

DRUMS ACROSS ONEIDA

Oneida Elder Services
Lee McLester II Building
P.O. Box 365, 2907 S Overland Rd.
Oneida, WI 54155
Phone: 920-869-2448
1-800-867-1551
Drums contact: Helen Doxtator
Email: hdoxtato@oneidanation.org



Elder Services Congregate
Meal Site
2901 S. Overland
Oneida, WI 54155
Phone: 920-869-1551
Fax: 920-869-1526

Drums articles can also be viewed at [Oneida-nsn.gov/elder services](http://Oneida-nsn.gov/elder_services).

Yeyáthos Wahní'tale?

Planting Moon

May 2014

May is Older Americans Month
Dance In Recognition of Older Americans Month
Thursday, May 22, 2014, 1pm to 4pm
Congregate Meal Site, 2901 S. Overland, Oneida
Cherry Bounce Band
Must be 55+, No children please

Congregate Meal Site Question & Answer session
May 29, 2014 from 12:30 to 1:00

Oneida Elder Celebration coming soon
Watch for details in future DRUMS

MAY 2014 MENU

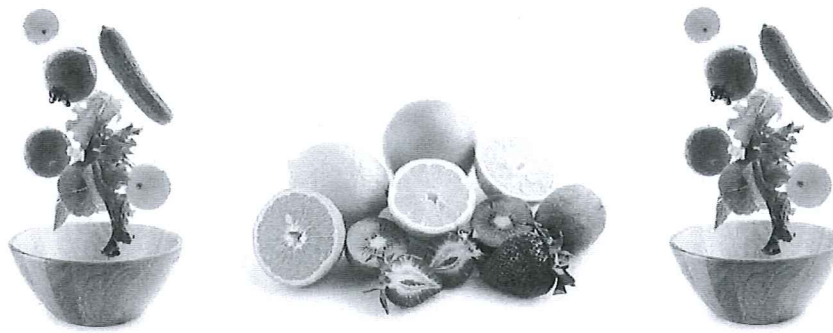
CONGREGATE MEAL SITE, 2901 S. OVERLAND, ONEIDA, WI, 54155 PHONE: 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
All meals are served with milk, coffee, tea, juice, or water.	Menu is subject to change. Lunch is served Monday-Friday 12:00-1:00		1 Beef Stroganoff Noodles California Blend Chilled Raspberry Vanilla Ice Cream	2 Salmon Loaf Pea Sauce Boiled Potatoes Molded Jell-O
5 Chicken Al A King Biscuits Carrots Lettuce Salad Strawberries	6 Meatloaf Chessey Potatoes Almond Green Beans Fruit	7 Chicken Tetrazinni Squash Peas Jell-O	8 Boiled Dinner Salad Dinner Roll Fruit	9 Baked Fish Oven Browned Potatoes Cole Slaw Apple Sauce
12 BBQ Chicken Potato Salad Broccoli Fresh Fruit	13 Ring Bologna Parsley Buttered Potato Acorn Squash Fresh Fruit	14 Turkey Dressing Mixed Vegetables Cranberry Sauce Pear Crisp	15 Chili Raw Vegetables Fruit Cake	16 Baked Fish Oven Browned Potatoes Cole Slaw Apple Sauce
19 Corn Soup Sandwich Raw Vegetables Fresh Fruit Jell-O	20 Oven Roasted Beef Mashed Potatoes Carrots Fresh Fruit	21 Ham Scalloped Potatoes Green Beans Apple Sauce	22 Swedish Meatballs Noodles Cucumber Salad Corn Muffin Mixed Fruit	23 CLOSED IN OBSERVANCE OF ONEIDA DAY
26 CLOSED IN OBSERVANCE OF MEMORIAL DAY	27 Spaghetti Meat Sauce Corn Chessey Bread Fresh Fruit	28 Swiss Steak Baked Potato Mixed Vegetables Fruit Cocktail	27 BIRTHDAY DAY Beef Stew Biscuits Raw Vegetables Cake	30 Baked Fish Oven Roasted Potatoes Asparagus Oranges

May, 2014 ACTIVITIES

Monday	Tuesday		Thursday	Friday
<p>* Please sign up for trips at the E.S. Meal-site</p> <p>* All Trips leave from E.S. Meal-site</p> <p>* Activities subject to change.</p>	<p>*Is this the Month of your Birthday? You must sign up in the Birthday Book at the E.S. Meal-site. Must be present at B-day Lunch to receive your gift card.</p>		<p>1 Cooking Activity Room 9:30</p> <p>Bowling Ashw. Lanes 1:30</p>	<p>2 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00</p> <p>No Transportation for lunch this day.</p>
<p>5 What's yours Like? Activity Room 9:30</p> <p>Exercise E.S. Meal-site 10:30</p> <p>Bingo Site II 1:00</p>	<p>6 Crafts 10:00 – 11:30</p> <p>E.S. Meal-site</p>	<p>7 Oneida Language E.S. Meal-site 9:30</p> <p>Exercise E.S. Meal-site 10:30</p> <p>Bingo Cliff Webster Build 1:30</p>	<p>8 Salvation Army Green Bay 10:00</p> <p>Wii Bowling C.W. Building 1:13</p>	<p>9 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00</p> <p>No Transportation for lunch this day.</p>
<p>12 UNO Game Activity Room 9:30</p> <p>Exercise E.S. Meal-site 10:30</p> <p>Bingo E.S. Meal-site 1:00</p>	<p>13 Crafts 9:30 – 11:30</p> <p>E.S. Meal-site</p>	<p>14 Wheel of Fortune Activity Room 9:30</p> <p>Exercise E.S. Meal-site 10:30</p> <p>Bingo Cliff Webster Build 1:30</p>	<p>15 High school Visit Oneida 9:30</p> <p>Bowling Ashw. Lanes 1:30</p>	<p>16 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00</p> <p>No Transportation for lunch this day.</p>
<p>19 Kings Corners Activity Room 9:30</p> <p>Exercise E.S. Meal-site 10:30</p> <p>Bingo Site II 1:00</p>	<p>20 Crafts 9:30 – 11:30</p> <p>E.S. Meal-site</p>	<p>21 Oneida Language E.S. Meal-site 9:30</p> <p>Exercise E.S. Meal-site 10:30</p> <p>Bingo Cliff Webster Build 1:30</p>	<p>22 Banks, Shopping & Lunch Out 9:30 (On your own)</p> <p>Wii Bowling C.W. Building 1:13</p> <p>No Transportation for lunch this day.</p>	<p>23</p>  <p>OFF In Observance of Oneida Day</p>
<p>26 OFF</p>  <p>Observance of Memorial Day</p>	<p>27 Crafts 9:30 – 11:30</p> <p>E.S. Meal-site</p>	<p>28 Apples to Apples Activity Room 9:30</p> <p>Exercise E.S. Meal-site 10:30</p> <p>Simon's Cheese Little Chute 1:30</p>	<p>29 Chair Yoga Oneida Family Fitness 10:00</p> <p>Birthday Lunch 12:00</p> <p>Movie E.S. Meal Site 1:00</p> <p>"Gravity"</p>	<p>30 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00</p> <p>No Transportation for lunch this day.</p>

****If you have any questions Please call Michelle Cottrell at 869 - 1551****



Effective June 1, 2014

**Elder Services Congregate Meal Site will
serve our reservation participants first and
walk-in will be served after.**

ATTENTION: All Participants of the Elder Services Congregate
Meal Site

***Policies & Procedures Specific to the Older Americans Act –
Funded Nutrition Program:***

Participants who eat at the Elder Services Congregate Meal Site
are asked to call in the day before to reserve or cancel their
meal for the next day, week, or month before 3:30 p.m.

Meal Site Supervisor: Loretta Mencheski (920)869-1551

****No participant will be denied a meal****

Yaw[^]?kó

In the Oneida language, **Yaw[^]?kó** means *Thank You!* During these hard economic times, the generosity of our community members means so much, which is why Oneida Elder Services would like to send a very special thank you to the following individual(s):

Blanche Powless

Nice Comments....

"Thank you," Ramona Carlson for donating new Magazines to Elder services.

"Thank you," Fran Brigham & Ruth Wagner – Craft Donations

"Thank you," Carol Jackson for donating Vietnam Era books and movies.

"Thank you," Ramona Carlson & Rita Summers – Bingo Donations

"Thank You," from Bev and ED Hill for elder Services

Reminder: **All** articles in the elder library (book & movies) must be signed in and out.

ONCOA Meetings: Second and Fourth Tuesday of every month

1:00 PM – 3:00 PM, Elder Services Conference Room,

2907 S Overland Rd, Oneida, WI 54155

Foot Clinic Held at Elder Services, 2907 S. Overland Drive

For appointments call Carol at 869-4840

Monday, May 5th, 12:30 pm – 3 pm

Thursday, May 8th, 12:30 pm – 3 pm

Monday, May 12th, 9 am – 11:30 am

Monday, May 19th, 12:30 pm – 3 pm

Thursday, May 22nd, 12:30 pm – 3 pm

Upcoming Nutrition Advisory Council Meetings

- When: 3rd Friday of the Month
- Time: 1:00 P.M.
- Where: Elder Services Congregate Meal Site

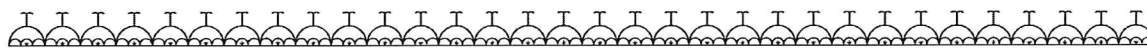
Oneida Elder Services Native American Family Caregiver Information

Oneida Elder Services "Native American Family Caregiver Voucher/Stipend Program", is designed to give established primary caregivers the opportunity to have a break from their caregiving responsibilities for up to 4 hours a month. It also provides an hourly stipend/wage to the relief caregiver. You may qualify for this program if you are a caregiver, recipient, or grandparent who is legally caring for their grandchild(ren), Native American, age 55+ and live within the reservation boundaries.



Please contact Barbara Silva/Native American Family Caregiver at (920) 869-2448 for details.

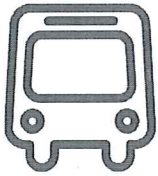
****Services are dependent on available funds****



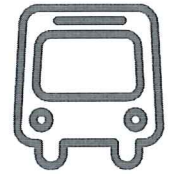
Please join us for our Alzheimer's & Native American Family Caregiver Support Group at:

Elder Services Complex – Pod A
2907 S Overland Rd, Oneida WI 54155
4th Wednesday of the Month
1:30 PM – 3:30 PM

For more information, contact Barbara Silva/Native American Family Caregiver at (920)869-2448.



Elder Services Transportation Page



For more information please contact:

Joyce Hoes, Transportation Supervisor at **(920) 869-2448**

We have Oneida Public Transit bus passes available to
Elders 55 years or older who are gainfully employed,
serve on a board, committee or commission that pays stipends.

While Supplies Last!

Sponsored by: National Center on Senior Transportation (NCST)



Oneida Elder Services is hosting:

Spring AARP Driver's Safety Class



(Revised) DATE: June 4, 2014

TIME: 9:00 am - 1:30 pm (total class length 4 ½ hours)

PLACE: **Elder Services 2907 S Overland Rd**

Please sign-up at Elder Services Congregate Meal Site

Elder Services will pay for the first 10 Tribal Enrolled Elders who sign-up

No testing

****MUST HAVE A MINIMUM OF 7 ELDERS TO HOLD THE CLASS!****

Some of the highlights will be:

*Information on aggressive drivers *Anti-lock brakes *Cell phone & Text usage while driving

*Defensive driving techniques *New traffic laws and information regarding Round Abouts

*How to adjust your driving to age-related changes in vision, hearing, and reaction time

Some Auto Insurance Companies may give a discount for taking this class



Oneida Elder Services

MAY IS SEVERE WEATHER MONTH

Guest Speaker: Kaylynn Gresham

Hot Topic: **Community Safety**

Severe Weather Awareness & Preparation

Joyce Hoes/Corinne R Zuckahossee

***When it thunder roars go indoors *Build an Emergency Kit**

***Have a plan and practice *Know your risks**

Elder Services Congregate Meal Site

May 14, 2014 12:00 p.m.

Contact: Joyce Hoes, Transportation Supervisor

920-869-2448



Oneida Elder Services

Will be introducing 'Tai Chi'

Coming in June, 2014 sign-up

Elder Services Congregate Meal Site

Held the **2nd & 4th Tuesday of each month** 1:30 pm – 2:30 pm

Instructor Kevin Schoenebeck, Oneida Fitness Center

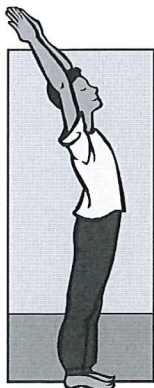
Sponsored by Oneida Total Integrated Enterprises (OTIE)

Classes focus on light **Stretching & Balance**

Any questions please contact:

Contact: Michelle Cottrell, Activity Specialist / 869-1551

Joyce A. Hoes, Transportation Supervisor / 869-2448



Wisconsin Judicare, Inc.

Matt Austin

Elder Services Congregate Meal Site

2901 S. Overland Rd.

Oneida, WI 54155

Thursday May 8, 2014

12:00 PM



Matthew Austin will be there to answer questions regarding Power of Attorney for Health Care and Finances. Also, he will briefly discuss the Affordable Care Act (aka Obamacare) and how it works with Medicare and being Native American. Any questions please call Angela Ortiz, Elder Benefit Specialist at (920) 869-2448 or (800) 867-1551.

Healthy Living with Diabetes

6 Week Workshop / **May 27 – July 1, 2014**

Oneida Elder Services

2907 S. Overland Road

Oneida, WI 54155



Healthy Living with Diabetes is an evidence-based workshop based on the theory that people with type 2 diabetes have similar concerns and problems. There is no charge to attend.

The workshop will meet once a week for 2 ½ hours, 1-3:30 p.m. beginning Tuesday, May 27 thru July 1. Workshop is limited to the first 12 people to register.

Please contact Barb Silva, Denise Johnson, or Sandra Summers to register at Oneida Elder Services (920) 869-2448



**BENEFIT SPECIALIST AT ELDER SERVICES
CONGREGATE MEAL SITE**



Starting **November** 2013 on the **second** and **fourth Monday** of the month Angela Ortiz, Benefit Specialist for Oneida Elder Services will be at the Elder Services Congregate Meal Site located at 2901 S Overland Rd, Oneida, WI 54155 from **11:30 a.m. to 1:00 p.m.** She will be there to answer questions and offer assistance with Medicare, Medicaid, Senior Care, and similar programs that are available for Elders. Please feel free to stop by with questions on those days or contact her in the office.

Any questions please contact: Angela Ortiz, Benefit Specialist at (920) **869-2448**



**Make a Difference in your Community become a
Foster Grandparent or Senior Companion**

Are you a senior, 55 years or older who enjoys spending and/or sharing your time, knowledge of tradition and culture? If income eligible, you can make a difference in your community by volunteering up to 8 hours a day while receiving extra income.

Foster Grandparents provide an inter-generational exchange between Elders and youth. Elders can serve as mentors to youth at tribal schools, day care centers, head start, after-school activity groups and youth centers.

Senior Companions provide opportunities for healthy older adults to serve Elders who may be homebound, alone, and/or isolated without family support. Senior Companions may serve clients within reservation boundaries.

Come share with our community, enjoy life, help others and earn tax-free money!

For an opportunity in your area contact:
Angela Ortiz, Benefit Specialist
(920) 869-2448

**You must be a least 55 years of age, complete a background check and meet
Income guidelines to earn a stipend!**

HAPPY MOTHERS DAY



W	H	A	P	P	Y	W	G	N	I	R	A	C	O	N
S	N	S	R	E	H	T	O	M	D	N	A	R	G	L
P	V	T	H	O	U	G	H	T	F	U	L	D	N	K
G	A	E	N	H	N	E	N	E	N	H	H	Y	V	L
N	C	R	C	G	G	O	C	R	C	G	R	A	N	A
E	N	G	E	F	F	U	H	U	N	E	F	D	C	I
R	S	I	S	N	K	I	D	S	S	P	A	I	N	C
D	P	V	P	L	T	U	P	P	P	L	M	L	S	E
L	L	I	L	A	A	S	E	J	L	A	I	O	F	P
I	O	N	O	Y	S	C	O	H	A	P	O	H	A	S
H	I	G	A	W	T	L	O	V	I	N	G	K	M	W
C	K	M	K	Q	Q	M	K	M	K	Q	Q	O	I	Q
B	U	D	U	S	P	R	I	N	G	A	M	B	L	A
J	A	E	T	A	R	E	D	I	S	N	O	C	Y	Z
Y	A	D	S	R	E	H	T	O	M	V	V	M	J	P

Mothers Day Moms Kids Parents Holiday

Loving Caring Children Grandmother Respect

**Thoughtful Family
Giving**

Considerate Honor

Special Happy

May Spring





Oneida Elders are invited to

'15th Annual Oneida Youth & Elder Fishing Day'

Event will be held at: Osnuhsa (Finger) Lake on Saturday, **May 31st, 9:00 am to 1:00 pm** (or as late as you want to fish!) Transportation will be provided to the first 15 elders to sign-up at Congregate Meal Site at 2901 S. Overland Rd, Oneida

Lunch will be provided

For more information please contact:

Joyce Hoes Transportation Supervisor 869-2448



Oneida Elder Services



****Reminder to Update your Emergency Preparedness Back-Pack****

Please check the expiration dates on any food and medications, replace if needed. Here is a list of things you are recommended to have available in the event of an emergency or disaster:

- ✓ Three day supply of non-perishable food
- ✓ First aid kit and manual
- ✓ Food that doesn't have to be cooked (granola bars etc.)
- ✓ Three day supply of water (one gallon per person per day)
- ✓ Battery-operated or crank-powered radio
- ✓ Flashlight with extra batteries and bulbs
- ✓ Sanitation and hygiene items (toilet paper, feminine products)
- ✓ Matches in a waterproof container
- ✓ Whistle (to attract attention to the emergency personnel)
- ✓ One change of clothing and a pair of shoes
- ✓ Manual can opener
- ✓ Baby wipes
- ✓ Roll of Duct tape
- ✓ Pet supplies if you have a pet
- ✓ Extra set of keys
- ✓ Plastic garbage bags
- ✓ Blanket
- ✓ Pack of playing cards to bide your time until rescued
- ✓ Completed "File of Life"

Oneida Tribe of Indians of Wisconsin



Oneidas bringing several hundred bags of corn to Washington's starving army at Valley Forge, after the colonists had consistently refused to aid them.



UGWA DEMOLUM YATEHE
Because of the help of this Oneida Chief in cementing a friendship between the six nations and the colony of Pennsylvania, a new nation, the United States was made possible.

Older Americans Month, May, 2014 Proclamation "Safe Today, Healthy Tomorrow"

- WHEREAS,** the Oneida Tribe of Indians of Wisconsin is a federally recognized Indian government and a treaty tribe recognized by the laws of the United States of America, and
- WHEREAS,** the Oneida General Tribal Council is the governing body of the Oneida Tribe of Indians of Wisconsin, and
- WHEREAS,** the Oneida Business Committee has been delegated the authority of Article IV, Section 1, of the Oneida Tribal Constitution by the Oneida General Tribal Council, and
- WHEREAS** Oneida Tribe of Indians of Wisconsin includes over 3,700 members ages 60 and older; and
- WHEREAS** Oneida Tribe of Indians of Wisconsin is committed to helping all individuals live longer, healthier lives; and
- WHEREAS** the older adults in Oneida have made countless contributions and sacrifices to ensure a better life for future generations; and
- WHEREAS** we recognize the value of injury prevention and safety awareness in helping older adults remain healthy and active; and
- WHEREAS** our community can provide opportunities to enrich the lives of individuals young and old by:
- Emphasizing the need to take action to safeguard themselves from unintentional injuries where they live, work and socialize
 - Providing information on avoiding leading causes of injury for older adults – falls, motor vehicle-related incidents, suffocation, medication overdose, and fire/burns
 - Helping older adults take control of their safety and wellbeing

NOW THEREFORE BE IT RESOLVED, we of the Oneida Tribe of Indians of Wisconsin do hereby proclaim May, 2014 to be Older Americans Month. We urge every resident to take time this month to recognize older adults and the people who serve and support them as powerful and vital individuals who greatly contribute to the community.

CERTIFICATION

I, the undersigned, as Chairman of the Oneida Nation Commission on Aging, hereby verify that the forgoing proclamation is duly adopted.

Wesley T. Martin Jr.
Wes Martin, Jr.
Oneida Nation Commission on Aging

Older Americans Month is May, 2014

Safe Today Healthy Tomorrow

When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthdays. About a third of older Americans lived in poverty and there were few programs to meet their needs. Interest in older Americans and their concerns was growing, however President John F. Kennedy's meeting with the National Council of Senior Citizens served as a prelude to designing May as "Senior Citizens Month."

Thanks to President Jimmy Carter's 1980 designation, what was once called Senior Citizens Month is now called "**Older Americans Month**," and has become a tradition.

Historically, Older Americans Month has been a time to acknowledge the contributions, of the current older persons to our country, in particular all those who defended our country. Every President since JFK has issued a formal proclamation during or before the month of May asking that the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, fairs, and other such activities.

Older adults have made countless contributions and sacrifices to ensure a better life for future generations. Since 1963, communities across the country have shown their gratitude by celebrating Older Americans Month each May. This celebration recognizes older Americans for their contributions and demonstrates our nation's commitment to helping them stay healthy and active.

This year's theme for Older Americans Month is "Safe Today, Healthy Tomorrow." The theme focuses on injury prevention and safety to encourage older adults to protect themselves and remain active and independent for as long as possible.

Unintentional injuries to this population result in at least 6 million medically treated injuries and more than 30,000 deaths every year. With an emphasis on safety during Older Americans Month, we encourage older adults to learn about the variety of ways they can avoid the leading causes of injury, like falls.

While Oneida Elder Services provides services, support, and resources to older adults year-round, Older Americans Month offers an opportunity for us to provide specialized information and services around the important topic of injury prevention. This information will help older adults take control of their safety and live longer, healthier lives.

Contact Oneida Elder Services by visiting www.oneidanation-nsn.gov/elderservices/ or calling 1-(920)-869-2448 to find ongoing opportunities to celebrate and support older Americans.

Safety tips:

Talk to your Healthcare Provider

- Discuss physical activities that are appropriate for you. Regular exercise helps to improve endurance, strength, balance, and coordination.
- Have your vision checked regularly. Your sight plays a large part in preventing injuries at home, on the road, and in the community.

Manage Medications

- Be aware of how your medications interact with other prescription and over-the-counter drugs, certain foods, alcohol, and other medical conditions.
- Learn how medications may make you unsteady on your feet or impact your ability to operate a motor vehicle.
- Create a medication schedule or use a scheduler box to make sure you take no less or more than prescribed.
- Ask your pharmacist for help. Large print labels, medication-tracking devices, and easy-open containers may be available.

Prevent Falls

- Install handrails and grab bars wherever they are helpful, especially around stairs and in bathrooms.
- Ensure ample lighting inside and outside of your home, particularly around frequently used walkways. Add one or more nightlights between your bedroom and bathroom.
- Choose shoes with non-slip soles that provide support without bulk that could cause you to trip.
- Use a walking aid, if needed to improve balance and stability.

Prevent Fires and Burns

- Set your water heater to 120 degrees. You can also install anti-scald devices on sinks, tubs, and showers.
- Test smoke detectors regularly. Be sure you have a smoke alarm in or very near your cooking area. Alarms should also be installed in all bedrooms.
- When cooking, wear snug-fitting or short-sleeve clothing and high-quality oven mitts that cover the lower part of your arms.
- Do not smoke in your home, especially if oxygen therapy is used.

Drive Wisely

- Plan your route before you drive and use the safest routes that are well-lit, familiar, and offer easy parking. Daytime driving in good weather conditions is the best.
- Eliminate distraction inside the vehicle and stay focused on the road.
- Know when it might be time to limit or stop driving, and learn how to get around town without driving.

Live a longer, healthier life by taking control of your safety today!

Learn more about Older Americans Month and find additional resources at
<http://acl.gov/olderamericansmonth>



Revised Date, Departure Time and Return Time **No Overnight Stay**

Great Lakes Native American Elders Association (GLNAEA)

Sponsored by Carter Potawatomi

(Revised) June 4, Wed & June 5, Thurs, 2014 – Carter WI

Potawatomi Carter Casino/Hotel

618 State Hwy 32, Wabeno, WI 54566-9193

1(715) 473-2021 or 1(800) 487-9522

All GLNAEA member elders who want to ride with Elder Services, please sign up at Oneida Elder Services Congregate **Meal Site by Monday May 19, 2014**. No overnight so no payment. GLNAEA membership verification will be requested at time of sign-up. We will schedule our tribal van to assist 8 people with transportation (no hotel). Participants must be independent, (able to help themselves), and be in good health, (to prevent spread of illness). We will leave the Elder Services Congregate Meal site at 6:30 AM on Thursday, June 5, 2014 and return the same day. If you have any questions please call Oneida Elder Services Congregate Meal Site (920) 869-1551. Thank you.

Next Meeting information:

Sept 11 & 12, 2014 – Ho-Chunk Nation in Wisconsin Dells

Tsyunhehkwá Seed & Plant Distribution 2014

Begins Saturday, May 10th from 10:00 A.M. – 2:00 P.M.

Certified Organic Site - 139 Riverdale Drive, Oneida, WI (920) 869-2718

\$15.00 will provide you with the following 16 seeds and 7 bedding plants

Seeds

- | | | | |
|----------------------------|-----------------------|-----------------|------------------|
| 1.) Green Beans | 6.) Beets | 11.) Snap Pea | 16.) Cauliflower |
| 2.) Butternut Squash | 7.) Pickling Cucumber | 12.) Red Potato | |
| 3.) Crookneck Squash | 8.) Slicing Cucumber | 13.) Radishes | |
| 4.) Zucchini Summer Squash | 9.) Muskmelon | 14.) Spinach | |
| 5.) Sweet Corn | 10.) Onion Sets | 15.) Wax Bean | |

Bedding Plants

Tomatoes

Slicer - Beef Steak
Canning - Roma
Cherry - Sweetie

Peppers

Green Bell
Jalapeno

Brassica

Green Cabbage
Broccoli

Marigolds will be available.

Seed and Plant Distribution will run from 1:00 p.m. – 4:00 p.m. Monday – Friday, after May 10th, as long as supplies last.

CHANGES TO COMMUNITY SUPPORT SERVICES FUND

This fund was amended through OBC Resolution #12-11-13-D and will go into effect March, 2014.

Requests for assistance from the Community Support Services Fund **must be tied to, or be a result of**, a catastrophic event, illness or injury.

The main changes within the Community Support Services Fund are:

Eligibility Criteria:

- Services must be requested for an enrolled member of the Oneida Tribe of Indians of Wisconsin only
- Services will cover catastrophic events, illness, or injuries only
- Services will assist with an emergency situation that poses an immediate risk to health, life or safety
- Requests for assistance must be made within thirty (30) business days from the catastrophic event, illness or injury
- Applicants must satisfactorily provide the program with required documentation and/or verification

Cost-Sharing:

One of the changes for the use of funds is the requirement for the applicant to cost-share, or repaying a portion of the funds paid on their behalf. Persons above the Federal Poverty Level limits will be required to cost-share and those below the Federal Poverty Level limits will not be required to cost-share. The Federal Poverty Level limit is used by the Center for Self-Sufficiency and determined by the Federal government.

The Amendment to the Community Support Services Fund requires the Center for Self-Sufficiency to set caps on the amount of assistance each person or household may receive, per event.

A copy of the Resolution can be obtained by calling the Tribal Secretary's Office (920) 869-2214, downloading a copy from the Tribe's website -

www.oneidanation.org (Select **Government**, scroll to **Oneida Laws**, click on **BC Resolutions**), or pick up a copy at the Economic Support Services office.

Wisconsin Home Energy Assistance Program (WHEAP)

Oneida Tribe Economic Support Services is scheduling appointments beginning September 1st for the 2014 heating season.

If you reside within the Oneida Reservation boundaries you can call **490-3939** to make a WHEAP appointment. If you reside outside of the Oneida Reservation boundaries you must call your county's WHEAP office (for Brown County **488-6460** and Outagamie County is **800-506-5596**).

The Wisconsin Home Energy Assistance Program (WHEAP) provides assistance for heating costs, electric costs, and energy crisis situations. Operating with federal and state funding, the program provides assistance to approximately 225,000 Wisconsin households annually.

Most types of fuel are eligible to receive assistance. Whether you use wood, propane, natural gas, electricity, or fuel oil to heat your home, energy assistance is available if you qualify.

Heating Assistance

WHEAP assistance is a one-time payment during the heating season (October 1 – May 15). The funding pays a portion of the heating costs, but payment is not intended to cover the entire cost of heating a residence. The amount of energy assistance benefit varies depending on a variety of factors, including the household's size, income and energy costs. In most cases the energy assistance benefit is paid directly to the household's energy supplier.

Electric Assistance

Your household may be eligible to receive a payment for non-heating electric energy costs through funding provided by Wisconsin's Public Benefits.

WHEAP electric (non-heating) assistance is a one-time benefit payment during the heating season (October 1-May 15). The funding pays a portion of the household's electrical (non-heating) costs, but the payment is not intended to cover the entire cost of the non-heating costs.

The amount of the non-heating assistance benefit varies depending on a variety of factors, including the household's size, income, and non-heating costs. In most cases the non-heating assistance benefit is paid directly to the household's energy supplier.

WHEAP Continued

Crisis Assistance

A household may be eligible for *crisis assistance* if you have no heat, have received a disconnect notice from the heating vendor, or are nearly out of fuel and do not have the money to purchase more. Crisis assistance is available through local WHEAP agencies that provide a 24-hour crisis phone number to help with emergencies that occur after business hours. WHEAP crisis assistance provides both emergency and proactive services.

There are also non-emergency or proactive crisis services that include providing information on how to reduce fuel costs, counseling on budgeting and money management, providing payments to a fuel supplier, and co-pay agreements.

Furnace Assistance

WHEAP emergency heating system assistance can provide services to eligible home owners if the furnace or boiler stops operating **during the heating season**. Heating system assistance includes payment for repairs, or in some situations your residence may qualify for a total replacement of a non-operating furnace or boiler. Call the local energy assistance office immediately if you are experiencing a no heat situation.

How to apply

Your household may be eligible for Wisconsin Home Energy Assistance Program (WHEAP) services based on a number of factors. However, if the gross income for your household is less than the amount shown on the following chart, you might be eligible to receive assistance.

Income guidelines for the 2013-2014 WHEAP Heating Season
(60% of State Median Income Guidelines)

Household Size	One Month	Three Months	Annual Income
1	2,058.	6,173.	24,692.
2	2,691.	8,073.	32,290.
3	3,324.	9,972.	39,887.
4	3,957.	11,871.	47,485.
5	4,590.	13,771.	55,083.
6	5,223.	15,670.	62,680.
7	5,342.	16,026.	64,105.
8	5,461.	16,382.	65,529.

If you think your household income meets the guidelines, please call **490-3939** to schedule your appointment after September 1st.



Taking reservations for Elder Vendor Tent for 2014 Pow-wow

Requirements: Oneida Tribe Enrolled, 55 Years of age or older

Photo copy of Tribal ID. First 15 Elders to sign-up

Elder Services will provide 1-2, 8 ft. tables & 2 chairs

Vendors please no children or pets at your space.

Space **MUST** be reserved in advance

For more information please contact:

Joyce Hoes, Transportation Supervisor / (920) 869-2448