

# DRUMS ACROSS ONEIDA

Oneida Elder Services  
Lee McLester II Building  
P.O. Box 365, 2907 S Overland  
Rd.

Oneida, WI 54155  
Phone: 920-869-2448  
1-800-867-1551

Drums contact: Helen Doxtator  
Email: [hdoxtato@oneidanation.org](mailto:hdoxtato@oneidanation.org)



Elder Services Congregate  
Meal Site  
2901 S. Overland  
Oneida, WI 54155  
Phone: 920-869-1551

Drums articles can also be viewed at [Oneida-nsn.gov/elderservices/](http://Oneida-nsn.gov/elderservices/)

Tsi? Nihuto·láts Wahní·tale?

Hunting moon

November 2014



November Menu  
November Activities  
Nutrition Information  
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Elder Gift Shop  
Yawá?Kó  
Up close & personal with Linda Hurst  
November Puzzle  
GLNAEA  
Elder Library



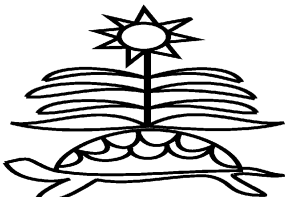


# NOVEMBER 2014 MENU

CONGREGATE MEAL SITE: 2901 S OVERLAND, ONEIDA WI, 54155    PHONE: (920)869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
All meals are served with coffee, tea, juice, milk or water.	Menu is subject to change. Lunch is served Monday-Friday from 12:00 p.m.-1:00p.m.			
3 BBQ Chicken Oven Brown Potato Broccoli  Fruit	4 <b>STAFF MEETING</b> Ring Bologna Buttered Potato Squash  Fruit	5 Roast Turkey Dressing Mixed Vegetable Lettuce Salad Cranberry Salad Pudding	6 Chili Raw Vegetables  Banana	7 Baked Fish Potato Cole Slaw  Applesauce
10 Corn Soup Meat Sandwich Raw Vegetables  Jell-O	11  <b>CLOSED IN OBSERVANCE OF VETERAN'S DAY</b>	12 Ham Scalloped Potato Green Beans  Applesauce	13 Swedish Meat balls Noodles Squash Cucumber Salad Fresh Fruit	14 Honey Dipped Chicken Roasted Chicken California Vegetables  Diced Melon
17 Sloppy Joe Oven Roast Potato Corn On The Cob  Cookie	18 Spaghetti Meat Sauce Italian Blend Veggies Cheesy Bread  Fruit	19 Swiss Steak Baked Potato Brussels Sprouts  Fruit Cocktail	20 <b>BIRTHDAY DAY</b> <b>Beef Stew</b> <b>Biscuit</b> <b>Raw Vegetables</b>  <b>Cake</b>	21 Baked Fish Oven Roasted Potato Asparagus  Oranges
24 Baked Ziti Mixed Vegetables  Fresh Fruit	25 Chicken Soup Sandwich Lettuce Salad  Jell-O	26 Roast Turkey Sweet Potato Wax Beans Cranberry Sauce  Fruit	27  <b>CLOSED THANKSGIVING DAY</b>	28  <b>CLOSED INDIAN DAY</b>

# NOVEMBER 2014 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Apples to Apples</b> Activity Room 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Wii Bowling</b> E.S. Meal-site 1:15	<b>4</b>  <b>Tai chi</b> (Light stretch & balance) E.S. Meal-site 1:30 – 2:30	<b>5 Loaded Questions</b> Activity Room 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Bingo</b> Cliff Webster Build 1:30	<b>6</b>  <b>Cooking Class</b> Activity Room 9:30  <b>Rubber Stamping</b> E.S. Meal-site 1:15	<b>7</b>  <b>Banks, Shopping &amp; Lunch Out</b> (On your own) 10:00 – 3:00 No Transportation for lunch this day.
<b>10 Chinese Checkers</b> Activity Room 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Bingo</b> E.S. Meal-site 1:00	<b>11</b>  <b>NO ACTIVITIES OFF IN OBSERVANCE OF VETERANS DAY</b>	<b>12 Qwirkle</b> Activity Room 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Bingo</b> Cliff Webster Build 1:30	<b>13</b>  <b>Chair Yoga</b> Oneida Family Fitness 10:00 <b>Movie</b> (Fish Hawk) E.S. Meal-site 1:15	<b>14</b>  <b>Banks, Shopping &amp; Lunch Out</b> (On your own) 10:00 – 3:00 No Transportation for lunch this day.
<b>17 UNO</b> Activity Room 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Wii Bowling</b> E.S. Meal-site 1:15	<b>18</b>  <b>Tai chi</b> (Light stretch & balance) E.S. Meal-site 1:30 – 2:30	<b>19 5 Second Rule</b> Activity Room 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Bingo</b> Cliff Webster Build 1:30	<b>20</b>  <b>St Vincent DePaul</b> Green Bay 10:00 <b>Birthday lunch 12:00</b> Oneida Museum 1:15	<b>21</b>  <b>Banks, Shopping &amp; Lunch Out</b> (On your own) 10:00 – 3:00 No Transportation for lunch this day.
<b>24 What's yours like</b> Activity Room 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Bingo</b> E.S. Meal-site 1:00	<b>25</b>  <b>Crafts</b> (Corn Husk Dolls) 9:30 – 11:00 E.S. Meal-site	<b>26 Banks/Shop</b> 9:30 – 1:00 <b>Exercise</b> E.S. Meal-site 11:00 <b>Bingo</b> Cliff Webster Build 1:30	<b>27</b>  <b>NO ACTIVITIES OFF IN OBSERVANCE THANKSGIVING DAY</b>	<b>28</b>  <b>NO ACTIVITIES OFF IN OBSERVANCE OF INDIAN DAY</b>
			* Please sign up for trips at the E.S. Meal-site. * All Trips leave from E.S. Meal-site * Activities subject to change.	Is this the Month of your Birthday? You must sign up in the Birthday Book at the E.S. Meal-site. *Must be present at B-day Lunch to receive your gift card.

**\*\*If you have any questions Please call Michelle Cottrell at 869 -1551\*\***

# **NOTICE\*\*NOTICE\*\*NOTICE**



## **Attention All Participants of the Elder Services Congregate Meal Site: Please Help!**

Participants who eat at the Elder Services Congregate Meal Site must call in to reserve or to cancel their meal before 3:30 p.m. the day before...

If you reserve a meal and don't show we're required to pay for that meal. If you show up without a reservation you'll have to wait until all reserved meals are served.

**\*No participant will be denied a meal\***

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### **Volunteers Wanted:**

The meal site is looking for volunteers, age 55 or older; services needed are assistance in the dining area and delivery of Home Delivered Meals to homebound elders. If you would like to volunteer, call or stop in at the Elder Services Congregate Meal Site: 2901 S Overland Rd, Oneida, 54155

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### **Upcoming Nutrition Advisory Council Meetings:**

- When: 3<sup>rd</sup> Friday of the Month
- Time: 1:00 p.m.
- Where: Elder Services Congregate Meal Site

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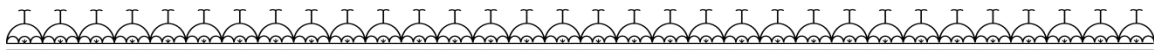
**To Reserve or Cancel your meals please call (920) 869-1551  
For more information contact: Loretta Mencheski,  
Meal Site Supervisor**

***Oneida Elder Services  
Native American Family Caregiver  
For more information contact: Barbara Silva/Native American Family  
Caregiver at (920)869-2448***

Oneida Elder Services, "Native American Family Caregiver Voucher/Stipend Program", is designed to give established primary caregivers the opportunity to have a break from their caregiving responsibilities for up to 10 hours a month. It also provides an hourly stipend/wage to the relief caregiver. You may qualify for this program if you are a caregiver, recipient, or grandparent who is legally caring for their grandchild(ren), Native American, age 55+ and live within the reservation boundaries.



**\*\*Services are dependent on available funds\*\***



Take time out for yourself as a caregiver of a loved one to share experiences, ideas, companionship and support for one another! We offer a variety of guest speakers with the focus on the wellness of you. Join us for our Native American Family Caregiver (NAFCG) & Alzheimer's Support Group at:

**Elder Services Complex – Pod A**  
2907 S Overland Rd, Oneida WI 54155  
4<sup>th</sup> Wednesday of the Month  
1:30 PM – 3:30 PM



**NOTICE\*\*NOTICE\*\*NOTICE:**

Beginning in January 2015 the NAFCG/Alzheimer's Support Group day will change from Wednesday to 4<sup>th</sup> Thursday of the Month.

Native American Family Care Giver (NAFCG) Voucher Program  
Standard Operating Procedure (SOP) approved 9-2014  
For more Information please call 869-2448 and ask for the Service  
Specialist

1. PURPOSE of SOP: To provide guidelines for Elder Services staff to expedite Title VI Native American Family Care Giver grant funds into vouchers used to cover the cost of Relief Respite Caregiver workers.
2. DEFINITION:
  - 2.1. **A/P Check Request Form:** Form to request check to pay for hours worked. Form found on Oneida Tribe Intranet.
  - 2.2. **Background Investigation Disclosure (BID) Form:** Background check done to approve relief respite care workers. Form found on Oneida Tribe Intranet.
  - 2.3. **Native American Family Care Giver (NAFCG):** Oneida Elder Service Employee.
  - 2.4. **Caregiver:** an adult family member or close acquaintance that performs tasks designed to assist an individual with routine activities of daily living, and is recognized as such by Oneida Elder Services.
  - 2.5. **Provider Agreement:** Relief respite care worker and the caregiver, acknowledging their agreement of the services provided. (See attached Form page 3).
  - 2.6. **Voucher Application Form:** Completed by established Family Caregiver to receive Respite Relief from their responsibilities. (See Attached Form page 4).
  - 2.7. **Voucher Invoice:** Records of times and dates of relief respite care worker services. (See Attached Form page 5).
  - 2.8. **Relief Respite Care:** Service provided by a relief respite care worker to give primary caregiver a break.
  - 2.9. **Respite Care:** Services provided by NAFCG.
  - 2.10. **Frail:** a person who is weak, delicate, or functionally impaired and unable to perform daily living activities.
3. WORK STANDARD:
  - 3.1 The NAFCG Voucher Program is dependent on available funding.
    - 3.1.1 Established Family Caregiver will receive Relief Respite Care by an approved Relief Respite Caregiver Worker.
    - 3.1.2 Maximum payment per hour shall be \$8.00.
    - 3.1.3 Maximum hours of caregiver relief will be ten (10) hours per month.
    - 3.1.4 **All Relief Respite Care Workers** must meet the following qualifications prior to hire:

- 3.1.4.1 **Relief Respite Caregiver Worker** must be age 18 or older.
    - 3.1.4.2 Pass a background check by completing a Background Investigation Disclosure form (BID).
    - 3.1.4.3 **Complete an NAFCG Provider Agreement form.**
    - 3.1.4.4 Applicant must be familiar with the recipient and their situation as determined by the recognized established family caregiver.
  - 3.2 The NAFCG provides direct services:
    - 3.2.1 Coordinates support groups.
    - 3.2.2 Visits homebound, nursing homes, and hospitals to inform of services available through the Older Americans Act (OAA).
    - 3.2.3 No Relief Respite Caregiver can exchange their duties with someone not approved for respite care.
  - 3.3 No Relief Respite Caregiver can exchange their duties with someone not approved for respite care.
  - 3.4 Relief Caregiver must be with and tend to the recipient of care during the time requested.
- 4. PROCEDURES:
  - 4.1. **Established Family Caregiver** who needs a break from their responsibilities will complete the following forms:
    - 4.1.1. Voucher Application must be completed and approved at least (3) days prior to relief date. (see attached)
    - 4.1.2. Provider Agreement must be completed 3 days prior to relief date. (see attached)
  - 4.2. Established Family Caregiver will determine when relief is necessary.
  - 4.3. Schedules will be determined by caregivers needs.
  - 4.4. Upon completion of services, Established Family Caregiver and Relief Respite Caregiver will complete the NAFCG Voucher Invoice form and submit to NAFCG Staff.
  - 4.5. Payment will be directly mailed to respite provider in approximately three weeks.
- 5. FORMS:
  - 5.1 A/P Check Request Form
  - 5.2 BID Form
  - 5.3 Provider Agreement Form
  - 5.4 Voucher Application Form
  - 5.5 Voucher Invoice

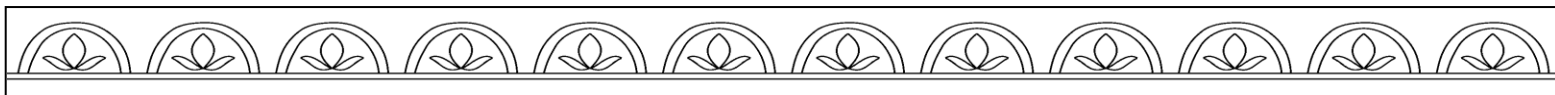


## BENEFIT SPECIALIST AT ELDER SERVICES CONGREGATE MEAL SITE



The **second** and **fourth Monday** of the month Angela Ortiz, Benefit Specialist for Oneida Elder Services will be at the Elder Services Congregate Meal Site located at 2901 S Overland Rd, Oneida, WI 54155 from **11:30 a.m. to 1:00 p.m.** She will be there to answer questions and offer assistance with Medicare, Medicaid, Senior Care, and similar programs that are available for Elders. Please feel free to stop by with questions on those days or contact her in the office.

Any questions please contact: Angela Ortiz, Benefit Specialist at (920) **869-2448**



### **Make a Difference in your Community become a Foster Grandparent or Senior Companion**

Are you a senior, 55 years or older who enjoys spending and/or sharing your time, knowledge of tradition and culture? If income eligible, you can make a difference in your community by volunteering up to 8 hours a day while receiving extra income

**Foster Grandparents** provide an inter-generational exchange between Elders and youth. Elders can serve as mentors to youth at tribal schools, day care centers, head start, after-school activity groups and youth centers.

**Senior Companions** provide opportunities for healthy older adults to serve Elders who may be homebound, alone, and/or isolated without family support. Senior Companions may serve clients within reservation boundaries.

**Come share with our community, enjoy life, help others and earn tax-free money!**

For an opportunity in your area contact:  
Angela Ortiz, Benefit Specialist  
(920) 869-2448

**You must be a least 55 years of age, complete a background check and meet  
Income guidelines to earn a stipend!**





## **Foster Grandparent / Senior Companion Program Raffle**

**Winners:** Melanie B – 39” TV  
Reuben A – Pendleton Bag  
Bruce K – Rolling Cooler Bag

**THANK YOU TO THOSE WHO PURCHASED TICKETS. YOUR  
GENEROSITY IS GREATLY APPRECIATED BY THE PROGRAM’S  
PARTICIPANTS**

Questions contact Angela Ortiz, Benefit Specialist at (920)869-2448

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### **How will per Capita affect your Benefits?**

The Oneida Nation Per Capita has been distributed and will affect your SSI and Medicaid health care benefits (including QMB, SLMB, and SLMB+). SSI and Medicaid eligibility are based on an individual or family’s monthly income and assets. The Oneida per cap is considered income during the month you receive it and an asset anytime following and thus may affect your benefits.

The Per Capita is considered income the month that it is received and will likely put most people over income for SSI and Medicaid. This means that you will not be eligible for SSI and Medicaid. The only way to become eligible again is to spend the money down until you are within the eligibility guidelines.

After one month, any remaining Per Capita that you have not spent is now considered an asset, not income. Once you have spent down your Per Capita and are within the SSI and Medicaid assets limits, you will be eligible for SSI and Medicaid again. The maximum asset limit is \$2,000 for an individual and \$3,000 for a couple.

You can always spend your Per Capita on home repairs, furniture, pay rent ahead of schedule, etc. to help meet the necessary asset limit.

If you have questions or need assistance determining if the Per Capita will affect you, or reapplying for SSI or Medicaid, contact: Angela Ortiz, Elderly Benefit Specialist (920)869-2448 or (800)867-1551.



**WISCONSIN DEPARTMENT OF  
ADMINISTRATION**

**SCOTT WALKER**  
GOVERNOR

**MIKE HUEBSCH**  
SECRETARY

Office of the Secretary  
Post Office Box 7864  
Madison, WI 53707-7864  
Voice (608) 266-1741  
Fax (608) 267-3842

September 30, 2014

**For Immediate Release**

Contact: DOA Communications: 608-266-7362

## **Home Energy Assistance Program Starts October 1**

*State Expects to Help 227,000 Households This Heating Season*

The Department of Administration's State Energy Office reminds residents that heating assistance will be available through the Wisconsin Home Energy Assistance Program (WHEAP) from October 1, 2014 until May 15, 2015. The State estimates that 227,000 households will receive assistance in paying their heating bills this season.

Eligibility is based on household income, household size, and the home's heating costs. Residents may be eligible if the gross household income is 60% of the state median income level or less. WHEAP pays benefits directly to fuel suppliers to offset the cost of home heating. Crisis assistance, emergency fuel assistance, and emergency furnace repair and replacement for eligible homeowners may also be offered based on household need.

Residents can apply for heating assistance through county social service offices, tribal governments, and private non-profit agencies. Call toll-free **1-866-HEATWIS (432-8947)** or visit the WHEAP [Where to Apply](#) webpage for the local agency in your area.

<b>2014-2015 HEATING SEASON INCOME GUIDELINES</b>	
Household Size	Annual Income
1	\$25,151
2	\$32,890
3	\$40,628
4	\$48,367
5	\$56,106
6	\$63,844
7	\$65,295
8	\$66,746

This heating season, the average heating benefit is expected to be \$267, which is based upon an estimate that Wisconsin will receive \$92 million in federal funds. When the State receives the full amount of federal funds, the average heating benefit is expected to increase. Last year, 224,728 households received heating assistance with an average benefit of \$302.

The Department of Administration oversees both the [WHEAP](#) program and the [State Energy Office](#).

Contact: **Marsha Skenandore** – Oneida Community Support Case worker (920) **490-3939** to Schedule appointments.

Email: [mshenan8@oneidanation.org](mailto:mshenan8@oneidanation.org).

- END -

*WISCONSIN IS OPEN FOR BUSINESS*  
*Wisconsin.gov*

## Maintenance Corner

Justine Hill, Maintenance Supervisor

### Fall is Here!

Well, Fall has officially begun. The days will be getting shorter, leaves are changing color, and the cooler air will be rolling in. This means the grass cutting season will be coming to an end and we will be preparing for the winter months.

Please remember to change your furnace filters and take out those window air conditioners. Call us if you need any kind of assistance such as getting your gutters cleaned or if you need us to haul wood or just putting some outdoor furniture away. Our Home Chore workers are willing to help you out. Simply call our Service Specialist to put in your work requests. We are just a phone call away, 869-2448.

Enjoy the changing of the season.

### Elder Services Home Chore Workers



**Left to right:** Geno Danforth, Gerald Danforth, Pete Denny, Lloyd Davis, Doug Skenadore, and Lisa Huff.

## Elder Services Initial Contact Form Policy for Supportive Services:

2.7.1 Outside funding sources will be thoroughly exhausted and a referral will be made before Elder Services funds are used.

**2.7.2. All requests for vendor services must come through Elder Services. Elder Services will not be responsible for cost incurred by the customer unless we make the referral. The vendor name and “who is responsible for payment” will be clearly noted on the ICF.**

2.8. Emergency Request: needs immediate assistance for a client’s health and safety (causes damage, harm or adverse health effects for elder). Example furnace, electrical or plumbing problems could cause a health risk for the elder.

Any questions contact: Kristine Hughes/Teresa Barber-Bush – Service Specialists (920)869-2448

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### Oneida Nation Ombudsman:

Dianne McLester-Heim

12:00 p.m. November 24, 2014

Oneida Elder Services Congregate Meal Site  
2901 S Overland Rd  
Oneida WI 54155

Learn about how the Ombudsman program works for our community.

For more information contact: Angela Ortiz, Benefit Specialist at (920)869-2448

## **Elder Services Activities & Transportation**

For more information contact: Joyce Hoes, Transportation Supervisor or  
Michelle Cottrell, Activities Specialist @ **(920)869-2448**



### **Ride the Bus for Door to Door Service:**

Free transportation to all Elder Services Activities including lunch  
(Monday - Thursday) at the Elder Services Congregate Meal Site



See the Activity Calendar to plan your day



Oneida Public Transit bus passes available to  
Elders 55 years or older who are gainfully Employed or  
Serve on a Board, Committee or Commission that pays stipends

### **While Supplies Last!**

For more information contact:

Joyce Hoes, Transportation Supervisor (920)869-2448

# It's that time of the year to update your Home & Vehicle

## Emergency Preparedness Kits:



**Check the expiration dates on Food & Medications**



**Listed below are the recommended items in event of an emergency or disaster:**

### ➤ **HOME:**

- ✓ Three (3) day supply of medication, portable oxygen tank, & completed "File of Life"
- ✓ Three (3) day supply of non-perishable food:  
Food you don't have to cook (granola bars, can foods, etc.)
- ✓ Manual can opener
- ✓ Three day supply of water (one gallon per person per day)
- ✓ Hygiene & sanitation items:  
Toilet paper, feminine products, baby wipes, etc.
- ✓ One (1) change of clothing & a pair of shoes
- ✓ Blanket, duct tape, & garbage bags
- ✓ Battery operated or crank powered radio
- ✓ Whistle to attract attention of emergency personnel
- ✓ First aid kit & manual
- ✓ Flashlight with extra batteries & bulbs
- ✓ Matches in a waterproof container & candles
- ✓ Extra set of keys
- ✓ Pet supplies for your pet
- ✓ Playing cards to bide your time until rescued

### ➤ **VEHICLE:** Always let someone know when you're traveling, the estimated time of arrival (ETA), & route

- ✓ Cell phone (any cell phone can be used for 911 providing there is service)  
911 Cell phones are available @ Elder Services free of charge
- ✓ First aid kit, manual, extra supply of medications, & completed "File of Life"
- ✓ Shovel & kitty litter
- ✓ Pair of boots, gloves, hat, & blanket
- ✓ Non-perishable or pre-packaged foods
- ✓ Battery operated or crank powered radio
- ✓ Flashlight, extra batteries, bulbs, & whistle to attract attention of emergency personnel.

# ONEIDA ELDER APARTMENT WAITING LIST

## Independent Living for Oneida Tribal Elders

2907 S Overland Rd. Oneida, Wisconsin 54155

**1-920-869-2448, 1-800-867-1551**

Ask for Corinne Robelia-Zhuckkahosee



We would greatly appreciate it if you would call us:

- **To update your contact information**
- If you need an application to be added to the waiting list
- If you would like to be taken off the waiting list
- To confirm your name and status on the waiting list

When an apartment becomes available we will contact elders in the order they are on our list. If we are unable to reach an elder because contact information is not valid – this elders name will be listed as inactive until contact information is updated.

## Independent Living for Elders

- Lease Options: 12 months
- Type of Housing: One bedroom Apartment, Independent living
- Utilities Include: Pest Control, Trash, Hot Water, Heat, Gas, Sewer, Water and Basic Cable

## Apartment Features

- ❖ Appliances: Stove, refrigerator and central air
- ❖ Services: Parking, Community Room
- ❖ Must pay own electricity, telephone, and any other cable amenities ordered from Time Warner cable
- ❖ Individual storage space
- ❖ Coin operated washers and dryers on premises
- ❖ Secured building
- ❖ No Pets Allowed
- ❖ Professional Onsite Management
- ❖ 24 Hour Maintenance
- ❖ Elderly Bus/Public Transit

The Elderly Services Program of the Oneida Tribe of Indians of Wisconsin mission is to assist our Elders to maintain an independent, healthy, productive and quality lifestyle through love, caring and respect by the services we provide.

**Have a Great Day!**





## ***Oneida Elder Gift Shop***

Located inside the Elder Services Complex

2907 S Overland Rd Oneida, WI

**Open Monday – Friday**

**8:00 To 12:00PM &**

**12:30PM to 4:30PM**

Meet our friendly elder employees

Beautiful handmade crafts

by Oneida Elders

Beadwork, jewelry, birdhouses, ribbon-shirts, coasters, t-shirts, hoodies, and baskets

Oneida Singers Tapes and CD's

**Fresh popcorn, soda, and water**

No consignment fees for Oneida elders (age 55 and older) to display and sell your arts and crafts

For more information you may contact: **Barb Skenandore at (920) 869-2448**



## Yawáʔkó

In the Oneida language, **Yawáʔkó** means *Thank You!* During these hard economic times, the generosity of our community members means so much, which is why Oneida Elder Services would like to send a very special thank you to the following individual(s):

Mark & Shirley Powless - Donation  
Nancy Dallas - Plants  
Nadine Escamea - Books  
Loretta Mencheski - Books

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## Nice Comments.... "Thank you," Florence:

Thank you so much for taking time out of your schedule to provide us with a tour, lunch and discussion time about how you accomplished what you did and learning has come from it!! You have an absolutely beautiful center that is clearly loved and appreciated by the elders. I particularly appreciated hearing how involved the elders were in planning and making decisions related to the facility – great job living the “*Aging Difference!*”

**Christel Giesen, Assistant Director**

Aging & Disability Resource Center of Brown County

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## ONCOA Meetings:

Second and Fourth Tuesday of every month

1:00 PM – 3:00 PM, Elder Services Conference Room,  
2907 S Overland Rd, Oneida, WI 54155

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## Foot Clinic @ Elder Services, 2907 S Overland Dr

**For appointments call Carol @ (920)869-4840**

Monday, Nov. 3<sup>rd</sup>, 12:30 pm – 3:30 pm

Monday, Nov. 10<sup>th</sup>, 9:00 am – 12:00 pm

Thursday, Nov. 13<sup>th</sup>, 12:30 pm – 3:30 pm

Monday, Nov. 17<sup>th</sup>, 12:30 pm – 3:30 pm

Monday, Nov. 24<sup>th</sup>, 9:00 am – 12:00 pm





UP CLOSE AND PERSONAL WITH: **Linda Hurst – Tribal Aging and Disability Resource Specialist** (920)869-2448.

When you were a child, what did you think you would like to be?

While growing up I wanted to be a teacher, probably because I had some excellent role models in Elementary School.

Who or what has had the biggest influence in your Life?

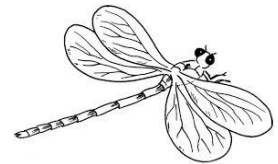
Growing up in poverty has taught me how to survive, use my resources, and not take anything for granted.

What do you consider to be your greatest accomplishment?

Having my two children, who are adults now, along with my sobriety of 30 Years.

Is there something you have always wished you were great at doing?

Playing a guitar and carrying a tune.



Dragon fly

What is the best advice anyone ever gave you?

Choose my battles wisely.

What advice would you give to someone who is about to retire?

Stay active, be involved within your community, and limit your time in front of the television.

What is your ideal vacation?

My ideal vacation would be to take a road trip with my sisters in a large RV, with a fat wallet, and gather treasures from the 400 mile rummage sale in Kentucky.

**Favorite Meal:** Salmon patties, mashed potatoes with creamed peas, and cherry pie for dessert.

**Favorite Music:** Blues, Rock and Country, anything but Rap.

**Favorite Book:** Grapes of Wrath, Of Mice and Men

**Favorite Movie/Movies:** One Flew over the Cuckoo's Nest, Mary and Max, and the series Breaking Bad.

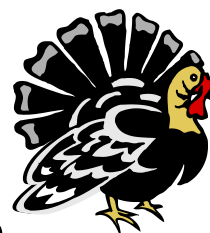
**Favorite Hobby/Hobbies:** Making crafts from up-cycled materials, quilting, beading, doll making, gardening, canning, and cooking.



White tail deer



# Happy Thanksgiving



C	R	A	N	B	E	R	R	I	E	S	X	C	E	K	G	W	V	B	E	R	T	A
R	O	L	A	S	Y	G	Q	J	H	Q	U	D	P	U	D	D	I	N	G	E	T	F
A	L	I	H	B	R	E	A	D	Y	U	N	M	I	P	E	C	G	Z	W	L	Q	B
N	L	F	R	D	Z	U	B	M	T	A	P	O	A	P	P	L	E	P	I	E	C	D
S	S	T	U	F	F	I	N	G	S	S	O	C	H	I	U	R	T	O	A	I	G	X
F	T	Y	J	B	H	D	E	D	T	H	R	R	V	L	L	F	A	T	C	A	L	M
H	I	P	U	K	R	B	N	C	A	D	F	V	E	G	X	T	H	A	N	K	S	O
M	C	L	M	H	I	N	N	O	V	E	M	B	E	R	Z	T	H	T	O	X	G	I
F	A	L	L	W	Y	L	B	R	V	Q	K	S	V	I	P	A	H	O	G	J	H	A
C	S	H	I	Y	U	J	T	N	E	O	W	I	N	M	I	D	M	E	H	U	A	L
X	S	T	E	G	O	Z	T	U	R	K	E	Y	N	S	R	W	M	S	X	M	R	E
B	E	A	P	R	S	T	J	C	F	M	R	B	I	W	I	K	N	O	Q	E	V	U
D	R	H	I	A	C	X	G	O	B	B	L	E	A	N	C	Z	P	C	I	D	E	R
K	O	B	T	V	S	N	E	P	H	F	S	T	R	M	O	A	V	N	O	F	S	W
Q	L	E	N	Y	U	T	G	I	I	Y	B	C	P	W	R	K	H	S	W	I	T	O
X	E	A	C	R	P	P	L	A	N	T	A	T	I	O	N	I	G	M	N	B	E	I

Apple pie   Bread   Casserole   Fall   Gobble   Gravy

Turkey   Thanks   Squash   Stuffing   Rolls   Pudding

Harvest   November   Pilgrims   Plantation   Corn

Cider   Cranberries   Cornucopia

# GLNAEA



Great Lakes Native American Elders Association  
Sponsored by LacCourte Orilles (LCO) Band of Ojibway  
December 4 & 5, 2014  
LCO Casino, Lodge & Convention Center  
1376 W Cty. Rd. B, Hayward, WI 54843-4184

Oneida Elder Services will not be providing Transportation or scheduling hotels for this month's GLNAEA meeting. We hope you are still able to attend and have a great event experience.

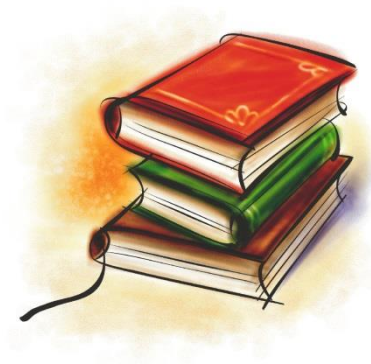
If anyone would like to attend here is the hotel contact information:  
**LCO Casino Lodge & Convention Center: 1-800-526-2274**

Next Meeting information:  
March 4 & 5, 2015 – Forest Co. Potawatomi-Carter  
June 4 & 5, 2015 – St. Croix



Oneida Tribe of Indians of Wisconsin  
ENROLLMENT DEPARTMENT  
P.O. Box 365  
Oneida, WI 54155-0365

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**\*\*\*Elder Library: All books & movies must be signed in & out\*\*\***