



September 23, 2010

Official Newspaper of the Oneida Tribe of Indians of Wisconsin

www.kalihwisaks.com

In This Issue...



Clean Sweep – 2A Community members dumped their old items that are not disposable in residential trash.

Raise for employees voted down at GTC meeting By Nate Wisneski Kalihwisaks A petition submitted by Madelyn Genskow asked all effectiveness of the treatment along with the amendment was guickly ment was made Chairman

The General Tribal Council (GTC) convened Saturday, September 18 to hear a packed agenda that was highlighted by a request to approve the fiscal year 2011 budget.

The annual budget meeting, held at the Radisson Hotel and Conference Center, featured an agenda with two petitions and two proposals. A petition submitted by Madelyn Genskow asked for a budgeted amount of \$110,000 to be placed in the 2011 budget for hyperbaric oxygen chamber treatments or \$300,000 to purchase a chamber for placement at the Oneida Community Health Center.

The request was already built in to the proposed budget and required no action but still was debated on the floor. The overall effectiveness of the treatment along with the availability of other chambers at local hospitals was argued. Though no action was needed, the GTC overwhelmingly approved the petition request, as the \$110,000 was included in 2011 budget.

The GTC then moved on to a petition submitted by Yvonne Metiver seeking a \$.50 raise for employees earning \$90,000 or less. An amendment was quickly added to limit the halfdollar raise to individuals earning \$60,000 or less. The amendment also called for the raise to be paid for by a four-month delay in the tribe's intention to match employees' 401(k) retirement plans, a new reserve fund in the 2011 budget and unpaid bonuses. The raise was to be in effect on January 1, 2011.

Shortly after the amendment was made Chairman Rick Hill ruled the motion out of order due to the detrimental financial impact the raise would have on the budget and cited his responsibilities to protect the tribe as his grounds for his ruling.

The chairman's out of order ruling was overturned by the GTC and the amendment quickly passed, but the main motion failed and the petition seeking a \$.50 raise was rejected by a vote of 330 in support, 415 against and nine abstained.

A proposal to develop and implement a pheasant game preserve was presented to the GTC to help lessen the reliability of the tribe on gaming. The preserve, set to be located on 130 acres on Olson Road, would allow hunters to purchase birds to be released in zones for hunting. It was determined by the GTC that the return on investment was not in the best interest of the tribe during a slouching economy. The proposal was voted down and removed from the 2011 budget.

A land acquisition proposal looking to reacquire 75 percent of the reservation by 2033 was approved easily by a voice vote. The plan featured gradual increases in the land acquisition fund year by year to allow gradual increases in the tribe's jurisdictional control. The approved motion did have two amendments attached stating the plan be contingent on funding availability and that half of the fiscal year 2011 budgeted land acquisition funds be used for residential purchases. Both amendments were easily passed with a voice vote. The last agenda item requested the approval of the fiscal year 2011 budget. The motion to approve the budget received little attention but an amendment failed seeking to remove land acquisition line from the budget. The budget was quickly passed with a simple voice vote.



About Body, LLC – 5A

Lee Ann Laes owns and operates About Body, LLC.



Treaty of Canandaigua – Lifestyles

Calico event to kickoff historical re-enactment of the signing of the "Treaty of Canandaigua, 1794.

Section A	



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ably both in the Armed Forces and on the Police Force. A parade to honor the men and women was held on the festival grounds on the last day. Top, the Oneida veterans were well represented during the Grand Entry ceremony on Saturday afternoon. At right, Oneida Royalty lead the way with fellow royalty from other nations. They are, (I to r) Lil' LaRissa Miss Oneida Shawanokasic; Jr. Miss Oneida Olivia Webster; and Miss Oneida Delores Skenandore.

Indian Summer Festival

which brought the focus on

Native Veterans past and

present throughout our coun-

try who have served honor-



Community introduced to new language website

By Dawn Walschinski & Nate Wisneski Kalihwisaks

Nancy Skenandore clicked around the newly unveiled Oneida Language Lessons Home Page at an open house held Wednesday, September 22 at the Oneida Community Education Center.

"I have been waiting a long time for something like this to use to learn the language. I have been trying for so long." marveled Skenandore.

According to the program's Director Tracy Williams, the website grew out of a two-year grant to create a database for Oneida language curriculum.

"It kind of evolved into a website that teachers and

community members and whoever really wanted to use it," said Williams.

The site features audio recordings of people whose first language was Oneida, stories, flash cards, worksheets and online games. Curriculum Specialist Forrest Brooks said it was important that the files be accessible to any computer.

"That was the big intent ... that we could reach as many Oneidas as possible, and have as much access as possible," said Brooks.

Charlie Doxtater will be teaching an Oneida Language class for the Seymour School System, and plans to use the website as a resource.

> • See 2A, Language Site



Kali photo/Nate Wisneski

Nancy Skenandore navigates through the Oneida Language Lessons website. The page is designed to create a learning environment accessible to as many tribal members as possible.

Local

Tribal members sweep clean their households



Kali photo/Nate Wisneski

Pat Pelky (left) and an employee of Lamp Recyclers load old stereo equipment for disposal during the Household Clean Sweep held on Friday, September 17 at Ridgeview Plaza.

Right: Tony Kuchma sorts through chemicals before they are sorted and disposed.

The free event was for tribal members to throw away items that aren't allowed in residential trash and educated the community about "green" cleaning products.



From 1A/Language Site

"The tools that they're building is what I'm using for my curriculum," he "It's awesome said. because it's all right there."

Multi-Media Specialist Stephanie Stevens stated that online games such as matching and memory games are for all ages.

"It helps target the younger children, but it makes learning the language fun," she said.

Currently the site features lessons for kindergarten through fourth grade with future content to be added. A box in the right bottom corner that says "Náhte? Olihwáhse?

What's New" will link people to the updated lessons.

"Pay attention to that," said Brooks.

Williams hopes people get more than language lessons from the site.

"I hope they get a sense of how our language said. Brooks pointed out that while the website is a great way to get started learning Oneida, practicing with a native speaker is best.

"I think the big thing to remember is it's intended to be a tool. The best way to learn is through somebody who has taken some time to learn the language," he said.

Williams agreed with Brooks, but stated the website is a huge resource.

"It doesn't take the place

of a (Oneida as a) first-language speaker, working with a Native speaker is the best, but because we have recordings of first language speakers on those websites, it's like they're teaching us in a way. And I think that maybe when they made those recordings, they were hoping that we would be able to use them in that way," she said.

The website can be accessed at http://www.oneidanation.o rg/language/

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Veterans of Foreign Wars

Friday • September 24, 2010

Shrimp Plate...\$8." – Seafood Platter...\$11."

10:00AM - 8:00PM

Lunch & Dinner – Perch...^{\$}9.^{••}





Dawn Walschinski......Managing Editor • dwalschi@oneidanation.org (920)496-7318 Yvonne Kaquatosh......Page Designer/Ad Coord. • <u>vkaguato@oneidanation.org</u> (920)496-7317 Nate Wisneski.....Reporter/Photographer nwisnes@oneidanation.org (920)496-7319

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For questions or comments about news coverage, please contact Dawn Walschinski (920) 496-7318, Yvonne Kaquatosh (920) 496-7317, Nate Wisneski (920) 496-7319 or Steve Gandy (920) 496-7316. Contact Steve to include information in the classifieds section.

kalihwisaks is a member of NAJA (Native American Journalists Association) & WNA (Wisconsin Newspaper Association)

Office Hours

8 AM - 4:30 PM

Monday-Friday



Local



Metoxen, Elianna Rose September 7, 2010 – September 7, 2010

Elianna Rose Metoxen, treasured infant daughter of Bradley "Buffalo" and Whitney Cornelius (Sanapaw) and beloved sister of D'anna, Rhianna, Deziray, and Taylor passed away on Tuesday, September 7, 2010 at St. Mary's Hospital in Green Bay. Cherished niece, cousin, granddaughter and great-granddaughter was born September 7, 2010 at 4:04 PM.

She is survived by her parents, siblings, greatgrandmother Mary Fish, grandparents Norean Stephen Metoxen, Webster, Joseph Sanapaw, and Barbara Fish, aunts Stephanie Ninham (Metoxen), Crystal Cornelius, Jessie Sanapaw, Brooke Sanapaw, Lindsey Roberta LaRock, Sanapaw, and Ashley Sanapaw, uncles Edward Metoxen, Joseph Sanapaw III, Bobby Jo Sanapaw, Louis Sanapaw, and Leland LaRock, and many cousins.

She was preceded in death by great-grandparents Edward Metoxen, Nancy Metoxen, and Raymond "RB" Fish.

A Prayer service was held at the Norean Metoxen residence on Friday, September 10, 2010 followed by a meal at the Parish Hall.

A beautiful baby girl who touched so many lives in such a brief time. We will always miss and love you.



Hill, Kenneth Harvey September 24, 1937 – September 1, 2010

Ken was born September 24, 1937 in Shawano. Wisconsin. He went to be with our Lord Jesus September 1,

2010 after a short illness with is family by his side. He was 72.

Kenneth was preceded in death by both parents: one brother; and his loving wife, Billie, of 43 years.

He leaves behind one daughter, Dawn Snow of Everett, WA; three sons, Guy Hill of Everett, WA;

Michael Hill of Yuba City, CA; and Darrell Brown of Amarillo, TX.; two brothers, Lloyd Hill of

of Turlock, CA; and one sister, Joyce Willingham Green of Bay, Wisconsin; 14 grandchildren; and 12 greatgrandchildren.

Services were held at Evergreen Funeral Home, 4504 Broadway, Everett, WA on Monday September 13, 2010.



George L. Cooper 57 of Green Bay passed away peacefully surrounded by family on Monday

September 13, 2010. He was born January 31, 1953 to the late Ronald Beechtree and Lillian Cooper. George was a veteran of the United States Army having served in Germany. He was a good father who was very involved in his children's and grandchildren's lives. George was a gentle man and kind to all he met. He was also very artistic and could make anything out of leather. He loved to listen to music and to dance, and had a great sense of humor. His passion was to work on cars.

He is survived by his children; Tanya Cooper, Elliott Cooper, Heather (Samuel) Knorr, Sheavonne Cooper, Beverly Alexander, George Cooper Jr., and Emmanuel Jennings. He is further survived by 8 grandchildren with two on the way. George is also survived by his

companion Shirley Jennings and her children; Corey Two Crow Jr., David Alcarse, Jeremiah Two

Crow, Joshua Trevan, and Evangeline Trevan. His siblings Patricia (Harry) Baird, John "Bruce" (Martha) Brandon Zimmer, (Amelia) Cooper as well as numerous aunts uncles and cousins survive.

He was preceded in death by his parents and grandparents as well as his son-in-law Lamont Alexander.

A memorial service was held at 2pm on Thursday September 16, 2010 at the Brandon residence. Cooper President Andy Summers of the Oneida LDS church led the service which was follwed by a Big Drum ceremony and a VFW service.

Please go to www.ryanfh.com to send online condolences to the family. The Ryan Funeral Home of De Pere is assisting the family.

Obituaries...

There is no charge for obituary notices to be published in the Kalihwisaks for enrolled tribal members.



Program helps American Indian engineers

By Dave Kolpack

Associated Press Writer FARGO, N.D. (AP) ~ Supporters of a new program that aims to recruit American Indian students to become engineers are hoping some of them will return home to help their communities.

North Dakota and South Dakota are taking part in the five-year program funded by a \$4.8 million grant from the National Science Foundation. It allows students to begin classes at tribal colleges and then transfer to four-year schools to earn their degrees.

The idea is to keep students interested in finishing their studies.

"Every small town wants to be able to bring back their young professionals," said Stacy Phelps, the chief executive officer of the American Indian Institute for Innovation in Rapid City, S.D.

The initiative targets some areas where poverty, substance abuse, poor school facilities and other problems have caused many students to lose hope of obtaining a college degree. Even the top students have had trouble adapting to longdistance education.

Bob Pieri, tribal college partnership coordinator at North Dakota State University, said recruiters from prestigious engineering schools on the East and West Coast have for years attempted to recruit students from the reservation. It hasn't worked, he said.

"The way it was approached is that once the student was there, they said, 'OK, you've left the reservation, now leave all of that behind you and become an engineer," Pieri said. "The real fact of the matter is they actually bring more to the table if they bring the background with them." Students should feel they have the choice to return to the reservation or seek employment elsewhere, Pieri said. Brady Falcon, an enrolled member of the Turtle Mountain Band of Chippewa and a mechanical engineering student at NDSU, said he hopes to get a job that will allow him to travel the world. He also would like to use his skills to help the tribe. "You have to remember where you came

from," Falcon said. "If speaking at the college and telling people that they can do this and they can succeed in engineering and sciences, I would love to do that."

One aspect of the program will allow pre-engineering students at Oglala Lakota College to work alongside engineering students from the South Dakota School of Mines and Technology on actual projects on the Pine Ridge Indian Reservation. Program coordinators say that should provide real world experience for the pre-engineering students.

It should also benefit the non-American Indian students, said Carter Kerk, engineering professor at the School of Mines and Technology.

"It's a great experience for them to get out to the reservation to see what some of the challenges are and work with the tribal college and the tribal college students," Kerk said.

Phelps, an enrolled member of the Sisseton-Wahpeton Oyate tribe who grew up on the Pine Ridge Indian Reservation, earned a mechanical engineering degree from the South Dakota School of Mines and Technology in 1996. He has since been involved in several American Indian education programs.

Phelps said he was one of only a handful of his high school classmates to attend college.

"We really try to show kids how they can be catalysts and make change in their community in a positive direction, versus saying this is an export game and you've got to move far, far away," Phelps said. "The minute you do that, you tell students your family's not important, your culture's not important and everything you grew up with is not important." Kerk and Phelps designed a program at the School of Mines and Technology known as Tiospaye - a Lakota word that translates to "extended family" - to promote engineering and science among American Indian students. It has more than 30 students. "Our numbers aren't huge, but they're growing," Kerk said. "This new grant will help build that pipeline at the tribal college level."

Lodi, CA; Donald Hill



Clocks

• Oneida One Stop • Language House • Oneida Nation Museum ~ Cost... \$20.00 each ~

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If you want to learn to tell time Language House has a CD and lesson for only \$5 more.

Recently, there were price comparisons between area Funeral Homes in this paper

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All price options include a photo (if desired) and a nice border. Regular advertising rates will apply if the word limit exceeds the specified limits listed! Memorial submissions mailed in without payment will **NOT** be published.

Questions? Call kalihwisaks Toll Free at: 1.800.236.2214

☎ Dawn–ext. 7318 ❀ Yvonne–ext. 7317 © Nate-ext. 7319

Strong Hill selected to serve on Pulaski school board

Donsia Strong Hill has involved been selected to fill out Lannoye, Hillcrest and the term vacated by the resignation of Dr. William Hynes on the Pulaski Community School District Board of Education. Dr. Hynes has assumed the Presidency of Holy Names University in Oakland, CA.

Ms. Strong Hill has been very active in the Pulaski Community School District. She has served as a member of the school district's Excellence Task Force along with being a very

parent at Pulaski Community Middle School.

A practicing attorney, Strong Hill has served in Governor Doyle's cabinet as Secretary of the Wisconsin Department of Regulation and Licensing. She was also a White House policy analyst for the Clinton Administration.

Her family, husband Rick, and sons, Sage and Dakota live in Oneida.

The school board term she is filling will end in April 2011.





OCIFS

Local

Wet Summer Contributes to **Eye Infection in Bison**

By Coordinator

Cases of pinkeye in the Oneida Nation Farm's buffalo project were detected in the entire herd on the western side of Cooper Road. We were forced to put down four of the buffalo this past summer, but these were extreme cases. Bison were generally thought to be quite resistant to the condition, but during this past summer many herds were affected to some degree. Since pink eye can be spread through flies, mosquitoes and extremely wet conditions, this summer's unusually high amount of rainfall made a perfect environment for the disease to thrive.

What is pinkeye: Pinkeye is an infection of the tissues of the eye of cattle, bison, and occasionally elk. It affects both the cornea (clear outer covering of the eyeball) and the conjunctiva (the soft tissue that lines the inside of the evelids). It is not a fatal disease but it can have a great economic impact on a herd. It causes temporary blindness, weight loss, decreased weight gain, scars on the eyes, decreased value of breeding stock, and in severe cases permanent loss of vision. (www.bisoncentre.com) http://www.bisoncentre.c om/index.php?option=co m_content&view=article&id=95&Itemid=281 The four animals we

put down had it so bad that they had become blind. When a buffalo loses it's eyesight it becomes even more dangerous than usual. They will general charge any

noise they hear which proves a series risk to the people that are caring for them and to the other animals in the herd.

How did the farm detect pinkeye: Buffalo are both majestic and very dangerous animals. You can't just walk up to them and look them in the eye. Pinkeye was detected by observing strange behavior in the infected animal. The farm workers noticed one of the severest infected animals walking in circles, so they went out to examine the animal closer. Once pinkeye was detected, every available worker at the farm immediate went to the buffalo pasture to take the unfortunate, but necessary steps to ensure the safety of the community and the herd.

How was the issue remedied: The herd was inoculated to treat the minor form of pinkeye that they had. As stated earlier there were four animals that had the infection so severely that they had to be put down.

WHEN:

PLACE:

WHEN:

TIME:

TIME:

The folks at the Oneida Nation Farm greatly appreciate the community's concern over these wonderful animals. They ask that if you notice anything strange about the buffalo to please call the Farm and they will immediately look into it. The buffalo herd belongs to the community and your assistance in looking out for these majestic animals is greatly appreciated. You can contact the Farm at 920-833-7952 or visit them on the website at www.oneidanation.org/ocifs



Friday, September 24 11:30ам – 3:30рм Off West Adam Dr. between County U and Overland Rd.

Food, prizes, canoeing, tree pruning, archery, survival skills, Friend of the Environment Award. Call 920-496-5330 for more information.

September 29

Cook, Energize & Move

Wednesday, September 29 5:00рм - 7:30рм

PLACE: Turtle School Home Ec. Room Come cook a quick healthy meal with your family and friends! Join us for a healthy dinner, nutrition lesson Jill Caelwaerts, R.D., and fitness activity. Free Class! Pre-registration is required. Call Sylvia at 920-869-5352 to register. Sponsored by the Oneida Living in Balance Team with funding from the Special Diabetes Grant.

October 22

2010 Oneida Recreation Boo Bash

WHEN:	Friday, October 22
TIME:	5:00рм - 7:00рм
PLACE:	Civic Center, 2913 A

Pl Artley Street Come join the fun and thrills at the Boo Bash if you dare. Walk the Haunted Maze, especially designed for families with youth ages 0-8. Compete in a costume contest and leave with a smile on your face. Call Kim at 920-833-0010 for more information.

November 13

UW-Milwaukee 33rd Annual Autumn Powwow

WHEN:	Saturday, November 13	
TIME:	Grand Entries 1:00pm & 7:00pm	
PLACE:	University of WisMilwaukee	
	Union Ballroom, 2200 E.	
	Kenwood Blvd.	
F 1		

Free and open to the public! All dancers welcome! Honorarium for participants registered and in full regalia. Specials: Switch Dance, Potato Dance, Youth Girls Fancy Shawl. Meal: 5:30pm, \$7 for general public. Call 414-229-5880 for more info.

54th Annual Green Bay & De Pere Antiquarian Society Holiday Antique Show & Sale

November 19 & 20

WHEN:	Friday, November 19, 2010
	Saturday, November 20, 2010
TIME:	9:00AM to 8:00PM, Friday
	9:00AM to 4:00PM, Saturday
PLACE:	***NEW LOCATION***
	Rock Garden Banquet &
	Conference Center
	1951 Bond Street
	Green Bay, WI 54303

Long Term Care Insurance Info. Sessions Planned

Free information sessions for long term care insurance are planned at the following dates, times and locations:

- Monday, September 27 from 12 noon to 1:00 pm Employee at Services - Wolf Room, 2491 Babcock Road;
- Tuesday, September 28 from 12 noon to 1:00 pm at Backgrounds, 2669 W. Mason;
- Friday, October 1 from 11 am to 12 noon and 12 noon to 1:00 pm at the Radisson - Bear Room, 2020 Airport Road.

Would you be financially prepared to pay for long term care if you needed it? Long term care, or LTC, is expen-Average annual sive. costs nationally for long term care ranges from \$27,000 to \$72,000 for home health care, assisted living facilities or nursing homes. How will you pay? Use your won money? Rely on the government? Have insurance protection? What is long term care insurance? Long term care insurance pays for things such as:

illness and cognitive impairment

A long term care insurance specialist is conducting these informational sessions covering topics such as:

- What do long term care insurance policies pay for?
- How to get the best value for your money when purchasing coverage
- Learn how Wisconsin's Partnership program

benefits policyholders

If you feel long term care insurance may be right for you after learning more about it at an information session, the insurance specialist will work with you in one-onone consultations to help you select options best suited to your situation. In these personal meetings, the specialist will advise you on the following:

• Determining if long

term care insurance makes sense for you • Discuss what plan

design is right for your situation Specific pricing information

If you are unable to attend an information session, you may contact the long term care specialist directly at 1-800-230-3398, Extension 700.

[Note: LTC will be paid 100% by the partic*ipating member*]



- Home health care that may include shopping, meal preparation, house cleaning
- Assisted living and nursing home care to help people with the functions of day-to-day living like bathing, dressing, toileting, transferring, administering medications
- Services related to rehabilitation, chronic

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James Wolfe

Featuring dealers from across the country and our own version of the Antique Road Show. Free identification of your antiques and collectibles. FMI, call Kim at **920-465-6645**.

Tuesdays

Compassionate Friends - Oneida Chapter 3rd Tues of every month WHEN: TIME: 6:30рм – 8:00рм PLACE: Parish Hall, 2936 Freedom Road Compassionate Friends is a support group supporting family after a child dies. Questions contact: Julie Denny or Jean Williquette at 920-469-4135.

Tuesdays

Women's Talking Circle Group

WHEN:	Every Tuesday!
TIME:	6:00рм – 7:30рм
PLACE:	Wise Women Gathering Place,
	2483 Babcock Rd.

Wise Women Gathering Place is sponsoring a Women's Talking Circle Group. Come and enjoy a cup of hot tea in the presence of women of all ages sharing and caring. Talking circles and fun activities. FMI contact Julia McLester or Emma White at Wise Women Gathering Place 920-490-0627.

Thursdays

Wise Youth Group WHEN: Thursdays TIME: 4:00рм - 6:00рм PLACE: Three Sisters Center FMI: Jacqueline Ninham at (920) 272-7040, Isabel Parker at (920) 498-2011 or Bev at 920-490-0627.

Fridays Women's Support Group Fridays WHEN: TIME: 12:30рм - 2:30рм PLACE: Three Sisters Center For more information contact Isabel Parker or Georgia Burr at (920) 592-8682 or (920) 412-0396. To include events in this section please call the (920) 869-4280, 4279, 4090 or 4277 Announcements must have a contact phone # that can be published to be included in this section.

Business



About Body, LLC all about total body health

would do I would slouch

looking at the computer

screen. I had a huge

hump (at the base of my

neck) and completely

lost the cervical curve in

Laes added that her

spine was even starting

to push the wrong way

Laes' degree is in med-

ical massage and she

received her neuromus-

cular therapy certifica-

tion shortly after com-

pleting her massage

schooling. She opened

About Body, LLC seven

years ago in Oneida with

hopes of helping those

around her. "I wanted to

American therapists so

we could help the com-

munity become stronger,

healthier people. I want-

ed people around me to

help others become

healthier people," she

currently located at 681

Baeten Road, Suite C in

Green Bay and is holding

an open house Friday,

Saturday, September 25

to introduce the commu-

nity to new services that

About Body, LLC has

teamed with Inga's

Swedish Massage, Body

Dynamics, Midnight Sun

Healing, Native and

Natural, and Moving our

Bodies to Heal to offer a

one-stop treatment facili-

are being offered.

24

and

About Body, LLC is

Native

more

have

said.

September

from leaning forward.

my neck," she said.

By Nate Wisneski Kalihwisaks

Years of slouching at her desk took a toll on Le Ann Laes's body before she realized a career change was needed.

Laes is the owner of About Body, LLC, a combination of smaller businesses focused on working together to heal the body, mind, and spirit. Leas feels clients utilize her services when the customary treatment

plans have failed.

"When people come to me they have done cortisone shots, physical therapy, drugs, and chiropractors. They didn't work so they come here and get relief," said Laes. Laes made a career

change into neuromuscular therapy after developing physical problems from poor posture while staring at her computer for hours a day. "Because of the detail work I



Kali photo/Nate Wisneski Lee Ann Laes used a real-life experience to motivate her move into the massage therapy profession.

A hands-on opportunity to EXPLORE health careers!

By Frissell Hill Project Manger - OREEP ty for the body, mind, and

of

soul. report the successful "This is something new completion of Phase-1 and that's why we are of the Oneida Rental having the open house," Energy said Laes. "I've had all Program. Twenty-five this space and in this rental units have been economy sometimes you rehabilitated to date, need small businesses to and Phase-2 began on combine to pay rent." September 7, 2010.

About Body, LLC relies heavily on word of mouth advertising and referrals as Laes finds it hard to market to her target markets. "You have to be good at what you do. When people feel good they will tell other people," said Laes.

Laes is working to educate doctors and chiropractors of the benefits of soft tissue treatment that she offers and its role in the overall treatment of injuries.

"Physicians can give you drugs, a chiropractor can adjust your bones, therapists deal with a specific symptom and massage therapy deals with soft tissue. It takes all of them to completely fix the problem," she said.

The open house will also feature local merchants and businesses About Body, LLC associates with. It runs from 11 a.m. to 6 p.m. on Friday and from 10 a.m. to 3 p.m. on Saturday.

For more information about About Body, LLC visit their facebook page or call (920) 857-3056.



I am very proud to

I hired our first group

Trainees and Energy

Auditor Trainees on

April 11, 2010. Their

energy, enthusiasm, and

motivation are a tribute

to the spirit of the

Oneida Nation. Their

hard work will serve as

a reminder of all we are

capable of when given

As work activities

progressed throughout

Phase-1, other portions

of the project were tack-

Here is a list of com-

pleted work activities as

of September 13, 2010:

efficiency Energy Star

EF, power vented,

Energy Star high effi-

67%EF, power vented,

Energy Star high effi-

ciency water heaters

Star range hoods

ciency furnaces

refrigerators installed

simultaneously.

High

9 5 %

Energy

Rental

Rental

Rental

Rental

electrical

windows

the opportunity.

led

• 100

• 74

• 74

• 31

• 16

• 5

units-

replaced

Rehabilitation

Efficiency

update

pieces of equip.)

- 25 Rental units- air sealed, insulated, and spray foamed
- 31 Rental units- interior lighting upgraded to CFL fixtures
- 3 Rental units- basement insulated
- 40 Rental units- crawl space ventilation installed

The ARRA Stimulus Grant created twelve full time positions for eight Rehabilitation Trainees, two Energy Auditor Trainees, one Administrative Assistant, and one Project Manager. As the staff has grown more skilled, they have received job offers from non-tribal contractors. I anticipate losing some to higher paying jobs outside the tribe, so I will begin my search for more young people to train in the program in the future.

Winter is nearly upon us, and we are scrambling to finish as much of the outside work needed in Phase-2 as possible. We will focus our work activities on the interior of Phases 2 and 3 throughout the winter.

We have come a long way since April. There were a great many difficulties to overcome, but my staff inspires me everyday. This group of young tribal members has accomplished so much, and they are eager to achieve all of the goals of our program.







RAFFLES chance to win an iPod and iTunes gift cards

> Pizza and Beverages Provided

Area Colleges technical colleges Laboratory Nursing Eye Care Doctors Nutrition X-vary Physical therapy

ONEIDA TEEN HEALTH CAREERS EXPLORATION

It's Your Future,

make

IL A Good one!

Wednesday, September 29, 2010 4 p.m. to 7 p.m. **Oneida Community Health Center**

- Health professionals representing different health careers will share their job experiences with participants. Each professional will provide a hands-on activity that pertains to their career.
- Students will be bussed to the event. However, parents will need to pick up students at the Oneida Community Health Center at 525 Airport Dr., Oneida, WI by 7 p.m. when the event is over.
- For more information, or to sign up for this program, please contact your Y.E.S. Advocate. You may also call Oneida Higher Education, Mitch Metoxen at 920-869-4033 or Margaret VanDen Heuvel at 920-869-4941.

Sponsored by: Oneida Community Health Center, Youth Enrichment Services (Y.E.S.), Oneida Higher Education Department, Community Education Center of Oneida (CEC), Northeastern WI Area Health Education Center, Inc.

Northern Wis, duck season about to begin

MADISON, Wis. (AP) ~ Duck season in northern Wisconsin is about to get under way.

The northern zone season opens Sept. 25. State Department of Natural Resources biologists say waterfowl game species are healthy and abundant. They say a rainy summer made for excellent brood-rearing habitat.

The DNR recommends hunters scout for good wetland conditions, noting hunters who scout harvest more than twice the ducks than hunters who don't.

The northern zone season runs through Nov. 23. The southern zone season opens on Oct. 2. It closes on Oct. 10, then reopens on Oct 16 and runs through mid-December.



Join us as we celebrate the opening of the NEW Globe University-Green Bay campus! Learn about our career-focused approach to education and our commitment to community service—and enjoy food, family fun, kids activities, prizes, speakers and campus tours! Y100 will be broadcasting from 1:00-3:00 pm

We provide employer-requested skills for fields including business, technology, accounting, health care, and legal science. Options—day, evening and online classes; bachelor s, associate and diploma programs—make higher education accessible to all learners. To learn more stop by the open house or call today for more information!

Schedule of events:

12:00 pm - 5:00 pm	Free food, family fun, kids' activities, prizes, campus tours, and keynote speakers
1:00 pm	Official ribbon cutting with chamber members

GLOBE UNIVERSITY 2620 Development Drive • Green Bay, WI 5431 20-264-1600 • www.globeuniversity.edu

OBC Forum

OBC Forum...

Gift from A **Oneida Veterans Business** As Committee members, we shake a lot of hands and we also kind of get used to giving and receiving gifts of appreciation like blankets, cups, pens and stuff like that. All given and all received with sincerity, but at the same time, as I said, we tend to get used to it. But on September 8th, it was different. Oneida Veterans were here at the Norbert Hill Center to thank us and Tribal management for our support in completing new Veterans the Building VFW Post 7784, Robert Cornelius. Each of us was presented with an eagle feather and then they shook our hands and said thankyou. It was good. It was special, the eagle feather, the hand shake, and the thank-you. I looked to my left and all the Business Committee members seemed to look as I felt. On my right, Tribal Secretary Patty Hoeft had the biggest smile. She held that feather, looked at it, and just smiled some more. For me, I've always taken every chance to thank those

w h o h a v e served in the military. To get а thankyou from them, I guess that accounted

for t h e

GTC Expanding Leadership Its Role

Our Tribal Constitution places the Oneida General Tribal Council at the top of the totem pole. It's the governing body of the Oneida Tribe. At the September 18th GTC meeting, new things happened. The fact employees had not had a raise for quite some time came to the floor for action and although the request for the raise failed, employees were heard, and next year, I believe the Business Committee will pay more attention to the financial needs of our employees and less attention to poor economic investments and frivolous spending.



Ed Delgado Councilman

magic of that day.

The GTC also turned down a request to invest \$162,000 in a Pheasant Game Farm because they did not feel that it would be a sound business venture. GTC members are reading and coming prepared to make sound busidecisions. The

ness Business Committee needs to get on board. Business Committee members, now and in the future, will have to come to the meetings prepared to explain their support or nonsupport of any future economic initiatives.

Land Acquisition

The GTC also approved the 2010-2033 Land Acquisition Plan. The plan calls for vast amounts of Tribal dollars in the future providing that the money is available. I imagine that defining "Providing that the money is available" will be an important discussion during budget time in the up-coming years.

Thanks for reading

Letters & Opinions...

The U.S. Postal Service has delivered America's mail in snow, rain and dark of night. However, tough market conditions are creating new challenges for our business. Skeptics say we're not up to them. It's time to dispel common myths and assure the American people that we will continue to deliver the mail.

through reducing workforce and overtime, renegotiating more than 500 supplier contracts, consolidating facilities, closing administrative offices, and cutting travel expenses and supply budgets.

We've also asked Congress to eliminate the statutory requirement that we deliver mail six days a week. Switching first-class mail was at 96 percent for the eight straight quarter, an agency best.

We're not only punctual, we're trusted and secure. According to the Federal Trade Commission, as little as 2 percent of identity crimes occur through the mail. Theft of a wallet or purse is responsible for 5 percent - meaning your doc-

Board Vacancies

honorable

tions".

more

ability.

good standing.

charge from active

duty with that branch

due to "less than

b. Active duty is having

served 181 days or

duty unless dis-

charged early for a

service-related dis-

• Shall be a citizen in

• Shall serve full terms of

Deadline: 4:30,

October 11, 2010

Oneida Personnel

Commission:

One (1) Vacancy

• Must be an enrolled

• Shall serve a full 3 year

• Shall not be a conflict

of interest between the

private interest and the

official responsibilities

of a person in a position

of trust or any other

recognized hearing

body within the Oneida

• Membership may not

be directly related or

married to another

member of the commis-

Deadline: 4:30,

October 11, 2010

Environmental

Resource Board:

Three (3) Vacancies

• Must be an enrolled

• Shall be appointed for

· Each member shall par-

ticipate in all required

training within 180

days of appointment.

• No ERB member may

be employed within the

Environmental Health

and Safety Department

of the Oneida Tribe of

three year term.

Oneida Tribal member.

Qualifications:

Oneida Tribal member.

Qualifications:

term.

Tribe.

sion.

ending November.

office of three years

continuous

condi-

Oneida Child **Protective Board:**

One (1) Vacancy Purpose: To protect the best interest of Oneida Children and to promote the stability and security of Oneida families by the establishment of minimum standards for the removal of Oneida children from their families.

Qualifications:

- Must be an enrolled Oneida Tribal member. • Must be eligible to vote
- in the Oneida elections. • Must reside in Brown County or Outagamie

County. Relevant experience or education considered for membership: employment related to child protection matters; foster parenting experience; Guardian Ad Litem experience; high school diploma or GED (individuals over the age of 50 are exempt from this requirement); kinship or family care experience; and previous Oneida Child Protective Board experience; post secondary training preferred.

Deadline: 4:30, October 11, 2010

Oneida Nation Veterans Affair Committee *(ONVAC)*: Two (2) Vacancies

Qualifications:

• Must be a member of the Oneida Tribe of Indian of Wisconsin who has served Honorably on active duty in the Armed Forces of the United States of America.

• Honorable Service a. A person who has been inducted into or voluntarily entered into active Duty in one of the services branches and who did not receive a dis-

Deadline: 4:30, October 11, 2010

Check out the OBC Government website at...

Indian of Wisconsin.

Oneida Airport Hotel Corporate Board: One (1) vacancy Qualifications:

- Must be an enrolled Oneida Tribal member.
- Shall be appointed for four year term.
- Each member shall have a Bachelor's degree with at least 5 years of work experience in one of the following fields: Financial analysis/banking, General accounting principles, Hospitality management, Business management of development, general business management.
- All qualified applicants should posses a working knowledge of the Oneida Tribe of Indian of Wisconsin.

Deadline: 4:30, October 11, 2010

Oneida Nation School Board:

Two (2) Vacancies Purpose: Oneida Nation School Board exists to ensure the compliance of the school with Tribal Initiatives, planning, the community's desires, and sound academic practice.

Qualifications:

- Must be an enrolled member of the Oneida Tribe of Indians of Wisconsin.
- Must be a parent or guardian of a student attending the Oneida Nation School System.

Deadline: 4:30,

October 11, 2010

Applications and vacancy information can be obtained from the Tribal Secretary's office at the Norbert Hill Center or online at www.oneidanation.org. For more information about vacancies, please contact Delilah McKinney in the Tribal Secretary's office at 920-*869-4421*.

The Postal Service wastes taxpayer dollars

The Postal Service, an independent agency of the executive branch, operates as commercial entity. We rely on the sale of postage, mailing and shipping products and services for revenue. We have not received taxpayer subsidies for operations since 1982. And we're required by law to cover our costs.

The Postal Service is inefficient

Ten years ago, it took 70 employees one hour to sort 35,000 letters. Today, in that same hour, two employees process that same volume of mail. Although our nation's addresses have grown by nearly 18 million in the past decade, we've decreased the number of employees who handle the increased delivery load by more than 200,000.

But driving costs out of our system is our greatest testament to efficiency. Since 2002, the Postal Service has cut its costs by \$43 billion, including by \$6 billion in 2009. These savings have come

five-day delivery to would help us save more than \$3 billion a year while still delivering the mail.

Mail is not reliable

Independent quarterly surveys confirm that the Postal Service has achieved record reliability. In the third quarter of 2010, on-time overnight delivery of single-piece

uments are safer in the mail then they are in your pocket. Coming next - why

kalihwisaks

mail and the Postal Service is environmentally friendly, and how the Postal Service competes with the private sector.

opinions

Cheryl Koenig Postmaster

of

the



Intenders of the Highest good

'The Intenders of the Highest Good' is a group that meets weekly for the purpose of sharing gratitude and intentions. Through this group, you will

learn: The power of positive thinking How you create your own reality How to become a deliberate creator Powerful tools for manifestation That life is meant to be wonderful

These groups are open to anyone. Law of Attraction Teachings are incorporated into group and resources are available.

When: Every Tuesday evening Note: Intenders will not be meeting the following dates: 10/5, 10/12 and 10/19 Time: 5:30 to 8:00p.m. (Potluck from 5:30 to 6:00) Location: Oneida Social Services Community Room Contact: Belinda Brennan at 490-3821.

Oneida Business Committee Meeting

Wednesday, October 13 Norbert Hill Center 9:00am

Letters To The Editor Policy Letters must be limited to 500 that appear in the kalihrvisaks words. All letters are subject are not necessarily the views to editing and must have or Kalihwisaks staff, Editorial your signature, address and phone number for con-Board or the Oneida Nation of firmation. Confirmation of Wisconsin. letters will be needed Although we require a signed publication. submission for letters, you before kalihwisaks has the right to can e-mail us now - and send refuse publication of submitthe hard copy through the mail ted letters. mission by the deadline.

Effective January 1, 2001 per Kalihwisaks Policies & Procedures, Section I (c)(4), "Individuals will not be allowed to submit more than eight (8) letters per vear regardless of topics." For information more on Kalihwisaks Policies & Procedures, please contact (920) 496-7318 Guest articles and editorials



- to ensure we get your sub-

E-mail your letters to:

dwalschi@oneidanation.org

State/Local

Great Lakes nuke shipment Archaeologists find plan stirs accident fear

Traverse City, MI. (AP) – Environmentalists and some local government officials are protesting a Canadian power company's proposal to haul 16 scrapped generators with radioactive components across three of the Great Lakes on their way to a recycling plant in Sweden.

Bruce Power Inc., based in Kincardine, Ontario, is seeking a license from the Canadian Nuclear Safety Commission for the shipment. It would depart from a port on Lake Huron's Owen Sound and also traverse Lakes Erie and Ontario and the St. Lawrence River before reaching the Atlantic Ocean.

Commission staffers have recommended approval, saying the shipment would pose little if any threat to human health or the environment. But complaints and questions from the public led the panel to schedule a hearing for Sept. 28-29 in Ottawa.

If the Canadian government grants the license, Bruce Power also will need approval of the U.S. Pipeline and Hazardous Materials Safety Administration because the ship would enter U.S. territory, an agency spokeswoman said Friday.

Bruce Power, whose 4,700-megawatt power plant 155 miles northwest of Toronto is the largest in North America, says the generators have been welded

shut to prevent radioactive leaks. Each is the size of a school bus and weighs about 100 tons. They would be ferried aboard a 387-foot ship.

"We have as much of a stake as anybody to make sure this is done safely," spokesman John Peevers said. "It would not be good business for us to do this if we thought it was risky."

Opponents include environmental groups, an organization representing Great Lakes cities, and American Indian tribes. They say even the remote possibility of an accident that would release radiation is too big a gamble for the lakes, which provide drinking water to some 40 million people.



wealth of artifacts at dig

By Neil Johnson The Janesville Gazette

Koshkonong Township, WI (AP) - Although scientists tend to cringe when terms such as "treasure trove" are applied to archaeological sites, it's hard to describe the Finch Site at Highway 26 north of Milton any other way.

What else would you call a two-acre strip of wooded hills that archaeologists say holds 160 identified pits where prehistoric Native American people dumped everything from deer bones to weapon shards to burnt and broken clay cookware?

What do you call a property that contains, at minimum, the very 100,000 Native American artifacts which scientists believe date from 5000 B.C. to 1200 A.D.?

Call it what you'd like. But one thing's certain: The Finch Site, which is located northeast of the intersection of Highway 26 and Pond Road in the Koshkonong Township, soon will be buried by a state highway.

Archaeologists who've been digging at the site since late last year have nearly wrapped up contract work for the Wisconsin Department of Transportation. Their charge: To excavate 25 percent of the site and identify its contents before the state purchases and paves over most of it with the planned Highway 26 expansion in 2013.

Although 75 percent of the site remains untouched, the Wisconsin DOT has known since conducting an archaeological survey in 1999 that the area holds a significant amount of native artithis site," said Ricky Kubicek, an archaeologist from the Great Lakes Archaeological Research Center, the Milwaukeebased research group the Wisconsin DOT hired for the excavation.

"We're not necessarily sure that there were villages or settlements here, but it's clear that throughout time, different groups of people kept coming back over and over," Kubicek said.

Many of the items crews unearthed at the site came from the Woodland Era, a period in prehistoric Native American history 2,500 to 800 years ago. Other items, including some knife and arrow points, come from the Mississippian Era and would have been used by native hunters in southern Wisconsin 1,200 to 500 years ago, crews at the dig said.

Although archaeologists have found no human remains at the site, one key discovery was a 1,200-year-old deer bone. It has visible cut marks in it, probably from stone tools, Kubicek said.

"They're like prehistoric butcher marks. This was from somebody's dinner," he said.

To find such a concentrated and varied cache of ancient human materials is rare, Kubicek said, and was only possible because the hilly, wooded site was left undisturbed by modern plows. Its contents stayed locked for ages in the soils' stratified layers, encased under oldgrowth timber and native vegetation.

The area was so pristine, Kubicek said, researchers were able to find in soil samples tiny plant and animal remains, such as fish bones and burned seeds. That helped researchers to pinpoint what the site's former inhabitants ate and even the seasons when different native groups used the sites. Archaeologist Katie Cera was recently using a water tub to separate rocks and plant material from soil samples at various pits at the site, a job she's done for nearly a year. "We've been finding a lot of corn, squash and bean seeds here," Cera

said.

Earlier this year, while she was dumping rocks that sifted to the bottom of her water tub, she found a big surprise - an 8,000-year-old spearhead known as a Folsom point. It's a rare find and one that doesn't match the chronology of other items at the dig site. Archaeologists at the dig say it's not clear how the weapon found its way there.

The artifacts' next stop UW-Milwaukee, is where researchers will curate and analyze them further.

The items, all of which now belong to the state of Wisconsin, could end up in museums or at statesupported historical societies as part of an agreement between the state, Native American groups and scientists involved in the dig, officials said.

Meanwhile, Great Archaeological Lakes Research Center plans to continue work at the site through 2012, but at a slower pace, with an emphasis on more analysis of plant and animal remains.

"Anything else that we do in the coming months will be done on a volunteer basis and not at professional speed," Kubicek said.

Kubicek said public interest in his group's dig has continued to grow since work started last year. He said this spring, droves of people wandered onto the site, carrying copies of newspaper articles about the dig.

"People wanted a closer look. Teachers were interested in doing class work. Finding stuff in the ground is right up a child's alley," Kubicek said.

Now that excavation work has slowed, Kubicek said his group is considering occasional public outreaches, which could include supervised digs at some of the site's existing excavation areas. Kubicek said that could give the public a chance to learn more about ancient people of southern Wisconsin before a future roadway alters the course of history.

facts.

As for the site's dug-up portions? Pardon the scientific crudeness, but they've been a real gold mine.

"What we've found here suggests extremely intense, long-term use of

> Information from: The Janesville Gazette, http://www.gazetteextra. com

Lac Vieux tribal council released from jail

WATERSMEET, Mich. $(AP) \sim$ The nine members of the tribal council of the Lac Vieux Desert Band of Lake Superior Chippewa in Watersmeet who were jailed in a dispute over the election of new members have been released.

WLUC-TV and the Daily Globe of Ironwood report the council was freed Saturday after a tribal appellate court decision.

The council was arrested Wednesday. Judge Bradley Dakota of the

Keewenaw Bay Indian Community had ordered the council held until a majority agreed to swear in a new executive council. The tribal council refused.

Council lawyer Zeke Fletcher says the appellate court issued a stay of Dakota's contempt of court order. Council members have said they were being punished for upholding the tribe's constitution.

Watersmeet is located in Michigan's Upper Peninsula.

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Q & A on proposed judiciary

In recent weeks, the Legislative Operating Committee has received a large amount of feedback from the community regarding the proposed Judiciary.

So far, the LOC has received 74 surveys and questionnaires back from interested people, not counting written and spoken comments submitted at the Public Hearings, and discussion from the Community Meetings held during July, August and September, 2010.

There are three topics that come up regularly:

1. The Cost.

How can we afford this Judiciary? How much will this cost the Tribe? Where will the money come from?

Realistically, the Judiciary won't have too much affect on the budget, because it would be taking over the responsibilities of the Oneida Appeals Commission; receiving a budget in the same way the Appeals Commission does, and using the same facilities.

From the day the Judiciary opens its doors, the Appeals Commission will have three or four months to wrap up any cases already filed, and Appeals the then Commission will close.

Therefore, the cost of paying both Judges and Commissioners during the overlap period is going to represent most of the additional costbut even this cost won't be too onerous, because it is very likely that some of the current Appeals Commissioners will be running to serve in the Judiciary. Those serving the map on this issue, and on the Judiciary are not eligible to serve as a Commissioner any longer, so there wouldn't be two full bodies of decisionmakers serving at the same time.

In fact, the stipends paid to part-time and protem judges would actually balance out to an hourly rate instead of a flat rate per activity, so costs might decrease in that area.

Further, with the expanded jurisdiction of the Judiciary-including authority to hear small claims court matters and contract matters-the Tribe could expect to see increased revenue in the form of filing fees paid by parties to a case.

Bottom line: the Tribe already budgets for the Oneida Appeals Commission, and aside from the transition period, the budgets should be very similar.

2. Qualifications of Judges

"We should require a law degree for our "I think we judges." should require a Bachelor's degree for our judges." "Anyone that has taken ten credits of law school classes should automatically become a judge." "Somehow, we managed to resolve our conflicts for thousands of years without anyone having a formal education. Why do we want to require our people be "certified" by non-Indians before we recognize them as capable of handling our internal matters?"

The People are all over

the LOC is currently considering new language to amend the proposal.

To some, it is important that our decisionmakers have a law degree. However, there are a limited number of Tribal members with law degrees-and even fewer would take a job where the salary offered is below the average wage paid for a law degreeonly allowing Tribal members with law degrees to serve as a judge would sharply limit the number of people that could and would take the job.

On the other hand, there is an argument that the Oneida should look to tradition when selectdecisionmakers... ing and Oneida tradition doesn't say anything about a Juris Doctor degree. This is partly resolved by including Peacemaking in our system.

Peacemaking would be a separate division within the Judiciary, open to all parties to a case, and would incorporate traditional methods of resolving conflict and healing rifts caused by disagreement.

Ultimately, this issue should be decided by the People, and will be brought forth at the November 20, 2010 Special GTC meeting.

3. Jurisdiction

"Will this affect PL-280?" "How will this change our jurisdiction?" "Will non-Indians be able to use our courts?"

PL-280 will have no effect on the Judiciary. In short, PL-280 transferred jurisdiction over the Tribe from the federal government to the state, and the re-structuring of this Tribal court system would not be affected.

The Tribe has the inherent authority to exercise jurisdiction over our members and over members of other Tribes living on the Reservation. The Tribe even has some jurisdiction over non-Indians in certain cases-such as when they consent, or when their actions affect the health, safety or welfare of the Tribe. This would not change under the Judiciary.

In fact, with the Judiciary, the Tribe would be choosing to exercise more of its inherent jurisdictionthe Judiciary would handle small claims actions involving just about any dispute involving \$5000 or less, and contract interpretation cases, so the Tribe could enter into more contracts with outside parties without having to waive sovereign immunity.

And to answer another common question-no, the Judiciary would not mean that Tribal members would be required to file all of these matters in Tribal courts. The state system is still available as an alternative.

To learn more, please visit:

www.oneidanation.org

and click on the link for the Proposed Judiciary.



Dear Oneida Members, Greetings from your Judiciary, there are many exciting changes that are taking place within the Oneida Tribal Judicial System.

Another year has passed since the selection of the Chief Judicial Officer (CJO) and the Deputy Chief Officer Judicial (DCJO). Every year the Judiciary selects two officers to be the point persons, or spokesperson to represent our Judicial System.

On Wednesday September 8th at a duly called monthly meeting the selection for CJO & DCJO took place. The newly selected officers are Honorable Winnifred L. Thomas CJO and Honorable Stanley R. Webster DCJO. Coincidentally, the two individuals selected are the longest tenured judicial officers that have served the Oneida Tribal Judicial System. The positions run from October to October.

To give a little background on these two judicial officers, as to the length of time they have been on the Judiciary, Honorable Webster has been seated since the Judiciary 1991. began in Honorable Webster served as one of the first Judicial Officers appointed by the Business Committee in 1991. The other officers appointed at that time were Honorables; Lee McLester, Charlene Cornelius, Kathleen King, Mark A. Powless, Sandra L. Skenadore, Mary Dodge, Josephine

judicial officer until 2003, and in October, 2003 applied for a full time judicial officer position and was accepted. Winnifred was selected for the position of Chief Judicial Officer in October of 2006 and has been re-selected by her peers every year to present.

With the passage of the family laws, we have a new Family Court Clerk, Pixie DeGrand.

Pixie (Patricia) comes to us with a wealth of knowledge in the area of Family Law. Pixie, she prefers to be called, has worked in several legal environments and has prior experience as a child support case manager. Her duties included establishing and modifying child support orders, initiating legal proceedings, and negotiating paternity stipulations. Pixie has served as a peer mentor and on a State advisory board regarding writing child support policy and procedure manuals. She holds a bachelors degree in Psychology from the University of Wisconsin-Madison. Pixie looks forward to assisting the Oneida community as the Clerk of Family Court.

Our thanks to the Legislative Operating Committee for the creation of our family laws and a special "Thank You" General Tribal Council for the enactment of the family Laws.

There are approximately 4,000 cases that have been and are being transferred from Outagamie, Brown, Shawano and Milwaukee Counties to the Oneida Tribal Judicial System.

Fact or Fiction? More information about the proposed Judiciary

All of the current court and try again. Oneida Appeals Commissioners will automatically become judges.

Fiction: Those who meet the education/experience and other requirements may run for election, but would not automatically become judges.

If this Judiciary passes, it will be 10 years before *it is implemented.*

Fiction: The transition is slated for early 2012.

This Judiciary would require me to file all of my cases—such as child supdivorce, small port, claims, etc. with the Tribe. Fiction: State court is still an option.

If I use the Judiciary to resolve my case, and don't like the judgment, I can always go file it in state

Fiction: Judgments, documents and rulings from Tribal court will be given full faith and credit in state courts, and the Tribal court will also give full faith and credit to state court rulings, judgments, and documents.

Only Oneida Tribal members can be seated as Judges in the Judiciary.

Fact: If an extra judge is needed, former Oneida Appeals Commissioners and Tribal judges may be used as pro tem (temporary or substitute) judges, but if there is still a need, the Judiciary will use judges from Wisconsin Tribal courts or other Haudenosaunee tribes/nations.

We don't need a Tribal

court; it's just an overlap of services already provided by the state courts.

Fiction: The Tribe is a sovereign nation, exercising Tribal jurisdiction, and applying Tribal law. The state system has concurrent jurisdiction, but does not apply Tribal law.

A Tribal court is a component of the Tribal government, and an exercise of the Tribe's sovereign authority to take care of its own people.

Using the Tribal system is risky—everyone is related to (or knows) everyone else around here. And if one of the other judges on my case is related to my opponent, I automatically lose.

> Fiction: Judges are required to recuse themselves if there is a con

flict of interest or the appearance of bias.

If a person doesn't feel comfortable with a judge, he or she can also ask the judge to recuse him or herself.

The Judiciary would have a Traffic Court so we could start fining people for traffic code violations, keeping the money in the Tribe.

Fiction: (For now.) The LOC is reviewing options to create a Traffic Code and implement a Traffic Court, but this is a project that will take more time.

At the present, the Judiciary would not handle traffic matters, but if the People later approve a Traffic Court division, it could be added once a Traffic Code is developed and implemented.

Meet the LOC:

Trish King, Chair 920-869-4462 tking@oneidanation.org

Edward J. Delgado, Vice-Chair 920-869-4415 edelgado@oneidanation.org

Melinda J. Danforth 920-869-4461

mdanforj@oneidanation.org

Tehassi Hill 920-869-4311 rhill7@oneidanation.org

Brandon Stevens 920-869-4378 bstevens@oneidanation.org

Oudenhoven and James Van Stippen.

Honorable Winnifred L. Thomas had been first elected in 1995 and re-elected to four, fouryear terms. Winnifred served as a part-time

Thank you GTC Winnifred L Thomas

Send your email to **Kalihwisaks** @oneidanation.org



Elder Gift Shop

at the Eldery Services Building on Overland

- Shawls Children's Regalia
- Women's Regalia Ribbon Shirts

Open 8AM to 4:30PM

To learn more

To learn more, please visit www.oneidanation.org and click on the Judiciary proposal, or contact a member of the LOC.

Members of the LOC are also available to answer questions. Please feel free to attend LOC meetings, held in the Business Committee

Conference Room, Norbert Hill Center. 2010 LOC meetings will held at 9:00 a.m. on the following dates: October 6 October 20 November 3 November 17 December 1 December 15

State

Scenes abound at 2010 Indian Summer Festival

By Yvonne Kaquatosh Kalihwisaks

There was a variety of events to enjoy at the twenty-fourth annual Indian Summer festival in Milwaukee. From entertainment, both at the traditional powwow to the music stages from a host of native entertainers including newcomer Victoria Blackie (Navajo). Wisconsins' own, Wade Fernandez also performed among others such as the Flying

Feather Band. The absence of Brulé, a staple at Indian Summer for the past several years left a void, however, the solo performance of a former member of the popular group, Moses Brings Plenty, was applauded by festival participants. Brings Plenty performed Many with the Moccasins Dance Troupe.

Native skateboarding and Lacrosse exhibitions were held daily and fireworks were held on Friday and Saturday. The Host Drum (below) was Mesquakie Nation of Tama, Iowa.

The Smoke Dancers and Oneida Singers from Milwaukee performed at the Oneida Village on Saturday and Sunday much to the enjoyment of those who stopped by to view the village. They were also treated to storytelling which was held intermittently throughout the weekend event. The festival was held on September 10-12, 2010.

Photo courtesy of/Liana Moses





Kali photos/Yvonne Kaquatosh





Country Needs You

The Bureau of Indian Affairs Office of Justice Services has an immediate need to fill Federal Police Officer positions to protect and serve Indian Country.

Candidates with prior law enforcement experience will be given priority consideration.

Applicants with current state certification may be considered for a 2-1/2 week Federal bridge certification in lieu of full basic training.

Salary

From \$36,670 to \$57,694 Recruitment bonus of up to \$14,000 may be authorized

Benefits

Health & Life Insurance • Retirement Program • Thrift Savings Plan (401k)

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Melanie Kolzen (405)247-1541 • email: melanie.kolzen@bia.gov

The Bureau of Indian Affairs (BIA) is an Indian Preference and Equal Opportunity Employer



Wisconsin agencies get OK to spend stimulus money

MADISON, Wis. (AP) – Three Wisconsin state agencies have won approval from the Legislature's budget committee to spend nearly \$24 million in federal stimulus money.

The requests were approved Tuesday by the Joint Finance Committee.

The largest expenditure was more than \$19 million by the Department of Workforce Development for three programs designed to help the unemployed and provide on-the-job training.

The Department of Health Services got the OK to spend \$1.1 million to improve the electronic system doctors use to track immunizations and vaccinations.

Another \$1.4 million will be used over three years to develop a comprehensive strategic plan for improving early childhood programs and services. Carolyn

National

Indian Cigarettes - NY court allows Indian cigarette tax

By Thomason

Associated Press Writer

BUFFALO, N.Y. (AP) ~ New York state cleared one legal hurdle Tuesday in its efforts to begin taxing cigarettes sold on Indian reservations to non-Indian customers, but the dominant tribe in the tax-free cigarette market remained temporarily immune from the tax while pressing forward with another lawsuit.

State officials did not immediately say whether they would begin implementing a new law requiring cigarette wholesalers to apply the state's \$4.35-per-pack sales tax on cigarettes destined for tribal retailers after a state appellate court declined to block the law's enforcement.

"We are pleased with the decision and will determine the next steps in coming days," said Brad Maione, spokesman for the state Department of Taxation and Finance.

If collections do begin in the near future, they will not apply to the Seneca Indian Nation, the state's largest tribal seller of tax-free cigarettes, or the nearby Cayuga nation. Both are temporarily exempt through Sept. 28 under a federal judge's order.

As the appellate decision was handed up in Rochester, lawyers for the two western New York tribes were in federal court in Buffalo seeking to expand the temporary order while they challenge the tax law in court.

A Seneca official testified that the state's tax system would disrupt the tribe's well-run internal cigarette regulatory structure, which imposes a 75-cent-per-carton fee and generates more than \$13 million a year for things like reservation health and education services. cials, facing a \$9.2 billion budget deficit, voted

in June to begin collecting sales and excise taxes on the millions of cartons sold on reservation smokeshops to non-Indian customers, abandoning a policy known as forbearance adopted by a string of governors who declined to enforce state laws requiring the taxation of sales to the general public.

Nine New York tribes operate tax-free cigarette businesses.

The state anticipates \$110 million in revenue for the remainder of this fiscal year and \$200 million a year after that by requiring cigarette wholesalers to prepay the sales taxes before supplying reservation stores. Wholesalers would pass along the levy to tribal retailers, who would have to raise their prices. Tribal leaders say the \$4.35-per-pack tax would blunt their competitive edge over offreservation sellers and devastate their economies while violating their sovereignty and rights of self-government.

The 7,800-member Seneca nation says it is further protected by historic treaties guaranteeing the "free use and enjoyment" of its territories.

The last time the state tried to collect the tax, in 1997, protesters lit tire fires and shut down a 30mile stretch of the New York state Thruway that bisects Seneca land near the Pennsylvania line.

Seneca leaders, who have said they would not condone violence, did not immediately comment on Tuesday's appellate court ruling.

A spokesman for the Oneida Nation said it would seek an injunction yet to be heard by a judge.

In the meantime, Oneida spokesman Mark Emery said, the nation is well-stocked with cigarette inventory and continues to manufacture two tribal brands on its territory.

"As a result, our customers will not experience any change in any of our retail outlets for the foreseeable future," Emery said.

Cigarette makers sold 24 million cartons of non-native-brand cigarettes to tribes in New York in 2009, with the Senecas buying the most at 10.2 million, the state Department of Taxation and Finance said. Tribes also sell millions of cartons of American Indian brands.

Associated Press Writer Ben Dobbin in Rochester contributed to this report.



Sponsored by the Oneida Living in Balance Team with funding from the Special Diabetes Grant



"It is something the state scheme does not respect," said Robert Odawai Porter, the Senecas' senior policy adviser and counsel.

New York state offi-

in federal court in the near future in hopes of blocking the state from enforcing the tax on the central New York tribe. The Oneidas and St. Regis Mohawk tribes have filed federal challenges to the law in New York's northern judicial district but the cases have

Another federal judge blocks taxing NY Indian cigs

ALBANY, N.Y. (AP) ~ Another federal judge is blocking state officials from collecting taxes on cigarettes sold by Indians, this time it's involving the Mohawks in northern New York.

U.S. District Judge Lawrence Kahn is blocking the tax collection until he decides whether to issue an injunction sought by the Mohawks who claim the taxes violate tribal sovereignty.

Kahn is ordering a hearing next Thursday in Albany.

Nine New York tribes operate tax-free cigarette businesses.

A midlevel state appeals court earlier this week cleared the state's plan to tax reservation cigarettes sold to non-Indians.

Under a separate federal court order in western New York, the Senecas and Cayugas are temporarily exempt through Sept. 28. The Oneidas have also filed suit.

Listen to Kalihwiyose on 89.3 WPNE Thursday nights • 10:00pm to Midnight for the best in Native American music

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Your favorite place to play is now your favorite place to stay. Prepare to be dazzled like never before at the all-new North Star Mohican Casino Resort.

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www.kalihwisaks.com

Glory **Road** in **De Pere** re-opening

North and south 9th street will be opening as well

(Green Bay, WI) The Wisconsin Department Transportation of (WisDOT) northeast region office in Green Bay is announcing Glory Road in De Pere will be reopening by the end of Friday, day the September 24. It has been closed from 9th street intersection to Holmgren Way with local access only. Additionally, both North and South 9th Street will be opening as well.

This marks the conclusion of a \$2.9 million three-phase project that included building:

- A multi-lane roundabout on Ashland Ave.
- A new Glory Road bridge crossing Ashwaubenon Creek.



festyles

Calico in Native Arts Inspired by Treaty



Special to Kalihwisaks

he Oneida Nation Arts Program (ONAP) is kicking off a new series of classes and events inspired by the "Treaty of Canandaigua, 1794," which preserved the Iroquois people's sovereign and political power.

The "Calico in Native Arts," project, funded by the Wisconsin Arts Board and the Wisconsin Humanities Council, will start off with a historical re-enactment of the signing of the "Treaty of Canandaigua, 1794." This event is held concurrently with the Big Apple Fest. The historical re-enactment takes place on Saturday, Sept. 25, at 1:00pm by the Log behind Homes the Oneida Cultural Heritage Dept at 3703 Hillcrest Dr., Green Bay, Wisconsin.

Mohawk scholar and

journalist Doug George-Kanentiio, will be the MC of the historical reenactment, and will speak about how the treaty came about, and what it means today. Native and colonial actors, in historical clothing, will reenact the signing of the treaty.

This treaty, "established peace and friendbetween the ship" Iroquois and United States of America for perpetuity. It defined the land boarders of the Iroquois, recognized the sovereignty of the Six Nations to govern and set laws as individual nations, and provided an annuity payment to contribute to their comfort. Originally, the annuity payment was made in calico and muslin, livestock, and farming tools.

Loretta Metoxen, tribal historian of Oneida, WI. will speak about the annual payments the tribe still receives from the US federal government because of this treaty.

September 23, 2010

Lastly, in a symbolic gesture, our US Senators will present our BC leaders with bolts of calico and muslin in accordance with the terms of the treaty.

The historical re-enactment kicks off a yearlong series of classes and a public art project that includes the use of calico and muslin in Native clothing, crafts, beadwork, and other art.

The art classes, using calico and muslin fabrics, will run October, 2010 through April, 2011. Classes will include corn husk dolls, rag dolls, traditional clothing, traditional purses, rag rugs, custom dying fabric, and quilts. The final public art project will be done by teen apprentices who will assist a professional artist, creating a quilt for public display inspired by the Canandiagua Treaty.





NEIDA CASINO FUN IS OUR GAME! CONCERTS **CHARLEY PRIDE** Sunday, November 14 • 8pm • \$30

BILL ENGVALL Sunday, February 20 4pm & 8pm • \$30 On Sale Wednesday, December 1 • 10am

MERLE HAGGARD & KRIS KRISTOFFERSON Tuesday, March 1 • 8pm • \$40 On Sale Wednesday, December 15 • 10am

FREE LOUNGE

- ROSIE FLORES September 26 - 28 • 7:30pm
- BIG SANDY and His Fly-Rite Boys September 26 - 28 • 9:00pm
- **IGOR & RED ELVISES** October 3 - 5 • 7:30pm
- MISS MARY ANN & The Ragtime Wranglers October 10 - 12 • 7:30pm
- STONE RIVER BOYS October 10 - 12 • 9:00pm
- LORRIE MORGAN October 17 - 19 • 7:30pm
- **CHARLIE THOMPSON** October 24 - 26 • 7:30pm
- NICK WILLETT October 24 - 26 • 9:00pm
- LUSTRE KINGS November 7 - 9 • 7:30pm

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No cameras or audio/video equipment allowed in Concerts or Casino Lounge. All acts subject to change. Must be 21 to enter gaming floor.

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Environment

Liquid manure: An excellent natural source of plant nutrients

If one of Oneida Nation Farms employees came up to you and asked you to explain your understanding of manure, how would you answer? At the Oneida Nations Farm, we have a huge appreciation for this; however, home owners have a different perspective. I hope to provide you with an explanation as to why the Oneida Nation Farm utilizes the use of liquid manure.

Liquid manure provides an excellent natural source of plant nutrients, and because it is natural it is also good for the soil. It helps with soil tilth (texture) by providing a slow-release form of nutrients. Although the plants will not get all the available nutrients right away, the micro-organisms within the manure will live and prosper, providing plants with the vigor needed to cultivate into healthy end products. Nutrients from the soil are needed for plants to grow. The nutrients can be found in both natural and commercial fertilizers, but in different The Oneida forms. Nation Farm is currently receiving dairy manure. Before we begin the process of utilizing liquid manure, the manure is tested to see exactly what's in it. We also test the soil to see what the soil needs. The amount of liquid manure that is applied varies anywhere between 4,000 and 16,000 gallons. At 16,000 gallons this equates to 2.6 loads per acre, hence the number of loads can be large on any particular field. The amount of liquid manure placed on fields depends on the soil test results, and precise application is

needed. Currently the Oneida Tribe, as well as all Federal Agencies, closely monitor the phosphate levels to ensure we are not contaminating surface water or ground water. Surface spreading is environmentally friendly if done properly. Nitrogen levels are strictly monitored too. When the spreading process is occurring, the odor/smell is from the nitrogen escaping into the air. When the spreading process has been completed, the Tribe is

Changing of the Seasons... Guideline for Household Preparation

By Oneida Housing Authority

Seasons are changing; here is a guideline of household duties to prepare you for the upcoming fall and winter season.

FALL

- · Caulk and weather-proof windows
- Shut off and drain outside faucets
- Clean gutters and chimney
- Check furnace filters
- Prepare heating system
- Empty gas from lawn equipment
- Change batteries in smoke detector
- Rake leaves

<u>WINTER</u>

- Clean the chimney and fireplace
- Change furnace filter
- Clean humidifier filters

required, per regulation, to incorporate the manure into the soil within 48 hours after having spread the manure. This is simply a process of working the manure into the soil. For the Oneida Nations Farm it's our goal to have this oper-

> ation done within one hour after the spreading process has been completed. Liquid manure is spread onto the corn fields and hayfields. These types of fields need nitrogen to aid next year's planting season.

> Now that we have provided you with an overview as to why the Oneida Farm uses natural liquid manure, you are probably wondering what is the cost associated with the number of acres the Oneida Nation Farm has. Basically we have gotten the manure at no cost to the Farm. Each tanker load you see on the road and in the fields holds approximately 6,000 gal-



lons and is valued at

about \$63.90 per load.

What we are accounting

for is the nitrogen, phos-

phorus and potash. We

are not including the

trace elements and organ-

ic matter. The cost asso-

ciated with this is based

on the current price of

fertilizer and the value

will change as the market

changes. Last year by

using liquid manure the

Farm lowered the amount

of commercial fertilizer

purchased, which provid-

ed the Farm with a sav-

ings of approximately

\$191,000. Even though

one of the side effects of

liquid manure is the

smell, the cost savings

and soil improvements

from this natural product provide multiple benefits.

As we approach the new planting/harvesting seasons, we are going to keep the community/neighborhood informed when it comes to applying liquid manure. Our plans include notifying neighborhoods by providing signage that liquid manure will be applied on this date and to what farm land. We will also incorporate the manure into the ground as soon as possible. As mentioned earlier, the Farm's goal is to have this completed within one hour after the spreading of manure is completed. We will be

Submitted photo Watch for these signs liquid when manure İS spread onto the corn fields and hayfields. These types of fields need nitrogen to aid next year's planting season.

keeping all roads clean by sweeping at the end of the process.

The Oneida Nation Farms will continue to provide informational articles about the manure process, and the newest technology and methods for handling this product via Kalihwisaks and email notices. We will continue to work and protect the Oneida natural resources by working with Oneida Environmental Division and keeping in compliance with all federal regulations.

If you ever have any questions, please feel free to contact the Oneida Nation Farm by calling (920) 833-7952.

Home Improvement Program grants available

The U.S. Department of Interior is offering Home Improvement Program grants to qualified individuals. Grants are awarded up to \$35,000 for new construction and \$2,500 for home repairs. The program is highly

competitive and focuses on the most needy, based on age and income. All qualified applications will be prioritized and awarded on a national level. Applicants must reside in Brown or Outagamie county.

The Oneida Housing Authority will assist individuals who are interested in applying for the home improvement program grant. Application deadline is October 21, 2010. For more information and program eligibility,

please contact Scott Housing Denny, Coordinator at (920) 869-2227. Individuals must apply at Oneida Housing Authority, 2913 Commissioner St, Oneida, WI 54155.





- Clean air registers and heating vents
- Re-caulk bathtub and windows
- Interior decorating projects
- Keep sidewalks and driveway clear of snow
- Plan spring projects

ATTENTION OHA TENANTS: Oneida Housing Authority will have its annual Fall Clean Up on October 15, 16, 17, 2010. Dumpsters will be located in various housing sites. NO tires or hazardous waste.

Resources offered at the...

neida (Jannen,

Equipment loaning is another very beneficial resource the Oneida Cannery provides.

If you ever need to cook or process food for a large group or fundraiser, the Cannery allows community members to borrow some of their large kitchen pieces. To make an appointment to process produce, or for questions on available supplies call the Oneida Cannery at (920) 869-4379. Please see the Cannery Processing price list below.

Cannery Processing Price List

Dehvdrating White Corn:

**Elder Discount 10%

Business charge use of Cannery \$13.75/hr NOTE: All jars must be clean. A limit of two bushels per appointment. Someone is required to help with processing your products. Helper must clean all equipment and areas used.

for our 17th Annual

HARVEST & **HUSKING BEE**

Please join us in hand harvesting our heirloom white corn (oníste?)

Sat., Oct. 9-Fri., Oct. 15, 2010 9:00 a.m.-5:00 p.m.

TsyunhéhkwA Agricultural Site **139 Riverdale Drive Oneida, WI 54155**

For more information contact Ted Skenandore at 920-869-2718.



Education

Oneida Head Start is making a difference

Bv Joan Christnot Education Manager, Oneida Head Start

The federal Office of Head Start requires that all programs report on "Child Outcomes." This report reflects the developmental milestones that a child achieves before they go on to kindergarten. Here in Oneida we reached the ultimate success this past school year. This past June as I was putting together the report for the Policy Council members to review, I noticed that we met our goal of 80% (or higher) of the children reaching these milestones in every category. In previous years this was not the case. For

example, for the skill of "Associates sound with written words" the children had a 79% the previous year and they had 81% this year. Three years ago they had only 72%. I have to say that our program has excellent teachers who create strong learning environments for the children of Oneida. I also have to give credit to the parents and guardians of the children in the program because as you know they are their child's first and lifelong teacher.

The Head Start program has made some changes to our classroom curriculum over the years. One of the biggest changes is "intentional teaching." Long gone are the days when the teachers planned an activity because they thought it was cute. The goal of any activity, spontaneous or planned, is to give the children a teachable moment and to get their brains working. We found that the more hands on and meaningful the activity was to the child the more likely that would develop they much needed skills to build on their school success. We have made the children into little investigators who get to touch, smell, taste, see, and hear the world around them. They are immersed in language, Oneida language/culture, literacy, math, science, and technology.

Another added dimension to our program is the Mentor Coach teacher. We have a very skilled and wonderful teacher, Tina Torrez, who has added to the success of our program. Her role is to mentor the teachers and children to build on their skills and abilities. She has the role of observing a situation from the outside and then gives suggestions from her perspective. For example, there was a child in the program who refused to go into the bathroom which was

College of Menominee Nation



For additional information email Development@Menominee.Edu or phone Susan Waukau, 715-799-5600, ext 3156

You are cordially invited to campus festivities: Celebrate completion of facilities and projects at the College of Menominee Nation

- Installation: CMN's second geothermal HVAC
- Expansion and renovation: Glen Miller Hall
- Completion: Academic Library "Phase II"

And preview plans for CMN's newly-funded \$3.3 million Community Computing Technology Center opening in 2011

1 to 3:30 p.m., Friday, Oct. 1, 2010

Open House - Keshena Campus

Music and refreshments on the Library plaza **Guided or self-led tours**

The public is also invited to attend the following programs planned for Oct. 1 on the campus:

2 to 3:30 p.m.

LOOKING

to train for a New Career?

Board of Directors Campus Commons

3:30 to 4 p.m. **Dedication Ceremonies** CMN leadership and special guests Glen Miller Hall green



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www.

oneidanation.org

/highered

impeding his toilet training process. Tina observed the child and noticed that he did not like the loud noise of the flushing toilet. She found a pair of head phones that blocked out the noise and the child was successful in his toilet training. Eventually he no longer needed the head phones. The teachers have quite a lot on their plates working with 16 to 20 students and Tina is the added support

they need to build their skills as well as the children's skills. Our program is forever building its quality by taking an honest look at every aspect of it and making changes when necessary. I truly believe that a collaborative effort on everyone's part, includthe ing Oneida Community, will continue to increase the quality and make this program the best it can be for the children of Oneida!

Start Your Story at Rasmussen College

Oneida Tribe of Indians of Wisconsin and Employees of Oneida Nation receive a 10% Tuition Discount and \$60 Application Fee Waiver at Rasmussen College.

The Top 5 Reasons to Choose Rasmussen College:

- 1) Leadership in Online Education
- 2) Exceptional Career
- Placement Assistance 3) High Standards of
- Academic Quality 4) Degrees in High Demand
- 5) Proven Value

If you would like to

discuss your future with one of our Program Managers, please contact me. Liza Hadler

920.593.8444 Liza.Hadler@rasmussen.edu

Remember to mention your Oneida Nation 10% Tuition Discount and \$60 Application Fee Waiver

Why not go to school with a friend? If you know someone who may be interested in one of our degree programs, feel free to refer them to me directly.

I'd be happy to help. www.rasmussen.edu

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Thursday, September 30 at 6:00PM Thursday, October 7 at 6:00PM at Oneida Social Services, 2nd Floor Conference Room

Annual Corporate Meeting of the CMN

Train to become a Pharmacy Technician

Class Start Date: Thursday, October 28 (13 week course) Time/Location: Oneida Social Services from 6:00PM to 8:00PM Contact: Belinda Brennan at 920-490-3821 Materials will be ordered after the video class preview Scholarships are available for those who qualify



If you are out of work and/or looking to be noticed by a prospective employer, plan now to attend one of our informative and interactive cover letter, resume, and interview skillbuilding sessions. These sessions will be led by Oneida Nation's Human Resources department employees, with a combined accumulation of over 23 years hiring experience.



Session Dates

Tuesday, Oct. 12th & Thursday, Oct. 14th (8:30 am to 4:30 am) (8:30 am to 12 noon) Tuesday, Nov. 2nd & Thursday, Nov. 4th (8:30 am to 4:30 am) (8:30 am to 12 noon)

Location

Oneida Nation Community Education Center 2632 S. Packerland Dr. Green Bay, WI 54313

to the Co ity Education Center at 2632 S. Packerk is the Friday prior to your desired session dates. SPACE IS LIMITED!

Name:	Oneida Enrollment #:	
Address:		
City:	ZIP:	
Home Phone:	Cell Phone:	
Desired Session Dates: 10/12 & 10/1	4 11/2&11/4	

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For Sale

Stationary elliptical machine. Rarely used, in excellent condition. \$200.00.

Call 920-412-8409



For Sale

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Public Hearing

The September 16 Pardon Hearing has been postponed to 10:00AM October 21, 2010 Norbert Hill Center -**Business Committee** Conf. Rm.

N7210 Seminary Road

Oneida, Wisconsin. Purpose: A pardon is a formal and public act of forgiveness of a crime. The pardon is available to tribal members only and is effective within Oneida Tribal the employment system.

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- Assist with the development of an aggressive & realistic Annual Business Plan.
- Works to maintain current guests & top accounts of our hotel by providing exceptional customer service
- Works to acquire sales leads & additional business along with Management & GSR's.
- Monitors Lanyon & completes RFP's as requested by General Manager & OAHC Management and weekly Hotelillengence reports to identify & qualify new business leads.

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For details call 920-496-7317 or email Kalihwisaks@oneidanation.org

For Sale

2002 Fat Boy, 1450, engine, 40k miles, black in color. Mint condition, \$8,500.00. Call Daryl at 920-619-

SALE EE).

Skylark Dr. (by E & Sat. Sept. 25 9:00-5:00 & Sun. 9:00-2:00. Many outdoor X-mass decorations, furniture,

2004 Ford Mustang 40th Anniversary, V6, auto, 64k miles, Dark

Blue, Sharp, clean runs great. N. Carolina car. \$7,900. Open to offer.

For Sale

FMI: 920-241-0144.

OBO.



With us it is hassle free and easy.

211 S. Monroe Green Bay, WI 54301



435-8159

Incluido en la lista de Abogados recomendados

435-0646



• Maintains proper flow of information within the hotel by reviewing sales work file of assigned accounts.

- Participates in solving problems with other departments as required related to business booked in the hotel; including space conflicts, threatened cancellations, & compromises between customer needs & hotel facilities.
- Prepares reports as necessary to develop a more informative database for improved decision-making & critical evaluation of work.
- Responsible for collecting methods of payment & signatures on contracts.
- 0 Performs competitor "test calls" to obtain rate/product information on a regular basis.

• Engage in relevant community events, groups & affiliations that may generate business leads, including but not limited to:

- Representing the hotel as a member of Wingate Management team at trade shows as specified by General Manager.
- Works with other members of OAHC Sales team to set up exhibits.
- Attend appropriate community functions, events, & tradeshows to generate sales.
- Travel to meet with or call individual clients by telephone to solicit & book business. 0

• Maintains accurate records of business operations including:

- Log of all inquiries, responses & special requests etc.
- 0 Maintains trace files for action.
- Prepare all outgoing communications including thank-you letters, apology letters, proposals & contracts as requested by management.

• Ensure efficient, friendly execution & communication of incoming guests

- Enter all Group rooming lists to include all VIP room upgrades & amenities.
- 0 Monitor all Group room blocks & provide 90/60/30 day room pick-up reports to General Manager & OAHC Management.
- 0 Monitor all Group room cut-off dates & provide updates.
- Track & record all Group room inventories.

• Perform tasks associated with the Guest Service Representative role including but not limited to:

- Check guests into & out of the property management system based on their arrival & departure plans.
- Provide superior customer service to all guests at all times working to resolve conflicts, issues & questions to the guest's satisfaction & Hotel standards.
- 0 Collect & secure proper & full payment from the guest using accurate cash handling.
- Make room reservations based on guest inquiries, converting guest inquiries to reservations 80% or more of the time.
- Provide welcome folders containing room keys, certificates & coupons as appropriate.

• Reviews 3rd party websites & Wingate by Wyndham Website to maintain accuracy, top placement & positive guest reviews

Job Knowledge, Skills, & Abilities:

The individual must possess the following knowledge, skill, & abilities & be able to explain & demonstrate that he or she can perform the essential functions of the job, with or without reasonable accommodation, using some other combination of skills & abilities.

- Must possess excellent verbal & written communication skills; ability to read, write, & speak the English language fluently
- Negotiation, selling & problem solving skills.
- Ability to analyze client needs, negotiate pricing & menus, & offer additional service to help customer facilitate a successful function.
- Ability to multi-task & work under time constraints, customer demands, & extensive hours at times.
- Proficient computer skills including Microsoft Word & Excel.
- Operate daily with a high level of autonomy

Education, Experience & Licenses/Certifications:

- 2 or more years of service, sales or related experience with progressively greater responsibilities is required
- 2 or more years of sales or hospitality management experience preferred
- College degree in Hotel Management, Business or related field or a combination of education, experience & training equivalent to a college degree is preferred; High school diploma is required
- Valid Wisconsin drivers license with clean driving record is required

Apply on-line at www.rhccgb.com/jobs

Public Hearing Process Registration – Pardon petitioners must register witnesses twenty-four (24) hours prior to the public hearing date by contacting the Tribal Secretary at 920-869-4364.

Testimony

- Oral: Each witness will be limited to 5 minutes. Witnesses who have not pre-registered will not be allowed to testify. There will be no exceptions.
- Written: Written testimony must be submitted on or within 5 days of the public hearing date.
- Witnesses: Witnesses who wish to testify against the granting of a pardon must register twenty-four (24) hours prior to the public hearing date. There will be no exceptions.

Petitioners - The following pardon applications will be considered:

Kristin Kramer, Becky Stevens, Klinton Krenzke, Robert Bloedorn, Thomas Doxtator, Rafael Alicea, William Melchert, Scott Morgan, Clyde Ninham, Santia Ninham, Amanda Owens, Jeffery Silas, Jennifer McVey and Sheila Shawnokasic.

This public hearing notice conforms to the Oneida Pardon Ordinance notice requirements [5.5-5 (c)].

www.kalihwisaks.com

Good News

September 23, 2010 • (Wisk) 5B



Oneida Nation FACE Program

Could you or someone you education, adult education, know benefit from joining the FACE (Family And Child Education) Program? The FACE Program promotes school readiness, adult literacy and life long learning. We offer: early childhood

parenting skills and child interactive time. FACE is open to children prenatal to 5 who are eligible to enroll in a BIE School. The FACE Program is available Monday-Thursday, when school is in session.

2. Home Base-Available for children

1. Center Base-Available for parents &/or caregivers with children ages 3-5 years. There is an Early Childhood classroom and also a classroom for the adults. we offer hands on learning, GED completion, study and work skills. Breakfast and lunch are provided



Get the Facts About Diabetes.

- American Indians and Alaska Natives ages 18 to 64 years are diagnosed with type 1 and 2 diabetes more than any other ethnic group in the state of Wisconsin.
- Type 2 diabetes is rising faster among American Indian and Alaska Native children than any other ethnic group.
- People with diabetes can suffer from heart disease, kidney disease, blindness, and amputations.
- Diabetes is controlled by eating healthy and keeping active.



Know your risk. Schedule a visit with your doctor to get tested for diabetes and to learn more about the disease.



There are

Parent Educator occur weekly or bi-weekly. Information for families on health, parenting and community resources.

prenatal to 3 years.

Home visits done by a

For more information please call 869-4634





Prepare for awesomeness at Indian Summer

By Schuyler Metoxen

Thunderhawk Times Have you heard about Indian Summer yet? Well, if you haven't, you missed this year's event on the 10th, 11th, and 12th of this month.

Indian Summer is an annual Festival that happens every year, in the beginning of September down in Milwaukee, Wisconsin. This Festival consists of all sorts of activities that continue all the way through the weekend. Such activities would be bands playing throughout the whole day and evening and a powwow with a grand entry with over 100 dancers involved.



Photo courtesy of Liana Moses

A skateboarding demonstration is just part of the fun found at Indian Summer in Milwaukee.

shops that have all sorts of knick-knacks and clothing and so many different Other things would be food shops that they can

settle any kind of craving. If you haven't already been to Indian Summer, make plans to go next

year and get on it as soon as possible. Then, get ready for the greatest weekend of your life!

Power Hour Reading

By Schuyler Metoxen Thunderhawk Times

Oneida Nation High School has made some changes in the school system this year and one is Power Hour.

Power "Hour" is actually an added half an hour in the schedule for every student in the school; this is to get an understanding of where every student is at their reading levels and to practice and develop reading skills.

So far in the reading groups I have noticed that we all get a literature book that everyone in our

e

All About Jade music is alter-

By Bradley Sievers

Thunderhawk

Jad

Doxtater is a

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reading group has to follow, and make our own corrections and take notes that follow the

reading. At least once a week we take a break from the literature books, and choose a different book from our own choice to read.

I believe that this new Power Hour will really help the students and prepare them for later activities to come to them.

Watch the pages of Thunderhawk Times throughout the school year to see how the whole school is advancing through Power Hour.

No football team AGAIN !?!

By Mary Powless

Thunderhawk Times

They first thing that pops into my head when thinking about our fall season, is football games! Right...YAY?!

Unfortunately, our school hasn't had a team in two years now!

What's up with that?

You can't even get excited about school starting if you have no football team! It's pretty sad actually.

So, to get an idea about how my peers felt about it, I interviewed a few people. Daniel McKinney, a senior here at ONHS, said he "doesn't care anymore." So did Brandon White and Eddie Santiago, also both seniors.

When I asked Santiago what position he would play if we DID have a team his reply was, "what position WOULDN'T I play?"

McKinney said he would play QB and Mr. White said he would play safety.

McKinney and Santiago both agree that we should have a team this year.

"To keep people in shape, and gives people something to do besides drugs," said McKinney.

I personally think we should have a team because it's simply my last year here and I want to have fun this year, go to football games, do homecoming and stuff like that. A lot of others agree!

There is some talk of at least getting eight-man football going. Let's hope it happens!

No T-Hawk Football By Eddie Santiago

Thunderhawk Times

This is the second year that ONHS has had no football program at their school and to seniors like me this is another disappointment. I didn't just want to play football one more time, but I was getting letters from colleges about possibly playing football after I graduated.

The same thing is true for other students.

Keeping a football team has always been tough for the T-Hawks because of a lack of players. Even when we had a team, the Thunderhawks had to play "Iron Man" football, But that also meant that

everyone got a chance to play both sides of ball-

For now, ONHS guy athletes are waiting for

winter sports like basketball and wrestling when

the number of players isn't such a problem. There

is also talk of getting together an eight-man team.

offense and defense—and special teams.

Senior Excellence Continues

By Eddie Santiago

Thunderhawk Times

This is the third year of a program at ONHS called Senior Excellence. The program is to acknowledge seniors are leaders in the school with their academics, behavior, and attendance.

Senior Excellence students must have all As and Bs for grades. They can also have Cs if okayed by their classroom teacher and academic advisor. They cannot have any Ds or Fs.

They can have no unexcused absences or

tardies and their overall attendance has to follow school policy. They also cannot have

any incident reports, detention or suspensions or RTR placements.

Students on Senior Excellence are recognized at the end of the year with an Mp3 player. There are other rewards during the school year.

The first year, the program had seven seniors qualify. Last year, the program had three students for the entire year and four for first or second semester.

Oneida, meet Chanel

From Germany to

By Schuyler Metoxen Thunderhawk

Times

C h a n e l Garcia is a 12th grader at Oneida Nation High School. This will almost be her first year attending the

high school. Chanel attended Ansbach Middle/High School when she and her family were living in Germany. They were there because her father was in the military.

Her favorite classes in school are "study hall, physics, and calculus." On her free time, she likes to "just hang out, and do random things"

with her buddies. She likes to listen to hard core and favorite artist is BFMV. Η favorite place to eat is Pizza but

Chanel Garcia

favorite food is Chicken Noodle soup. She likes to shop at Hot Topic, and enjoys basketball as a sport.

Chanel plans on going to college when she is done with high school, and her career plan is to travel and speak foreign languages for "either political reasons or global companies."

Jade Doxtater

hang out with. Jade does "cool in school, too." (I didn't mean to rhyme right there, but it works.)

Jade is an "A-B grade student." Her favorite subjects are Math and Science.

She likes to "draw and take pictures." She doesn't "mind volunteering to help someone out, unless it's someone she can't stand being around." Her favorite color is orange and her dream car is a Scion XB "because it is cube-shaped."

Her favorite type of

native Her favorite food is pepperoni pizza-something I can agree with. Her favorite Television show is "My Life as Liz." Her favorite Store is

Zumies. Jades family consists

of a dad (John Doxtater), mother (Stacey А Moore), a step-mom (Jodi Doxtater), 5 sisters (Jessica, Desiree, Beth, Amber, Summer), 3 brothers (Ronald Jr., Jasper, Kyle). 2 stepbrothers (Donny, Brad) AHHHHHHH!!!, and 2 Step-sisters (Kamey, Kasey).

There's also that someone special (Brandon White) and lot of Aunties, uncles, and cousins whose names I don't feel like typing out. Seriously...

We are just waiting on enough players with up-todate physicals.

Meet Eddie Santiago

By Johnny Big Medicine

Thunderhawk Times

Eddie is a senior at the Oneida Nation High School. He has been in Oneida Nation the School System "for ten years, except for kindergarten and first grade." That's when he attended Fort Howard Elementary School.

Eddie says he plans on attending college after he finishes up high school.

He is taking journalism class "to finish his English credits" but, his favorite class is Art class.

Outside of school, Eddie enjoys doing sports. In school, he is lacrosse and basketball. His favorite sports team is basketball's Boston Celtics.

He also enjoys "all kinds of music." His favorite artist is Pablo Picasso and his favorite colors are purple, red, and blue.

Eddie says that his hero is his mother, because she was a single mother.

Eddie Santiago



Thunderhawk Times Staff | Semester II 2009-10 School Year Editor Mary Powless Reporters

Johnny Big Medicine Jade Doxtater Chanel Garcia Schuyler Metoxen Eddie Santiago **Bradley Sievers**

Did you know?

By Chanel Garcia

Thunderhawk Times

Did you know that scientists have been discussing the fact that Native Americans may have been here even before the Bering Strait? They have come to find that there are artifacts in China linking to the idea that the strait may have been used for more than a one-way crossing. The strait was originally

believed to have just help bring indigenous people over to America due to hunting for animals and their migration, but why not the opposite?

They have evidence to support this hypothesis that there were indigenous people here that migrated to China and back leaving us clueless as to who the first people in America were and how they got here.





Hopi Tribal Council disapproves drilling project

By Felicia Fonseca Associated Press Writer

FLAGSTAFF, Ariz. (AP) ~ Hopi lawmakers have rescinded their approval of a project to determine whether tribal land is suitable for carbon storage.

The Tribal Council narrowly rejected the federally funded project last that it had week approved in July. The northern Arizona reservation was one of two areas in the state identified by a group of researchers for such testing.

Lawmakers raised concern about potential environmental damage, groundwater contamination and risks to public safety in rescinding prior approvals. Lawmakers backed up the vote with a 1979 tribal resolution that bans energy resource exploration on the reservation.

"They felt very uncomfortable with what the project entailed, liability, possible question marks as to what the impact would be to the tribe," said Hopi Chairman Le Roy Shingoitewa.

Proponents of the project said resource development wasn't proposed. project Rather, the sought to drill one well on tribal land to explore

the geologic rock formations and deep saline aquifers to determine whether carbon storage was possible. Anything beyond the drilling would have required further approval from the Tribal Council, said Joelynn Roberson, a project manager for the council's water and energy team.

The tribe had secured a \$5.5 million grant from the U.S. Department of Energy for the project and was working with a group of researchers with the West Coast Carbon Regional Sequestration Partnership, or WEST-CARB, Roberson said.

Community Banking the Way it Used to Be. BayBar Section 184 Indian Housing Loan Guarantee Program Available at Bay Bank Homeownership in Indian Country In 1992, Congress established the Section 184 Indian Housing Loan Guarantee Program. The program was to offer homeownership and housing rehabilitation opportunities for eligible Native American individ-MEME uals, families, tribes, and Tribally Designated Housing Entities. (Including Indian Housing Authorities) FDIC on their native lands and within and approved Indian area as defined in HUD P.I.H. Notice 2004-19. Section 184 Program Highlights Nationwide program on trust land, allotted trust, or fee simple land. In the State of Wisconsin, Tribal Members may obtain financing through the 184 Program for properties located on or off the Reservation. Refinancing available Purchase and rehabs New construction including manufactured homes Low down payment No maximum income limits Flexible underwriting 1% guarantee fee at closing can be financed into loan No private mortgage insurance required Up to 30 year fixed rate financing at conventional rates Any Native American or Alaskan Native that is a member of a federally recognized tribe or an Alaskan village is eligible for a Section 184 loan. To obtain additional information or to apply for a Section 184 loan, please contact a mortgage specialist at Bay Bank. Apply online at: https://baybankgb.mtgloanapp.com 2555 Packerland Drive • Green Bay, WI 54313 (920) 490 - 7600 JUST MOVE IT ONEIDA EVENT DATES & LOCATIONS

Being PHYSICALLY ACTIVE EVERY DAYlike running and walking can help you stay healthy and prevent diabetes and heart disease. Exercising each day, can lower your chances of getting diabetes by more than 60%! Your CHOICES can make a big difference! You have the power to CHOOSE TO MOVE for optimal health / well being

_		
•	9.25.10 - 10 am	ADA Oneida Walk Norbert Hill Center
•	10.20.10 - 6 pm	Primitive Skills GPS Quarry Park
0 0 0	11.3.10 - 6 pm	Women's Wellness Fair Walk/Run Social Services
•	12.29.10 - 10 am	JMI—Jingle Walk Oneida Family Fitness
•	1.19.11 - 10 am	JMI—Winter Walk Oneida Family Fitness
0 0	2.5.11 - 10 am	Healthy Heart Winter Fest Cultural Heritage Cottages
•	3.2.11 - 5 pm	Family Fun Night Oneida Nation Elementary School
•	4.30.11 - 9 am	March of Dimes Ashwaubenon
0 0 0	5.18.11 - 6 pm	National Employee Health & Fitness Day Oneida Family Fitness In House & Work Sites
•	6.11.11 - 8 am	Bellin Run/Walk Team Oneida Walk/Run Event
•	7.20.11 - 6 pm	JMI—Summer Walk Duck Creek Trail
0	8.20.11 - 10 am	Environmental Community Clean Up Parish Hall & Hwy. 54

The partnership, led by the California Energy Commission, is one of seven across the country created to look at opportunities to keep carbon dioxide emissions out of the atmosphere because it traps heat.

WESTCARB eyed the Colorado Plateau as a potential carbon storage site because of its rock formations that have few faults and the area's coalfired power plants, said Rich Myhre, outreach coordinator for WEST-CARB.

The power plants are among the largest producers of carbon dioxide emissions, and future climate legislation could force the regulation of such discharges. Four coal-burning plants lie in northeast Arizona - one that is fed by coal mined from the Hopi and Navajo reservations - and generate about 40 million tons of carbon dioxide each year.

WESTCARB had drilled a 3,800-foot exploratory well adjacent to the Cholla Power Plant near Holbrook. That test revealed the rocks were thick enough to trap carbon dioxide and the water salty enough not to interfere with drinking water, but the pore space was insufficient, Myhre said.

WESTCARB then looked toward Hopi land and proposed drilling a well 7,000 feet beneath the Black Mesa Basin to test the geology and sample the fluids underground. If the ground was found unsuitable for carbon storage, no further work would be done and the well could have been used to access drinking water or for livestock, Roberson said.

If the geology was confirmed, the potential for carbon storage could further the use of the tribe's coal resources, she said.

Hopi lawmaker Leroy Sumatzkuku said he was concerned about the lack of federal regulations and policies regarding carbon capture and storage. Large-scale carbon sequestration has not been tested in the United States.

"I made a choice not to subject our people to an experimental project on own lands," our Sumatzkuku said in a statement. "We have to take a stand in protecting our valuable natural resources."

Myhre said the group has not identified any other sites for possible testing in Arizona and respects the decision of the Hopis.

a live call-in program let's talk about it Call 1-877-988-2888 during the show 1390CC ઝ(ਕ Indian Mascots October 5, 2010, 7:00 p.m.



Notice of Availability

The Oneida Tribe is proposing to undertake stream restoration on the South Branch of the Suamico River from its headwater wetland south of Reformatory Road, northeastward to where it leaves the reservation under State Highway 29. The project will add sinuosity, reduce stream velocity, and buffer the stream channel. Vegetation will be planted in the disturbed areas to reduce erosion and provide shade to help cool the stream. Development is intended to occur in township 24 north, range 19 east, in sections 8,9, and 17. The restoration and buffering will occur primarily on tribal trust lands in the Town of Oneida, on the Oneida Indian Reservation, in Outagamie County. A draft environmental assessment (EA) has been prepared regarding this proposed action in compliance with the Oneida Environmental Policy (2-13-93B) and the National Environmental Policy Act (NEPA). The draft EA contains project information, affected environment, project alternatives, and consultation letters. Comments were requested from the United States Fish and Wildlife Service regarding possible impacts to threatened and endangered species, Oneida Cultural Heritage Department for possible impacts to culturally significant areas, the Army Corps of Engineers regarding wetland disturbance, and the Environmental Protection Agency for possible permitting needs regarding in-stream development.

and degraded by past land use practices. This project will improve degraded instream habitat, restore hydrologic function, and will reduce erosion and pollution from agricultural run-off. The Oneida Tribe has a rich fishing tradition and the community consistently requests improvements in water quality for fish populations. Northern pike have recently been recorded in the river's headwaters. This project will assist in maintaining and improving the river's habitat for spawning and rearing northern pike and other aquatic species.

JUST MOVE IT (JMI) is a series of noncompetitive walk/run and other physical, cultural, and wellness activities held on the Oneida reservation and surrounding communities. Events are open to families and communities of all ages. Every new registrant who participates receives a free t-shirt. JMI Oneida is hosting twelve events at various locations around the reservation. JMI events promote holistic well being. We encourage families to PLAY-be active together, learn new skills, increase your knowledge of our land, our language and culture and OUR WAYS-TsipNiyukwalihoTA The goal of JMI Oneida is to increase physical activity to prevent diabetes and heart disease by getting people moving and improve their quality of life. We envision all people living Healthy, Balanced Lifestyles!

Just Move It Oneida is made possible by the commitment and partnership of: Oneida Family Fitness 490-3730, Oneida Community Health Center-Health Promotion 490-3927, Oneida Experiential/Adventure 490-3846, and Oneida Environmental Health & Safety 497-5812, and the Oneida Diabetes Program 869-2711.



QUESTIONS? 920-490-3730 org/fitness

Need for Project

The South Branch of the Suamico River was once a warm-water fishery for northern pike. The headwaters and some of the river's reaches were straightened

Alternatives

The preferred alternative will be toundertake stream restoration on the South Branch of the Suamico River from its headwaters to the Oneida Reservation boundary. The project will include constructing stream meanders, riffle structures, and buffers to simulate natural stream conditions. The impacted area will be approximately 9 acres. The project is expected to improve water quality, reduce erosion and sedimentation, and provide habitat for naturally reproducing northern pike populations.

The No-Action alternative would not more the tribe forward toward enhancing the community's expressed desire for improving the reservation's fishery.

Comments and Availability:

Interested parties may obtain copies of these documents from the address below. Comments regarding the proposed action may be submitted within 30 days of the date of this NOA. Contact Bill Koonz at (920) 496-5350 or write Oneida Environmental, Health & Safety Division, PO Box 365, Oneida, WI 54155 for additional information.

Sports

Cty H Recreation Hosts Back to Football Friday

Submitted by Kyle Casper

Recreation Supervisor

The Oneida Recreation Department at Cty H recently hosted an event for "Back to Football Friday." The members were given the opportunity to participate in football themed activities in all four areas of the building. The Sports and Fitness area held a flagfootball game. In the Learning Center, youth were able place football logos on a map where the team is located. The Social Recreation area hosted a paper football tournament. Meanwhile, in the art room, youth were provided the opportunity to create a splatter



Photos courtesy of Roberta Thomas Top: Youth participate in a flag-football

game. Bottom: Kids display the letters NFL created with green and gold paint.

painting on the letters 4:00 - 5:30 with 37 The activities NFL. occurred Friday, September 10th from

youth participating in the day's activities.



Time: 11am—3pm Ages: 13—19

4470 N. Pinetree Rd. Oneida WI 920.434.7501 www.thornberrycreekcc.net

Fee: \$18.00 per golfer. Each golfer responsible to pay own fees. Walking 18 hole





RE	GISTRATION DEADLINE: SEPTEMBER 29	TH, 2010
OR email to lhill4@oneidanation.org. We, as parents, agree to and understan	Oneida Fitness Center for Lori Hill or Scott Murra OR Fax to 920.490.3814. In that attending the activities provided on this da ence, drugs, alcohol and disrespect of staff as we	y is a privilege. By signing this registration
Participant Name:	Date of Birth:	Age:
Tribal Affiliation:	Parent Name:	
Home Phone:	Cell Phone:	
Address:		
Parent/Guardian Name & Contact Pho	one during clinic:	
Enterprises and agents from any liabili	heirs hereby release the Oneida Nation and all it' ity for damages to or loss of personal property, si ath, loss of money, etc. for which the Oneida Trib tetivity.	ckness, and injury from whatever source,
Parent/Guardian Signature:		Date:
For more information contact Scott M	urray at 920.490.3806 or via email at smurray@o	neidanation.org





Eva Powless - Oneida Nation High School Senior - Volleyball

Position: Strong Side Hitter

Biggest Accomplishment: Being able to comfortably play every position on the court and being named team co-captain

Goals for the season: Win the rest of the scheduled games and just have fun

What has volleyball taught you: Leadership and to be part of a productive team

Other sports: Basketball and will play softball if the school has a team this year





Know a student that should be "Athlete of the Week"? Email Nate Wisneski at nwisnes@oneidanation.org or call (920) 496-7319 to tell him.

Oneida Tribal Website Survey

The Website Steering Team (WST)* is looking for feedback about the Oneida Tribe's website from tribal members and the general public. Please look for the survey icon on the Oneidanation.org homepage. It can also be found the on Government homepage, the Kalihwisaks homepage and under Employment Opportunities.



Through this survey and other ongoing efforts, the WST seeks to create a "virtual" Oneida for our 169,521 website guests. The WST's purpose is to ensure that the Oneida Tribe's website communicates meaningful, accurate and dynamic information to Oneida Tribal members and the greater public.

For more information about the WST please contact Brenda John-Stevens in the Tribal Secretary's Office at (920) 869-4458 or email bjohn1@oneidanation.org

The Website Steering Team is sponsored by the Tribal Secretary who has been delegated to govern the Oneida Tribes official website through Tribal Resolution 02-24-10-E.

Indigenous Games USA Inc Fundraiser for 2011 Friday, October 1, 2010 **Thornberry Creek at Oneida** 8:00am Check-In 9:00am Shotgun Start \$55 per golfer includes 18 holes of golf, cart and food **Registration deadline Monday, September 27, 2010**

For registration or more info, contact: Pete King at (920) 713-8634

Looking for Tribes to sponsor an event hole - \$200 per hole

Health

Native Men Reclaiming Their Honor by Respecting Women

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By Gene Red Hail

Domestic Violence Coordinator, Oneida Social Services

My role in the Oneida Domestic Violence Program Men's is Facilitator. In this role, I help educate men in our community to take accountability for their actions, help identify where their current beliefs come from, assist them in developing strategies to redefine their role as Native Men, and to make positive changes in their lives.

The Men's Alternative Program is a 25-week program that meets weekly for a 2-hour session. An assessment is required before entrance into the program. Our program accepts referrals from Probation and Parole, Prosecutor office. Social Services organizations, other Domestic Violence programs, and, self-referrals.

The first dynamic we discuss in the Men's Alternative to Domestic Violence Program is historical beliefs. In the 1500's Friar Cerubino of Sena compiled the Rules of Marriage which described this scenario; "When you see your wife commit an offense, don't rush at her with insults and violent blows... Scold her sharply, bully and terrify her. And if this still doesn't work... take a stick and beat her soundly, for it is better to punish the body and correct her soul that damage the soul and spare the body... Then readily beat her, not in rage but out of

concern for her soul, so that the beatwill ing redound to merit your her and good." This belief system is still in existence today as men get to define the

charity

and

offense. In today's

society the phrase, "Act Like a Man," still exists. "Grow up!" "Act like a man!" What we do as boys learn about what it means to "act like a man?" These are some of the items in the Act-Like-a-Man-Box: yell at people, have no emotions, stand up for themselves which at times make them turn into bullies, don't make mistakes causing anger, don't back down or stay in control.

We re-educate the men in regards to native beliefs and values. In the Oneida tradition, a man would retain allegiance to the clan of his birth, but live "matrilocally" (of or pertaining to residence with the wife's family or tribe) in the longhouse of his wife's clan. There was a natural element of protection. Iroquois society was organized to maintain a balance of equality between women and men. The women and children were protected from violence. In Euro-American society there was a belief "Men don't cry." We re-educate the



Gene Red Hail

and children. We educated the men that through external oppression, when boarding schools had authority and power over the people, the nonnatives imposed their belief system, values and life ways onto the native people. This created Internalized Oppression when our people came to believe and act as if the oppressor's belief system values and life way was their own. This resulted in our native people becoming ashamed of whom they were and they began disowning their own traditional cultural values and beliefs. This is when the native men began believing: Women and children are property of men. Women are sex objects. Men have a right to use violence against their partners. Women are manipulative and devious. The Men's program helps the men understand that these were not traditional beliefs but what was forced upon our people. In the traditional native cultures women were considered sacred and

the leaders. We provide the men the opportunity to make this change in their belief system.

The Men's Program works with men in understanding violence as a dynamic in our lives and re-learning the native values and how to live as a native man. The first step is helping the men take accountability for their actions. We re-educate them in regards to making positive choices for themselves and their families. They learn to utilize techniques that assist them to choose alternative behaviors such as, take a time out, and leave for a cooling down period, and also going and talking with other men in the program. Taking time to think about what is causing them to react.

Another important component is identifying their values and beliefs of what their role is as a Native husband and father. We help them realize they need to change their values and beliefs and begin valuing themselves as Native men. Many times the only model these men have had in their lives was abusive fathers or no father. Many of the men in our community have grown up with no positive male role model. They have grown up in single parent families, only their mother has provided care for them so they do not understand their role in the family system.

in another important step. They begin the process of healing from past abuse and/or neglect. Many times these men have deep wounds of which they have never spoken to anyone, including their partners or children. In the Men's Program, we provide a spiritual component, which helps the men begin this healing. We provide them a lot of encouragement and help them realize they are not alone. When the men are able to listen to others about their past abuse: physical, emotional, and even sexual, it helps them to express their own experiences.

Currently, we have a group of community Native men, who have been through the Men's Program now assisting in the program to help men realize change is possible. These men are dedicating their lives to help other men. They provide encouragement and understanding to current participants. Some of them assist in group and/or assist in the spiritual gatherings. I cannot say enough about the changes these men have made and the impact they have on men currently in this program. This is part of the grassroots dynamics in our program.

7 Places to Call

To talk about domestic violence and sexual assault. Step up, get involved, end violence in your own life. We are here to partner with you.

- 1. Oneida Domestic Violence Services 1-888-490-2457 (920) 490-3702, (920) 490-3760
- 2640 West Point Road Green Bay, WI 54313 2. Golden House (920) 435-0100
- 1100 University Ave, Green Bay WI 54302 Family Services Sexual Assault Center (920) 436-8899 3.
- 300 Crooks Street Green Bay, WI Harbor House (920) 832-1666, Calumet County toll free 4. (800) 970-1171 750 West 5th Ave Appleton, WI 54914
- Reach Counseling Services (920) 722-8150 5. 1370 Commercial Street Neenah, WI 54956
- Wise Women Gathering Place (920) 490-0627 2482 Babcock Rd, Green Bay WI 54313
- 7. Oneida Police Department (920) 869-2239 2783 Freedom Road Oneida, WI 54155



Healing from their past

Nutrition: Should We Be Eating an Apple a Day?

By Megan Schwobe UWGB Dietetic Intern

Many of us have heard the phrase "An apple a day keeps the doctor away" from our parents, grandparents, teachers, and even our doctors. But what is the reason behind this saying? Apples are a nutritious snack that can be enjoyed by all ages. An apple is easy to carry along and can be eaten anywhere. That's what makes them such a great on-the-go snack.

apples so good for us to eat. The nutrition breakdown of one medium size apple, eaten raw with the peel, is listed:

into what makes energy during the day.

are low in fat, cholesterol, and sodium. Apples, like many fruits, naturally have carbohydrates and sugars, which give you

and copper. All of these nutrients make apples a great source of fruit everyday.

The USDA recommends in the Dietary Guidelines for Americans, that we should consume at least 2 cups of fruit per day on a diet of 2,000 calories per day. One medium size apple

doctor away."

It's apple picking season! Although there are many other fruits to enjoy, like oranges and bananas; apples are grown throughout Wisconsin. We can enjoy apples fresh from local orchards, like the Oneida Nation Apple Orchard. Picking your own apples not only saves you money, but it's a great activity for the whole family and teaches kids about where their food comes from. You won't even realize you

are including physical activity in your day because you'll be having so much fun picking apples with your family and friends. Contact your local orchard this fall to find out when your favorite variety of apples will be ready for picking; so that you and your family can enjoy all the delicious flavors and health benefits fresh apples have to offer!

Let's dive even deeper

(1) Apple, medium: $1\frac{1}{4}$ cups Calories: 95 0 gms Fat: Cholesterol: 0 gms Sodium: 2 mgTotal Carbs: 25 gms Dietary Fiber: 4.4 gms Sugar: 18.9 gms As you can see, apples

They also pack a good amount of dietary fiber. Apples are high in several vitamins and minerals that we need to function everyday including: Vitamins- C, K, B6, E and A; and Mineralspotassium, manganese, phosphorus, magnesium

is considered 1 ¹/₄ cups of fruit. Because of this, I would like to change the apple-a-day phrase only slightly to, "Two apples a day keep the



Together we can stop diabetes. One step at a time.

Date: Saturday, September 25

Time: 8:45 AM Check-In 10:00 AM Start

Place: Norbert Hill Center N7210 Seminary Rd Oneida, WI 54155

Step Out starts with a scenic walk through Norbert Hill Center trails followed by lunch and a health and wellness fair at the finish line.

To register for TEAM ONEIDA:

-Stop at the Oneida Community Health Center or Oneida Family Fitness, OR -Visit our website http:main.diabetes.org/goto/OneidaWalk2010

For more information, you may call Margaret VanDen Heuvel at (920) 869-4941.





You're Invited!

Come to the **Oneida Community Health Center**

AND

learn more about Oneida's **Diabetes and Cardiovascular** Disease

with **Oneida Diabetes Team**

When: Tuesday, October 12, 2010 5:00-6:00 pm Time: Where: Main Conference Room

Health Education/Information Booths

Gift Card to the first 20 attendees!

Please contact Oneida Health Promotion for more information-(920) 490-3927

Family Fitness Highlights

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Oneida Family Fitness Summer Hours: M-T-W-TH-F: 5:30ам-8:30рм Saturday: 8:00AM - 1:30PM For more information call 920-490-3730

Oneida Family Fitness lifter sets national records

By Adam Brown

Martial Arts Instructor August 7, 2010 was a warm Saturday at the Wisconsin State Fair in Allis. West Oneida Family Fitness weightlifter, Jim Sot made his way to the Son Light International Powerlifting Association Wisconsin Outlaw State Fair Bench press/ Deadlift Championships to try his luck.

By the end of the afternoon, Jim had set two national records for the bench press. First, in the "raw" division, he successfully hoisted 235 pounds. A little later, in the "assisted" division, he managed to lift 285 pounds!

Jim, who turns 66 in November, weighs in at 165 pounds. He's been weight training and pow-



Photo Courtesy of Adam Brown Jim Sot, left, with OFF Fitness Specialist Supervisor Ryan Engel.

erlifting most of his adult late Jim on his accomlife, setting and smashing records for many years. would like to congratu-

plishments and let him know how proud we are Oneida Family Fitness to have him as a Fitness Center member!

WALK,RUN,SWIM,SPIN,LIFT. ADVANTAGES OF CROSS TRAINING

Cross training is a great way to condition different muscle groups, develop a new set of skills, and reduce boredom that creeps in after months of the same exercise routines. The term cross training refers to a training routine that involves several different forms of exercise. The following are a list of the benefits and exercises for cross training.

Benefits of Cross Training:

- **Reduces exercise boredom**
- Allows you to be flexible about you training needs and plans (if the pool is closed, you can go for a run instead).
- Produces a higher level of all around conditioning
- Conditions the entire body, not just specific muscle groups
- Reduces the risk of injury
- Work some muscles while others rest and recover
- Improves your skill, agility and balance

Exercises for Cross Training:

1. Cardio Exercises:

Running Swimming Stair Climbing Skating (inline or ice) Rope jumping Skiing Basketball, volleyball, other team sports 2. Strength Training:

Calisthenics (pushups, crunches, pullups) **Free Weights**

BOSU ball helps spice up exercise

step-ups,

motion.

and agility.

• Sports conditioning –

Use it to perform sports

drills, like jumping or

plyometric moves, to

increase performance

Core training – Use it

lower back exercises to

target the core muscles.

Strength training – Add

a whole new challenge

to your squats, lunges,

deadlifts, and push-ups.

You can also use it as a

weight bench to add a

balance challenge dur-

ing traditional weight

Doing exercises on the

Bosu ball requires you to

maintain your center of

gravity over a surface

that is constantly chang-

ing. Just standing on it is

challenging, as your body

moves and shifts into and

work.

for abdominal

lunges.

bursts of cardio such

as hops, jumps,

Flexibility – Stand

or kneel on the

dome doing tradi-

tional stretches to

add more range of

and

and



What is a Bosu ball? Well "Bosu" stands for "both sides utilized" and it's a piece of fitness equipment that everyone should get to know. The Bosu ball is an exciting fitness tool that can be used for several different activities. The Bosu ball is like an exercise ball cut in half with a squishy dome side on top and a smooth platform on the bottom.

You can have it domeside-up and perform cardio, lower body or core movements. If you turn it over and use the platform side, then you can perform upper body exercises, like push-ups, or more core moves, like planks. The movements and possibilities are endless.

Some fitness exercises to perform on the ball include:

• Cardio – Use it for short

Diabetes Prevention Awareness

By Eric Frantz Fitness Specialist

Diabetes is a very common occurrence in the world today. There are a few different forms of diabetes that can be found. There is gestational diabetes, which can be found in some pregnant woman. There is also Type 1 diabetes, commonly found in children and teenagers. With this, the pancreas most likely will not produce insulin which means that the person will have to use insulin shots or pumps to help control their blood sugar levels. Lastly, and most prevalent, there is Type 2 diabetes, often referred to as adult onset diabetes. This type can often be controlled with a combination of healthy eating habits, regular exercise and medications that can help your insulin to work better at controlling blood sugar levels. Type 2 diabetes can be very common in Native American populations. With that said, there is a significant amount of people in Oneida that either have Type 2 diabetes or are prone to having it due to lifestyle choices and/or family history. For anyone that currently has diabetes or has been diagnosed as being pre-diabetic, there is a lot you can do to improve your blood sugar levels and quality of life. In order to help prevent Type 2 diabetes, there are a few healthy lifestyle choices that a person can make. For starters, make time to exercise on a regular basis. If you're not used to exercising, just start with one or two days a week for 10-20 minutes. Over the course of a few months, try to work your way up to three to five days a week for 30-60 minutes. That may seem like a lot, but you'll be doing it before

you know it. Try different varieties of exercises to help keep you interested. Have your family members join you for exercise, especially children. Help them to develop healthy habits at a young age so they will take better care of themselves as they grow older.

Besides exercising, a person can make better choices in their eating habits. No matter what diet plan you find, they all have some very similar basic principles. For starters, consume a larger percentage of your daily calories in the morning hours and less in the evening before bed. Eat a variety of whole fresh fruits and vegetables. Eat leaner cuts of meat, such as fish, chicken or turkey. Eat whole grains such as oats or whole wheat instead of foods with enriched wheat flour. Eat smaller portions. Consume smaller meals that are spread out every three hours or so throughout the day to

out of balance. Using the Bosu ball can help you improve:

- Balance Because the balance ball is never stable, you're constantly engaging the small stabilizer muscles in the upper and lower body to keep you in place.
- Kinesthetic awareness - Awareness of how the body is positioned at any given moment. This awareness is something that often declines as we age, so the ball can help you stay connected with how your body moves.
- Proprioception How your body responds to external forces to keep your joints in the right position. When you stand on the ball, all of your muscles are forced to contract to keep your joints in proper position.

The best thing about the Bosu ball is that it adds versatility to your workouts. Give yourself a challenge and try using the Bosu ball during your next workout!

help raise your metabolism. Dine out only once or twice a week and try to eliminate fast foods. And just like exercise, try to get your family on board with healthier eating habits, especially children. If you ever need help on developing healthy eating habits, set up an appointment to work with a registered dietician.

If you already have Type 2 diabetes or are considered pre-diabetic, don't worry. Work closely with your team of doctors, nurses and dieti-





Zumba Gold is a series of fitness programs specifically designed to tal the exciting Latin and International dance rhythms" to a basic level.

Who is it for?

It is designed for the active older adult, the beginner participant and other special populations that are in need of modification.

Why was it created?

It was created to make the moves fun and easy to understand so everybody can do it!

What types of dances will we be doing? Anything and everything. Our dances will range from Salsa to Belly Dance to Cha-Cha to Rock N' Roll to Country.

Please come and join us on Friday mornings from 9:15 am to 10:00 am to see what the talk is all about. If you have any questions please feel free to call Oneida Family Fitness at 920-490-3730 or email us at familyfitness@oneidanation.org.

DITCH THE WORKOUT AND JOIN THE PARTY for this "lower impact, easy to follow, Latin dance inspired fitness party that keeps you in the groove of life."

cians if you're not already doing so. Follow the same advice previously mentioned and you too will be healthier and find your blood sugar levels becoming normal. Set up a fitness assessment or equipment orientation at Oneida Family Fitness to help get your exercise program started! Call 920-490-3852 or stop at the service desk today.

Oneida Family Fitness Staff

Michelle MielkeFitness Center Director
Ryan WaterstreetAssistant Director
Amy GriesbachOffice Manager
Ryan EngelFitness Specialist Supervisor
Stefanie ReinkeFitness Specialist Supervisor
Eric Frantz
Jason MandersFitness Specialist
Jessica Trem1Fitness Specialist
Todd SheltoFitness Specialist
Amanda RiesenbergFitness Specialist
Brad SosinskyFitness Specialist
Tek SkenandoreFitness Assistant
Hudson Denny
Kevin SchoenebeckMartial Arts Coordinator
Adam BrownMartial Arts Instructor
Maureen CislerAdministrative Assistant
Shoshana KingAdministrative Assistant
Teresa RothAquatics Supervisor
Teresa Holschuh-SiejaA quatics Trainer/Supervisor
Nicole CooleyLifeguard
Orrie KreuscherLifeguard
Jessica MettlerLifeguard
The Oneide Femily Eitness (OEE) staff is here to some

The Oneida Family Fitness (OFF) staff is here to serve you! If you haven't been to the Fitness Center lately, please stop in and get acquainted with the staff! The office is located at: 2640 West Point • Green Bay, WI

Phone: (920) 490-3730 Look for O.F.F. Highlights once a month in the Kalihwisaks!