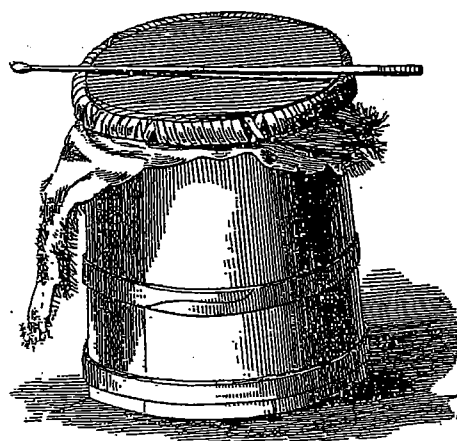


DRUMS ACROSS ONEIDA

Elderly Services
2907 S. Overland Rd.

P.O. Box 365

Elderly Services 1-920-8692448



Senior Center
134 Riverdale Dr.

Oneida, Wi. 54155

Senior Center 1-920-869-1551

Toll Free:1-800-867-1551

LATYATHOS WEHNI-TALE?

PLANTING MOON

MAY 2007

A MOTHER'S LOVE

I have not found the word,
I cannot find
One single phrase
To satisfy my mind
Or any synonym
That might express
A mother's love—
That love with the power to bless
The life of any child
Within her care.
An expended love,
And yet enough to share
With other children
If there is a need.
Elastic, tender is that love
Indeed !



Happy Mother's Day May 13th

Elderly Service Complex 2907 S. Overland Rd. (P.O. Box 365) Oneida, Wi. 54155 1-920-869-2448

Program Director	Florence Petri
Assistant Program Director	Tina Pospychala
Benefits Specialist	Angela Ortiz
Elder Abuse Coordinator	Joyce Johnson
Elderly Services Coordinator	Cheryl Ault
Office Manager	Claudia Skenandore
Transportation Coordinator	Lorna Christjohn
Transportation Driver	Connie Van Gheem
Transportation Aide	Dale Webster
Activity Coordinator	Michele Cottrell
Outreach Worker	Theresa Sanchez
Outreach Worker	Sandy Summers
Outreach Worker	Amy Summer
In- Home Chore Worker	Joanne Close
In-Home Chore Worker	Lorleen John
Respite Care Worker	Jim Smith
Respite Care Worker/Faith In Action	Glory LaFlex
Administrative Assistant	Marty Braeger
Elder Helper	Marie Scott
Elder Helper	Barbara Skenandore
Alzheimer/Respite Activities Specialist	Rita Summers
Title V	Jean Denny
Title V	Wayne McReynolds
Title V	Carmen Pasquale

ONEIDA SENIOR CENTER 134 Riverdale Dr. (P.O. Box 365) Oneida, Wi. 54155 1-920-869-1551

Head Cook Supervisor	Brenda Jorgenson
Assistant Cook	Loretta Mencheski
Relief Cook	Betty Jorgenson
Relief Cook	Pat Beilke
Home-Delivered Meals Driver	Alfrieda Grignon
Maintance Supervisor	Robert LaGest
Home Respite Coordinator	Richard Summers
Home-Chore Worker	Don Bogda
Home-Chore Worker	Tod Hill
Home-Chore Worker	Lloyd Davis
Home-Chore Worker	Harold Dostalek
Home-Chore Worker	Lee Domencich
Home-Chore Worker	Lisa Huff
Elder Helper	Richard Dodge
Elder Helper	Cornelius Hill
Elder Helper	Marena Pamanet
Title V	Jeannine La Rock

MENU

MAY

2007

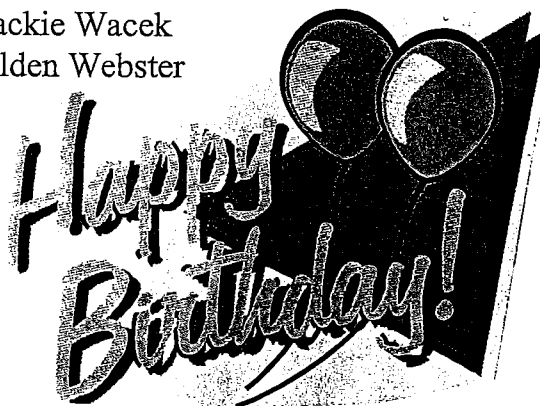
Oneida Senior Center, 134 Riverdale Drive Phone number: 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
7 Chicken Breast Wild Rice Carrots, W/W Bread Mandarin Oranges	8 Tomato Soup Ground Bologna and Egg Salad Sandwiches Ice Cream	9 Meat Loaf Potatoes, Corn W/W Bread Cookies	10 Bar-B-Que Ribs Scalloped Potatoes Peas, W/W Bread Jell-o W/Cool Whip	11 Eggs & Bacon Cornmeal Toast, Juice Applesauce
14 Beef Stew Biscuits Juice Yogurt	15 Chicken Noodle Soup Fresh Bread Berries	16 Liver & Onions Potatoes, Beets W/W Bread Sherbert	17 Brats, Red Potatoes, Sauerkraut W/W Bread Mandarin Oranges	18 S.O.S., Toast Eggs Juice Peaches
21 Chop Suey Rice W/W Bread Orange & Pineapple Slices	22 Corn Soup Fresh Rolls Juice Strawberry Whip	23 Hamburger W/Bun Macaroni Salad Beans Jell-o W/Fruit	24 Fish Potatoes Cole Slaw W/W Bread Melons	25 Eggs Sausage Toasts Pears Juice
28 CLOSED MEMORIAL DAY	29 Potato Soup W/W Bread Juice Applesauce	30 Sub Sandwiches, Turkey, Ham Cheese, Fresh Fruit, & Vegetables, Rolls Potato Chips	31 BIRTHDAY DAY Chicken W/Gravy Potatoes, Carrots W/W Bread Cake	
All meals are served with coffee, milk or tea.				
Menu is subject to change.				
FLOWER: Lily of the Valley BIRTH STONE: Emerald				
Hours: 8 a.m.-4:30 p.m. Lunched Served Mon.-Thurs. 12:00 P.M. - 1:00 P.M.				
Breakfast on Fri. Serving from 9 a.m.-10 a.m.				

CELEBRATE OUR MAY BIRTHDAYS

Russel Anderson	5-23	Bernice Larson	5-17
Ronald Anholtd	5-20	Sue Linden	5-21
Eleanor Baily	5-08	Wesley Martin	5-16
May Baxter	5-11	Margaret McCart	5-18
May Boucher	5-02	Wayne McReynolds	5-03
George Cardnial	5-10	Dorthy Mchiojah	5-07
Janet Christel	5-17	Pat Melchert	5-17
Floyde Charles	5-12	Linda Mercier	5-28
Ben Cornelius	5-10	Edward Metoxen	5-27
Juanita Cornelius	5-13	Jonas Metoxen	5-10
June Cornelius	5-29	Ronald Metoxen	5-01
Stan coulter	5-11	Marylin Mindimoye	5-06
Dorthy Danforth	5-01	Eunice Nejedlo	5-16
Lealand Danforth	5-27	Roy Ness	5-11
Rhea Decorah	5-16	Eldred Nicholas	5-21
Francis Delbroux	5-16	Carl Parker	5-29
Betty Dennison	5-02	Effie Peterson	5-24
Alice Denny	5-09	Excelda Pieschet	5-28
Carol Dixon	5-04	Roy Powless	5-30
Darrell Doxtator	5-12	Merlin Retzaff	5-19
Linda Doxtator	5-24	Sandra Rivera	5-31
Nadine Escamea	5-06	Howard Schreck	5-12
Alfreda Franco	5-22	Victor Scofield	5-30
Sharon Funmaker	5-14	Aldona Skenandore	5-24
Rosemary Gregor	5-01	Anthony Skenandore	5-13
Virginia Hallgren	5-03	Dorthy Skenandore	5-24
Rose Hill	5-17	Gordon Skenandore	5-19
Victor Hill	5-16	Chester Smith	5-15
Rickie House	5-11	Frank Summers	5-10
Helen Huff	5-29	Rudolph Summers	5-06
Bette Ibe	5-24	Ervin Thompson	5-28
Carl Ibe	5-12	William Vande Voort	5-05
Emily Johnson	5-19	Raphael Vandenbloomer	5-08
Kenneth Jordan	5-03	Winona Vieau	5-14
Barbara King	5-08	Jackie Wacek	5-15
Don King	5-28	Elden Webster	5-14

If you see an error in this listing, please complete our "Oneida Elderly Service Database Form" and send it to Cheryl Ault at Oneida Elderly Services P.O. Box 365, Oneida, Wi. 54155. Please remember to sign the form and make sure it is legible. Thanks for your help.



BIRTHDAY MONTH

Just a little reminder:

*We celebrate Birthdays on the last Thursday of the month at the Senior Center.

*There is a Birthday Book you need to sign up in at the Senior Center (Main Office) the month of your Birthday. You need to sign the sheet before 4:30, the Wednesday before the Birthday lunch in order to receive your Birthday Gift Card in the amount of \$5.00.

***This does not carry over from year to year. You need to sign-up each year, the month of your Birthday. You are not able to receive a card any other month.**

***Even if your name is on the Birthday list in the Drums Across Oneida, you still need to be signed up in the Birthday Book at the Senior Center.**

***Finally, you need to be present at the Birthday lunch to receive your Birthday Gift Card.**

If you have any questions please call me at 869-2448.

Thank you,
Michelle Cottrell , Activity Coordinator

Monday	Tuesday	Wednesday	Thursday	Friday
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May, 2007 ACTIVITIES

<p>* Please sign up in the Birthday book, Senior Center, Main Office the month of your Birthday and you must be present to receive your gift card.</p>	<p>1</p> <p>CRAFTS EPWORTH HALL 9:30 -11:30</p>	<p>2</p> <p>BOARD GAMES Elderly Services 9:30 BINGO HWY H 1:30</p>	<p>3</p> <p>AMISH COUNTRY LUNCH OUT (On own) Bonduel 10:00</p>	<p>4</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>
<p>7</p> <p>GREEN ACRES GREEN HOUSE 10:00 GOOD WILL Green Bay 1:00</p>	<p>8</p> <p>CRAFTS EPWORTH HALL 9:30 -11:30</p>	<p>9</p> <p>BANKS SHOPPING 9:00 Lunch at Senior Center BINGO HWY H 1:30</p>	<p>10</p> <p>SPRING SING Two Rivers 8:45 - 4:30</p>	<p>11</p> <p>BC ELDER LUNCHEON / BINGO Radisson 9:30</p>
<p>14</p> <p>COOKING Elderly Services 9:30 BINGO SITE II 1:00</p>	<p>15</p> <p>CRAFTS EPWORTH HALL 9:30 -11:30</p>	<p>16</p> <p>ONEIDA LANGUAGE Elderly Services 9:30 BINGO HWY H 1:30</p>	<p>17</p> <p>MAKING COLLAGES (bring your photos) Elderly Services 9:30 SHUFFLE BOARD Elderly Services 1:00</p>	<p>18</p> <p>BANKS, SHOPPING 9:00 - 11:30 ELDER SPRING DANCE Civic Center 12:00 - 4:00</p>
<p>21</p> <p>RUBBER STAMPING Elderly Services 9:30 LUNCH/VISIT/BINGO WITH MILWAUKEE SEOTS Senior Center 12:00 (Bingo at 1:00)</p>	<p>22</p> <p>BINGO EPWORTH HALL 9:30 -11:30</p>	<p>23</p> <p>PLANTING SEEDS Elderly Services 9:30 TARGET TOSS GAME Elderly Services 1:00</p>	<p>24</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>	<p>25</p> <p>OFF OFFICES CLOSED "ONEIDA DAY"</p>
<p>28</p> <p>OFF OFFICES CLOSED MEMORIAL DAY</p>	<p>29</p> <p>NEW ZOO 10:00 - 2:00 (LUNCH PROVIDED)</p>	<p>30</p> <p>ONEIDA LANGUAGE Elderly Services 9:30 BINGO Senior Center 1:00</p>	<p>31</p> <p>PRICE IS RIGHT Elderly Services 9:30 BIRTHDAY LUNCH 12:00 MOVIE Elderly Services 1:00</p>	<p>6/1</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>

* Please sign up for all trips at the Senior Center Main Office.
* All trips leave from Senior Center.
* If not attending the trips, bus will pick up for lunch only.

STUFFED HAMKINS

16 slices boiled ham
16 slices chicken or turkey
4 cans mushrooms
1 can cream of mushroom soup
handful of raisins
1 pk, stove top dressing

Mix stuffing for firm dressing, add 2 cans of mushrooms and raisins. Place 1 chicken slice on top of 1 ham slice, place 1 tablespoon of stuffing on top. Gently roll, place seam side down in buttered baking dish Mix soup and remaining mushrooms, add a little milk and pour over rolls. Bake at 350° oven for 30 minutes, Yields about 20 in a 9x13 pan.

MOMS LEMON DRIZZLE CAKE

Pre heat oven to 350°. In medium bowl 3 cups all-purpose flour, 2 t baking powder and ¼ t salt set aside In a large bowl cream 1 c softened butter with 2 c granulated sugar until light and fluffy. Add 4 eggs, beat well. Stir in flour mixture alternately with 1 c sour cream, blend well. Add 1 Tsp grated lemon peel and 1½ c raisins. Pour into a greased and floured 10 inch tube pan. Bake 75 minutes or until wooden pick comes out clean. Cool 10 minutes in pan on wire rack, place on cake plate. In small bowl, combine ⅓ c lemon juice, ¾ c granulated sugar, blend well. Brush mixture on hot cake, let cake.

A SAD RECIPE

I didn't have potatoeews
So I substituted rice.
I didn't have paprika
So I used another spice.
I didn't have tomato sauce
`So I used tomato paste.
A whole can, not a half can,
I don't believe in waste.
A friend gave me the recipe
She said you couldn't beat it,

There must be something wrong with her
I couldn't even eat it !!

Weight Loss Tips??

- * If you eat something and no one sees you eat it, it has no calories.
- * If you drink a diet soda with your candy bar, the calories in the candy bar are canceled out by the diet soda fizz.
- * When you eat with someone else, calories do not count if you do not eat more than he or she eats.
- * Foods used for medicinal purposes such as hot chocolate, toast and Sara Lee Banana Cake, NEVER count.
- * If you fatten up everyone around you, you will look thinner.
- * Movie-related foods do not have additional calories because they are part of the entertainment package and not part of one's personal fuel. Some examples : Milk Duds, Junior Mints, Red Hots, Tootsie Rolls, and buttered popcorn,
- * Cookie pieces contain no calories. The process of break in cause calorie leakage.
- * Things licked off knives and spoons have no calories if you are in the process of preparing something.
- * Foods that have the same color have the same number of calories. For example: Spinach and pistachio ice cream,
- * Chocolate is a universal color and may be substituted for sny other food color.
- * Anything consumed while standing has no calories. This is due to gravity and the density of the caloric mass.
- * Anything consumed frp, someone eles's plate has no calories has no calories since the calories rightfully belong to the other person and will cling to his or her plate!!

Little is much, if God is in it.

My Mother's Hands

I can't remember when first saw my mother's hands. Perhaps it was my first day of school, I clung to her hand that day as she walked with me down the sidewalk, and I was reluctant to part with the security her hand represented.

Or was it one of the fall afternoons when I rushed home from school to find her in the warm, sweet smelling kitchen where she was taking her home made bread from the oven. No gourmet dinner could ever compare with those thick slices of hot buttered bread that she doled out to my brothers and me,

It could have been the winter when I was ten years old and her cool competent hands gently nursed me through a serious bout with scarlet fever. Then again, it was the day her skillful hands gave me a final fitting in the formal she made for the senior prom, or the morning of my wedding day when I found her tenderly pressing my bridal veil.

I don't remember when I first really saw my mother's hands. but certainly it must have been when she was bestowing a generous gift. They are gentle hands, and tender, unadorned except for the gold wedding band and she has worn for almost half century. They're small, but can move mountains, they're graceful, but not strangers to hard work. In age they resigned, in prayer they're at ease. In need they're resourceful, in sickness they're comfort.

No, I don't remember when I first saw my mother's hands, but I need only close my eyes to see them now and they're a symbol of all that's reassuring and right in this world.

C. Adamson

"All that I am or hope to be I owe to my angel mother." A. Lincoln



Memorial Day

Blow gently, winds of May, and softly stir
the trees

Whispering today, the love we bear to
these

Who sleep that silent sleep, at rest forever
more.

Blow gently, winds of May, their warfare
is now o'er.

Blow gently, winds of May, bearing
perfume rare

Of blossoms o'er the way, rose petals
scattered there.

The starry flag we place, in glory on each
grave,

Catches in a fond embrace, for us and
proudly waves.

Blow gently, waves of May, shine softly
summer sun

Our heroes sleep today, their duty nobly
done.

And with the flag they loved, and flowers,
we come today,

To honor those who sleep, blow gently
winds of May.

"We should guard their graves with sacred vigilance. All that the concentrated wealth and taste of the nation can add to their adornment and security, is but a fitting tribute of her slain defenders. Let pleasant paths invite the coming and going of reverent visitors and fond mourners. Let no vandalism of greed for wealth, or neglect, no ravages of time testify to the present or the coming generations, that we have forgotten as a people the cost of a free and undivided Republic. If others eyes grow dull, and others hands grow slack, and other hearts cold in the solemn trust, ours shall keep it well as long as the light and warmth of life remains to us."

General J. Logan



MEMORIAL DAY

God Bless America

The "Memorial" in Memorial Day has been ignored by to many of us who are beneficiaries of those who have sacrificed their lives for our freedom and liberty. Often we do not observe the day as it should be a day of where we activity remember those Americans including our ancestors, family members, loved ones neighbors and friends who have paid the price for the blessings of liberty. You can change this by doing the following:

- * By visiting cemeteries and placing flags or flowers on the graves of our fallen heroes.
- * By flying the flag at half-staff until noon, Memorial Day is a day of "National Morning,"
- * By attending religious services of your choice.
- * By visiting memorials.
- * By participating in a "National Moment of Remembrance" to pause and think of the day and for taps to be played when possible,
- * By renewing a pledge to aid the widows, and orphans of our fallen dead and to the disable veterans.

Memorial Day Tribute

They answered their country's call to arms,
into battle they did go.
Where their final destination was, no one
will ever know.
May their final resting place, under some
unknown sod.
Be forever hallowed. For it is known only
unto God,

We should guard their graves with scared vigilance All that the consecrated wealth and taste of the nation can add to their adornment and security, is but a fitting tribute to the memory of her slain defenders. Let pleasant paths invite the coming and going of revent visitors and fond mourners. Let no vandalism of greed for wealth, or neglect, no ravages of time testify to the present or the coming generations, that we have forgotten as a people the cost of a free and undivided Republic. If others eyes grow dull, and others hands grow slack and others hearts grow cold in the solemn trust, ours shall keep it well as long as the light and warmth of life remains to us."

General L. Logan

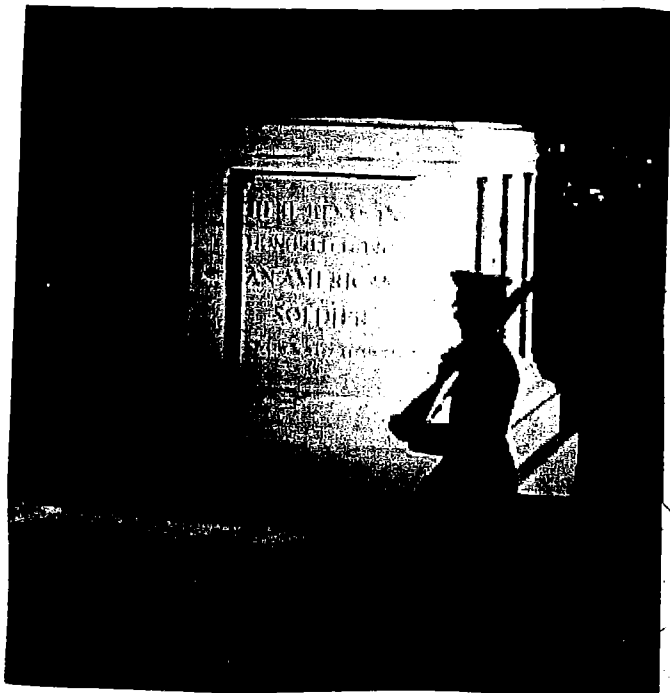
LETTER TO MRS BIXBY

Dear Madam:

I have been shown in the files of the War Department a statement of the Adjutant of Massachusetts that you are the mother of five sons who have died gloriously on the field of battle. I feel how weak and fruitless must be any words of mine which should be attempt to beguile from the grief of a loss so overwhelming. But I can not refrain from tendering to you the consolation that may be found in the thanks of the Republic that they died to save. I pray that the Heavenly Father may assuage the anguish of your bereavement, and leave you only the cherished memory of the loved and lost, and the solemn pride that must be yours laid so costly a sacrifice upon the altar of freedom.

Yours very sincerely and respectfully,
Abraham Lincoln 11-21-1864

Tomb Of The Unknown Soldier



- * 1. How many steps does the guard take during his walk across tomb of the Unknowns and why?

21 steps. It alludes to the twenty-one gun salute, which is the highest honor given any military or foreign dignitary,

- * 2. How long does he hesitate after his about face to begin his return walk and why?
21 seconds for the same reason as answer number 1

- * 3. Why are his gloves wet?
His gloves are moistened to prevent his losing his grip on the rifle.

- * 4. Does he carry his rifle on the same shoulder all the time and if not, why not?
He carries the rifle on the shoulder away from the tomb. After his march across the path, he executes an about face and moves the rifle to the outside shoulder.

- * 5. How often are the guards changed?
Guards are changed every thirty minutes, twenty-four hours a day, 365 days a year.

6. What are the physical traits of the guard limited to?

For a person to apply for guard duty at the tomb, he must be between 5' 10" and 6' 2" tall and his waist size cannot exceed 30." Other requirements of the Guard: They must commit 2 years of life to guard the tomb, live in a barracks under the tomb and cannot drink any alcohol on or off duty for the rest of their lives. They cannot swear in public for the rest of their lives and cannot disgrace the uniform (fighting) or the tomb in any way. After two years, the guard is given a pin that is worn on their lapel signifying they served as guard of the tomb. There are only 400 presently worn. The guard must obey these rules the rest of their lives or give up the wreath pin.

The shoes are specially made with very thick soles to keep the heat and cold from their feet. There are metal heel plates that extend to the top of the shoe in order to make the loud click as they come to a halt. There are no wrinkles, folds or lint on the uniform. Guards dress for duty in front of a full length mirror.

The first six months of duty a guard cannot talk to anyone or watch TV. All of duty time is spent studying the 175 notable people laid to rest in Arlington National Cemetery. A guard must memorize who they are and where they are interred. Among notables are: President Taft, Joe Lewis (the boxer) and Medal of Honor winner Audie Murphy (the most decorated soldier of WW11) of Hollywood fame.

Every guard spends five hours a day getting his uniform ready for guard duty.

Peace is watching a sunset and knowing who to thank,



History Of Memoria

Over the past century, more than 35 million men and women answered the call to arms in World War 1, World War 11, Korea, Vietnam, the Persian Gulf, Iraq, and countless unnamed military engagements. More than half a million of them never came home. Some died in battle, others in captivity, but all died to soon.

Recent military action in Afghanistan and Iraq offered fresh reminders of the human reality of war: ordinary men and women leaving home and families and all they know to risk their lives for an idea honor, or duty, just to protect the soldier next to them. People of patriotism and goodwill may debate the merits of any given war, police action or humanitarian mission. But there should be no debate about our debt to the hundreds of thousands of our citizens who have given the ultimate sacrifice of their lives heeding the nation's call to service.

Memorial Day is more than just the start of summer. It is a chance to pause and remember the sacrifices, to remember the gallantry and bravery, remember the fallen.



"TO LIVE IN HEARTS WE LEAVE
BEHIND IS NOT TO DIE"



Senior News Break

Patricia Hill is now at home recuperating at home. Here's hoping to see you out and about soon.

Welcome home Beverly Flying and her sister Sharon Corso, from a Hawaiian vacation.

Woody Webster is in the San Luis Nursing Home. Take a minute and visit him.

Deanna Bowman was in the San Luis Nursing Home and is now at home recuperating.

Father Silas is now at home at home recuperating. He and his wife (Marlene) welcome company.

Milton and Nadine Dallas are flying out to San Diego for their grandson's (Chris) graduation from the Marine Corp on Memorial Day.

Phyllis Garlow is now at home recuperating from heart surgery.

Frank and Nancy Cornelius are home from their winter home in Arizona. Welcome home.

Special Thanks

Thanks to Fred Muscavitch for the donation of books to the Elderly Service Library.

Thanks to Beverly Flying for the donation of videos to the Elderly Service Library.

Happy Belated Birthday to Catherine Hill on April 15th. Hope you have many more.

GLNAEA



Great Lakes Native American Elders Association

**Sponsored by HoChunk
June 7th & 8th , 2007
Baraboo, WI**

All elders who need a ride to GLNAEA, please sign up at the Oneida Senior Center (Meal Site) by May 15, 2007. We must have 20 people signed-up to reserve a coach bus, or else we'll use tribal vans. Payment for your hotel must be received by May 15 and the last day to cancel is May 22 for reimbursement of payment. We will be staying at HoChunk Hotel & Casino and the cost is \$34.50 per person. We will leave the Senior Center (Meal Site) at 12:45 pm on Thursday, June 7th. Any questions please call Oneida Elderly Services at (920)869-2448 or Oneida Senior Center at (920)869-1551.

Fishing Expedition

G	I	U	A	W	K	F	H	S	I	F	F	C	D	S	I	G	H	Z	U	R	H
H	G	U	E	W	S	S	I	X	U	G	L	O	O	S	C	L	R	R	U	C	G
D	O	R	S	A	L	L	A	S	T	U	O	A	R	E	E	A	K	H	T	N	N
M	C	S	S	Y	M	P	L	M	H	U	A	S	Y	N	C	Z	W	A	O	R	I
X	P	T	L	J	Q	C	R	U	E	F	T	T	L	R	H	G	C	M	J	U	T
F	Z	F	K	P	G	O	T	E	G	C	I	K	F	A	E	B	U	G	U	W	S
R	E	G	G	I	R	N	W	O	D	A	A	N	O	H	S	W	Z	S	W	G	A
C	A	U	D	A	L	F	I	N	Q	N	E	F	D	O	T	F	N	Y	S	S	C
S	X	R	P	R	Q	S	N	N	V	Y	U	N	H	E	H	C	R	A	N	K	Y
W	R	R	B	F	L	I	P	P	E	R	S	O	I	I	R	H	U	Z	D	R	L
C	A	E	Q	U	D	T	E	M	E	P	O	G	S	L	G	N	S	W	C	E	F
C	H	J	P	E	Q	L	E	T	X	R	O	D	E	H	G	H	Q	I	D	X	H
G	R	A	T	P	D	B	R	O	L	M	C	L	W	A	T	N	N	D	F	A	W
A	U	C	I	N	I	A	I	O	W	P	J	C	L	D	R	P	I	O	T	Y	L
R	T	O	A	R	H	L	F	D	I	V	E	R	F	I	P	C	E	H	O	S	G
D	M	H	V	C	F	W	C	W	A	T	R	E	O	N	G	M	X	D	S	N	C
Z	A	E	S	P	E	E	D	N	A	M	R	E	H	S	I	F	Y	L	F	I	W
T	H	R	X	H	M	C	O	O	L	E	R	L	F	L	Y	R	E	E	L	A	F

F1145

CARP
CATCH
CAUDAL FIN
CHAIR
CHARTER
CLIPPERS
COAST
COOLER
CRANK
CREEL

CREW
DEEP SEA
DEPTH SOUNDER
DIVER
DORSAL
DOWNRIGGER
DRAG
EYE
FACEMASK
FIRE

FISH
FISHFINDER
FISHHOOK
FISHING LINE
FLIPPERS
FLOAT
FLY
FLYCASTING
FLYFISHERMAN
FLYREEL

FLYROD
GEAR
GILL OPENING
GULLS
HANDLE
HARNESS
HAT
HIGH NOON
HOOK
ICE CHEST

CELEBRATE OLDER AMERICAN'S MONTH MAY 2007

“Aging Well, Living Well ”

MAY 10TH - SPRING SING in Two Rivers, Wi
Oneida Singers

MAY 11TH - BC ELDER LUNCHEON
Radisson (Call BC for Reservations)

MAY 18TH - SPRING DANCE
THUNDER COUNTRY
Civic Center 12:00 - 4:00

MAY 21ST - LUNCH/VISIT/BINGO
WITH MILWAUKEE
SEOTS ELDERS.
Senior Center 12:00 - 3:00

MAY 29TH - VISIT THE NEW ZOO
Lunch provided 10:00 - 2:00

* Please sign up for these events at the Senior
Center Main Office.

* **No Children Please.**

10 Commandments Of Permanent Fat Removal

- * Thou shalt honor and believe in thyself.
- * Thou shalt move thy booty. Move it and move it some more.
- * Thou shalt never go hungry again. Eat small meals and healthy snacks throughout the day.
- * Thou shalt stock the fridge with the right stuff - the fruits and vegetable of the earth.
- * Thou shalt honestly write it down. If you bit it you must write it down.
- * Thou shall weigh and measure- thy self and thy food.
- * Thou shalt drink enough Holy Water to frighten Noah and map out all the restrooms in thy village.
- * Thou shalt not deny thyself a treat or two now and then.
- * Thou shalt not eat out of misery, boredom, anxiety- but should thou indulge, thou shalt forgive thyself.
- * Thou shalt not cover thy neighbor's plate.

Source: J. Taylor

G.L.N.A.E.A SCHEDULE

JUNE 7&8-HoChunk Hotel & Casino, Baraboo.

AUGUST 2&3- LacDuFlambeau

OCTOBER 4&5-Mole Lake Motel,Casino & Bingo.

DECEMBER 6&7-LCO Casino, Lodge and Convention Center.

Tornado Tips

The National Weather Service has these tips for Tornado Safety.

1. Keep a battery-operated weather radio in your home or business.
 2. Stay abreast of the latest forecast with a radio or TV.
 3. Keep a eye on the sky and consider postponing outdoor activities in threatening weather.
 4. Remember that a tornado WATCH means weather conditions are favorable for the development of a tornado, a WARNING means a tornado is highly imminent or has been spotted.
 5. In the event of a tornado stay away from windows. Go to the basement or the lowest level of a building, a hall or closet. Get under a heavy table or a desk if possible.
 6. If caught outdoors, lie flat in a roadside ditch, a ravine or culvert and cover your head with your arms.
 7. Listen for local sirens that warn local communities.
-

An Ode To Spring

No matter how long the winter,
how hard the frost or how deep
the snow.

Nature triumphs. No season is
awaited so eagerly or welcomed
so warmly as spring.

Spring is when you feel like
whistling even with a shoe full of slush.

Attention Elders

Oneida Elderly Services encourages all who participate in elderly activities and bus transportation to create a positive atmosphere for all participants including themselves, other elders, and employees. Courteous behavior to other elders and employees is expected. Transportation will be provided by Elderly Services to those activities scheduled on the monthly activity calendar. **Activities are subject to change or cancellation.** Transportation to after hour activities (After 4:30 P. M.) or weekend activities will be provided by Elderly Services providing there is a **minimum of five(5) passengers.** The deadline for signing up for these activities is **4:40 pm** the day before the event (**except wakes and funerals.**)

The following restrictions apply to traveling to out of town activities:

- * Passengers must be physically able to board the bus or van on their own and must be able to keep up with others.
- * Those individuals with high risk of a heart attack, wheel chair bound, have had open heart surgery, have a pacemaker, oxygen dependent, or medication that caused dizziness, disorientation or nausea are ineligible to travel.

Seat belts (if equipped) are **mandatory** at all times while on the bus

Physical or verbal abuse of other elders or employees will not be tolerated.

If you have an illness that may be contagious, be considerate of those riding the bus and please stay home until you are better so others will not become infected.

Please practice proper hygiene at all times.

It is each individual's choice as to which activities they wish to attend.

A donation will be appreciated when riding the bus.

If you wish to participate in special activities offered by Oneida Elderly Services, you must sign up in person (**no call -ins or signing for someone else, this includes signing up for bingo passes**) at the Oneida Senior Center, 134 Riverdale Drive, Oneida. For transportation to our monthly activities that you wish to attend, please call 869-2448.

RURAL DEVELOPMENT

**The Elderly Meal Site
134 Riverdale Dr.
Oneida, Wi. 54155**

First Thursday Of Month

504 Home Repair Loans and Loan Grant Combination. 502 Home Purchases to buy or build. Programs are available for low and very low income households. Stop for details or call the meal site office at 1-920-869-2448.
Shawano Rural Development Office at
1-715-234-2148.

ONEIDA BENEFIT SPECIALIST

Angela Ortiz

Benefit Specialist from the Elderly Service Center will be available at the Oneida Senior Center (meal site) every second and fourth Thursday of the month from 11am-1pm. She has valuable information on benefits and helpful programs for you, including information on health insurance. This is on the first come first serve basis. You can also sign up for Senior Care with Angela. For more information call 1-920-869-2448.

BLOOD PRESSURE AND BLOOD SUGAR SCREENING

May 10th, 2006

Oneida Senior Center (meal site)
134 Riverdale Drive
1-920-869-1551

Attitudinal Foundation of Mindfulness

1. **Non-judging**-impartial witness to your own experiences -not good or bad, just is. Don't beat yourself for judging, just realize you're doing it.
2. **Patience**-things must unfold in their own time-no need to be impatient with ourselves, we find the mind judging all the time or we are tense or agitated or frightened.
3. **Beginner's mind**- a mind that is willing to see everything as if for the first time-allows us to be free of our expectations based on our past experiences. The next time you see someone who looks familiar, ask yourself if you are seeing this person with fresh eyes, as he or she really is, or are you seeing a reflection of your own thoughts about the person. Try it with cats, spouse, friends, etc.
4. **Trust**-trust in yourself-it is far better to trust in your intuition and your own authority, even if you make some mistakes along the way, then look outside yourself for guidance. If something doesn't feel right, why not honor your feelings.
5. **Non-striving**- you are doing this for a purpose, to get something or somewhere. Don't think "I am going to get relaxed this time," this introduces an idea into your mind of where you should be, and along with it comes the notion that you are not okay right now. Pay attention to what is happening at the moment. If you are tense, then pay attention to it.
6. **Acceptance**-acceptance means seeing things as they actually are in the present. If you have a headache, accept that you have a headache. It does not mean you should give up on your desire to change and grow. It means that you should come around to a willingness to see things as they are.
7. **Letting go**-we tend to hold on to pleasant and try to get rid of unpleasant thoughts. In meditation practice we intentionally put aside the tendency to elevate some aspects of our

experience and to reject others. Instead we let our own experiences be what it is and practice observing it from moment to moment.

Source: Jon Kabat

Nutrition Related Problems

Digestion Problems: As bodies grow older, they may become less efficient at digesting food. This can result in constipation, heartburn and bloating to help this :

- * Eat smaller and more frequent meals.
- * Drink plenty of fluids.
- * Eat more fiber (whole grain breads and cereal, fruits and vegetables.
- * Eat more slowly and chew food thoroughly.

Mouth or Tooth Problems:

- * Eating can be unpleasant if you are experiencing :
- * Dentures that don't fit.
- * Tooth pain.
- * Dry mouth.
- * Gum Disease.

If you have trouble chewing or swallowing, see your dentist or health-care provider. Eating softer foods can also help.

Problems with taste or smell.

The senses may grow less acute. If that happens, you can try :

- * Using more flavorful herbs and spices. (Instead of salt)
- * Serving foods that are warm, not too hot or cold.
- * No smoking-foods will taste better if you quit. (Your overall health will benefit too.)

Source: Self Care Handbook

SENIORS AND PETS

Here are a few tips to consider before buying a pet or accepting one from your children or a friend. Pet ownership is a big responsibility.

1. **COMMITMENT**: Do you have the energy, health, and desire to care for your pet? Cats and especially dogs require food, water, exercise care, companionship every day.

2. **SPACE**: Do you have adequate room, if you rent are you allowed pets.

3. **COST**: The annual average cost of a small dog, (including food, veterinary care, toys, and license's is \$420.00, medium dog \$620.00, large dog \$780.00. The annual cost of a cat is around 550.00.

4. **BACK UP CARE**: If you love to travel who will take care of your pet when you are gone? Animal boarding cost around \$15.00 a day.

5. **CHOOSING A PET**: For seniors choosing a previously owned or older pet is a smart option because they are usually calmer, already house-broken, and not as rambunctious as a puppy or a kitten.

6. **ADOPTING**: A good place to start is at a local animal shelter or purebred rescue group which offers a nice variety at a low price. These pets are likely to have already been vaccinated, sprayed, or neutered. Since shelters offer discounts (or free) for senior citizens. Retired or registered service dogs make good pets because of their obedience training and are house broken.

7. **HEALTH BENEFITS**: Pets are supposed to be good for our health. Studies have shown that a pet owner make fewer doctor visits, shorter hospital stays, and take less medications. Pets boost spirits, encourage exercise and socialization. REMEMBER, if you rent, make sure pets are allowed.

SUPER FOODS

These foods are an important part of recognizing healthy dietary patterns that prevent diseases, enhance our health, and possibly extend our life span.

1. **ALMONDS**: May reduce the risk of heart diseases protection against bladder cancer, can reduce colon cancer.

2. **APRICOTS**: Rich in carotenoids, a powerful protector of the heart.

3. **BEANS**: A low-fat, low-calorie source of protein and easy way to control blood sugar and weight.

4. **BLUEBERRIES**: Rich in vitamin C fiber and antioxidants.

5. **BROCCOLI**: Contains more vitamin C than citrus fruit and more calcium than a glass of milk.

6. **BROWN RICE**: Fiber, magnesium, v-e copper and zinc.

7. **BUTTERNUT SQUASH**: Every ½ c. has five grams of fiber, vitamin C and A.

8. **CARROTS**: Vitamin A for eye sight.

9. **CITRUS FRUITS**: Source of V-C.

10. **CRISP BREAD**: Fiber, often fat-free.

11. **DARK CHOCOLATE**: Contains antioxidants and flavanoids which boost production of nitric oxide in blood pressure and improving blood flow.

12. **FAT-FREE MILK**: Source of calcium, protein with little or no saturated fat or cholesterol.

13. **GARLIC**: A powerful antioxidant.

14. **GREEN TEA**: May lower the risk of cardiovascular disease, low in caffeine, high in cancer -fighting catechins.

More super foods in next issue.

JOB OPPORTUNITY

Are you 55 or older and looking for work?

NICOA Senior Community Service Employment Program may be just what you are looking for. Eligible candidate must meet income guidelines and be available to work 20 hours per week. Training is provided.

For more information call Brenda at 869-1551

MEALS MATTER! What would you like to see on the menu at Oneida Senior Center Meal Site?

Please contact Brenda Jorgenson at 869-1551 if you have ideas or menus to share. Thank you.

VOLUNTEERS NEEDED - SENIOR CENTER

Please contact Brenda Jorgenson at 869-1551 if you would like to volunteer to help cook, serve, clean, or any other customer service help AT OUR MEALSITE

THE ELDERLY SERVICES PROGRAM MISSION IS TO ASSIST OUR ELDERS IN MAINTAINING AN INDEPENDENT, HEALTHY, PRODUCTIVE, AND QUALITY LIFESTYLE. TO ACCOMPLISH OUR MISSION, OUR SERVICES ARE RENDERED THROUGH LOVE, CARING, AND RESPECT FOR THE INDIVIDUAL BY THE SERVICES WE PROVIDE.

ELDERLY SERVICE GIFT SHOP

THIS IS AN INVITATION FOR YOU TO COME AND VISIT OUR ELDERLY SERVICE GIFT SHOP. OUR HOURS ARE FROM 8:00 AM- 12:00 AM., MONDAY THROUGH FRIDAY.

The following is a list of items for sale:

Towels, Mugs, Air Fresheners
Crosses, all types (plastic canvas)
Magnets, Raised Beaded Purses
Floral Arrangements
Greeting Cards, Leanin Tree
Hot Pads
Native American Dolls
Jewelry, Necklaces, Earrings, Pins, etc
Key Chains
Pillows
Quilts (crib size)
Lap Throws, Pillow Cases, Scarfs
Memories of Oneida Elders Tapes
Oneida Singers Tapes, Cornelius Family
Many Other Assorted Items

We Feature Fresh Popcorn Daily

Our gift shop is located in the Elderly Service Complex, at 2907 S. Overland Road, right next to the Airport Road Daycare Center.
Across from Oneida Health Center.
Elders, display your arts and crafts in our store FREE.



EMERGENCY MANAGEMENT

Presenter: Marty Antone, Oneida
Emergency Management, Director

Date: Thurs., May 24, 2007

Time: 11:45 P.M. - 12:15 P.M.

Location: Oneida Elderly Meal Site
Hwy J, Oneida



Oneida Elderly Services Presents: Diane Jourdan
Oneida Environment Department

Where: Senior Center Meal Site
134 Riverdale Dr

When: May 9, 2007

Time: 11:45am - 12:30pm

Bring your question regarding Recycling.

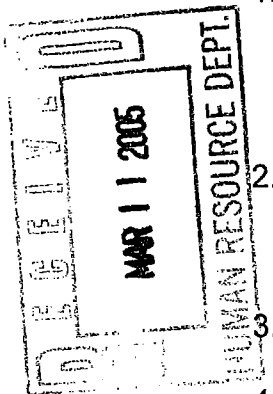
ONEIDA NATION OF WISCONSIN STANDARD OPERATING PROCEDURE	TITLE INITIAL CONTACT FORM (ICF)	SOP NO. DATE: 09/08/03 REVISION DATE: 02/23/05
DIVISION: GOVERNMENTAL	APPROVED BY: AREA MANAGER <i>[Signature]</i>	DATE: <i>3-3-05</i>
DEPARTMENT: ELDERLY SERVICES	APPROVED BY: DIRECTOR <i>[Signature]</i>	DATE: <i>2/24/05</i>
AUTHOR: Tina R Pospychala Assistant Director	APPROVED BY: <i>[Signature]</i>	DATE: <i>3/5/05</i>
PAGE 1 OF 3	REVIEWED BY: HRD	DATE:

POLICY: It is the Policy of the Oneida Elderly Services Department that all employees must complete an Initial Contact Form (ICF) for all requests by the public or staff, for any and all services rendered to an Elder. This Policy is dependant upon the availability of funds.

PURPOSE: To ensure that all Oneida Elderly Services Department's employees follow the correct procedure as it pertains specifically to the ICF. To properly maintain the most effective tracking system for priority Elders, per the Program Policy, and to ensure compliance of Tribal, State and Federal reporting, for, and by the Elderly Services Program.

PROCEDURE:

1. To fill out the top of the Form:
 - 1a. Date of Contact
 - 1b. Time of Call
 - 1c. Client's Name
 - 1d. Date of Birth
 - 1e. Full Address
 - 1f. Telephone Number
2.
 - 2a. Tribal Affiliation
 - 2b. Roll Number
 - 2c. Other
3. Describe the Nature of the Problem
4. Initials: The person taking the information.



INITIAL CONTACT FORMS (ICF's)

February 23, 2005

Page 2

The person filling out the ICF will stop here and forward the completed form (all copies) to the Elderly Services Coordinator. **IF THIS IS AN EXTREME EMERGENCY, THE ICF WILL GO DIRECTLY TO THE SUPERVISOR OF THAT DEPARTMENT TO INITIAL THE APPROVAL OF THE EMERGENCY REQUEST.**

5. The Service Coordinator will verify that the client requesting services:
 - 5a. Lives in Brown or Outagamie Counties and within Reservation Boundaries.
 - 5b. Is enrolled with Elderly Services. If not, they must fill out an Enrollment Form that will need to be completed within 3 to 5 days.
 - 5c. Complete an Assessment Form to determine if they are eligible for our services.
6. **The Priority is:**
 - 6a. 70 years and older,
 - 6b. 55 to 69 years who are disabled/handicapped and living alone
 - 6c. 55 to 69 with serious health or safety issues**THESE ARE OUR PRIORITIES**
7. Will there be a donation? In reference to Program funding source requirements, you will be asked for a donation for all requests for services, documenting the amount if any.
8. After assessing the request, the Service Coordinator will refer the ICF to the proper supervisor for completion (white, pink, and yellow copies).

8a. Administration	8h. Benefits
8b. Home Chore	8i. Nutrition
8c. Home Repairs	8j. Meals-On-Wheels
8d. In-Home Services	8k. Info/Referral
8e. Respite Care	8l. Supportive Services
8f. Elder Abuse	8m. Outreach
8g. Transportation	8n. Service Coordinator
9. **IF THIS IS AN EXTREME EMERGENCY:**
 - 9a. **Proceed according to the Elderly Services criteria for eligibility; 70 years and over, 55-69 years that are disabled/handicapped and living above, 55-69 years with serious health/safety issues.**

INITIAL CONTACT FORMS (ICF's)

February 23, 2005

Page 3

- 9b. If the service is deemed an emergency by the Elderly Services Program, we will provide the service to the Elder, pending availability of funds. If not previously approved for service, Elderly Services **WILL NOT** be responsible for any of the charges incurred by the client.
- 10. Elderly Services can provide up to \$200.00 per request for supportive services.
- 11. Elderly Services will seek a provider if we are unable to provide the service.

There will be no commitment of funds without the prior, signed approval by the Elderly Services Program Director. All requests that are over \$200.00 will be an Elderly Services group decision for approval/disapproval, based on economic need, and the Elderly Services criteria for eligibility.

- 12. All invoices submitted for approval must have a copy of an ICF attached for payment.
- 13. A followup with documentation of any action or comments as to what had transpired with the ICF, and what steps were taken to complete the task must be made.
- 14. After approval has been received, provide a copy of the ICF with the estimate and a copy of all the receipts, to the Administrative Assistant for the purchasing or processing of the ICF and include a set of the copies that are to be sent to the Tribal Vendor completing the job.
- 15. The person completing the job/task will briefly comment on what was done to complete the task, initial the ICF, and provide Elder comments (if any), sign and date.
- 16. The yellow copy of the ICF will be given to the person(s) completing the job/task, and the white copy will be returned to the Elderly Services Coordinator. **A Progress Report should be completed and attached to the ICF if the client is not served within five (5) working days.**
- 17. All other outside services, i.e., Catastrophic, Community Support, etc., will be exhausted prior to Elderly Services funds.

Healthy Aging

What's good for the body is good for the spirit also! As people grow older, it is very important to keep motivated, to say to yourself "I can do it." Regular exercise is even more important for seniors than other age groups since the risk of disease and lost mobility is greater and the positive effects realized more quickly. But, as we all know, the hardest part is getting started.

Here are a few tips to get started:

- * Look for daily opportunities in work and play. Force yourself to walk by parking your car several aisle away from the store or your office entrance and walk briskly.
- * Choose an exercise you like and stick with it.
- * Use the buddy system. Arrange to have a friend meet you. It's harder to say no to exercise when exercise with a friend.
- * Walk, swim, bicycle, dance, fish, anything !
- * Join a walking group or your local Y, park, church or local senior center.
- * Just move!! The body was made to move,

If you think old, you are old.

A decline in memory is not always a function of disease, like Alzheimer's disease. Sometimes memory loss is caused by factors that can be changed - such as a diet, medication misused or depression. At the National Institute on Aging, research is showing that memory may be like other parts of the body. Research has shown that very gradual declines in memory take place until age 70. There after the pace increases, but not so much as to impair a person.

The conclusion:

The process of normal aging does not rob you of your memory. The greatest enemy to the healthy senior mind is depression. New activities, hobbies, and exercise are wonderful anti-depressants. If you are truly depressed don't bear it alone—SEEK HELP, and stay active doing things that use your memory.

Sincere Condolences

To the Alice Cannon-Schuyler family.

To the Peter (Buzzy) King family.

To the Thelma L. Buckley family.

To the Miles R, Boyd family.

To the Tammy L. Gonzales-Ninham family.

To the Frank Doxtator family.

To the Ronnie Metoxen family.

To the Helen Laubenstein family.

International Pun

A woman has twins and gives them up for adoption. One of them goes to a family in Egypt and is named Ahmal. The other goes to a family in Spain, and is named Jaun. Years later Juan sends a picture to his birth mother. Upon receiving the picture she tells her husband she wishes she had a picture of Ahmal. Her husband responds, "They're twins! If you've seen Juan you seen Ahmal!"

Mahatma Gandhi, as you know, walked bare foot most of the time, which produced an impressive set of callouses on his feet. He also ate very little, which made him rather frail and with his odd diet, he suffered from bad breath. This made him.....A super calloused fragile mystic hexed by halitosis!!!

Date: 4/20/07
TIME: 15:06:04

Oneida Tribe of Indians of Wisconsin
ACTIVE CIP PROJECTS - COMMUNICATION PLANS
Submitted by: Engineering Department

Page: 1
BAGCIPCOMR ESTCIPCOMR

All CIP Projects will be developed employing a process of development consisting of four (4) distinct phases, as noted below:

Project Phases:	Phase Titles:	Phase Description:	% of Project:
CIP - 1	CIP Package assembly phase	The Project Team assembles the specific project information into a package for approval of project.	0 to 25%
CIP - 2	Project Approval phase	The CIP Package is routed to review entities for comment and finally presented to OBC for approval.	26 to 35%
CIP - 3	Design phase	The Architect designs building and prepares documents defining the scope of work for contractors to bid on.	36 to 65%
CIP - 4	Construction phase	The project is bid and constructed.	66 to 100%
CIP - N	Non-CIP Project	This project is not funded by CIP dollars. It is funded by other sources. However, it is being Project Managed by the Engineering Department.	

* on report means value to be determined.

Project CIP No. Request Date	Project Title	Project Manager	Current % of Project Phase completed	Total Project Scheduled Budget Completion
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04-005	1/28/04	SS Building Remodeling Phase IV	Troy Parr 920-869-4529 TPAR@ONEIDANATION.ORG	CIP- IV 100% \$1,330,000 6/12/2006
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Description: The project is a continuation of the upgrading of the building to current building codes and creating operating efficiencies of building systems and spaces. Phase IV will mainly consist of upgrades to and creation of systems to improve building occupant comfort and building functionality.

Community Meetings: No meetings are planned.

Project Status: The main portion of project is complete, minor work on fire alarm system being finalized and then project will be closed out.

04-006	12/12/03	N.E.W. Regional Public Safety Facility	Troy Parr 920-869-4529 TPAR@ONEIDANATION.ORG	CIP- N * * *
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Description: The proposed project is intended to service the public safety needs of the region and is a cooperative effort of the Oneida Nation, several adjacent municipalities and other entities. The building is intended to include: fire station, rescue services, law enforcement area, and training facilities.

Community Meetings: To be determined.

Project Status: Project team is meeting to determine course of project development.

Date: 4/20/07
TIME: 15:06:04

Oneida Tribe of Indians of Wisconsin
ACTIVE CIP PROJECTS - COMMUNICATION PLANS
Submitted by: Engineering Department

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EGGCIPOMR EGGCIPOMR

Project CIP No.	Request Date	Project Title	Project Manager	Current % of Project Phase completed	Total Project Budget	Scheduled Completion
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04-009	2/27/04	Packerland One Stop	Wayne Metoxen 920-869-4556 WMETOXEN@ONEIDANATION.ORG	CIP- IV 95%	\$7,796,000	4/15/2007
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Description: The project is proposed to include a convenience store, restaurant, and casino. The objective is to maximize profits by accommodating the needs of the emerging market of the South Packerland Drive area.

Community Meetings: No meetings are planned.

Project Status: The project is substantially complete, furniture and equipment starting to be installed.

04-018	5/19/04	West Mason Town Homes	John Bauman 920-869-4585 JBAUMAN@ONEIDANATION.ORG	CIP- III 60%	\$2,240,051	4/30/2008
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Description: The project is proposed to develop six, duplex style buildings as suitable for eventual conversion to condominiums. The six buildings will contain 12 two or three bedroom units.

Community Meetings: No meetings are planned.

Project Status: The draft design documents have been submitted for review. Review comments will be incorporated into the documents before being sent out for bids.

04-019	0/00/00	Sanger B. Powers Force Main	Wayne Metoxen 920-869-4556 WMETOXEN@ONEIDANATION.ORG	CIP- N 100%	*	10/25/2006
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Description: The project is funded by the state of Wisconsin via agreement with the Oneida Nation to supply water and sewer service to the Sanger B. Powers correctional facility.

Community Meetings: No meetings are planned.

05-005	0/00/00	Health Center Miscellaneous Projects	Dan Skenandore 920-869-4550 DSKENANI@ONEIDANATION.ORG	CIP- N *%	*	*
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Description: The project consists of several small scale minor remodel projects in various portions of the building.

Community Meetings: No meetings are planned.

Project Status: On-going.

05-012	3/02/05	Elder Garages & Driveways	Dan Skenandore 920-869-4550 DSKENANI@ONEIDANATION.ORG	CIP- I 20%	*	*
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Date: 4/20/07
Time: 15:06:04

Oneida Tribe of Indians of Wisconsin
ACTIVE CIP PROJECTS - COMMUNICATION PLANS
Submitted by: Engineering Department

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BGCIPCOMR BGCIPCOMR

Project CIP
No. Request
Date

Project Manager

Current % of Total Project Scheduled
Project Project Budget Completion
Phase completed

Description: The project would add garages and paved driveways on Oneida elders property to make it safer for them to move from the vehicle to their home.

Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.

Project Status: Project Team assembling the CIP Package and creating SOPs for approval.

05-013 3/02/05 Elder Services/Apartment Improvements

Dan Skenandore
920-869-4550
DSKENANI@ONEIDANATION.ORG

CIP- I 20% *

Description: The project would include adding garages for the apartment residents, minor remodeling to office area, enhancing the landscaping, connecting two northern buildings to main building and adding a generator.

Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.

Project Status: Project Team is assembling the CIP Package for routing and approval.

06-002 1/10/06 Oneida Nation High School

Troy Parr
920-869-4529
TPARR@ONEIDANATION.ORG

CIP- I 5% *

Description: The project will construct a new high school to address the deficiencies in the current structure, allow more curriculum choices for the students and enhance student enrollment by providing a facility designed for a high school function.

Community Meetings: Community meetings were held on March 16, 2006, and February 21, 2007. Additional meetings to be determined.

Project Status: Currently working on feasibility study. Results of study will be included in the project's CIP Package.

06-004 7/26/06 Duck Creek Trail

John Bauman
920-869-4585
JBAUMANI@ONEIDANATION.ORG

CIP- III 36% \$1,795,000 *

Description: The project will develop the former railroad easement through the reservation into a multi-use paved and unpaved trail for walking, jogging, biking, X-Country skiing, snow shoeing, and will include educational signage.

Community Meetings: To be determined. Communication plan included in CIP Package.

Project Status: Project Team investigating grant funding opportunities and developing trail ordinance.

06-005 4/11/06 Oneida Nation Farms Storage Sheds

John Bauman
920-869-4585
JBAUMANI@ONEIDANATION.ORG

CIP- II 30% \$1,130,000 *

Description: The project would construct a centralized storage shed for the farm operation's equipment and dry baled crops.

Date: 4/20/07
TIME: 15:06:04

Oneida Tribe of Indians of Wisconsin
ACTIVE CIP PROJECTS - COMMUNICATION PLANS
Submitted By: Engineer ing Department

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Project CIP No.	Request Date	Project Title	Project Manager	Current % of Project completed	Total Project Budget	Scheduled Completion
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Community Meetings: No meetings are planned for this project.

Project Status: CIP Package is routing through review entities.

06-006	6/28/06	Oneida Fishery Restoration Project	John Bauman 920-869-4585 JBAUMANI@ONEIDANATION.ORG	CIP- I 20% *	*	*
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Description: The project would create a sustainable 20 to 30 acre fishery on the reservation in a former sand pit located near the corner of Crook Road and County U.

Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.

Project Status: Project Team assembling CIP Package.

06-008	8/11/06	Cemetery Storm Water Correction	Troy Parr 920-869-4529 TPARR@ONEIDANATION.ORG	CIP- I 5% *	*	*
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Description: The project will investigate the ground water and surface water issues at the existing cemetery and determine what action can be taken to correct the problems. Phase I will study the ground water and determine if associated issues can be addressed. Phase II will address surface water issues if phase I can be completed.

Community Meetings: To be determined. Project updates will be provided to the community on a periodic basis.

Project Status: Ground water study contract awarded. Monitoring wells will be drilled this spring.

06-010	6/27/06	SS Building Entrance Remodel	Troy Parr 920-869-4529 TPARR@ONEIDANATION.ORG	CIP- N 100%	\$28,500	1/26/2007
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Project Status: Project complete, in closeout.

06-011	9/11/06	Radisson Guest Rooms Remodeling	Troy Parr 920-869-4529 TPARR@ONEIDANATION.ORG	CIP- N 90% *	*	5/07/2007
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Project Status: Project under construction.

06-012	8/17/06	ONES - Facade Replacement	Paul Witek 920-869-4543 PWITEK@ONEIDANATION.ORG	CIP- N 10% *	*	*
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Description: The project will investigate the existing facade material that is falling in some areas and determine appropriate corrective actions.

Community Meetings: No meetings are planned.

Date: 4/20/07
TIME: 15:06:04

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Project CIP
Request
Date

Project Manager

Current % of
Project Budget
Phase completed
Total Project Scheduled
Completion

Project Status: Consultant contract awarded, currently completing investigation phase.

06-013 9/07/06 NHC Remodeling - Phase VI

Wayne Metoxen
920-869-4556
WMETOXEN@ONEIDANATION.ORG

CIP- I 25% * 3/19/2008

Description: The project is a continuation of the upgrading of the building to current building codes and creating operating efficiencies of building systems. The scope of Phase VI is planned to include: new boilers, electrical service upgrade, generator, remodeling of portions of each floor level, mainly to C/Law wing.

Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.

Project Status: Project Team assembling CIP Package.

07-001 10/06/06 OCHC Pharmacy Remodel

Dan Skendandre
920-869-4550
DSKENAND@ONEIDANATION.ORG

CIP- N 40% *

Description: The project will remodel the current space to improve operating efficiencies and reduce patron wait times.

Community Meetings: No meetings are planned.

Project Status: Project team working on design of remodeled space.

07-002 12/05/06 SS Building Remodeling - Phase V

Troy Parr
920-869-4529
TPARR@ONEIDANATION.ORG

CIP- I 2% *

Description: The project is a continuation of the upgrading of the building to current building codes and creating operating efficiencies of building systems. The specific scope of Phase V is being determined and will be limited to available budget.

Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.

Project Status: Project team working on assembling CIP Package.

07-003 1/04/07 Oneida Nation Veteran's Memorial

Wayne Metoxen
920-869-4556
WMETOXEN@ONEIDANATION.ORG

CIP- II 30% \$557,000 11/11/2007

Description: The project will construct a veterans memorial wall and ceremonial ground area.

Community Meetings: Meetings held in February and April 2003, additional meetings to be determined.

Project Status: The CIP Package is complete and is routing to review entities.

Date: 4/20/07
TIME: 15:06:04

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Project CIP Request Date	Project Title	Project Manager	Current % of Project Phase completed	Total Project Budget	Scheduled Completion
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07-004	11/16/06	Mason St Casino Cooler	Troy Parr 920-869-4529 TPARR@ONEIDANATION.ORG	CIP- N	50%	*	*
Description: The project will add a walk-in cooler to serve the lounge.							
Community Meetings: No meeting are planned.							
Project Status: Currently preparing construction documents for bidding.							
21-009	1/01/04	Wastewater Treatment Facility	Wayne Metoxen 920-869-4556 WMETOXEN@ONEIDANATION.ORG	CIP- IV	99%	\$7,159,000	11/15/2006
Description: The project will create a wastewater treatment facility in central Oneida which will allow us to determine our own sewer service area boundaries (sovereignty), assist in reducing land acquisition costs, maintain affordable sewer utility rates, and will recharge water resources of the reservation.							
Community Meetings: No meetings are planned.							
Project Status: Will be completing site and landscape work this spring, remainder of project complete.							
23-005	9/08/03	Residential Home Sites	John Bauman 920-869-4585 JBAUMAN@ONEIDANATION.ORG	CIP- III	40%	\$1,300,000	*
Description: The project is proposed to develop home building sites on Tribal owned parcels for Tribal members to build homes on. The proposed project would be for multiple sites and be phased over a number of years. Sites will be offered to individuals on the DOLM waiting list.							
Community Meetings: No meetings are planned.							
Project Status: Waiting for Comprehensive Housing Plan to be developed and approved.							
23-404	1/17/04	Main Casino Master Plan	Wayne Metoxen 920-869-4556 WMETOXEN@ONEIDANATION.ORG	CIP- I	23%	*	*
Description: The current project will define the scope and cost of expanding the overall casino/hotel site into a destination resort facility. The scope will be used in creating a CIP Package for project approval. The project will consolidate the gaming operations onto this site and maximize efficiencies.							
Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.							
Project Status: Project Team working on business plan and assembling CIP Package.							
94-005	0/00/00	Oneida Cultural Center	Wayne Metoxen 920-869-4556 WMETOXEN@ONEIDANATION.ORG	CIP- I	20%	*	*

Date: 4/20/07
TIME: 15:06:04

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Project CIP Request
No. Date
Project Title

Project Manager

Current % of Total Project Scheduled
Project Project Budget Completion
Phase completed

Description: The facility will provide cultural and history services by establishing a centralized, holistic, research, exhibition, learning, and teaching facility with a non-institutionalized atmosphere, for the use of the Oneida Nation and will become a major tourism attraction for Northeast Wisconsin serving the local, national, and international public.

Community Meetings: The project has had four community meetings and will have additional when in the design phase.

Project Status: Completing a feasibility study, results will determine revisions to scope of project and re-approval.

98-005 6/09/04 Assisted Living/New Anna John Nursing Home

Dan Skendore
920-869-4550
DSKENANI@ONEIDANATION.ORG

CIP- I 24% \$29,992,000 10/12/2009

Description: The facility will provide another option in the continuum of care for tribal members. Assisted living facilities offer a homelike atmosphere with trained professionals who are available to help residents with their daily routines. Nursing homes offer 24-hour a day care for those who can no longer live independently and/or may need specialized care for severe illness or injuries. The proposed facility will also include the congregate meals program which will share kitchen and dining space with the other programs in the building.

Community Meetings: One Community meeting was held on Dec. 15, 2005. Additional meetings to be determined.

Project Status: Project Team revising financial projections and revising CIP Package for approval. Restarting Schematic Design based upon reduced budget.

ONEIDA ELDERLY SERVICES

DATABASE FORM

DATE: ___/___/___

NOTE: The state federal government have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name _____ Phone Number () _____
Address _____ Social Security Number _____ / _____ / _____
City _____ State _____ Zip Code _____ County _____ DOB _____ / _____ / _____

OUR PROGRAM POLICY FOR SERVICES is as follows: 1) Elder aged 70 years and older. 2) Elders aged 55-69 years of age, that are disabled/handicapped, living alone. 3) Elders aged 55-69 years of age, with health/safety issues. The elders that are listed are our priority.

Please check the appropriate responses:

Martial Status: ☐ Married ☐ Single ☐ Widowed ☐ Divorced

Maiden Name: _____

Veteran: ☐ Yes ☐ No

Living Arrangement: ☐ Lives Alone ☐ Lives with Spouse ☐ Lives with Others*

Do You: ☐ Rent ☐ Own ☐ How Many Others*

Race: ☐ Native American ☐ Caucasian ☐ Latino ☐ Asian ☐ African American

Tribal Affiliation: _____ Enrollment Number: _____

General Health Status: ☐ Excellent ☐ Good ☐ Fair ☐ Poor*

*If Poor Please List Health Condition: _____

Do You Currently Have Any of the Following: ☐ Guardian ☐ Power of Atty-Finances ☐ Health ☐ Medicare ☐ Medicaid ☐ Representative Payee ☐ None of The Above

In Case of an Emergency – Please Contact

Name: _____
Phone Number: () _____
Relationship: _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form, are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

Signature _____

_____/_____/_____
Date

Please Return to
Oneida Elderly Services Complex
Service Coordinator
P.O. Box 365
Oneida, WI. 54155