

DRUMS ACROSS ONEIDA

Oneida Elder Services
2907 South Overland Rd.
Oneida, WI 54155
Phone: 920-869-2448
Fax: 920-869-1824



Senior Center-Meal Site
134 Riverdale Dr.
Oneida, WI 54155
Phone: 920-869-1551
Fax: 920-869-1526

Tsi? Nihuto·láts Wahní·talé?

Hunting Moon

November 2012



Elder Christmas Party

Friday December 14th, 2012
Radisson Hotel/Conference Center
11:00 A.M. – 2:00 P.M.
No Cost

- ❖ For elders age 55 and older, space is limited to the first 600 registered
- ❖ Elders must be able to assist themselves, sorry no caregivers
- ❖ Registration begins November 1st, 2012
- ❖ To register, please call Elder Services at (920) 869-2448
- ❖ Sign up deadline is Wednesday December 5th, 2012 at 4:00 P.M. - NO EXCEPTIONS
- ❖ No children allowed

****Must be pre-registered to attend, no walk-ins allowed****

Any questions or concerns please contact Florence Petri or Tina Pospychala at
(920) 869-2448

Sponsored by:
Oneida Elder Services
Oneida Business Committee
Oneida Social Services
Oneida Nation Commission on Aging (ONCOA)



MENU

NOVEMBER

2012

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WL, 54155 PHONE : 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Salisbury Steak Brown Rice Peas & Carrots	2 Fish Potatoes Cole Slaw
5 Hot Dogs Macaroni & Cheese Buns Juice Orange, Apple & Pineapple Rings	6 Chili Cucumber Salad Juice Peaches	7 BBQ Ribs Scalloped Potatoes Mixed Vegetables Strawberries	8 Chicken Alfredo Noodles Broccoli Whip & Chill	Mixed Berries 9 Goulash Fresh Vegetables Juice
12 VETERANS DAY CLOSED	13 Pork Steak Rice Pilaf Mixed Vegetables Peaches	14 Beef Potatoes Mixed Vegetables Pudding	15 Stuffed Peppers Mixed Vegetables Juice Applesauce	16 Tuna Salad Fresh Vegetables Juice Pineapple Tidbits
19 Chicken Patties Wild Rice Carrots Jell-O	20 Hamburger Patties Macaroni Salad Beans Buns Sherbet	21 Pork Roast Mashed Potatoes Carrots Peas	22 THANKSGIVING CLOSED	23 INDIAN DAY CLOSED
26 Chicken Noodle Soup Carrot Sticks Juice Applesauce	27 Beef Tips Noodles Brussels Sprouts Jell-O	28 Mastaccioli Salad Garlic Bread Juice Pears	29 BIRTHDAY DAY Turkey Potatoes & Stuffing Cranberries Green Beans Pie	30 Spaghetti Salad Garlic Bread Juice Jell-O
All meals are served with coffee, milk , tea or water	Menu is subject to change.	BIRTH STONE: TOPAZ FLOWER: CHRYSANTHEMUM	HOURS: 8:00A.M.-4:30P.M. Lunch Is Served Monday-Friday 12:00P.M.-1: 00P.M.	

Veterans Day November 11th, 2012

In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words:

"To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

Let us all give and show thanks to those who have sacrificed to keep us free...



NOVEMBER 2012 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>*Is this your Birthday Month?</i> <i>*You must sign up in the Birthday Book at Senior Center, Main Office.</i> <i>*Must be present to receive your gift card.</i></p>	<p><i>*Please sign up for trips at Senior Center Main Office.</i> <i>*All trips leave from Senior Center.</i></p>		<p>1 Christian Thrift Store DePere 10:00 Bowling Ashw. Lanes 1:30</p>	<p>2 Banks Shopping Lunch Out (on your own) 10:00 – 3:00</p>
<p>5 Apples to Apples Elder Services 9:30 Exercise Elder Services 11:00 Bingo Site II 1:00</p>	<p>6 Crafts Elder Services 9:30 – 11:30</p>	<p>7 Oneida Language Elder Services 9:30 Exercise Elder Services 11:00 Bingo Hwy H 1:30</p>	<p>8 Budget Movie Theater, Green Bay (on your own) 11:30 Bag lunch provided</p>	<p>9 Banks Shopping Lunch Out (on your own) 10:00 – 3:00</p>
<p>12 Off in Observance of Veterans Day</p>	<p>13 Bingo Three Sisters Center Green Bay 10:00</p>	<p>14 Price is Right Elder Services 9:30 Exercise Elder Services 11:00 Bingo Hwy H 1:30</p>	<p>15 Cooking Elder Services 9:30 Bowling Ashw. Lanes 1:30</p>	<p>16 Banks Shopping Lunch Out (on your own) 10:00 – 3:00</p>
<p>19 Rummikub Game Elder Services 9:30 Exercise Elder Services 11:00 Bingo Site II 1:00</p>	<p>20 Crafts Elder Services 9:30 – 11:30</p>	<p>21 Banks & Shopping 9:30 Bingo Hwy H 1:30</p>	<p>22 Off in Observance of Thanksgiving Day</p>	<p>23 Off in Observance of Indian Day</p>
<p>26 Qwiddler Game Elder Services 9:30 Exercise Elder Services 11:00 Bingo Senior Center 1:00</p>	<p>27 Crafts Elder Services 9:30 – 11:30</p>	<p>28 Oneida Language Elder Services 9:30 Exercise Elder Services 11:00 Bingo Hwy H 1:30</p>	<p>29 Oneida Family Fitness Center 9:30 Birthday Lunch 12:00 Bowling Ashw. Lanes 1:30</p>	<p>30 Banks Shopping Lunch Out (on your own) 10:00 – 3:00</p>

****If you have any questions Please call Michelle at 869 – 2448****

GLNAEA

***Great Lakes Native American Elders Association
Sponsored by Menominee Tribe***



***December 6th & 7th, 2012
Menominee Hotel, Highway 47/55,
DuQuain Road, Keshena, WI***

All GLNAEA member elders who want to participate in coordination with Elder Services please sign up at the Oneida Senior Center Meal Site by Wednesday, November 19th, 2012. **Payment must be received at sign-up and membership verification will be requested at time of payment.** We will make arrangements for 8 people and will be using our tribal van, **(please bring no more than 1 carry-on bag per person)**. Participants must be independent, (able to help themselves) and be in good health (to prevent spread of illness). We will be staying at the Menominee Hotel and the cost is \$45.00 per person. We will leave the Senior Center Meal Site at 12:30pm on Thursday, December 6th. If you have any questions please call Oneida Senior Center at (920)869-1551. Thank you.

Next 2013 Meetings: *To be announced*



Greater Wisconsin
Agency on Aging Resources, Inc.

GWAAR Advisory Council

The Greater Wisconsin Agency on Aging Resources, Inc. (GWAAR), a 501(c)(3) non-profit organization, is the Area Agency on Aging that provides federal and state funding, technical assistance, program monitoring, and advocacy for the 70 county and 11 tribal aging services providers across Wisconsin (not including Dane and Milwaukee Counties). We are recruiting at least two individuals to fill vacancies on the Advisory Council to our Board of Directors. If you are looking for a challenging volunteer opportunity where your skills may make a difference in program planning, development, and implementation—we encourage you to apply.

The potential Advisory Council candidate must be able to devote time and energy toward accomplishing goals that may include: monitoring and evaluating the agency's required plan objectives; advocating on behalf of pertinent policy, including legislation that may support older adults in living independently; and addressing priority issues identified by GWAAR's Board of Directors.

In accordance with the Older Americans Act, at least 51% of our advisory council is required to be age 60 or older. As a socially responsible organization, we strive for diversity among members of our staff, board, and advisory. Diversity contributes to members having a better understanding of the varying needs of older persons. Our board welcomes letters from applicants who have a special interest in the needs of older Native American, LGBT, and other minority populations. We are also committed to having geographic representation on the Advisory Council.

Any application should include a current resume, two references from employment and/or volunteer experience, and a type-written response to the following three questions. Response to each question should be limited to 100 words. Please forward your application by mail (see below).

1. What experience and skills will you bring to this organization?
2. Please describe how service to the Advisory Council will complement your current commitments and obligations.
3. What motivates you to make this application?

Applications are due by close of business, Friday, December 2, 2011, with no exceptions.

All materials must be submitted by mail, fax, or email to: Advisory Council Selection Committee; Greater Wisconsin Agency on Aging Resources; 1414 MacArthur Road, Suite A; Madison, WI 53714. Fax: 866-813-0974 Email: info@gwaar.org

Questions may be directed to: Robert J. Kellerman by emailing him at: bob.kellerman@gwaar.org. If emailing, please place *Advisory Selection* in the subject line of the message.



Greater Wisconsin
Agency on Aging Resources, Inc.

Advisory Council Job Description and Purpose Statement

The purpose of the Area Agency on Aging's Advisory Council is to serve in the capacity of advising the Greater Wisconsin Agency on Aging Resources' Board of Directors on priority issues including overseeing the Area Plan and monitoring its progress and its effectiveness. In addition to this role, the Advisory Council is actively engaged in the GWAAR Advocacy Team. The Council accomplishes this by:

- ▲ Establishing itself as a statewide presence
- ▲ Understanding its role as advisor to GWAAR's Board of Directors and staff
- ▲ Advising the board on aging issues that support GWAAR's Mission
- ▲ Maintaining the integrity of the Aging Services Network
- ▲ Consulting with GWAAR board, staff, state, and local resources on aging issues
- ▲ Advocating for process improvement to assure best practice programming

Commitment

Advisory Council members should be able to:

- Share in the mission of GWAAR
- Demonstrate leadership advancing the agency's mission in a non-partisan, unbiased fashion
- Be willing and available to advocate on behalf of aging policies and legislation
- Serve at least one, three-year term
- Attend, at a minimum, four council meetings per year (necessary expenses paid by GWAAR)
- Have ready access to a computer and be able to communicate via email and phone

Selection Criteria

The following, while not required, would be desired traits for applicants to the Advisory Council:

- Ability to engage in "big picture" thinking
- Non-profit and/or non-partisan involvement either professionally or through volunteerism
- Prior experience in plan review, monitoring, and evaluation
- A sincere interest in advocacy, especially as it relates to aging programs that assist individuals in remaining in the community
- Previous experience in legislative activities, if any
- Have a special interest in the needs of minority populations especially Native American, LGBT, or others



Greater Wisconsin
Agency on Aging Resources, Inc.

Questions That May Be Part of Application/Interview Process

- What experience/knowledge/skills do you have with program planning and evaluation?
- What knowledge do you have of the Older Americans Act?
- What knowledge do you have regarding Area Agencies on Aging?
- Have you had, or are you currently involved with local aging programming?
If so, in what capacity?
- What knowledge/experience do you have regarding the legislative process in Wisconsin?
- How would you go about representing the interests of people across the state?
- Are you familiar with, or have you worked with, any minority populations either professionally or as a volunteer?
- How does serving on this advisory council fit with your current commitments and obligations?
- What do you see as important for programs that assist older persons in maintaining their independence?

Any questions contact Florence Petri @ (920) 869-2448

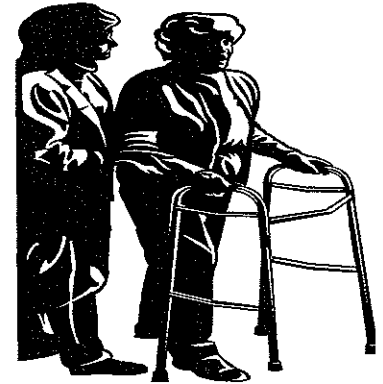
GWAAR is an equal opportunities employer and advocate. As such, it is our policy not to discriminate against any person regardless of sex, race, religion, color, creed, national origin or ancestry, age, disability, marital status, source of income, sexual orientation, or political beliefs provided the individual is qualified to perform the work or duties necessary in a non-partisan, un-biased capacity. It is our policy to comply voluntarily with the concepts and practices of affirmative action.

10/25/2011

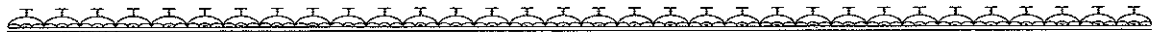
Oneida Elder Services Native American Family Caregiver Information

Oneida Elder Services would like to introduce the "Native American Family Caregiver Voucher/Stipend Program". It is designed to give established primary caregivers the opportunity to have a break from their caregiving responsibilities for up to 4 hours a month. It also provides an hourly stipend/wage to the relief caregiver. You may qualify for this program if you are a caregiver, recipient, or grandparent who is legally caring for their grandchild(ren), Native American, age 55+ and live within the reservation boundaries.

Please contact *Debi Melchert/NAFCG Coordinator* or *Joyce Ann Hoes/Transportation Supervisor* at (920) 869-2448 for details.



****Services are dependent on available funds****



Please join us for our Alzheimer's & Native American Family Caregiver Support Group

Shingles & Middle Stage Alheimers

Time: 1:30 PM – 3:30 PM

Date: Wednesday November 28, 2012

Where: Elder Services Complex – Pod A

2907 S Overland Rd, Oneida WI 54155

For more information, contact Debi Melchert/Native American Family Caregiver Coordinator at (920)869-2448.



Nutrition Information

Volunteers Wanted

Meal Site is looking for volunteers, must be 55 years or older; services needed are assistance in the kitchen and delivering Meals on Wheels to homebound elders. If you would like to volunteer, please contact: Loretta Mencheski at 869-1551 or you can stop by the meal site at 134 Riverdale Dr. Oneida, 54155.

Attention All Participants of the Senior Center Meal Site:

Policies & Procedures Specific to the Older Americans Act – Funded Nutrition Program

Effective October 1, 2008 meal sites are required to maintain a reservation system for all participants who eat at the meal site. All participants are asked to make reservations or to cancel their meal before 8:30 A.M. Reservations and or cancellations of meals can be made by the day, week or month by notifying the check person or calling (920) - 869-1551.

***No participant will be denied a meal**

Upcoming Nutrition Advisory Council Meetings:

- When: November 16, 2012
- Time: 1:00 P.M.
- Where: Oneida Senior Center Meal Site





Elder Services Gift Shop

Located inside the Elder Services Complex at, 2907 South Overland Rd.
Oneida, WI

Check out our shop!

Meet our friendly elder employees.

Buy gifts and crafts all handmade by Oneida elders.

Beadwork, jewelry, birdhouses, ribbon-shirts, coasters, t-shirts, hoodies and
baskets

Fresh popcorn, soda and water

Regular operating hours:

M-F: 8-12:00 P.M. & 12:30-4:30 P.M

No consignment fees for Oneida elders, age 55 and older to display and
sell your arts and crafts. Inquire in our store.

For more information contact Barb Skenandore at (920) 869-2448.

Our mission is to assist our elders to maintain an independent,
healthy, productive and quality lifestyle through love, caring and
respect by the services we provide.

Even through construction we're

Open!!!

GREEN BAY PACKER FOOTBALL RAFFLE

***WIN A TRAMON WILLIAMS SIGNED FOOTBALL WITH A
CERTIFICATE OF AUTHENTICITY***

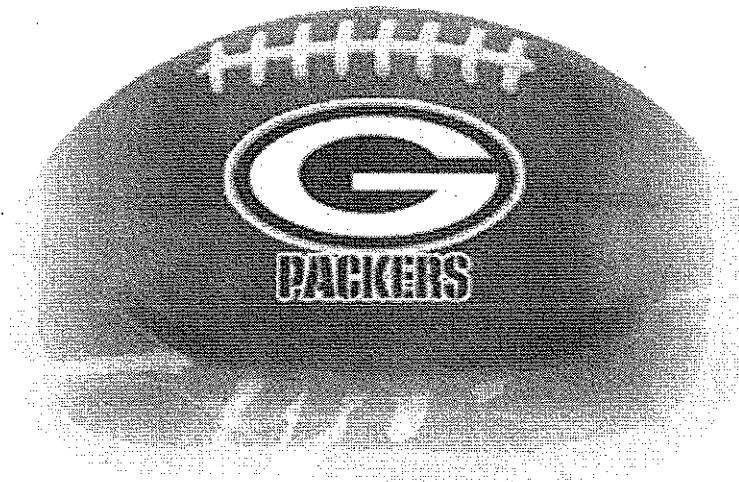
Tickets will be sold beginning October 1st with the drawing being
held December 7th

Tickets - \$1.00 each or 6 for \$5.00

Proceeds will benefit the Elder Services Annual Christmas Party

Purchase your tickets at Oneida Elder Services Complex located at
2907 S Overland Rd, Oneida, WI

For details contact Joyce Ann Hoes/Transportation Supervisor at
869-2448 ext. 6844



ENGRAVE A PAVER

Oneida Nation Veterans' Memorial Park

Hwy 54 & Pleasant Way, Oneida, WI

Have a concrete paver engraved in a Veteran's honor!

The Oneida Veterans' Memorial Park memorializes the service of the Oneida Nation of Wisconsin to the United States of America through history. Donations and purchases to the park will assist in providing cultural and social activities that will enrich the Oneida community. If you care to make a cash donation to the park or purchase an engraved paver that will be laid in front of the granite slab at the park, please fill out the form below and mail or bring it to:

ONEIDA NATION VETERAN'S DEPARTMENT

P.O. Box 365, Oneida, WI 54155 (*mail*)

1240 Packerland Dr, Green Bay, WI 54304 (*bring it in*)

ORDER FORM

Oneida Nation Veterans' Memorial Park **Engraved Concrete Paver** or Cash Donation

Please fill out form completely and print legibly.

Name: _____

Address: _____

City/State/Zip: _____

Day Phone: _____ Email: _____

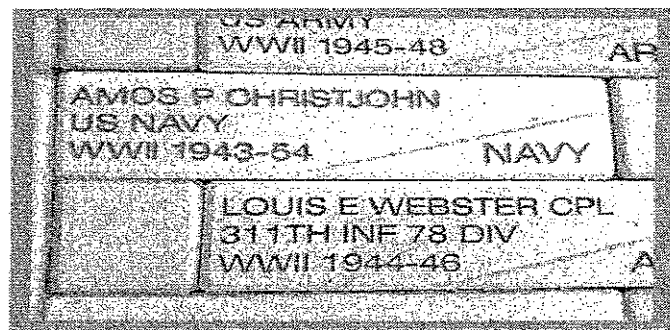
Please provide at least one form of contact. Both email and phone are encouraged.

PAVER – Name to be engraved

Name: _____

Division: _____

War/Years: _____



WHICH GRANITE SLAB DO YOU WANT THE NAME TO APPEAR UNDER?

☐ Revolutionary War ☐ War of 1812 ☐ Civil War ☐ Spanish American War

☐ WWI ☐ WWII ☐ Korean War ☐ Vietnam War

☐ Desert Storm ☐ War in Bosnia ☐ Kosovo War ☐ War on Terror

PAYMENT INFORMATION

Mail or bring order form and payment to Oneida Nation Veteran's Department, P.O. Box 365, Oneida, WI 54155; 1240 Packerland Dr, Green Bay, WI 54304.

Checks can be made payable to: Oneida Nation Veteran's Department.

PAVER FEE: \$90.00 ea.

☐ Cash Donation \$ _____

☐ Paver Purchases - # of Pavers _____

☐ Check enclosed for total amount of \$ _____, Check # _____.

CHOICES:

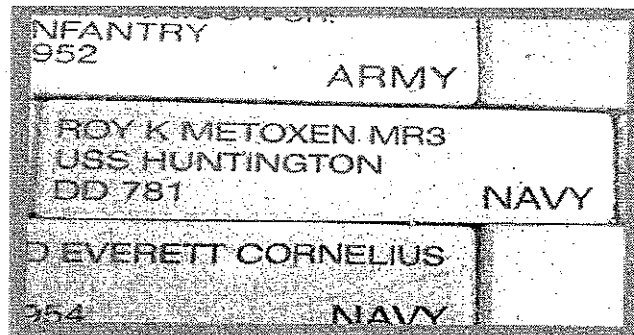
☐ NAVY

☐ USMC

☐ USAF

☐ ARMY

☐ USCG



For more information contact:

Kerry Metoxen – 920-490-3989

Carolyn Miller – 920-490-3988

****Pavers can be made for ALL military personnel, past or present****

Yaw·ko

In the Oneida language, Yaw·ko means *Thank You!* During these hard economic times, the generosity of our community members means so much, which is why Oneida Elder Services would like to send a very special thank you to the following individual(s):

- Patsy Beaulieu
- Mike Hill
- Mindimoye

ONCOA Meetings: November 13 & 27

1:00 P.M. – 3:30 P.M.

Elder Services Conference Room

Innovation, advocacy, leadership, service, organizational excellence, and best practices, are the qualities and ideals that make Wisconsin's Aging Network a nationally recognized leader in helping older people stay healthy and independent.

GWAAR Greater Wisconsin Agency on Aging Resources, Elder Ace Awards honor and celebrate those individuals and organizations that exemplify these qualities and serve as inspiration to others in the Aging Network.

Congratulations go out to the Oneida Nation Coalition on Aging (ONCOA) for recently being honored to receive the Advocacy Award, they are:

Dellora Cornelius

Michael Hill

Wesley Martin

Marlene Summers

Pearl McLester

Dorothy J. Skenandore

Warren Skenandore

Clifford Doxtator

Shirley Barber

Ron McLester

Lois Strong/ONCOA Coordinator



Are You Smarter Than A 60 Year Old?

If you can answer these questions, you just might be smarter than a 60 year old! The answers are located on the next page, but no cheating, see how many you can get correct.

01. After the lone ranger saved the day and rode off into the sunset, the grateful citizens would ask, who was that masked man? Invariably, someone would answer, "I don't know, but he left this behind". What did he leave behind? _____.
02. When the Beatles first came to the U.S. in early 1964, we all watched them on the _____ show.
03. 'Get your kicks, _____.'
04. 'The story you are about to see is true. The names have been changed to _____.'
05. 'In the jungle, the mighty jungle, _____.'
06. After the Twist, the Mashed Potato, and the Watusi, we 'danced' under a stick that was lowered as low as we could go in a dance called the '_____.'
07. Nestlé's makes the very best _____.'
08. Satchmo was America's 'ambassador of goodwill' our parents shared this great jazz trumpet player with us. His name was _____.
09. What takes a licking and keeps on ticking? _____.
10. Red Skeleton's hobo character was named _____ and Red always ended his television show by saying, 'good night, and '_____.'
11. Some Americans who protested the Vietnam War did so by burning their _____.
12. The cute little car with the engine in the back and the trunk in the front was called the VW. What other names did it go by? _____ & _____.
13. In 1971, singer Don MacLean sang a song about, 'the day the music died.' this was a tribute to _____.
14. We can remember the first satellite placed into orbit. The Russians did it. It was called _____.
15. One of the big fads of the late 50's and 60's was a large plastic ring that we twirled around our waist. It was called the '_____ - _____'. Answers:

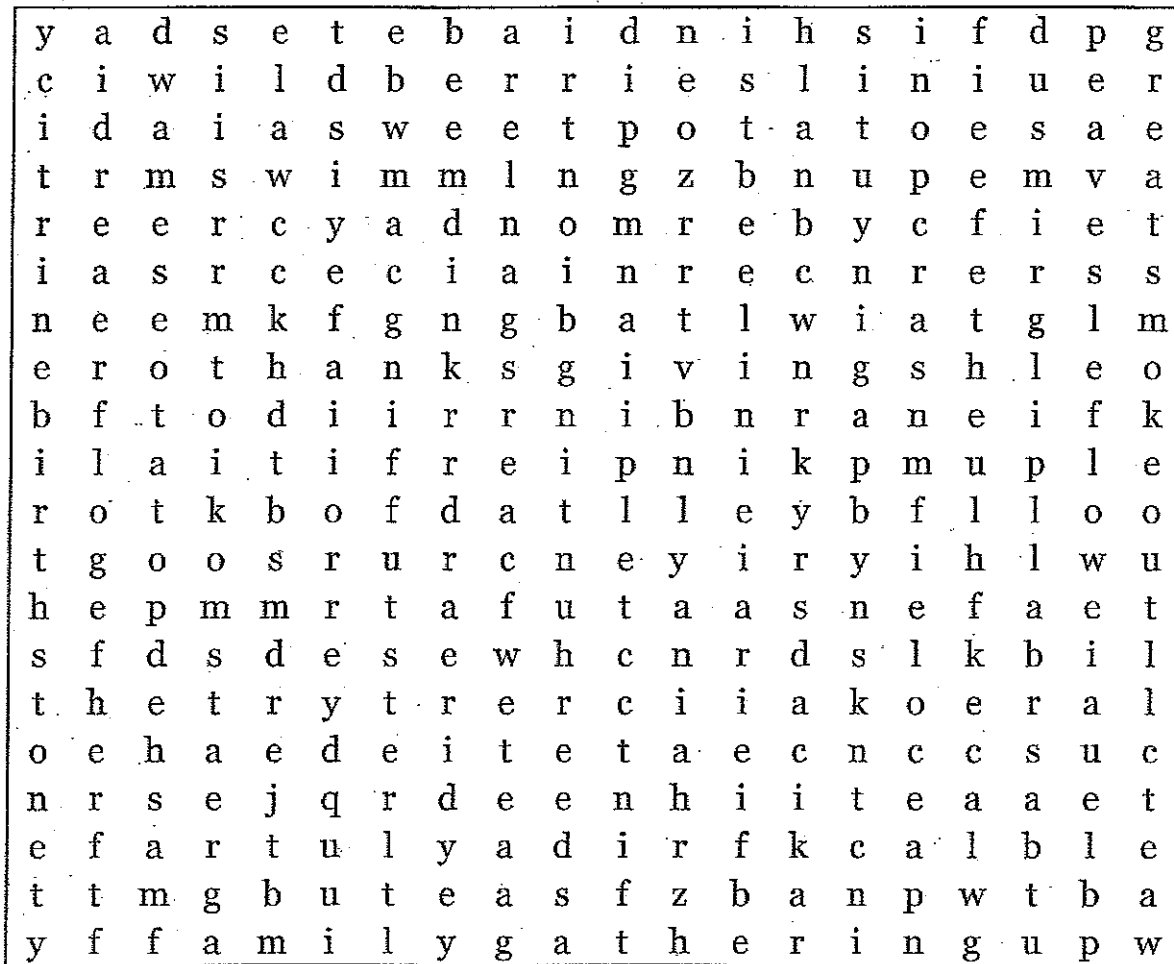
Are You Smarter Than A 60 Year Old?

Answers:

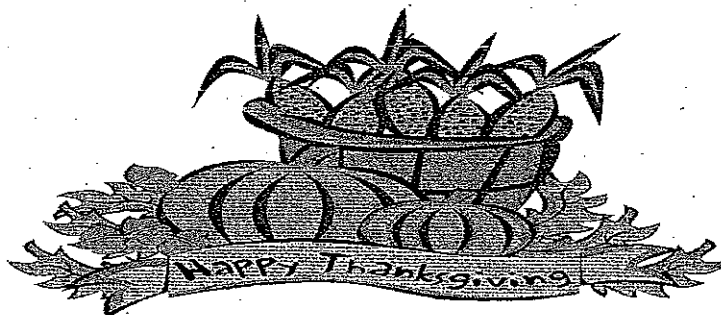
01. The Lone Ranger left behind a silver bullet.
02. The Ed Sullivan show.
03. on route66
04. 'To protect the innocent'.
05. The lion sleeps tonight.
06. The limbo
07. Chocolate
08. Louis Armstrong
09. The Timex watch
10. Freddy, the freeloader and 'good night and god bless.'
11. Draft cards (bras were also burned not flags, as some have guessed)
12. Beetle or Bug
13. Buddy Holly
14. Sputnik
15. Hoola-Hoop

Share this with your 'older' friends, (better known as seniors.) It will drive them crazy, keep them busy, and let them forget their aches and pains for a few.....

November 2012 Fall Season



Pumpkin Pie	Sweet Potatoes	Family Gathering	Turkey
Deer Hunting	Thanksgiving	Black Friday	Cyber Monday
Diabetes Day	Indian Day	Stuffing	Great Smokeout
Mashed Potatoes	Citrine Birthstone	Pilgrims	Wild Berries



**ONEIDA ELDER SERVICES
ENROLLMENT FORM**

DATE: ____/____/____

NOTE: The State & Federal Governments have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name _____ Phone Number (____) _____

Address _____ Social Security Number Last four digits ____/____

City _____ State _____ Zip Code _____ County _____ DOB ____/____/____

OUR PROGRAM POLICY FOR SERVICES is as follows: 1) Elder aged 70 years and older. 2) Elders aged 55-69 years of age that are disabled/handicapped, living alone. 3) Elders aged 55-69 years of age, with health/safety issues. The elders that are listed are our priority.

Please check the appropriate responses:

Marital Status: ____ Married ____ Single ____ Widowed ____ Divorced

Maiden Name: _____

Gender: ____ Male ____ Female

Veteran: ____ Yes ____ No

Living Arrangement: ____ Live Alone ____ Lives with Spouse ____ *Lives with others** ____ *How many*

Do you: ____ Rent ____ Own

Race: ____ Native American ____ Caucasian ____ Latino ____ Asian ____ African American

Tribal Affiliation: _____ **Enrollment Number:** _____

General Health Status: ____ Excellent ____ Good ____ Fair ____ Poor*

***If Poor Please List Health Condition:** _____

Do You Currently Have Any of the Following?

Guardianship _____ Power of Attorney for Health _____ Power of Attorney for Finances _____

Representative Payee for Social Security _____ Medicare _____ Medicaid _____

In Case of an Emergency Contact: Name: _____

Phone Number: (____) _____

Relationship: _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elder Services.

_____/____/____
Please Return: Oneida Elder Services Complex
ATTEN: Service Coordinator
P.O. Box 365
Oneida, WI. 54155