that any employee with over this total will have a

time period to get under this cap. According to information provided to the OBC, 279 employees are currently over this cap. The Joint Executive Team (JET) is expected to present policy to the OBC in regards to those employees over the capped amount of time during the November 25 OBC meeting. The move is expected to save the tribe roughly \$400,000 in fiscal year 2010.

Back Pay Policy

Attempts to amend the tribe's current back pay policy were sent back to the Legislative Operating Committee for clarification and more work. Adjustments to how an individual receives back pay needed clarification.

Employee Grievances Heard by Appeals Commission

A resolution aimed at saving nearly \$86,000 in fiscal year 2010 was set aside for more work as the OBC was asked to have the Oneida Tribal Judicial System handle all employee grievances instead of the Personnel Commission. No information was available as to when an updated proposal would be heard.

Parental Time Policy

The OBC heard a resolution that would eliminate parental time requiring the use of personal or vacation time. Under the parental time policy, parents were able to take paid

time off to attend their children's educational or social activities. The resolution passed and is believed to help mitigate long-term liability in the area of accrued vacation and personal time.

Stipend Policy Adjustments

A resolution eliminating any stipend if a member of a board, committee, or commission is attending training or a conference was passed by the OBC. This resolution amended the current Comprehensive Policy Governing Boards, Committees, and Commissions. It is believed to save \$61,000 during fiscal year 2010.

The OBC also approved a resolution that caps meeting stipends at \$50 per meeting for tribal committees, commissions, and boards. The resolution also stated that only one stipend can be received per month. A cost savings of \$170,000 is expected for fiscal year 2010.

Trade-Back for Cash Policy

A resolution suspending the trade-back for cash policy for the remainder of the fiscal year 2010 was approved by the OBC. Savings roughly in the amount of \$1.87 million is expected by the measure.

3% Match in 401(k)

The tribe approved a measure suspending any

tribal match to employee's 401(k) retirement accounts. Before the resolution was passed the tribe matched up to three percent in an employee's retirement plan. According to the tribe's Chief Financial Officer, 40% of tribal employees were using the tribal 401(k) program. The resolution takes effect January 1, 2010 and is expected to see nearly \$1.3 million in savings.

Bi-Weekly Paychecks

A resolution was presented to the OBC to switch from a weekly payroll system to a less expense bi-weekly system. The resolution would take effect January of 2010 and would save roughly \$38,000. After debate, the resolution was not passed, as cost savings were not equal to the employee benefit and convenience of weekly payroll.

The next OBC meeting is scheduled for November 25 at the Norbert Hill Center.

2009 Annual Worldwide Candle Lighting Services

Communities across the globe will be joining

The Compassionate Friends

for the

13th Worldwide Candle Lighting



Local Event...

Sunday, December 13, 2009 at 6:15PM

Parish Hall • 2936 Freedom Rd. • Oneida
Contact Julie Denny if you want your child's name lifted during the candle lighting ceremony

Telephone: 920-490-3661



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For questions or comments about news coverage, please contact Dawn Walschinski at (920) 496-7318 or Yvonne Kaquatosh at (920) 496-7317, or Steve Gandy at (920) 496-7316. Steve is also the contact to include information in the classifieds section.

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Skenadore, Helen G. (Ka Tsi Tsya Kwas) November 9, 2009

Helen G. Skenadore (Ka Tsi Tsya Kwas) 96, Oneida passed away on Monday, November 9, 2009. She was born in Oneida to the late Mason and Sophie (Antone) Cornelius. On November 29, 1947 she married Edmund Skenadore. Helen was a lifelong member of Holy Apostles Episcopal Church in Oneida and a member of the Altar Guild. She was also a member of the VFW Robert Cornelius Post Auxiliary. She loved flowers very much and her Indian name was Ka Tsi Tsya Kwas, which means “One who picks flowers.” She also volunteered at the Anna John Nursing Home. Her special niece Arleen Elm, as well as



numerous nieces and nephews survive her. She was preceded in death by her husband Edmund, her sisters; Lucy Cornelius, Amy Danforth, Sadie Metoxen, and Lena Webster, as well as her brothers; Alex Cornelius, Murphy (Freeman) Cornelius, and Guy Cornelius. Mass of Christian Burial was held at 10:30am on Thursday, November 12, 2009 at Holy Apostles Episcopal Church, Oneida. Rev. Kristina Henning was the celebrant. Deacons Edmund Powless and Debbie Heckel assisted with burial in the parish cemetery. Please go to www.ryanfh.com to send online condolences to the family.

White, Mark January 7, 1956 – November 16, 2009

Mark White, 53, of Green Bay, died Monday November 16, 2009 at a local hospital following a short illness. The son of Ted White and the late Ruby (Patrick) White was born January 7, 1956 in Shiprock, NM. Mark was a high school graduate class of 1974 of Sanford Naval Academy, Sanford, FL. He attended Florida College in Temple Terrace, FL, UW-Oshkosh, UW-Green Bay, and the Northern Colorado Aviation Academy in Greeley, CO. Mark earned his private pilot's license in Green Bay and his multi-engine rating, IFR, and his commercial license in Colorado. Mark was a skilled pilot and flight instructor. He was a professional scuba diver. Mr. White loved music and was a great guitar



player. At the time of his death, Mark was a partner in a clothing store in Lubbock, Texas. Survivors include his father, Ted White, one brother Tim (Nancy) White and their daughter Sarah, Hortonville, as well as many cousins. He was preceded by his mother Ruby. Friends may call at RYAN FUNERAL HOME 305 N. Tenth Street De Pere from 4-7 pm Thursday November 19, 2009. Service of resurrection will be celebrated at 7 pm Thursday at the funeral home with pastor Whit Sasser from Appleton Church of Christ officiating. Burial services will be held at 11 am Friday at the James White Cemetery, Oneida. Please visit www.ryanfh.com to send the family online condolences.

Katsi?tsyákwas - She picks flowers

By Inez Thomas
Oneida Language Program

There are not enough accolades for Helen's quiet deeds of incomparable dedication to save our Oneida Language. You will soon be able to listen to Helen's voice speaking Oneida. It will be a national website where you can learn to speak Oneida. Helen was working in the second year of the three year NSF/NEH Grant, thanks to Dr. Carol Cornelius. For the last 96 years Helen Skenadore has been maintaining and sharing the precious gift of her Oneida Language with her family and friends. This has produced several family members that can understand Oneida and with language-immersion could speak Oneida. In 1995, Helen was one of the original group of 11 Elders who started working under the Cultural Heritage

Department in the Oneida Language Revitalization Program. Throughout the years Helen has always been there for us to call on the phone for language assistance, any time of the day, to come to class and try to help us with every question we've asked of her. Throughout these years she has had several health issues and as soon as possible Helen has returned to work to help us learn our Oneida language. Helen's generosity and selfless sharing of her Oneida Language does indeed go above and beyond normal expectations. As one of the last three remaining first-language speakers, Helen (age 96) awesomely continued to assist us in our Oneida language Revitalization efforts. Patiently, kindly, generously, humorously,



Kali file photo by Yvonne Kaquatosh
Helen Skenadore was presented an appreciation award in July, 2007.


Helen modeled respectful communication. Helen is a tribute to our Oneida Nation, a shining example to the strength and great character of our elder generation. It is truly and honor and privilege to work with Helen. Helen is an inspiration to us all. I am truly thankful to Helen for her unflinching dedication to our Oneida Language Revitalization efforts.

Oneida Blood Drive date set

When: Friday, November 20, 2009
Hours: 8:00AM – 2:00PM
Where: Oneida Family Fitness Center—Gym

Guidelines: You must be at least 17 years old to donate blood. Please bring a photo ID or your blood donor card. Please eat a good meal about 1-2 hours prior to donating. To schedule an appointment, call 920-490-3730. Each blood donation helps 2-3 people. Please help save lives!

Coordinated by the Oneida Employee Health Nursing Department



Center of Tribal Sovereignty

Right to govern Oneida Reservation set by US Supreme Court

By Becky Webster
Senior Attorney

In an effort to keep the tribal membership informed about current legal issues facing the Tribe and tribal members as it relates to our relationships with local governments, the Oneida Law Office will be hosting a series of articles in the Kalihwisaks. This first article focuses on the Tribe's right to govern itself, its land and its people. As early as 1832, the United States Supreme Court recognized the inherent rights of tribes to be free from State regulations. In Cherokee Nation v. Georgia, the Court explained, “The Cherokee nation, then, is a distinct community, occupying its own territory, with boundaries accurately described, in which the laws of Georgia can have no force. . .” 31 U.S. 515 (1832). While federal Indian policy has gone through many changes since 1832, the Courts continue to recognize the ability of Tribes to enact their own laws and be governed by them. In Williams v. Lee, the Supreme Court concluded: “Congress has also acted consistently upon the assumption that the States have no power to regulate the affairs of Indians on a reservation. * * * The cases in this Court have consistently guarded the authority of Indian governments over their reservations.” 358 U.S. 217 (1959). The most recent Indian law case before the Supreme Court demonstrates the Court's commitment to this position. In Plains Commerce Bank v. Long Family Land and Cattle Co., the Supreme Court recognized that tribal sovereignty “centers on the land held by the tribe and on tribal members within the reservation.” 128 S.Ct. 2709 (2008). The Tribe exercises its right to govern itself, its land and its people by enacting laws and policies. You can find these laws and policies on the Tribe's website at www.oneidanation.org/Government/. The next article will focus on the Business Committee's recent adoption of the Local Land Use Reimbursement Policy.

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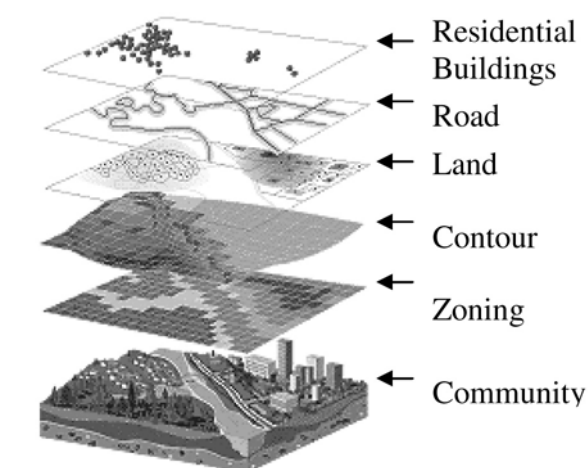
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All price options include a photo (if desired) and a nice border. Regular advertising rates will apply if the word limit exceeds the specified limits listed! "Memorial" submissions mailed in without payment will **NOT** be published.

Questions?
Call kalihwisak's Toll Free at: 1.800.236.2214

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Get to know the GLIS department



Graphic courtesy of Keith Doxtator

An example community showing different informational layers. These geographical traits help others make decisions when planning tribal projects.

By Keith Doxtator

Geographic Information Systems Specialist

GIS is a collection of computer hardware, software, and geographic data for capturing, managing, analyzing, and

displaying all forms of geographically referenced information.

With a geographic information system, you can link information (attributes) to location data, such as people to

addresses, buildings to parcels, or streets within a network. You can then layer that information to give you a better understanding of how it all works together. You choose which layers to combine based on what questions you want to answer.

Oneida Geographic Land Information Systems (GLIS) provides a service to all tribal entities, as well as any tribal member. The primary goal and responsibility of the department is to ensure our data is accurate and complete. This data is then used as a planning and decision-making tool for present and future developments.

Each project and work request can be uniquely specified to match the

order and data requested. Some common requests are:

- Land Use
- Mileage
- Municipality
- Hunting
- Roads
- Buildings
- Watersheds

National GIS Day efforts focus on educating and spreading the word about GIS technologies. Please join the Oneida GLIS Department on Monday Nov. 23rd in the BC meeting room. A poster session and informal presentations will be offered from 8:00 – 4:30. Extra informational presentations will be held at 10:00 and 2:00. Please stop by to learn about GIS or ask any questions you may have.

Annual Oneida Student Art Show and Auction at the Oneida Nation Museum

Are you interested in supporting the talents of young Oneida artists? Are you looking for unique holiday gift ideas? The Oneida Nation Museum is hosting our annual Oneida Young Artists Art Show and Silent Auction start-

ing on Tuesday, November 17 until Friday, December 4. Students at the Oneida High School will be submitting works of art depicting Oneida and Iroquois culture and traditions for exhibit and sale in the museum. All

proceeds go back to the student. If you cannot get to the museum to view the art in person, we will be posting photos of the art on our website www.oneidanation.org/museum, along with instructions on bidding. Final bids must be sub-

mitted by Friday, December 4, no later than 4:00pm. We will again try to send out updates on Groupwise. Please help us support the young, talented artists in our community!

American Book Award Winning Author to Visit CMN

The College of Menominee Nation (CMN) and The National Endowment for the Humanities (NEH) invite the community to the CMN campuses to meet award winning author, Gordon Henry Jr. (White Earth Chippewa). Gordon will be discussing his work, *The Light People*, for which he won an American Book Award. The book, which was also nominated for a National Book Award, is a Native American tapestry of memories within memories, stories within stories, and myths within myths that are interwoven with slyly humorous portraits of government bureaucrats, museum administrators, tribal elders, and the cross-cultural phenomena of contemporary Native American life.

Gordon will be speaking at CMN's Keshena campus' Culture Building on Monday, November 30th and at CMN's Green Bay campus' commons on Tuesday, December 1st. Both events start at 6:30 PM, are absolutely free to attend, and will include refreshments, music, readings from the text, a question and answer session, and a book signing.

Gordon will be visiting as the first of four speak-

ers in CMN's Literary Discussion Series, which started this fall and runs through the spring semester of 2011. The Series is funded by an NEH Grant and has the goal of uniting the col-



Gordon Henry Jr.
(White Earth Chippewa)

lege and community through American Indian literature and poetry. The central theme of the Discussion Series is to use decorated readings to help initiate discussions about Indigenous people's

identity in contemporary American society.

The College of Menominee Nation is an accredited college serving students from campuses in Keshena and Green Bay. CMN awards associate degrees in a number of academic disciplines and professional areas, and a baccalaureate degree in early childhood/elementary education, as well as select technical and trades diplomas and certificates.



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Morning Service
10:30am

Evening Service
6:00pm

* Meal served after Morning Service to all in attendance only*

Nursery provided during services



PINE TREE SPORTS PUB & GRILL

WINTER HOURS

NOVEMBER 16TH, 2009 - MARCH 22ND, 2010

<p>MONDAY CLOSED</p> <p>TUESDAY CLOSED</p> <p>WEDNESDAY 4PM - 10PM</p> <p>THURSDAY 4PM - 10PM</p>	<p>FRIDAY 11AM - MIDNIGHT</p> <p>SATURDAY 11AM - MIDNIGHT</p> <p>SUNDAY 11AM - 9PM</p>
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Calendar

2009

November 26

10th Annual Thanksgiving Community Feast

WHEN: Thursday, November 26

TIME: 11:00 A.M. to 2:00 P.M.

PLACE: Parish Hall

The feast is prepared and served by Tribal employees and community members. Open to the public. Recruiting volunteers: Wed., Nov. 25: Food prep: Peeling potatoes, cleaning squash, cut up veggies, etc. Set-up Crew: Set up tables & chairs, Decorate. 4:00p.m. - 6:00p.m.: Thurs. Nov. Food prep: 8:30a.m. - 11:00a.m. Food Servers: 11:00a.m. - 12:00p.m./12:00p.m. - 1:00p.m./1:00p.m. - 2:00p.m. Dishwashers: Throughout the Day. Clean up Crew: Take down tables, chairs, sweep, take out garbage, etc. 1:30p.m. - 3:00p.m. For Donations of Food or Cash, or Volunteerism: Brian A. Doxtator bdoxtat2@oneidanation.org 920-869-2170.

Nov. 27 - Dec. 27

13th Annual WPS Garden of Lights

WHEN: Weekends through Dec. 27

TIME: Fri. & Sat. 5pm - 9pm, Sun. 5pm - 8pm

PLACE: Green Bay Botanical Garden, 2600 Larsen Road

A holiday favorite featuring over 250,000 lights crafted in flowers, butterflies, and other botanical themes. See the area's tallest and brightest tree and walk through a 60 foot long caterpillar dressed in 20,000 energy-saving LED lights. Closed Christmas Day. Wagon rides: 5:00pm - 8:00pm. Admission fee: Horse drawn wagon rides: \$10 adults, \$6 children 5-12, Walking tour (1 mile): \$7 adults, \$4 children 5-12, Children 4 and under: FREE. FREE Shuttles from NWTC Parking Lot G. Call 920-490-9457 for more information.

Dec. 4 - 13

Native Art Gallery Preview and Holiday Sale

WHEN: First two weekends of December

TIME: 11:00am to various

PLACE: Adaawe Mall, Peace Pipe Road, Lac du Flambeau, WI

For two weekends in December the Native American Art Gallery will be open for a Holiday Sale and preview of what's to come when the gallery opens in the Spring of 2010. Friday, Dec. 4 11am - 7pm, Saturday, Dec. 5 11am - 7pm, Sunday, Dec. 6 11am - 5pm, Friday, Dec. 11 11am - 7pm, Saturday, Dec. 12 9 am - 6pm, Sunday, Dec. 13 11am - 5pm. Call 715-588-9325 for more information.

December 5

Peppermint Twist Holiday Bazaar

WHEN: Saturday, December 5

TIME: 10:00am - 6:00pm

PLACE: Tuscarora Room, Radisson Inn

Space Fee \$20.00 per Table. If you are interested please contact Carolyn Red Hail at (920)429-3056 or email credhail@oneidanation.org

Dec. 5, 12, 19

A Heritage Hill Christmas

WHEN: Saturday, December 5, 12 and 19

TIME: 10:00am-4:00pm

PLACE: Heritage Hill State Historical Park, 2640 S. Webster Ave, Green Bay

Experience the holiday magic of Heritage Hill as you join us for A Heritage Hill Christmas. Celebrate the season in a breathtaking setting by trying historic dancing, crafts, and holiday baking on the farm. \$8 for adults, \$7 for seniors (over 62) and \$6 for children (5-17). Children 4 and under free. \$1 off admission with a canned food item. For general park news call 920-448-5150 or visit www.heritagehillgb.org.

Tuesdays

Compassionate Friends - Oneida Chapter

WHEN: 3rd Tues of every month

TIME: 6:30pm - 8:00pm

PLACE: Parish Hall, 2936 Freedom Road

Compassionate Friends is a support group Supporting Family after a Child Dies. Questions contact: Julie Denny or Jean Williquette - 920-469-4135.

Tuesdays

Women's Talking Circle Group

WHEN: Every other Tuesday starting June 9

TIME: 6:00 PM - 7:30 PM

PLACE: Wise Women Gathering Place, 2483 Babcock Rd.

Wise Women Gathering Place is sponsoring a Women's Talking Circle Group. Come and join us as we discuss a healthy lifestyle, relationships, children, jobs and overall wellness. For more information: Contact Marlene Summers or Bev Scow at Wise Women Gathering Place 920-490-0627.

Fridays

Women's Support Group

WHEN: Fridays

TIME: 12:30 PM - 2:30 PM

PLACE: Three Sisters Center

For more information contact Isabel Parker or Georgia Burr at (920) 592-8682 or (920) 412-0396.

To include events in this section please call the kalihwisaks office at...

(920) 869-4280, 4279, 4090 or 4277

Announcements must have a contact phone # that can be published to be included in this section.

Transaction counter at Skenandoah ready

By Lee Thomas

Oneida Accounting Department

The new transaction counter has been built and we are in the process of wiring for data and phone lines. We still anticipate this counter being manned by various departments and we are in the beginning stages of cross training responsibilities between areas so that anyone of us can assist customers throughout the entire workday. Our main goal is to provide Tribal Members and employees with a centralized customer service counter within the Skenandoah Complex where we can maximize our services to the Tribe.

The Primary Hours of Operation for the majori-

ty of the Tribal Departments located within the Skenandoah Complex are from 8:00AM to 4:30PM, Monday thru Friday.

Please note, the customer service hours for the new transaction counter for "Depositing checks or making payments" will be 8:30AM until 4:00PM. Please plan accordingly. Departments that are using the transaction counter are Accounting, Licensing, Indian Preference, Kalihwisaks, Tourism and Human Resources.

For "Picking up checks (Travel, Payroll, etc) and dropping off paperwork", the Front Desk personnel will be able to assist from 7:30AM until 5:00PM,



Kali photo/Dawn Walschinski

Barbara Mielke, seated, and Steven J. Gandy, standing far right, help a customer at the Skenandoah Complex transaction counter.

Monday thru Thursday and 7:30AM until 4:30PM on Friday.

We appreciate your patience and understanding as we continue to strive for a cooperative

working relationship where we will fully satisfy each and every customer. We apologize for any inconvenience this may have caused.

Editor's Corner

Supreme Court denies Redskins' claim



By Dawn Walschinski
Kalihwisaks Managing Editor

Well, there's bad news and there's good news. The bad news: the Supreme Court won't hear the case concerning the Washington Redskins name and logo.

The good news: Native Americans across the country are getting batmobiles. Awesome!

Yes, much like the DC Comic universe where the legal system is unable or unwilling to dispense justice, tribes are taking it upon themselves to gear up and provide justice for themselves, not unlike the vigilante Bruce Wayne. But whereas Wayne has military contracts where he can funnel cash to Batman's crime fighting gadgets, Native American police forces will get funding from the U.S. Department of Transportation National Highway Traffic Safety Administration's National Highway Traffic Safety Program (NHTSP).

According to a press release, Assistant Secretary-Indian Affairs Larry Echo Hawk announced the launch of a new effort by the

the Bureau of Indian Affairs' Office of Justice Services to help tribes keep drunk drivers off of their roads and highways. The IHSP and BIA-OJS have acquired four BAT (Breath Alcohol Testing) Mobiles for tribal use to effectively enforce traffic laws and ordinances and to reduce injuries and fatalities due to driving under the influence. Two of the four \$300,000 vehicles will be sent to Billings, Montana and the others sent to Albuquerque, New Mexico and Muscogee, Oklahoma.

Ok, not as cool as an actual (well, fictional) batmobile, but still badly needed and greatly appreciated in areas where law enforcement agents have to cover great swaths of territory without much backup.

Now, if you'll excuse me, I need to don a cape and cowl to deliver bags of flaming dog poo to the steps of a certain federal court house and football team.

Students begin prep for College entry



Kali photo/Nate Wisneski

David Oshkosh Jr, 16, (left) and Donavan Waupoose, 17, (center), from Menominee speak with Kim Preston from Rasmussen College about college entry requirements during the College Fair at the Radisson Hotel and Convention Center on Friday, November 13. Over 162 local students utilized the fair to get information on college entry requirements.

Business Brief

If you are an Oneida Business owner and would like to be considered for our next 'Background on Business' focus contact us at:

kalihwisaks@oneidanation.org

From Page 1A/Comm. Meeting

it's not going to happen and we're not going to accept it," he said.

The meeting also allowed community members to sign up for committees to help educate fellow community members about gang activity and assist in problem-solving the issue.

"We are asking you to keep your ears and eyes opening and listen for things going on," said Brenda John-Stevens, a member of the Community Awareness Team.

The team expects more meetings to take place to further educate the community and offer more solutions.

2009 Holiday Hours

MAIN CASINO

THANKSGIVING (Nov. 26)...Slots open 24 hours. Tables open 6pm.

IMAC CASINO/BINGO HALL

THANKSGIVING (Nov. 26)...Closed. Re-opens Nov. 27 at 8am.

MASON STREET CASINO

THANKSGIVING (Nov. 26)...Open 24 hours. Poker Room opens at 6pm.

ONEIDA CASINO AT THE ONE-STOP

THANKSGIVING (Nov. 26)

- Travel Center Casino...Open 24 hours.
- Packerland...Closed. Re-opens Nov. 27 (One-Stop 5am, Casino 8am.)
- Hwy. 54...One-Stop open 5am - 10pm. Casino open 3pm - 9pm.
- E & EE Casino...Closed. Re-opens Nov. 27 at 6am.

MAIN CASINO

CHRISTMAS EVE (Dec. 24)...Closes at 4pm.

CHRISTMAS DAY (Dec. 25)...Open at 5pm.

IMAC CASINO/BINGO HALL

CHRISTMAS EVE (Dec. 24)...Closed.

CHRISTMAS DAY (Dec. 25)...Closed. Re-opens Dec. 26 at 8am.

MASON STREET CASINO

CHRISTMAS EVE (Dec. 24)...Closes at 4pm.

CHRISTMAS DAY (Dec. 25)...Closed. Re-opens Dec. 26 at 8am.

ONEIDA CASINO AT THE ONE-STOP

CHRISTMAS EVE (Dec. 24)...All locations close at 7pm.

CHRISTMAS DAY (Dec. 25)...All locations closed.

- Travel Center...Re-opens Dec. 26 (One-Stop 6am, Casino 8am.)
- Hwy. 54...Re-opens Dec. 26 (One-Stop 5am, Casino 8am.)
- Packerland...Re-opens Dec. 26 (One-Stop 5am, Casino 8am.)
- E & EE...Re-opens Dec. 26 at 6am.



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Kali Photos/Steven J. Gandy



From Page 1/VFW Post 7784

that are currently offered from his old location to the new building. The new VFW, located in the heart of Oneida on Service Road, will be more assessable to local Oneida Veterans.

“We did a lease agreement with the VFW. I’m paying them monthly rent and it’s kind of neat. I would imagine our day-to-day clientele would probably increase with more guys coming in for coffee. Where we’re at right now parking is a pain and it’s kind of in Green Bay.”

The new VFW is the product of two years of work and dedication by area veterans and has seen many design changes since the inception of the idea.

“Originally when the VFW was talking about it they had seen a log cabin on HWY 29 going west, so a couple of the VFW members went there and talked to them about getting a log cabin,” Metoxen said.

From there, the VFW Commander Cletus Ninham, submitted a letter to the Oneida Business Committee requesting funds for the project, according to Metoxen.

It was at this time that the involvement of the local veterans was kicked into high gear. Due to the resourcefulness and frugal nature of the veterans the project came in under budget and on time.

“We had a committee formed that designed and picked the contractor, the materials we picked, one of our vets did the landscaping on it and saved us \$10,000 there,” Metoxen boasted.

In addition there were numerous other donors that helped bring the project to its conclusion spending less than anticipated.

The project broke ground earlier this year with equal fan fair on Memorial Day. Since then contractors and veterans have been working in conjunction with Oneida Construction Manager Wayne Metoxen.

“This new facility is an asset to the VFW organization and the community as well as to the many charities and individuals who benefit from the VFW’s and Oneida Veterans Service Officer’s efforts. The success of the VFW project is due to the collective efforts of many, which I’ve had the pleasure of meeting and working with, during this project. This building will truly be a visual reminder of our respect for our service and our services of all veterans,” Wayne Metoxen said.



Left: Plaques located near the front entrance of the new VFW Post 7784 honor donors past and present that were integral to the building of the post.

Above: Eagle feathers were awarded to local veterans following the ribbon cutting ceremony and the new VFW in Oneida.



Below: Former VFW Commander, Roy Huff, hold and American Flag while he watches the proceedings during the ribbon cutting ceremony for the Oneida VFW.

Right: Members of the Oneida veterans Color Guard carried eagle staffs and flags during the ribbon cutting ceremony at the new Oneida VFW.



Top: Christy Cornelius Salutes the Color Guard procession as it moves through the crowd.

Top Right: A time capsule is being buried on the VFW grounds and is not to be opened until the year 2029.

Above: The crowd watches the proceedings during the ribbon cutting ceremony at the new Oneida VFW.

Below: Local dignitaries attending the ceremony included Green Bay Mayor Jim Schmitt, US Representative Steve Kagen and Oneida Tribal Chairman Richard Hill among others.



OBC Forum...

Sekoli,

It is no secret that the United States economy is struggling. Even more apparent to us all is the fact that the Tribal economy is suffering from the secondary effects of bad national and global economies. Anything tied to the stock market (including retirement accounts and other investments) has lost value. Lenders have become prickly about offering credit. The costs of utilities and necessities continue to rise while salaries remain stagnant – a dollar just doesn't stretch as far as it used to. With less expendable cash, and greater concerns about their financial future, people are not spending as much at the Casino, which in turn means less money available for Tribal programs, enterprises and infrastructure development.

We are all aware of the problem. However, this difficulty also offers a unique opportunity to reflect on our strengths and weaknesses, and to learn important lessons that will serve us well in the future.

Consider this:

At last count, over 120 U.S. banks failed in 2009. Other banks required substantial assistance to remain viable – for example, Bank of America received \$20 billion in federal bailout through the Troubled Asset Relief Program (TARP) on January 16th.

By comparison, our Bay Bank is doing well. Our focus has been to provide constant, quality services for the community, and not on making more money through usurious lending practices or risky investment. As a result, our bank stands where others have fallen.

In 2008, commercial

and consumer finance juggernaut CIT Group received \$2.3 billion in TARP funds, and was still on the brink of bankruptcy when it was rescued by another \$3 billion deal in July 2009.

Dozens, if not hundreds, of other businesses have also failed, and continue to fail, in this economy.

By comparison, Oneida Total Integrated Enterprises (OTIE) was a Rising Star Award recipient at the Governor's Conference on Minority Business Development. OTIE, along with four other firms, has recently been awarded two \$25 million projects, and part of a \$3 billion contract award, to be shared by 24 other companies. Oneida Seven Generations Corp. has been awarded a \$2 million grant from the Wisconsin Department of Commerce to establish an energy recycling plant, which is planned to be up and running by next year. Our One Stop convenience stores are making great strides to increase revenues while curtailing expenses. According to the most recent numbers, it looks like net profit is up 38% year-to-date, following 154% growth last year, and is projected to grow another \$2 million in 2010. Director Michele Duxtator and her team of administrators and employees have done an incredible job with leading these stores to profitability, which has contributed quite a bit to this success.

In the face of record budget shortfalls, at least 27 states have implemented cuts that restrict low-income children's or families' eligibility for



**Trish King
Councilwoman**

health insurance or access to health care services. At least 24 states and the District of Columbia are either cutting services or dramatically raising the costs for medical, rehabilitative, home care, or other services needed by low-income people who are elderly or have disabilities.

By comparison, the Tribe continues to offer the same health insurance and access to health care and associated services that we have always offered. In fact, new initiatives focusing on preventive health care are being implemented as the focus shifts to preventing health problems, instead of seeking medical services to cure a problem.

As of November 9, Forbes' Layoff Tracker reported that in the last year, 616,432 employees have been laid off from America's 500 largest companies. That includes 11,028 from Boeing, 1,665 from Dell, 6,000 from Sun Microsystems, 8,308 from Verizon, over 7,000 from General Electric, and 7,500 from Dow Chemical. Microsoft has shed 10,000 employees, and Hewlett-Packard has lost 6,400 jobs. The UK Guardian reported that Harvard University laid off 275 staff this summer, and that Yale University has cut 600 jobs and will cut non-salary expenses by another 5% this year, on top of already reducing staff and non-salary expenses by 7.5%.

By comparison, this Tribe is fighting tooth and nail to preserve every job, no matter how difficult this may be. To be fair, there will probably be mandatory layoffs

if gaming revenues continue to decline, but so far the Tribe has outlasted numerous corporations, municipalities, states, and at least two of the top universities in the world. On both the gaming side and on the operational side, some Tribal employees are volunteering to accept lesser hours and/or layoffs while we work to stabilize our budget. Such profoundly generous acts have helped us avoid imposing changes that could negatively impact more employees - and the families that depend on their paychecks. On a personal note, I offer my heartfelt thanks to those volunteers for offering us such an incredible gift.

In short, the Tribe has managed to hold its own very well in the face of global, national and local failures, when every indication is that we should have fared worse. After all, we have to juggle more responsibilities than any corporation, university, institution or municipality. We are simultaneously charged with maintaining and improving our own government, providing for our people, managing corporations and ventures such that they will show a respectable return today and seven generations from now, and all the while preserving and honoring our cultural and spiritual identity and traditions.

Elected leaders of this tribe do not answer to investors or to a faceless citizenry; we answer to our own people - we have obligations to our constituency on a much deeper, more elemental level than the size of a dividend.

Unfortunately, the Tribe is not completely immune to external financial impacts. We have had to initiate cost containment measures to

ensure we maintain the ability to continue offering services and keeping jobs at the level we now enjoy.

The general expectation right now is that FY10 will be a bit bumpy. FY11 and FY12 may be worse; if the state, federal and global economies do not improve. Actions we take now will help curtail the negative effects of the coming years, should the economy not recover as hoped.

In recent weeks, budget meeting after budget meeting has been held as we try to determine the best path for the Tribe. This issue is most assuredly our top priority, and this is a time where the objective is to focus on saving and better utilizing our resources to preserve our financial stability.

These budget meetings have provided excellent opportunities to engage in discussions, and one thing has become abundantly clear: although we all differ somewhat in our approach, we all recognize the same goals. Our vision is "A nation of strong families built on Tsi?NiyukwalihoT^" and of course, a strong economy. We all want to protect and preserve all that we have accomplished, we want to limit the collateral damage caused by the failures of outside economies, and we want to focus on the future so that we can be assured our enterprises, infrastructure, and people flourish.

Although the next few months or years may be rough, I truly believe we can achieve these goals if we support our own economy, buy Oneida, and continue to work together, in the spirit of Tsi?NiyukwalihoT^, as On^yote?a^ka.

Yaw^ko

From Page 1A/

Pantry

"We have had 23 new clients this month. We have (multiple) services (in the Social Services building) and people are using all of them, which is leading to new clients," said Pantry Coordinator Gary Smith.

With the new location new volunteers are needed to ensure proper service is given to community members. "It seems some of our volunteers don't want to come out this far," said Smith. "Right now we are going to recruit some volunteers during nine to 11 in the morning."

To volunteer or contact the Food Pantry call (920) 490-3944.

OBC BUDGET MEETINGS

**Thursday
November 19
Friday
November 20**

**Business
Committee
Conference
Room**

9 AM

**The Committee
will hear the
Comprehensive
Health
Division's pro-
posed operat-
ing budget for
2010 on Nov.
19 and the pro-
posed operat-
ing budgets
from two more
divisions,
Development
and Housing
Authority on
Nov. 20. Both
meetings will
end at Noon.**

Public Hearing Notice 11:30AM • Norbert Hill Center (BCCR)

November 24, 2009

Purpose:

Adoption of the Children's Burial Fund Policy to provide a burial benefit for those 5 years of age and younger in response to the repeal of the Burial Fund Endowment Policy, which was replaced by the Oneida Life Insurance Plan Plus (OLIPP).

December 8, 2009

Purpose:

Alcohol Beverage Licensing Law Amendments to enable the Tribe to obtain a license to sell alcohol beverages directly from the State of Wisconsin as an alternative to a municipality.

Public Hearing Process

Testimony:

Oral: There will be a 5 minute limit for all oral presentations. Each participant is encouraged to provide a written transcript of his/her oral testimony, to be submitted while present at the pub-

lic hearing or within ten (10) business days from the date of public hearing to the below named individuals.

Written: For those who cannot attend the scheduled public hearing or do not plan to speak at the hearing, the Oneida Tribe encourages those to submit written testimony. A maximum of ten (10) pages, doubled spaced, can be submitted within ten (10) business days from the date of public hearing to the Tribal Secretary (Patricia Hoeft) or Peril Huff, Legislative Reference Office at the Norbert Hill Center, 2nd floor or mail to PO Box 365, Oneida WI 54155.

If you would like to obtain a copy of the above proposed law or have any questions as to the public hearing process you may contact Peril Huff at the Legislative Reference Office, via email phuff@oneidanation.org. Or call 1-800-236-2214 or 920-869-4376.

The Legislative Reference Office fax number is 1-920-869-4399. Copies of this law are also available on the LOC Website: www.onloc.oneidanation.org

2010 GTC meetings

Semi-Annual

Monday, Jan. 4, 2010

6:00 p.m., Registration begins at 4:00 p.m.

Radisson Hotel Three Clans Ballroom

FY2010 Budget and Hyperbaric Chamber Purchase Meeting

Saturday, Jan. 30, 2010

10:00 a.m., Registration begins at 8:00 a.m.

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Meeting date
November 25th
Every 2nd &
4th
Wednesday of
each month**

Oneida's Derick Denny signs with Jacksonville State University



Submitted photo

Derick Denny (center) signs his letter of intent to join the Jacksonville State University basketball program while surrounded by his family. Denny is a sophomore at Kansas City Kansas Community College.

By Nate Wisneski

Kalihwisaks

Kansas City Kansas Community College (KCKCC) sophomore shooting guard Derick Denny is set to soon join a small class of Oneida athletes to make it to the Division I level for college athletics.

Denny, 6-foot-4, signed a letter of intent on November 11 to join Jacksonville State University (JSU) Gamecocks basketball program for the 2010 season. The school is part of the Ohio Valley Conference and is located in Alabama.

"We are excited to add Derick to our basketball program," said JSU's head coach James Green. "He brings a maturity level and work ethic that fits well with our team make-up. He had a very successful freshman year, and we look forward to his continued growth as an individual and player."

"It's been my goal ever since I was a kid. It really hasn't hit me yet," said Denny. "I knew as a kid I was going to get here."

Denny knows competition will be more fierce but still is going to set lofty goals for himself during his last two years of college eligibility.

"I want to be as consistent and show that I can play at the highest level. I want to shoot the ball as well as anyone at (the

Division I level) and make the (NCAA) tournament so I can play on TV in front of everyone at home."

As a freshman Denny averaged 12.6 points per game and set a school record for most three-point field goals made with 108. He made 45 percent of his three point attempts.

Early in his sophomore campaign, Denny is averaging 19.7 points, 3.7 rebounds and 1.3 assists per game. He scored a career-high 35 points in a win against Brown Mackie on November 14 of this year. Denny is on his way to break the school's record of 190 three-point field goals

made.

"He is the best shooter I have ever had, and he also has the best motor. His ability to get open and get shots off really sets him apart from the other guys that have played for me, said Jon Olnier, KCKCC head coach. "Along with his work ethic and his desire to get better, we are hoping that Derick will lead us to another 20-plus win season."

Despite two severe knee injuries that cost Denny most of his junior and part of his senior years, he was named Bay Conference 1st Team and an All-State honorable mention player while at Seymour High School.

Oneida Recreation says thanks for spooktacular help

Oneida Recreation wanted to take the chance to Thank all sponsors and volunteers that helped out at the Oneida Recreation Halloween Events! Although the weather was rainy and cold fun was had by all 538 participants and 88 volunteers. Sponsors included...

Gold Sponsors

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Oneida Health Center
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Business Committee
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Enrollment
VFW
AM Vets
Norbert Hill Childcare
Airport Road Childcare
Subway/Buckley

Haskell Indian Nations University Women's Basketball

Parker Hits 1,000 Point Mark

Special to Kalihwisaks

Haskell Indian Nations University Senior, Maria Parker hit her 1,000th Point against Kansas Wesleyan University on November 4, 2009. After Parker's next three games she now totals 1,047 points. Parker is a 6'1" scoring force at the center position for Haskell women's basketball team, as they are currently 6-2.

Maria (Stevens) also hit 1,000 points in only three years while she was on the girls basketball team at the Oneida Nation High School. She was the first basketball player in the Oneida Nation school's history to hit 1,000 points and was joined shortly thereafter by Roberto Hill. It was there were Coach Phil Homeratha first spotted Maria and signed her to play at Haskell.

According to Dakstats3000, Maria is also rated #1 in the nation in Division II Women's Basketball for total blocked shots, #4 in nation for total scoring, #10 in nation for blocks per game, and #21 in nation for steals.

Maria is the daughter of Cheryl and Ernie Stevens, Jr. She is married to Raymond "Jazz" Parker and has two daughters, Tierra and Sierra.



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Without your help we could not have provided our community with such a great event! Thank you so much!

Just a reminder Breakfast with Santa is right around the corner so if you would like to help with that event please contact Kim Diemer at 920-833-0010.



Kali photo/Steven J. Gandy

Oneida Recreation hosted a Boo Bash and Monster Mash for youth in the Oneida area. They need your help to get ready for Breakfast with Santa Saturday, December 13.

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Obama: US must reverse course with Indians

By Dawn Walschinski
Kalihwisaks

WASHINGTON (AP) ~ President Barack Obama assured American Indians on Thursday, November 5 that they have a place in his White House and on his agenda, telling tribal leaders their marginalized community deserves more from its government.

“I get it. I’m on your side,” Obama told the largest gathering of tribal leaders in U.S. history.

Obama devoted part of his own time Thursday and even more of his administration’s attention toward renewing relations with American Indians. He opened a conference that drew leaders from 386 tribal nations - the first meeting of its kind in 15 years - and he ordered every Cabinet agency to take more steps toward more cooperation. Oneida Business Committee Chairman Rick Hill was in attendance.

“I thought the event was pretty remarkable,” said Hill noting that Obama kept a campaign promise to hold the conference with Native American leaders.

Obama said he didn’t blame tribal leaders for skepticism about another politician offering hopeful words. But he said he has no interest in going through the motions of just holding a summit with them.

The president seemed to connect best when he told his audience that he was like them: an “outsider” who grew up without a father, moved around a lot, and under-

stood what it was like to struggle and be ignored.

“You will not be forgotten as long as I’m in this White House,” Obama said to a sustained ovation.

Whether that promise results in action over the next few years will be the test. In a question-and-answer session, audience members pressed Obama for government help on a litany of matters, from more respect for sovereignty rights to environmental cleanup to concerns about offshore drilling.

President of the Ho-Chunk Nation of Wisconsin Wilfrid Cleveland was able to address President Obama with concerns over land into trust and sovereignty.

“We were not born owners of these lands, but stewards. Today we have to purchase our lands back and we have this process of putting our land back into trust ... and that’s a long process,” said Cleveland. “Of this process is giving states, county, and even local governments an opportunity to say whether these lands can go in the trust or not. Now I ask you, is that nation-to-nation relationship?”

One leader pleaded with Obama to find a way to make the federal commitment lasting, so that it would not be at the whim of White House elections. In the process, the speaker predicted Obama would win reelection, which apparently stuck with the president as he pledged to enforce the laws of the



AP Photo/Pablo Martinez Monsivais

President Barack Obama signs a memorandum for closer consultation between Native America tribes and federal government, Thursday, Nov. 5, 2009, during the White House Tribal Nations Conference at the Interior Department in Washington.

land.

“For the next eight years - the next four years at least, let me not jump the gun,” Obama said, catching himself. He finished the thought more narrowly by saying that for “the next three years and one month” of his term that he would ensure a new relationship is in place.

During the conference, agency officials and tribal leaders discussed problems facing American Indians, including economic development, education, health care, public safety and housing. The panels included high level cabinet officials such as Agriculture Secretary Tom Vilsack and Health and Human Services Secretary Kathleen Sabelius.

Hill is impressed with

the appointment of Dr. Yvette Roubideaux as the first Native American woman to head Indian Health Services and the creation of possession of Native American Affairs Senior Policy Advisor which was appointed to Kim Teehee of the Cherokee Nation of Oklahoma. On Monday, November 16 Attorney General Eric Holder announced the appointment of South Dakota U.S. Attorney Brendan Johnson to serve as the chair of the Native American Issues Subcommittee (NAIS) of the Attorney General's Advisory Committee of U.S. Attorneys (AGAC). The AGAC serves as the voice of the nation's U.S. Attorneys and provides advice and counsel to the Attorney General.

“This conference and the staffing levels, they’re pretty good indicators that this administration is going to be helpful, and we’ve got our work cut out for us,” said Hill.

The president signed a memo calling on every cabinet agency to give him a detailed plan to improve the relationship between the government and tribal communities.

He has made good on pledges to hold the summit and to give American Indians a prominent voice on his senior staff - and he reminded the audience of that.

“We respect you as a man of your word,” responded Jefferson Keel, president of the National Congress of American Indians.

“They’re committed to developing this partner-

ship that didn’t exist before through consultation and collaboration,” said Hill.

Hill said in the past conferences with tribal nations would be held, but the federal government would make one-size-fits-all decisions without consultation.

“Now there’s a real conversation because what Obama has said in his remarks is Indians are the best decision makers in their territories under their governances. He understands that the decisions that need to be made need to be made at home,” said Hill.

Ben Feller of the Associated Press contributed to this story.

Supreme Court rejects case about Redskins name

WASHINGTON (AP) ~ The U.S. Supreme Court will not hear an appeal from a group of Native Americans who think the name of the Washington Redskins professional football team is offensive.

The high court on Monday turned away an appeal from Suzan Shown Harjo. That ends the latest round in the 17-year court battle between the Redskins and a group of American Indians who want them to change their name.

Harjo and her fellow plaintiffs have been working since 1992 to have the Redskins trademarks declared invalid. They initially won - the U.S. Patent and Trademark Office panel canceled the trademarks in 1999. But U.S. District Judge Colleen Kollar-Kotelly overturned the ruling in 2003 in part because the suit was filed decades after the first Redskins trademark was issued in 1967.

The U.S. Court of Appeals then sent the case back to Kollar-Kotelly, noting that the youngest of the plaintiffs was only 1 year old in 1967 and therefore

could not have taken legal action at the time.

But Kollar-Kotelly rejected that argument, saying the youngest plaintiff turned 18 in 1984 and therefore “waited almost eight years” after coming of age to join the lawsuit. The Court of Appeals upheld that decision in May, and the Supreme Court now has refused to review that decision.

This does not end the legal battle, however. The plaintiffs have a backup plan: A group of six American Indians ranging in age from 18 to 24 filed essentially the same claim two years ago, but the new case has been on hold until this one was resolved.

None of the judges has commented on whether the Redskins name is offensive or racist, instead holding in favor of the football team on legal technicalities.

Foxwoods fails to make full debt payment, leading to default status

By John Christoffersen

Associated Press Writer

NEW HAVEN, Conn. (AP) ~ Foxwoods Resort Casino, one of the world’s largest, has failed to make a full payment on its debt, leading to a default and another credit-rating downgrade as casinos around the country struggle amid the severe recession.

The Mashantucket Pequot Tribal Nation, which owns Foxwoods, said it has paid \$14.2 million of the \$21.25 million semi-annual interest payment that was due Monday on \$500 million in debt notes. The tribe said it does not anticipate paying the balance within a 30-day period, resulting in a default.

The tribe, which has been seeking to restructure billions of dollars in debt, said its efforts are “separate and distinct” from operations at Foxwoods and will not affect customers, employees, suppliers or business partners.

Foxwoods, which has about 10,000 employees, more than 7,000 slot and video poker machines and made more than \$700 million in profits last year, is the most high-profile example of a tribe defaulting on its debt, said Megan

Neuburger, director at Fitch Ratings. She said investors have long wondered what would happen if a tribe, which has national sovereignty, defaulted on its debt.

“This is definitely a precedent-setting situation,” Neuburger said. “Certainly everyone in the investing community will be watching this to see what the outcome is.”

Standard & Poors lowered its credit rating to D, its lowest rating. Lenders will be more hesitant to make loans to Foxwoods, said Craig Parmelee, S&P’s managing director.

“The availability and cost of financing for Foxwoods in the future is in question,” Parmelee said.

Foxwoods is one of several casinos across the country defaulting on its debt as consumers cut back on discretionary spending, Parmelee said. Among those, he said, are Buffalo Thunder and Inn of the Mountain Gods, both in New Mexico; and a Michigan casino owned by the Little Traverse Bay Band of Odawa.

Some commercial casinos not owned by American Indian tribes have gone into bankruptcy, he said.

Parmelee said he did not expect Foxwoods to close, however. Lenders

can take possession of commercial casinos that default and sell them to third parties, but that option likely is not available when dealing with Native American tribes who operate as sovereign nations, he said.

The most likely scenario is a renegotiation of the debt, Parmelee said. That could mean some loan forgiveness, but lenders might question payments to tribal members and review the tribe’s business plan, he said.

“I don’t think shutting down the casino is the best route to meeting the goals of either party,” Parmelee said.

Tribal officials said last month they had entered into a forbearance agreement with senior lenders that extends through Jan. 20. Such deals occur when a creditor gives up the right to immediate repayment of a loan by a debtor under certain conditions.

Foxwoods, along with Mohegan Sun in Connecticut, underwent expansions just before the economic downturn. But Mohegan Sun, operated by the Mohegan Tribe, has said that the casino is financially healthy.

“For those entities that took on additional debt to fund expansions, that

certainly was a factor that contributed to many of the defaults across the gaming industry in the last two years,” Parmelee said.

Foxwoods and Mohegan Sun said this week that slot machine revenue dropped about 4 percent in October compared with the same month last year.

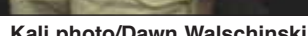
Parmelee said he expects the level of declines in slot revenue at casinos to lessen, but he does not expect any meaningful growth next year.

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"It took a massive amount of arrangements to get these guys on the train all the way from Phoenix to Flagstaff to Chicago to home," said Materson.

Any extra loaves will be available at Tsyunhehkwa Retail Store for sale after 4:30 on November 25.



Oneida Casino ▪ Green Bay, WI ▪ 1-800-238-4263 ▪ (920)494-4500 ▪ OneidaBingoAndCasino.net

Caretakers' Corner



Illegal dumping of trash on Oneida Reservation

OPD needs area residents to keep an eye out for dumpers

Caretakers of the land: as Oneida people, we all fit in that category. It is our culture and heritage to care for the Earth and assure the continuation of our ways. Other cultures have other values, but we make it our duty to protect our land.

Many of us are aware of the great strides the Division of Environmental Health and Safety has made by restoring our waterways and preserving natural areas—this includes restoring the cold water habitat stream to re-introduce trout. We also recognize the help given by the Department of Public Works in removing eyesores and utilizing best methods for environmental protection in our buildings and their environs.

But one area of caretaking that has gone unnoticed and unreported is the constant problem of illegal dumping on Oneida Nation lands. The idea of picking up someone else's trash doesn't really sound all that appealing, but the above named groups and the Division of Land Management is continually picking up after those people who do not share our cultural values. Maybe you'll be angry with the amount of trash we pick up. In 2009, we estimated close to 10 TONS of trash was removed from our creeks

and vacant lands by our Oneida Nation employees.

Most of the trash is tires, furniture, fuel tanks, garbage, mattresses and old farm equipment. Someone takes old tires, perhaps being paid by some gas station or tire store to take them away, and dumps them on some back road for the Oneida Staff to clean up and to pay for disposal. Every now and then we get a call when someone sees a new collection of waste. Not too long ago, there were 100 tires dumped at the end of Dead End Road in central Oneida. Land Management was notified. Environmental, Land, and DPW went out, evaluated the site and took pictures. Then, our people cleaned up the area.

Not only do we find tires and trash, but we often find hazardous materials as well. Some of the hazardous materials are paint, primers, syringes, oil, batteries and battery acid, antifreeze, freon and some things that can't be identified. These require extra care and cost more to clean up.

Every year it is estimated that the clean up cost exceeds \$25,000. So, as caretakers of the Earth, we are asking you to be more vigilant and to quickly report any suspicious dumping to the Oneida Police Department at **920/869-2239**. If you see it happening, call the police immediately. If you see the refuse after it has been dumped, call Land Management at **920/869-1690** and we will organize the clean-up.

U.S. Forest Service Renews Partnership with CMN

(Keshena WI) – The College of Menominee Nation and United States Forest Service signed a five-year Memorandum of Understanding during a meeting Friday, Nov. 13, on the College's Keshena campus. The agreement, which involves four divisions of the U.S. Forest Service, extends a uniquely comprehensive partnership that has existed between the federal agency and the College since 2003.

Dr. Verna Fowler, president of the College, notes that "values shared by the people of our organizations and the importance of work we propose make the 2009-2015 agreement a commitment of special importance." Fowler adds that the partnership enables professionals of the College and Forest Service to continue and extend exciting collaborations that have included research and community education and development work related to sustainable forest products.

The agreement signed this week pledges the College and USFS "to cooperate in synthesizing

best practices of forest management, ecology, utilization and Native American expertise and applying this knowledge to sustainable forestry practices and sustainable development." Work at the College will center largely in CMN's Center for First Americans Forestlands but will have applications that are transferable to communities and organizations engaged in forest management and related issues nationwide.

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Get rain barrels ready for winter

By Stacy Gilmore

Water Resources Specialist

Thank you to all of the participants of our Rain Barrel Workshops! In 2009 you have built almost 100 rain barrels! I have truly enjoyed hearing the excitement from new rain barrel owners the first time the rain fills their barrel.

However, the rain barrel season has come to an end. It is now time to prepare your barrels for winter so they will be ready to go next spring.

STORING WATER IN YOUR RAIN BARREL DURING FREEZING WEATHER WILL CAUSE IRREPARABLE DAMAGE.

Instructions for winterizing your rain barrel:

1. Empty all the water from the rain barrel at the end of the growing season or after the first frost.
- Option 1: If you are able to bring the barrel inside, that's great.
- Option 2: If it is to



Photos courtesy of Stacy Gilmore

Now is the time to winterize your rain barrels to protect them from freezing and cracking.

remain outside, at a minimum, remove the hose and turn your rain barrel upside-down.

- Option 3. If it is to remain outside and upright, you can add a little bit of RV or Marine antifreeze (NOT car antifreeze) to any remaining water. It must contain propylene glycol (not ethylene glycol) which is not toxic. Run a little bit of the antifreeze solution through the spigot to avoid freezing and

cracking. Make sure that no additional water can get into your barrel.

2. Reconnect your downspout to the gutter system and bypass the rain barrel completely. It is extremely important to make sure that the water from your roof will be directed away from your foundation!

I look forward to holding many more workshops beginning in

February or March of 2010. For those of you on my waiting list-I haven't forgotten about you. I'll contact you early next year! Look for us at the Home Resource Fair on in early 2010.

As always, if you have any questions about rain barrels or other surface water issues, please contact Stacy Gilmore – **sgilmore@oneidation.org** or **920-496-5325**.

EMPLOYEE BINGO NIGHT

Wednesday, November 25

10:30pm

ALL 6 PACKS \$10 EACH

Must show employee badge to participate.
Each employee is allowed to invite **ONE** guest.

Jackpots that are posted for the games regularly played during public sessions will not apply to this session.
Bold Games are not included in the pack and may be purchased separately.

1.	Crazy Bingo	\$200
2.	Crazy Six Pack	\$200
3.	Any Outside Line	\$200
4.	Double Bingo.....	\$200
5.	Crazy Nine Pack	\$200
6.	Dual Dab (\$1).....	\$400*
7.	Double Triple Game (\$2).....	\$200, \$400

PUMPKIN PIE EATING CONTEST

Limited to 10 participants.
Participant that eats the pie the fastest receives a prize of \$99!

INTERMISSION • INTERMISSION • INTERMISSION
20 Drawings for a \$25 Bingo Pass.

8.	Crazy T (\$2).....	\$200, \$400
9.	Bonanza (\$1)	\$400*
10.	Crazy Bingo	\$200
11.	Letter X	\$200
12.	Hardway Bingo	\$200
13.	Double Bingo.....	\$200
14.	Blackout (\$3)	\$3,000*

Contact—Fawne Teller • Bingo/Off-Track Betting Director
Ext. 3413 or email: FTELLER@oneidation.org



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UW-Green Bay offers winter/spring 2010 courses for educators

GREEN BAY — Educators looking for offerings to assist them in reaching their professional development goals, obtaining license renewal, and seeking salary advancement can choose from nearly 20 spring programs offered by the University of Wisconsin-Green Bay Education Outreach Program.

New offerings include an online course for elementary science teachers with a focus on science notebooking and effective instructional strategies for the teaching and learning of science concepts.

Educators can discover how the interactive features of SMART Board technology can transform teaching and learning; participate in an online course and learn how to apply the latest technology innovations in the classroom, and more.

UW-Green Bay courses for educators are for graduate credit unless otherwise indicated in the listing. Some courses are offered with credit and noncredit options. Face-to-face and online learning formats are offered.

Enrollment in all classes is limited, so registration at least two weeks before the start of a course is recommended. Numbers for detailed information and to request registration materials are **(920) 465-2480** or **(800) 621-2313** or send an e-mail to **educationoutreach@uwgb.edu**. Information and registration are also available online at **www.uwgb.edu/educationoutreach**. New offerings are added

throughout the year and may be found on the web site.

UW-Green Bay courses for educators align with Wisconsin standards for teacher and administrator development and licensure.

Winter/Spring 2010 courses include:

Beginning in January: Introduction to Instructional Technology in the Classroom, online, Jan. 25-Feb. 12. One graduate credit.

Technology Literacy 103: Utilizing Social-Networking Support Tools in a Leadership Capacity, online, Jan. 25-Feb. 19. One graduate credit.

Beginning in February: Assessment Literacy: A Practical Approach to Classroom Assessment, Sheboygan, Feb. 1 and 15; March 1 and 15. One graduate credit.

Aspects of Special Education, Green Bay, Feb. 9, 16, 23; March 2 and 9. One graduate credit and noncredit options.

Secondary Reading in the Content Areas, Sheboygan, Feb. 11, 25; March 11 and 24. One graduate credit.

Drug Impairment Training for Education Professionals, Sturgeon Bay, Feb. 12 and 13. One graduate credit and noncredit options.

Conflict Resolution, Green Bay, Feb. 19 and 20. One graduate credit and noncredit options.

Creativity and Innovation in the Classroom, online, Feb. 22 - March 19. One graduate credit.

Research Based Elementary School Science Teaching Methods, online, Feb. 22

- May 10. One graduate credit.

Technology Literacy 101: Foundations in Collaborative Tools, online, Feb. 22 - March 19. One graduate credit.

SMART Board Essentials, Sheboygan Falls, Feb. 23; March 2, 9, 16. One graduate credit or noncredit options.

Yoga for Physical Education Teachers, Sheboygan, Saturdays, Feb. 27, April 17, and May 8. One graduate credit.

Beginning in March: Integrating Differentiated Instruction with the Understanding by Design Process, Sheboygan, Wednesdays, March 3 and 17; April 7 and 21; and May 5. One graduate credit.

Beginning in April: Focus on STEM: Instructional Technology Strategies for Science and Math, online, April 12 - May 7. One graduate credit.

Survey of Emerging Technologies, online, April 12 -May 7. One graduate credit.

Technology Literacy 102: Building Knowledge Management Systems, online, April 12 - May 7. One graduate credit.

Advanced SMART Boards: Beyond the Essentials, Sheboygan Falls, Tuesdays, April 13, 20, 27, and May 4. One graduate credit and noncredit options.

Character-Centered Teaching, De Pere, April 23, 24, and May 1. One graduate credit and noncredit options.

For a full listing of classes, costs, and scheduled dates and times, log onto **www.uwgb.edu/educationoutreach**.

Scholarships...

&

Internships...

Amy Hunter-Wilson, MD Scholarship

Purpose

The purpose of the Amy Hunter-Wilson, MD Scholarship Fund is to assist American Indians who pursue training or advanced education as doctors of medicine, nurses, or in related health careers.

Award amounts are determined based on the student's field of study and financial need and will vary depending on the number of eligible applicants and funds available.

Eligibility

- You must be a United States citizen, and be an enrolled member of a federally recognized American Indian tribe who has completed high school.
- You must be enrolled at an accredited technical school, college or university in a medical or health-related program (includes medical doctors, physician assistants, nurses, technicians and other health careers).
- Adults returning to school in a health care field or those currently working in a non-professional health-related field who are pursuing a professional license or degree are eligible to apply.
- Undergraduate students majoring in a health-related field or pre-med program are

also eligible to apply.

Preference will be given to candidates from Wisconsin who are attending an educational institution in Wisconsin.

Application Deadline Applications must be received by **February 1** prior to the academic year in which the student wishes to attend.

Selection

Amy Hunter-Wilson, MD scholarships are recommended by a review committee that evaluates applicants on the following criteria:

1. Financial need
2. Academic achievement
3. Personal qualities and strengths
4. Letters of recommendation

IMPORTANT INSTRUCTIONS

It is the applicant's responsibility to see that all supporting documents are submitted in one package to be received by the Wisconsin Medical Society Foundation by February 1.

Applications are available in Word or PDF at the Wisconsin Medical Society website:

http://www.wisconsinmedicalsociety.org/foundation/support_for_students/scholarships or call Phone: **608.442.3800** or **866.442.3800**

Outreach to Tribal Nations Internship

United States Department of Agriculture, Rural Utilities Service has an opportunity for college students who are interested in paid (part-time 10-20 hours per week) internships or unpaid (full-time or part-time, 10-40 hours per week) internships located at 1400 Independence Ave. SW Washington, DC, convenient to the Metro (Smithsonian station)> The agency provides financing for rural communities in the form of loans and grants for telecommunications systems, including funding under the American Recovery and Reinvestment Act of 20098 (ARRA).

The position will be assisting the ARRA team with outreach to Tribal Nations for the RUS' Broadband Initiatives Program. Students who are interested in Federal govern-

ment outreach to Tribal Nations will assist the ARRA team in outreach to other government agencies, public relations experts, and Tribal members to promote and encourage participation in the ARRA's Broadband Infrastructure Program (BIP). Public Affairs, Communications, Political Science and American Indian studies majors (undergraduates, graduates and law students) are encourage to apply. Wage are determined by the educational level achieved at the time of application.

Applicant must be U.S. citizens.

Please email **Kathie.Klass@wdc.usda.gov** with your resume, including number of semester hours completed and the number of hours per week desired, indicated paid or unpaid.

Dr. MLK Poster/Creative Writing Contest

(Green Bay) Area school children are invited to participate in the 15th Annual Community Celebration of Dr. Martin Luther King, Jr.'s Birthday by entering a poster/creative writing contest and attending the celebration on January 16, 2010.

The contest is open to all school-age children (K-12) living in or attending school in Brown County or attending an Oneida Nation school. Students may submit a poster, essay, or poem that shares the event's theme: Moving Forward with the Dream.

Three awards will be given in each of the following grade entry levels: kindergarten through third grade, fourth through sixth grade, seventh through ninth grade, and tenth through twelfth grade. First prize in each category is an Apple iPod Nano; second prize, an Apple iPod Shuffle; and third prize, a \$50 gift card.

Winners will be announced at the Dr. Martin Luther King, Jr. community celebration on Saturday, January 16, 2010, 10:30 a.m.-noon, at the Northeast Wisconsin Technical College Green Bay campus. Winners must be present to collect awards.

Contest entry deadline is **January 8, 2010**. For a contest entry form and official rules, go to **www.nwtc.edu/diversity**<<http://www.nwtc.edu/ABOUTUS/DIVERSITY/Pages/home.aspx>> or go to **www.uwgb.edu/learn-part**. For more information, contact Juliet Cole at **colej@uwgb.edu** or **(920) 465-5094**.

About the 15th Annual Community Celebration of Dr. Martin Luther King, Jr.'s Birthday

This vibrant, multicultural celebration is free and open to people of all ages. Attendees will enjoy musical and dance performances as well as the inspiring words of Dr. King spoken in multiple languages. A light lunch featuring diverse cuisine will be served at a reception immediately following the program.

The celebration is being organized by representatives from University of Wisconsin Green Bay, Northeast Wisconsin Technical College, United Hmong Community Center, Green Bay Public Schools, Green Bay Press-Gazette, University of Wisconsin Green Bay Learning in Retirement, Northeast Wisconsin African American Association, St. Norbert College, Green Bay Area Chamber of Commerce, and community volunteers. Major contributors of this event include Northeast Wisconsin Technical College, Procter & Gamble, and USBank. For more information about the event,



Deborah Thundercloud
College of Professional Studies student
General Manager, Oneida Nation

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 For a limited time, get three lines of classified ad space for **FREE**. For details call 496-7316 or email **Kalihwisaks@oneidanation.org**

Public Notice

RELEASE OF FUNDS

The Oneida Tribe of Indians of Wisconsin certifies to the Department of Housing and Urban Development that Richard G. Hill in his capacity as Chairman of the Oneida Tribe of Indians of Wisconsin consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. The Department of Housing and Urban Development acceptance of the certification satisfies its responsibilities under NEPA and allows the Oneida Tribe of Indians to use Program funds. Program funds for this Indian Housing Block Grant Amendment grant award number 08-ST- 55-49100 is in the amount of \$1,455,731 for the rehabilitation of 32 rental units and new construction of five single family units.

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Indians to use Program funds. Program funds for Fiscal Year (FY) 2009 Indian Housing Block Grant (IHBG) in the amount of \$3,524,653.

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Development that Richard G. Hill in his capacity as Chairman of the Oneida Tribe of Indians of Wisconsin consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. The Department of Housing and Urban Development acceptance of the certification satisfies its responsibilities under NEPA and allows the Oneida Tribe of Indians to use Program funds. Program funds for this Indian Housing Block Grant Competitive grant award number 09-CT- 55-49100 is for the Oneida Rental Energy Efficiency Project in the amount of \$3,000,000 for energy audits and rehabilitation of 100 rental units.

OBJECTIONS TO RELEASE OF FUNDS

The Department of

Housing and Urban Development will accept objections to its release of funds and the Oneida Tribe of Indians of Wisconsin’s certification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if it is on one of the following basis: (a) the certification was not executed by the Certifying Officer of the Oneida Tribe of Indians of Wisconsin; (b) the Oneida Tribe of Indians of Wisconsin has omitted a step or failed to make a decision or finding required by HUD regulation at 24 CFR Part 58; (c) the grant recipient has incurred costs not authorized by 24 CFR Part 58 before approval of a release by Department of Housing and Urban Development; or (d) another Federal acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objection must be prepared and submitted in accordance with the required procedures (24 CFR Part 58) and shall be addressed to Department of Housing and Urban Development at U.S. Department of Housing and Urban Development, Ralph H. Metcalfe Federal Building, 77 West Jackson Boulevard, Room 2404,Chicago, Illinois 60604-3507. Potential objectors should contact Department of Housing and Urban Development to verify the actual last day of the objection period.

Richard G. Hill,
Chairman of Oneida Nation of Wisconsin

Public Notice

The Oneida Housing Authority is requesting sealed bids for energy ratings to be done on 100 existing homes in 2009 and 2010. Native American organizations and Native owned economic enterprises will be given preference for contract funded projects where applicable. The information which addresses and specifies the bidding process will be available for pick up at Oneida Housing Authority, 2913 Commissioner St, Oneida, WI 54155 (920) 869-2227. Pick up information packets starting 10/26/09 thru 11/06/09 between 8:00 a.m. and 4:00 p.m. and sealed bids must be returned to Oneida Housing Authority no later than 4:00 p.m. on 11/16/0.

Legal Notices

Oneida Tribal Judicial System
 Original Hearing Body
 Notice of Complaints
 Filed and
 Scheduled Hearings

RE: Oneida Tribe of Indians of Wisconsin vs Various Individuals

A diligent attempt was made to notify the following individuals of claim(s) filed by the Oneida Tribe for judgment against them, on Thursday, September 17, 2009 at the Oneida Tribal Judicial System Office at Ridgeview Plaza, Suite # 1.

Alison Danforth, 09-TC-053;Kathleen Gilsoul, 09-TC-058; Keith Ellis, 09-TC-062; Arthur King, 09-TC-064; Matthew Krisko, 09-TC-065; Kathleen Gilsoul, 09-TC-069; William Melchert, 09-TC-070; Tara Adams, 09-TC-072; Patricia Thompson,09-TC-073; Dannette Woodmansee, 09-TC-078; Jody Cornelius, 09-TC-080; Anthony D. Hill, 09-TC-081; Richard Cornelius, 09-TC-087; Abby Danforth, 09-TC-090; Crystal Flores, 09-TC-092; Philip J. Peters, Jr., 09-TC-095.

For Specific questions about this claim, settlement, or payment arrangement, please contact Diana Westcott, Central Accounting Department at (920) 490-3556. If you have questions on the process, feel free to contact the Clerk or Administrator, Oneida Tribal Judicial System at (920) 496-5300.

Job Opening

Regional Fiduciary Trust Administrator

Salary Range: \$117,767—\$177,000 per year
 Open Period: October 22, 2009 - Nov. 23, 2009
 Series/Grade: ES-0340-00/00
 Location: Albuquerque, New Mexico

Are you ready for a challenging and exciting position serving Indian tribes and beneficiaries throughout Indian country? The Regional Fiduciary Trust Administrator (RFTA) represents the Office of the Special Trustee for American Indians’ Principal Deputy Special Trustee and Deputy Special Trustee-Field Operations on the front line of activities involved in this economically and politically sensitive trust program.

The position includes providing expert analysis of fiduciary trust activities for Congress, the Office of Management and Budget, tribes, the Special Trustee’s Advisory Board, individual Indians and other federal agencies. The incumbent executes policy, technical and administrative functions and statutory mandates enumerated in the American Indian Trust Fund Management Reform Act of 1994. The RFTA ensures consistency of fiduciary baseline practices and periodically performs reviews of trust service operations to ensure that activities are performed in accordance with regulations and established trust policies and procedures.

To learn more about this position or to apply, go to www.usajobs.gov and search for Announcement Number: OST-09-01-SES.

Applications will be accepted from all groups of qualified individuals. This position is a readvertisement. If you previously applied for this position, you need not reapply. For purposes of this vacancy announcement only, this position is being advertised subject to Indian Preference, because of ongoing litigation in Indian Educators Federation v. Kempthorne, Civil No. 04-01215 (TFH) (D.D.C.). All qualified applicants are encouraged to apply.

For more information, please contact Michelle Oxyer or Kristine Smith at (202) 208-6702.

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 FMI call **920.496.7317**

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 FMI call **920.499.8841**

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Activation at time of service required. Applicants must be 18, have a physical address and participate in at least one state program as noted on the Tribal Lifeline application. Service not available in all areas. Participants must certify eligibility to receive Tribal Lifeline discounts and eligibility must be re-verified annually. Promotional phone subject to change. Price do not include taxes, fees or other charges. Other restrictions may apply.

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Abogados
Recka & Associates

Atty. Joe Recka
 435-0646

Incluido en la lista de Abogados recomendados por el Consulado Mexicano en Chicago

• Green Bay •
 435-0646

• Appleton •
 730-0889



New Arrivals

If you have a birth announcement, please send it to the Kalihwisaks Newspaper, PO Box 365, Oneida WI 54155 or call Yvonne Kaquatosh at (920) 496-7317 for more information. There is NO CHARGE for birth announcements. However, if you would like to include a photo, please send a SASE with your submission. Please include baby's full (first, middle & last) name, parents (first & last), d.o.b., weight (lbs. & oz.), length, grandparents (maternal/paternal), siblings (first names only). Also, if the baby was given an Indian name, please include the correct spelling and meaning. Please include phone number where you can be reached during the day!

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Thursdays 10:00PM to midnight

Happy Birthday

Ain't it Nifty
The Babies are Fifty

November 22 and December 1



Guess who?
Love from all your family


Happy Birthday

Servilla




So Cute!
From Aunt Charlotte and Uncle Mark

Congratulations



Tim & Janine Danforth

On your marriage on October 20, 2009



Happy 60th Birthday

Trudy



Love, your Big Sister Judy

Happy 14th Birthday

La Kota Jade



We love you & we are very proud of you!
Love, Mom, Asa Star, G-Ma, Papa, Salsa, & the rest of the Hill Gang!

kalihwisaks
NEXT DEADLINE is...

Wednesday
November 25,
2009 @ 4:30 P.M.

with a
PUBLISH DATE of...
Thursday
December 3, 2009

Questions, please call: 920-496-7318, 7316, 7317 or 7319 or email us at: kalihwisaks @ oneidanation.org

Happy Birthday

Jesse Red Eagle (2)
Aiyana Kaha:we (4)
and Grandma (18)



LOL

Good News submissions are accepted Mon.-Fri. 8AM-4:30PM at the Kalihwisaks Office now located at the Skenandoah Complex. See Posted Deadline in Kalihwisks!

HAPPY ANNIVERSARY



Jenn & Jason Balinski

On your First Anniversary



Love Mom, Doug, Noah & Drew

Happy Birthday

If you see our
Vulcan
November 21



Wish her a Happy Birthday

Happy 18th Birthday

To my Son
Trevor 'T-Mo'
on November 30th!
You're a very 'Special' young man to every one who knows and Loves You!



Love You Babe! Mom, your sibs...Rob, Kristi, Craig, Liana, niece Mella, & the rest of your Kaquatosh relatives!

Congratulations

Kristal for making it as a Medical Assistant
William for passing basic training
Aryianna for your first birthday



We are all very proud of you
You've worked hard for what you got
Love, Mom & Dad & Siblings

You are invited to...



Jafra's
Special Holiday Sale!

Date: Saturday, November 21st
Time: 11:00AM – 4:00PM
Place: Oneida Police Department Community Meeting Rm. 2783 Freedom Rd., Oneida

The Jafra holiday specials are outstanding and only available while supplies last!

Gift Certificates!
Bulk order discounts!
Free gift cards and wrapping!
Free delivery to local areas!

1. Bring a friend to shop with you and receive 10% off your order.
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Thunderhawk

Skenadore shares training camp experience

By Jaylee Godfrey

Thunderhawk Times editor

Josh Skenadore, ONHS class of 2009, came back to the school where he graduated a mere four months ago.

Josh is now in our county's military.

He said hello to friends and teachers. He told stories of what he went through in training camp where he is enlisted in the army and what consisted of his near future.

At first while in training camp he said that he "had to carry 60-pound bags around to get in shape and to be able to hold the weight."

He came out with more muscle and a whole new posture, as he stood straight, clean, and shaven.

He said he would get up at 4:30 a.m. to clean the bathrooms, make his bed, shave and do other

things.

Josh is ranked Pv2 or private e-2 which is one of the lower ranks. He also has to memorize this book called The Warriors, which is basically this big fat book that is their life.

On Friday Oct. 30, Josh flew to Louisiana to another training camp for a year and a half. There, he will get better training techniques and he will get his real combat gear, which is super heavy.

He will be coming back for Christmas because he said they send everybody home, which is a good thing.

I think he also said you get like 2 ½ days off for every month you're there. And from there, he'll serve the rest of his three years.

Let's all hope he comes back safely, good luck, Josh.



Photo courtesy of Lynn Adrian

Pvt. Josh Skenadore with aunt and school board member Carolyn Miller.

The Bermuda Triangle - The History

By Danny McKinney

ONHS senior (and Bears fan)

The Bears-Packers-Vikings rivalry is one of the best rivalries in the history of the NFL. One of the best parts of this rivalry is the fans, because the fans bring the momentum to the team before the team. The fan base is always there while the players come and go.

The next part that makes this rivalry special is the history between the teams. Teams with a lot of history have a lot more fans.

The rivalry between the Green Bay Packers and the Chicago Bears dates back to 1922 and is currently approaching

over 170 games. These two teams also have 48 hall-of-famers and 23 league championships between them. They also have the longest consecutive-game rivalry.

Chicago currently leads the all-time series 91-81-6. The largest victory was a 61-7 Bears win over the Packers on December 7, 1980.

The Vikings entered the league in 1961 to complete the three-way rivalry—what I call "The Bermuda Triangle." In the next issue, we will look at the good-natured teasing that takes place at ONHS between Bears-Packers-Vikings fans. So watch for Part Two, The Rivalry next time.

Get to know Kanikisa

By Dazha Pidgeon

ONHS sophomore

Kanikisa Lynn Corbin is a sophomore at ONHS. She started at ONHS in the middle of her freshman year. Besides this school, she says she "went to many other schools in Minnesota."

She now lives in Oneida, Wisconsin. In her immediate family are her mom, her little sister, her new little brother, and her grandma, who she lives with. There are also her other grandma and her cousin, Dazha.

While attending ONHS, her grades have

been "average." She said she currently "loves her class schedule." She said she "likes all of her classes." Her reason for taking journalism was "to try something new."



Kanikisa Corbin

Marilyn Manson—Still Making Music

By Amelia Gonzales

ONHS senior

I have to say that I admire Marilyn Manson because he has a very unique taste in fashion, and he is unique too. I love his music that he writes and plays.

For those who may have forgotten, he is still performing his music.

He just came out with a new album called The High End of the Low. It's great. My favorite songs on the album are "Four Rusted Horses," "Wow," and "Devour!!!"

I just love those songs, even though some people I have talked to don't like them.

My Scoop

High School Athletics—Too Serious or Not?

By Jasmin Webster

Thunderhawk Times assistant editor

Basketball season is about to start for many area athletes.

Based on the recent trial of a high school football coach when one of his athletes died during a practice, the questions comes up about how hard coaches push their athletes.

What about our high school coaches? Well, I don't think that our high school sports are taken too seriously, at least not at practices. But when it comes to games, it does get serious.

The ones we have are good. They do not work us too hard. Even our basketball coaches are not too hard on us. I really like our practices.

But when it is a really hot day, I think that the coaches should cut practices short or don't make them run too much like the coach in Louisville, Ky.

But I also think this case was overblown, though the death of 15-year old should be taken seriously.

Girl's basketball

season starts soon

By Jasmin Webster

ONHS junior

This year I am really looking forward to basketball. I really enjoy playing, and watching it. I have been playing basketball since I was in third grade!

Personally, I don't think I am that good, but on the other hand a lot of people think I am really good.

I am excited about the upcoming season.

The girls basketball team this year looks good. We have some height on the team this year, Shanica Hill,

Kannai and Uluani Nunies, and Eva Powless are all over 5'6."

Unfortunately, we have lost some really good leadership and talent, but then on the bright side we have got some new talent.

We just hope the newer students bring leadership to the team this year.

Practice starts on Wednesday, November 18 under Coaches Twyla Danforth and Freddy Hernandez who are in their second year of coaching the team.

Dylan Has Big Plans

By Danny McKinney

ONHS senior

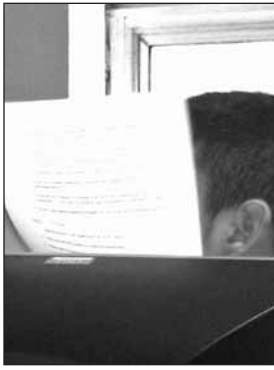
Dylan Wheelock is a senior and has been attending ONHS since his freshman year. Dylan has been going to Oneida schools for ten years. He used to go to Wind Lake Elementary in Milwaukee.

Dylan lives in Seymour/Oneida area with his mom, dad, and grandma. He has been on the honor roll every marking period since fifth grade.

Dylan like to play basketball in and out of school. His plan is to break the Oneida basketball record for most-points in four years. The record is 1,084 and Dylan has 546. His plan is to break the record this season.

In his spare time, Dylan likes to "hang out with friends, listen to music and work out." He gained twenty-five

pounds over the summer "for basketball" and now weighs 210 lbs. Dylan's plan after high school is to try to go to UW-Madison where he plans to major in something in the health field or enter the school of business.



Dylan Wheelock

Freshman of the month, Class of '13

By Kanikisa Corbin

ONHS sophomore

ONHS freshmen of the month for October were Paige Ninham and Devan Little.



Paige Ninham

Paige Ninham is cool. Her favorite color is orange. Her favorite thing to eat is pizza. She has three siblings. She enjoys playing volleyball. Science is the subject she likes best. She listens to 80's music. Her favorite movie is Pineapple

Express. Get to know Paige.

Devan Little's favorite colors are purple and black. His favorite food is taco burrito. He has four siblings. He enjoys skateboarding. His favorite subject is science. He likes to listen to rap music. His favorite movie is Fight Night. Get to know Devan, too.



Devan Little

Meet Amelia



Amelia Gonzales

By Shaleesa

Danforth

ONHS senior

Amelia Gonzales is a senior at ONHS. She has been enrolled in the Oneida Nation school system for two years. Before she came to ONHS, she attended Gladewater Elementary, Pine Tree Middle, and then West De Pere High

schools.

She currently lives in Green Bay with her mom Sondra, step-dad Ricky, sister Raquel, and brother Gabe.

One of "Mia's" favorite things to do outside of school is to skateboard, and listen to music. Her favorite types of music are heavy metal, screamo, and techno; her favorite artists are Marilyn Manson and Jeffery Star. Her favorite football team is Dallas Cowboys, her top movie is Party Monster.

Mia's interests make her very unique in our school.

At ONHS she has average grades, and after high school she plans on going to college to study body modifications.

Once she is done with that she plans to open up a body piercing and tattoo shop.

DRUMS Across ONEIDA

Oneida Elderly Service
2907 S. Overland Rd.
Oneida, WI 54155

Ph. 920.869.2448
Fx. 920.869.1824



Senior Center-Meal Site
134 Riverside Dr.
Oneida, WI 54155

Ph. 920.869.1551
Fx. 920.869.1526



Tsi? Nihuto·láts Wahní·tale?

Hunting moon

November 2009

Tribal employees welcome to join incentive program



By Vanessa Miller
Injury Prevention Coordinator

November kicked off the start of our new tribal wide elderly incentive program. In these first few weeks, we have already received a great amount of excitement and participation. Great! Let's keep it going!

If you are not familiar wit this new program, points are awarded for participation in numerous events and activities across the tribal organization that promotes and deals with

physical, mental, and spiritual health. Top 10 point winners will win monthly prizes, with the top 2 winners winning larger prizes. For a list of activities that are eligible for points and a club card, please stop by at any one of the participating locations. REMEMBER to bring your cards and get them signed by staff as you participate in these activities. Also, your November cards are due to any one of the locations by DECEMBER 15th in order to be eligible for prizes.

U P D A T E : Previously, only non-tribal employees ages

55 and older were allowed to participate in the program. However, shortly after the program kicked off, we have received a lot of feedback from tribal employees that want to participate. It's great to see our tribal members excited about becoming active and healthy, and we want to foster this as much as possible. As a result, we have decided to open the program to ALL community members 55 years of age and older. However, to make sure that participation in this program does not interfere with work in any way, please get approval from your supervisors prior to participating. Those employees directly

involved in the program will not be able to participate, of course.

Keep up the great work and have an active November!

Participating Locations for Monthly Card Pick Up/Drop Off:

- Elderly Services Complex
 - County H Recreation Center
 - Environmental-Ridgeview Plaza, Suit 4
 - S o c i a l Services/Center for Self-Sufficiency
 - Oneida Community Health Center
 - Oneida Family Fitness Center
 - Oneida Community Library
- Please Contact Vanessa Miller at **920-496-5351** with any questions

Computer Giveaway for tribal elders

Sign up: Please call **920-869-2448** to sign up for a free computer

• **Deadline to sign up is Friday, December 11, 2009.**

- The giveaway target group is for household currently without a computer and those 70 and older.
- Please have the following information ready: Name, Date of birth, Tribal ID number, Address, Phone number and Alternate phone number or email address.
- Computer detail information: 512mb RAM memory, 40GB hard drives, 2.66Ghz processor, CDROM, Floppy Drive, Windows XP Operating System, Open Office Software, Age is about 4 to 7 years old, Hard Drive is wiped clean and installed is Windows XP; all will have network cards that work.
- FIRST items given away will be complete sets to include monitor, tower, keyboard and mouse – we have about 44 full sets.

Pick up:
• Tuesday, December 29, 2009 between 10am and 2pm - Social Services (OLC) delivery area, 2640 West Point Road

- Absolutely NO deliveries or shipping
- Must bring (or present elders) tribal ID
- You will be asked to sign a log stating you received the computer

NOTE: This is a donation to you. Oneida Elderly Services (OES) and/or the Oneida Tribe Management Information Systems (MIS) are

- not liable for any damages or the condition of the PC
- not responsible for technical support including software or maintenance.
- Once the PC leaves the premises, it is considered disposed of from the Oneida Tribe and its programs. Referral information for assistance in computers will be given at pick up. For more information please contact Claudia Skenandore at **920-869-2448**. Thank you in advance for your patience and cooperation. You are appreciated!

NICA Senior Employment Program

Do you want to learn something new and get paid for learning? Attend these meeting to learn more about the program and complete an application.

Oneida Elderly Services Complex
Tuesday and Thursday Only
November 10, 2009

through December 17, 2009
Time: 10:00 A. M. – 12:00 P. M.
Presenter: Aleta Fish, Wisconsin Employment Specialist
715-799-5720
Email: afish@nicoa.org



Participant Eligibility

- Must be 55 years or older
- Must meet low-income guidelines
- Must be a resident of the state you are applying
- Must not have worked in the last 7 days

NICOA Headquarters
Dorinda Fox, National SCSEP Director
10501 Montgomery Blvd., NE, Suite 210
Albuquerque, New Mexico 87111
Telephone: **505-292-2001**
Fax: **505-292-1922**
www.nicoa.org

Snow plowing

Snow plowing starts with the first measurable snow fall of three (3) inches or more. Snow plowing teams will make every attempt to be out plowing as early as 4:00 A. M. for Oneida elders according to the priorities:

- ▲ Elders on Lifeline and Dialysis
- ▲ Elders 70 years and older
- ▲ Elders 55 -69 who are disabled / handicapped and living alone
- ▲ Elders ages 55 – 69 with serious health / safety issues

Are you on the snow plowing list!!! Call Oneida Elderly Services ask for Cheryl Ault **920-869-2448**

Drums Contact
Linda F. Douglas
920-869-2448
ldouglas@oneidanation.org



Living Well with Chronic Conditions is designed to improve the self-management skills of people living with a chronic health issue. This program, which meets 2½ hours, once a week for six weeks, teaches new strategies that will give participants the confidence and skills needed to manage the challenges of living with a chronic health condition. People with different chronic health conditions attend the workshop together to learn:

- How to develop a suitable exercise program
- Symptom management
- Nutrition management
- Breathing exercises and stress management
- Medication management
- How to communicate with family, friends and health care professionals
- How to deal with emotions such as anger and depression
- Problem solving skills and goal setting

Facilitators: Louetta Fowler & Tina R Pospychala

Dates: January 7th, 14th, 21st, 28th, February 4th, & 11th
Time: 9:00a.m. – 11:30a.m.

Place: Elderly Service Pod A
2907 S Overland Rd
Oneida WI 54155

If interested please contact Louetta at 869-4852 or Tina at 869-2448



Oneida Housing Authority is hiring



Photo courtesy of Jennifer Hill-Kelley

The Oneida Housing Authority is using grant funds from the American Recovery and Reinvestment Act to construct five new homes, complete energy audits and build roads.



The Oneida Housing Authority is moving forward with projects and the new American Recovery and Reinvestment Act of 2009 projects. The roads for the FY 05' elder duplexes on Henry Road have been completed and

tenants are moving into the first completed unit. The elder duplexes are located just south of the Lee McLester II Elder Complex Building. You are encouraged to stop by and see the progress on these energy efficient units.

The Oneida Housing Authority received American Recovery and Reinvestment Act (Stimulus) funds to complete energy audits and rehabilitation of 32 OHA rental units. A component of that grant award includes the new construction of five single

family home buyer units at Chicago Corner Heights. We have four of the five units framed up and roofed. All five units will be framed up and enclosed for winter construction activities by mid November. You are encouraged to stop by and see how the Stimulus funds are benefiting the Oneida Community. Chicago Corner Heights is located on Hwy H ¼ mile south of Tall Feather Way.

The Oneida Housing Authority is seeking to fill three new positions. Person interested in this

employment opportunity will need to contact the Oneida Human Resource Department for a detailed job description and application.

Positions being posted include:

- Rehabilitation Project Manager
- Administrative Assistant II - (Rehabilitation)
- Project Manager - (Acquisition Projects)

Interested parties should contact Oneida HRD at 920- 496-7000 for a detailed job description and application.

Watch for future issues...

For more updates on Stimulus news in the Oneida community

www.Recovery.gov

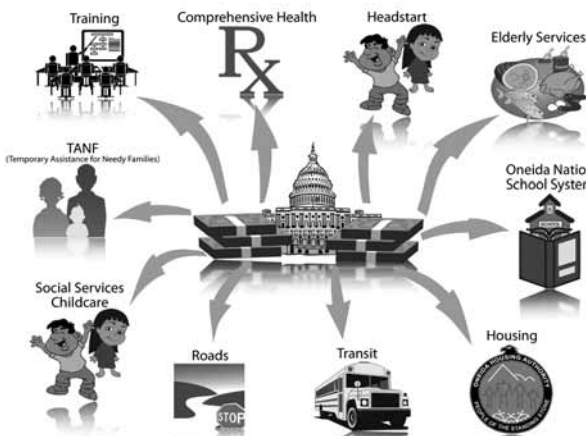
www.indiancountryworks.org

stimulus@oneida.nation.org

www.recovery.wi.gov/

Stimulating the Oneida Economy

ARRA - American Recovery & Reinvestment Act



Volunteers needed for tax prep

VITA Sites Open January 2010

College of Menominee Nation, in collaboration with Menominee Business Center, Menominee Tribal Enterprises, and CoVantage Credit Union of Shawano, have been running VITA (Volunteer Income Tax Assistance) Sites, since 2005, for the families in Menominee, Shawano, and Brown counties.

We have been successful in saving families money that would have normally have been spent on processing fees and Refund Anticipation Loan fees. In addition to saving money, we also educate clients on income tax credits, processes, and opportunities.

We are seeking volunteers to assist us with tax preparation at the College of Menominee Nation's Keshena & Green Bay Campuses, CoVantage Credit Union, and Menominee Small Business Center.

We realize tax preparation can seem intimidating, which is why we are offering FREE INSTRUCTION, TRAINING, and ALL MATERIALS NECESSARY to become a Certified IRS Basic Income Tax Preparer.

This is an excellent learning opportunity and looks great on a resume. Training will be offered in December. Contact Annette Tourtillott at (715) 799-5600 ext. 3097, email atourtillott@menominee.edu or Linda Olson at (715) 526-6136, email: linda.olson@ces.uwex.edu

Pump and Call.

10 Gallons of Gas or More =



Pump your gas and phone friends and family, compliments of CITGO.

Nov. 15 – Dec. 31

Visit participating CITGO locations in Green Bay, Madison and Milwaukee and receive a \$3 phone card with a fill up of 10 gallons or more.

Offer good while supplies last at participating CITGO locations. One phone card per purchase, per visit. Only open to U.S. residents 16 years or older. Void where prohibited by law. See inside store for details.

Holiday health and safety tips

By Venessa Miller

Injury Prevention Coordinator

It's that time of year again! YES YES YES! (or for some, it might be more like NO NO NO!) It's hard to believe, but the bustling days of the holidays have come upon us yet again. Soon, if not already, our days and nights will meld together into one long month of cooking, eating, cleaning, tinsel, eating, house-guests, eating, shopping, wrapping...and did I mention eating? AHHH! How can anyone possible stay sane with all of this craziness!? Well, we may not be able to help you stay completely sane (especially if you weren't all there to begin with!), but we WILL give you tips on how to keep yourself and your family safe and healthy throughout this holiday season.

Throughout the holiday season, you will receive a few new tips every issue-so keep a look out for the month. If you have any helpful or interesting tips of your own, send 'em on in and you might find your advice in the next issue!

From all of us at the Environmental, Health & Safety Division, please have a safe and healthy holiday!

Any questions or concerns and suggested tips can be forwarded to Vanessa Miller @ **920.496.5351** or **vmiller@oneida-nation.org**

Tip #1

Uh oh. Starting to get the "Santa Clause Syndrome" yet again? Darn it! Doesn't it seem like we just lost those last extra pounds from LAST Christmas!?! Ugh! Oh well, suck it up (and in), because putting on that "Tinseltown Ten" is an inevitable fact of life-Right? Right! Right??? WRONG! Follow these few tips to help stave off those holiday pounds this winter:

1. **EAT BREAKFAST!** Think that you need to starve yourself and save up for calories for the big show? Think again! Waiting hours to eat will only put your metabolism in

sleeper mode, so when you do begin to chow down, your body holds on to all of those calories with all of its might. Eat a balanced breakfast and make sure to include a good source of protein to make you feel fuller longer.

2. **Don't drink your calories!** Oh boy, it's hard to say to say no to those holiday cocktails and drinks. Unfortunately, those delicious beverages are sneaky little fellas and can load up some serious calories! Calm down, we're not saying you have to stay completely away from your aunt's famous eggnog. The key is moderation.
3. **Drink plenty of water throughout the day.** Staying hydrated fills you up and decreases your chances of useless snacking. The majority of the time, when you think you're hungry, you're really just thirsty. So drink a glass of water before you start to chow down!
4. **Save yourself for those few things you absolutely love.** Just because there are 100 different options on the table does not mean you're obligated to try every single one! Only try the dishes that are you're favorites.
5. **S l l l l o o o w w w d o o o o o w w w w w n.** It takes our brains a while to get the message that our tummies are full-so if you're shoveling it in like there's no tomorrow, chances are it's not going to really hit you until you until later. Put your fork down while you chew. Take drinks of water in between bites. Enjoy your food, taste it (what a thought huh?!)

Tip #2

"Chestnuts roasting on an open fire..." MMMM, sounds so cozy doesn't it? Not so much when those chestnuts are being burned to a crisp in house fire! All those lights and decorations are a beautiful sight, but please don't

underestimate their dangerousness. Each year, 11 deaths, 93 injuries, and almost \$20 million in property damage occur each year due to Christmas tree fires alone! Keep the following in mind in order to prevent holiday fires:

1. **Turn off your lights when not home or sleeping.** BONUS-cut down on your electricity bill at the same time! If you're in the Griswald state of mind and want to show off your hard work, think about investing in a timer for your lights. Timers can be purchased at Home Deport or Wal-Mart for approximately \$15.
2. **Keep your candles up and away from reach of children** (and the paws of our little furry friends!). Make sure to blow then out before going to bed.
3. **Christmas trees get thirsty, too!** If you have a live tree, keep that bad boy watered on a regular basis. Dry trees are much more lightly to catch fire from lights and bulbs.
4. What do you do when you hear that annoying "beep" from your smoke detector, warning you that the battery is low? Take those dang batteries out to shut it up of course! NO, NO, NO! Now, nor ever, is the time to ignore those warnings. Test and make sure your smoke detectors are operating. Batteries should be changed at least every year, and alarms should be replaced every 8-10 years.
5. **Consider using LED lights.** They use 80% less energy and burn at lower temperatures. They can be purchased at Home Deport or Wal-Mart for around \$30.

R e m e m b e r : Firefighters want to spend the holidays with their families too and Smokey the Bear hibernates during the winter...so give them a break!

Tip #3:

TOYS TOYS TOYS! Christmas toys are the

treasures of our childhood memories, but are all toys safe? Absolutely not! Over 200,000 ER injuries will occur this year due to toys. With over \$3 billion in toy sales in the U.S. each year, and 60% of them coming from the holidays, there will be plenty of opportunities for your little one to hurt him or herself on ways that you've never imagined! SO here are a few things to look out for when stuffing your little one's stocking this year:

1. Think that lead poisoning is something that only worry-wart parents think about? Actually, 9 out of every 100 toys tested will most likely have unsafe levels of lead. These odds might not seem that high, but the effects of lead poisoning aren't worth chancing it! Try to stay away from toys made in China.
2. **Keep toys age appropriate.** Age suggestions on toys packaging are there for a reason.
3. **Watch out for small parts,** which can cause choking hazards.
4. **Keep updated on the latest list of toy recalls** put out by the U.S. Consumer Product Safety Commission (**www.cpsc.gov**).

WORST TOYS OF 2009:

- Evenflo Switch-A-Roo Telephone-choking hazard
- Playhouse Disney "Hand Manny" Toy Tool Set-choking hazard
- LeapFrog My Pal Scout Electronic Plush Toy Dog-choking hazard
- Folding Toy Beach Chair for Build-A-Bear Dolls-can easy pinch and cut
- MacPherson's Young Artist Easels-chalkboard surface contains high levels of paint

Check out the next Kalihwisaks for more tips

Bring unused medicine to OPD

Submitted by Michelle Myers

Oneida Community Health Nursing Department

Rich Van Bostel

Oneida Police Department

Do you have any expired or unused medications filling up your medicine cabinet or bathroom shelves? If not disposed of properly, these medications can cause environmental contamination. In the wrong hands, accidental poisonings and potential drug abuse can also occur. Many people don't know what to do with their expired prescription and over the counter medications and may just throw them in the garbage or flush them down the toilet or sink. Proper disposal is necessary to ensure these medications are destroyed by an incineration process.

Beginning October 27, 2009, the Oneida community will have a designated location to bring their unused and unwanted medications. This program was developed and will be supported through community partnerships. These partnerships include the Oneida Police Department, the Oneida Comprehensive Health Division, and Oneida Environmental Health Division. Start up costs for this service was funded by the Wisconsin Healthy Homes grant coordinated by Oneida Community Health Nursing Department.

Ongoing Collection:

Oneida Police Department
2783 Freedom Road,
Oneida WI 54155- Main Lobby, Monday through Friday 6:00 am to 5:00

pm
Anytime by appointment, can remain anonymous

- Accepted materials include pills, liquids, salves, powders, and inhalers.
- Medication should be dropped off in the original container and label.
- Please leave label on with medication name, however patient name can be removed
- Make sure containers are closed/sealed.
- NO NEEDLES OR GLASS.

The service is intended to be anonymous. When disposing of the medication, identifying information, such as patient name, can be removed. Please leave the name of the medication on the label on the container. The Oneida Police Department will not track or document who is bringing medications to dispose of. The appointment process is simply to meet the Drug Enforcement Administration's requirements for approval of the program. For appointments, you will not be asked your name or any other identifying information, only to ensure that a time is established for staffing of the program

Collection is for Oneida community members only and offered at no cost to participants. For more information contact the Oneida Community Health Center Pharmacy during business hours 7:00 AM – 5:00 PM at 869-2711 or the Oneida Police Department anytime at **920-869-2239**.

Oneida Pharmacy

525 Airport Drive
Oneida, WI 54155

**Open 7:30AM to 6:00PM
Monday through Friday**

**5:00PM to 6:00PM
is for Pick up ONLY!**



TWEEN CHRISTMAS

Tweens join us at the Civic Center on Thursday
December 17th, 2009 from 5:00 pm - 8:00 pm.

This party is designed just for you! Food, games
and fun will all be present! For more information
call Kim at 833-0010.



Breakfast with Santa

Ho Ho Ho,
Merry Christmas!

**Come to Breakfast with Santa,
at the Civic Center on
Saturday, December 13th, 2008.
For families with youth ages
0 to 8 years old.
8:00 am - 11:00 am**

**Enjoy a Breakfast of Pancakes, Sausage and Juice.
Get a picture, visit Santa and receive a gift! Please call
Kim at 833-0010 with any questions.**

**Don't forget to bring your extra change to vote on
your favorite tree in our winter wonderland.**

Family Fitness Highlights

Oneida Family Fitness Hours:
M-T-W-T-H-F: 5:30AM-8:30PM
Saturday: 8:00AM-1:30PM
For more information call
920-490-3730

Personal Training, It's Worth It!

By Amanda Riesenber
Fitness Specialist

What is personal training you ask? It is an individualized workout program that is specifically designed for you by a certified personal trainer. We design your program to fit your desired outcomes. We have many different packages to fit into everybody's budget, even packages for you to do with a friend! Come on down to Oneida Family Fitness and hire



Amanda Riesenber

your personal trainer today. We have many different packages to meet your needs and interests. The following are some testimonials from past Personal Training Clients:

- "During my weekend long basketball tournament, I felt great the entire weekend. All of the other players were tired and dragging by Sunday and I felt ready to go during all seven games we played that weekend. It made the

personal training well worth the money."
High School Basketball player

- "I enjoyed having a program targeted to my wants. I wanted to specifically work on my core and glute muscles. My trainer pushed me further than I would have pushed myself and it felt amazing. I learned how to do the exercises on my own and I am now pushing myself more than ever before!"

Oneida Nation Tribal member and Employee

Featured Cardiovascular Piece of Equipment

Sci-Fit RST 7000 Recumbent Stepper

Oneida Family Fitness has many different types of cardiovascular pieces of equipment to suit the

needs of all of our members and guests. One of these is the Sci-Fit RST 7000 Recumbent Stepper

which is versatile and easy to use. The RST 7000 Recumbent Stepper features step-through access for safe and easy entry for all users. The large, comfortable seat provides support and the soft, oversized rubber footplates hold the foot securely through the dependent step motion. "The SCIFIT Mission" Through innovative fitness technologies and programs, SCIFIT provides wellness solutions that meet the needs of the wide range of individuals

served by the fitness and health care industry. SCIFIT provides excellent quality products, programs and service. We are... "Scientific Solutions for Fitness."™

Some of the great benefits and features of the RST 7000 are:

- Versatile and easy to use: All Body, Upper Body Only or Lower Body Only.
- Walk through access allows easy and safe entry for all users.
- Compatible with wireless heart rate technology. (Heart rate transmitter optional)
- 200 levels of computer controlled resistance adjustable in .1 increments.
- Self-generating with no need to plug in!
- Easy to use computer with Quick Start manual use program.
- Feedback from monitor includes: Calories, Mets, Watts, and Distance & Speed.
- Resistance system - 3 phase combination generator and eddy current brake with resistance output of 5 to 2000 watts.
- No minimum rpm.
- Dependent step motion with self-leveling footplates.
- Soft, oversized rubber footplates with safety edge.
- Isokinetic mode for interval and strength training.

Please see any of the Fitness Specialists here at Oneida Family Fitness to show you this great piece of equipment.

Keep on Stepping!

By Todd Shelto
Personal Trainer/Fitness Specialist

Step aerobics has been around since the 1980's and is still growing strong! During this time many other exercise trends have had their 15 minutes of fame and then disappeared. Remember Tae Bo, the Gazelle, the slide: wearing cloth booties over your shoes and sliding side to side on a plastic surface with bumpers on each end? While step classes saw a decline after their initial insurgence into mainstream fitness, it has remained a standard at fitness centers. The reasons for its continued popularity are multifold, but the predominant factor is that people love step! They love the variety, and the feeling of movement to music, as opposed to the banal and repetitious movements found on cardio machines. In addition, where other exercise options may place significant stress on the joints of the legs, step aerobic exercise is a physical movement with minimal duress placed upon the joints of the lower extremities. In fact, when it



Todd Shelto

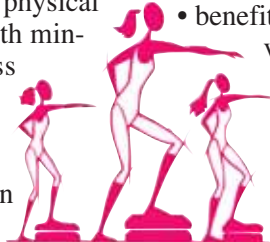
comes to stress on the joints of the leg, step aerobic exercise is similar to walking.

A step class can work for individuals in every range of fitness.

Intensity levels can be adapted to fit the skill level of the participant and everyone can work at his or her own pace and level of comfort.

Some of the outstanding advantages of performing Step Aerobics regularly are numbered below:

- a more intense workout than regular aerobics
- low in impact – stresses joints less than running or jogging
- no need of good coordination or athleticism
- simple and easy to learn and perform
- increases the good cholesterol level
- decrease in the overall cholesterol level
- if knee problem exists, a lesser step height can be used
- ideal activity for those pestered with patellofemoral problems
- benefits for the cardiovascular system are comparable to those of running
- burns calories and fat



Oneida Family Fitness Staff

Michelle Mielke.....	Fitness Center Director
Ryan Waterstreet.....	Assistant Director
Amy Griesbach.....	Office Manager
Ryan Engel.....	Fitness Specialist Supervisor
Stefanie Reinke.....	Fitness Specialist Supervisor
Eric Frantz.....	Fitness Specialist
Jason Manders.....	Fitness Specialist
Jessica Trembl.....	Fitness Specialist
Todd Shelto.....	Fitness Specialist
Amanda Riesenber.....	Fitness Specialist
Brad Sosinsky.....	Fitness Specialist
Tek Skenandore.....	Fitness Assistant
Hudson Denny.....	Fitness Speculativist / Promotions
Kevin Schoenebeck.....	Martial Arts Coordinator
Adam Brown.....	Martial Arts Instructor
Maureen Cisler.....	Administrative Assistant
Shoshana King.....	Administrative Assistant
Helen Doxtator.....	Administrative Assistant
Teresa Roth.....	Aquatics Supervisor
Teresa Holschuh-Sieja.....	Aquatics Trainer/Supervisor
Nicole Cooley.....	Lifeguard
Orrie Kreuscher.....	Lifeguard
Jessica Mettler.....	Lifeguard

The Oneida Family Fitness (OFF) staff is here to serve you! If you haven't been to the Fitness Center lately, please stop in and get acquainted with the staff! The office is located at: 2640 West Point • Green Bay, WI
Phone: (920) 490-3730

Look for O.F.F. Highlights once a month in the

Oneida Adventures SnowShoe Tying Class

Oneida Adventures partnered up with the Oneida Diabetic Team to offer new opportunities to recreate outside.

Participants signed up for the class through the Oneida Health Center/Diabetic Team for the purpose of improving their health and learning a new skill. The participants learned the basics of how to tie Ojibwa style snowshoes. They also learned what other services the Oneida Health department offers to help manage or prevent diabetes. To wrap up the class, participants take the snow shoes they built outdoors for some fun and to enjoy their hard work. .

"I wanted to learn a new skill and have fun outdoors in the winter."
-2009 participant



Fall into Fitness

at Oneida Family Fitness

November 1 - 30, 2009

For every non-perishable food item you bring in, Oneida Family Fitness will take \$1 off your membership fee per item!

(Limit 10 food items)
Please no expired food items.

Offer valid on new 1-Year Memberships and 1 Year Renewals

(November renewals only)

All items will be donated to the Oneida Food Pantry



Oneida

Adventures

thanks the Community for a GREAT season!

Programs Provided:

- Youth Summer Camps- Paddle, Adventure, Climbing
- Teen/Parent Program
- Kayak Classes
- Diabetic Grant Programs
- Turtle School Camp-Out
- Canoe/Kayak Tours
- Apostle Island Trips
- Business Unit Team-building