## DRUMS ACROSS ONEIDA

Oneida Elderly Service 2907 South Overland Rd. Oneida, WI 54155 Ph: 920-869-2448

Fax: 920-869-1824



Senior Center-Meal Site 134 Riverdale Dr. Oneida, WI 54155 Ph: 920-869-1551

Fax: 920-869-1526

Tsi> Nihuto=1@s W<hn\$tale>

Hunting Moon

November, 2009

# NEVER TO LATE TOO LEARN!

LIFE LONG LEARNING!







## DRUMS CONTACT Linda F. Douglas



I am with Elderly Services, and will be the main contact for the DRUMS Across Oneida newsletter. Please contact me with any comments, acknowledgements, suggestions, etc. Thank you.

Telephone: 920-869-2448
Email Idouglas@oneidanation.org



Elder's Meditation



"I am building myself. There are many roots. I plant, I pick, I prune. I consume."

--Wendy Rose, HOPI/MIWOK

The most sacred thing on this Mother Earth is life. My life on this earth is governed by God's laws, principles, and spiritual values. These things are my roots. Let me see Your gifts of growing and becoming a spiritual warrior. Make my strength based on values - spiritual values; on principles and laws, the laws of God that really run the universe. We need to realize the seeds we plant in the spring will be what shows up in our summer season of growth and will be the fruits that we will harvest in our fall season. We really have a lot to do with what shows up in our lives.

Great Spirit, let my seed that I plant today be based on values that will make You pleased with my selection.

"If you think you can, you can...If you think you can not...you are right."

Mary Kay Ash

Monday	Tuesday	Wednesday	Thursday	Friday
Novemb	er 2009	ACTI	VITIES	*Activities due to change without notice.
Scrabble Game Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Senior Center 1:00	Crafts Elderly Services 10:00 – 11:30	4 Oneida Language Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Hwy H 1:30	5 St. Vincent De Paul Green Bay 9:30 Wii can do it league Hwy H 1:00	6 Banks Shopping Lunch Bingo Senior Center 1:00
9 Price is Right Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Site II 1:00	Crafts Elderly Services 9:30- 11:30	OFF Veteran's Day	12 Simon's Cheese Store Little Chute 9:30  Bowling Ashw. Lanes 1:30	Banks Shopping Lunch Out (on your own) 10:00 – 3:00
16 Wii Games Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Dollar General & DQ Seymour 1:30	BINGO THREE SISTERS 10:00– 11:30	18 Oneida Language Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Hwy H 1:30	19 Cooking Elderly Services 9:30 Birthday Lunch 12:00 Wii can do it league Hwy H 1:00	20 Banks Shopping Lunch Bingo Senior Center 1:00
23 Rummikub Game Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Site II 1:00	Bingo Methodist Church 9:30 – 11:30	25 9:30 Banks, Shopping Lunch at Senior Center Bingo Hwy H 1:30	OFF OBSERVANCE OF THANKSGIVING	OFF OBSERVANCE OF INDIAN DAY
Yahtzee Game Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Senior Center 1:00			*Is this your Birthday <u>Month?</u> *You must sign up in the Birthday Book at Senior Center, Main Office. *Must be present to receive your gift card.	*Please sign up for trips at Senior Center Main Office. *All trips leave from Senior Center.

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WI., 54155 PHONE: 1-920-869-1551

	,	ERDALE DRIVE, ONEIDA,				
Monday	Tuesday	Wednesday	Thursday	Friday		
2 Chicken Ala King	3 Beef Vegetable Soup	4 Chicken Breast 5 Pork Roast		6 Fish Potato Wedges		
Rice	Fresh Bread		Potatoes Potatoes			
Biscuits	Juice	Carrots	Peas	Cole Slaw		
		W/W Bread	W/W Bread	Rye Bread		
Mandarin Oranges	Sherbet	Applesauce	Pears	Jell-o		
9 Goulash	10 Boiled Dinner	11 VETERANS DAY	12 Beef Pasties	13 Chicken Cordon Blue		
W/W Bread	Fresh Bread		Mixed Vegetables	Potatoes		
Juice	Juice		W/W Bread	Mixed Vegetables		
		CLOSED	Juice	W/W Bread		
Applesauce	Jell-o W/Peaches		Cookies	Peaches & Cream		
16 Ham	17 Tomato Soup	18 Meat Loaf	19 BIRTHDAY DAY	20 Sausage		
Sweet Potatoes	Egg Salad and Ground	Scalloped Potatoes	Turkey, Potatoes, Gravy,	Pancakes		
Peas W/W Bread	Bologna Sandwiches	Mixed Vegetables	Stuffing, Corn	Mixed Berries		
Tous VV VV Broad	Bologna Sanawienes	W/W Bread	Cranberries	Juice		
		W/ W Bledd	Rolls	Juice		
Applesauce	Sherbet	Pudding	Pie			
23 Chicken & Broccoli	24 Beef Stew	25 Polish Sausage	26 THANKSGIVING	27 INDIAN DAY		
Alfredo	Biscuits	Red Potatoes				
W/W Bread	Juice	Peas				
W/W Blead	Juice	W/W Bread	CLOSED	CLOSED		
		W/W Dieau	CLUSED	CLUSED		
Ice Cream	Mixed Berries	Cookies				
30 Chili						
Cucumber Salad						
W/W Bread						
Ice Cream						
All meals are served with	Menu is subject to change.	BIRTH STONE:	HOURS:			
coffee, milk or tea.		TOPAZ	8:00A.M4:30P.M.	* * * * *		
		FLOWER:	Lunch Is Served	November		
		CHRYSANTHEMUM	Monday-Friday	0100011000		
			12:00P.M1: 00P.M.			

L	W	W	С	С	Υ	S	Н	S	С	Ν	O	ı	Т	Α	С	Ο	L	G	0
С	D	J	I	Ο	Н	Α		Ν	G	Н	K	Т	F	M	F	Χ	V	В	M
В	Ν	S	S	Ε	Ν	M	L	Υ	J	R	Α	U	Τ	Α	M	Α	Ν	L	D
U	Α	-	L	Ζ	Ρ	Т	R	Ε	Ε	В	Α	R	Ν	Ρ	0	J	Ε	ı	S
В	Н	V	V	L	В	Ε	Ε	Χ	D	Χ	С	Ν	M	S	Ρ	Χ	W	Ν	R
Α	Ε	V	Ε	U	М	Ε	U	S	Ν	Υ	Н	0	D	1	В	F	Υ	D	Е
D	I	Q	W	0	K	Α	U	С	Т	Α	W	М	Ν	Ρ	Ν	Ν	0	F	G
М	D	R	Т	S	K	L	Α	Т	Т	Ε	Ε	W	S	V	R	G	R	0	Ν
W	0	Ε	L	D	Ε	L	D	Ν	Α	Н	Ν	Α	Р	R	I	1	Κ	L	Α
С	R	Ε	D	I	Т	С	Α	R	D	S	М	Ν	Α	Χ	0	Ν	Ζ	D	R
S	М	Ζ	Χ	С	F	D	ı	R	Ε	С	Т	ı	0	Ν	Н	Ε	С	Ε	Т
М	ı	0	Ε	Ā	Α	Т	Ν	Ε	M	E	Т	ı	С	Χ	Ε	S	Ĺ	Ε	S
Α	Υ	E	Ν	М	S	Е	Ν	0	Н	Р	L	L	E	С	Н	Ī	J	Ν	S
Е	Т	G	С	Ε	E	Т	Н	E	G	L	0	В	Ε	Q	Α	М	F	S	Ū
Т	ı	Ā	0	R	Ε	D	0	S	Ī	Р	E	Ζ	W	W	С	Ε	L	E	R
Q	L	U	Ū	Α	D	Ε	N	Ī	M	R	Ε	Т	Ε	D	Ī	R	1	L	V
Z	Ā	Ğ	N	М	Н	Q	R	Ī	Α	Р	S	Ē	D	G	R	Р	R	D	i
Q	Ε	N	Т	Α	D	V	E	N	Т	Ü	R	E	E	Ĺ	E	R	Т	R	V
õ	R	Α	F	N	М	R	0	F	R	Ē	Р	Ā	T	M	M	Р	Y	IJ	À
U	J	ı	R	Т	Н	G	IJ	0	R	W	R	E	V	O	Α	Н	S	Н	ï
			. `		• •	<u> </u>			. `	• •	. `		•		, ,	• •		• •	_

Dec Lost p 7

Adventure	Credit Cards	<b>Grand Prize</b>	Reality
Airlift	Delay	Hurdles	Remote
America	Despair	Language	Shelved
Basic	Determined	Location	Simple
Blindfold	Direction	Maps	Strangers
Cameraman	Encounter	New York	Survival
Cell Phones	Episode	Overwrought	Sweet talk
Charming	Excitement	Panhandle	Teams
Contest	Flirty	Perform	The Globe
Convince	Gear	Premise	

A Little boy went up to his father and asked: 'Dad, where did I get my intelligence come from?'

The father replied. 'Well son you must have got it from your mother, I still have mine.'

## **GLNAEA**

## Great Lakes Native American Elders Association Sponsored by Menominee Tribe





December 3<sup>rd</sup> & 4<sup>th</sup>, 2009

Menominee Hotel, Highway 47/55,

DuQuain Road, Keshena

All elders who need a ride to GLNAEA, <u>please sign up at the Oneida</u>

<u>Senior Center (Meal Site) by Monday, November 9, 2009</u>. We must have 20 people signed up to reserve a coach bus, or else we-ll use tribal vans.

Payment must be received by November 9 and the last day to cancel is November 16 for reimbursement of payment. We will be staying at the Menominee Hotel (attached to the Casino) and the cost is \$30.50 per person. We will leave the Senior Center (Meal Site) at 12:30pm on Thursday, December 3<sup>rd</sup>. Any questions please call Oneida Senior Center at (920)869-1551.

Please pay close attention to deadlines to assist in better planning. Thank you.

## DOLLAR GENERAL And DAIRY QUEEN

What: Shop and have Ice Cream

Where: Seymour

When: Monday November 16<sup>th</sup>

Time: 1:30, bus leaves at 1:00 from Senior center

Cost: Spending money

SIGN UP FOR A RIDE BY 4:30 ON November 13<sup>th</sup> AT THE SENIOR CENTER MAIN OFFICE.
Only 16 seats available.

## Three Sister's BINGO

\*\* 55 and Older Only\*\*

WHERE: Three Sisters Building

Green Bay

WHEN: November 17<sup>th</sup>

TIME: 10:00 - 11:30

Bus leaves at 9:45 from Senior Center

\*Please sign up by November 16th at 4:30, if you need transportation only.

\*16 Seats available



## 2009 H1N1 Influenza Vaccine "Frequently Asked Questions"

Wisconsin Division of Public Health

Current as of September 24, 2009



## Frequently Asked Questions about 2009 H1N1 Influenza Vaccine

#### Where's the 2009 H1N1 flu vaccine?

The Food and Drug Administration has approved a 2009 H1N1 influenza vaccine. This paves the way for vaccine production. The first limited supplies are expected to arrive early in October.

- Vaccinations will all be voluntary and there will be enough vaccine available for everyone who wants it. However, it will not all be available at once due to a limited initial supply.
- The bulk of vaccine will start arriving by mid-October.
- The federal government has ordered 195 million doses of H1N1 vaccine. In a typical year, 100 million doses of seasonal flu vaccine are administered.
- Because early vaccine shipments to Wisconsin will be limited in early October, the vaccine will be administered first to individuals in the CDC's target groups: o Pregnant women
  - o Household contacts and caregivers for children less than 6 months old o Healthcare and emergency medical services personnel
  - o All people age 6 months through 24 years
  - Persons age 25 through 64 years who have conditions associated with higher risk of complications from influenza
- The use of target populations allows public health the ability to reduce the spread of disease and protect those most vulnerable.
- The state's vaccine distribution plan will be divided into three phases:
  - Phase I: Limited supply focused toward vaccinating pregnant women, health care and emergency medical services personnel and if supply allows family members of children < 6 mo.</li>
    - o Phase II: Larger supply focused primarily on public health efforts and private care providers to vaccinate remainder of targeted populations.
  - o Phase III: Ongoing weekly supply focused on vaccinating remainder of targeted population as well as non-targeted individuals.

## Will one shot work for both types of flu?

- The seasonal influenza vaccine will *not* protect against 2009 H1N1 influenza.
- The U.S. Food and Drug Administration (FDA) has approved the use of one dose of 2009 H1N1 flu vaccine for persons 10 years of age and older.
- At this time, FDA has approved two doses for children 9 years of age and younger. As with seasonal

vaccine, children ages 6 months through 35 months get two doses of 2009 H1N1 flu vaccine that contains one-half the dose used for older children and adults.

- Since as many as four different flu strains may be making people sick this fall, it is more important than ever this year to get vaccinated against "seasonal" flu.
- Since the seasonal vaccine will be available before the 2009 H1N1 vaccine, you should go ahead and get a seasonal flu shot as soon as it is available to you and if you are in a high-risk group for severe illness, it is especially important to get your 2009 H1N1 vaccination as soon as it is available to you.
- Initial shipments of the seasonal vaccine are already arriving in Wisconsin. Check with your health care provider and be alert for announcements about special flu shot clinics so that you can get vaccinated.
- Seasonal vaccine is available in most parts of the state.

### Why won't the 2009 H1N1 flu vaccine be available to the general public right away?

- The goal of both the federal and state government is to use the early vaccine doses to protect those most vulnerable to this specific virus.
- With an earlier vaccine shipment we will have a smaller number of doses available which means we have to make a choice on who to target.
- If we were to use the limited preliminary shipment to hold mass vaccination clinics we would exhaust the supply quickly and only manage to scratch the surface of those in the targeted universe.

### Why aren't senior citizens among the targeted populations?

- The use of target populations allows public health the ability to reduce the spread of disease and protect those most vulnerable.
- All of the populations on the targeted list are highly susceptible to the H1N1 virus, whereas those over the age of 65 appear to be resistant to the virus.
- Those over the age of 65 are, however, very susceptible to the seasonal flu which will also be in circulation this fall.
- The seasonal flu vaccine is currently available and it is highly recommended that those over the age of 65 and health care workers who care for seniors get vaccinated for seasonal flu.

## Why is it so important to vaccinate health care workers right away?

- Emergency medical services and health care workers are likely to come in contact with influenza viruses as part of their occupation.
- They interact with many patients and other individuals, some of whom are vulnerable to severe complications from influenza infection.
  - o If workers are exposed to 2009 H1N1 virus and not vaccinated against it, they can possibly transmit the 2009 H1N1 virus to many others in a healthcare facility and other settings.

- o This could lead to a far greater and more serious outbreak.
- Having a healthy emergency response and health care work force is vital to protecting the health and safety of the public
- There will be a Free H1N1 Mist Vaccination Clinic at the Oneida Elementary School
- November 13 3:30pm 6:00pm AND November 14 8:30am 11:00am

For any other questions contact Occupation Health Department 920-405-4492



### **Elder Abuse Prevention Breakfast**

Please join us for an Elder Abuse Prevention Breakfast this November. Elder Abuse Prevention Coordinator Joyce Johnson will address areas of elder's abuse and will answer your questions. Breakfast will be provided by the Radisson and door prizes are available for those who attend.

What: An event to educate the elderly population about elder abuse by addressing certain areas of concern

Where: The Radisson

**When**: November 3<sup>rd</sup> 9:00 a.m. to 11:00 a.m.

Speakers include:

Elder Abuse Prevention Coordinator Joyce Johnson to discuss mental and physical abuse A representative from Bay Bank to discuss financial abuse An officer from OPD to outline how cases are filed and signs of abuse

This event is available to the first 50 elders. To reserve a spot please call Joyce Johnson or Danny Borgstrom at Elderly Services 869-2448. We hope to see you there!!



### Library and Computers!!!

Oneida Elderl Services 2907 South Overland Road Oneida, WI 54155 920-869-2448

Hours: Monday – Friday 8:00 A. M. to 4:30 P. M.

Come meet our wonder staff in our Library: Roberta Young, Library Aide Linda F. Douglas, Elder Helper



Participants in our Library are afforded the opportunity to learn personal computer application – if you have questions, feel free to ask any staff for assistance. We can also call the Career Center to remote into our computer if needed. Fret not we are here to help. Come and check us out.

Computers and networks are powerful enabling technologies for accessing and distributing information and knowledge. These technologies leverage each individual's ability to access and copy information from remote sources. We also have the equipment to convert pictures off a memory card from a digital camera. Users are asked to be mindful of the rights of others privacy, intellectual property, and personal information. Inappropriate use is defined in the Oneida Tribe Computer Resource Ordinance and is available as requested.

Accessing our Library is simple. Stop in, ask to enter the Library and a staff member will greet you. You will be asked to sign in and out so we can make sure everyone is accounted for in case of an emergency.

We ask for your cooperation in keeping this area clean and orderly. We hope to maintain an environment that supports an enjoyable use of the computer or any part of the Library.



These computers are here for the elders so we ask that young adults or children are not on the computer unless they are assisting you as an elder. We have a printer available and ask that each person be responsible. Donations are accepted for any printing requests.

We all hope to see you soon and we hope you have wonderful experience. Who is your favorite author? We have an inventory of our books and we might have just book you are looking for. Bring a friend. Learn together. Share with us and teach us.

## P.A.C.E. PEOPLE WITH ARTHRITIS CAN EXERCISE

Brought to you by ONEIDA FAMILY FITNESS

- \*RESTORE AND PRESERVE FLEXIBILITY
- \*RESTORE AND PRESERVE STRENGTH
- \*PROTECT JOINT FROM FURTHER CHANGE
- \*IMPROVE YOUR COORDINATION
- \*INCREASE YOUR ENDURANCE
- \*INCREASE YOUR ENERGY
- \*DECREASE DEPRESSION
- \*HELP YOU SLEEP BETTER
- \*KEEP BONE AND CARTILAGE TISSUE STRONG AND HEALTHY
- \*LEAD TO IMPROVED SENSE OF SELF- ESTEEM AND ACCOMPLISHMENT

**WHEN:** 8 WEEK SESSION BEGINNING 1/2/09

**DAYS:** MONDAY AND WEDNESDAY AT ONEIDA ELDERLY SERVICES - Activity Room

**TIME:** 11:00 A.M.-11:30 A.M.

FREE FOR ELDERS OVER 55 AND LIMITED TO THE FIRST 20 PEOPLE

Please sign up at the Senior Center Main Office for a ride.

## ST. VINCENT DE PAUL STORE

WHERE: GREEN BAY

WHAT: SHOP

WHEN: November 5<sup>th</sup>

TIME: Bus Leaves at 9:30 from Senior Center

COST: SPENDING MONEY

SIGN UP AT SENIOR CENTER MAIN OFFICE BY NOVEMBER 4th AT 4:30. Only 16 seats available

## VISIT SIMON=S CHEESE & GIFT SHOP

WHEN: NOVEMBER 12th
WHERE: LITTLE CHUTE
COST: SPENDING MONEY

TIME: BUS WILL LEAVE FROM SENIOR CENTER AT 9:30.

PLEASE SIGN UP FOR A RIDE AT SENIOR CENTER, MAIN OFFICE BY NOVEMBER 11<sup>th</sup> AT 4:30.

Only 16 seats available.

## ALET=S GET THE BALL ROLLING, COME ALONG BOWLING@!

NO cost to you! Sponsored by Oneida Recreation Golden Program.

WE WILL BE BOWLING ON NOVEMBER 12<sup>th</sup> AT 1:30, AT THE ASHWAUBENON BOWLING ALLEY.

COME ON OUT AND HAVE SOME FUN, VISIT WITH YOUR FRIENDS AND SEE WHO CAN BEAT YOUR SCORE!

SIGN UP FOR A RIDE AT THE SENIOR CENTER MAIN OFFICE BY 4:30, NOVEMBER, 11<sup>th</sup>.

Only 16 seats available.

Bus leaves Senior Center at 1:00.

HOPE TO SEE YOU THERE!!!!!



## Incentive Program Now Opened to Tribal Employees

November kicked off the start of our new tribal wide elderly incentive program. In these first few weeks, we have already received a great amount of excitement and participation. Great! Let's keep it going!

If you are not familiar with this new program, points are awarded for participation in numerous events and activities across the tribal organization that promotes and deals with physical, mental, and spiritual health. Top 10 point winners will win monthly prizes, with the top 2 winners winning larger prizes. For a list of activities that are eligible for points and a club card, please stop by at any one of the participating locations. REMEMBER to bring your cards and get them signed by staff as you participate in these activities. Also, your November cards are due to any one of the locations by **DECEMBER 15**th in order to be eligible for prizes.

According to the brochure and membership card packet only non-tribal employees ages 55 and older were allowed to participate in the program. However, shortly after the program kicked off, we have received a lot of feedback from tribal employees that wanted to participate. It's great to see our tribal members excited about becoming active and healthy, and we want to foster this as much as possible. As a result, we have decided to open the program to ALL community members 55 years of age and older. However, to make sure that participation in this program does not interfere with work in any way, please get approval from your supervisors prior to participating. Those employees directly involved in the program will not be able to participate, of course.

Keep up the great work and have an active November!

#### Participating Locations for Monthly Card Pick Up/Drop Off:

Elder Services Complex County H Recreation Center Environmental-Ridgeview Plaza, Suite 4 Social Services/Center for Self-Sufficiency Oneida Community Health Center Oneida Family Fitness Center Oneida Community Library

Please Contact Vanessa Miller at 496-5351 with any questions

## **National Care Giver Month**

When: Friday, December 11, 2009

Time: 10:00 A.M. – 1:00 P.M

Place: Radisson Hotel and Conference Center

2040 Airport Drive, Green Bay, WI

Room: Huron / Ontario

**Lunch Provided** 

Guest speaker: Dawn Nissen, APNP

Associate of John Seccombe, MD and Paul Pearson, MD, PhD

From Prevea Heart and Vascular Care-Specialists in

Heart and Lung Care

#### Caregiver Definition:

"A family member or close acquaintance who performs care giving tasks: when a dependency situation emerges this person(s) performs tasks designed to assist an individual with routine activities that were previously performed without assistance."

Caregiver's call me to come to this event to be recognized and to enjoy a meal with other Caregiver's and bring the one you care for.

Learn about resources to help you while care giving and learn to take care of yourself.

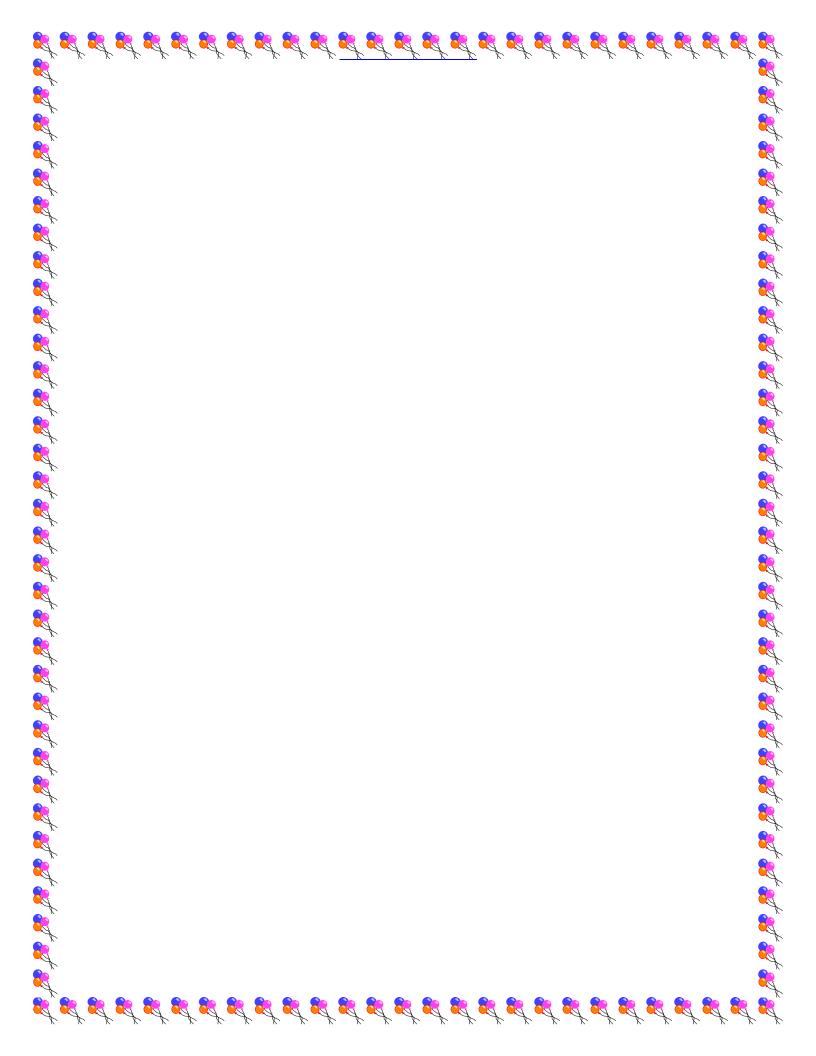
This event is available to the first 50 elders.

R.S.V.P. by Wednesday, December 2, 2009

For reservations call ONEIDA ELDERLY SERVICES

920-869-2448

Debi Melchert, N.A.F.C.G.



#### What is the Community Options Program (COP)?

The purpose of the Wisconsin Community Options Program is to provide the assistance an individual needs in order to continue to live in his or her own home, in his or her own community, at a cost which averages no more than that of nursing home care. The Oneida Tribe is the only Tribe in Wisconsin that has the Community Options Program. The Community Options Program is not a Tribal Program. The program receives only State and Federal Medicaid Waivers Funding. An individual needs to qualify both medically and financially for the program. This eligibility is determined through an assessment with a Social Worker and Registered Nurse in your home, along with financial eligibility determination through the Economic Support Program. In addition, an individual must be an enrolled member of the Oneida Tribe or another federally recognized Tribe/Alaskan Native residing on Oneida Tribal Boundaries in the State of Wisconsin.

Services available for eligible individuals vary, based on your needs, strengths and resources. Community Options provides services, equipment or aids which allow you to live safely, with dignity and respect in the community. Some examples include:

- Home modification
- Respite care

- Adaptive equipment
- Financial counseling
- Care management

- Communication aids
- Home health care
- Residential services
- Personal care
- Housekeeping

For more information, contact Carrie Lindsey, Social Worker for the Community Options Program at 869-4888.

Dear Elderly Services and Oneida Community,

O\*n^ ki> wah

This is my final month here. I am leaving here for new adventures and I wanted to say thank you for the abundance of hospitality. I moved to this new place unsure of what to expect.

I have met so many people that I will remember forever along with knowledge and experiences that will be forever instilled in my mind.

I hope that everyone I met will remember me fondly.

Yaw<k%

Hillary Lewis-Reimers AmeriCorps VISTA

THU THE THE THE THE THE THE



## "ELDER EMERGENCY PREPAREDNESS" "INFORMATIONAL MEETING"

Guest Speaker: Marty Antone

From: Oneida Emergency Management
Please come and hear an informative
presentation and receive an Emergency Bag
for yourself. If you already have an Emergency
Bag, please bring it in to check if everything is
current. This program is designed to help you
be prepared in the event of a disaster or an
emergency such as a tornado; fire; power
outage; etc..... There are many things you
can learn at this meeting!!! Come
have lunch and listen to this presentation

DATE: Nov. 5th

TIME: 12:15—1:15pm

PLACE: Senior Center

Please sign-up at the Senior Center If you have any questions please feel free to call: Joyce Ann Hoes at: 920-869-2448 ext. 6844

Yadie Jordan's Great Grandmother, is 102 years old.

When Yaddie went to visit her, she told Yadie to come on she had to go visit the

"Younger Crowd!" Wow grandma how old are they thinking 20 years old to 30 years old

Grandma said, "No the 70's and 80's Crowd."

## To Elderly Services

I wanted to send a special thank you for helping out this elder in need. Lloyd and Don worked hard all day to help recapture my lawn, rain gutters, and trees. It is much appreciated.



Janice Hirth, Elder

# Do You Like Adventure! Escape from Work Related Stress! Need An Hour! Read!

Come check out the library at Oneida Elderly Services Wide variety of books from Native American, Crafts, Biography's, Romance and much more!

Hours: Monday – Friday 8:00 A. M. to 4:30 P. M.

#### **ACKNOWLEDGEMENT**

Elderly Services has received some invaluable comments from the family of one of our clients and the from the elder too.

Yadakna (Yadi) Jordan is a Respite Worker and has been providing services for our program for about ½ year. It is so fantastic to receive positive comments about her and any of our staff.

Comments received were that Yadi takes the time to talk with the client and family as well. She keeps the client informed of community events, activities and happenings. This helps to make the elder feel still a part of the community - as the elder cannot get out as much as in the past.

Good job, Yadi. We are so proud to have you on our team.

Joyce A. Johnson Elder Abuse Prevention Supervisor

### Thank You

Thanks a millions to each of and all of you.

For helping the 400+ families and friends in the Oneida Community with this free exchange.

Noel Cleven, Lisa Jordan, Karen Sprampler and Lou Green

#### UP CLOSE AND PERSONAL WITH:

## Sandra Summers

When you were a child, what did you think you would like to be?

I think it was a school bus driver

Who or what has had the biggest influence in your Life?

My Dad, Eddie Summers

What do you consider to be your greatest accomplishment?

My two children

Is there something you have always wished you were great at doing?

Playing guitar

What is the best advice anyone ever gave you?

Don't be sad because it's over, smile because it happened

What advice would you give to someone who is about to retire?

Don't, if I have to work until I'm 75 years old, so do you!

What is your ideal vacation?

I'd love to go to Florida

Favorite Meal:

Scalloped potatoes & meatloaf

Favorite Music:

70's rock bands

Favorite Book:

"An Angel Called My Name", I found it in the checkout line at Kmart

Favorite Movie/Movies:

Right now, it's "Pineapple Express"

Favorite Hobby/Hobbies:

Shopping

#### Thank You to the Summer Associates

This past summer, Oneida Elderly Services participated in a Presidential initiative to involve high school graduates in serving their community, known as the Summer Associates Program. These associates helped with home chore, meal site, transportation, activities and in-home chore over the eight weeks of their service.

We at Elderly Services are pleased to announce that this program has received the Presidential Volunteer Service Award. This is a very prestigious award given to the youth who have accepted the challenge of making a positive impact in their community.

This award came with a letter from the President of the United States, Barack Obama, a Certificate of Achievement signed by the Corporation for National and Community Service, and a thank you letter from the Presidents Council on Service and Civic Participation.

Summer Associates 2009
Nadine Kline-Team Leader
Cody Grignon
Waylon Metoxen
Matthew Bateman
Jessica Close
Brittany Nichols

Elderly Services would like to thank the Associates for their help in helping Elderly Services. Your dedication to the elders sets an example for the youth in the community and for that you should be proud.

The Summer Associates Program will once again be recruiting high school graduates in the summer of 2010. Look for information next spring in the Drums Newsletter.



 $\frac{1}{2}$ 





Florence Petri, Program Director-Elderly Services
Danny Borgstrom, Supervisor for the Summer Associates Program-VISTA Worker
Joyce Hoes, Transportation Supervisor
Robert LaGest, Maintenance Supervisor
Joyce Johnson, Elder Abuse Prevention Coordinator
Brenda Jorgenson, Meal Site Supervisor

## ONEIDA ELDERLY SERVICES ENROLLMENT FORM DATE: \_\_\_/\_\_\_/\_\_

NOTE: The State & Federal Governments have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name			Phone Number (	)
Address			Social Security Number	per Last four digits /
City	State	Zip Code	County	DOB / /
	/handicapped, living ald			nd older. 2) Elders aged 55-69 years of age alth/safety issues. The elders that are listed
Martial Statu	the appropriate reus:Married	Single	Widowe	edDivorced
Veteran: Living Arran Do you:	Yes ngement: Rent	_No _Lives Alone _Own	Lives with Spot	useLives with Others*How Many Others*AsianAfrican
General Heal	lth Status:	_Excellent	GoodFair	American  _Enrollment Number:Poor*
Do You Curi	rently Have Any of	the Following:		ower of AttyBFinances Health licaidRepresentative Payee f The Above
In Case of an	n Emergency B Plea	ase Contact	Name: Phone Number: ( Relationship:	
denial of service	s. All of the information	n on the enrollment f	form is confidential and will	any part of the enrollment form, are grounds for not be released to any persons unless I have he property of the Oneida Elderly Services.
Signature				// Date

Please Return to Oneida Elderly Services Complex Service Coordinator, P.O. Box 365 Oneida, WI. 54155