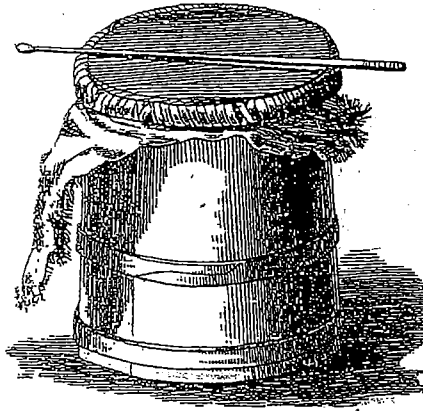


DRUMS ACROSS ONEIDA

Elderly Services
2907 S. Overland Rd.

P.O. Box 65



Senior Center
134 Riverdale Dr.

?

Oneida, Wi. 54155

Elderly Services 1-920-8692448

Senior Center 1-920-869-1551

LATIYATHOS WEHNI- TALE?

PLANTING MOON

MAY 2006



Dearest Mother

I glanced into the mirror
and thought I saw you for a moment.

It was the same dark hair
and the same clear penetrating eyes.

I had to turn away,
because I felt the tears come.

I stopped for a moment
as the memories came flooding back.

I heard you laugh,
And I saw your smile.

I felt your touch,
and I sensed your love.

I was almost sure ,
You had told me that you loved me.



Elderly Service Complex

2907 S. Overland Rd. (P.O. Box 365) Oneida, Wi. 54155 1-920-869-2448

Program Director	Florence Petri
Assistant Program Director	Tina Pospychala
Benefits Specialist	Angela Ortiz
Elder Abuse Coordinator	Joyce Johnson
Elderly Services Coordinator	Cheryl Ault
Office Manager	Claudia Skenandore
Transportation Coordinator	Lorna Christjohn
Transportation Driver	Connie Van Gheem
Transportation Aide	Dale Webster
Activity Coordinator	Michele Cottrell
Outreach Worker	Cindy Brabbs
Outreach Worker	Sandy Charles
Outreach Worker	Amy Sumner
In- Home Chore Worker	Joanne Close
In-Home Chore Worker	Lorleen John
Respite Care Worker	James Smith
Respite Care Worker	Glory LaFlex
Administrative Assistant	Marty Brager
Elder Helper	Marie Scott
Elder Helper	Barbara Skenandore
Alzheimer/Respite Activities Specialist	Rita Summers
Alzheimer Aide	Marena Pamanet
Vista Worker	Sara Loken
Title V	Mildred Figueroa
Title V	Vacant

ONEIDA SENIOR CENTER

134 Riverdale Dr. (P.O. Box 365) Oneida, Wi. 54155 1-920-869-1551

Head Cook Supervisor	Brenda Jorgenson
Assistant Cook	Loretta Mencheski
Relief Cook	Betty Jorgenson
Relief Cook	Pat Beilke
Home-Delivered Meals Driver	Alfrieda Grignon
Maintenance Supervisor	Robert LaGest
Home Respite Coordinator	Richard Summers
Home-Chore Worker	Lee Domencich
Home-Chore Worker	Lloyd Davis
Home-Chore Worker	Lisa Huff
Home-Chore Worker	Don Bogda
Home-Chore Worker	Jared Skenadore
Home-Chore Worker	Harold Dostalck
Elder Helper	Richard Dodge
Elder Helper	Cornelius Hill
Elder Helper	Vacant
Title V	Jeannine La Rock
Title V	Vacant

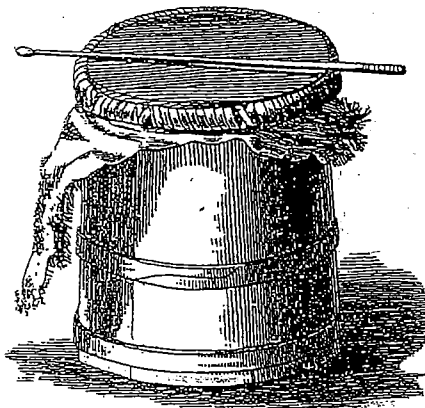
DRUMS

ACROSS

ONEIDA

Elderly Services
2907 S. Overland Rd.

P.O. Box 65



Senior Center
134 Riverdale Dr.

?

Oneida, Wi. 54155

Elderly Services 1-920-8692448

Senior Center 1-920-869-1551

LATIYATHOS WEHNI- TALE?

PLANTING MOON

MAY 2006



Dearest Mother

I glanced into the mirror
and thought I saw you for a moment.

It was the same dark hair
and the same clear penetrating eyes.

I had to turn away,
because I felt the tears come.

I stopped for a moment
as the memories came flooding back.

I heard you laugh,
And I saw your smile.

I felt your touch,
and I sensed your love.

I was almost sure ,
You had told me that you loved me.



Elderly Service Complex

2907 S. Overland Rd. (P.O. Box 365) Oneida, Wi. 54155 1-920-869-2448

Program Director	Florence Petri
Assistant Program Director	Tina Pospychala
Benefits Specialist	Angela Ortiz
Elder Abuse Coordinator	Joyce Johnson
Elderly Services Coordinator	Cheryl Ault
Office Manager	Claudia Skenandore
Transportation Coordinator	Lorna Christjohn
Transportation Driver	Connie Van Gheem
Transportation Aide	Dale Webster
Activity Coordinator	Michele Cottrell
Outreach Worker	Cindy Brabbs
Outreach Worker	Sandy Charles
Outreach Worker	Amy Sumner
In- Home Chore Worker	Joanne Close
In-Home Chore Worker	Lorleen John
Respite Care Worker	James Smith
Respite Care Worker	Glory LaFlex
Administrative Assistant	Marty Brager
Elder Helper	Marie Scott
Elder Helper	Barbara Skenandore
Alzheimer/Respite Activities Specialist	Rita Summers
Alzheimer Aide	Marena Pamanet
Vista Worker	Sara Loken
Title V	Mildred Figueroa
Title V	Vacant

ONEIDA SENIOR CENTER

134 Riverdale Dr. (P.O. Box 365) Oneida, Wi. 54155 1-920-869-1551

Head Cook Supervisor	Brenda Jorgenson
Assistant Cook	Loretta Mencheski
Relief Cook	Betty Jorgenson
Relief Cook	Pat Beilke
Home-Delivered Meals Driver	Alfrieda Grignon
Maintenance Supervisor	Robert LaGest
Home Respite Coordinator	Richard Summers
Home-Chore Worker	Lee Domencich
Home-Chore Worker	Lloyd Davis
Home-Chore Worker	Lisa Huff
Home-Chore Worker	Don Bogda
Home-Chore Worker	Jared Skenadore
Home-Chore Worker	Harold Dostalck
Elder Helper	Richard Dodge
Elder Helper	Cornelius Hill
Elder Helper	Vacant
Title V	Jeannine La Rock
Title V	Vacant

Celebrate Our April Birthdays

Mike Amtone	4-12	Josephine Kindness	4-18
Bernice Beechtree	4-27	Scharlene Kasee	4-19
Jean Behnke	4-01	Arlene King	4-11
Marge Broberg	4-23	Rosaline LeMere	4-25
Arthur Charles	4-11	Gary Metoxen	4-13
Leona Charles	4-26	John Metoxen	4-08
Lorna Christjohn	4-26	Cletus Ninham	4-16
Elizabeth Cornelius	4-21	Jane Salzman	4-18
George Cornelius	4-22	Delores Skenandore	4-04
Harrison Cornelius	4-30	Gwen Skenandore	4-04
Leonard Cornelius	4-10	Patrick Skenandore	4-23
LeRoy Cornelius	4-18	Zelda Skenandore	4-05
John Dennison	4-04	Carole Smith	4-10
Jean Denny	4-10	Gary Smith	4-17
Mary Dobratz	4-29	Minnie Smith	4-02
Marion Doxtator	4-15	James Sorensen	4-02
Ken Doxtator	4-06	Patricia Summers	4-13
Carole Elm	4-25	Roger Summers	4-13
Ruben Erickson	4-08	Brian Summers	4-08
Alfreiida Grignon	4-01	Dorthy Tabor	4-08
Donald Hansen	4-01	Winnie Thomas	4-30
Richard Haywood	4-13	Grace VanDeHei	4-19
Catherine Hill	4-15	Donald Webster	4-10
Nancy Hill	4-01	Louis Webster	4-08
Blanch Jansch	4-08	Vincent Wheelock	4-25
Judith Jourdan	4-19	Margaret Zuelsdorf	4-28

Elders, if you have a birthday in April please join us for lunch at the Senior Center, 134 Riverdale Drive , on March 23rd, 2006 and sign the birthday book.

Birthdays for our elders are celebrated on the last Thursday of the month . Your name **MUST** be on the birthday **BOOK** to receive a gift for that month.

We apologize for the misplacement of the birthday list in the April issue of Drums.



CELEBRATE OUR MAY BIRTHDAY'S

Ronald Anholtd	5-20	Anna Kurowski	5-24
Eleanor Bailey	5-08	Ruth Laes	5-03
May Baxter	5-11	Standly Linscott	5-15
May Boucher	5-02	Dorthy Mahojah	5-07
Floyd Charles	5-12	Joseph Mahojah	5-25
Irvin Cool	5-10	Jonas Metoxen	5-19
Ben Cornelius	5-24	Ronald Metoxen	5-01
Juanita Cornelius	5-13	Marilyn Mindimeye	5-06
Leland Danforth	5-27	David Moore	5-05
Dorthy Danforth	5-01	Eldred Nicholas	5-21
Rhea Decorah	5-16	Cletus Ninham	5-28
Frances Delbroux	5-16	Dorthy Ninham	5-28
Betty Dennison	5-02	Arlene Pamanet	5-06
Alice Denny	5-09	Carl Parker	5-29
Darlene Denny	5-06	Phillip Peters	5-01
Carole Dixon	5-04	Roy Powless	5-30
Hellen Dohn	5-01	Lois Simm	5-06
Darrell Doxtator	5-12	Aldona Skenandore	5-24
Linda Doxtator	5-24	Anthony Skenandore	5-13
Hubert Erickson	5-01	Dorthy Skenandore	5-24
Roger Erickson	5-12	Gordon Skenandore	5-19
Nadine Escamea	5-06	Chester Smith	5-15
Lois Faith	5-06	Weston Steffes	5-18
Alfredo Franco	5-22	Andrew Steinfeldt	5-25
Sharon Funmaker	5-14	Frank Summers	5-10
Eldes Girion	6-17	Milo Stevens	5-03
Lois Hammersim	5-06	Erv Thompson	5-28
Gerald Hill	5-01	Rapheal Vandenbloomer	5-08
Harold Henn	5-28	Jackie Wacek	5-15
Warrean House	5-19	Winona Vieau	5-14
Helen Huff	5-29	Elldon Webster	5-14
Emily Johnson	5-19	Rudolph Webster	5-22
Kenneth Jourdan	5-03	Eldon Wheelock	5-14
Barbara King	5-28	Delores Wing	5-08
		Nick Woodke	5-19

Elders, if you have a birthday in June ,
please join us at the Senior Center, 134
Riverdale Drive on May 25th, 2006 and
sign the birthday book.

Birthday's are celebrated on the last
Thursday of each month. Your name **must**
be on the **Birthday Book** to receive a gift
for that month.

BIRTHDAY MONTH

Just a little reminder:

***We celebrate Birthdays on the last Thursday of the month at the Senior Center.**

***There is a Birthday Book you need to sign up in at the Senior Center the month of your Birthday. You need to sign the sheet before 4:30, the Wednesday before the Birthday lunch in order to receive your Birthday Gift Card in the amount of \$5.00.**

***This does not carry over from year to year. You need to sign-up each year, the month of your Birthday.**

***Even if your name is on the Birthday list in the Drums Across Oneida, you still need to be signed up in the Birthday Book at the Senior Center.**

***Finally, you need to be present at the Birthday lunch to receive your Birthday Gift Card.**

If you have any questions please call me at 869-2448.

**Thank you,
Michelle Cottrell
Activity Coordinator**

FOSTER GRANDPARENTS & SENIOR COMPANIONS BAKE SALE

When: Saturday, May 20th
Where: Oneida Bingo & Casino
Time: 9:00am - 8:00pm



Donation of bake good are welcomed
and can be delivered to:

Oneida Elderly Services

2907 S Overland Rd

on Friday, May 19th between the hours of 8:00am -
4:30pm.

The foster grandparents are a group of elders who
volunteer their wisdom and time to the youth at our day-
cares, libraries, and schools.

The senior companions are a group of elders who
volunteer their company and time to the homebound
elders.

Thank you

Older Americans Month Champions Choices for Independence

May 1, 2006

For Immediate Release

Contact: **Oneida Tribe Elderly Services**

Oneida, Wisconsin—America's aging population reached a turning point in 2006. One of the nation's largest generations, the baby boomers, started turning 60. According to Oneida Elderly Services, as many as 78 million people constitute the baby boom generation, and they stand to make an enormous contribution to the rich character and wisdom older adults offer to all of us. "Baby boomers are among the millions of mid-life and older adults who are continuing to redefine how we age," said Florence Petri, Program Director. "We need to be ready for an aging population that's as multifaceted as any in our history."

This May, we will once again celebrate Older Americans Month. This year's theme, **Choices for Independence**, reflects the continued commitment of the U.S.

Administration on Aging (AoA) and Elderly Services to help our nation prepare for a larger aging population, and to bolster the efforts of baby boomers and older adults to achieve healthy aging. **Independence** for adults as they age relies on a balance of important elements: **empowerment in consumer choice; healthy lifestyles** that emphasize nutrition, **physical activity**, prevention, and active participation in one's health care; and **access to the tools necessary to make informed decisions**. Combined, these elements help all adults **maintain the dignity they deserve, providing more opportunities to live longer independently while contributing to communities they cherish**.

AoA supports the desire of older adults to live in their own homes and communities for as long as possible. Elderly Services is proud to be a part of this effort. We work knowing that the combination of independence and choice are essential to the pursuit of healthy aging. Our projects cover a range of issues important to older adults, including health care, diet and physical activity, transportation options, and housing. Among current projects is a large-scale effort to modernize the services provided under the Older Americans Act to ensure dynamic, efficient service that stays in step with the changing needs of our older citizens.

Elderly Services is one of many organizations working with AoA to help older Americans remain vibrant in their communities. If you are seeking more information on how to help, or would like information for yourself or someone you care about, please call us at 1-920-869-2448 or 1-800-867-1551.

Michelle Cottrell
Betty Jorgenson
Angela Osting

Don Bogda
Marena Pamanet

**Older Americans Month
Oneida Tribe Elderly Services
History of Older Americans Month**

When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthdays. About a third of older Americans lived in poverty and there were few programs to meet their needs. Interest in older Americans and their concerns was growing, however. In April of 1963, President John F. Kennedy's meeting with the National Council of Senior Citizens served as a prelude to designating May as "Senior Citizens Month."

Thanks to President Jimmy Carter's 1980 designation, what was once called Senior Citizens Month, is now called "Older Americans Month," and has become a tradition.

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country. Every President since JFK has issued a formal proclamation during or before the month of May asking that the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, fairs and other such activities.

Past Older Americans Month Themes

- 1978 - Older Americans and the Family
1984 - Health: Make it Last a Lifetime
1985 - Help Yourself to Independence
1986 - Plan on Living the Rest of Your Life
1992 - Community Action Begins with You: Help Older Americans Help Themselves
1993 - *No theme selected (proclamation signed on May 25, 1993)*
1994 - Aging: An Experience of a Lifetime
1995 - Aging: Generations of Experience
1996 - Aging: A Lifetime Opportunity
1997 - Caregiving: Compassion in Action
1998 - Living Longer, Growing Stronger in America
1999 - Honor the Past, Imagine the Future: Towards a Society for All Ages
2000 - In the New Century. . . . The Future is Aging
2001 - The Many Faces of Aging
2002 - America: "A Community for all Ages"
2003 - "What We Do Makes A Difference."
2004 - "Aging Well, Living Well"
2005 - Celebrate Long-term Living

Donations
Door Prizes - ONCOA
Food - Oneida Housing
Band - OPD

Prizes
2 - Blankets
Pat Benson - ~~100~~ - Walmart
100 - Cash
Mary Dodge - 100 - Gas
100 - Radisson
2 - 50 - Apple Orchard
1 - TV

6 door prizes
1 Jigging Contest

New York
& C.B.
Journes -



ELDERLY SERVICES

May 2006

Celebrate "Older Americans Month"

Independence + Dignity + Choice

Choices for Independence

Wild & Crazy Day at the Mealsite
May 3 Wednesday
12 noon-1pm

Spring Dance/Thunder Country
May 5th Friday
Norbert Hill Center Cafeteria
6pm-10pm

Spring Sing in Two Rivers
Oneida Singers
May 11 Thursday
Bus leaves at 8:45am

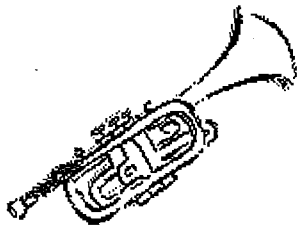
Tribal Chair visits Elderly
May 17 Wednesday
10 am - 1-pm
Eat lunch with Gerald Danforth

~~July~~ May 22
Comedian Day at the Mealsite
The Odd Couple
12:30 to 1:30

Birthday Celebration
With Gerald Graham
May 25 Thursday
Mealsite 12Noon



ELDERLY SERVICES



WI POLISH FEST



MILWAUKEE LAKEFRONT

(POLKA FEST)

SAT, JUNE 24



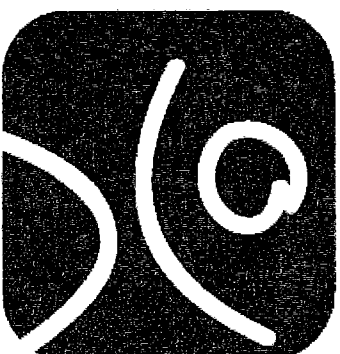
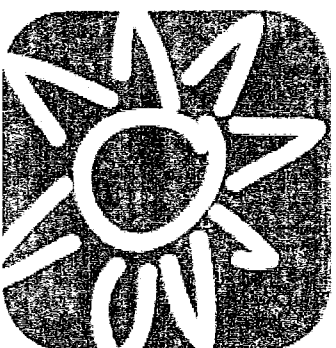
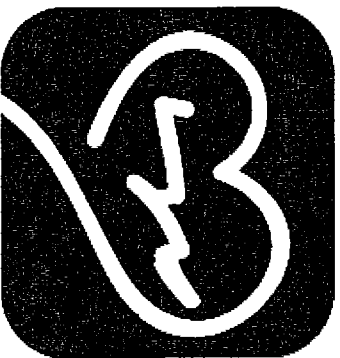
All elders who would like a ride to the Polka Fest in Milwaukee, please sign up at the Oneida Senior Center (Meal Site) by June 1st. Payment must be received by June 1st and for reimbursement of payment the last day to cancel is June 9th. The cost is \$25.00 per person. Time and schedules will be announced in the June DRUMS. Any questions please call Oneida Elderly Services at (920)869-2448 or Oneida Senior Center at (920)869-1551.



MAY, 2006 is Older Americans Month

The theme for Older Americans Month 2006 is "*Choices For Independence*". This is a time to acknowledge the contributions of elders to our community. We are asking that the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, fairs and other such activities.

OLDER AMERICANS MONTH 2006



independence + dignity + choice
= healthy aging

tsyunhéhkwa
2006 Workshop series

-April 20th 5pm Origin of Seeds/ Cultural Significance
Location: tsyunhéhkwa farm

-May 4th 5pm Planting Tobacco Burning
Location: tsyunhéhkwa farm

-May 20th 5pm Three Sisters Planting
Location: tsyunhéhkwa farm

-Mid August Green Corn Harvest and Soup Making-TBA
Location: tsyunhéhkwa farm

-August 24th 5pm Canning Pickles
Location: Cannery

-September 21st 5pm Salsa Making
Location: Cannery

-June 22nd 5pm Red Raspberry Leaf Harvesting
Location: tsyunhéhkwa farm

-November 2nd 5pm White Corn Soup/Bread Making
Location: Cannery

-October 19th 5pm Apple Workshop
Location: Cannery

-June 22nd 5pm Salve Making
Location: Retail Store

-July 13th Culinary Creations
Location: tsyunhéhkwa farm

tsyunhéhkwΛ

-Community Tilling Services: tsyunhéhkwΛ will be providing tilling services again this year beginning around late April and ending deadline end of June depending on the weather and ground moisture. For anything less than one quarter acre will cost \$20. Please have any debris removed from potential site and mark on all four corners for easy identification. Also...

-Community garden plots available across 54 from Haven road. There will be seven plots for community resident's use. This site involves organic practices with no herbicides or pesticides being used. The sites will be available to plant in late May, depending on the soil moisture content. Each small plot will cost \$15. All Tribal Elders' fees are waived. Services provided will include; Water onsite, mowing around plots (2-3 times per season), tilling services and any technical support needed for a successful season. First come, first serve. **Please contact Lou Williams Jr., Community Outreach Worker-tsyunhéhkwΛ @ 869-2718 or email: lwillia2@oneidanation.org for additional information.**

-This year the Gate Market will sell our produce from our property beginning this year around June. Please stay posted to the intranet and the kali for more updates. **Please contact Kyle Wisneski, Greenhouse Technician @ 869-2718 or email at: kwisnesk@oneidanation.org.**

Monday	Tuesday	Wednesday	Thursday	Friday
MAY, 2006 ACTIVITIES				
1 SPRING PLANTING Elderly Services 10:00 BINGO Site II 1:00	2 CRAFTS EPWORTH HALL 9:30-11:30	3 EXERCISE Elderly Services 10:00 WILD & CRAZY DAY Senior Center 12:00 BINGO Senior Center 1:00	4 TRIP TO AMISH STORE Bonduel 10:00 LUNCH OUT on own	5 BANKS SHOPPING LUNCH OUT 10-3 Elder Dance 6:00pm
8 COOKING Elderly Services 10:00 BOARD GAMES Elderly Services 1:00	9 CRAFTS EPWORTH HALL 9:30-11:30	10 ONEIDA LANGUAGE Elderly Services 10:00 BINGO Site II 1:00	11 SPRING SING Two Rivers 8:30- 4:30	12 BANKS SHOPPING LUNCH OUT 10-3
15 SCRAP BOOKING Elderly Services 10:00 BINGO Senior Center 1:00	16 CRAFTS EPWORTH HALL 9:30-11:30	17 TRIBAL CHAIRMAN VISIT Elderly Services 10:00 BINGO Site II 1:00	18 BIG LOTS STORE 10:00 MOVIE Elderly Service 1:00	19 BANKS SHOPPING LUNCH OUT 10-3
22 CARDS Elderly Services 10:00 COMEDIAN "The Old Couple" Senior Center 12:00	23 BINGO EPWORTH HALL 9:30-11:30	24 ONEIDA LANGUAGE Elderly Services 10:00 BINGO Site II 1:00	25 BANKS SHOPPING 9-12 BIRTHDAY Lunch Senior Center 12:00	26 ONEIDA DAY Tribal Offices Closed
29 MEMORIAL DAY Tribal Offices Closed	30 CRAFTS EPWORTH HALL 9:30-11:30	31 EXERCISE Elderly Services 10:00 BINGO Parish Hall 1:00	*Activities due to change without notice.	
			*Please sign up for trips at Senior Center. * All trips leave from Senior Center	

MENU 134 Riverdale Dr**MAY****1-920-869-1551****2006**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Bratwurst Mac & Cheese Green Beans Buns & Juice Ice Cream Bar	2. Bean Soup Fresh Bread Juice Jell-o with fruit	3. Cube Steak Roasted Red Potatoes Vegetable Blend W/W Bread Pears	4. Fish Potatoes Cole Slaw Rye Bread Melons	5. Poached Eggs Sausage Hash Browns Kioce Orange Slices
8Ham & Sweet Potatoes Peas W/W Bread Juice Peaches	9. Chili Cucumber Salad W/W Bread Ice Cream	10. Chicken Breast Potatoes Carrots W/W Bread Raspberry Mousse	11. Lasagna Garlic Bread Salad Juice Yogurt	12. Bacon French Toast Juice Berries
15. Chicken Salad Croissants Cukes, Tomatoes & Lettuce Pears	16. Potato Soup Fresh Bread Juice Jell-o with Bananas	17. Liver & Onions Potatoes Beets W/W Bread Sherbert	18. Sloppy Joe's Macaroni Salad Bean/Buns Juice Apple Sauce	19. Scramble Eggs Ham/Peppers Cheese Toast /Juice Peach s
22. Chop Suey Rice W/W Bread Juice Cookies	23. Calf. Blend Cheese Soup Fresh Bread Juice Berries	24. Chef Salad Ham, Turkey, Eggs, Lettuce, Tomato Cottage Cheese Baked Apple	25. BIRTHDAYS Pork Roast Potatoes & Corn W/W Bread Fruit Pie	26. CLOSED ONEIDA DAY
29. CLOSED MEMORIAL DAY	30. Tomato Soup Ground Bologna & Egg Salad Sand. Juice Mandarin	31. Veal Pattie Vegetable Blend Potatoes W/W Bread Pudding	Office Hrs. 8am-4:30pm Lunch served 12-1pm Breakfast served on Fridays 9am-10am	All meals are served with coffee, tea, or milk. Menu is subject to change.

Iroquois Recipes

Fruit or Berry Dumplings

Use wild black caps, blueberries, or apples for this recipe. Oil the bottom of a 6 quart kettle. Make a dough using a 2c. Flour, ½ c. lard, 1 tsp. salt, 2 ts. baking powder and enough milk to make a soft dough. Divide dough into three portions. Roll each portion to ¼ inch thickness and fill the center of each with 1 cup of berries or apples. Dampen the edges with water and shape each filled portion into a square by bringing the edges up and sealing. Place all 3 squares in the bottom of a kettle. Pour boiling water on the side of the kettle until the dumplings come up from the bottom. Cover and boil for 10 minutes. Scoop out with a flat spoon and serve with milk and sugar. One dumpling serves 2 adults and 3 children.

Dried Peach Dessert

Soak 2 cups dried peaches overnight. Put in water to cover the dried peaches. The next day cut up the peeling of an orange. Put in one stick of cinnamon. Put these with the peaches and cook until soft. Add ½ cup sugar. Put into a baking pan. Make a flour mixture to put on top of the peach mixture. Take ⅓ cup lard, ⅓ cup sugar and beat in an egg or two. Add ½ cup flour, 2 tsp. baking powder.

A mother understands what a child does not say.



No gift to your mother can ever equal her gift to you—life.

One Special Mother

“Let me tie a ribbon in your hair,” Grandma would say as she helped me prepare for Sunday School. Sunday’s were always busy with church, family dinners, visiting, and helping Grandma at the store across from the church we attended. Since my mother died when I was three my wonderful grandma devoted her seniors years to raising me and my four siblings. She struggle to give each child quality time and lots of love.

Grandma gathered her children around a small table in the back room of the store for nourishing food and cold milk. “I’ll help you dear,” Grandma would say as she placed a big spoonful of macaroni and cheese on my plate.

Mother’s Days spent with Grandma were always happy times and each one of us made a simple gift for our substitute mom.”Oh, sweetheart, thank-you it’s a lovely gift,” Grandmother expressed to each child for the remembrance. She hugged us often and said “I love you.”

No one could ever take the place of Mom, but Grandma sure was a close second. We didn’t have everything we wanted, but we were certainly rich in love, hand-me-downs, faith in God, and memories.

Source: P. Peters

MEMORY is a diary that we all carry about with us.



Mother is food, she is love, she is warmth, she is earth. To be loved by her means to be alive, to be rooted, to be at home.

Source : E. Fromm

ATTENTION ELDERS

If you want to participate in activities offered by the Oneida Elderly Services, you must sign up in PERSON at the Oneida Senior Center, 134 Riverdale Dr. Oneida. (This also includes signing up for bingo passes.) We will **no longer** accept phone calls and **you may** not sign up for someone else. There has been to many call in's and the same name is on the sign up list more than once.

The dead line for sign up for activities will be 4:30 PM one day before the schedule event.(THE ONLY EXCEPTION BEING **WAKES AND FUNERALS.**

Transportation will be provided by the Elderly Services Department to attend after hours or weekend activities providing there is a minimum of **5 elders signed up to go.**

The following restrictions apply for out of town activities:

- A. Elders must be physically able to keep up with others and must be able to physically able to board the bus or van on their own.
- B. Elders with high risks of heart attacks (open heart surgery or pace makers) may not attend.
- C. Elders with lung disease (dependent on oxygen) or Emphysema.
- D. Elders on medication that causes disorientation, dizziness or nauseousness.

Thank-You
Oneida Elderly Services Department

RURAL DEVELOPMENT

The Elderly Meal Site
134 Riverdale Dr.
Oneida, Wi. 54155

First Thursday of Every Month

504 Home Repair Loans and Loan Grant Combinations.502 Home Purchases to buy or build. Programs are available for low and very low income households.

Stop for details or call the mealsite office at
1-920-869-2448

Shawano Rural Development Office at
1-715-234-2148.

Oneida Benefit Specialist Angela Ortiz

Benefit Specialist from the Elderly Service Center will be available at the Oneida Senior Center,(meal site) every second and fourth Thursday of the month from 11 am-1pm. She has valuable information on benefits and helpful programs for you, including information on health insurance. This is on the first come first serve basis. You can also sign up for Senior Care with Angela. For more information call 1-920-869-2448.

Blood Pressure And Blood Sugar Screening

May 12th, 2006
Oneida Senior Center
Meal Site
134 Riverdale Dr.
1-920-869-1551

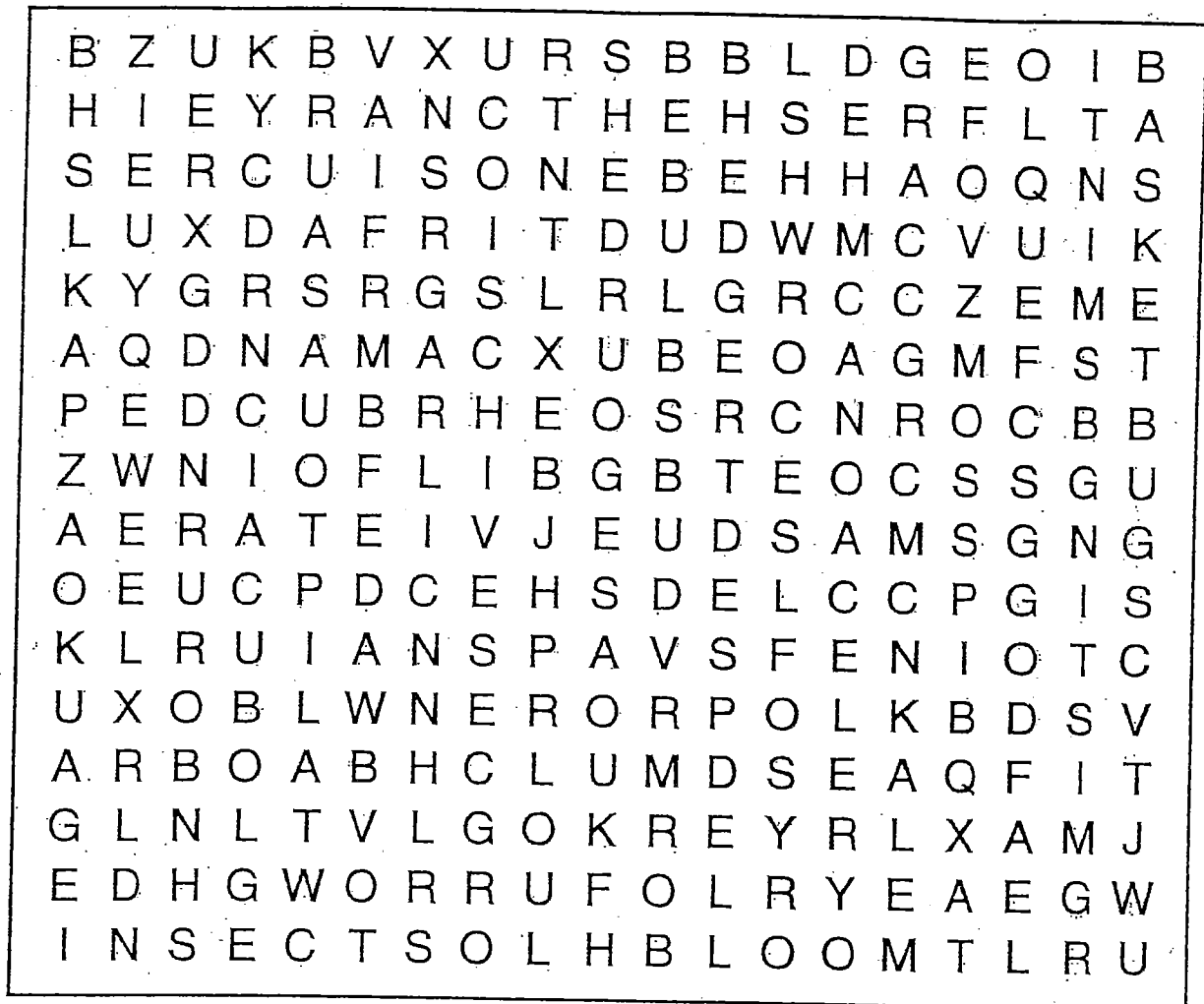


MOTHER

A mother is different from anything else God ever thought of.....She is a distinct and individual creation. ♥

puzzle 26

Gardening



ACID
AERATE
BASIL
BASKET
BEDS
BEETS
BIRDS
BLOOM
BROCCOLI
BUGS

BULBS
CACTUS
CARROTS
CELERY
CHIVES
COMPOST
CORN
DIBBLE
DRAIN
FLAX

FRESH
FUNGUS
FURROW
GARLIC
GLOVES
GROUP
GOURD
HARDY
HEDGE
HOES

INSECTS
KALE
LAWN
LEAF
LEAVES
LEEK
MINT
MISTING
MOSS
MULCH

FOOT CLINIC

STARTING NOVEMBER 17TH, 2005 THE FOOT CLINIC WILL BE OPENED FOR SCHEDULED APPOINTMENTS ON THE 2ND AND 4TH MONDAY FROM 8 AM-11 ;30 PM AND THE 1ST AND 3RD THURSDAY OF THE MONTH FROM 1 PM-4PM. OTHERWISE ALL ARRANGEMENTS FOR MAKING APPOINTMENTS IS THE SAME.

TERRI HARMALA BSN RN
ONEIDA COMMUNITY HEALTH
[THARMALA @ONMEIDANATION.ORG](mailto:THARMALA@ONMEIDANATION.ORG)
PHONE: 920-869-4289
FAX: 920-869-6329

Signs Of A Positive Retirement

Living well in your later years takes more than money and health, says Dr. Kreitlow author of Working With Groups, Creative Planning For The Second Half Of Life. He interviewed retired persons from diverse backgrounds in 9 widely varied communities from England to Hawaii. Those people identified as living a positive retirement- despite ill health, poverty, or other hardships - shared these 9 characteristics.

1. **They volunteer-sharing** -their energy, time, and resources with others.
2. **They like people** - are sociable, kind, and willing to get along with everyone.
3. **They are busy and active**- looking for things to do, having hobbies and broad interests.
4. **They are happy and content**- enjoying life, calm even with turnoil around them.
5. **They are forward looking** - optimistic, creative, and open-minded.
6. **They are independent**- trying to do their own thing, pay their own way, but assertive when necessary.

7. **They are continuing learners-curious**, choosing to keep their minds active.
 8. **They are workers**- laboring tirelessly, believing in the work ethic, willing to begin new projects.
 9. **They are civic minded**- involved in their communities, willing to lead or follow, eager to commit themselves to common goals.
-

HAPPY MOTHER'S DAY

If I could give you diamonds for
each tear you cried for me.

If I could give you sapphires for
each truth you've helped me see.

If I could give you rubies for the
heartache that you've known.

If I could give you pearls for the
wisdom that you've shown.

Then you'll have a treasure Mother,
that would mount up to the skies.

That would almost match the
sparkle in your kind and loving eyes.

But, I have no pearls, no diamonds,
As I'm sure you're well aware

So I'll give you gifts more precious
My devotion, love and care.

Mother asked her three year old daughter,
what are the four seasons? The daughter
replied
“ Salt, pepper, vingar and mustard!!”

Attention Veterans Fraud Warning

Veterans around the country are reporting that they are getting calls from a company identifying itself as “**Patient Care Group.**” This company is claiming that VA prescriptions are now being dispensed through them and that if veterans want to continue to properly receive their medications, they must provide a credit card number.

VA has not changed the process of receiving and dispensing prescriptions.

DO NOT give your credit card to anyone who calls you!!!

Please contact your local VA Medical Center if you have questions about VA prescriptions or services.

Questions call the **SAVAHCS**
Public Affairs Office at (920) 629-1819

Source: S.T.A.R.

♥ **MOTHER DAY** ♥

**The cornerstone of every home,
The most important part,
Is never laid upon the earth,
But in a Mother's heart,**



Make Your Home Safe Outside Entry:

- * Lock all windows and doors at night and every time you leave the house, even if it's just for a few minutes. Teach children and other family members to obey this rule.
- * Exterior doors should be solid wood or metal-clad and be secured by a sturdy, well installed deadbolt lock. Glass panels in or near doors should be reinforced to prevent shattering.
- * Spare keys should be left with friends or neighbors, not under a doormat or planter.
- * Every window should have a keyed lock or be securely pinned. When windows are open, ever just a few inches for ventilation, they should always be locked or pinned , especially first-floor windows.
- * Sliding doors should be secured with a metal bar or wood dowel in the track, but keyed locks and patio deadbolts are best.

Around The Yard

- * Use floodlights with motion detectors to eliminate dark places around the house. Be sure entry-ways are well lighted so that you can see visitors clearly.
- * Trim shrubs and bushes so there is no place for criminals to hide.
- * Make sure your house number is clearly displayed so police and emergency services can find your home quickly, if necessary.
- * Use high quality locks on bicycles, lawn mowers, and other possessions, or keep in side a secure garage or shed.

It's Spring Time "It's Marble Time"

The marble game season for young children, mostly boys begins in the early spring.

To play, a circle 4 or 5 feet in diameter was drawn in a flat space on the school playground, usually in dirt or cinders. Into the center were dropped five or six marbles from each of three to six players.

Every player had a "shooter," a larger marble used to strike the marbles in the circle. The object of the game was to strike the marbles in the circle and knock them outside the line. To propel your shooter, you would place the shooter between your thumb and index finger, and with your knuckles against the ground, flick the shooter toward the marbles inside the ring.

When shooting your first shot, your hand couldn't be inside the circle. If you successfully knocked one or more marbles out of the circle and your shooter stayed in the circle, you could continue to shoot. If you failed to knock any marbles out, or if you did and your shooter went outside the ring, your turn was over.

To determine the order of shooting, the players stood back and "lagged" to the circle line. The player whose shooter stopped closest to the line started. The rest followed in order, determined by how close to the line their shooters came to rest.

It was amazing how skilled and accurate some could get. Sometimes one guy would knock every marble out of the circle in one turn!

Boys from third to eighth grade played marbles. At any given time, there were as many as six or eight marble rings seeing action in a school yard; they played at recess, noon hour and after school.

Marble players were distinguished by their rough and callused knuckles and worn knees in their trousers.

Marbles were always available at the nearby grocery stores. They carried their marbles in cloth bags that closed with a drawstring. At days end it was obvious who the winners had been.

Marbles is a great game that taught fairness and skill, and it was rarely overseen by adults.

May Baskets

We used to hang baskets,
the first day of May,
On somebody's doorknob,
and then run away.

We'd hide and watch someone
come open the door,
and search the whole street,
Who were they looking for?

We'd giggle and chuckle
as we heard them say,
"Now who left me flowers,"
Then we would run and play.

The flowers were wild,
what ever we'd find
Yellow dandelions mostly,
but Mons never mind.

To us they were priceless,
gold gems from above,
To our moms who received them,
they were baskets of love.



You know you are getting old when:

Your children begin to look
middle age.

PERSONAL COMMITMENT TO HOST THE (GLNAEA)
GREAT LAKES NATIVE AMERICAN ELDERS
ASSOCIATION BI-MONTHLY MEETING

*THE FOLLOWING IS A LISTING OF DATES OF
(GLNAEA) MEETINGS.
EACH TRIBE IS LISTED WITH CORRESPONDING
DATE.*

APRIL 6 & 7, 2006----- ST. CROIX

**JUNE 1 & 2, 2006----- LAC DU
FLAMBEAU**

AUGUST 3 & 4, 2006-----STOCKBRIDGE

**OCTOBER 5 & 6, 2006-----FOREST CO.
POTAWATOMI**

**DECEMBER 7 & 8, 2006-----SOKAOGON
CHIPPEWA
COMM.**



The Oneida Trust & Enrollment Committee Requests Your Support

May 2006

- The Trust & Enrollment Departments work cooperatively, but independently of each other, and will always be linked.
- The Trust-Enrollment Committee respectfully requests your support to create 2 committees out of 1 by approving the "development" of a Separation Plan.
- The Committee would best serve it's roles, responsibilities and commitment if G.T.C. authorizes two distinct bodies to conduct business on behalf of G.T.C.
- Due to growth, Trust & Enrollment duties have become increasingly complex and time consuming.
- Each department has unique purposes and mission.
- G.T.C. elects people they trust to manage the Trust and Enrollment areas. We would not make a recommendation to G.T.C. unless it was necessary and in the best interest of the Oneida Nation.
- Both Committees will remain autonomous and be under the direct supervision of G.T.C.
- Your support in creating 2 out of 1 is the crucial beginning step.

Prepared by the Oneida Trust Committee, Trust and Enrollment Departments,
Trust Department - 920-490-3935 Enrollment Department - 920-869-2083



ELDERLY SERVICE GIFT SHOP

THIS IS AN INVITATION FOR YOU TO COME AND VISIT OUR ELDERLY SERVICE GIFT SHOP. OUR HOURS ARE FROM 8:00 AM- 12:00 AM., MONDAY THROUGH FRIDAY. WE ALSO FEATURE FRESH POPCORN DAILY.

The following is a list of items for sale:

- Seasonal Items
- Crosses, all types (plastic canvas)
- Dresser Scarfs
- Floral Arrangements
- Greeting Cards, Native American etc.
- Hats and Booties
- Kleenex Box Sets (plastic canvas)
- Native American Dolls
- Necklaces
- Key Chains
- Picture Frames
- Pillows
- Quilts (crib size)
- Lap Throws
- Memories of Oneida Elders Tapes
- Oneida Singers Tapes
- Many Other Assorted Items

Our gift shop is located in the Elderly Service Complex, on Overland Road, right next to the Airport Road Daycare Center.
Elders, display your arts and crafts in our store FREE.

Plant Happiness

First plant five rows of peas:

Perserverance,
Presence,
Preparation,
Promptness,
Purity.

Next plant three rows of squash:

Squash gossip,
Squash criticism and
Squash indifference.

Then five rows of lettuce:

Let us be faithful to duty,
Let us be unselfish and loyal,
Let us be true to our obligations,
Let us love one another.

No garden is complete without turnips,

Turn up for important meetings,

Turn up with a smile,

Turn up with new ideas,

Turn up with determination to make everything
count for something good and worth while.

Stop Aging In It's Tracks

- * Omit using tobacco. That includes cigars.
- * Shed excess weight, to look and feel younger and prevent disease.
- * Don't skip breakfast.
- * Eat colorful fruits and vegetables at least 5 times a day.
- * Increase dietary fiber.
- * Consider nutritional supplements.
- * Use a moisture with a minimum SPF 15 sunscreen to prevent skin aging.
- * Get at least 7 hours of sleep a day, preferably 8 hours.

- * Walk, walk, walk, to reduce bone loss.
- * Lift weights or do calisthenics every few days.
- * Make time for fun with folks who like to laugh.
- * Be creative and open to new ideas and adventures.
- * If you suffer from chronic stress or depression, seek help and be willing to make changes.

Will practising these habits guarantee a long life? No, but the more you protect your health, the better your odds for living stronger longer. And it will help you look and feel better now.

Help For Heartburn

If you are prone to heartburn:

- * Don't overeat or eat too fast.
 - * Sit up straight when eating.
 - * Don't lie down for 2 to 3 hours after eating.
 - * Stress can aggravate acid secretion so try to relax before eating.
 - * Stop smoking.
 - * Avoid the common irritants, coffee, tea, alcohol, carbonated drinks, aspirin and ibuprofen.
 - * If you are carrying excess fat on your belly, slimming down can relieve abdominal pressure on the esophagus.
-

Thank-you God,

For pretending not to notice that one of your angels is missing and for guiding her to me.

You must have known how much I would need her, so you turned your head for a minute and allowed her to slip away to me.

Sometimes I wonder what special name you had for her.

I call her "Mother."

ONEIDA AREA FAITH IN ACTION UPDATE!

Greetings,

I would like to take this opportunity to introduce myself as the new Faith In Action Coordinator for the Oneida Area. My name is Glory LaFlex and I'm excited about my new position and also about being able to work along side our area churches and our dedicated volunteers as we meet the need of the community. I believe this is a vital program that reaches out and allows us all to put our "faith" in action. My goal is to make sure our community knows we exist and that we are purposed to help our community with services such as: transportation, shopping & errands, light housekeeping, respite, visitations, light yard work, and other little jobs that help our elders maintain their independence. We also serve those who are disabled or handicapped. We are a group of volunteers that want to live their faith through serving the community. I am in the process of putting together ideas for outreach and fundraisers that will promote the "Faith In Action Program" and will recruit more volunteers. If you are interested in becoming a Faith In Action Volunteer please contact me at Elderly Services, the phone number is 869-2448. If you have any questions or concerns feel free to contact me I would love to hear from you.

Thank you & God Bless,
Glory LaFlex
Faith In Action Coordinator

Identity theft E-Mail Scam

Jo-Anne Barnhart, Commissioner of Social Security, and Patrick O'Carroll, Inspector General of Social Security, issued a warning today about a new e-mail scam that has surfaced recently.

The Agency has received several reports of an email message being circulated addressed to "Dear Social Security Number and Card Owner" and purporting to be from the Social Security Administration. The message informs the reader "that someone illegally is using your Social Security number and assuming your identity" and directs that reader to a website designed to look like Social Security's Internet website

"I am outraged that someone would target an unsuspecting public in this manner," said Commissioner Barnhart. "I have asked the Inspector General to use all the resources at his command to find and prosecute whoever is perpetrating this fraud."

Once directed to the phony website, the individual is asked to confirm their identity with "Social Security and bank information about the individual's credit card number, expiration date and PIN number is then requested. "Whether on our online website or by phone, Social Security will never ask you for your credit card information or your PIN number, Commissioner Barnhart said.

Inspector General O'Carroll recommends people always take precautions when giving out personal information. "You should never provide your Social Security number or other personal information over the Internet or by phone unless you are extremely confident of the source to who you are providing the information," O'Carroll said.

To report receipt of this email message or other suspicious activity to Social Security's Office of Inspector General, please call the

OIG Hotline at 1-800-501-0271. If you are deaf or hard of hearing call the OIG TTY number at 1-866-501-2101. A Public Fraud Reporting form is also available online at OIG's website www.socialsecurity.gov/oig.

Great Truths About Life, That Little Children Have Learned

1. No matter how hard you try you can not baptize cats.
2. When your Mom is mad at your Dad, don't let her brush your hair.
3. If your sister hits you don't hit her back. They always catch the second person.
4. Never ask your three year old brother to hold a tomato.
5. You can't trust a dog to watch your food.
6. Don't sneeze when someone is cutting your hair.
7. Never hold a Dust-Buster and a cat at the same time.
8. You can't hide a piece of broccoli in a glass of milk.
9. Don't wear polka-dot underwear under white shorts.
10. The best place to be when you are sad is on Grandma's or Grandpa's lap.

* * * * *

Great Truths About Life, That Adults Have Learned.

1. Raising children is like nailing jelly to a tree.
2. Wrinkles don't hurt.
3. Families are like fudge, mostly sweet, with a few nuts.
4. Today's mighty oak is just yesterday's nut that held its ground.
5. Laughing is good exercise. It's like jogging on the inside.
6. Middle age is when you choose your cereal for the fiber, not the joy.

Protect Yourself

12 Tips to Protect Yourself from Health Care Fraud

1. Only visit your personal doctor , hospital or clinic for medical help. Only they should make referrals for special equipment, services or medicine.
2. Never show anyone your medical or prescription records without first talking to your doctor or pharmacist.
3. If someone calls and tries to threaten or pressure you into something, simply hang up the phone.
4. If someone comes to your door and says they are from Medicare or other health care company shut the door. It's shrewd to be rude!
5. Do your homework and talk to your health care provider before buying or investing in internet "cure-all" or "miracle" products or services.
6. Don't keep mail in your mail box more than one day. People steal personal information right out of your mailbox.
7. Rip up or shred your Medicare or other health care papers and other important documents before throwing them away. Crooks go through the trash!
8. Treat your Medicare & Social Security numbers like credit cards. If someone offers to buy your Medicare or Social Security number, don't do it.....it's not worth it.
9. Remember that MEDICARE doesn't sell anything.
10. Follow your instincts-if it seems too good to be true, it usually is.
- 11.If you suspect an error, fraud or abuse related

to health care, gather the facts and report it.

12. ALWAYS read your Medicare Summary Notice (MSN) or health care billing statement. Your Medicare Summary Notice is the piece of mail stamped "THIS IS NOT A BILL" that comes in after you get medical care.

Look for three things on your billing statement:

- * Charges you didn't get.
- * Billing for the same thing twice.
- * Services that were **not** ordered by the doctor.

Source: S.T.A.R. News Alert

Beware Jury Duty Scams

Most of us take those summons for jury duty seriously, but enough people skip out on their civic duty, that a new and ominous kind of scam has surfaced. Fall for it and your identity could be stolen, reports CBS.

In this con, someone calls pretending to be a court official who threateningly says a warrant has been issued for your arrest because you didn't show up for jury duty. The caller claims to be a jury coordinator.

If you protest that you never received a summons for jury duty, the scammer asks you for your Social Security number and date of birth so he or she can verify the information and cancel the arrest warrant. Sometimes they even ask for credit card numbers. Give out any of this information and bingo !! Your identity just got stolen.

The FBI and the federal court system have issued nationwide alerts on their websites warning consumers about this fraud, pretending they're with the court system.

Elder Humor Lorna's Corner

Hey, fishing is just around the corner and I for one , always looks forward to the season. During the cold winter days I always watch the deep sea fishing on the telly (TV) And you know I wouldn't know how to act if I caught a swordfish or any of those big fish that they catch. Heck, the bait they use are as big as the fish that I catch around here, for God sakes.

My mother, rest her soul, loved to fish, hated worms, and had no finesse at all when she did catch a fish. I remember when she caught a trout and she jerked that pole and out shot the fish. Up in the air and wrapped the line, fish and all around the power lines that ran through where we were. Dad cut the line and lucky it wasn't too "tightly wrapped" and it came down. Then one season she didn't have her fishing license and she caught a fish when the game warden was talking to my Dad who had his license and he was watching Mom play wity that fish and finally asked her if she was going to pull it in. She did and he admired it, then asked her for her license and she didn't have one so he laughed and told her to get one. Nice man!! Then us kids got hollered at for not staying by Mom in case that warden came around we could take her pole. Still can't understand why we got the blame!

We went sucker fishing once as a family, and the only thing we grabbed was the net with nothing to put fish in. It was still cold out, so we all dressed warm as it was toward evening; some had double pants on, long johns, snowmobile suits, and boots. Anyway , you might know we were catching fish left and right but nothing to put them in! So, one of the ladies took off her snowmobile suit and tied the arms, legs and threw the fish in and zipped it up. That looked so funny when we looked in the back of the van and seen that suit moving around, funny, funny!! We were lucky we didn't get pulled over by the police, that would've been hard to explain!!!

Dear Friend,

Just a line to say I'm living, that I'm not among the dead, though I'm getting more forgetful and mixed up in my head.

I got used to my arthritis , to my dentures I'm resigned. I can manage my bifocals , but Lord, how I miss my mind.

Sometimes I can't remember when I stand at the foot of the stairs, if I must go up for something or if I've just come down from there.

I stand before the fridge at times, my poor mind filled with doubt, Have I come to put food away or come to take some out?

There are times when it is dark out and with my nightcap on my head, I don't know if I am retiring or just getting out of bed.

So if it's my turn to write you , there's no need for getting sore. I may think that I have written and don't want to be a bore.

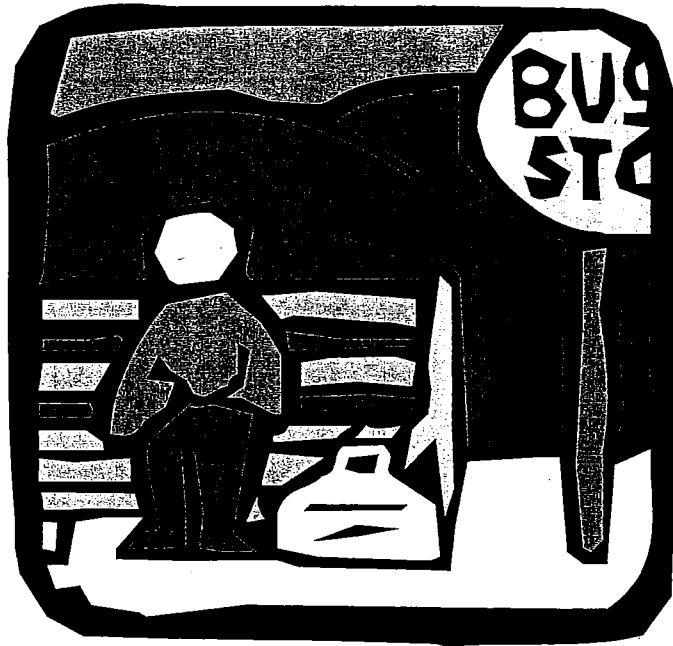
I don't know that I miss you and wish that you were near, and now it's nearly mail time so I must say goodbye, my dear.

Now I'm standing beside the mail box with a face so very red, Instead of mailing your letter I have opened it instead!!!!

You know you are getting old when:

1. You turn out the lights for economic reasons rather than romantic reasons.
2. The gleam in your eye is from the sun hitting your bifocals.
3. Your mind makes contracts that your body can't meet.
4. A fortune teller offers to read your face.

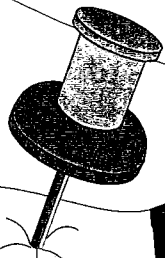
GLNAEA



Great Lakes Native American Elders Association

**Lac du Flambeau
June 1st & 2nd , 2006**

All elders who need a ride to GLNAEA must sign up at the Oneida Senior Center (Meal Site) by May 12th. We must have 20 people signed-up to reserve a coach bus, or else we'll use tribal vans. Payment for your hotel must be received by May 12th and the last day to cancel is May 29th for reimbursement of payment. We will be staying at Lake of the Torches Casino/Hotel in Lac du Flambeau WI; and the cost is \$35.00 per person. We will leave the Senior Center (Meal Site) at 12:30pm. Any questions please call Oneida Elderly Services at (920)869-2448 or Oneida Senior Center at (920)869-1551.



Memo

Do you have a traditional Oneida recipe?

**The National Society for American
Indian Elderly**

- ◆ Would like to include your traditional recipe in their local Oneida Cookbook.
- ◆ This cookbook will be approximately 60 pages in length with color photographs and cover.
- ◆ There will be an estimated number of 40 traditional local recipes needed to produce this cookbook for Oneida.

If you have any questions or have a recipe you'd like to share contact:

Sara Loken
VISTA Volunteer
Oneida Elderly Services
2907 S. Overland Road
Oneida, WI 54155
920-869-2448

What would you like to see
on the menu at Oneida
Senior Center Meal Site?

MEALS MATTER!

Please contact Brenda Jorgenson at
869-1551 if you have ideas or
menus to share. Thank you.

**THE ELDERLY SERVICES PROGRAM MISSION IS TO ASSIST
OUR ELDERS IN MAINTAINING AN INDEPENDENT, HEALTHY,
PRODUCTIVE, AND QUALITY LIFESTYLE. TO ACCOMPLISH
OUR MISSION, OUR SERVICES ARE RENDERED THROUGH
LOVE, CARING, AND RESPECT FOR THE INDIVIDUAL BY THE
SERVICES WE PROVIDE.**



Family Care Givers Support Group

When: Friday, May 26, 2006

Where: Oneida Elderly Services
2907 S Overland Rd
Oneida WI 54155

Time: 10:00 am - 12:00 pm

Care-Giver Support Group to address the needs and concerns of care-givers and their loved ones with solutions... Come and enjoy some refreshments, support of other Care-Givers and bring your loved one with you and we'll provide Respite Care and/or activities for your loved ones...



**Oneida Elderly Services Presents:
Cindy Brabbs, Native American Family Care Giver**

When: Thursday, May 18th

Where: Oneida Senior Center/Meal Site
134 Riverdale Dr

Time: 12:00pm

Are you feeling over-whelmed???

**Come and here about the Native American Family Care Giver Support Group
and other resources for you and your loved ones**

ACTIVE CIP PROJECTS - Communication Plans

Submitted by: Engineering Department

April 11, 2006

The Project information will be communicated to the community and staff as follows:

- a. Weekly status reports - Monday 8:30 AM at LBDC conference room (Project Manager)
- b. Community Meetings - *(as noted below)* (Project Manager)
- c. Quarterly reports in: (Senior Tribal Architect)
 - DRUMS
 - Gannong Gazette (will note which edition of Kalihwisaks report is published in)
 - To Directors and Supervisors via e-mail
 - Kalihwisaks
 - On PCs under Reference Directory
 - On Oneida Website under Oneida Nation News
- d. Ground breaking and dedication ceremonies scheduled with the events coordinator (Project Manager / Business Unit Manager)
- e. Periodic articles in the Kalihwisaks based upon the specific needs of the project. (Project Manager)
- f. Periodic updates at the Business Unit Informational Meetings (Senior Tribal Architect)

All CIP Projects will be developed employing a process of development consisting of four (4) distinct phases, as noted below:

<u>Project Phases:</u>	<u>Phase Titles:</u>	<u>Phase Description:</u>	<u>% of Project:</u>
CIP - 1	CIP Package assembly phase	The Project Team assembles the specific project information into a package for approval of project.	0 to 25%
CIP - 2	Project Approval phase	The CIP Package is routed to review entities for comment and finally presented to OBC for approval.	26 to 35%
CIP - 3	Design phase	The Architect designs building and prepares documents defining the scope of work for contractors to bid on.	36 to 65%
CIP - 4	Construction phase	The project is bid and constructed.	66 to 100%

ACTIVE CIP PROJECTS - Communication Plans

Submitted by: Engineering Department

April 11, 2006

Project No.	CIP Request Date	Project Title	Project Manager	Current Project Phase	% of Project completed	Total Project Budget	Scheduled Completion
94-005	8/26/94	Oneida Cultural Center	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP - 3	42%	\$22,625,000 estimated as of 2005	To be determined by capital campaign
The facility will provide cultural and history services by establishing a centralized, holistic, research, exhibition, learning, and teaching facility with a non-institutionalized atmosphere, for the use of the Oneida Nation and will become a major tourism attraction for Northeast Wisconsin serving the local, national, and international public.							
Community Meetings: The project has had four community meetings and will have additional when in the design phase.							
97-001	10/29/96	Oneida Nation Judicial Center	Dan Skenandore 920-869-4550 dskenan1@oneidanation.org	CIP - 1	5%	To be determined	To be determined
The facility will provide appropriate court rooms, law library, offices, and support spaces for the Appeals Commission to carry out their mission within the Oneida Judicial System, which protects the self governance and sovereignty of the Oneida Nation.							
Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.							
98-005	FY98	Assisted Living Facility & New Anna John Nursing Home	Dan Skenandore 920-869-4550 dskenan1@oneidanation.org	CIP - 2	33%	\$34,618,000 Estimated	Estimated Substantial Completion: Oct. 2008
The facility will provide another option in the continuum of care for tribal members. Assisted Living facilities offer a homelike atmosphere with trained professionals who are available to help residents with their daily routines. Nursing homes offer 24-hour a day care for those who can no longer live independently and/or may need specialized care for severe illness or injuries. The proposed facility will also include the congregate meals program which will share kitchen and dining space with the other programs in the building.							
Community Meetings: One Community meeting was held on Dec. 15, 2005. Additional meetings to be determined.							

ACTIVE CIP PROJECTS - Communication Plans

Submitted by: Engineering Department

April 11, 2006

21-009	FY01	Wastewater Treatment Facility	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP - 3	70%	\$7,159,000	Estimated Substantial Completion: Nov. 2006
The project will create a wastewater treatment facility in central Oneida which will allow us to determine our own sewer service area boundaries (sovereignty), assist in reducing land acquisition costs, maintain affordable sewer utility rates, and will recharge water resources of the reservation.							
Community Meetings:		No meetings are planned.					
23-003	FY03	Administration Building	John Bauman 920-869-4585 jbauman1@oneidanation.org	CIP - 3	47%	\$29,700,000	Project on Hold
The project will promote operational efficiencies through co-location of business units currently scattered around the reservation. The proposed new building will allow the co-location of all core Tribal governmental and key non-core business units at a site which is convenient to central Oneida. All Tribal government services will be readily available to Tribal members and officials at a single site.							
Community Meetings:		One meeting was held and one additional meeting is planned. Specific date has not been determined.					
23-005	2/24/03	Residential Home Sites (infrastructure only)	John Bauman 920-869-4585 jbauman1@oneidanation.org	CIP - 3	38%	\$900,000	To be determined
The project is proposed to develop home building sites on Tribal owned parcels for Tribal members to build homes on. The proposed project would be for multiple sites and be phased over a number of years. Sites will be offered to individuals on the DOLM waiting list.							
Community Meetings:		No meetings are planned.					
23-007	9/8/03	Family Fitness Center Elevator Addition	John Bauman 920-869-4585 jbauman1@oneidanation.org	CIP - 4	99%	\$1,557,500	Estimated Substantial Completion: April 2006
The project will provide ADA accessibility to all levels of the Family Fitness Center, relocate check-in area, correct air flow and humidity problems in the pool, create a family locker room, and consolidate staff work areas. The project will address the community's request for access to all levels of the center for members with limited mobility.							

ACTIVE CIP PROJECTS - Communication Plans

Submitted by: Engineering Department

April 11, 2006

Community Meetings:		No meetings are planned. The Fitness Center will be sending communications to their membership updating them on the project and it's impact on the availability of the facilities during construction.				
23-404	FY03	Main Casino Master Plan	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP-1	20%	To be determined
		The current project will define the scope and cost of expanding the overall casino/hotel site into a destination resort facility. The scope will be used in creating a CIP Package for project approval. The project will consolidate the gaming operations onto this site and maximize efficiencies.				
Community Meetings:		To be determined. Communication plan will be included in CIP Package when developed.				
04-005	FY05	SSB Remodeling - Phase IV	Troy Parr 920-869-4529 tparr@oneidanation.org	CIP - 4	80%	Estimated Substantial Completion: June 2006
		The project is a continuation of the upgrading of the building to current building codes and creating operating efficiencies of building systems and spaces. Phase IV will mainly consist of upgrades to and creation of systems to improve building occupant comfort and building functionality.				
Community Meetings:		No meetings are planned.				
04-009	2/27/04	Packerland One Stop	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP - 3	68%	Estimated Substantial Completion: Nov. 2006
		The project is proposed to include a convenience store, restaurant, and casino. The objective is to maximize profits by accommodating the needs of the emerging market of the South Packerland Drive area.				
Community Meetings:		No meetings are planned.				
04-018	5/19/04	West Mason Street Town Houses	John Bauman 920-869-4585 jbauman1@oneidanation.org	CIP - 3	55%	To be determined
		The project is proposed to develop between twelve and twenty, two and three bedroom town houses style units as suitable for eventual conversion to condominiums.				
Community Meetings:		No meetings are planned.				

ACTIVE CIP PROJECTS - Communication Plans

Submitted by: Engineering Department

April 11, 2006

04-022	7/23/04	Oneida Public Transit Garage	Troy Parr 920-869-4529 tparr@oneidation.org	CIP - 3	36%	\$5,600,000	To be determined, contingent upon grant funding cycles.
The project will create a facility to house Transit's buses and vans. It will include some support spaces. It is anticipated that the majority of the funding for this project will come from federal transportation grants.							
Community Meetings: No meetings are planned.							
05-006	6/2/05	Buffalo Observation Shelter	Troy Parr 920-869-4529 tparr@oneidation.org	CIP - 4	66%	\$44,000 Applying for Grant.	To be determined.
This project will provide a buffalo observation shelter that is accessible to all persons including those with limited mobility, on a raised portion of the site and will provide a unique vantage point for visitors to observe the buffalo.							
Community Meetings: No meetings are planned.							
05-011	2/14/05	Oneida Law Enforcement Center Remodel	Dan Skenandore 920-869-4550 dskenanl@oneidation.org	CIP - 1	1%	To be determined	To be determined
The project will include minor remodeling and a new site sign. The project scope is being defined as the CIP Package is assembled.							
Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.							
05-012	3/2/05	Elder Garages & Driveways	Dan Skenandore 920-869-4550 dskenanl@oneidation.org	CIP - 1	20%	To be determined	To be determined
The project would add garages and paved driveways on Oneida elders property to make it safer for them to move from the vehicle to their home.							
Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.							

ACTIVE CIP PROJECTS - Communication Plans

Submitted by: Engineering Department

April 11, 2006

05-013	3/2/05	Elder Services / Apartment Improvements	Dan Skenandore 920-869-4550 dskenan1@oneidanation.org	CIP - 1	20%	To be determined	To be determined
The project would include adding garages for the apartment residents, installing a surveillance system for the common areas, and enhancing the landscaping.							
Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.							
05-014 thru 05-021	FY05	Gaming Building Renovations	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP-3 & 4	varies	\$1,724,771	varies
The project includes various maintenance and minor repair projects at the main casino, IMAC, and Mason Street Casino. Projects include: roof replacement, carpet replacement, asphalt repair, toilet room remodeling.							
Community Meetings: No meetings are planned.							
05-024	5/16/05	OCHC - Fitting Station	Troy Parr 920-869-4529 tparr@oneidanation.org	CIP - 2	34%	Estimated \$119,500	Project on Hold
The project will construct a garage that will be used for storing car seats, educating and demonstrating the proper installation of children's car seats. The fitting station will serve as a one stop shop for storage, installation, and education.							
Community Meetings: No meetings are planned.							
05-025	9/2/05	NHC Remodeling - Phase V	Wayne Metoxen 920-869-4556 wmetoxen@oneidanation.org	CIP-4	70%	\$1,207,800	Estimated Substantial Completion: Nov. 2006
The project is a continuation of the upgrading of the building to current building codes and creating operating efficiencies of building systems. Phase V will mainly consist of replacing the existing steam boilers with hot water boilers and other work associated with the replacement. Replacement will provide better energy efficiency.							
Community Meetings: No meetings are planned.							

ACTIVE CIP PROJECTS - Communication Plans

Submitted by: Engineering Department

April 11, 2006

06-001	10/18/05	Tribal Building Restoration	Troy Parr 920-869-4529 tparr@oneidanation.org	CIP - 1	5%	To be determined	To be determined
The project will restore this historically significant building to allow it to be used for community related programs and services.							
Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.							
06-002	1/10/06	Oneida Nation High School	Troy Parr 920-869-4529 tparr@oneidanation.org	CIP-1	2%	To be determined	To be determined
The project will construct a new high school to address the deficiencies in the current structure, allow more curriculum choices for the students and enhance student enrollment by providing a facility designed for a high school function.							
Community Meetings: One Community meeting was held on March 16, 2006. Additional meetings to be determined.							
06-003	2/03/06	EHS Environmental Experiential / Education Center	Troy Parr 920-869-4529 tparr@oneidanation.org	CIP-1	1%	To be determined	To be determined
The project will be a sustainable building including low impact development, green building materials and sustainable elements throughout the life cycle of the facility. This building will be used as a model for future tribal buildings and community education.							
Community Meetings: To be determined. Communication plan will be included in CIP Package when developed.							

Questions regarding a specific project can be directed to the Engineering Department's Project Manager listed above.

