

# DRUMS ACROSS ONEIDA

Oneida Elderly Service  
2907 South Overland Rd.  
Oneida, WI 54155  
Ph: 920-869-2448  
Fax: 920-869-1824



Senior Center-Meal Site  
134 Riverdale Dr.  
Oneida, WI 54155  
Ph: 920-869-1551  
Fax: 920-869-1526

Otsi>kh#ta> W<hn\$tae>

Maple Sugar Moon

March 2009



How Do You Want to Feel?

It seems for some elders look back to think about their lives in the past.

What was good.

What was bad.

What could have been different.

The stories that made us laugh...that makes us cry.

People who left us but who are still here.

I found myself thinking about the past quite a bit.

But then I brought myself to the present.

I brought myself to right now.

How do I want to feel right now.

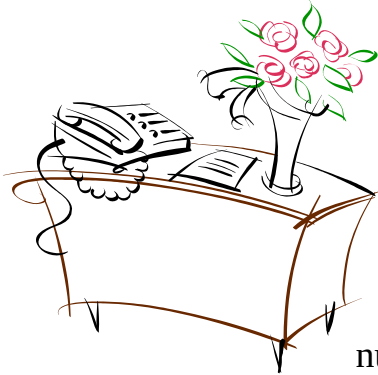
Now, is the most important time in my life.

The rest is history and I can not do anything about it

Except to learn from it and improve on it.

Now, spiritually...I am Oneida and....Life is good!

Submitted by: Hugh Danforth, O.N.O.C.A. Board Member



From the desk of: Linda F. Douglas

I am with Elderly Services and will be the main contact for the DRUMS Across Oneida newsletter. Please contact me with any comments, suggestions, concerns, complaints, etc. Thank you for your attention. My phone number: 920-869-2448 email [ldouglas@oneidanation.org](mailto:ldouglas@oneidanation.org)



## Elder's Meditation

"The first factor in the revolution of consciousness is the mystic death of the ego- the death of negative thinking, negative personalities. We must purify the soul of the inner enemies. Every time a defect manifests- envy, gluttony, anger, lust, whatever-that impulse to the heart. Ask, 'Do I really need to invoke this?' And then honor the heart."

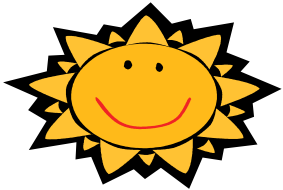
--Willaru Huayta, QUECHAU NATION, PERU

Our egos have character defects. These character defects we sometimes act out and they invariably bring results to our lives that we might not want.

If we continue to use these character defects, we will continue to have undesirable results in our lives. How do we change ourselves or get rid of a character defect We can go to the heart-ask a question, make a decision-then honor the heart. For example, say I get angry today. I would go to the heart and ask, would I rather be right or would I rather be happy? How we answer this question can have an enormous impact on how our day goes. Once we decide the answer to this question, we need to honor the heart by saying, "Thank you for the power of changing my thoughts. I choose to be happy and to experience peace of mind."

Great Spirit, today, let me teach only love and learn only love.

**MENU****MARCH****2009****ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WI., 54155    PHONE : 1-920-869-1551**

| <b>Monday</b>                                                     | <b>Tuesday</b>                                                                                      | <b>Wednesday</b>                                                                                                 | <b>Thursday</b>                                                                                                           | <b>Friday</b>                                                                         |
|-------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 2 Chicken Ala King<br>Biscuits<br>Rice<br>Pears                   | 3 Beef Barley Soup<br>Fresh Rolls<br>Juice<br><br>Jell-o W/Bananas                                  | 4 BBQ Pork<br>Scalloped Potatoes<br>Peas<br>W/W Bread<br>Whip & Chill                                            | 5 Cubed Steak<br>Roasted Potatoes<br>Mixed Vegetables<br>W/W Bread<br>Sherbet                                             | 3 Salmon Loaf<br>Potatoes<br>Creamed Peas<br>Rye Bread<br>Peaches                     |
| 9 Chop Suey<br>Rice<br>W/W Bread<br>Sherbet                       | 10 California Blend Cheese<br>Soup<br>Fresh Bread<br>Juice<br>Yogurt                                | 11 Chicken Gordon<br>Red Potatoes<br>Mixed Vegetables<br>W/W Bread<br>Blue Berries                               | 12 Meat Loaf<br>Macaroni & Tomatoes<br>Green Beans<br>W/W Bread<br>Pears                                                  | 13 Poached Eggs<br>Bacon<br>Toast<br>Juice<br>Applesauce                              |
| 16 Chili<br>Cucumbers<br>W/W Bread<br>Ice Cream                   | 17 St. Patrick's Day<br>Corn Beef & Cabbage<br>Potatoes<br>Fresh Bread<br>Juice        Green Jell-o | 18 Chicken Fingers<br>Seasoned Potatoes<br>Green Beans<br>W/W Bread<br>Pears                                     | 19 Lasagna<br>Salad<br>Garlic Bread<br>Pudding                                                                            | 20 Turkey & Gravy<br>Potatoes<br>Brussels Sprouts<br>W/W Bread<br>Pineapple Tidbits   |
| 23 Chicken Alfredo<br>Broccoli<br>W/W Bread<br>Peaches            | 24 Wild Rice Soup<br>Fresh Bread<br>Juice<br>Mixed Berries                                          | 25 Chef Salad W/ Ham, Turkey,<br>Eggs, Cheese, Tomatoes &<br>Cucumbers    Cottage Cheese<br>W/W Bread<br>Sherbet | 26 BIRTHDAY DAY<br>Chicken<br>Potatoes<br>Mixed Vegetables<br>Cake                                                        | 27 Fish<br>Red Potatoes<br>Cole Slaw<br>Rye Bread<br>Jell-o                           |
| 30 Polish Sausage<br>Red Potatoes<br>Peas<br>W/W Bread<br>Cookies | 31 Corn Soup<br>Fresh Bread<br>Juice<br>Mandarin Oranges                                            |                                                                                                                  |                                                                                                                           |  |
| All meals are served with<br>coffee, milk or tea.                 | Menu is subject to change                                                                           | <b>BIRTH STONE:</b><br><b>AQUAMARINE</b><br><b>FLOWER:</b><br><b>JONQUIL</b>                                     | <b>HOURS:</b><br><b>8:00A.M.-4:30P.M.</b><br><b>Lunch Is Served</b><br><b>Monday-Friday</b><br><b>12:00P.M.-1: 00P.M.</b> |                                                                                       |

## ALZHEIMER'S DISCOVERY GROUP



When was the last time you played Chess?

Come join us!

We meet Monday and Wednesday 9:30 A. M. to 11:30A.M.

If you have any questions or concerns call Elderly Services

920-869-2448 ask for Linda Douglas



Daylight Savings Time Begins March 8, 2009



### Triple Bean Buffalo Chili

- 1 Pound Ground bison (buffalo) meat
- 1 Can each (16oz.) kidney beans, pinto beans (drained), pork 'n beans
- 1 Jar chunky spaghetti sauce
- 1/2 pint (cup) hot pepper rings
- 2 Tablespoons olive oil
- 1/2 Onion, chopped
- 1 stalk celery, chopped
- 1 clove garlic, minced
- Chili powder or to taste
- 1 tsp dried oregano leaves
- 1 tsp ground cumin

Brown bison meat in a skillet over medium heat, save drippings. Heat olive oil, sauté onion, celery, and garlic until onion are clear. Take sautéed vegetables and hot pepper rings, and put in a blender, liquefy. Pour in a 6 quart pot along with the meat and add remaining ingredients except the 3 cans of beans. Bring to a boil and reduce heat and cover. Simmer 1 hour stirring occasionally. Stir in beans. Heat to a boil and reduce heat. Simmer uncovered until desired consistency, about 20 minutes. Serves 4-6

|                                                                                                                                                                       | Tuesday                                                       | Wednesday                                                                                                                                     | Thursday                                                                                                                                            | Friday                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>March 2009 ACTIVITIES</b>                                                                                                                                          |                                                               |                                                                                                                                               |                                                                                                                                                     | <b>*Activities due to change without notice.</b>                                                                                                                                                                                                                               |
| <b>2</b><br><b>Puzzles</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Cooking</b><br>Elderly Services 1:00                      | <b>3</b><br><b>Crafts</b><br>Elderly Services<br>9:30 –11:30  | <b>4</b><br><b>Scrabble Game</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Bingo</b><br>Hwy H 1:30     | <b>5</b><br><b>Goodwill Store</b><br>Green Bay 9:30<br><br><b>Latter Ball</b><br>Hwy H 1:30                                                         | <b>6</b><br><b>Banks</b><br><b>Shopping</b><br><b>Lunch Out</b><br>(on your own)<br>10:00 – 3:00                                                                                                                                                                               |
| <b>9</b><br><b>Shuffle Board</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Bingo</b><br>Site II 1:00                           | <b>10</b><br><b>Crafts</b><br>Elderly Services<br>9:30 –11:30 | <b>11</b><br><b>Oneida Language</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Bingo</b><br>Hwy H 1:30  | <b>12</b> Visit and Lunch<br>at Oneida High<br>School 9:30<br>(Tape Interviews, hear<br>Iroquois song, dance)<br><b>Bowling</b><br>Ashw. Lanes 1:30 | <b>13</b><br><b>Banks</b><br><b>Shopping</b><br><b>Lunch Out</b><br>(on your own)<br>10:00 – 3:00                                                                                                                                                                              |
| <b>16</b><br><b>Yahtzee Game</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>St Patrick's Day Party</b><br>Elderly Services 1:00 | <b>17</b><br><b>Crafts</b><br>Elderly Services<br>9:30 –11:30 | <b>18</b><br><b>Ice Breaker Game</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Bingo</b><br>Hwy H 1:30 | <b>19</b> Maple Syrup<br>Boil Down at<br>Language House<br>A tentative date<br>9:30<br><b>Latter Ball</b><br>Hwy H 1:30                             | <b>20</b><br><b>Banks</b><br><b>Shopping</b><br><b>Lunch Out</b><br>(on your own)<br>10:00 – 3:00                                                                                                                                                                              |
| <b>23</b><br><b>UNO Game</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Bingo</b><br>Site II 1:00                               | <b>24</b><br><b>Crafts</b><br>Elderly Services<br>9:30 –11:30 | <b>25</b><br><b>Oneida Language</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Bingo</b><br>Hwy H 1:30  | <b>26</b><br><b>Price Is Right</b><br>Elderly Services 9:30<br>Birthday Lunch 12:00<br><b>Bowling</b><br>Ashw. Lanes 1:30                           | <b>27</b><br><b>Banks</b><br><b>Shopping</b><br><b>Lunch Out</b><br>(on your own)<br>10:00 – 3:00                                                                                                                                                                              |
| <b>30</b><br><b>Rummikub Game</b><br>Elderly Services 9:30<br><b>Pace Exercise</b><br>Elderly Services 11:00<br><b>Movie</b><br>Elderly Services 1:00                 | <b>31</b><br><b>Bingo</b><br>Methodist Church<br>9:30 –11:30  |                                                                                                                                               | <b>*Please sign up for</b><br><b>trips at Senior</b><br><b>Center Main Office.</b><br><br><b>*All trips leave from</b><br><b>Senior Center.</b>     | <u><b>*Is this your Birthday</b></u><br><u><b>month?</b></u><br><b>* You must <u>sign up</u></b><br><b>in the Birthday Book at</b><br><b>Senior Center, Main</b><br><b>Office, Must be <u>present</u></b><br><b>at the Birthday lunch to</b><br><b>receive your gift card.</b> |

\* If you have any questions or concerns Please call Michelle at 869 -2448.

# MAVERICK

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Adventures

Alternate

America

Apocalypse

Baron

Beauregard

Bret Maverick

Cardsharp

Contract

Cousin

Cultured

Dandy

Dapper

Dealer

Demand

Deputy

Expatriate

Exploits

Frontier

Gunman

Hired

Honest

Hound Dog

Humor

Island

Oblivion

Operation

Pappy

Parody

Poker

Reruns

Sailed

Samantha

Satire

Scriptwriter

Showdown

South Pacific

Stray

Takeoff

Wisecracking



Never under any circumstances, take a sleeping pill and a laxative on the same night.

Never be afraid to try something new. Remember that a lone amateur built the Ark. A large group of professionals built the Titanic.



Article 8 March, 2009



The Women's Traditional Dance:

Defines the relationship between Mother Earth

Represents the heart beat of the people

There different types: Northern and Southern

Buckskin/Cloth Dress

- ❖ The step as a gentle walking step
- ❖ All dancers stay in time with the drum as they step softly upon the earth
- ❖ Southern buckskin dance flat footed and bend at the waist on the honor beats
- ❖ This is symbolic of escaping gunfire
- ❖ The northern dancers perform a stationary pulse in place or step around the arena and swing the fringes to the beat of the drum
- ❖ Their capes are usually fully beaded, while the southern dress is beautifully accented with beadwork.

*SOMEWHERE*  
*By Marianne Miller*

*Somewhere in the past lie the roots to a legacy of love, of faith and hope, handed down through generations of mothers.*

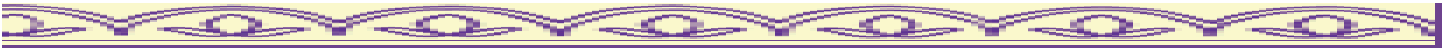
*Somewhere in the present of everyday life the thread continues, weaving imperceptibly the bonds that stretch forth, reaching.*

*Somewhere into the future where the legacy grows, keeping alive the mothers who have gone before for all the children who are to come.*

*HAPPY MOTHER'S DAY*



# Living Well: With Chronic Conditions A Self-Management Workshop



If you, a loved one, or someone you know suffers from a chronic condition, take advantage of the **free** workshop held at the Oneida Elderly Services Building.

- Arthritis
- Alzheimer's Disease
- Other Dementia's
  - Diabetes
  - Heart Disease
  - Obesity
  - Cancer
- High Blood Pressure
  - Stroke
  - Pain
- Tobacco Use & Related Conditions (COPD, Emphysema)
  - Asthma
  - Cystic Fibrosis

**Facilitators-Dates & Times**  
**Richard Summers, Loretta Mencheski & Cheryl Ault**

Wednesday's 1:00 pm - 3:00 pm

Oneida Elderly Services  
Conference Room  
April 1, 8, 15, 22, & 29th  
May 6th

Light Refreshments

**To Register Sign-up at  
the  
Senior Center  
Meal Site  
134 Riverdale Dr  
Oneida WI**

- **10 min. per class**
- **16 max. per class**
- **Attendance at every session is highly encouraged**
- **No Cost**



Caregiver Support Group

Date: Friday, March 27, 2009

Time: 1:30 P. M. – 3:30 P.M.

Place: Oneida Elderly Services Complex  
Conference Room  
2907 South Overland Road, Oneida, WI 54155

Topic's: Shingles, Heart Related Diseases,  
Maintain Health thru Diet, Meal Planning,  
Tips on Shopping and Ways to Save Money  
And Make Food Stretch in Cooking.

Refreshments Provided

Contact: Deborah J. Melchert, NAFCC  
Oneida Elderly Services  
Ph. 920-869-2448 Ext. 6834



## **Attention all participants at the Senior Center Mealsite**

Policies and procedures to the Older American Act-funded Nutrition Program.

We are looking to manage costs and quality improvement in our meal site program.

**The meal site will maintain a reservation system for all those that eat at the meal site. All elders that plan on eating at the meal site will be asked to call in the day before and reserve their meal for the next day.**

Your assurance is needed in helping us to meet our state requirements and assist us in minimizing leftovers and insure adequate meals served.

### **State requirement: 8.4.27.7 Meal Reservation and Participant Registration. Systems**

**Programs should maintain an accurate and well-organized system so staff will know how many meals to order or plan for. Many programs find a registration system to be helpful for estimating meal orders for dining centers. This system should include follow-up of absent participants. The program may not “charge” an individual for a meal that is reserved and not eaten.**

#### **Mealsite Program Objectives:**

- Meet state funded requirements
- Monitor all waste carefully
- Train staff on policies and procedures, including food safety and sanitation practices.
- Check and recheck portion control. Use the proper size of scoops, ladles and pans.
- Each program shall implement procedures to minimize waste of food, including leftovers and uneaten meals.

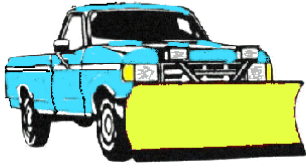
Please call 920-869-1551 to reserve your meal for the day you are plan on eating at the meal site.

We would like to thank you for your patience during this transition.

When you are having a busy day and want lunch, we will leave the welcome mat out just for you. Come in and have a friendly meal.

For questions, please call Brenda Jorgenson at 920-869-1551.

## SNOW PLOWING



by Oneida Elderly Services

In 1994 (ONCOA) Oneida Nation Commission on Aging, a nine (9) member elected advisory board to Elderly Services, took action to establish a priority of serving older & disabled adults. Older elders are identified as seventy (70) and over. This age group is identified nationwide as the most economically, socially and physically needy. Services are provided based on priority, staffing and funding availability.

Criteria for snowplowing: Oneida enrolled elders who own their own home.

Priority for snowplowing:

1. Elders on Lifeline
2. 70 years and older
3. 55 to 69 years who are disabled/handicapped and living alone
4. all other elders on the plow list

We update the snowplow list, on a regular basis, for health and other concerns. It is the elders' responsibility to keep Elderly Services up to date about health concerns.

Service area for snowplowing: Brown & Outagamie Counties within the Oneida Reservation Boundaries.

We have three (3) trucks, each with two (2) staff. Schedules are done by grids within the Reservation boundaries and each truck has a snow plow list and route based on their area. Each driver knows the boundaries of the reservation. If we have a truck breakdown - our back up is Department of Public Works (DPW). Currently we have 114 elders on the snowplow list.

Snow plowing starts with the first measurable snow fall of three (3) inches or more. Teams may begin at 4 am for times of large snowfall. There may be times when the snow plowing teams will clear a path for emergency vehicles and will return later to finish. Snow shoveling is completed while the plowing is being done.

For service requests and to update your health status information, please contact our Service Coordinator, Cheryl Ault at (920)869-2448. Family participation is greatly appreciated in our efforts to assist our elders in maintaining an independent, healthy, productive and quality lifestyle. Thank you for your patience, respect and confidence in striving to continuously improve delivery of all services to elders.

## *SNOW PLOWING*

**PURPOSE:** To ensure the safety of our elders by providing snow and ice removal for emergency vehicle access.

**DEFINITION: (ONCOA) Oneida Nation Commission on Aging:** A nine (9) member elected advisory board to Elderly Services/Senior Center.

**(ICF) Initial Contact Form:** A form used to obtain client information and needs.

**Service Coordinator:** The initial point of contact for any service requested.

### **POLICY:**

1. Oneida Nation Commission on Aging (ONCOA) advisory board to Elderly Services/Senior Center took action to establish a priority of serving older & disabled adults. Services are provided based on age priority, staffing and funding availability.
2. All snow and ice removal requests must be initiated through Oneida Elderly Services Initial Contact Form (ICF). The Service Coordinator will obtain the information needed and forward the Initial Contact Form (ICF) to the proper supervisor for processing.

**Requirements include:**

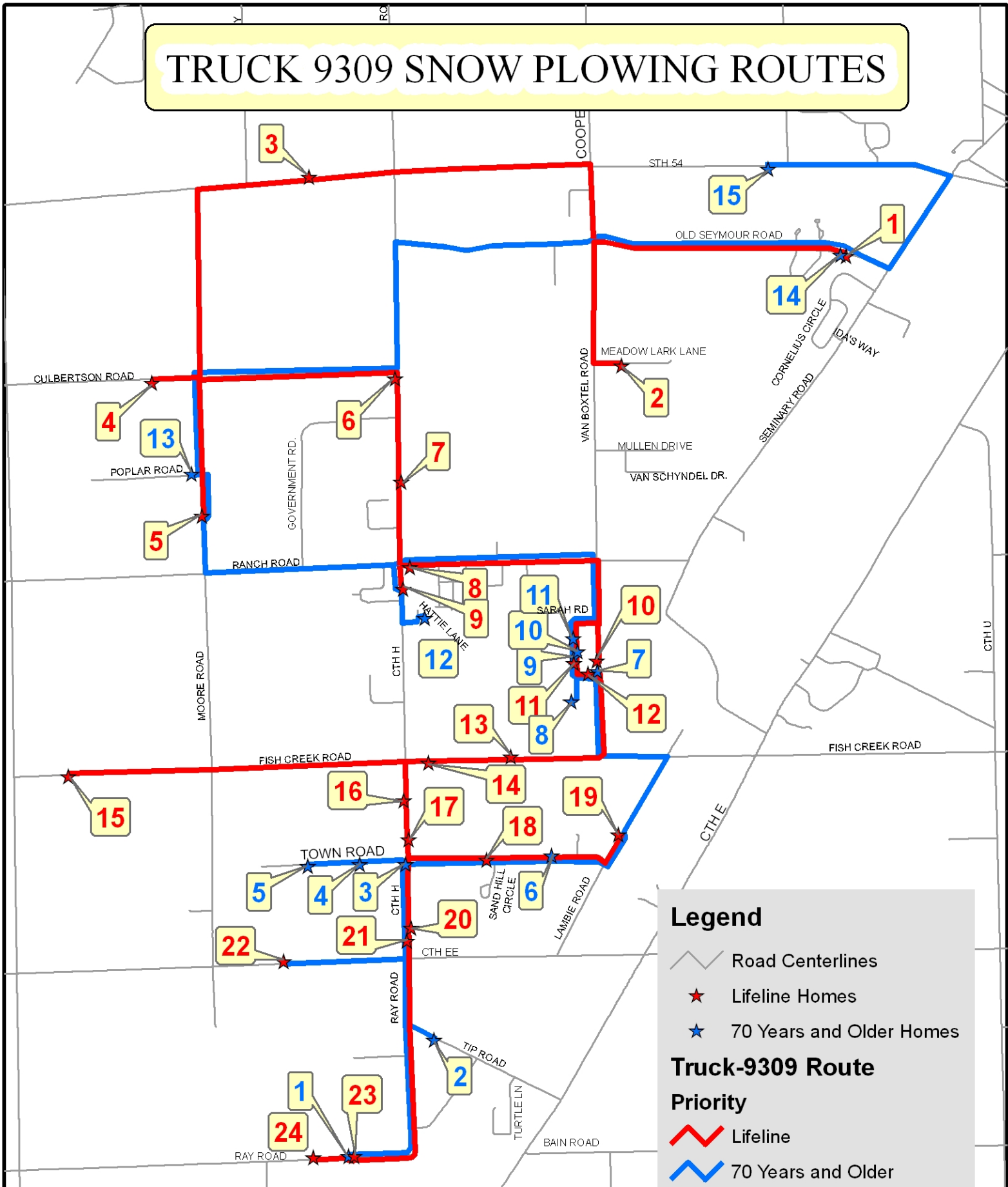
  - 2.1 Must be enrolled Oneida tribal member.
  - 2.2 Must own home.
  - 2.3 Must live in Brown and/or Outagamie Counties within the Oneida Reservation Boundaries.
3. Elders between the ages of 55 and/or 69 and who are employed will

be provided with a list of resources that are available at cost to the individual. (*The Director of Elderly Services may make an exception to this requirement on a case by case basis and shall document it*).

4. Elders that have family members living with them who are capable of shoveling snow may be denied services. A list of resources that are available at cost to the individual will be provided. (*The Director of Elderly Services may make an exception to this requirement on a case by case basis and shall document it*).
5. Denial letters will be sent within *(3 to 5 working days)* to all requesters not eligible for snow & ice removal with a reason for the denial and a list of resources that are available at cost to the individual. A phone call will be made to the requester of the decision.
6. If an elder wishes to appeal a denial, a written letter must be submitted to the Assistant Director. The Assistant Director will bring the appeal request to next supervisor meeting for a decision. (*All decision of the Supervisors and Director of Elderly Services will be final and a letter with the decision will be sent to the elder*).
7. Snow plowing starts with the first measurable snow fall of *three (3) inches* or more. Snow plowing teams will make every attempt to be out plowing as early as 4:00am for Oneida elders according to the priorities:
  - 7.1 Elders on Lifeline & Dialysis.
  - 7.2 Elders 70 years and older.

- 7.3 Elders aged 55 - 69 who are disabled/handicapped and living alone.
  - 7.4 Elders aged 55 - 69 with serious health/safety issues.
- 8. If it snows consecutive days lifeline & dialysis clients will remain priority due to the high demand and severity of the illness.
  - 8.1 There maybe times when the plowing teams will come and clear a path for emergency vehicles and will return the next day to finish.  
*If the plows don't return by the next day, please call the office at 869-2448.*
  - 8.2 Snow plowing and shoveling will consist of driveway and main entrance to home only.
- 9. Maintenance Supervisor will call clients regarding any delays in services and will give approximate time of arrival.
- 10. Donations are appreciated and accepted for continued support of Oneida Elderly Service Programs. A suggested donation of \$15.00 is appreciated and will be returned back to the program to supportive services for serving more elders.
- 11. It is the elder's responsibility to call Elderly Services for updates on current health and physical status that would change your eligibility status for assistance.

# TRUCK 9309 SNOW PLOWING ROUTES

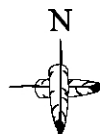


GEOGRAPHIC LAND INFORMATION SYSTEMS

N 703 Packerland Drive  
Green Bay, Wisconsin  
(920) 496-2007

File: Truck 9309-1.mxd

Date: 12-26-08



## Legend

— Road Centerlines

★ Lifeline Homes

★ 70 Years and Older Homes

## Truck-9309 Route

### Priority

— Lifeline

— 70 Years and Older

Source: Senior Center  
Coordinate System: Wisconsin State Plane, Central Zone  
Lambert Projection, U.S. Foot  
Horizontal Datum: NAD83  
Vertical Datum: NAV88



# TRUCK 9360 SNOW PLOWING ROUTES

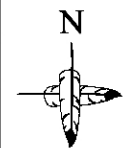
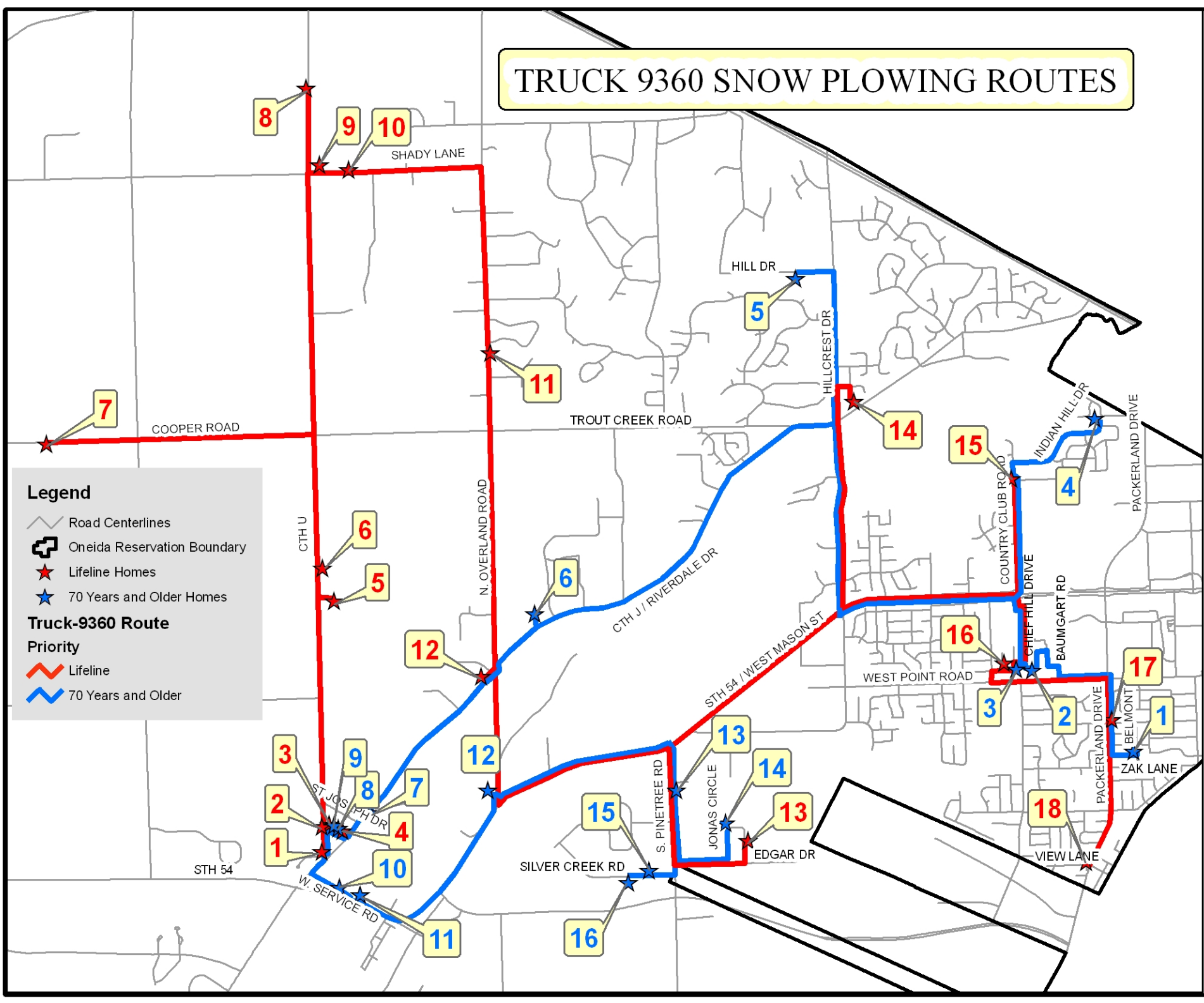
**Legend**

- Road Centerlines
- Oneida Reservation Boundary
- Lifeline Homes
- 70 Years and Older Homes

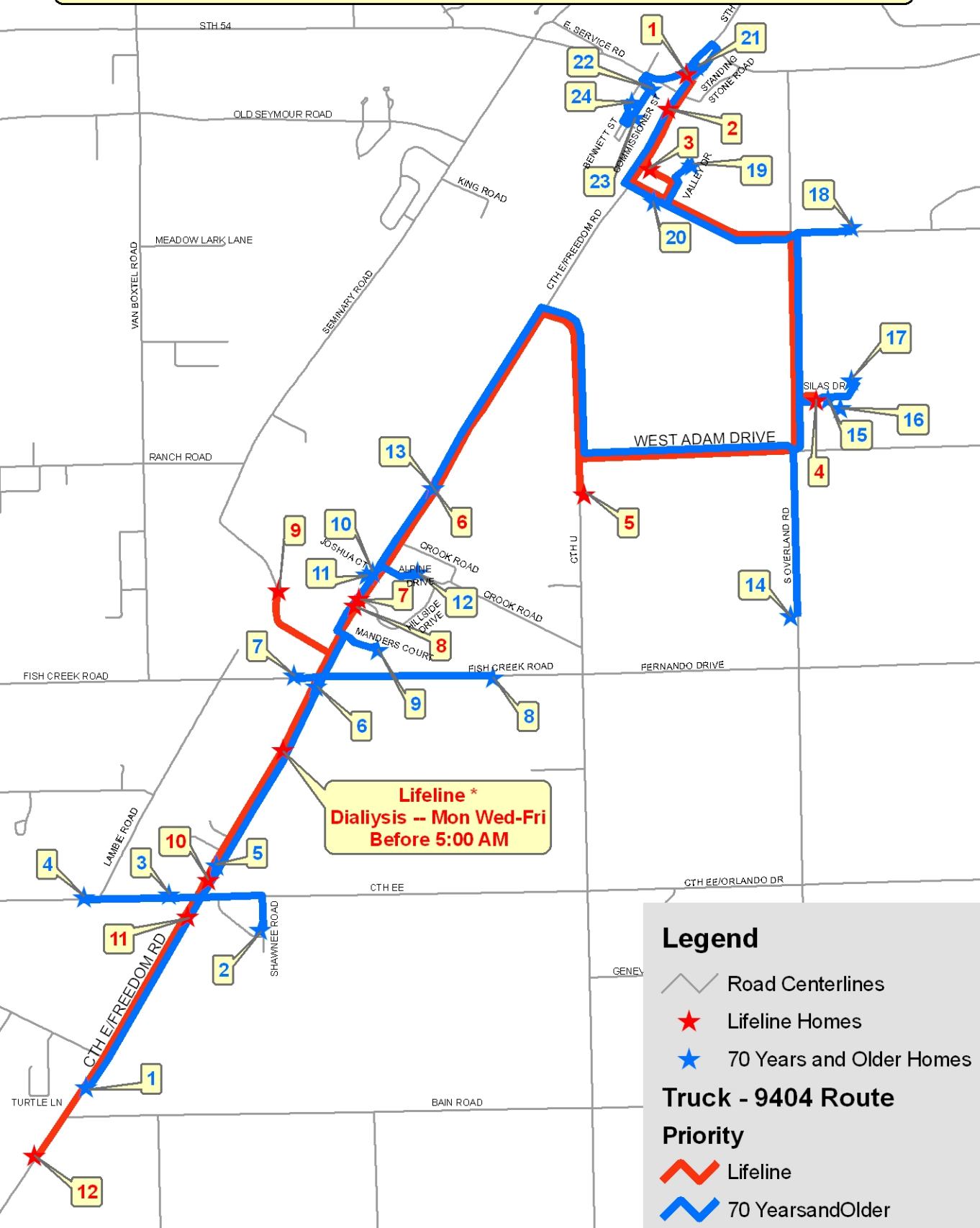
**Truck-9360 Route**

**Priority**

- Lifeline
- 70 Years and Older



# TRUCK 9404 SNOW PLOWING ROUTES

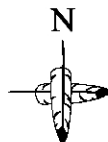


GEOGRAPHIC LAND INFORMATION SYSTEMS

N 703 Packerland Drive  
Green Bay, Wisconsin  
(920) 496-2007

File: Truck 9404-1.mxd

Date: 12-29-08



Source: Senior Center  
Coordinate System: Wisconsin State Plane, Central Zone  
Lambert Projection, U.S. Foot  
Horizontal Datum: NAD83  
Vertical Datum: Nav88



# **Great Lakes Native American Elders Association**

## **GLNAEA**

**Sponsored by Oneida**  
**April 2 & 3, 2009**

**Radisson Hotel & Conference Center Green Bay**  
2040 Airport Drive, Green Bay, Wisconsin 54313  
**Reservations:** 920-494-7300  
**Toll Free:** 1-800-201-1718  
**Fax:** 920-494-9599

Continental Breakfast

Entertainment: Thursday evening from 7-10 pm

Raffles, Door prizes, Vendors, Other Activities

Please remember to bring you tribal enrollment card

## **Taxes**

**By: Volunteer Income Tax  
Assistance Program**

***2 Days only***

***Sign up as soon as possible***

**March 13, 2009 and March 27, 2009**

**Elderly Services**

**2907 South Overland Road**

**Oneida, WI**

**8: A. M. – 10:30 A. M.**

**There will be up to five reps. present to complete your taxes.  
Have all of your 1099, W-2, and any other income related forms  
as well as you Social Security card. To schedule an appointment  
call (920) 869-2448 or (800) 867-1551 and speak with  
Angela Ortiz, Benefit Specialist.**

## **Living Well with Chronic Disease**

### **You Can Break the Symptom Cycle Presentation**

**Date: March 25, 2009**

**Time: 11:30 am – 12:00 pm**

**Where: Senior Center  
134 Riverdale Dr  
Oneida WI 54155**



**Any questions please contact  
Tina R Pospychala, Assistant Director at 920-869-2448**