



**Come on out & help JMIO
support National Employee
Health & Fitness Day**

Just Move It Oneida

Wednesday, May 17th

At Oneida Nation Elementary School

4:00-6:30pm

**We encourage 1-3 miles walking at your
own pace.**

Light lunch provided while supplies last.



FREE event for all community members! DO NOT need to RSVP.

For Questions Call 490-3993